

AMAZING

September 2022 - Issue 03

Rotary
District 9213



IMAGINE
ROTARY

TIMES



ROTARY INTERNATIONAL PRESIDENT VISIT TO UGANDA

*President Jennifer Jones launched the Basic Education
and Literacy Enhancement Programme*



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Rotary
District 9213



Basic Education & Literacy Month

**SHARING
IS CARING**

Help them fulfill their dreams.
Every Action Counts.

#RotaryBELEP

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Editor's Message



one another as we continue to serve humanity.
September's Theme is Basic Education and Literacy, as a District ,BELEP being the signature project means the theme is heart to hearts with our Governor. As you enjoy the Amazing times, we have shared you great educationists that will give you deep insights into the theme and we also cover some successful projects in the Education sector done by our Rotary Clubs
Thanks to the Editorial team that gets this work put together, your time,

We bring to you the highlights of the top most leader in Rotary and also a couple of experiences and lessons we can learn from one another as we continue to serve humanity.

What a month August has been! Incredibly amazing hosting the first ever Rotary International Female President Jennifer Jones.
It was indeed a month of celebrating membership and growth in Rotary. Jennifer's visit is one that you out not to be just be told about but read about. We bring to you the highlights of the top most leader in Rotary and also a couple of experiences and lessons we can learn from

dedication and effort is surely appreciated and may God richly bless you.
We continue to remind us that it's our Year to tell our stories. We implore each Rotary Club to atleast by the end of the year to have shared with the World what happened in their Rotary World.
We wish you an amazing month of September.
Be a Seed!
CP Samuel Ngambwaki
Editor In Chief

MEET THE PUBLIC IMAGE TEAM



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Jennifer Jones
President, Rotary International

The Power of taking Uncomfortable Chances

“
Sometimes you have to take uncomfortable chances to reach important goals
”

Recently, Nick and I spent time in Guatemala, where we met wonderful fellow Rotary members and families who unofficially adopted me as “Tía Jennifer.”

On the third day, after visiting Patzún in the mountainous western highlands, we set out for Lake Atitlán, which we needed to reach by nightfall. If we took a back road we could get there faster. Locals told us

it had just been repaved and assured us, “You’ll have no problem.”

At first, it was a breeze. We wound through misty-green coffee and corn fields covering the hillside like a patchwork quilt. But at a river crossing, we found a bridge washed away. The only way to continue would be to ford the river in our small bus. There were a few tense moments, but we decided to give it a try and, thankfully, we made it across safely.

This adventure reminds me of two important truths in Rotary. One, we rely on local, on-the-ground expertise to do what we do best. And two, sometimes you have to take uncomfortable chances to reach important goals.

Every day, I am honored to learn from our Rotary family. Every lesson is an opportunity to grow, and each story adds a chapter to our collective Imagine Rotary year.

Message from the District Governor



Mike Kennedy Sebalu
District Governor 2022/23

Fraternal greetings to you all Amazing Rotary leaders and members of Rotary International District 9213!

It has absolutely been an Amazing month of August and I would like to congratulate all of you for having put in your amazing efforts to register a successful August.

As the Governor, I continued to conduct club visits. I was humbled to see what the clubs are doing in terms of projects but also, their intended goals. I believe 100% that if these goals are achieved, we shall have an amazing year with plenty to celebrate about.

My greatest appreciation goes to the Amazing Presidents and Assistant Governors together with the clubs that hosted us with the utmost hospitality. I wish to acknowledge, appreciate and recognize the amazing leaders whose effort, commitment and organization has ensured that my visits have been amazingly successful. DES Flavia Serugo and LG Julie Kamuzze Musoke, my PA Purple Kisakye, photographer Isaac, driver Alexander and branding coordinator Rtc Bright Baguma; you have been amazing in your respective duties.

I wish to congratulate all amazing leadership at various levels for having successfully executed their mandate as well.

August was climaxed by the visit by Rotary International President Rtn Jennifer Jones’ visit accompanied by her husband Rtn Nick Krayacich. It was part of her Imagine Impact Tour 2022 - 2023; it will go down in the books of Rotary history in Uganda. From her landing at Entebbe International Airport where Governor Peace G. Taremwa of D9214 and I welcomed her; to her first meeting with over 100 Rotaractors, to a State House courtesy visit with the First Lady Janet Kataha Museveni, to Dinner at Ndere centre, Corporate breakfast meeting with Rotary partners, a visit at Rotary cancer ward in Nsambya, Rotary blood Bank in Mengo, to a visit of the Makerere University Kampala (MUK) Peace Centre, to the Rotary Peace Golf Tournament (in which Rtn Nick K. participated with joy), to the marvellously organised 2nd edition of the Africa Peace Concert Fundraiser event attended by over 1000 and raised about 1.1m US dollars for the Africa Peace Fund, to the meeting with over 500 Rotarians, to the launch of our signature project BELEP, the Presidential dinner and to the successfully organised Rotary Cancer Run 2022 with over 40000 runners and raised over 1.3billion (Uganda shillings), I beam with heartfelt smiles because all events were amazingly attended by amazing people in amazing ways.

Our RI President extends her heartfelt gratitude to all of you for being hospitable while on her visit to Uganda.

The end of one era marks the beginning of another. The end of August marks the beginning of September which is the Basic Education and Literacy month. I call upon all of you amazing Rotarians to do amazing things because it is a month that is very dear to us because of our signature project; Basic Education and Literacy Enhancement Program (BELEP). Special thanks go to Rtn CMP Fredrick Kitakule who is leading the team that is busy on ground spending sleepless nights to ensure that our project is a success. So far, we pride in what we have done but we can do even do much better in our respective clubs. Education is the heart of raising empowered citizens who contribute to bringing up empowered communities. Let us make September an eventful and productive month.

I wish you all the best as you serve to grow and develop our amazing organization.
Go for Gold!

Message from the District Rotaract Representative

"Fall in love with your Rotaract Club" - Rotary International President Jennifer Jones



Sarah Owembabazi
DRR-D9213 2022/23

Dear Amazing Rotaractor and Reader,

Thank you for the enormous participation in the Rotary International President's Visit especially for the Rotaract meeting on 31st August, 2022. You came all the way from Arua, Gulu, Kabarole, Bugiri, Jinja amongst other parts of our District to listen in to our President Jennifer Jones who encouraged us to do many things but mostly fall in Love with our Clubs as engine/fuel for our participation.

In this special Rotary Month of Basic Education and Literacy which aligns perfectly with our District Governor's Basic Education and Literacy Enhancement Programme (BELEP), I invite you to do the following;

BELEP for US;

- Join the Rotaract Ladies Initiative Book Club: rolichair@rotaractd9213.org – 0704127783 - Chair Generous Asaba. Let's enhance our reading abilities
- Contribute to the Monthly District Newsletter: drnewsletter@rotaractd9213.org or drnewsletter9213@gmail.com – 0757566929 - Chair Joseph Matovu. Let's enhance our writing abilities.
- Invite the BELEP Team to Speak at your Club: fredrick.kitakule@gmail.com – 0702030594 - Chair Rtn. Fredrick Kitakule. Let's continue to align with the vision of our District Governor.

Additionally, we can do the following to enhance BELEP in our Communities;

- Support a school in your community with BELEP
- Ensure your BELEP Project is Inclusive of the differently abled children.
- Invite a BELEP Partner for your club project
- Conduct an awareness drive using social media or mainstream media
- Encourage local communities leaders to assess performance, needs of your local community
- Apply for a global grant in line with BELEP

Thank you for supporting the Rotary Cancer Run 2022. Together we raised UGX1,362,620,000. President Jennifer Jones, a Breast Cancer Survivor encouraged us that early detection yields healing. Therefore, make time and go for Cancer Screening. Let's Say; No More Cancer!

“
**President Jennifer Jones,
a Breast Cancer Survivor
encouraged us that early
detection yields healing.**
”

Imagine Impact Tour





Basic Education and Literacy: We all Need to Take Stock & Act

The 2020 Global Alliance for Literacy Assessment indicated that approximately 773 million adults globally still lack basic literacy and numeracy skills and among those two thirds are women. Furthermore, Southern Asia is home to almost one-half of the global youth and adult population with no basic literacy and numeracy, while 27% live in sub-Saharan Africa. The other 10 % are in East and South-East Asia, 9% in Northern Africa and Western Asia, while about 4% live in Latin America and the Caribbean. The numbers certainly show us that we need to be more concerned, do more and do better to reduce or even solve this critical problem.

Evidently, this has led to a large gap in the demand and supply of skills in Africa due to the education and literacy challenges despite the efforts and initiatives undertaken by various stakeholders – governments, development agencies, humanitarian groups like Rotary among others.

In addition, we observe that



Rtn. Rachel Mindra Katoroogo
RC Kampala East

“Education is a powerful driver of development and one of the strongest instruments for reducing poverty and improving health, gender equality, peace, and stability”
UNESCO, 2020

low levels and quality of education and training have further impeded the productivity of the African labour and perpetuated the vicious cycle of low economic growth, low diversification, and low educational development. Educational progress lags even more among children and youth who face multiple sources of disadvantage: gender, location and disability (World Bank, 2020). Ideally, these should be our target intervention groups as Rotarians

While significant gains have been made in access to primary and secondary education in countries like Uganda, only 36% of qualified students are actually enrolled. In higher education, only 6 % of the eligible age group are enrolled compared with the global average of 25%.

Persistently high levels of unemployment, es-

The D9213 BELEP Project

WHY EVERY ROTARIAN SHOULD INVEST IN BASIC EDUCATION & LITERACY

- Open new horizons
- Fosters social cohesion
- Drives long term economic growth
- Spurs innovation
- Strengthens institutions
- Better decision making
- Raises pride

pecially among youth, have highlighted the failure of education systems to prepare young people with the right skills for the job market. This has indeed fueled calls

“How can poverty be eradicated when the roots of ignorance are left undisturbed?”
Koïchiro Matsuura

for greater opportunity, action, impact and accountability.

The writer is an educator, holds a PhD in Finance and is the Dean, Faculty of Commerce at Makerere University Business School, Kampala, Uganda



Basic Education	Competence/ knowledge in a specific area
	A set of skills – critical analysis, reading, writing, listening
Instruction intended to meet the learning needs of people of all ages	Literacy

Photo Moment with District Governor Mike Sebalu launching the Basic Education & Literacy Empowerment Programme (BELEP) at the RC Kampala East on July 21 2022

Rotary Club of Kiwatule Continues its growth efforts



It is that period world over when clubs seek to engage and expand their membership because of the significant role it plays in enabling Rotary International to achieve its goals and sustain its impact in its seven focus areas.

August is membership month in the Rotary calendar.

With 114 members on her roll, the Rotary Club of Kiwatule is not about to slumber, we continue to comb through and find new members to join Rotary. Our club's focus remains the same, to find members who can add value across various parameters, thus helping the club and Rotary International to grow.

Our club's focus remains the same, to find members who can add value across various parameters, thus helping the club and Rotary International to grow.

To this end, on Saturday 6th August 2022, the Club, through her Family of Rotary and Membership Directorates held a "meet and greet" for the prospective members. The objective was to help the participants get to know each other, learn more about Rotary in a free and relaxed environment, away from the usual formal fellowship environment. The session was facilitated by Past District Governor Francis Xavier Ssentamu Ssalongo. The seven prospective members in attendance were overly awed by the experience of the moment, with all their lingering questions satisfactorily answered by the PDG and other Rotarians in attendance. The moment was further spiced by

the overflowing generosity of the host, the family of Rtn. Timnit Micael, who did not spare anything to make sure her guests had enough to eat and to drink! This was a true representation of selflessness from the hosts.

From the session and the questions from the prospective members, it was apparent that Rotary Clubs must continue to find ways of disseminating information about Rotary to address the many misconceptions in the public about what our great institution represents. It was also obvious thorough mentorship sessions are important

and play a critical role in onboarding knowledgeable Rotarians who have freely chosen to serve humanity to the fullest of their abilities.

RC Kiwatule hopes to hold an induction ceremony on 24th August 2022 where new members will be ushered into the Club.

Rtn. Michael Babu

*Chair Membership Committee
2022/2023,
Rotary Club of Kiwatule*

Governor's Corner

If you received basic education and literacy and you value them too, then the best case scenario is for you to extend to those that you value to make them valuable citizens as well. Our future and posterity is most valuable and it's therefore most desirable that we empower it through basic education and literacy enhancement program (BELEP). Let's all support BELEP as a tool of transformation as we embrace diversity, equity and inclusion in all that we do as amazing Rotarians. Its indeed a big dream that you and I should endeavor to turn into a reality. It surely epitomizes an act of kindness and genuine friendship with the communities that we serve. The month of September provides you with an amazing opportunity to do something amazing in supporting BELEP.



Ndwaddemutwe Community Project



The excitement was evident within the Ndwaddemutwe Community when District Governor Rosetti Nabbumba handed over a classroom block to Ndwaddemutwe Primary School!

The classroom block was renovated by the Rotary Club of Sunrise - Kampala in partnership with Rotary Club of Mendip, United Kingdom. Prior to this, the school buildings, constructed in the early 1990s, were dilapidated. On the same day, a borehole with a yield of 1,100 litres per hour, along with two 10,000-litre water storage tanks, were handed over to the community. These were just two sub-components of a Global Grant (GG) 1528355. The Ndwaddemutwe Community Project is an Adopt a Village (GG), approved in the sum of USD 71,000.

"The renovation of the classroom block, has improved the quality of the learning environment. The floors are clean; there is no more dust, and no more

"
Access to clean water has greatly improved children's health due to access to safe drinking water both at school and home; Absenteeism and late coming have greatly reduced; this creates more time for the pupils to concentrate and learn.
"

jiggers! The school enrolment which had dropped has now increased by 80%. Performance has improved, and a Primary 7 pupil



got a first grade (12 aggregates) - the first one after 13 years" said the Headmistress. "Access to clean water has greatly improved children's health due to access to safe drinking water both at school and home; Absenteeism and late coming have greatly reduced; this creates more time for the pupils to concentrate and learn."

Financial empowerment is an important component of any Adopt a Village project. The Ndwaddemutwe Agali Awamu Sunrise Women's Microcredit Group is beginning to show results due to improved financial capacity; women invest in their children's education.

Other interventions under the GG include training in menstrual hygiene and provision of reusable sanitary pads for adolescent girls and addressing community health through training outreaches and, supporting the health centre.

The project has triggered several unplanned positive outcomes. An Old Boy residing in the United States heard about the project and extended a helping hand of support. In addition, Rural Electricity Authority (REA) agreed to connect the school to electricity; poles were erected at the school. With the high enrolment at the Primary School, Government built a Secondary School.

As a Club, we are way ahead in implementing the District Governor's signature programme; Basic Education and Literacy Enhancement Programme (BELEP). We plan to handover computers and books to the already furnished computer lab and library to equip teachers and pupils with basic computer literacy skills and cultivate a reading culture among children.

Rotarian Dorcus Tusubira
Rotary Club Sunrise Kampala



Rotary Vijana Poa Launches The Kajjansi Hub

Asasirwe Devota
Programs Administrator,
Rotary Vijana Poa

The Rotary Club of Kajjansi in partnership with St. Mark Church Of Uganda (C.O.U) inaugurated the Rotary Vijana Poa (R.V.J) hub that is aimed at creating jobs for the youth in Sikiwunga Village, Namulanda Parish, Ssisa Sub-County, Wakiso District. The main activity of the hub is cattle rearing. As such, youths will be trained on how best they can rear cattle to make a living. For example, the hub will deliver skills training on how to get different products from cattle like milk, cow dung and how they can use such raw materials to manufacture yoghurt and biogas among others.

At the launch of this hub, P.D.G Bob Waggwa Nsibirwa, the founder of Rotary Vijana Poa had this to say; "Youth are neither a problem nor a challenge but an opportunity in our community"

The inauguration of the hub was graced by the presence of St. Mark C.O.U Arch-Deacon Musisi Gita and Mrs. Margaret Kawumi, head of Laity. They expressed gratitude to the team for a such wonderful initiative for the youth and thanked Rotarians for having such a big heart to give back to communities?

Rotarian Alex Kamukama, the Chairperson of D9214, spearheaded this initiative and while at the launch, emphasized that its our duty as leaders in the community that the youth can use resources around them to make a living for themselves. The youth will be driven by the four-way test and in that way the youth will show values of integrity at their places of work. The Bishop of Namirembe Rt. Rev. Kityo Luwalila visited the farm and blessed it.



LPDG Bob officiating the Kajjansi RVP launch.



The team visiting the HUB (Kraal) in Kajjansi-Ssekiwunga



The bishop of Namirembe, Rt. Rev. Kityo Luwalila

*"Youth are neither
a problem nor a
challenge but an
opportunity in
our community"*



EXPERIENCES FROM THE RAT RACE & Lessons Learnt

PP Charles Barugahare
RC Makerere Rainbow Kampala

Work that Matters.” I pondered on the questions Michael asked? Where am I? How did I get here? Where am I going? Is there a better route? Could there be a different destination?

I will examine these questions from the rat race perspective under:

- 1. What is the rat race?**
- 2. What are the experiences with it?**
- 3. What are the lessons learnt from these experiences?**

As I was preparing to write this article, I remembered the book, I read sometime back-Do More Great Work, by Michael Bungay Stanier with focus on “How to Stop the Busy Work and Start the

01 What is the rat race?

Oxford Dictionary defines rat race as: “A way of life in which people are caught up in a fiercely competitive struggle for wealth or power; an exhausting, usually competitive routine.” It can also refer to anyone who feels stuck in a routine and frustrated with no time for his/her own wants and hobbies. There are two forms of rat races;

First, is being in a continuous state of continually working hard but never getting enough to meet basic necessities keeping you strenuous and wearisome. In this state, any salary increases and consumption loans keep you around square one needing basic money to keep you moving.

Second, mankind by nature always wants better and more things. Thus, the more money a person makes, the more he or she feels the need for more. If one worked hard and even prayed to put up a two bed-roomed house, by the time he or she completes it, the desires are for a four bed-roomed house or if you drive a Toyota Corolla right now, sooner than later, you will feel you deserve better, perhaps a more luxurious four-wheel drive vehicle. This is to do with mindset of continuous desire for more.

02 Experiences with the rat race

Let me illustrate this using Navneet Kumar’s rat race story. In the story, there were two childhood friends who met after a long time and found time to discuss their successes and failures in life.

One shared his successful education career with good grades and a good job but was kind of regretting that he did not have enough money to give his children a secure future. He was concerned that if they followed the same path, they will have the same insecurities.

Then, the other, started, I belong to business background and always inclined to money. I am one of the richest people in this town, my money keeps working for me and my children are financially secure. But since my childhood, I wanted to be a scientist like you and I don’t feel good when I meet friends like you, in fact I feel insecure.

There was some silence from both of them each wondering about each other’s rat race stupidity. I know there

are many of us in the situation of the two childhood friends rat race box.

The most painful part is that most of us live like this. It is partly a mindset matter of human desire to earn more and more money to sustain ever-changing lifestyle desires. As from school, one studies to move from one class to another, struggles to improve on the marks attained in each subject, works to upgrade from diploma, to first degree, to masters and then to PhD, to many this becomes the rat race journey for everything in life.

Let’s reflect from the Rotary perspective:

- Is Rotary in the rat race? Few years ago, we were all working hard to grow membership and create another Rotary District for Uganda and Tanzania from district 9211. This was successful achieved through creation of District 9213 and District 9214. Congratulations. The great performance in membership and in TRF giving is now leading to a new discussion of creating a new district. This is very good for our communities and service. But, are there elements of the rat race in there?
- Are Rotary Clubs in the rat race? Competition among clubs is good, healthy and encouraged. Is there need to examine the potential rat race elements so that a strategy to minimise the negative impacts are explored.
- Are Rotarians in the rat race? This a great community of people who pay to serve as coined by PDG Bob Waggwa Nsibirwa. Are there elements of rat race in paying to serve humanity? How deal with them as we champion serving humanity.

03 Lessons from the rat race

First, did you know that happiness is a feeling, nothing more and nothing less? Theodore Roosevelt observed that you need to – “Do what you can, with what you have, right where you are.” Look around and ask, what are the key resources that are within me that I can tap to create the value and happiness that I need.

Second, submit yourself to the race, meaning, make a decision to go in and take action. Go in the race that you understand, do not follow other people’s races, they may stop along the way and you get lost or they may run very fast that you may not be able to see where they are.

Third, choose your pace, rest and fun times, it will not matter how much time you put in; but the joy will be from the value in the time you put in. You may need to start today before many rats surround and restrict your ability to move.

Finally, the journey out the rat race will in no doubt involve hills, valleys, anthills and so forth, but, with courage, strength, patience, commitment and persistence, you will pull them off.



THANK YOU

Governor Mike Sebalu of D9213 with his spouse Maggie together with Governor Peace Taremwa of D9214 with his spouse Anna, wish to thank the overall organizing committee under the leadership of Governor Emmanuel Katongole. Further appreciation goes to all organizing committees of the Peace Concert, Golf tournament, Presidential Banquet, Cancer run and the Western Uganda dinner. Thank you all for pulling off highly successful events in honor of our Rotary International President Jennifer Jones, her spouse Nick and their entire delegation. God bless you and reward you abundantly.

Signed: Governor Mike & Governor Peace



RIP Jennifer Jones Breakfast with Corporate Partners

On September 1, 2022 Rotary Uganda Limited hosted a breakfast in partnership with CEO Summit as Corporate Uganda to commemorate the historic visit of Rotary International's First Woman President – Jennifer Jones. The breakfast in addition recognised and appreciated the partnership and contribution made by corporate organisations in Uganda, towards Rotary work at program and club level. To this end the RIP handed over certificates of appreciation to 29 companies that had supported Rotary community service projects to the tune of UGX 10M and above over the last two years and those that supported the breakfast.

During the event the RIP appended her signature as witness to the Memorandum of understanding between Rotary Uganda Limited and CEO summit aimed to formalise and deepen the collaboration of Rotary and corporates in Uganda. The MOU was signed by the Chairman of both Rotary Uganda and CEO Summit Rtn. Fabian Kasi and Rtn. Dr. Peter Kimbowa respectively.

In her speech the RIP said that this was

the first time in her Rotary journey to see such commitment to partnership between Rotary and Corporate Organisations and through a governance structure such as Rotary Uganda. She commended the Rotary leadership for the foresight and said she would promote what she had witnessed as a best practice to Rotary around the world.

The RIP also explained the work Rotary does in the seven areas of focus aligned to the UN sustainable goals and gave deep examples of the projects she had seen so far during her impact tour around the world. She expressed immense gratitude to all Rotarians for the passion and commitment in implementing the goal and values of Rotary and ultimately transforming communities around the world and us as Rotarians.

Rtn Goretti Massade



Fashion & Glamour







What is a Club Anthem?

An anthem is to a country or an organization as a war chant is to an advancing army. Anthems are patriotic songs officially adopted by countries or organizations as expressions of their identity.

As an international humanitarian service organization with over 46,000 clubs, Rotary is no exception. A number of Rotary Clubs have adopted Club anthems to articulate their individual identities, principles and aspirations as they collectively serve humanity.

A number of club anthems are choreographed to embody the club's values, mission, vision, and culture. It also tells the club's history from its formation and highlights its future aspirations. The club anthem is a powerful tool that greatly facilitates the enforcement of the club's public image and informs its relations within the club and with other clubs, organizations and individuals who have the potential to become partners, members, or well wishers. It is a great membership and partnership attraction tool as well.

Before its charter on March 29th, 2021, Rotary Club of Sonde had adopted its anthem titled, 'We the Sonde Models.'

'We the Sonde Models,' is a patriotic and beautifully rhythmic song developed by club members led by Rtn. Andrew Mauka Mugeni, Dr. Jane Egau and Rtn. Pauline Babirye Abok.

The team led by Rtn. Andrew Mauka Mugeni was tasked by the Charter President Kate Barasa to create an anthem that was true to the aspirations of the club and its envisioned transformative impact on the less privileged communities in Sonde and beyond.

Although he is an accountant by classification, Rtn. Andrew Mauka volunteered to lead the composition of the club anthem. Away from work, Rtn. Andrew

"It was important that the lyrics profile our Club's uniqueness and aspirations for excellence, selflessness and generosity"

is passionate about music and loves all kinds of music though he is greatly influenced by afro-beats, a special and unique music genre that celebrates the different and organic sounds and rhythms of Africa as a continent and its people. He is greatly influenced by the late Oliver Mtukudzi, a Zimbabwean and Sona Jobarteh, a Gambian.

"When I was given the assignment, I was not restricted in any way. I was given the liberty to use my creativity, discernment, my understanding of Rotary and my experience as a resident of Sonde and the needs of our community," says Rtn. Andrew.



Rtn. Andrew Mauka



Rtn. Pauline Abok



Rtn. Jane Egau

Rtn. Andrew shared with team members the first draft of the composition which was largely informed by Rotary's seven focus areas and how the club could intervene to impact the local communities in the areas of peace and conflict prevention / resolution, disease prevention and treatment, water and sanitation, maternal and child health, basic education and literacy, economic and community development and environment.

The team members who included Rtn. Dr. Jane Egau and Rtn. Pauline Babirye Abok, both educationists, made revisions to the composition to include lyrics that would invoke club members' identity,

says Rtn. Pauline Babirye Abok, a charter member of RC Sonde.

When the team finalized the lyrics, they sought the support of Regina Nakacwa, a vocalist who worked with other colleagues to compose the musical beats, sing and record the anthem at PMCC studio in Seeta, Kampala.

"The finished product was submitted to the club and it was warmly welcomed and played for the first time at the club fellowship where members appreciated it immensely. We were happy that we achieved this landmark success for the club. We pray that the anthem continues to inspire many to serve humanity and

***We the Sonde Models,
Our values mean a lot,
We the Rotarians,
We will give it all we've got,
Our best foot forward will be our mission,
Service above self***

***We the Sonde Models,
Our values,
Our Guide,
All we have we give cheerfully,
Our best foot forward will be our mission,
Service above self***

***Oh, the Great and Mighty Club,
Rotary Club of Sonde,
Shinning so bright,
Our best foot forward will be our mission,
Service above self***

pride, commitment to the club and allegiance to Rotary and what it stands for.



"It was important that the lyrics profile our Club's uniqueness and aspirations for excellence, selflessness and generosity. This is effectively captured in all the stanzas of the anthem. As models, we set the pace, we re-define boundaries and we did that from the very start when our club came into formation during the Covid-19 pandemic. Even with all the restrictions on movement and socializing, we still made it to charter at the DISCON with 100+ members thereby making history and this is the pace that we wanted to continue with in this Rotary journey,"

uphold the values of Rotary," says Rtn. Andrew who was introduced to RC Sonde by AG Sam Musana.


"The highlight for me was when the anthem was played by the Uganda Prisons' band when the club was launching its community service projects which included community cleaning and sensitization about Rotary and the club's impact in the communities," says Rtn. Andrew.


He notes that the anthem is not cast in stone and is open to renditions or revisions of the lyrics as the club evolves and as times change. RC Sonde plays the anthem at all club events.


**Rtn. Rehema Aanyu
RC Sonde**

Rotary  |  **Comedy & Laughters'**
Rotary Fellowship

**CHARTER
CELEBRATION
& MEMBERS OUTING**



 **Saturday 17th September 2022**
2:00pm
Venue: Central Perk, Bukoto
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Letter from visiting Nigerians to The Rotary Club of Bweyogerere - Namboole

"Hands Can Only Build a House; Only Hearts Can Construct a Home"

Our visit to Kampala, Uganda was indeed a beginning of a new dawn in our journey in Rotary. We have visited and attended various Rotary events outside our dear Country, Nigeria, but this one was quite unique. Special thanks to Rotarian George Okol, President, Rotary Club of Bweyogerere Namboole for the special invite. He attended our Rotary fellowship in Akure, Ondo State, Nigeria and later invited us to Uganda. It would be an understatement to say that we had fun but enjoyed every moment we spent in Uganda starting from the Entebbe International Airport courtesy of the immigration officer that attended to us. We were welcomed to "The Home of Big 5" with beautiful smiles and warm greetings at every contact. Our Ugandan story and experience can never be completed without the super family of Rotarian Herbert Tumwesigye. We will forever be grateful to our Uganda mother, Rtn Hope and her Spouse Rtn. Herbert Tumwesigye for their love, care and support throughout our stay in Uganda. It was indeed a beautiful and life time experience. This singular act has really rekindled our love for Rotary. We can boldly say that Rotary is a big family that works towards development of acquaintances as an opportunity for service. We look up for partnership in the area of service projects and visit with other Rotarians in the future to Uganda.

We cannot but mention our visit to Rotary Club of Kampala during the official visit of the District Governor, Rotarian DR. Mike Kennedy Sebalu to the club. The reception was indeed a good memory with

exchange of club banners and special gifts from the DG. Our sincere appreciation to the Presidents and members of Rotary club of Kampala 7 hills, Rotary club of Bweyogerere Namboole, Rotary club of Kirinya Bukasa. We were also at Rotary Centenary Bank – Cancer Centre, Catholic Shrine and downtown market with our Uganda Mother, Rtn Hope. It was a beautiful experience.

We really enjoyed Uganda foods particularly Matooke. The love and care extended to us at every club visit was fantastic and beautiful. We nearly missed our flight on Sunday because of the fun and hospitality given to us at the Place courtesy of Rotarian President George Okol, Rtn. Agnes Noreen, Rtn. Lydia Ndagire, Rtns. Herbert Twesigye and his wife Hope. We say thank Uganda Rotarians. Thank you, our DG DR Mike. Thank you, Uganda The Pearl of Africa.

We shall surely come back for more.

Rotarian Funkeapko Batife

Rotary Club of Akure City

Rotarian Adediran Adejuwon

Rotary Club of Akure



The Rotary Cancer Run 2022

Over 2,100 people die every year in Uganda due to Cancer. While that number could be brought down, there is a significant lack of equipment for treatment in Uganda.

The 11th edition of the Rotary Cancer Run 2022 was flagged off by the first ever Rotary International female President Jennifer Jones at Kololo airstrip on September 4th, 2022. RI President Jones was the chief runner. She shared her own testimony of healing from Breast cancer.

"You started this run 11 years ago and 12 years I discovered that I had breast cancer. It wasn't easy but part of the reason I am sharing this with you is that early detection is the answer. Cancer is a treatable disease. I urge you to go for cancer testing often. 12 years later, am proud to



stand here with you cancer free"

The Rotary Cancer Run aimed at creating awareness and mobilizing funds towards building a bunker at Nsambya Hospital and increasing the level of access Ugandans have to cancer treatment.

Speaking to the runners, PDG (Past District Governor) Stephen Mwanje who is the Chair Board of Trustees for the program and the brain behind the idea noted that this year, they registered over 40,000 Runners not only in

Uganda but also in 11 cities outside Uganda raising over a billion Uganda shillings (1,362,262,000) twice the amount that was collected in 2019.

The event attracted over 20 Corporate partners with Centenary Bank being the official platinum sponsor of the event for the last 10 years.

Rotarians, Rotaractors, and well-wishers from all walks of life arrived at Kololo airstrip as early as 5:30 am to participate in the run. They were first treated to dance and guided workouts by different fitness trainers who emphasized the need for exercise as the key to keeping healthy and combating otherwise preventable communicable diseases.



One Step Closer to Peace



Joe Nuwamanya
Communications Africa Peace Concert

It was a Friday full of fun, glamour and charity. After the launch of the only peace centre in Africa at Makerere University Rotary International President Jennifer Jones joined a host of guests to be a part of the second edition of the Africa Peace Concert

With everyone clad in white with a touch of African had attendees both virtual and grazing the concert. First up was the Makerere University School of performing arts and the Rotaract Club of Kampala North musical who put on a super performance and with the cover of Bob Marley song One Love and John Lennon's Imagine. Kasozi too did his thing and then two presidents one from the Rotary Club of Bunga and the other Rotaract club of Makindye. Then George Mpanga better known by his stage name George the poet took on the stage crowning the night was Nava Grey, and Shaka Mayanja with the Black Roots Unlimited Band

This international event attended by over 1000 you made it possible to raise USD 350,000 to the Africa Peace Fund & Rotary Foundation and an additional USD 750,000 in pledges which will make it possible to support the activities the only peace centre in Africa at Makerere University

At the end of the night, after the fun, networking and dining was over, the concert had raised United States dollars 350,000 and another USD 750,000 in pledges to the Africa Peace Fund & Rotary Foundation which will make it possible to support the activities the only peace centre in Africa at Makerere University Just a step towards peace in Africa and the world over.

ROTARY FRIENDSHIP EXCHANGE



Hope Tumwesigye
Rotary freindship Exchange Chair 2022 - 2023

Greetings to you my wonderful Rotary!

I thank the Lord for bringing us to this new Rotary year 2022-2023. I have the honor and privilege to serve you as the Chair 2022 - 2023.

RFE

was introduced in 1984. This program aims to advance International understanding among Rotarians across the globe. It provides Rotarians with the opportunity to form personal contacts and make long lasting friendships while exploring different areas of the world.

Rotary Friendship Exchange programs allow Rotary members, their partners in service and friends to take turns hosting one another in their homes and Clubs. Participants may travel as individuals, couples, families or groups and Rotary members or not.



The closer we are the further we can go.

Benefits of an exchange - The exchange broadens International understanding, explores professions and jobs in a different context, builds enduring friendships, establishes a foundation for peace and service, gaining of opportunities for active project involvement and support while, learning about the region's rich culture, populace, customs and history.

As District 9213 (and as early as the days of District 9211), we have made a number of exchanges with different Districts in the world, for example; India, Nigeria and USA. Such exchanges have been the backbone to International and local Clubs building partnerships to work on several projects.

This Rotary Year, we are planning to have exchanges in South Africa, Italy and Ghana. At an opportune time, we will invite Rotarians to apply for the above exchanges.

The entire Committee and I are looking forward to working with all Rotarians in our District as we continue to explore the world through this program.



Rotary International President Rtn Jennifer Jone's visit to Makerere University Kampala (MUK) Rotary Peace Centre

The Rotary International (RI) President – Jennifer Jones visited Makerere University as part of her Imagine Impact Tour on 2nd September 2022. On arrival at the Yusuf Lule Central Teaching Facility (CTF) Auditorium, the RI President was met with many attendees. She was received by a contingent of high-level University leaders led by the Vice Chancellor Professor Barnabas Nawangwe in company of the Chairperson University Council Mrs. Lorna Magara.

They were ushered in by the University Music Students with traditional dance before national anthems were sung; the Ugandan anthem, East African and Canadian anthem respectively which evidently tickled the emotional nerves of the RI President.

The Director of the Peace Centre; Dr. Helen Nambalirwa Nkabala welcomed Rtn Jennifer Jones and her delegation. She acknowl-



edged her being the first female RI President and enumerated the female leaders in the house with a mention of the very first female Chairperson in the centennial years of the University's existence; The Chairperson University Council and the Dean School of Humanities Professor Josephine Ahikire.

She narrated how the Peace Centre would be receiving its 4th cohort of Peace Fellows. "Even though the Peace Centre has only been in existence for a short period, it's impact on the hill is being felt." She thanked the different players including Rotary Peace Fellow Alumni, the Peace Jammers on Campus, the Peace Centre Board and the Peace Fellow Host Counsellors for the achievements made.

In her remarks, Prof. Josephine appreciated the excellent preparations made ahead of the meeting with emphasis made towards Dr. Helen and her team. She reiterated the moment of excitement they were feeling. Even though the Centre was hosting a 2nd RI President in the space of 2 years, it was being officially launched now by the 1st ever RI female President and they were very pleased to be associated with this history and at the 1st Rotary Peace Centre in Africa. She the centre will be replicated to the entire continent given the quality and diversity of the fellows. She thanked the University Vice chancellor for allowing the Rotary Peace Centre to operate as a semi-autonomous institution, and pledged unreserved support to the Peace Centre.

In his remarks, the Vice Chancellor Prof. Nawan-

gwe shared the history of how Makerere University Kampala (MUK) started with 14 men with the Motto; "Let us be men". In 1950 however, the first female student was admitted to the University thus the motto was changed to "We Build for the Future". The University has made great strides as a centre of academic excellence on the continent, being the first to ever launch a Gender mainstreaming programme. And now, the first to introduce a course in Peace Building and Human Rights. Gender disparity gap has been bridged; to date the enrolment of male to female

students is nearly at par due to foresighted policy guidelines that have been implemented over the years. He is proud to be associated with these successes.

The University's focus is to become a leading research hub on the Africa continent. He reiterated his colleagues' sentiments on how much the Rotary Peace Centre had greatly profiled the University's diversity; it hosts students from 54 countries in the world. He went ahead to reveal that the University's strategic plan aims at preparing students to solve current global challenges. Sighting one example, he noted that whereas land is shrinking, the need for food was growing.

Other speakers included Past District Governor (PDG) Emmanuel Katongole; he attested to the fact that possibly 99% of Rotarians in Uganda had all gone through MUK which makes association easy. He recognised PDG Yinka from Nigeria for having provided the initial seed capital towards es-

The University's focus is to become a leading research hub on the Africa continent.





establishing the Makerere University Rotary Peace Centre.

A member of the Board of Trustees for Rotary International between 2018/2019 at the time Makerere was selected to host the Peace Centre reminisced how proud he was for having taken the right decision to be part. He intimated to the meeting that the success of Makerere had given the Trustees confidence to explore other possible Rotary Peace Centres outside Europe and America. Another Centre is destined to be opened in the Middle East with support from a generous donation and, Egypt as well. He is confident that it is time Rotary contributes to building global peace through strengthening local capacities, one of the core values for bringing the Rotary Peace Centres close to where the real issues were being experienced.

He then introduced Rtn Nick Krayacich, husband to RI President and District Governor Designate for Rotary Year 2024/2025 (in his home country) before inviting her to Speak. But before that, he

“My Imagine Rotary Impact Tour 2022 - 2023 is aimed at coming to witness, share in and document the life changing stories that would truly make Rotary more impactful.”

informed the meeting how Rtn Jones during her tenure as District Governor had presided over a very successful peace conference in her District that brought together some Clubs in Canada and others in the United States of America. Through her leadership, she had been able to undertake one of the most successful fundraising drives that yielded in excess of USD 5million.

Quite an astute orator, Rtn Jennifer Jones mentioned how proud she was to finally set foot at MUK. She expressed how impressed she was

at the level of commitment and dedication exhibited in the success being built by Makerere. She said her Imagine Rotary Impact Tour 2022 - 2023 was aimed at coming to witness, share in and document the life changing stories that would truly make Rotary more impactful. She observed that so much was going on which needed to be shared with the world. To this, she intimated that as part of her entourage, she had many professional journalists who would ensure every inch of the story was captured. She also informed the house that she would be heading to Nakivale Refugee Settlement to see for herself in the company of a Ugandan Holly Wood Actress who would bring her professionalism and local context to building that story.

The Chairperson University Council Mrs. Lorna Magara thanked Rotary International and all the Rotarians for accepting to partner with Makerere University in this area.

An art piece drawn by a Rotaractor was signed thereafter and auctioned. The proceeds were donated to the Peace Centre Endowment Fund.



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HOW HISTORY OF ROTARY AND INSURANCE CONNECT!



Being an insurer, a beneficiary of insurance a year later on 13th March 2020 when I underwent a head surgery at Case Hospital and a new Rotarian (2019), I felt that this connection was worth being written about for the sake of institutional memories.

Rotary's founder, Harris, was a lawyer, Rotary President from 1910 to 1912 and a member of Rotary Club of Chicago. Harris' desire for camaraderie among business associates brought together 4 individuals that brought together varying professionals. This eventually led to an international organization of service and fellowship. When the Rotary Club of Chicago published this member roster in October 1905, the Club had grown to 21 members, including two honorary members.

The Connection of Rotary and Insurance in Uganda

The story of Insurance in Uganda is very much like that of the international service organization; Rotary. We can see this through the life of Rotarian Sam Otori (elected to serve as President of Rotary International in 2018-19); he would have been the second African Rotary member, and first Ugandan, to hold that office. He was inducted into Rotary in 1978 and was a member



Rotarian Emmanuel Sanyu Safali
Rotary Club of Bugolobi

of the Rotary Club of Kampala¹, Uganda. Like many members, Sam was invited to Rotary by a persistent friend. "I did not

1 The Rotary Club of Kampala is a member of Rotary International. It is the oldest Rotary Club in Uganda having been chartered in 1957, and is one of the most respected Clubs because of its unique organization, membership composition and manner in which it conducts Rotary business. The Club draws its membership from the different professions in Kampala.

"Optimism is what brings us to Rotary. But Rotary is not a place for those who are only dreamers. It is a place for those with the ability, the capacity, and the compassion for fruitful service."

Sam F. Otori, 1941-2017



want to go," he cheerfully acknowledged years later. "I had no interest. But I had respect for my friend, so I went. And when I got there, I was in shock. The room was full of people I knew." The more Sam saw of Rotary's good work, the more enthusiastic he became. He is largely credited for the tremendous increase of clubs in Uganda: from nine in 1988, when he was District Governor, to 89 today.

His friends called his enthusiasm "the Otori madness" — to which he mildly replied, "If it is madness, I would be glad if more people would catch it." Sam described himself as "an incorrigible optimist" who chose to see the best side of everyone and the bright side of any situation. Sam is remembered as "Smiling Sam," says RI President Ian Riseley. John Smarge, who was selected by Sam to be his presidential aide, called Sam a "rock star" among Rotary members. "In just the two weeks he was president-elect, you could see how much he was loved," Smarge says.

The Insurance Story since 18th Century

The concept of insurance dates back to at least the 18th century B.C., with the Code of Hammurabi². Building insurance on solidarity, business acumen, and the logic of calculation has proved an almost unbeatable business idea. It was to conquer the world over the next centuries. Trade and emigration became the 2 most important enablers for creating a global insurance safety network.

As every history, that of insurance has been exposed to challenges. Some large catastrophes proved too big to deal with for some companies. From the San Francisco Earthquake in 1906 to Hurricane Betsy in 1965 or the attack on the World Trade Center in 2001. But overall the insurance industry has proved remarkably resilient to all these challenges. This came from the economy and its recurring crises which caused bigger losses than the worst insured catastrophes.

2 By some accounts, the earliest written insurance policy appeared in ancient times on a Babylonian monument with the code of King Hammurabi carved into it. Hammurabi's Code was one of the first examples of written laws. These ancient laws were extreme in most respects, but one offered basic insurance in that a debtor didn't have to pay back their loans if some personal catastrophe made it impossible (disability, death, flooding, etc.).



Insurance is an ideal laboratory for enlightened business ideas. The process of collecting different types of institutional and personal information and, using underwriting to transform it into quantifiable costs was important. Insurance helped money become the means of communication within the economy. Uganda therefore is no exception to these trends.

The Connection of Rotary and Insurance therefore becomes evident in how the 2 sought to address a need or a challenge. They both go through a process of identifying and collecting different types individuals and or institution's personal and data / information respectively to counter a challenge. Let us not forget the time and effort plus effective use of resources that was employed to reach or goal or need. Thus the benefits whose costs may not be quantifiable.

We draw our strength in the insurance world to strive and excel. The volunteer seeks the same and at a global scale which is sustainable and, life changing.

Emmanuel Sanyu Safali is the founder and host of Promise-Insurance Show on YouTube and TV emma.safali@gmail.com

Rotary is everyone serving humanity



Rtn. Flavia Nanteza, a Charter member of RC Sonde sharing her story to inspire non-corporate people to join Rotary

It is widely perceived by non-Rotarians that Rotary is for the rich, retired or people in corporate circles. Rotary is an international humanitarian service organization that brings together people from different walks of life contributing to community service, promoting integrity and advancing goodwill, peace and understanding in the world.

I grew up in a family of Rotarians. Right from an early age, I understood that to be a Rotarian, one need not be rich, retired or from corporate circles.

I understood from an early age that what brought people to join Rotary was their need to contribute to addressing society's most pressing challenges. My uncle, the Late Rtn. Bakka Paul Pokino was a pesticide controller and did not have vast riches. He was a person of high integrity and he had a big heart. He was always available to support those in need. He was a true definition and lived the Rotary motto 'service above self.'

The Late Rtn. Bakka Paul Pokino and PDG Rtn. Robert Ssebunya, both from RC Rubaga inspired me to join Rotary. I joined the Rotary Club of Masaka in 2012 when I was working as a Banker with Centenary Bank in Masaka.

While at RC Masaka, I saw and interacted with Rotarians from all walks of

I want my story to inspire "omuntu wa wansi" to join Rotary.

life contributing selflessly to community service. A number of them were ordinary men and women in employment, retirement and business. Some did not even have jobs. This mix of people from different walks of life brought diversity, enterprise and fun to the Club.

In December 2019, I left formal employment after working with Centenary Bank for 12 years to start my own business. I always envisioned a good life where my sons' dreams would not be limited by my lack of resources. I realized that employment would not deliver me to the future I envisioned for my sons and myself.

I started my small-scale business of selling vegetables namely onions, tomatoes, green pepper, carrots, Irish potatoes, passion fruits, matooke and charcoal. I had planned to start small and grow my business empire slowly and steadily. However, three months down the road, Covid-19 happened and a total lock-down was instituted. This was a huge set-back but I did not lose faith. It was definitely hard because the reality was that I had



Rtn. Flavia selling greens to one of her clients

gone from an assured monthly salary of UGX2,000,000 to UGX150,000 and sometimes less.

This was around the same time that RC Sonde was in Formation. I joined RC Sonde and Rotary became my safety net because it gave me a sense of community because I had people I could talk to and a number of Rotarians became my clients which increased my sales gradually.

To supplement my income from the grocery shop, I started cooking and selling food to workers from the different industries in the neighborhood. RC Sonde also started contracting me to provide food during some of the club's community engagements like the Covid-19 vaccination drive that was conducted in Sonde, Bukerere and Namanve.

I was inducted as a Charter member of RC Sonde in April 2021 during the District Conference. Rotary is a service organization and at RC Sonde, community service is prioritized in all the club's service projects and activities.

I am no longer in the corporate world. I am a small-scale trader who operates a grocery where I sell perishable goods like onions, tomatoes, greens, Irish potatoes, bananas, fruits like water melon, oranges, pineapples, matooke and charcoal. My income is not constant and is largely from the sales I make every day. This does not stop me from paying the Club's annual membership fees of UGX700,000.

In Rotary, you will find a family. You will find best friends, professional counselors, stress-relievers, laughter, inspiration and everything else that will make your life a lot easier. It is a network that not only inspires you to do community service but also sup-



Rtn. Flavia cooks food as well and serves workers in the neighbor

ports you to grow beyond your wildest dreams.

RC Sonde is welcoming because it has members from different walks of life. As a trader, I feel at home and I have an opportunity to rub shoulders and even sell my products to different people including some of Uganda's high-ranking decision makers, and other high-profile people. In the club, we are one and we all treat each other with respect and goodwill regardless of the jobs we do.

I want my story to inspire "omuntu wa wansi" to join Rotary. The benefits outweigh the disappoints but I can also guarantee that you will not be disappointed.

Rtn. Rehema Aanyu

Rtn. Flavia also sells chickens to earn more







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