

Ride The Tide

May 2025

Good Governance, Image and Accountability - DGE Geoffrey Kitakule

ne

Ø





MAGIC ALL AROUND

21-25 JUNE 2025 • CALGARY, CANADA Register today at **convention.rotary.org**

#Rotary25

	EDITOR'S NOTE	4
	DISTRICT CALENDAR	5
	Word From President Rotary International	6
	DISTRICT GOVERNOR'S MESSAGE	8
	DISCON AWARDS	10-11
	COVER STORY- DISTRICT GOVERNOR ELECT	12-15
	TRAILBLAZER: NTAMBI	16-17
\bigcirc	DISTRICT GOVERNOR NOMINEE DESIGNATE	18-19
()	STATUS OF ROTARY AND THE YOUTH	20-21
	DISTRICT ROTARACTORS REPRESENTATIVE ELECT - NAHABWE	22-23
	DISTRICT ROTARACT REPRESENTATIVE NOMINEE	24-25



Rotary Youth Leadership Awards	26-27
STATE OF MATERNAL AND CHILD HEALTH	28-29
our clubs: RC Kampala-ssese	30-31
our clubs: RC Kabulasoke- Gomba	32-33
our clubs: RC Lugogo-Mango tree	34-35
OUR CLUBS - KIWATULE	36-37
DISTRICT GOVERNOR ELECT HOMECOMING	38-39
DGND HOMECOMING	40-41
PEACE CONFERENCE	42-43
DG'S VISIT - RC KAMPALA	44-45
DG'S VISIT - UBL	46-47
100TH DISCON, JINJA APRIL 10-13TH	48-51
ROTARY CLUBS INDEX	52-54

The Future and Nurturing Youth Resilience

society may have many strategies for securing its future. One of them, which works with others, is nurturing resilience in its youth. Of course, Rotary has known this institutionally for long, and no efforts are spared in birthing and nurturing the Rotaract arm of the family.

In District 9213, Governor Anne Nkutu's legacy is being sealed by strengthening the structures and systems, of which Rotaract is a constituent part. Forfeiting the traditional proclamation of a single, specific signature project for her governorship term, the DG has focused on diagnosing and fixing the health of the entire structure and systems from the district to the clubs, and the resultant resilience can only augur well for the future.

In the Rotary year that is about to end, the clubs have been encouraged to consolidate the ongoing service projects and bring them to fruition, rather than proliferating a multiplicity of projects that can end up

stunted. A few such projects can even end up stillborn. Project stunting ends up wasting members' and partners' resources, as well as the intended beneficiaries' time.

The DG's approach has thus rescued resources that would have been locked up in such stunted projects as Rotarians' focus would have gotten blurred in partially implemented programmes. The incoming leadership will find a clearer project terrain to build on.

The new Rotaract leaders who are taking office are arguably the fittest crew to steer the youth ship of our movement. Even as they have been vetted and mentored, they need to be supported along the way so that they build resilience that will not only enable them to execute their duties effectively, but also prepare them for similar roles in their future senior status as Rotarians.

Kalungi Kabuye

RC Lugogo-Mango Tree

PHOTO EDITOR

Joachim Buwembo **RC Kampala-Naalya**

EDITORIAL TEAM



Joachim Buwembo RC Kampala- Naalya

EDITOR



Maureen Kawombe RC Naalya States

ASSISTANT EDITOR



Svlvia Nankva RC Kampala-Naalya

PR AND MEDIA





D9214 DISCON and assembly

Rotaract / District Learning Session

ROTARY INTERNATIONAL PRESIDENT'S MESSAGE

Rotary's young people of action

o matter how long we have been with Rotary, we all benefit from the energy and fresh perspectives of our young leaders. It is my privilege to place this month's presidential message in the capable hands of one young leader, Vitor Joventino. In his column, Vitor reminds us how teamwork and inclusivity can spark transformative change. As you read his message, I encourage you to reflect on its insights, share in his excitement, and embrace new opportunities to learn. — Stephanie Urchick

I remember the exact moment when I realised the power of Rotary's youth programmes. It was a Saturday morning in Australia during my year as a Rotary Youth Exchange student. I stood among a group of young leaders at a Rotary Youth Leadership Awards event. The organisers challenged us to stand on a large tarp spread across the floor and, without stepping off, find a way to fold it in half.

At first, the task seemed simple. But as we moved, strategised, and adjusted, the reality set in - it required teamwork, agility, and constant communication.

Rotaractors and Rotarians guided us, but no one dictated how to succeed. The decisions were ours to make. And then something remarkable happened. Without being instructed, we collectively decided that no one would be left behind as our space on the tarp shrank.

One of our teammates was a person who uses a wheelchair, giving us an opportunity to adapt, ensuring that he was fully part of the experience. We shifted, lifted the tarp, and reconfigured our positions, using our time to think, plan, and act as a team. In the end, we successfully completed the challenge together.

As we celebrated our success, one participant said: "Society works the same way — challenges will come, but instead of leaving people behind, we must find ways to include everyone." It was such a profound thought for someone so young, yet it perfectly captured the essence of our experience.

Interact empowers young people to create service projects with real and lasting impact. Youth Exchange builds global citizens who return home with broader perspectives and stronger leadership skills. RYLA develops young leaders equipped to inspire and mobilise others. All of this is The Magic of Rotary, emerging through the actions of youth. These programmes are the heart of Rotary's ability to grow and adapt in a changing world.

But the success of these programmes depends on more than young leaders — it requires Rotary members who believe in their potential. I encourage you to sponsor an Interact club, host an exchange student, and support a RYLA participant. Your involvement does more than sustain these programs; it multiplies their impact and ensures that young leaders are not just beneficiaries of Rotary but active contributors.

To those already supporting youth programmes, thank you. Your mentorship and commitment make all the difference. And to those considering getting involved, now is the time! Because youth leadership isn't just Rotary's future, it's Rotary's present.

> Vitor Joventino, Rotaract Club of Penápolis, Brazil









The organisers of the 2025 Cancer Run scheduled for August 31 removed the word 'Rotary' from the name of the fundraiser. #CancerRunUg25, as opposed to #RotaryCancerRun25, has also been adopted as the official hashtag. This is the correct use of the brand.



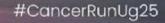


Gallbladder and bile duct cancers are rare, but they can be serious. Because these cancers often don't show symptoms until later, screening isn't commonly done, but early detection can make a difference.

Learn the signs, understand the risks, and take charge of your health.

Awareness saves lives.









DISTRICT GOVERNOR'S MESSAGE



Involving the Youth in Rotary's Success

y Family of Rotary, I want to take this opportunity to warmly welcome you back from the 100th District Conference in Jinia! I hope you had a memorable and inspiring experience and that we are all motivated to ensure that Rotary continues to thrive for the next 100 years. DRR Simeo and I are deeply grateful to the various DISCON sub-committees for their dedicated efforts, as well as to our partner and sponsor organisations, clubs, friends, and service providers for their invaluable support. Heartfelt thanks also to all participants and guests. Your active engagement and collective contributions made this conference a great success.

One of the highlights of District Conferences is the installation of a new District Governor (DG) and District Rotaract Representative (DRR). While relinquishing the chain can be a bittersweet moment for those who have held these positions, it remains a beautiful tradition that has ensured Rotary's continuity and growth for the last 120 years.

Our succession planning process nurtures new talent and maintains a steady pipeline of leaders. And I would therefore like to congratulate our incoming leaders: DGE Geoffrey Kitakule, DGN Gerald Obai, DGND Fabian Kasi, DRRE Abesage Nahabwe and DRRN Alex Muwanguzi. Through the troika model I have worked closely with most of you, and I have no doubt whatsoever that your dedication, vision, and commitment will drive District 9213 to greater heights.

Over the next eight weeks, we will witness more leadership transitions and the installation of new club leaders across the district. The sound of clicking glasses will be heard across the district as we toast

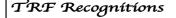
to the success of new leaders and the future of our clubs. But as we make merry, I would like us to ponder a little more on organisational sustainability. And this being the 'Youth Month', I would like to focus on youth engagement.

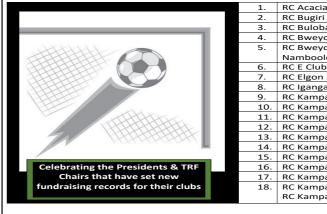
We are fortunate as an organisation to have a 'Youth Arm' in the form of Rotaract and Interact. And there is an assumption that because of their existence, Rotary's future is secure. However, the reality on the ground is less optimistic. Only a small fraction of Interactors transition to Rotaract, and an even smaller percentage of Rotaractors move on to Rotary. This ongoing attrition at both levels is concerning. And while I do not have all the answers, it is clear to me that there is a problem, one that requires our collective effort to address.

Year in, year out, new Interact and Rotaract clubs are sponsored by clubs. But while their intentions are good, many Rotary clubs do not stay the course. At the recent District Interact Assembly, I was shocked that many of our youngsters did not know their mother clubs. Their knowledge of the objectives of Rotary and even Interact was also somehow limited. Little wonder that we lose so many, so early.

As we celebrate Youth Month, I would like us to reflect on the current level of youth engagement, or the lack thereof. While we pride ourselves on a robust succession model, it is important to consider these questions: How are we actively involving the youth to ensure Rotary's continued success? How are we preparing the next generation for service, leadership, and a smooth transition into Rotary?

> Anne Nkutu, **District Governor**





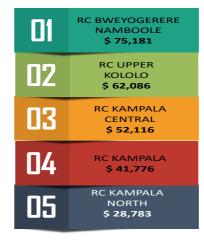
CLUBS WITH HIGHEST GIVING TO POLIO FUND TODATE

Source: Rotary Club Central



CLUBS WITH HIGHEST GIVING TO TRF TODATE

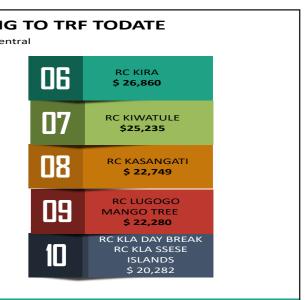
Source: Rotary Club Central



Record Breakers – Contribution to TRF

a Sunset		20.	RC Kanyanya
i		21.	RC Kasangati
a		22.	RC Kasubi
ogerere Central		23.	RC Kiboga
ogerere		24.	RC Kira
le		25.	RC Kitukutwe
o Naguru		26.	RC Kulambiro
Maisha		27.	RC Lugogo Mango Tree
а		28.	RC Manyangwa Nakwero
ala		29.	RC Mubende Metro
ala Central		30.	RC Mukono
ala Day Break		31.	RC Naalya States
ala East		32.	RC Namugongo
ala Impala		33.	RC Nansana
ala Kibuli		34.	RC Ngora
ala Life Stars		35.	RC Nsasa
ala Morning Stars		36.	RC Ntinda
ala Naalya		37.	RC Ntinda Metro
ala Naguru		38.	RC Upper Kololo
ala West		39.	RC Serere
	Source	: Rotar	y Club Central as of 8th May 2025





100th DISCON Recognition and Awards

PUBLIC IMAGE

These awards recognise clubs for building awareness of Rotary work and the Rotary Brand in the community

- •Club Bulletin Award: Rotary Club of Kasangati (The Tear Gas)
- Public Image Award: Rotary Club of Kiwatule
- Social Media Award: Rotary Club of Kampala South

2MEMBER ENGAGEMENT These awards recognise clubs that engage their members in rotary service and fellowship

- •Member Participation And Engagement Award: Rotary Club of Kampala South
- •Youth Mentorship And Engagement Award: Rotary Club of Bweyogerere Namboole
- DISCON Attendance Award: Rotary Club of Kampala South
- DISCON Long Distance Award (D9213: Rotary Club of Arua Eco City
- •Club Governance Award: Rotary Club of Kampala Central

3 AND INNOVATION Learning And Innovation

Award - To the club that has encouraged members to be well informed about Rotary and embraced and implemented new best practices to help their clubs be more efficient, transparent and effective: Rotary Club of Upper Kololo

MEMBERSHIP

These awards recognise membership development and growth

• Highest Growth During Rotary Year (To the club with the highest numbers of Net Growth from 30th June 2024 to 30th March 2025) Small Clubs: Rotary Club of Mubende Metro Medium Clubs: Rotary Club of

Kabarole Large Clubs: Rotary Club of

- Bweyogerere, Namboole Membership Diversity Award (To
- the club with the most diverse membership): Rotary Club of Sonde
- Membership Extension Award (To the club that has made the greatest contribution to Membership
- extension through the formation of new Rotary Clubs, Rotaract Clubs, Interact Clubs): Rotary Club of Mubende Metro (1 Rotary, 3 Rotaract Clubs)
- •Membership Retention Award (To the club that has not lost any member from the close of the last Rotary Year): Rotary Club of Kampala South

SERVICE PROJECTS

These awards recognise Rotary Clubs with projects that made an impact on the community, and are utilising the Foundation's resources to bring lasting change in communities

- Global Grant Projects Award (To the club with the most impactful GG projects being implemented/ or completed this Rotary Year): Rotary Club of Kampala North
- •New Global Grants Award (To the club with the largest number of new Global Grants applications that have been cleared by the District Grants Committee this Rotary Year): Rotary Club of Kampala Ssese Islands
- •Non-Global Grants Award (To the club that has the most impactful Non-Global Grant projects) Small Clubs: Rotary Club of E-Club
- Naguru Medium Clubs: Rotary Club of
- Kabarole Large Clubs: Rotary Club of Kololo,
- Kampala
- Consolidation, Sustainability and Impact Award (To clubs that have demonstrated continuous development of their projects):



Service projects awards recognise Rotary Clubs with projects that made an impact on the community.

Rotary Club of Bukoto

- •Special Environment Award (To clubs that have planted their balance): Rotary Club of Kololo Kampala
- Joint Collaboration Award (To the club that has partnered with

other Rotary or Rotaract clubs and other entities outside Rotary): Rotary Club of Kira, Rotary Club of Kasangati, Rotary Club of Mbale, Rotary Club of Manyangwa-Nakwero, Rotary Club of Nsasa, Rotary Club of Nagalama

•Innovation Award (To the club that has demonstrated imagination, ingenuity, creativity and inventiveness to make their projects come to life): Rotary Club of Kampala South

THE ROTARY OFOUNDATION

These awards recognise Rotary Clubs for supporting the Rotary Foundation •The Rotary Foundation Award (To the club with the highest

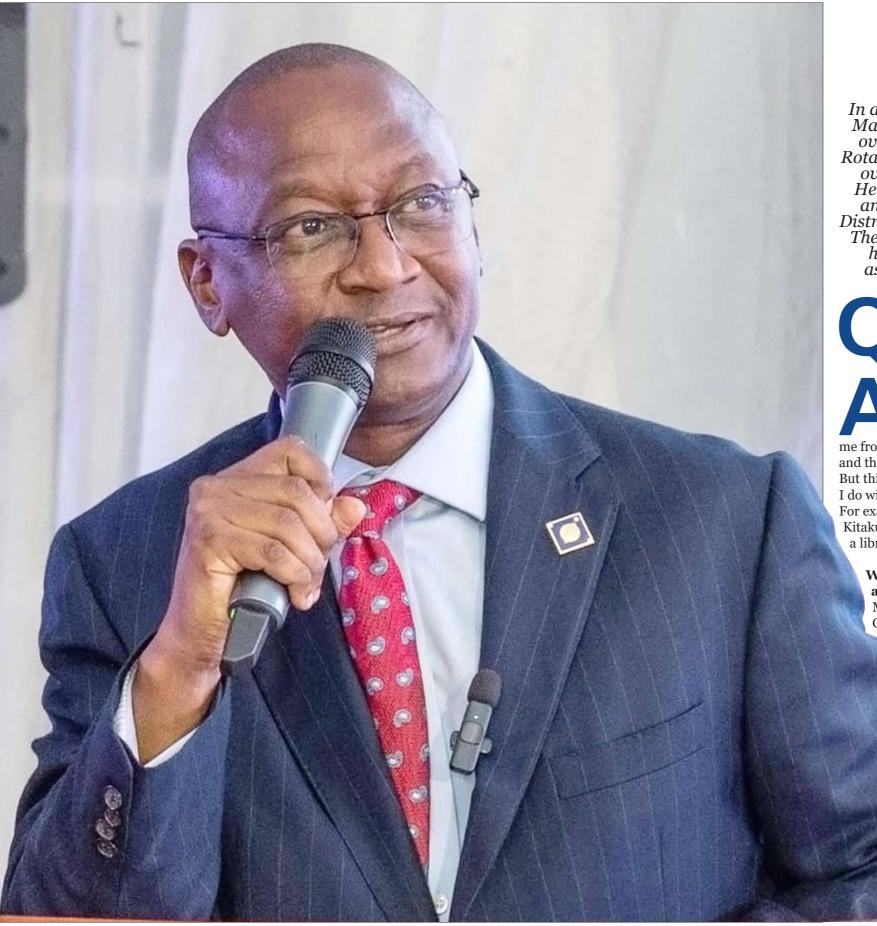
contribution to all The Rotary Foundation (TRF) funds added together, including the Annual Programs Fund, Endowment Fund, Polio Plus fund and Global Grants funding during this Rotary Year) Small Clubs: Rotary Club of Ntinda Metro (\$16,799.90) Medium Clubs: Rotary Club of Kira (\$26, 860.84)Large Clubs: Rotary Club of Bweyogerere Namboole (\$75,154.45) • Every Rotarian Giving Award (To the club with the highest percentage of members each giving a total of not less than US\$100 to any TRF Fund this Rotary Year (% of sustaining members): Rotary Club of Kampala West (69.2%)

• Polio Plus Award (To the club with

the highest contribution to Polio Plus Fund remittance to TRF): Rotary Club of Kira (\$11,507)

- Paul Harris Fellows (PHF) Award (To the club with the largest percentage of numbers that have made a financial contribution to TRF and received a new PHF pin (also includes multiple PHFs, Paul Harris Society (PHS) and Beneficiaries): Rotary Club of Kiwatule (42)
- Every Rotarian Every Year (To the club which has received the EREY Banner Status): Rotary Club of Manyangwa-Nakwero
- Major Gifts Award (To the club that has the largest number of new Major Donors, Bequest Society and other higher giving): Rotary Club of Bweyogerere Namboole.

COVER STORY: DISTRICT GOVERNOR ELECT GEOFFREY KITAKULE



Governance, Image and Accountability

In about a month, Geoffrey Martin Kitakule will take over as the Governor of Rotary District 9213, taking over from Anne Nkutu. He becomes Governor at an exciting time for the District, so he sat down with The Wave team to discuss his vision, goals, and aspirations. Excerpts:

What inspired you to become District **Governor?**

I was inspired by the desire to give back to society, and from what I went through as an individual. God saved me from an otherwise fatal accident. and that drove me back into Rotary. But this time to make sure the things I do will have a long-lasting legacy. For example, as a family, through the Kitakule Foundation, we have put up a library and a clinic.

> What do you hope to achieve during your term? My role as the District Governor is to consolidate what I've always wanted to do in the community and inspire others to do more than what I've achieved as an individual. And inspire clubs to do different projects. Remember, we are 130 clubs; if each of those

touched five

communities, that is touching over 500 communities. So, one of the things I want to do is inspire clubs to touch as many communities as possible.

We've always had the Governor come up with a project, but most times that project dies with the year. But when you work with the clubs, these clubs stay in these communities for more than five years, and the impact is much, much greater. So that is one of my roles.

The other thing I would like to achieve as a governor is to change the image of Rotary, which has been associated with the rich, with partying, and with people who come together to do other things other than help the community. What we do to impact the communities hasn't filtered down to the people.

By not filtering down to the people, it has also impacted our recruitment. Because a lot of people want to come and do good, and Rotary forms the best platform for people who want to impact the community. But that image is not coming out. So, one of the things we're going to focus on this year is building public image by making sure that we show things that Rotary has done that have made a difference in people's lives.

How do you plan to do that? How will you get clubs to be able to change that image? We want to guide clubs so that when they're speaking about what they do in communities, they have an outward look. Most times, the clubs have an inside look, and we preach to the converted. The people who need to see these are people outside, to see what the impact is.

Rotary in Uganda has a lot of history in projects of impact done over the years. The Heart Institute has its foundation in Rotary, the Cancer Institute has its foundation in

Rotary. We have the blood bank.

So my year as a governor will not be about what I'm doing. Many times, it is about the governor's visits; we're obsessed with the visitation. Instead, we want to show what we have done over the years. What's the impact? Let's go into the communities and showcase a project so people can see what's there.

For example, look at

Mwanamujimu, people don't know that Rotary set it up. But this is the impact we have. How many people know how Rotary has transformed Ssese Islands? How many health centres has Rotary transformed? And I should not talk about a project because it is by my club, but because it makes me proud as a Rotarian. Every month, let's showcase these projects. Let's talk about them so that people are proud of them. Let's showcase them all over social media.

But right now, people showcase more about the fun. Yes, we enjoy the fun and whatever, but what makes us different from other associations is the impact we have on communities.

I'll give an example, we have members of Kampala South who joined because they saw on Twitter the projects we're doing. So let's talk about the good we've done. And by doing that, people who see the good will pick up these stories.

What is your vision for District 9213?

To inspire clubs to do bigger, bolder projects that have a lasting impact on the communities. To talk about these projects so that we can attract more people who will bring in resources, and most importantly, work as one team to make sure that our goal of changing communities is achieved.

The new Rotary International

Turn to page 14

COVER STORY: DISTRICT GOVERNOR ELECT GEOFFREY KITAKULE

Continued from page 13

President's theme is 'Unite For Good', what does it mean for the District?

I call it the mantra, because Rotary is moving away from themes, which in a way are like branding. How do you build a long-term brand when you rebrand every year? The mantra is a rallying call every year to get people to work. So Unite for Good, which we already do, is just a reminder to all Rotarians that we need to work as a team.

Sometimes we compete as clubs, but that competition should not overshadow the fact that we have one common objective of making an impact in people's lives. So this year, the Rotary International President said, let's unite for good. Let's come together. Let's look for those things where we come together as a force. There is a Ugandan saying, 'agali awamu gegaluma enyama'. So through unity, we are a stronger force and shall have more resources to do things.

We're seeing clubs coming together to do installations. Those resources saved can be used to do something else. We're encouraging clubs to come together and support each other in all these projects. Because at the end of it, when you bring resources together, you have more impact. So that's the mantra: that together we shall have a bigger impact.

What are the biggest challenges facing the district?

The biggest challenge is membership engagement. Rotary starts with membership; without members, you don't have clubs, without clubs, you don't have a district.

Then COVID-19 brought us some good things and some challenges. The good thing is we realised we can meet from anywhere. The

challenge is that we've become too lazy to come together as a family. And that has also given a challenge to membership engagement.

We are currently 5,000 in the district. Of those 5,000, if you look at our TRF contribution, it's a few people contributing. All these are reflections of membership engagement. Because if you see value in contributing to building a water tank in Katakwi, then you are going to contribute to our TRF. If you don't see that value as a member, then you are not.

But most importantly, when you see value and you're engaged, you contribute to the strength of the club, making sure there's good governance, making sure the club is sustainable in the long term. Because the club is also a living human being.

We feel that the potential Rotarians in Uganda are almost 100,000, out of 40 million. Every town should have a Rotary club.

How do you plan to encourage clubs to have this engagement? How is it going to happen?

We're trying to encourage Presidents to review the family of Rotary, that's the first level engagement. We need to build back empathy within the clubs. If you're in a club and you don't have friends, you're going to leave. You go where your friends are. If you're in a club and you feel they don't care about you, you leave.

In the corporate world, we say employees don't leave companies, they leave managers. It's the same concept in Rotary. People are not leaving Rotary as it is; they're leaving the club because of the people. So, we have to build back the empathy.

But right now, we have a situation where people feel that coming to Rotary is going to be straining and demanding. But when people feel they own

something, they should be able to do whatever it takes to make it a success.

Service Projects and Community Impact: What plans do you have for this?

As I mentioned, there are seven areas of focus. And for the sustainability of all the projects that we do, we must encourage the clubs to take the lead. Governor Anne agreed that instead of introducing many projects led by DGs that will end after one year, it's consolidation and encouraging clubs to do those things that will have a longlasting impact within the communities.

So I'll continue from where Anne stopped, by encouraging clubs to apply for global grants so that they can have bigger projects. The emphasis has been on growing our giving to TRF, simply because when we increase our giving, we also increase what we call the District Dedicated Fund (DDF).

We're encouraging clubs to come together for bigger projects. It does not make sense to have 10 projects of \$30,000 when we could have one that does nearly everything for \$500,000. So we've already set up cohorts, people to talk to different clubs to come together and fund the projects. I've talked to Governor Tutsu, who is encouraging helping clubs write projects, bring them, teach them, introduce them to partners, and advise on international partners on that side. We are also talking to corporate sponsors about which areas they can work with Rotary.

We will tell these corporates that our Seven Areas of Focus are an answer to their ESG. Rotary has about 5,000 volunteers, most of these are experts in their fields. But they are willing to give their resources, their energy for free. So, instead of paying people \$50,000, why not have the Rotary Club of Lugogo Mango Tree and Kampala South, come together and do this for vou?

And quite a number of corporates have already approached and are talking to clubs. **Contributing to the Rotary** Foundation is a big part of

Rotary, what are your targets and how are you going to encourage clubs to meet these targets?

Our fundraising strategy is in the power of small numbers. We're looking at the 5,000 Rotarians, if each of those gave \$10 a month, that would roughly be worth \$200 a Rotary year. And \$200 times 5,000 is a million dollars.

That's our target. If we can raise a million dollars in charity, we know half of that will come back to support DDF. And half a million dollars will support 100 clubs.

This is how it works. Our main goal is to have the District Dedicated Fund that will support our global grants for the clubs. So our estimate is that if I have a hundred clubs applying for global grants, it will need the clubs contributing \$5,000 each. Which means that at any one time, our District Dedicated Fund should be not less than \$500,000.

Now, to get back a DDF of \$500,000 means you should have contributed one million dollars to TRF, because it sends back 50%. So, how do we achieve a million dollars in TRF? The average contribution for every Rotarian is \$200 a year. There are 12 months in the Rotary year, that's roughly \$15 per month. So, \$15 per month divided by 4 weeks a month, that's around \$4 a week. So, if you contributed a dollar per day, we should be able to achieve what we want. And the systems are there because the 25x25 system was put in place, and we're still encouraging people to contribute through that.

We encourage people that everybody should give. It doesn't matter how little you give or how rich you are. It's the heart of giving. By becoming a Rotarian, you've already developed the willingness to give. Give what you can.

And governance?

The District created a governance team to support clubs to make

We encourage people that everybody should give. It doesn't matter how little you give or how rich you are.

sure that there's good governance. One thing Rotary and the Rotary Foundation has been known for is transparency and accountability, when you have good governance and you're showing accountability of what you are doing, that attracts members to come.

By achieving proper corporate governance within clubs, we shall make them stronger. We have to get away from people who think they own clubs. To the level, people say that as long as I'm at this club, I'm the president. There should be structures which determine who can be president and who is the signatory to accounts; that's proper governance.

Some people have left clubs because they feel that the level of corporate governance is not what they expect.

Sometimes people sit on the fence because they feel the corporate governance structure does not give them the right environment in which to work. And when they sit on the fence, what happens? They gradually drop off. And that is our major worry.

We are good at recruiting, but we have a 48% attrition rate as a district. That is very high. This year we lost over 500 Rotarians, and the things that are driving this attrition are corporate governance and empathy; that 'people don't care about me, they don't call me for deals', or whatever. For some, the image is not what I want, it's not

what I signed up for.

So there is diversity and inclusion, but the most important thing is that people should be comfortable within the environment in which they join the organisation.

What about conflicts?

Every society will have conflicts. Even in family units. The most important thing is, are we able to resolve our conflicts? Remember, one of our areas of focus is peace and conflict Resolution. We can't be a preacher of peace and conflict resolution if we can't resolve our conflicts.

So, there will be conflicts, but when you put in proper corporate governance structures, those will work. Conflicts start when people think they're not being given a chance to lead, and they are not getting accountability.

In society, we can never get rid of conflict. But the issue, is it amicably resolved? One thing we've done this year is to ensure we train our presidents as much as possible. The learning seminars are usually one day or half a day.

When you prepare presidents, it means the next leader will be trained and empowered. Leading volunteers is different from leading people in the corporate world. In the corporate world, I give you KPIs; if you don't achieve them, I fire you. But here we have volunteers who pay to volunteer. You can't fire them. How you lead them is very different from the corporate world. So that's why we invested in training so people can be ready.

At the end of it all, how will you measure your success?

The best statement I'll ever want to hear is that the year Geoffrey was governor, as a district or as a club, we achieved the following. Then I know that everybody has taken ownership of the success of that year. It's not that Geoffrey did this or that. It goes back to the mantra that we unite to do good.

Allan Ntambi Lukoda's Story of Service, Struggle, and Success

By Rtn Sylvia Nankya, **RC Kampala-Naalya**

llan Mukasa Ntambi Lukoda is the current President of Rotaract Africa, a continentwide Rotary-affiliated organisation dedicated to advancing service and leadership among young professionals. He assumed this role in 2024, having taken over from Constance Jaiyeola of Nigeria.

Born in 1992 to Mr. and Mrs. Daudi Mukasa Lukoda of Kitende, Entebbe road, Allan is the second of ten children. His father, a retired army officer, moved frequently, exposing him to different cultures and schools across Uganda. As a result, he speaks more than 13 languages and has developed a unique adaptability that would define his life's journey.

He went to Nakasero Primary School, Unifat Primary in Gulu, and St. Joseph College Layibi, where he first encountered Interact and embraced Rotary's ideals. Later, while at New HiTech SS, Allan founded an Interact Club. He began his journey as Charter President of the Interact Club of New High Tech SS and has been a dedicated member of Rotaract since 2013. Facing financial hardship after his father's circumstances changed, Allan turned to local construction sites to raise money for his school fees. Inspired by the work of the Rotary Club of Kajjansi, he stayed committed to school, supported by generous Rotarians like Peace Taremwa and John Mary Luberenga. Taremwa, who later led D9214 as a District Governor, offered to give him UGX30,000 every Fellowship day to facilitate his meals at school. Allan says he used that money to pay his school fees, which stood at UGX80,000 Shillings per term.

Similarly, Luberenga talked to the owner of the school to accommodate his struggles. Allan remains highly indebted to the Rotarians because their belief in him secured his education and shaped his sense of service. Despite

early scepticism from his school headteacher, Allan's dedication transformed the Interact Club at HiTech SS into the school's most celebrated initiative. eventually earning him a bursary to complete his A'level. His passion for service and leadership grew under the mentorship of Rotarian Ismail

Mukasa, and he speaks of him as one of his early role models. Allan later joined the Rotaract Club of Kisubi University during his Senior Six vacation. To fund his university education, he returned to the construction sites and also began learning graphic design. Upon discovering that the deputy vicechancellor, Dr. Bernard Luwerekera, was the patron of the Rotaract Club, Allan shared his story and earned a role at the university designing materials in exchange for tuition. This opportunity enabled him to complete a Bachelor of Science in Information Technology.

From his induction into Rotaract, Allan's rise was rapid and impactful. He served as Club Public Image Chair, Club Admin, President-Elect, and later President in the 2016–2017 Rotary year. Recognised for his

innovation and commitment, he was appointed Assistant District Rotaract Representative (ADRR) for Provisional Clubs by DRR Amina Nassaazi, and his efforts helped the Rotaract District to charter 35 clubs. The following year, he

He later served

was appointed

supported Kampala-As a trainer, based clubs under **DRR** Augustine speaker, and Mwombeki and was named Best ADRR mentor, Allan at the District Conference in Dar es Salaam. has facilitated as District Public sessions across Image Chair under DRR Africa, Asia and Jakob Sendaula and pioneered **Europe, focusing** Rotaract's presence in mainstream on leadership. media. In 2019–2020, he

> Country Chair of Rotaract Uganda and nominated DRRE, becoming DRR for District 9213 in 2021-2022, the 'Changemaker Year'.

During his tenure, Rotaract membership grew from 1,600 to 2,300, and TRF contributions exceeded US\$10,000. He also oversaw the growth of clubs from 92 to 119 and initiated a model of joint Rotary-Rotaract collaboration, with shared regional visits and committee structures.

Allan was later elected founding Board Chair of Rotaract Africa Multi-District Information Organisation (MDIO), Vice-President, and ultimately President, becoming the first Ugandan to lead Rotaract Africa. Under his leadership, the MDIO has seen a rise in membership from 16,500 to over 19,500, with Districts 9213 and 9214 emerging as

champions in membership growth and TRF giving. He attributes this to the seamless Rotary-Rotaract partnerships in the region. Professionally, Allan is the Head of IT & Corporate Affairs at MTSL Energies Ltd., where he leads technological strategy and communications. His past roles include Assistant IT Officer at NIRA, Creative Director at Amaris Impression, and Head of Multimedia, PR & Communication at Nkumba University, where he revitalised the university's brand and stakeholder relations.

As a trainer, speaker, and mentor, Allan has facilitated sessions across Africa, Asia, and Europe, focusing on leadership, organisational branding, communications, and youth development. He finds fulfillment in mentoring others, driven by the belief that "people out there spotted me and allowed me to grow". He is also a musician, with a love for gospel music and a talent for playing drums and bass guitar. He admires Herman Basudde for his storytelling in music and names R. Kelly as his favourite international artiste. If given the chance to dine with three individuals, Allan would choose Owekitiibwa Robert Waggwa Nsibirwa, Katikkiro Charles Peter Mayiga, and Kabaka Ronald Muwenda Mutebi, all of whom inspire his passion for leadership and culture. Allan's mantra, born from advice given by Past AG Ronald Kawaddwa, is: "There is never the right time," a philosophy that continues to guide his service, ambition, and transformational impact across Africa.



DISTRICT GOVERNOR NOMINEE DESIGNATE



Fabian Kasi: Committed to Excellence

By Rtn Sylvia Nankya, **RC** Naalya

hen Fabian Kasi reflects on his journey through life, career and Rotary, one theme stands out: Service. Not as a mere ideal, but as a way of living. Indisputably one of Uganda's leading banking executives, Fabian has been the Managing Director of Centenary Bank since 2010,

and has overseen its phenomenal growth from UGX 1.2 trillion to UGX 7 trillion in assets, and from 900,000 to over 3.1 million customers. Centenary Bank also has a nationwide network of thousands of bank agents. His career journey, which also includes key roles at FINCA Uganda, Bank of Uganda, and the Commercial Bank of Rwanda, is built upon an academic foundation that features a First-Class Commerce degree

from Makerere University, an MBA from the University of Newcastle (Australia), and numerous professional fellowships and certifications. Today, the Rotary District 9213 proudly celebrates his appointment as District Governor Nominee Designate (DGND), to serve the District as Governor in the Rotary Year 2027-2028.

Fabian's Rotary Journey started in 2005, having been introduced to the organisation by Rtn. John

Mary Mpagi, a Past President of the Rotary Club of Muyenga. He has since been an active member of the Rotary Club of Kiwatule and served as the Club's 9th President in 2011.

He recalls that he nearly missed the opportunity to serve as President that year after failing to attend PETS (President-Elect Training Seminar). But with some remedial training, he was installed and led his club under the theme: Reach Within to Embrace Humanity.

He served with distinction as Club President, and soon enough was appointed to serve beyond the club as Assistant Governor and later as District Treasurer. He is the current Board Chairperson of Rotary Uganda Limited.

Over the years, Fabian has championed signature initiatives around financial inclusion, youth skills development, and maternal and child health, areas closely aligned with Rotary's Areas of Focus. Through strategic partnerships, notably between Centenary Bank and Rotary projects, Fabian has helped mobilise resources to fund transformative programs, including the Maternal and Child Health Programme of Scale in District 9213.

A Major Donor (Level 2), a Paul Harris Society Member, and a Benefactor to the Rotary Foundation, Fabian narrates that he initially declined calls to serve as District Governor, citing the demands of his professional life. However, the elders of the district and club, recognising his potential persisted in encouraging him until he finally agreed to submit his application, ahead of the District Conference that was held in Jinja between April 9 and April 12.

As a proud alumnus of St. Mary's College Kisubi (class of 1982) Fabian values integrity, trust, service, precision, and accountability. During his homecoming ceremony, he stated: "I will not promise to be the best, but the only promise I give is that we shall do our best."

And quoting a wise proverb, he added: "However beautiful a saucepan may be, it cannot produce food," emphasising that leadership must be active, intentional, and never taken for granted. When asked to introduce the DGND during the Homecoming, Past District Governor Francis Xavier Ssentamu proudly spoke of Fabian as a meticulous and accomplished accountant known for bringing clarity, precision, and practical solutions to any leadership role he undertakes.

Yet beyond boardrooms and institutions, Fabian is deeply rooted in his culture and clan, affectionately referred to as Omukulu w'Omutuba. He belongs to the Nvuma Clan.

"Those who know him personally often remark on his swift, determined walk – an apt reflection of his purposeful approach to life and service," PDG Xavier stated. "His peers from a certain school along Entebbe Road (referring to St. Mary's College Kisubi) fondly remember him as a unifier and a selfless giver, someone who consistently leaves a positive impact on those he encounters." Past District Governor Stephen Mwanje also recalls how Fabian's

leadership at Centenary Bank helped forge a 14-year strong partnership with Rotary to support the Uganda Rotary Cancer

Programme. Fabian recounted that when PDG Mwanje was starting the Cancer program, he proposed a partnership between the bank and Rotary which he (as the Bank CEO) thought was only natural to take on as partners.

To date, Centenary Bank has remained a platinum sponsor of the Rotary Cancer Run and made significant financial contributions every year towards the construction of bunkers for LINAC cancer treatment machines at the Rotary Cancer Centre in Nsambya. District Governor Elect Geoffrey Kitakule praised Fabian's

unwavering commitment to projects

that change lives in communities. "It is good to see a man who walks the talk of 'Service Above Self' accept the call to lead fellow Rotarians to continue doing good in the world," DGE Kitakule told The Wave.

In the same spirit, District Governor Nominee Gerald Obai spoke of Fabian as a calm, unassuming gentleman, always measured and thoughtful.

"I congratulate him and look forward to supporting and working alongside him," Obai said in praise of the man who will replace him in the Governor's seat.

Rtn. Catherine Barasa Asekenye (RC Kampala Platinum) speaks of Fabian as a charismatic, principled, intelligent and humble leader.

"What you see in Fabian is exactly what you get," Catherine said.

"There is no mystery, no need for discovery — he is as genuine as they come. His humane personality is immediately evident, welcoming you even before you speak. His transparency, fairness, honesty, truthfulness, and goodwill are written on his face. He is the kind of leader every follower would trust, not only in times of success but even more so in challenging moments."

District Governor Anne Nkutu offered heartfelt advice to DGND Fabian: "Be yourself, the diversity in our membership and leadership is what drives our district. You bring unique qualities that no one else has. We are looking to you to take District 9213 to unimaginable heights, and you can count on the support, mentorship, and guidance of all past and current Governors."

At home, Fabian shares his journey with his wife Ritah Kasi, herself a Major Donor to the Rotary Foundation, and their children both biological and adopted.

Beyond boardrooms and Rotary meetings, Fabian finds joy in brisk walking, soccer, reading, and theatre.

Fabian has attended 12 Rotary International Conventions, three Zone Institutes, and 17 District Conferences and Assemblies.

YOUTH SERVICE

Interact Learning Assembly

By Edgar J Nsereko, District Youth Service Chair 2024/25

he recently held Interact Learning Assembly at Kyambogo College School on 1st March 2025 brought together 168 Interactors from various clubs across the district, attending both physically & online. The event provided a platform for young leaders to engage in discussions aimed at strengthening the Interact movement and addressing key challenges affecting clubs.

KEY DISCUSSIONS

The highlight of the assembly was an interactive session with District Governor Anne Nkutu, who took time to listen to the challenges faced by Interactors. Participants openly shared their concerns, ranging from leadership transitions, mentorship, and support from sponsoring Rotary clubs, to the need for better monitoring tools and training opportunities.

RESOLUTIONS

Following constructive deliberations, the assembly resolved to implement the following measures to enhance the effectiveness of Interact clubs: **1**Club Patrons to Become Honorary Rotary Members To strengthen mentorship and ensure better alignment between Interact and Rotary, it was agreed that Interact Club Patrons should be made honorary members of their respective sponsoring Rotary clubs. This will create stronger ties and improve guidance for Interactors.

2Use of Rotary Template as a Monitoring Tool

A standardised Rotary template will be adopted to monitor and evaluate the performance of sponsoring Rotary clubs in supporting Interact clubs. This will ensure consistency and accountability in mentorship and guidance.

Annual Training for Rotary Youth Chairs, Club Patrons & Interact District Leaders on Interact Business

Recognising the need for effective leadership, the assembly resolved that Rotary Youth Chairs and Interact Club Patrons should undergo annual physical training on Interact affairs. This will equip them with the necessary skills and knowledge to effectively guide young leaders.

Establishing a Succession Plan for Interact Clubs and District Leadership

To ensure continuity in leadership, each Interact Club and the Interact District Leadership must have a structured succession plan. Going forward, every club will be required to have:

The Interact Learning Assembly at Kyambogo College School marked a significant step towards strengthening the Interact movement. A President (current leader)
A President-Elect (next in line)
A President Nominee (to assume leadership in the future) This framework will promote leadership development and sustainability within Interact.

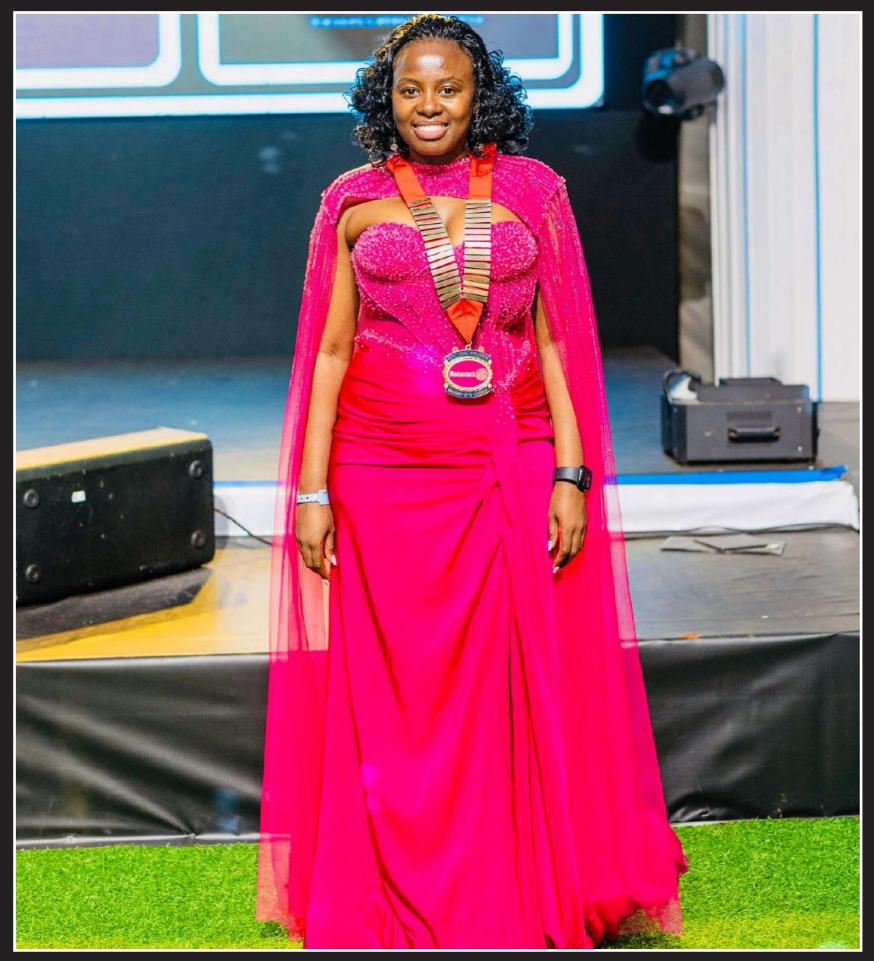
The Interact Learning Assembly at Kyambogo College School marked a significant step towards strengthening the Interact movement. With these resolutions in place, Interact clubs are expected to experience better leadership transitions, improved mentorship, and stronger partnerships with Rotary clubs.

The assembly concluded with a renewed commitment to fostering leadership, service, and growth within the Interact community.





DISTRICT ROTARACTORS REPRESENTATIVE ELECT



Nahabwe takes the crown after six years of serving above self

By Wave Team

famous saying attributed to various sages has it that overnight success comes after ten years of preparation. For Abesage Nahabwe, it has come after six years. Not so bad!

The District Rotaract Representative Elect joined Rotaract six years almost to the day, on May 14th 2019. That is when she got inducted into the Rotary Club of Nangabo.

At Kyambogo University, where she took a Bachelor of Information Technology and Computing, her attributes of hard work were exhibited clearly with an ambitious streak.

Abasage grew up in generally normal circumstances, with an inclination towards the sciences in school. She went to Nyakihita Day & Boarding School in western Uganda. She proceeded to Bweranyangi Girls School where, as a bubbly teenager, she offered physics, chemistry and maths at A'level.

22 THE WAVE |MAY, 2025

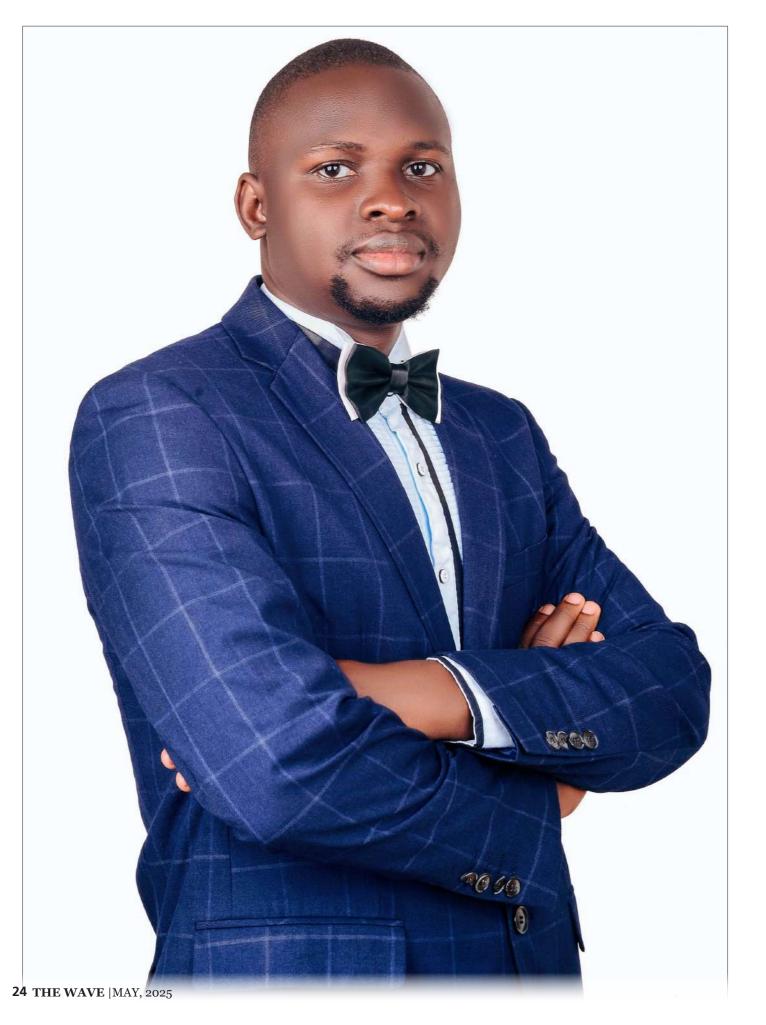
Since graduation, she has worked in her field of ICT as operations manager at Elite International Consultants, and more recently as customer relations manager for World of Inspirations Uganda.

As a Rotaractor, she has served in different capacities. In the club, she first took the Public Image docket, then became Club Treasurer, Vice-President, President and then Club Trainer.

At the District, Abesage has served as Deputy District Trainer, Assistant District Rotaract Representative and Dean of ADRRs for which she was awarded the outstanding District Official in the Amazing Year.

Abesage's mantra that keeps her going while serving in Rotary is simple: *Be the leader you wish to see*, she keeps reminding herself. That explains how she seems to achieve her growth with ease. It has worked for her these six years, it should keep her going for the coming years.

DISTRICT ROTARACT REPRESENTATIVE NOMINEE



Muwanguzi Aims To Be a Winner

By Wave Team

any parents select the name they give to their child in the hope that they will grow to reflect its meaning, or to emulate the person they are named after. In the case of Alex Muwanguzi (meaning "Winner") whatever his parents had in mind when they had him at the start of the millennium is already coming to pass, as the now young man already seems unstoppable.

Though now known nationwide in Rotary circles, Alex has already distinguished himself in the smaller educational and worker circles as a selfmotivated, hardworking individual with a strong passion for service above self. An Information and Communication Technology (ICT) Specialist who trained at Kyambogo University and later Makerere University, he is now a proficient instructor in Technical Education, mostly Electrical Engineering. The District Rotaract Representative Nominee of District 9213 started his Rotary

Alex has already distinguished himself in the smaller educational and worker circles as a selfmotivated, hardworking individual.

journey in the Rotaract Club of Njeru, going on to become the Charter President of the Rotaract Club of Jinja Vocational Training Institute for 2018/2019. Soon, he became the Assistant District Rotaract Representative for Eastern Area in 2020/2021.

From there, Alex went on to become Deputy Chair Planning Implementation, Monitoring and Evaluation 2021/2022, District Grants Qualification and Stewardship Chair 2022/2023, District Membership Growth and Retention Chair 2024 – 2025, District Strategic Planning Chair 2025 – 2026, and also Member of the Strategic Planning Committee.

His participation has seen him enrolled and accomplish Module One of the undergraduate class with The Rotary Leadership Institute; attended several Rotary events, including four DCAS/DISCONS and REI. The DRRN actively supports several Rotaract Clubs in formation to come to life up to the charter stage, and the existing ones with mentorship and technical guidance, so as to contribute to membership development.

At this rate, there is no doubt that Alex Muwanguzi will continue living up to the name he got 25 years ago, not only for himself but for the Rotary Movement.

ROTARY YOUTH LEADERSHIP AWARDS



Breaking Barriers: A Groundbreaking RYLA for the Hearing Impaired

By Maureen Kawombe Tumwebaze **District RYLA Chair**

n April 26th, 2025, the Rotary Youth Leadership Awards (RYLA) programme took a bold and historic step toward inclusivity by hosting its first-ever RYLA for the hearing-impaired. Held at Wakiso Secondary School of the Deaf, this event was a collaboration between the Rotary Club of Kiwenda and the Deaf Sign Alliance. It was not only an inspiring day of learning and growth, but also a powerful reminder that leadership knows no bounds.

The programme was thoughtfully curated to meet the needs of our hearing-impaired participants. Sessions were delivered by outstanding facilitators: Counsellor Molly Nalunga led a reflective journey on self-discovery, Rtn. David Kabiswa engaged the students in teamwork training, and Dr. Ritah Sonko from the Toli Wekka Foundation delivered a much-needed session on mental health. Sign language interpreters from both the school and the Deaf Sign Alliance

were present to ensure that every message was clearly and effectively communicated.

One of the most moving moments came from the testimonies of two deaf youths who shared their stories of resilience. Denis Sebaviga, a tourist guide, urged his peers to embrace confidence and patience, acknowledging the added challenges they face in finding opportunities. His story was a beacon of hope and motivation for all in attendance. The event culminated in a momentous occasion—the chartering of the Interact Club of Wakiso Secondary School of the Deaf. Their first president, Joel Kalokwera, a Form Six student, was installed amidst cheers and celebration. In his acceptance speech, he called on his fellow students to believe in themselves and commit to the leadership lessons they had just received. His confidence and composure marked the start of a new chapter for his school and Rotary in Uganda.

Past District Governor John Ndamira-Magezi, who presided over the chartering, praised the Rotary Club of Kiwenda for its

visionary leadership in promoting inclusion. The school's headteacher, Mr. Richard Stephen Katongole, known for his warmth and humour, expressed heartfelt appreciation to Rotarians and extended a hopeful invitation: "Please come back." Perhaps the most profound takeaway from this event was the reminder that differently abled individuals are not just beneficiaries of Rotary's service; they are capable participants and potential leaders. The joy on the students' faces, their

energetic dancing (yes, they feel the beat through their feet!), and their heartfelt gestures of thanks left an emotional imprint on all present.

Too often, Rotary programs overlook accessibility, few events include sign language interpretation or wheelchair-friendly infrastructure. This RYLA experience highlighted the urgent need for a more inclusive Rotary. If we truly believe in 'Service Above Self', then we must open our programs to everyone, regardless of ability. This was more than just a RYLA. It was a breakthrough. Hopefully, the first of many steps toward a more inclusive and empowering Rotary future.







STATE OF MATERNAL AND CHILD HEALTH

Empowering Families, Nurturing Futures: Rotary's Bold Move to Tackle Maternal and Child Mortality

By Maureen Kawombe Tumwebaze, RC Naalya-States

n the heart of East Africa, a bold and transformative initiative is underway, one that places the health and survival of mothers and children at its core. Rotary District 9213's Maternal and Child Health (MCH) Program, in partnership with Bulamu Healthcare and other key stakeholders, is reshaping Uganda's approach to maternal and neonatal care. Under the banner, Empowering Families, Growing *Futures*, and this programme is a beacon of hope for countless families and a testament to Rotary's power to effect large-scale change.

The statistics speak for themselves: Uganda's maternal mortality rate stands at 227 per 100,000 live births, while neonatal deaths occur in 2% of all births. Many of these tragedies are preventable. The main culprits, delayed decision-making, poor access to healthcare facilities, and lack of quality care upon arrival, have persisted for far too long. Yet solutions exist, and Rotary is stepping up to deliver them at scale.

As part of the Rotary Programmes of Scale initiative, which supports impactful, sustainable projects addressing global challenges, the MCH Programme has set out with ambitious goals: training over 500 maternity workers, equipping more than 200 public health facilities, and reaching over 1.5 million mothers and children across Uganda over four years.

At the heart of this program are evidence-based interventions. Through WHO's Essential Newborn Care (ENC) and Helping Mothers Survive (HMS) standards, clubs in Rotary District 9213 and Bulamu have trained over 256 midwives and supported the resuscitation of more than 2,500 newborns in the last year alone. Facilities like Budaka and Mayuge Health Centres have become hubs for these lifesaving interventions, with Neonatal Care Units (NCUs) and Kangaroo Mother Care (KMC) centres now fully operational.

The impact is already visible. In 2024, more than 76,000 safer births were recorded in partner districts, and emergency C-section rates have increased eightfold, offering critical care where none previously existed. Meanwhile, mobile health tools are being deployed to improve pregnancy tracking and facilitate emergency referrals, benefiting over 50,000 mothers annually.

Community awareness is another vital pillar. Through Rotary clubs' engagement, over 300,000 community members have been educated on the importance of antenatal care, skilled deliveries, and immunisation. Rotary's trusted presence at the grassroots has proved invaluable in shifting cultural norms and encouraging healthier maternal choices.

What sets this program apart is not just its scope but its strategy. Sustainability is built into every layer, from training local health champions and midwifery educators to providing monthly dashboard reports that track quality improvements in care delivery. The program also leverages partnerships with Uganda's Ministry of Health, local governments, and the private sector, ensuring alignment with national strategies and long-term viability.

Perhaps the most poignant story illustrating the program's impact is that of Baby Miracle, as told by Past District Governor John Ndamira-Magezi, the program's team leader. Born lifeless in rural eastern Uganda, Miracle was saved by midwives trained through this initiative. Against all odds, and with no heartbeat at birth, she was resuscitated and is now a thriving, healthy infant; her name is a living symbol of what Rotary's compassion and commitment can achieve.

Looking ahead, the program aims to expand its model across East Africa, sharing lessons and building capacity in neighbouring countries. With projected outcomes including a 50% reduction in maternal mortality in target districts, this effort represents one of Rotary's most impactful health interventions to date in District 9213.

In a world where maternal and newborn deaths remain heartbreakingly common, this MCH Program is proving that change is not only possible—it is happening. And it begins with empowered families, nurtured futures, and the unwavering belief that every mother and every child deserves a healthy start in life.



OUR CLUBS: RC KAMPALA-SSESE

The Rotary Club of Kampala Ssese Islands on Saturday, April 26, 2025, commissioned a Girls' Dormitory at Ddagye Community Rotary School in Kalangala. District Governor Anne Nkutu praised the club for its consistent investment and remarkable contributions toward education and health in the islands, describing them as a model for sustainable community development. Work on the dormitory, valued at UGX 140 million, was supported by contributions from China Road and Bridge Corporation, a subsidiary of China Communications Construction Company. It also donated 20 decker beds for the dormitory, and pledged to construct a perimeter fence around the school.

Rotary 🛞

This Foundation stone commemorates the construction of CRBC Dormitory block at Bweza - Dajje Rotary Community School Laid by Dai Dexin Country Manager CRBC 29/06/2024.















OUR CLUBS: RC KABULASOKE- GOMBA

Economic Empowerment Drive in Mityana

By Rtn Denis Bugembe, Club Administrator and PR

t was a dream come true for some women and youth groups in Mityana as RC Kabulasoke-Gomba organised an economic empowerment workshop at Vine Gardens in Ttamu Division, Mityana Municipality.

St Muggagga Women's Development Group, YPMA and Wamala Growers Employees Association were the beneficiaries of a one-day workshop aimed at equipping and skilling the above women and youth groups in livestock rearing with specific emphasis on hens and other domestic birds.

Participants were sensitised about the different ways of maximising profits from poultry farming, how to control various diseases and pests, how to organise poultry houses, feeding, immunisation, and marketing strategies. Nabanoba encouraged the members to put to good use all that they learned from the workshop to improve their livelihood.

The President of RC Kabulasoke-Gomba, Mrs Margret Nabanoba, thanked the participants for attending. She also thanked the facilitators who gave everything to ensure that the participants received the best. She encouraged the members to put to good use all that they learned from the workshop to improve their livelihood and earn some income at home.

The Chief Guest, Mrs Jane Ssenoga, a Presidential Advisor, thanked the leadership of RC Kabulasoke Gomba for arranging such an important workshop for the people, as they supplement some government programmes like PDM, Emyoga, etc.

The occasion was also graced by the Mayor of Ttamu division in Mityana Municipality Mr Bazzeketta Lukyamuzi, who thanked the organisers of the workshop for assisting his people, particularly the vulnerable groups, to overcome poverty.

The participants were all smiles after the workshop because they were armed with all the necessary tools to engage in a successful and commercial poultry business.





OUR CLUBS: RC LUGOGO-MANGO TREE



A resident of Nakayonza district draws water from community taps on provided by the Rotary Club of Lugogo-Mango Tree

Restoring Life to Nakasongola Communities

By Kalungi Kabuye, PI Chair

espite being only 15km from Lake Kyoga, communities around Nakayonza in Nakasongola district have struggled with getting water for decades. During the dry season, all the boreholes dry up, and the residents travel as far as 20km looking for water.

Life stopped as the search for water became people's most important task; children did not go to school, or if they did, were too tired to pay much attention.

The poor grades of Nakayonza students reflected this. With no water, crops failed, and malnutrition became a major community concern. In addition, their prized cattle would start dying due to the lack of water. And teenage pregnancies were high, as men took advantage of young girls sent to look for water.

Seven years ago, the Rotary Club of Lugogo-Mango Tree started on a project to provide water for the communities, and on the first Saturday of May, all the efforts, money and time spent came to a

head as the Nakayonza Water and Life Improvement Project was commissioned.

"Water is life," said Engineer Lamu Olweny, Assistant Commissioner, Research and Development, representing the Permanent Secretary of the Ministry of Water and Environment. "Without water, you have no life. Nakasongola is one of the districts in the country which is water-stressed; it is difficult to find water, and if you do, the quality is wanting. So we thank the Rotary Club of Lugogo-Mango Tree for coming to help save this community with a constant supply of water of extremely high quality.'

The project, which started in 2017, cost an estimated \$160,000 (sh587m), and was a partnership between RC Lugogo-Mango Tree and the Ministry of Water and Environment. It covers the five villages of Kirenge, Namaato, Nakayonza, Lwabyata and Kaganja, which together have about 10,000 people.

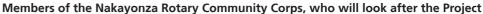
"It has been a labour of love, and although there were some setbacks, we are glad that we can now hand

over the project to the community," said Christopher Nambale, President of RC Lugogo-Mango Tree. "We worked closely with the community through the Rotary Community Corps, and we are sure they will look after and maintain the project." In addition to providing a constant water supply to the communities, the Rotary Club also renovated the Nakayonza Health Centre III, provided equipment and a solar power supply.

"I have lived here since 1979, and water has always been a problem for us," said Grace Nakubulwa, a resident of Lwabyata. "We would wake up early in the morning and walk long distances to go and find water. By the time we got back, we were all tired and couldn't do much work. Our crops suffered, so we didn't have enough food to eat, and our animals were thin and sickly. Many died.

But then the Rotary Club of Lugogo-Mango Tree came, and we sat down and discussed our problems. And they have delivered. We thank them very much. We are very happy. No more problems.'





OUR CLUBS - KIWATULE



Tororo through the CoFIA Project

By AG Marion Natukunda

n Thursday, April 24, 2025, the Rotary Club of Kiwatule proudly visited the PETA community in Tororo, under the Community of Friends in Action (CoFIA) Project. This marked a significant milestone in our commitment to transforming lives through sustainable agriculture.

The day was filled with purpose and promise as we celebrated:

•The successful completion of farmer training programs, which equipped local farmers

with vital skills in modern agriculture and sustainable practices.

• The official handover of agricultural equipment to the CoFIA Demonstration & Training Centre, a boost to productivity and livelihoods.

•A ground-breaking ceremony for a new storage facility, which will serve as a vital link in post-harvest handling and food preservation for the Peta Pakai community.

With all machines delivered on site and construction of the facility underway, the atmosphere was one of optimism and collaboration. This initiative not only uplifts the farmers but also

strengthens food security and economic resilience in the region.

We were especially honoured by the presence of District Governor Anne Nkutu, whose support and participation underscored the importance of this project within the broader vision of Rotary service.

As RC Kiwatule, we remain committed to creating a lasting impact and empowering communities through practical, hands-on development interventions.

The CoFIA project is a shining example of Rotary in action, where partnerships, purpose, and people come together to build a better tomorrow.





GNUT Journey with NaSARRI 2021







DGE HOMECOMING

The Rotary Club of Kampala South held a Homecoming event for its member, Geoffrey Kitakule, who is the District Governor Elect, at Hotel Africana.













38 THE WAVE |MAY, 2025

DGND HOMECOMING

Fabian Kasi, the Managing Director of Centenary Bank, was chosen as the District Governor Nominee Designate for District 9213, which means he will become District Governor for the Rotary Year. 2027-2028 His mother club, RC Kiwatule held a Homecoming reception at the Kabira Club.







Rota

sta

Rotary

Rotary

Club of Kiwatule

Club of Kiwatule







PEACE CONFERENCE









DG'S VISIT - RC KAMPALA









DG'S VISIT - UBL













46 THE WAV



100TH DISCON, JINJA APRIL 10-13TH Day One

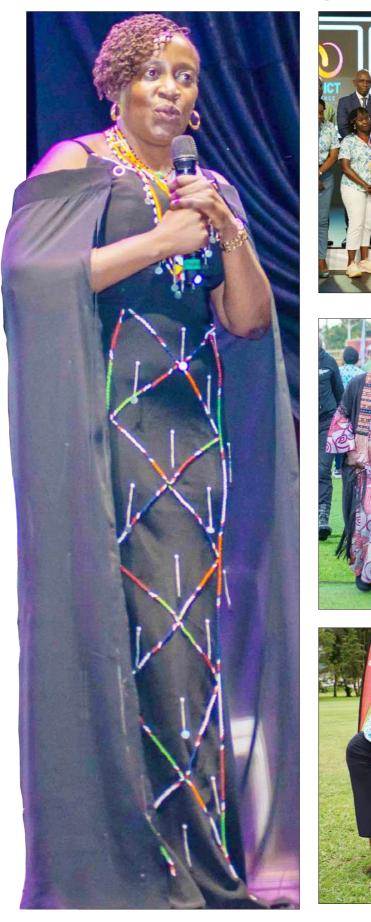








Day Two









100TH DISCON, JINJA APRIL 10-13TH Day Three









50 THE WAVE | MAY, 2025

Day Four



				D92	13 Clubs	5	ndex 20	25			
S/N	Club Name	Name of President Elect	Meeting Day	Meeting Time	Club Meeting Venue	S/N	Club Name	Name of President Elect	Meeting Day	Meeting Time	Club Meeting Venue
1	Acacia Sunset	Jesca Florence	Tuesdays	18:30	Protea Hotel	31	Kampala 7 Hills	Jeremy Mujuni	Fridays	19:00	Mosa Courts
2	Kampala Arua	Zziwa Leni Ndori			Letsuba Hotel	32	Kampala City	Paul Jacob Batte	Saturdays	13:00	Apartments Circuit Lounge
3	Arua Eco City	Grace Amito	Tuesdays	19:00	Hunters Nest Hotel, Arua	33	Kampala Day	Amanya	Thursdays	07:00hrs-	Fairway Hotel and 1 Physical
4	Bugiri	Dr. Abanga Oundo	Thursdays	18:00	Gilgal Hotel		Break	Wilberforce		08:00hrs	fellow at the end of month
	Bugolobi Bugolobi	Prof. Ben Kiregyera	Thursdays	19:00	Silver Springs City Royal	34	Kampala Early Bird	Frank Neil Yiga	Mondays	07:00	Online and Zimbali bistro, Lumumba
	Morningtide	Ivan Mutiibwa Geoffrey	Wednesdays		Hotel City View		BIIU				avenue Kati Kati
	Bujuuko-Kireka	Natumanya James Robert	Thursdays	19:00	Gardens Hotel	35	Kampala Life Stars	Irene Semakula Seryazi	Wednesdays	07:00pm	Restaurant, Lugogo by
8	Bukedea	Ojilong	Thursdays	19:00	Kabira Country		Kampala				pass
-	Bukoto	55	Tuesdays	19:00	Club Conbary Hotel,	36	Maisha Kampala	Wori Emma Marion Nakato	Wednesdays		Roza Dymz The Roots
10	Bulindo	Robert Kayongo	Sundays	17:00	Bulindo JOGGIES	37	Metropolitan	Eduruma	Fridays	19:00	Resaurant Online and
11	Buloba	Sylvia Kyasanku	Tuesdays	19:00	RECREATION CENTER. Mityana Road	38	Kampala Morning Stars	Jolly Twine	Fridays	07:00	Kati Kati restaurant, Lugogo by
12	Busia	Osenda John Stephen	Thursdays	18:00	Dom Royal Hotel	39	Kampala	Sylvia Jagwe	Tuesdays	19:00	pass Ndere Centre
13	-		Tuesdays	18:30	Silver Springs Hotel		Naalya Kampala	Owachi			Hotal Africana,
14	Bweyogerere Namboole	Micheal Nuwagaba	Tuesdays	18:30	Hotel Mamerito -Bweyogerere	40	Naguru	Paul Tuhairwe	Mondays	19:00	Wampewo Avenue
15	Bweyogerere Central	Ayebazibwe Johnstar Mike	Fridays	07:00pm	Unique Hotel (Across Mamerito Hotel),	41	Kampala Palms	Akatukunda Derrick	Fridays	18:00	Hotel Africana, Wampewo Avenue Hotel Africana.
16	E Club of	Eng. Flavia Bwire	Wadaaadaya	10.00	Bweyogerere Jaca Residence,	42	Kampala South	Samuel Sewagudde	Mondays	06:00pm	Wampewo Avenue
	Naguru E Club of Ntinda		Fridays	07:00	Kisasi Online	43	Kampala Springs	Patrick Ford Rukyera	Thursdays	18:30	Silver Springs Hotel, Bugolobi - Old Port Bell
18	E Club of	Gaston	Sundays	19:00	Online		Springs	litukyera			road
-	Uganda Global Elgon Maisha	Byamugisha Rachel Nambuya		18:00	Courts View Hotel, Mbale	44	Kampala	Ssekandi Sunday	Fridays	17:00	Kati Kati Restaurant,
20	Fort Portal	Rev. Fr. Winny Tirtus Abwooli	Tuesdays	18:00	Night Rose Hotel		Sunshine	Geoffrey			Lugogo by pass
					Spartans Lounge	45	Kampala- Central	Marion Muyobo	Wednesdays	18:00	Hotel Africana, Wampewo Avenue
21	Gayaza	Flavia Nzaaro	Sundays	17:00	(Behind Total Energies Petrol station, Nakwero)	46	Kampala-East	Jacqueline Mali	Thursdays	19:00	Hotel Africana, Wampewo Avenue
22	Gulu	Harriet Okunia	Thursdays	18:00	Acholi Inn	47	Kampala-Impala	Nulu Naluyombya	Thursdays	18:00	Kabira Country Club
23	Gulu City	Walter Ladwar	Fridays	18:00 18:00-	Hoima Bufalo	48	Kampala- Kawempe	Sunday Kizito	Fridays	19:00	Hotel La Grande,
	Hoima Kitara	Phillip Kihumuuro Patrick Kibaada		19:00	Hotel (HB Hotel) Ntinda Valley	49	Kampala-Kibuli	Julie Janat Kariisa	Fridays	18:00	Bwaise Hotel Africana, Wampewo
25	Iganga	Mawaali	Tuesdays	18:00	Resort Hotel, Iganga						Avenue Meet online
26	Jinja	Edgar Ronald Rujumba	Wednesdays		Jinja Golf Club	50	Kampala-	William	Thursdays	19:00	& Kati Kati restaurant,
27	Jinja City	Ben Kulaba	Mondays	18:00- 19:00	Speke Courts Kakindu		Mahaba	Sekabembe			Lugogo by
28	Kabarole	Steven Muguuda Murungi	Wednesdays		Toro Golf Club Fort Portal	51	Kampala-North	Charles Lubowa	Mondays	18:00	Protea Hotel,
29	Kabulasoke Gomba	Margaret Nabanoba	Tuesdays	18:00	Makanhill Hotel, Mityana - Wabigalo	52	Kampala-Ssese		Thursdays	18:00	Acacia Avenue Kati Kati Restaurant,
30	Kampala	Rosemary Mutyabule	Thursdays	12:30	Sheraton Hotel		Island	Ssebugwawo	Inarodayo	10.00	Lugogo by pass

				D92	13 Clubs	5	ndex 20)25			
S/N	Club Name	Name of President Elect	Meeting Day	Meeting Time	Club Meeting Venue	S/N	Club Name	Name of President Elect	Meeting Day	Meeting Time	Club Meeting Venue
53	Kampala-West	Anthony Ogalo	Wednesdays	13:00	Kati Kati Restaurant, Lugogo by	77	Kyanja Metro	Nakawunde Carolyn Ssenyonjo	Sundays	17:00	Lishi Resort Hotel
54	Kasana-Luwero	Catherine	Wednesdays	18.00	pass St. Paul Gardens (At	78	Lira	Denis Okii	Tuesdays	06:00- 07:00pm	Margarita Palace Hotel, Police road
04		Tumushabe	weanesdays	10.00	the Catholic church)	79	Lira Metropolitan	Wycliffe Odude	Fridays	17:30	
55	Kasangati	Maureen Birungi	Mondays	19:00	Kasangati Resort Center	80	Lugazi Central	Zaituni Namulumba	Tuesdays	19:00	Stone Castle Hotel, Lugazi
50	Kaa ki	Data K"aa	E da la	07:00-	Georgina Gardens,	81	Lugogo Mango Tree	Chris Nambale	Wednesdays	18:30	Shell Club Lugogo
56	Kasubi	Peter Kiige	Fridays	08:00pm	Lubya (Lower gardens)	82	Makindye	Rosemary Kalanzi	Tuesdays	18:00	The Roots Restaurant,
57	Katakwi	Josephine Nankakaka	Wednesdays	17:30	Petua Gardens			Nakawuka			Kafu Road Plot 4
58	Kayunga	Rebecca Nakiwanuka Harriet	Thursdays	06:00pm	Katikomu Hotel	83	Manyangwa- Nakwero	Johnson Akankwasa	Fridays	19:00	Victors Valley Hotel,
59	Kiboga	Kanyiginya	Tuesdays	19:00	Atkon Hotel						Nakwero The New Court
00	Kigumba	Isaac Mugaanzi	Wednesdays	10.00	Max Hotel Zebra Spot	84	Masindi	Agaba Peridha	Tuesdays	18:00	View Hotel
61	Kira	Millicent Bulafu	Wednesday	19:00	Restaurant & Off site at Spartans Lounge, Nakwero Kiteezi	85	Matugga	Eva Nakimuli	Fridays	07:00pm	Diamonds Lounge, Matugga (Kasengejje Wakiso road after Matugga
62	Kireka Movers	Godfrey Tumusiime	Fridays	19:00	Recreational centre, Kiteezi						Police station) Mt. Elgon
63	Kirinya-Bukasa	Sarah Lwansasula	Wednesdays	19:00	Sox Hotel	86	Mbale	Deborah Siango	Tuesdays	18:00	Hotel
64	Kisaasi-Kyanja- Kampala	Luwemba Stuart	Tuesdays	19:00	Sweetland Gardens	87	Mbale City	Aliwaali Kizito Joe	Wednesdays		Courts View Hotel, Mbale
65	Kitante	Ronald Tusiime	Thursdays	18:00	Protea Hotel, Acacia Avenue	88	Mbale Metropolitan	Julius Wolimbwa	Thursdays	18:00- 19:00	Mbale Courts View Hotel
66	Kiteeezi	Maria Gorreti Nassali Musoke	Fridays	19:00	Kiteezi Recreation Center	89	Mbalwa	Ken Kiggundu (CP)	Mondays	19:00	Aimatt Bar (Road towards UNBS)
67	Kitgum	Patricia Amony	Thursdays	18:00	Bomah Hotel Apartment	90	Mityana	Martin Ssebunya Kawooya	Fridays	18:00	ENRO Hotel, Mityana
68	Kitukutwe	Gad Atuhumuza	Fridays	19:00	ljJuka Restaurant,	91	Mubende	Kassim Balinda	Wednesdays	06:00- 7:00pm	Nakayima Hotel
69	Kiwatule	Winnie Babihuga	Wednesdays	19.00	Kitukutwe Kabira Country	92	Mubende Metro	Doreen Tigah Makune	Wednesdays	17:30	Panorama Suites
	Kiwenda	Dr. Andrew	Sundays	16:00	Club Hill Air Hotel,	93	Mukono	Gerald Aquino Ssessaazi	Wednesdays	19:00	Colline Hotel, Mukono
	Koboko	Mugisa Herbert Gudugwa	Wednesdays	18:00- 19:00pm	Gayaza Blue Dove Hotel, Koboko	94	Mukono Central	Carol Nambalirwa Male	Mondays	19:00	Star Gardens Hotel (near the general
72	Kololo-Kampala	William Kaguma	Tuesdays	18:00 (pm)	Hotel Africana, Wampewo Avenue	95	Naalya States	Allen Agaba	Fridays	15:00	hospital) Emperor Hotel,
73	Kulambiro	Julie Kamisha Irumba	Sundays	17:00	New Bio - Vands, Kulambiro Ring Road		Naggalama	Archilles Kaggwa Magembe	Fridays	18:30- 19:30	Naalya Aarola Hotel
74	Kumi	Winny Akullu	Wednesdays	18:00	North East Villa						Moments Lounge,
75	Kyadondo	Tony Kisadha	Tuesdays	18:30	Uganda Golf Club, Kitante (Last fellowship of	97	Najjeera	Nobert Katsirabo	Thursdays	19:00	Kiwatule (Behind Shell Petrol station)
	Kyambogo-				the month is off site) Sports View	98	Nakasero Central	Davis Asiimwe Barigye	Wednesdays		Kati Kati restaurant, Lugogo by
76	Kampala	Joseph Mutalya	Wednesdays	18:30	Hotel					(pm)	pass

ROTARY CLUBS INDEX



S/N	Club Name	Name of President Elect	Meeting Day	Meeting Time	Club Meeting Venue	S/N	Club Name	Name of President Elect	Meeting Day	Meeting Time	Club Meeting Venue
	Nakawa	Christine Nantambi	Mondays	18:30	Rivonia suites		Source of the Nile	Bernard Lwagale	Thursdays	18:00	Crested Crane Hotel
100	Namugongo	Morris Ogwang	Thursdays	19:00	Ring Road	116	Source of the Nile - Greater Kamuli (Rotary Satellite Club)				
100		Eathan Musaria	,		opp Lifelink Hospital Kyaliwajjala	117	Sunrise- Kampala	Joseph Lule	Tuesdays	07:00	Online and physical at the end of the
101	Nansana	Esther Mwanje Nandya	Wednesdays	19:00	Hotel Ivory						month Piedmont
102	Ŭ	Grace Akalo Sr.	Tuesdays	17:30 18:00-	Galaxy Country Club	118	Tororo	Aggrey Ogongolo	Wednesdays	05:30pm	Hotel (Opp Lions Children
103	Njeru	Benjamin Zimbe	Mondays	19:00pm	Nile Hotel		Tororo Sam-	Denis Okatch	Fridays	18:00-	Park) Rock Classis
104	Nsasa	Drake Bob Kabuye	Thursdays	19:00	Hidden Village Resort	119	Owori		,	19:00	Hotel
105	Ntinda	Julius Sabiti Mugambagye	Fridays	19:00	Nob View Hotel	120	1	Alinange Dan	Fridays	13:00	Rozaho Bistro
	Ntinda	Kenneth Kanyike	Thursday	19:00	Nob View Hotel	121	Wakiso	Lubowa Gyaviira	Sundays	19:00	
	Port-Bell	Carol Kyomugisha	Wednesdays	19:00	Silver Springs Hotel	122	Wobulenzi	Mike Wagaba	Tuesdays	06:00- 07:00pm	Hotel Networth, Wobulenzi
108	Busia Borderline	Bogere Simon	Fridays	18:00- 19:00hrs	Gold Star Resort Hotel,	123	Yumbe	Sumbua Zabibu	Wednesdays	16:00	
					Busia HASTEH	124	Serere	Simon Nicholas Ochan (CP)	Thursdays	18:00	Country Resor Hotel, Serere
109	Mukono- Namilyango	Mable Nankya	Sundays	17:00	Royale Hotel, Seeta- Kirowooza	125	Jinja Metro	Jonathan Musenze (CP)	Friday	19:00	Cisand Hotel, Jinja
					On line.	126	Bugiri Municiplaity	Proscovia Biryeri (CP)	Wednesday	6:00pm	Executive Hotel
110	Saturday E Jazz	Shabella Patience Agodo	Saturdays	18:00	Physical meeting every	127	Nansana Metro	Balam Ankunda (CP)	Fridays	7:00pm	Holy Fam Hotel
110		T allence Agodo			last Saturday of the month	128	Adjumani	Akuku Richard	Thursdays	19:00	Aragan Hotel
111	Seeta	Christine Mutakubwa	Thursdays	19:00	Ridar Hotel	129		Engorok Obin	Saturdays	10:00am	Karibu County Gardens
112	Semuto	Patrick Kibaya	Sundays	17:00	Hilltop Hotel	130	Ssingo Mityana	Dr. Teddy Nalubega			
113	Sonde	Dr. Charles Olaro	Sundays	16:00	Model Gardens, Sonde		Satellite Club of MUK Satellite Club of				
					Landmark	132	Lumino				0
114	Soroti Central	Ochaloi Chris	Tuesdays	18:00	Hotel (Opposite Soroti main market)	133	Up Town Kampala	Immy Nakyeyune Musoke			Canary Hotel Bukoto next to Victoria Hospital





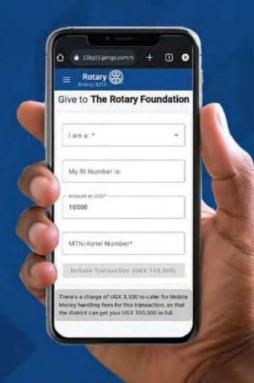
WE

NO LO





Giving made easier



Choose your race

No amount is

too small

Log on to 25by25.jjengo.com

Enter your email address and follow the prompts

You can donate multiple times

#25x25TRFRelay #GivingMadeEasy