

THE WAVE

ISSUE 11 | MAY 2026

Faces of the Future

DRRE ALEX MUWANGUZI
2026/2027

ABESAGE NAHABWE
DRR 2025/2026

DOUGLAS SSEBADUKA
DRRN 2027/2028





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DISCON 101

Editor's Note

Agile, Alert, and Amazing: Lessons from the New Generation

Tina Wamala; of the newly formed RC Uptown Kampala is a professional colleague and a close buddy. When she was recently asked to take on a role in the forthcoming RYLA, she naturally turned to me for honest advice, knowing I have been part of the Rotary family for two decades.

"You will be dealing with young people," I began. "I haven't served at RYLA myself, but I was once a Rotaractor." I continued to explain the dynamics, and she listened intently. Her eventual response told the whole story: "Sheila, thank you. Genuinely, I love being around young people. I find them so interesting. So, yes! Let me go and accept that assignment."

I recalled a similar energy when PDG John Ndamira-Magezi assigned me the task of putting together his Discon coffee table magazine. My co-chair was Bridget Mutumba, a Rotaractor from Seeta. What an energetic young lady! Brilliant, agile, and ever-alert; a spirit, I suppose, that comes with the vibrance of youth.

As we observe Youth Service Month, we celebrate the brilliance and

potential of our dear young selves. Today's Rotaractors have excelled in spaces we didn't even think to explore when we were their age.

It is truly amazing to witness their impact: reading about the community work and hardworking spirit behind Derrick Kabuye's recent accolade, seeing what Past District Rotaract Representative Allan Ntambi Lokoda achieved as the first president of Rotaract Africa, and listening to the visions of outgoing DRR Abesage Nahabwe and incoming Alex Muwanguzi. Following the RYLA performance reports and seeing the great things these youngsters are doing is nothing short of inspiring.

In this issue, we also walk you through the redistricting process so you can identify which district you will belong to come July 1, 2028. Are we ready to miss each other and begin viewing one another as international partners? Oh, how we have grown.

Welcome back from Entebbe, everyone! What a conference. Was anyone else as hooked on the speakers as I was? From the sharp

dress code to the overall

atmosphere, the environment was electrifying, to say the least. To the winners; congratulations. Keep winning, keep showing up, and keep serving. A huge thank you to the organizers for putting together such an incredible event.

We have presented some pictorial moments for you below. As we prepare to hand over to the incoming team, we look forward to supporting a smooth transition. One thing remains certain: we will never forget that #RotaryEyamba has made its mark, and its impact will continue forever.

Rtn Sheila Naturinda
RC- Kampala Central



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RC Kampala South



Esther Mwambu
RC Kampala South



Robert Walakira
RC Kasubi





**RI
PRESIDENT'S**
Message:



Shoki Wafula did not know what to expect when he was forced to leave his birth country of Uganda for South Africa. What he found was a Rotary community that welcomed him with warmth and friendship. That experience inspired him to help create a Rotaract e-club where young leaders from around the world could connect, develop their skills, and serve together.

Today, that community includes members across multiple continents who collaborate on leadership development, peacebuilding, and service initiatives. For Wafula, the experience reinforced the lesson that meaningful service begins with people who feel connected, valued, and empowered to lead.

His story reminds us why Youth Service Month is so important. Through Rotaract and programs like Rotary Youth Exchange, young people build leadership skills, develop global understanding, and discover the impact they can make through service.

Rotary's Action Plan calls on us to enhance participant engagement. At its heart, that goal asks a simple question: How can we ensure that participation in Rotary is meaningful and

fulfilling for everyone? Youth programs and Rotaract provide a powerful answer.

When clubs mentor Rotaractors, host exchange students, or support youth leadership initiatives, they create opportunities for members to share their experience in ways that feel personal and rewarding. These connections deepen members' sense of purpose and strengthen the bonds within our Rotary family.

They also create lasting pathways into Rotary. Thousands of young people complete Rotary programs each year, and they carry those experiences with them throughout their lives. Many remain eager to stay connected.

Organizations such as Rotex International, an association of

former Youth Exchange students, help Rotary program alumni continue serving as mentors, leaders, and advocates for our youth programs. As Rotex co-founder Hans Lee wrote in a recent reflection on Youth Exchange alumni, "exchange doesn't end when you return home."

When we welcome these young leaders into our clubs and activities, we strengthen the continuity of Rotary across generations.

During Youth Service Month, I hope every Rotary club reflects on how youth programs can enhance engagement for new and longtime members. Collaborate on service projects and invite youth voices into your planning and decision making.

Rotary's message to the world is that we can Unite for Good. Youth programs show us how that happens in practice — when generations come together, share ideas, and work side by side in service.

When we invest in young people, we are not only shaping future leaders. We are building a stronger, more connected Rotary today.

FRANCESCO AREZZO
President, Rotary International

Follow the Youth



**DISTRICT
GOVERNOR'S** 
Message:

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Our Youth, Our Future

Uganda is a young nation, full of energy, creativity, and potential. However, many young people face serious challenges, including unemployment, limited access to education, and lack of opportunities. During these challenges, Rotary is empowering youth and transforming lives across the country.

One of the most remarkable contributions of Rotary is in leadership development. Through Rotaract and Interact clubs, young people are given the opportunity to lead, to organize, and to serve. These platforms equip the youth with essential skills such as communication, teamwork, and decision-making. Many young leaders in Uganda today have been shaped through Rotary programs, gaining confidence and a sense of purpose. This year through Rotary Youth Leadership Awards (RYLA), we trained and empowered the young generation. Under Interact RYLA 890 young leaders trained from 94 schools, Under RYLA Skill Up Academy - 250 Youth professionally trained in leadership, digital skills, entrepreneurship, and employability readiness, The RYLA 3-Day Leadership Camp had 320 participants, and the Regional RYLA Wrap-Up trained 150 youth.

Rotary has played a significant role in promoting entrepreneurship and innovation among the youth. Through initiatives like business challenges and mentorship programs, young people are encouraged to think

creatively and develop solutions to real-world problems. They are not only trained to seek jobs—but to create them. The Rotary Club of Upper Kololo program with the Naguru Remand Home is a testimony of how we can transform youth that have had issues with the law into useful citizens.

Rotary has also invested in skills development and vocational training. Across Uganda, young people are learning practical skills such as tailoring, carpentry, mechanics, and information technology. The Boy Child program of Rotary Club of Hoima Kitara has transformed Ghetto Youth by giving them skills that have taken them off the street into productive citizens. These skills open doors to employment and empower youth to build sustainable livelihoods. For many, this has been a turning point from vulnerability to independence.

Rotary encourages youth to actively participate in community service. Whether it is through health campaigns, environmental conservation, or education support programs, young people are learning the value of giving back. It

is heartwarming to see our youth involved in Rotary Health Family days, and initiatives like the Rotaract Earth Initiative. These experiences nurture empathy, responsibility, and a strong sense of citizenship. I would like to congratulate Rotaractor Derrick Kabuye of the Rotaract Club of Kampala South for being recognized as one of the Champions of tomorrow. This shows that as a District we are nurturing future leaders to drive change in our communities. Through peacebuilding and social integration, Rotary brings together young people from diverse backgrounds to promote dialogue, understanding, and unity. In a world where divisions can easily arise, these efforts are crucial in building a peaceful and inclusive society.

However, while Rotary has made tremendous progress, there is still more to be done. Many young people, especially in rural areas, have yet to benefit from these opportunities. Increasing awareness and expanding outreach will ensure that no youth is left behind.

Rotary's impact on the youth in Uganda is both deep and lasting. It is shaping leaders, creating entrepreneurs, building skills, and inspiring a spirit of service. Rotary is not just changing individual lives—it is shaping the future of our nation. Therefore, I ask all young people to embrace these opportunities. So that you can lead, serve, and innovate.

And together, let us build a better Uganda. #RotaryEyamba

Geoffrey Kitakule
District Governor

Derrick Kabuye - The Champion of Tomorrow

What an honour

On 30th March 2026 news came to our mobile gadgets through social media that a one Derrick Kabuye of Rotaract club of Kampala South had flown Uganda's flag high. He was named among six Rotary members and program participants below 30 who were honored as a *Rotary People of Action: 'Champions of Tomorrow'* for improving access to quality education and support services for students in rural Uganda.

Derrick wasn't among the top District Rotaract leaders, so he wasn't a familiar face on the podium. However, we had the chance to meet him, and here is what he shared with us;



WAVE: Derrick. We saw the news. Congratulations. Who are you?

Thank you very much. I am a Ugandan, a Rotaractor, the eldest of 5 children, a believer in service, connections, and the idea that young people can shape the communities they're part of.

I am a storyteller at heart, just one who happens to wear a few different hats. I am a tour operator with Contigo Safaris, focused on crafting intentional, well-thought-out travel experiences that don't just show Uganda, but make

people feel it.

I am also a visual artist, creating impact visual stories in photographs and videos not only for Rotary, but also for other brands and organizations in the country and abroad.

Beyond business, I am deeply rooted in Rotaract. Since 2019, I have grown through the movement and continue to shape it, whether through leadership, building experiences, or creating spaces where young people connect, learn, and move things forward.

I am about people and positive change. I lean into storytelling, digital platforms, and lived experiences to connect ideas, communities, and opportunities. Whether it's a trip, a campaign, or a conversation, I am usually trying to make it count for something a little bigger than the moment.

WAVE: How did you get to this place? Walk us through the award, and the leading events.

It's been a journey that really started long before the recognition itself.

I first got involved with the Nyakijumba school in Kabale district, Western Region of Uganda, in the Kigezi sub-region. I about seven years ago when I had just joined Rotaract. At the time, my role was simple—I was documenting the work visually. Taking photos, capturing moments, and helping tell the story of the community.

As time went on, my involvement deepened. I moved from just documenting to actively engaging, supporting both formal and informal needs assessments, helping shape how the story of Nyakijumba school was shared, and eventually stepping into a



more central leadership role. From around 2022, I was closely involved in coordinating planning meetings, strengthening partnerships with both local and international Rotary and Rotaract clubs, and helping keep the project structured, active, and accountable, amidst the hands-on work on ground like painting, tree planting among many others.

Over time, I naturally became a bridge between the school, the community, and the many Rotary partners involved.

On the recognition itself, it was 11 Oct 2025 when Rashidah, the president of my club texted me on the intention of nominating me for this honour, asking about some more information about me required for the nomination.

Even then, it was humbling because this project has had the hands of so many people including club presidents, members of the club, the community, local and international partners etc. 2 months later, I was contacted by the Rotary International Team for a brief interview on me, and project's story.



On the recognition itself, it was 11 Oct 2025 when Rashidah, the president of my club texted me on the intention of nominating me for this honour, asking about some more information about me required for the nomination.

On 31 January, I was again contacted, this time with a congratulatory letter from Rotary International President Francesco Arrezo.

I didn't know how to feel at that moment honestly, all the work we were doing in Nyakijumba wasn't necessarily for a recognition, but rather a chance to be part of the positive change in the communities we live in.

We were asked not to disclose this information to anyone, but I couldn't keep it from Rashidah who had nominated me, because she had been notified of this news too anyway.

Over the next couple of months before the official announcement in March, I and the 5 other honourees from around the world were constantly in touch with a number of Rotary International Staff in preparation not only for the announcement, but also the responsibility that comes with it.

WAVE: What drives you? Dealing with communities is quite a heavy task on a young person.

What drives me is something I've seen up close for most of my life. I was born and raised by a teacher, and through that, I've witnessed the ripple effect education can have, not just on a



child, but on entire families and communities. One person gets access to the right opportunities, in the right environment, and suddenly the trajectory of a whole household shift. So a lot of what I do is rooted in that belief...that access, especially to education and opportunity, can quietly but powerfully change lives over time.

On the question of working with communities as a young person, it can be heavy, yes, but I don't carry it alone. And I think that's the most important part.

Everything we've done, especially in places like Nyakijumba, has been a collective effort. The community itself plays a central role, the school leadership is deeply involved, my Rotaract club shows up consistently I can say for 10 years now, and we've had incredible support from both local and international partners. My role has often been to connect those

dots, to help keep things moving, and to ensure the story and the impact are much clearer.

That shared ownership makes the work sustainable, and it also keeps it grounded. It stops it from becoming about one person, and keeps it where it should be, about the people and the change happening within the community.

WAVE: What is your message to the youth out there?

Start where you are and take what you have seriously.

A lot of people are waiting for the "right time," the big platform, or perfect conditions to begin, but impact rarely starts that way. It usually starts small, sometimes unnoticed, and grows through consistency. The little things you commit to today can shape something much bigger over time.

Also, don't try to do everything alone. Find your people. Plug into communities, spaces, and movements that are already doing meaningful work, whether that's through platforms like Rotaract or other initiatives around you. You'll grow faster, learn more, and create deeper impact when you're building with others.

Be intentional about how you show up. It's not just about being active, but also about being accountable, understanding the responsibility that comes with leadership, service, and even the platforms you have.

And finally, tell your story. Document your journey, share the work, and let people see what's possible. Not for validation, but because your story might be the reason someone else gets inspired to do things beyond their imagination.



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I sign out with gratitude

“Standing before you today, I look back at a journey that many think began on July 1st, 2025; but which truly started the day I was announced as DRRN at the 99th conference in Munyonyo. It has been pure joy and fulfilling since then.

I feel very privileged to have been selected to serve as the DRR for District 9213. Serving as a team leader for Rotaractors in this District has brought me the true strength of a leader: joy, growth, and fulfillment.

I remember when I visited Orlando for IA before the Rotary year started and making friends with other DRRs- one led a district with only two clubs, and another with eight. When the leader of eight mentioned how tiresome it was to have visited only five clubs, I looked back at the over 100 clubs I have visited. Seeing what Rotaractors have been up to and the impact made in their communities has been one of my greatest joys. It proved

how blessed I am to lead a district that provides the opportunity to meet so many clubs and Rotaractors without ever tiring.

I want to express my sincere appreciation to all Rotaractors of D9213. I am incredibly proud of your achievements, both individually and at the club level. At the beginning of the year, we set out to achieve greatness together, and we have – in some areas, surpassed our targets.

- The Rotary Foundation (TRF): We challenged ourselves to give USD 30,000, but you chose to give more. We have now contributed over USD 35,000.

- Membership & Growth: We aimed for 10 new Rotaract clubs and have achieved 11. We targeted 20 new Interact clubs and now have 36.
- Community Service: We have completed over 600 projects, changing lives and intentionally sharing the Rotaract story with the world.
- Grants & Partnerships: 18 clubs have qualified for global grants toward our target of 20. Notably, 7 clubs won the Rotarians Against Malaria global grant.
- Transition to Rotary: We witnessed over 70 Rotaractors transition to Rotary, surpassing



our target of 50 and proving that with the right encouragement, transition is possible.

Throughout my visits, I reminded us of the first and last goals of Rotaract, and I am proud of the strong leaders we have cultivated. This year, we implemented monthly evaluations to help clubs identify areas for improvement and growth.

Furthermore, I am proud of our innovative reporting system, which allows us to back up data for all clubs. Many thanks go to the PIME team for leading this initiative and to all Rotaractors for adopting it. Thank you for your selfless commitment and for delivering so much this year.

When my Rotaract journey started five and a half years ago, all I wanted was to make someone smile. Over the years, I have made people smile; but this organization has made me smile even more. I have gained much more than I came for: I have made great friends, travelled to new places, and above all, developed leaders, strengthened my own leadership, and impacted lives.

I also learned a lot; and risked my life a lot sometimes! People who truly know me understand how the original Abbie would find it hard to use a Boda Boda for more than ten minutes. Yet, I embraced them because they were the only way to get to five events in a day on time. I remember taking one from Gayaza to Seeta just to balance a class visit with a Rotaract activity; it was the only way to make it in 30 minutes. I have learned how to do “too much” and still be okay. While everyone expects you to be tired, you find yourself stronger.

The 100 Days Challenge: During my official visits in the East, I managed three club visits and an Interact visit in a single day- many other cases followed, but through it all, my team and I remained stronger, happier, and energized. This journey has been a beautiful experience, and I am still going until the 30th of June!

The Numbers:

Rotaract Clubs - **142**, Rotaractors - **3226**,
Honorary rotaractors - **209**

source: district9213.org

Gratitude

I want to thank Rotaract for allowing me to lead while remaining a mother to Brandon, a sister, and a daughter to my family.

To my Family and Brandon: Thank you for your sacrifice. My vibrant family excused my absence from events to let me serve, and Brandon graciously understood when the line of duty called me away.

To my Teams and Mentors:

- District Team & PIME: I appreciate your contribution to our growth and the innovation of our data systems.
- My DES: Thank you for your dedicated service and, above all, your friendship.
- Governor GK: It has been an utmost pleasure serving with you; thank you for your unwavering support of Rotaract.
- Mwanje & Sophie: Thank you for the words that kept me going and the silent mentorship that shaped me into a leader to be proud of.
- Special Thanks: To Sarah O, DYSC Andrew, Alpha Moses, and my classmates Leby and Peter.
- To the Unity Presidents & All Rotaractors: Everything we achieved happened because you presented yourselves to serve. I truly appreciate the time we shared.
- To the Rotarians: I asked for collaboration, and you responded. I am grateful for the many partnerships formed between Rotaractors and Rotarians this year.

And finally, Leadership is rarely a linear path; it is naturally filled with challenges. I recall advising our leaders in Jinja to emulate a river: when a river encounters a barrier, it doesn't cease to exist; it simply shifts its route. I have witnessed our team adapt and evolve through difficulties, reaching our goals in even better condition than when we started, sustained always by faith and divine providence.

As I finish my term, I hope my approach has demonstrated that one can be a powerful, effective leader while still maintaining **unwavering grace**. Although I am passing the torch to a new team, my commitment to service remains. I intend to fulfill the 5th goal of Rotaract when the timing is right, but for now, my focus is on mentoring the next generation and supporting the incoming administration.

To Alex, as you take the lead: do not let the opinions of others distract you if they do not align with who you are. Focus on your mission. Remember:

- Positions are fleeting; impact is permanent.
- Prioritize substance over status.
- Seek out facts rather than being swayed by gossip or trends.
- Strive to be a person of value who honors the value in others.

I sign out with a heart full of gratitude and fulfillment, encouraging each of you to embody the excellence you wish to see in the world.

Abesage Nahabwe

DRR 2025/2026

Rotaract in Africa: Rotary's Boldest Investment in a Sustainable Future

A Continent Powered by Young Change-Makers



By Rtn Allan M. Ntambi

Across Africa's vast and diverse landscape, a quiet revolution is underway led not by governments or multinational institutions, but by young professionals united by purpose. This is the story of Rotaract: a movement that has grown from a youth program into arguably Rotary's most powerful and sustainable engine for change.

Founded in 1968 under Rotary International, Rotaract has evolved into a global network of young leaders across the world. Nowhere is its transformative energy more



Rotaract Earth initiative 2 D9213 and D9214 participants

“

Africa's youthful population places Rotaract at the center of the continents transformation. More importantly, it positions Rotaract as a critical driver of Rotary's relevance in the 21st century.

evident than in Africa; a continent where youthful populations meet urgent development challenges, and where Rotaract is not just participating in sustainability, but redefining it.

Sustainability in Action: From Concept to Community Impact

Rotary defines sustainability as long-term, community-driven impact. In Africa, Rotaract embodies this principle through practical, grassroots solutions that

respond directly to community needs.

One of the most notable initiatives is the Rotaract East Africa Impact (REACT) — a cross-border collaboration involving Uganda, Kenya, Rwanda, Tanzania, and Burundi. Since its inception, REACT has addressed critical areas such as water and sanitation, maternal health, disease prevention, and environmental conservation.

In Uganda, Rotaractors have led tree-planting campaigns and hygiene education in schools. In Tanzania, clubs have supported maternal health by providing essential medical supplies to expectant mothers. In Burundi, water purification initiatives have improved access to safe drinking water.

Equally impactful is the "1000 Smiles Project", which began as an HIV/AIDS awareness campaign but evolved into a multi-sector initiative tackling healthcare, education, and water access in underserved communities.

Even in displacement settings such as refugee settlements, Rotaractors are making a difference. Through income-generating projects like beekeeping and financial literacy programs, they are restoring dignity and building economic resilience among vulnerable populations.

Why Rotaract Is Rotary's Biggest Sustainability Plan

Rotaract's strength lies not just in what it does, but in how it operates.

- First, it is youth-led and locally



DRR Olive Naa Ashley from 9104 presenting a waste receptacle to St Thomas Aquinas school.



Rotaract Earth Initiative D9213

driven. Rotaractors design and implement solutions based on lived experiences, ensuring relevance, ownership, and long-term viability.

- Second, it is scalable and collaborative. Many projects are implemented in partnership with Rotary clubs, NGOs, and international organizations — enabling small community initiatives to grow into regional and global programs.
- Third, it is leadership focused. Every project double as a leadership laboratory, equipping young people with the skills, values, and networks

needed to drive change beyond Rotaract.

This combination makes Rotaract more than a service arm — it is a sustainability ecosystem. By investing in people rather than just projects, Rotary ensures that impact continues long after individual initiatives are completed.

In recent years, Rotary has formally recognized Rotaract as an integral part of its structure not merely a youth wing, but a strategic partner in service.

Across Africa, Rotaract clubs are leading initiatives aligned with global development priorities,



Rotaractors from across the east african community in a project activity in malindi prisons

including clean water and sanitation, disease prevention, education, environmental protection, and economic empowerment.

Africa's youthful population places Rotaract at the center of the continents transformation. More importantly, it positions Rotaract as a critical driver of Rotary's relevance in the 21st century.

The Road Ahead: Africa Leading Rotary's Transformation

Africa is not just participating in Rotary's future — it is shaping it. The continent's Rotaractors are bold, innovative, and deeply connected to the realities of their communities. They are challenging traditional models of service and introducing new approaches grounded in sustainability, inclusion, and impact.

The message is clear: if Rotary seeks to remain relevant in a rapidly changing world, it must continue to invest in Rotaract not as an option, but as a strategy.

Because in Africa, Rotaract is not just supporting sustainability, it is sustaining Rotary itself.

The writer is a Past District Rotaract Representative, and an Immediate Past President, Rotaract Africa

BEFORE THEY ARE READY -

When youth action outpaces our definition of readiness



By Rtn Anne Gamurorwa

We have long told ourselves that young people need time; time to grow, to learn, to prepare. Within Rotary, we have built thoughtful structures around this belief: pathways that invite young people in, support their development, and prepare them for future leadership. Rotaract stands as one of the most vibrant expressions of this intent—a space of energy, learning, and promise.

But something has been shifting; quietly, steadily, and now, unmistakably. The young people we thought were “on their way” did not wait.

They are designing projects, writing proposals, mobilising resources, and delivering results. They are not simply participating in service; they are leading it. Across communities, Rotaractors are driving initiatives with a level of scale and consistency that is difficult to ignore—mobilising environmental action, organising medical outreaches, and engaging local stakeholders in meaningful and sustained ways. These are not isolated efforts, they are coordinated, resilient and impactful. They reflect not only preparation, but practice.

And this shift is no longer anecdotal; it is visible, measurable and increasingly recognised.

Consider the award-winning Elimu Yetu Project by the Rotaract

“

The line between a Rotaractor and a Rotarian is no longer as clear as it once was. It is thinner now; very blurred not by confusion, but by competence, action and by the simple reality that many young people are already doing the very things we once believed required years of preparation.

Club of Kololo, recognised at the DISCON 101 in Entebbe last month. Over three Rotary years, what began as an ambitious idea became a Ugshs 73 million model school kitchen at Naguru Katali Primary School in Kampala. Today, it stands as a benchmark facility, commended for its design, safety, and hygiene. More than the



The Naguru Katali Primary School Kitchen before renovation



The newly renovated Kitchen

structure itself, the project reflects something deeper: young leaders mobilising partnerships, sustaining momentum across leadership transitions and delivering tangible, lasting impact. They are not “before they are ready”—they are already doing the work.

We hear about it in conversations and see it reflected in reports; often expressed with pride, and sometimes with quiet surprise. “They are doing tremendous work,” we say. Yet, in the same breath, we still find ourselves insisting that, “They need time,” as though we are holding onto a script that no longer quite fits the reality before us.

This is where the tension lies.

The line between a Rotaractor and a Rotarian is no longer as clear as it once was. It is thinner now; very blurred not by confusion, but by competence, action and by the simple reality that many young people are already doing the very things we once believed required years of preparation.

In social and behavioural change practice, we are trained to listen carefully—not only to what people say, but to what their actions reveal about where they are in a journey of growth. There comes a point when the language of “not yet

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We hear about it in conversations and see it reflected in reports; often expressed with pride, and sometimes with quiet surprise. “They are doing tremendous work,” we say.

ready” no longer reflects what is being lived.

This feels like that point.

Young people are leading, mobilising, navigating complexity, and—more importantly—learning through doing. They are not waiting to be invited into service. They are already serving.

And so, we are faced with a quiet but important question:

Do we continue to wait for the youth to become what they already are? Or do we begin to adjust our understanding of readiness itself?

This is not a call to dismantle structures or disregard tradition. Rather, it is an invitation to pay closer attention—to recognise that readiness does not always announce itself in expected ways, and that growth is not always linear.

Because young people are not only the future of Rotary.

In many meaningful ways, they are its present.

They did not wait.

And perhaps the more important question now is—why are we still measuring readiness as though they have not already arrived?

The writer is a member of the Rotary Club of Kololo-Kampala



Rotaract Club of Kololo at the Handover of the Elimu-Yetu Project

Our
ROTARY
 Stories

District 9213 Outgrows Itself

How District 9213's extraordinary growth is reshaping Rotary across Uganda by redistricting into two new Districts



By Rtn Peter Nyanzi

In July 2021, when District 9211 was split into two new entities - District 9213, covering most of Uganda, and District 9214, covering Tanzania and parts of Uganda - few imagined that one of the resulting districts would, within four years, face the same question its parent had faced: is it still feasible for a single leadership team to serve

these many clubs and members effectively?

The answer, it turns out, is no. And that is not a failure. It is the kind of problem every Rotarian should want to have.

District 9213 has grown at an annual rate of 11 percent since its formation. As of 2026, it encompasses over 250 combined clubs (Rotary and Rotaract) with more than 7,700 members. To put that in context: its predecessor - the old District 9211, covering both Uganda and Tanzania - had a total of 140 clubs across two countries. D9213 has already surpassed that number within Uganda alone.

District Governor Geoffrey Martin Kitakule does not flinch from stating the obvious. "As I have

“

For a district with over 3,200 active Rotaractors hungry for leadership pathways, this matters enormously. More roles at the district level mean more structured opportunities for talented members to step up, to be mentored, and to build the experience that eventually produces excellent governors and foundation trustees.

observed firsthand," he wrote to Rotarians in November 2025, "these limitations hinder our ability to foster deeper engagement and



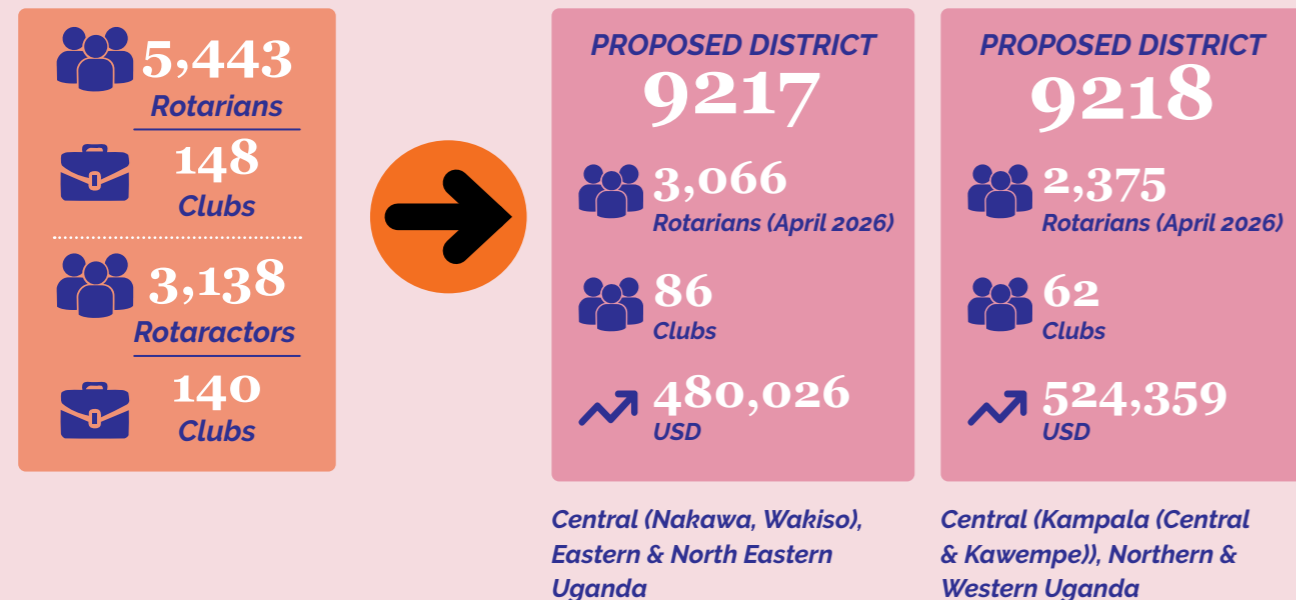
◀◀◀
DGN Jane Kabugo
D9218



▶▶▶
DGN Fabian Kasi
D9217

A District That Has Outgrown Itself

Proposal to Realign District 9213 into Two Vibrant New District



maximize impact." Governors and Assistant Governors, he noted, were struggling to conduct meaningful club visits, provide timely support to underperforming clubs, and mentor leaders on membership retention, project execution, and Foundation giving. The district's very success had become its central structural challenge.

The Decision and the Process

This decision was neither taken lightly nor made alone. DG Kitakule convened a District Redistricting Committee, chaired by PDG Francis Xavier Sentamu, to conduct a thorough review of geography, membership density, and service potential.

At DISCON 101, held in Entebbe last month, PDG Sentamu told Rotarians and Rotaractors that the upcoming redistricting would

focus on strategic maturity and leadership stewardship.

He described the redistricting as not merely a logistical necessity but a sign of the district's "coming of age." The growth in membership and service impact in Uganda has made District 9213 a "powerhouse" that can no longer be effectively served by a single administrative unit.

He added that redistricting is the only way to sustain the momentum of the 'New Style' clubs and the unprecedented induction of young professionals into Rotary in Uganda.

It is important to note that the redistricting initiative came from within. It was not imposed by Rotary International, nor driven by external pressure. It is a home-grown response to home-grown success.

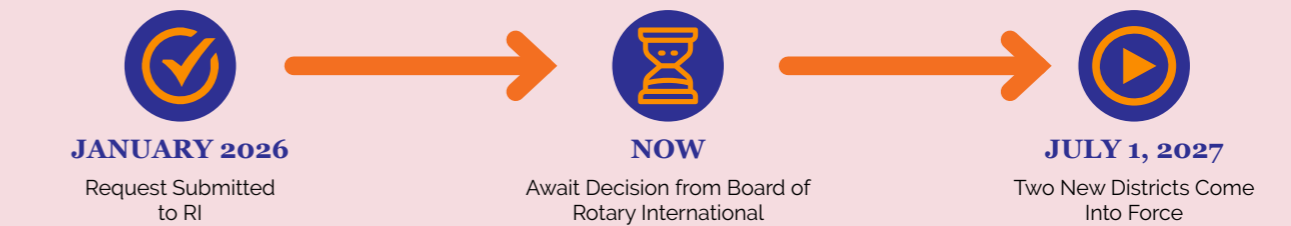
The proposed structure creates two new districts. District 9217 will encompass approximately 80 clubs with around 2,765 members, covering the Central region around Kampala-Nakawa, Eastern Uganda, Mid-Western, and North-Eastern areas including Karamoja. District 9218 will comprise about 62 clubs with roughly 2,540 members, serving the Kampala Central and Kawempe divisions, Northern Uganda, and the Hoima Road corridor. Each new district has been designed around what the planners call 'anchor clubs' - established, financially stable clubs that provide organisational gravity as the new entities find their footing.

What Changes, and Why It Matters

The benefits of redistricting are not theoretical. Every time Rotary has undertaken this kind of structural evolution in East Africa - when

A Strategic Step Forward

Not merely administrative — a strategic evolution to empower leaders, reach communities, and deliver Rotary's mission more effectively.



What This Means for You

- Stronger Relationships**
Closer District leadership means more personalised mentorship, better club visits, and stronger bonds between clubs and their leaders.
- Closer, More Accessible Leadership**
Decentralised governance brings leaders closer to clubs. Faster decisions, quicker responses, and genuine accountability at every level.
- Faster, Sustained Growth**
Local ownership of growth initiatives will empower communities to design relevant programs — sustaining the 11% annual growth rate and beyond.
- Better Rotaract–Rotary Transition**
With 3,293+ active Rotaractors, smaller Districts enable smoother pathways from Rotaract into Rotary and stronger youth mentorship pipelines.

Aligned with Rotary International's strategic vision: vibrant, manageable, and effective Districts

D9200 split into D9211 and D9212 in 2013, and when D9211 divided into D9213 and D9214 in 2021 - membership and total project value have grown within five years. The pattern is consistent: smaller districts, more focused leadership, better outcomes.

What the new structure specifically enables is closer governor engagement. A District Governor with 70 clubs under their supervision can actually visit all of them. They can mentor club presidents in real time, intervene when a club is struggling before the damage becomes permanent, and build the kind of personal relationships that sustain membership. With a district of 142 clubs, that level of engagement is

geometrically harder to achieve.

The leadership pipeline also deepens. Two districts mean two District Governor positions, two sets of Assistant Governors, two district conference teams, two sets of committee chairs. For a district with over 3,200 active Rotaractors hungry for leadership pathways, this matters enormously. More roles at the district level mean more structured opportunities for talented members to step up, to be mentored, and to build the experience that eventually produces excellent governors and foundation trustees.

Smaller districts mean more focused leadership — and in Rotary, focused leadership has always meant better outcomes.

The Zone 22 Dimension

The redistricting of D9213 is not happening in isolation. It coincides with a historic shift at the continental level: the Rotary International Board of Directors, at its January 2026 meeting, unanimously approved a new global zone structure that divides Africa into two zones for the first time. Zone 22 will cover Northern and Western Africa, while the newly created Zone 23 will serve Eastern and Southern Africa — including Districts 9213 and 9214.

Africa's Rotary story is one of the fastest-growing membership regions in the world, and the creation of Zone 23 acknowledges both the scale of that growth and the need for more targeted

governance. Director-Elect Emmanuel Katongole of Uganda, who will represent the zone from July 2026, has described the change as both structural and symbolic - a signal that Africa's voice within Rotary is now stronger, more visible, and more assured. The decision also dovetails with RI President Olayinka Babalola of Nigeria taking the helm in 2026-27, only the second African to hold the organisation's highest office.

For Uganda specifically, the timing is significant. The All Africa Zone Institute for 2026 is being held in Kampala from

September 29 to October 3 - a recognition of Uganda's central role in the continent's Rotary story. Dg213 will host that event while simultaneously navigating the transition toward its own restructuring. It is a moment that captures the district's position: leading, growing, and building institutions strong enough to outlast any single administration.

What This Means for District 9214

District 9214, covering Tanzania and parts of Uganda, shares deep historical and operational ties

with Dg213. Joint events, cross-border Global Grant projects, and shared leadership development have made the two districts natural partners. From July 2027, that bilateral relationship becomes trilateral: Dg214 will now collaborate with two distinct Ugandan partners on large-scale initiatives, country-wide health campaigns, and Foundation programming.

Critically, Dg214 is not scheduled for its own redistricting. That gives it a distinctive role in the emerging regional landscape: an established, stable presence as its neighbours

navigate the growing pains that come with institutional birth. As Districts 9217 and 9218 build new treasuries, governance systems, and administrative systems, Dg214's experience and continuity will be an asset to the wider East African Rotary network.

There is also a healthy competitive dimension. The presence of two new, energised districts in the region will push Dg214 to maintain its pace on membership growth and Foundation giving. In Rotary, that kind of peer pressure tends to lift the entire neighbourhood.

A Pattern Worth Recognising

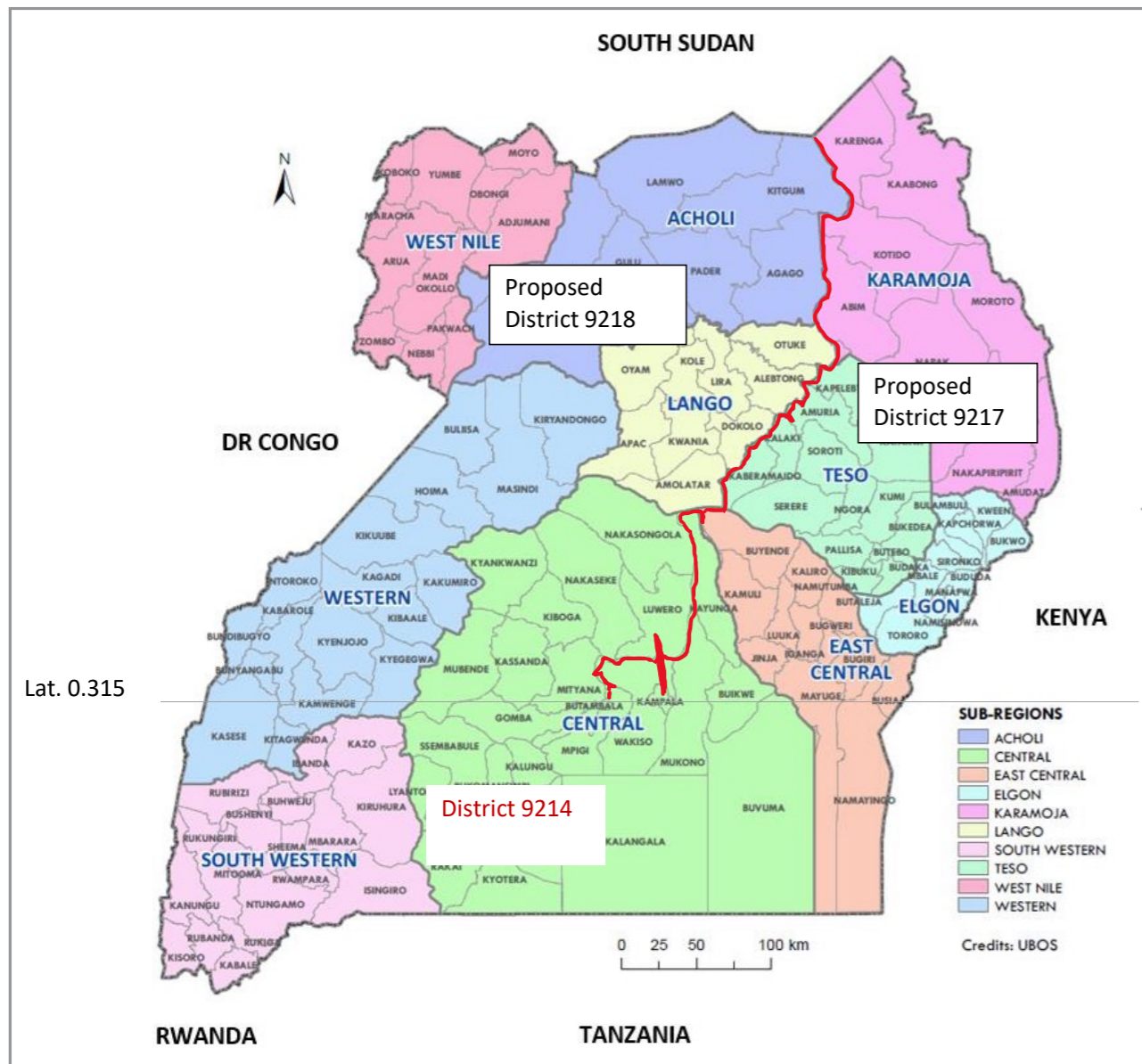
Looking at the arc of Rotary's history in Uganda — from the first club in Kampala in May 1957, through successive redistributions in 1987, 2013, and 2021 — a clear pattern emerges. Every structural evolution has been preceded by growth that outpaced the existing organisational capacity. Every division has produced stronger, more locally responsive entities than the ones that preceded them.

Dg213's story is not an anomaly. It is the latest chapter in a long tradition of Rotary in East Africa growing

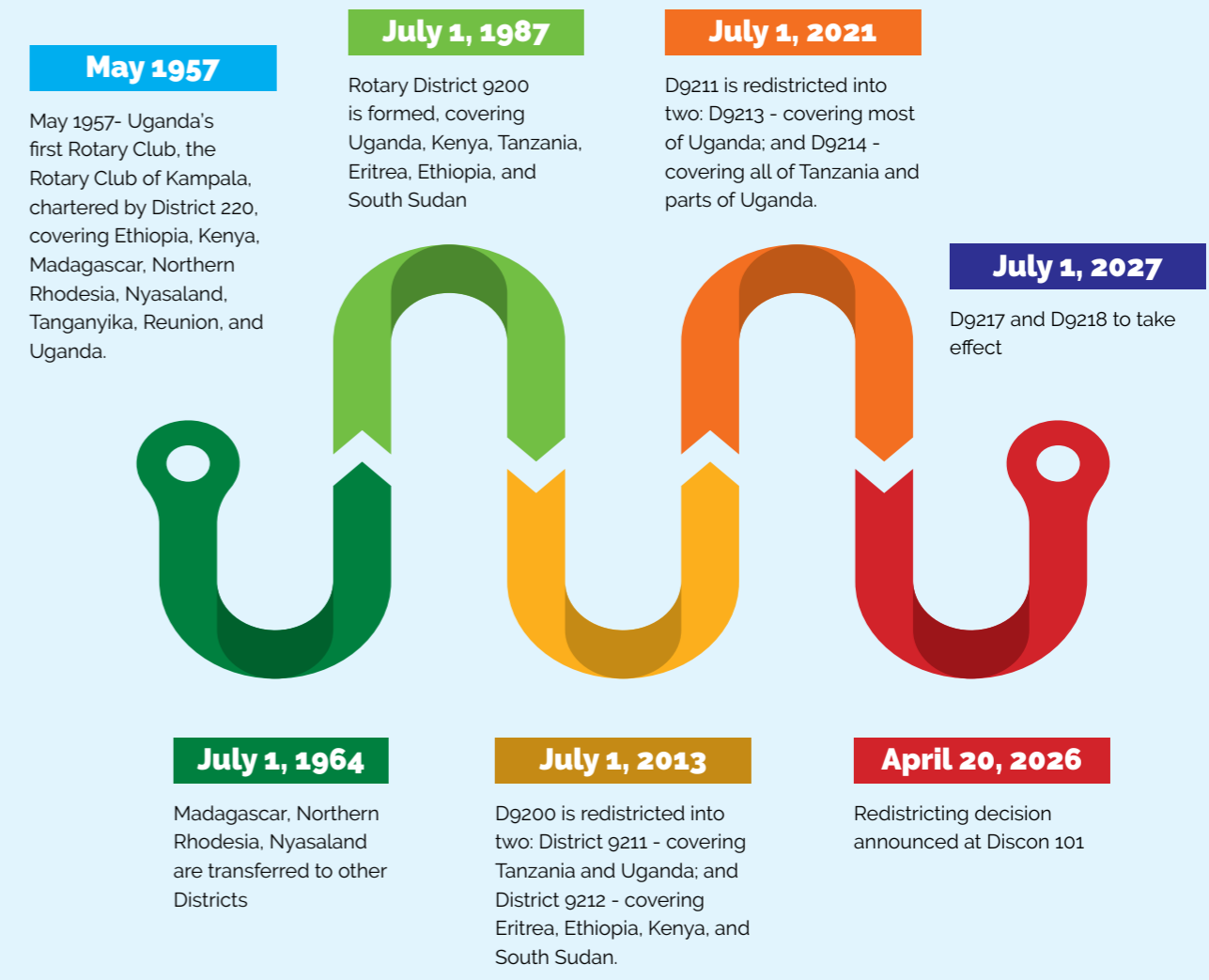
its way toward better governance. The question now is not whether the redistricting will happen - that has effectively been settled. The question is whether the clubs, leaders, and Rotaractors of Districts 9217 and 9218 would carry forward the 11 percent-a-year ambition that made this moment necessary.

If history is any guide, they will. And probably in a decade's time, we may well find ourselves writing a similar story about one of them or both.

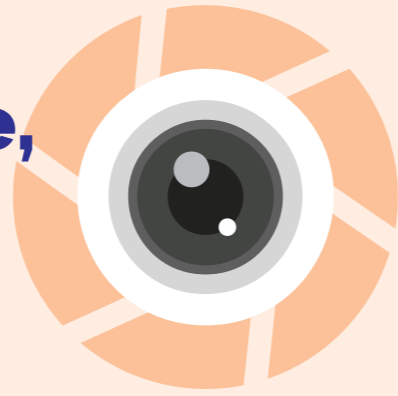
The writer is a member of the Rotary Club of Kampala- Nalyaa



Redistricting Timeline Over the Years



Through My Lens: Service, Stories, and the Family I Found in Rotary



By Rtn Tina Wamala

When we chartered the Rotary Club of Uptown Kampala, I knew I was signing up for service. What I

did not fully grasp then was that I was also signing up for a front row seat to transformation. My own, our clubs, and the communities we touch.

Serving as the Charter Public Image Committee chair has been one of the greatest honours of my life. Public Image is often mistaken for just photos and posters. In reality, it is stewardship. It is the responsibility to see the heart of our work clearly and translate it for the world with honesty, creativity, and care. Every frame, every caption, every story we share is a bridge between a mother at a polio vaccination drive and a donor across the globe. It is how a quiet act of service becomes a ripple that inspires another.

I came into this role with a phone, a passion for storytelling, and a belief that Rotary's impact deserves to



"If you asked me what Rotary is, I would no longer start with meetings or bylaws. I would say this: Rotary is impact you can touch, purpose you can share, and family you can lean on. It is a place where your skills meet the world's needs, and where the world, in turn, teaches you who you are."



Tina during a fellowship

be felt, not just reported. The work quickly taught me to look for the moment within the moment. A child flexing his arm after his polio dose, the look of hope stays with you for a lifetime. A young chess player opening a new textbook we donated to their club, eyes wide at the possibilities on each page. A market woman in Ntinda taking notes during our financial literacy training, later telling us she opened her first savings account that week. These are not just content. They are evidence of dignity restored and futures rewritten.

Curating our club's voice has stretched me. I have had to sharpen my writing and learn how to report on the impact we make. How do we tell stories without exploiting pain? How do we celebrate beneficiaries without reducing them to their need? Rotary's public image standards became my compass. They taught me that respect must lead the lens. That consent matters. That impact is best told when the community holds the mic. Today, our social pages do not just show what we did. They show who we became together during our polio vaccination drive or delivering scholastic materials to the chess club, and after long but fulfilling financial literacy sessions.

The magic has also been in our fellowships. Friday evenings have become my university. One week we were learning about peace, to debating climate action particularly plastic pollution. We have covered entrepreneurship, peacebuilding, and governance. Each speaker expanded my world. Each conversation challenged my assumptions. Through Rotary I now understand that Public image is about policy, partnerships, and the power of listening.

But the deepest learning has been human. Rotary gave me colleagues and left me with family. I have seen people give back to the community – whether that's kneeling to mark a child's finger at a polio drive, and young members patiently explaining budgeting to a grandmother in Ntinda. We disagree, we debate, and then we show up for each other. That is family.

Our recent showing at #DISCON101 brought this home for me. Four awards, including Best Project Supporting Peace & Conflict Resolution, DG's Family of Rotary Award, 2nd Runner-Up for Public Image, and an Excellence Award for our Charter President. I am not just proud of the trophies. I was proud of the Friday nights that built



To DG Geoffrey Martin Kitakule and District 9213, thank you for seeing our work and affirming it. To my club, Rotary Club of Uptown Kampala, thank you for trusting me with our story. You gave me a title, but you also gave me a tribe.

them. The stories we told bravely. The members who said yes again and again.

To anyone considering Rotary, especially young professionals wondering if there is space for your voice - yes there is. Bring your creativity. Bring your questions. Bring your whole self. We need communicators, coders, farmers, artists, accountants, and dreamers. Public Image taught me that every skill has a service translation.

To DG Geoffrey Martin Kitakule and District 9213, thank you for seeing our work and affirming it. To my club, Rotary Club of Uptown Kampala, thank you for trusting me with our story. You gave me a title, but you also gave me a tribe.

I joined to serve. I stay because I belong. And through every post, every project, every friendship, I have learned that positive change is not a solo act. It is a community of people who decide, week after week, that someone else's dignity is worth their time.

I am delighted to be one of them.

The writer is a Charter Member & Public Image Chair of Rotary Club of Uptown Kampala

I Came With Doubt... I Left With Purpose

Writings of a new Rotarian



I will be honest with you—I almost didn't come.

You know how it is when you've just joined something new. Everyone seems to know each other, there are acronyms flying around like boda bodas in Kampala traffic, and you're there wondering, "Eh... have I entered the right place?" That was me, barely a month into joining the **Rotary Club of Buwaate**.

So, when the call came to participate in a service activity at **Abigail Foundation in Namugongo** on **Sunday, 12th April 2026**, I hesitated. I had questions. *Would I fit in? Would I even make a difference?* But something—maybe curiosity, maybe small pressure (Rotarians don't joke with attendance, eh!)—pushed me to show up.

And I am so glad I did.

We arrived at exactly 9:30am, and my goodness—these people were ready for us! Not the usual "we are coming, we are coming" Ugandan

timing. No. The team had prepared like they were hosting VIPs. And in a way, maybe they were—because service has a way of bringing out the royalty in all of us.

The skies, however, had their own plans. The rain came down steadily, as if it wanted to test our commitment. But strangely, it didn't feel like an inconvenience. It felt... intentional. Like the heavens were washing the path ahead of us, clearing the way for something meaningful. You know that kind of rain that doesn't annoy you? That one.

Before that Sunday, **Abigail Foundation** was just a name to me. But stepping into that space in Namugongo changed everything.

Abigail Foundation is not just a centre—it is a home, a safe space, and a quiet revolution happening right in our community. The organisation supports children with disabilities, providing not only care and shelter, but also education, therapy, and life skills that help

them grow into their full potential.

What touched me most is that their work goes beyond the children. They engage families and communities too—helping parents understand their children better and promoting inclusion so that no child is hidden away or left behind.

As we were taken around the facility, I kept thinking, "Eh... *kumbe this is what real impact looks like?*" Not big speeches. Not noise. Just consistent, intentional care.

You could see it in the way the rooms were arranged, in the patience of the caregivers, in the quiet determination in the eyes of the children.

And suddenly, our visit didn't feel like charity. It felt like we had been invited into something sacred.

This was not just a **Rotary Club of Buwaate** activity. We were joined by our friends from **Rotary Club of Uptown Kampala** and **Rotary Club of Kampala South**. The energy of partnership was everywhere—



laughter, warm greetings, and those small jokes Rotarians make when they are pretending to be serious.

And then, the District Governor, Geoffrey Kitakule, arrived as the Chief Guest.

In his speech, he shared a deeply personal story about how his own family had faced a similar challenge to what some of the children at the foundation experience. The room went quiet. It became real.

His message was clear—this is not a one-day effort. He challenged us to think beyond today, to be innovative, and to commit to solutions that are sustainable.

I remember thinking, "So Rotary is not just about meetings and tea... this one is serious work."

At some point during the visit, something happened that I will never forget. One of the children had an accident.

Now, in our usual Ugandan settings, emergencies can sometimes come with confusion. But not here. The caretakers moved with such speed and coordination—honestly, even Sonic the hedgehog would have struggled to keep up!

There was no panic. No shouting. Just calm, swift action.

And in that moment, I saw something powerful: love in motion.

These were not just caregivers. They were protectors of dignity, guardians of hope. It humbled me deeply.

We were later introduced to the caretakers.

There were smiles... and there were tears. Not loud tears—but the quiet kind that sit in your eyes and say, "Thank you for seeing us."

Even some of our strong Rotarians—you know the ones who are always composed—had eyes that were suspiciously shiny. (Let's just agree it was the rain or an insect that fell in the eye!)

We had brought items to support the foundation. But it was not just about handing them over. We carried them in ourselves.

Through the damp ground, through the drizzle, we lifted, passed, arranged. And somehow, every item felt heavier—not because of its weight, but because of its meaning.

It was not just soap. It was dignity. Not just food. It was care.

Not just supplies. It was hope.

And as we moved together—laughing, almost slipping in the



mud (don't worry, Rotary dignity remained intact!)—I felt something shift inside me.

When Harriet Nampero, the founder of the foundation, spoke, her joy was unmistakable. It was not rehearsed. It was real.

She thanked the Rotarians with a warmth that made you feel like you had done something meaningful—even if all you did was show up.

And maybe that's the lesson.

Sometimes, showing up is everything.

Let me answer the question I came with that morning - **Yes. I am staying.**

Because Rotary is not what I thought it was. It is deeper. It is more human. It is not just about meetings and titles—it is about moments like these, where you encounter humanity in its rawest and most beautiful form.

I came with doubt. I left with purpose.

And if this is what it means to be a Rotarian, then count me in—not just for the next meeting, but for the journey ahead.

(And next time, I am not hesitating. Even if it rains... or pours... or Kampala floods completely—we move!) ••x

ROTARY DISTRICT 9213 DISCON 101 RECOGNITION & AWARDS 2025/2026



District 9213 Service Awards 2025-2026

SERVICE PROJECTS

These awards recognise Rotary Clubs with projects that made an impact on the community and are utilising the Foundation's resources to bring lasting change in communities.

GLOBAL GRANT PROJECTS AWARD

To the club with the most impactful Global Grant projects being implemented this Rotary Year

Rotary Club of Kasangati	2 ND RUNNER UP
Rotary Club of Kampala South	1 ST RUNNER UP
Rotary Club of Kampala Sse Islands	<u>WINNER</u>

NEW GLOBAL GRANTS AWARD

To the Club with the largest number of new Global Grants applications that have been cleared by the District Grants Committee this Rotary Year

Rotary Club of Elgon Maisha	2 ND RUNNER UP
Rotary Club of Kampala	1 ST RUNNER UP
Rotary Club of Kampala Sse Islands	WINNER

CONSOLIDATION, SUSTAINABILITY AND IMPACT AWARD

To the Club that has demonstrated continuous development of their projects

Rotary Club of Wakiso	2 ND RUNNER UP
Rotary Club of Kampala Metropolitan	1 ST RUNNER UP
Rotary Club of Sonde	WINNER

JOINT COLLABORATION AWARD

To Clubs that have partnered with other Rotary or Rotaract clubs and other non-rotary entities to accomplish service projects

This Award is presented to the Menstrual Cup Distribution & Education Uganda Initiative Collaboration, led by the Rotary Club of Kyanja Metro in partnership with the following collaborating clubs

Rotary Club of Kiwenda	WINNER
Rotary Club of Kitukutwe	WINNER
Rotary Club of Kulambiro	WINNER
Rotary Club of Kasangati	WINNER
Rotary Club of Ngora	WINNER
Rotary Club of Nsasa	WINNER
Rotary Club of Serere	WINNER
Rotary Club of Masaka	WINNER
Rotary Club of Bugiri	WINNER
Rotaract Club of Kampala Central	WINNER

INNOVATION AWARD

To the Club that has demonstrated imagination, ingenuity, creativity and inventiveness in the design and execution of its service projects.

Rotary Club of Kampala Naalya	2 ND RUNNER UP
Rotary Club of Jinja	1 ST RUNNER UP
Rotary Club of Iganga	WINNER

District 9213 Service Awards 2025-2026

BEST PROJECT SUPPORTING MATERNAL AND CHILD HEALTH

To the Club that has the most impactful Non-Global Grant projects supporting Maternal and Child Health

Rotary Club of Iganga	SMALL - WINNER
Rotary Club of Kampala Metropolitan	MEDIUM - WINNER
Rotary Club of Kira	LARGE - WINNER
Rotary Club of Sonde	MEGA - WINNER

BEST PROJECT SUPPORTING PEACE BUILDING AND CONFLICT PREVENTION

To the Club that has the most impactful Non-Global Grant projects supporting Peace Building and Conflict Prevention/Resolution.

Rotary Club of Naggalama	SMALL - WINNER
Rotary Club of Uptown Kampala	MEDIUM - WINNER
Rotary Club of Bulindo	LARGE - WINNER
Rotary Club of Bweyogerere Namboole	MEGA - WINNER

BEST PROJECT SUPPORTING DISEASE PREVENTION AND TREATMENT

To the Club that has the most impactful Non-Global Grant projects supporting Disease Prevention and Treatment.

Rotary Club of Kampala First Aid and Emergency Response	SMALL - WINNER
Rotary Club of E Club of Uganda Global	MEDIUM - WINNER
Rotary Club of Jinja	LARGE - WINNER
Rotary Club of Sonde	MEGA - WINNER

BEST PROJECT SUPPORTING ENVIRONMENT

To the Club that has the most impactful Non-Global Grant projects supporting the Environment.

Rotary Club of Kampala Kibuli	SMALL - WINNER
Rotary Club of Gayaza	MEDIUM - WINNER
Rotary Club of Sunrise Kampala	LARGE - WINNER
Rotary Club of Sonde	MEGA - WINNER

BEST PROJECT SUPPORTING WATER, SANITATION AND HYGIENE

To the Club that has the most impactful Non-Global Grant projects supporting Water, Sanitation and Hygiene

Rotary Club of Nansana Metro	SMALL - WINNER
Rotary Club of Wakiso	MEDIUM - WINNER
Rotary Club of Bukoto	LARGE - WINNER
Rotary Club of Kampala South	MEGA - WINNER

BEST PROJECT SUPPORTING BASIC EDUCATION AND LITERACY

To the Club that has the most impactful Non-Global Grant projects supporting Basic Education and Literacy.

Rotary Club of Kampala Life Stars	SMALL - WINNER
Rotary Club of Acacia Sunset Kampala	MEDIUM- WINNER
Rotary Club of Najjeera	LARGE - WINNER
Rotary Club of Sonde	MEGA - WINNER

BEST CLUB PROJECT SUPPORTING ECONOMIC COMMUNITY DEVELOPMENT

To the Club that has the most impactful Non-Global Grant projects supporting Community Economic Development.

Rotary Club of Naggalama	SMALL - WINNER
Rotary Club of Kitante	MEDIUM - WINNER
Rotary Club of Bulindo	LARGE - WINNER
Rotary Club of Upper Kololo	MEGA - WINNER

DISTRICT GOVERNOR'S SPECIAL AWARDS

Service Project Award

In recognition of innovative execution of a project under the area of focus: Water, Sanitation, and Hygiene (WASH)

Rotary Club of Yumbe



District 9213 Service Awards 2025-2026

MEMBERSHIP DIVERSITY AWARD

To the Club with the most diverse membership this Rotary Year.

Rotary Club of Serere	2 ND RUNNER UP
Rotary Club of Sonde	1 ST RUNNER UP
Rotary Club of Jinja City	<u>WINNER</u>

ROTARACTOR TRANSITION AWARD

To the Club that has transitioned the highest percentage of Rotaractors to Rotary from July 1, 2025

Rotary Club of Kampala Day Break	<u>WINNER</u>

MEMBERSHIP EXTENSION AWARD

To the Club that has made the greatest contribution to membership extension through the formation of new Rotary Clubs , Rotaract Clubs, Interact Clubs and RCCs this Rotary Year.

Rotary Club of Wakiso	2 ND RUNNER UP
Rotary Club of Bukeerere	1 ST RUNNER UP
Rotary Club of Kasangati	<u>WINNER</u>

FAMILY OF ROTARY AWARD

To the Club that has excelled in promoting the ideals of the Family of Rotary by involving family members, supporting youth programs, promoting strong family values, and creatively sharing their efforts during this Rotary Year.

Rotary Club of Upper Kololo	2 ND RUNNER UP
Rotary Club of Kampala South	1 ST RUNNER UP
Rotary Club of Wakiso	<u>WINNER</u>

MEMBER PARTICIPATION AND ENGAGEMENT

To the Club with the largest average percentage of members attending key Club activities.

Rotary Club of Kampala 7 Hills	2 ND RUNNER UP
Rotary Club of Bweyogerere Namboole	1 ST RUNNER UP
Rotary Club of Upper Kololo	<u>WINNER</u>

YOUTH MENTORSHIP AND ENGAGEMENT AWARD

To the Club that have actively partnered with Rotaract and Interact Clubs and taken on initiatives that support professional development among the youth.

Rotary Club of Bweyogerere Namboole	2 ND RUNNER UP
Rotary Club of Kiwenda	1 ST RUNNER UP
Rotary Club of Kira	<u>WINNER</u>

DISTRICT GOVERNOR'S SPECIAL AWARDS

Fellowship and Engagement Award

Recognizes a club that has hosted family of rotary fellowship activities

- Rotary Club of Iganga
- Rotary Club of Hoima Kitara
- Rotary Club of Acacia Sunset
- Rotary Club of Kololo Kampala
- Rotary Club of Namugongo
- Rotary Club of Najjeera
- Rotary Club of Kampala Naalya
- Rotary Club of Kampala East
- Rotary Club of Uptown Kampala
- Rotary Club of Kampala South
- Rotary Club of Buwaate
- Rotary Club of Wakiso
- Rotary Club of Kulambiro
- Rotary Club of Kiwatule
- Rotary Club of Kira



**District 9213 Service Awards
2025-2026**

RYLA AWARD

To the Club that has demonstrated exceptional commitment to leadership, development and engagement in RYLA this Rotary Year. The top three (3) Clubs will be awarded

Rotary Club of Nansana	2ND RUNNER UP
Rotary Club of Kampala Day Break	1ST RUNNER UP
Rotary Club of Sunrise Kampala	WINNER

REGIONAL DISCON ATTENDANCE AWARD

To the Club with the highest percentage of fully registered and paid-up members for the 101st District Conference

North - Rotary Club of Arua Eco City	WINNER
East - Rotary Club of Soroti Central	WINNER
West - Kabulasoke Gomba	WINNER
Central - Rotary Club of Kampala South	WINNER

DISCON LONG DISTANCE AWARD

To the Club that has travelled the longest distance to the 101st DISCON

Rotary Club of Arua	WINNER
Rotary Club of Arua Eco City	WINNER

CLUB GOVERNANCE AWARD

To the Club that has demonstrated very high levels of good governance.

Rotary Club of Kampala South	2ND RUNNER UP
Rotary Club of Kampala Springs	1ST RUNNER UP
Rotary Club of Makindye	<u>WINNER</u>



**District 9213 Service Awards
2025-2026**

PUBLIC IMAGE

These awards recognize Clubs for building awareness of Rotary work and the Rotary brand in the community

Club Bulletin Award

To the Club that has published a regular bulletin that is informative and widely circulated using different channels, and with Rotary compliant branding.

Rotary Club of Sonde	2ND RUNNER UP
Rotary Club of Kasangati	1ST RUNNER UP
Rotary Club of Kira	<u>WINNER</u>

Public Image Award

To the Club that has best promoted Rotary’s visibility this Rotary Year.

Rotary Club of Uptown Kampala	2ND RUNNER UP
Rotary Club of Kira	2ND RUNNER UP
Rotary Club of Kampala Ssese Islands	1ST RUNNER UP
Rotary Club of Sonde	<u>WINNER</u>
Rotary Club of Kampala South	<u>WINNER</u>

Social Media Award

To the Club that has best utilized social media to promote Rotary visibility/work this Rotary Year.

Rotary Club of Kampala City	2 ND RUNNER UP
Rotary Club of Kampala Ssesse Islands	1 ST RUNNER UP
Rotary Club of Kampala South	<u>WINNER</u>

Rotary Eyamba Award

To the Club that have made a positive impact in their communities and effectively showcased that impact through compelling stories shared in club bulletins, the Wave, or other official media platforms.

Rotary Club of Kampala South	2 ND RUNNER UP
Rotary Club of Sonde	1 ST RUNNER UP
Rotary Club of Kampala Ssesse Islands	<u>WINNER</u>

Technology and Innovation Award

To the Club that has actively promoted learning among their members and embraced innovation in how they operate and serve. Whether through encouraging use of Rotary's learning tools, adopting fresh approaches to project delivery, or finding better ways to engage members, these clubs are building a culture of growth and creativity.

Rotary Club of Kampala Early Bird	2 ND RUNNER UP
Rotary Club of Upper Kololo	1 ST RUNNER UP
Rotary Club of Kampala South	<u>WINNER</u>

District 9213 Service Awards 2025-2026

THE ROTARY FOUNDATION

These awards recognize Clubs for supporting the Rotary Foundation

THE ROTARY FOUNDATION AWARD

To a Club that has made the highest financial contribution to The Rotary Foundation (TRF) programs added together, including the Annual Programs Fund, Endowment Fund, Polio Plus Fund and direct contribution to Global Grants funding this Rotary Year.

Small Category	Rotary Club of Bugiri - WINNER
Medium Category	Rotary Club of Kampala Springs - WINNER
Large Category	Rotary Club of Kampala Central - WINNER
Mega Category	Rotary Club of Upper Kololo - WINNER
Overall Winner	Overall Winner is - Rotary Club of Upper Kololo

THE ROTARY FOUNDATION (TRF) PER CAPITA REGIONAL AWARD

To a Club that has made the highest financial contribution to The Rotary Foundation (TRF) programs added together, including the Annual Programs Fund, Endowment Fund, Polio Plus Fund and direct contribution to Global Grants funding this Rotary Year per region.

Club	Region/Status
Rotary Club of Kitgum	North/ WINNER
Rotary Club of Mbale Metropolitan	East/ WINNER
Rotary Club of Upper Kololo	Central / WINNER

EVERY ROTARIAN EVERY YEAR (EREY) AWARD

To a Club where every member has contributed at least US\$100 to any TRF programs this Rotary Year. All clubs that qualify will be awarded.

Club	Status
Rotary Club of Mbale Metropolitan	WINNER

POLIO PLUS AWARD

To a Club that has made the highest financial contribution to Polio Plus Fund this Rotary Year.

Club	Status
Rotary Club of Upper Kololo	2 ND RUNNER UP
Rotary Club of Kampala Day Break	1 ST RUNNER UP
Rotary Club of Kira	WINNER

PAUL HARRIS FELLOWS (PHF) AWARD

To a Club that has the largest percentage of members that have made a financial contribution to TRF and received a new PHF pin (also includes Multiple PHFs and Benefactors)

Club	Status
Rotary Club of Kira	2 ND RUNNER UP
Rotary Club of Upper Kololo	1 ST RUNNER UP
Rotary Club of Kiwatule	WINNER

PAUL HARRIS SOCIETY (PHS) AWARD

To a Club that has registered the largest number of Paul Harris Society members this Rotary Year.

Club	Status
Rotary Club of Kira	2 ND RUNNER UP
Rotary Club of Kampala South	1 ST RUNNER UP
Rotary Club of Upper Kololo	WINNER

MAJOR DONOR AWARD

To a Club that has registered the largest number of new Major Donors, Bequest Society and Arch Klumph this Rotary Year.

Club	Status
Rotary Club of Sonde	2 ND RUNNER UP
Rotary Club of Kiwatule	2 ND RUNNER UP
Rotary Club of Kyadondo	1 ST RUNNER UP
Rotary Club of Kololo Kampala	1 ST RUNNER UP
Rotary Club of Kampala Ssesse Islands	1 ST RUNNER UP
Rotary Club of Upper Kololo	WINNER
Rotary Club of Kira	WINNER



District Governor's Special Awards

Recognises a club that have given over 10,000dollars and above towards to the Rotary Foundation in this rotary year

- [Rotary Club of Upper Kololo](#)
- [Rotary Club of Kampala Central](#)
- [Rotary Club of Kampala North](#)
- [Rotary Club of Kampala Springs](#)
- [Rotary Club of Kololo Kampala](#)
- [Rotary Club of Kampala South](#)
- [Rotary Club of Kampala Ssese Islands](#)
- [Rotary Club of Kampala Day Break](#)
- [Rotary Club of Kira](#)
- [Rotary Club of Kyadondo](#)
- [Rotary Club of Kitante](#)
- [Rotary Club of Najjeera](#)
- [Rotary Club of Sunrise Kampala](#)
- [Rotary Club of Kiwatule](#)
- [Rotary Club of Sonde](#)
- [Rotary Club of Namugongo](#)
- [Rotary Club of Manyangwa Nakwero](#)
- [Rotary Club of Kasangati](#)
- [Rotary Club of Kampala](#)
- [Rotary Club of Bweyogerere Namboole](#)
- [Rotary Club of Kisaasi Kyanja Kampala](#)
- [Rotary Club of Nansana](#)
- [Rotary Club of Acacia Sunset Kampala](#)
- [Rotary Club of Kampala East](#)
- [Rotary Club of Mukono](#)
- [Rotary Club of Gayaza](#)
- [Rotary Club of Bukoto](#)
- [Rotary Club of Kampala City](#)
- [Rotary Club of Bugiri](#)
- [Rotary Club of Kulambiro](#)
- [Rotary Club of Kampala Early Bird](#)

District Governor's Special Awards

PolioPlus Champion Award: Recognizes clubs that have given a minimum per capita giving of USD 150 and above to Polio-Plus fund.

Rotary Club of Kampala Day Break	Winner
Rotary Club of Kira	1 st Runner Up

District Governor's Special Awards

Highest Giving through Give & Impact Award: Recognizes the club that has raised the most funds through the official Rotary fundraising app (give & impact)

- **Rotary Club of Buloba**
- **Rotary Club of Kisaasi Kyanja Kampala**
- **Rotary Club of Mukono**

District Governor's Special Awards

Major Gifts Award: Recognizes clubs that have registered individual outright contributions of US\$10,000 or more

- **Rotary Club of Kampala Springs**
- **Rotary Club of Kampala North**
- **Rotary Club of Upper Kololo**
- **Rotary Club of Kampala Day Break**
- **Rotary Club of Bugiri**
- **Rotary Club of Kampala Central**
- **Rotary Club of Namugongo**

District 9213 Service Awards 2025-2026

President of the Year	Rtn Filbert Kinyanda
Rotary Club of the Year	Rotary Club of Upper Kololo
District Official of the Year	Rtn Joyce Odoki Sadoori
Assistant Governor of the Year	Rtn Claire Rukundo Amanyamba
Best Performing District Committees	
<ul style="list-style-type: none"> • District Rotary Foundation Committee • District Rotary Public Image Committee • District Family of Rotary Committee • District Conference Committee • District Conference Mobilisation Sub Committee • RYLA Committee • District Governor's Mobility Committee 	
Discon Attendance Award	Rotary Club of Kampala South



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DISCON 101 *in Pictures*



MAJOR GIFT INITIATIVES: Area of Focus



By Rtn. Peter Isabirye

Fundraising Basics:

"Kindness, generosity and altruism are the currency of social interaction and no society can do without them"

Raising money plays a key role in allowing Rotarians carry out project that make long lasting changes in the world

"Fund raising is the gentle art of teaching the joy of giving"—Henry Rovvo

The idea of taking part in fundraising may be uncomfortable for many people. Talking about money can be sensitive — and asking for money is even more so. Whether you're selling tickets to an event, promoting a crowdfunding site, or making direct requests for donations, it is natural to feel awkward or nervous at first.

But you can learn to become more confident as a fundraiser. By understanding the principles of successful fundraising, using the best approaches and methods, and practicing often, you can develop the skills that will make you an

effective fundraiser and allow you to help causes and organisations you care about.

Many methods and mediums can connect potential donors to important causes. Examples of fundraising are everywhere — ads on television, posts on social media, flyers in the mail. As a fundraiser, your main goal is to give donors the opportunity to invest in an idea or organisation that will have a positive effect.

Let's begin by talking about some attributes that successful fundraisers have.

Five characteristics of successful fundraisers:

Effective fundraisers have five main qualities in common. As you read, consider which ones come naturally to you and which ones you can improve through learning and practice.

- **Curiosity**

You want to learn as much as possible about prospective donors, including their backgrounds and goals. You use this information to connect them with giving opportunities that match their interests and will inspire them to donate.

- **Creativity**

You are a strong storyteller who can adjust your approach to meet a donor's motivations or interests. You embrace flexibility and use it to devise the best giving opportunities for potential donors.

- **Capable of building connections**

You are passionate about building relationships with others. Those relationships help you understand what matters to donors or potential donors and how they want to make an impact.

- **Credibility**

You act in the best interest of the organisation or cause you serve, but also with respect for donors. You protect the privacy of donors and potential donors.

- **Confidence**

You believe in your cause and are an effective advocate for it. You show your professionalism through preparation, commitment, and conviction.

"We are what we repeatedly do, excellence then is not an act but a habit, it is in essence a prevailing attitude"—ARISTOTLE

Summary:

Developing your curiosity, creativity, credibility, confidence, and ability to make connections will give you solid skills for successful fundraising. Which areas will you focus on strengthening

Four steps to success

Engaging a donor involves four steps: **identification, cultivation, solicitation, and stewardship.**

- These steps usually come in that order, but not always. You may have to move back to a previous step depending on the prospective donor's needs.
- We think of it as a circle rather than as a line, because your

relationship with a donor should not end after they've made a gift and been appropriately thanked.

- The first step in fundraising is identifying potential donors. That can mean finding new donors or determining which previous donors are ready to be approached about giving again. It also means assessing how strongly those people feel about your cause or organisation and how able they are to give.

1. Finding donors:

When you're looking for new donors, think about:

- People who have been involved with your organisation, such as volunteers, employees, service beneficiaries, community partners, and past programme participants
- People who are involved with your cause but not your organisation
- People who would enjoy the experiences or benefits you offer to donors
- Friends of your friends, including people who might be a good fit for a particular fundraising effort

When you think about past donors, consider:

- Any changes in either their affinity for your organisation or their ability to give
- New programmes or giving opportunities that align with their interests

Determining a donor's capacity for giving:

When you've identified potential donors, try to determine their capacity for giving. Here are some things to consider when you assess how connected they feel to your



Thinking about what you want to accomplish and when can help you choose the right fundraising method for your project or organisation. To determine which one will best help you meet your goals, consider:

organisation and their financial ability to support it.

Affinity:

- Is the person currently involved with your organisation?
- Has the person been involved with your organisation or a similar one in the past?
- Has the person or someone they know been affected by the work your organisation does?
- Does the person have a personal connection to your cause that might lead them to support it financially?
- Would an experience or benefit that you offer in exchange for financial support be particularly appealing to this person?

Ability

- Does the person have a history of giving to your organisation or to others?
- Does the person demonstrate the financial capacity to donate? (This may be indicated by whether they own multiple homes or other real estate assets, travel often for leisure, or frequently attend events that require tickets.)
- Does the person's current or former employment suggest

that they are able to donate? (This may be indicated by whether they own their own business, hold a prominent position, or have other ties to a successful corporation.)

When you've identified potential donors and determined that their affinity for your organisation and their ability to give make them strong prospects, it's time for the next step: cultivation.

2. Cultivation

Cultivation is the process of building a relationship with prospective donors, communicating with them, and making progress toward securing a donation. It is usually the longest of the steps, sometimes lasting several years.

The two main parts of cultivation are developing the relationship and using what you learn to personalise your approach.

"If we try we have a fighting chance, if we don't try we don't have a chance at all"

Developing the Relationship Personalising Your Approach:

The key to building relationships with prospective donors is asking open-ended questions and listening closely to what they tell you. Some of the other best practices include:

- Learning what about your cause matters to prospective donors and what kind of relationship with your organisation they expect
- Learning what other issues they care about, which provides insight into their priorities.
- Designating one person in your organisation to take the lead in building the relationship, which gives the potential donor a main contact.

- Sharing more about your organisation's goals and the impact it has.

3. Solicitation

You've identified potential donors, taken the time to get to know them, and strengthened their connection to your organisation and cause. You're ready for the next step — asking for a donation.

This can be the most challenging step, and you might feel nervous about it. Again, it can be difficult to discuss money. Remember that people generally know when they're being cultivated as donors, so being asked for a gift should not be a surprise.

Here are some tips:

- Practice, practice, practice — the more you prepare, the better you'll be able to make your request and to respond to any questions or concerns the potential donor has.
- Connect the request to the person's interests. Demonstrate that the time they've spent telling you about their goals and learning about your organisation has been worthwhile.
- Be specific about what you're asking for, and have an alternate plan ready to suggest if the person does not agree to your initial request.
- Stay upbeat and positive even if your initial request is not successful. This means you should return to the cultivation stage. It is not the end of your relationship with the potential donor.

A few suggestions about how to make the actual request:

- Use open-ended language:
 - "Would you consider ...



You can be a successful fundraiser no matter what kind of activities you plan or what resources and timeline you have. These strategies from professional fundraisers can help you reach your goals.

"This allows the natural follow-up, "What would you consider?" if the person does not agree to your request.

- Be specific about the impact the person's donation will have:
 - "With a gift of X, you'll directly support (or provide, or sponsor) Y."
- Clearly explain how the potential donor would be acknowledged and what benefits they would be eligible for:
 - "With this gift, you'll be considered X and will be recognised in these ways "
- Be succinct — say what you're proposing in a straightforward way.
- Don't rush to fill a silence after you make your request. Give the potential donor time to consider the idea and respond.

4. Stewardship

Congratulations! You've secured a donation that will help your organisation make positive and lasting changes in the world. But your work isn't done. The fourth part of the cycle is stewardship, which is the process by which

you thank the donor, stay in communication, and show them the impact their gift has made.

Use the list below to make sure you follow up appropriately after someone makes a donation.

Stewardship checklist

- Thank the donor yourself, both in person and more formally in writing.
- Ensure that the gift is recognised publicly according to what you proposed and the donor agreed to.
- Emphasise the positive impact of their donation whenever possible.
- Ask the donor for feedback when it's relevant, to make sure they feel heard about promotional materials, events, or other aspects of their gift.
- Stay in communication with the donor to keep them engaged with your organisation

"Never settle for what is less than you deserve, it's not pride, it's self-respect"

Keep the cycle going:

A fundraiser's job is never done! By intentionally and actively maintaining the relationships you've built, you make donors feel appreciated and keep open the possibility of other gifts in the future.

Let's review the three-step process to make sure you feel comfortable using it. Match each stage of the donor engagement cycle with its definition

- Finding potential donors
- Building relationships with potential donors
- Requesting a donation

Engaging with donors after
Developing a fundraising plan:

There are more ways than ever to raise funds for your cause or organisation. Read about several types of fundraising

- Crowdfunding campaigns
- Peer-to-peer fundraising
- Recurring donation programs
- Pledge fundraising
- Corporate sponsorships
- Matching gifts
- Grants
- Events
- Capital campaigns

Choosing the appropriate method:

Thinking about what you want to accomplish and when can help you choose the right fundraising method for your project or organisation. To determine which one will best help you meet your goals, consider:

- What are your needs?
 - Do you want to fund a specific programme, project, or initiative, or are you seeking general donations for the whole organisation?
- What is your timeline?
 - Do you have target dates for reaching specific milestones or full funding?
 - How long do you have to plan and carry out your strategy?
- What support and budget do you have?
 - How many people will participate in the fundraising effort? What are their roles?
 - How much money will you need to spend? Consider meals for donor meetings, event costs, and any other expenses associated with your fundraising plan.

- Who are you focusing on as you seek donations?
 - Is this effort more suited to a small group of major donors or a large group of smaller donors?
 - What fundraising networks are available? Is this an opportunity to build or engage a new network?

Putting it into practice:

We've said that fundraising takes practice. That's true not just for the moment when you make a request, but also for other parts of the process.

In this scenario, make decisions about your target audience and fundraising strategy based on a specific need. Remember that more than one answer may be correct, so consider using the scenario more than once to assess all of your options.

Choosing a fundraising strategy (Successful fundraising)

Strategies for success:

You can be a successful fundraiser no matter what kind of activities you plan or what resources and timeline you have. These strategies from professional fundraisers can help you reach your goals.

"You've not grown until you know how to communicate, apologise, be truthful and accept accountability without blaming someone else"—Carlos Dominguez

- Set fundraising targets, record your methods, and track your results. Having this data can help your organisation determine what works and what doesn't.
- Use data to engage donors as well. The more you know about

who donates, when, and how, the easier it will be to make decisions that lead to more engagement.

- Develop a communication plan. Whether you're promoting an event or contacting donors, know when and how you'll communicate requests or information.
- Use events to stay connected with loyal donors and cultivate potential new ones.
- Make it easy to donate. Be sure that the process of giving, especially any online tools, are simple to navigate.
- If you offer an experience or benefit in exchange for donations, be clear about what donors will receive and when. Make sure they receive what you proposed.
- Follow up with donors after every fundraising event or campaign. Thank them, tell them how much was raised, and say how their gifts will be used.
- Stay in contact with donors even after that. Offer updates and show the impact of their gifts if possible before you ask for another contribution. This will develop stronger and lasting relationships.

The best approaches around the world

How donors give varies around the world. Learn more about the best practices in each region, shared by fundraising professionals around the world.

Peter ISABIRYE is a member of the DRFC of D9213 and a member of the cadre of technical advisors of the Rotary Foundation in three areas of focus.



Skin Cancer in Uganda: The Silent Threat we Often Overlook

Dr Niyonkuru Joshua, Cancer Run 15 Medical Team.

Cancer can affect any part of the body, including the skin. In Uganda, skin cancer is often overlooked, yet it is a growing health concern. It does not occur in just one form: while melanoma, the most aggressive form of skin cancer is less common among people with darker skin, the country faces one of the highest global

rates of Kaposi Sarcoma, a cancer that frequently appears on the skin and is closely linked to HIV/AIDS, as well as other types such as squamous cell carcinoma that affect those exposed to long-term sunlight or chronic wounds. In Uganda, Kaposi sarcoma affects approximately 24 per 100,000 men and 14 per 100,000 women and is the second most common cancer overall, accounting for about 11 per 100 cancer cases.



Warning signs: Look, Show, and Test

To save lives, we promote the theme: Look, Show, and Test:

1. **Look:** Check your skin for any lesion and consider the **ABCDEs** or **CUBED** rule:

- | | |
|---|--------------------------------|
| Asymmetry-Irregular shape | Colored: brown, black or grey |
| Borders-not smooth | Uncertain: diagnosis not clear |
| Color-Multiple colors | Bleeding or oozing |
| Diameter-Larger than 6mm | Enlargement: getting bigger |
| Evolving-Changing in size, shape or color | Delay: healing delay>1 month |

2. **Show:** Present any non-healing sore, dark nail streak, or firm lump to a health worker immediately.

3. **Test:** Clinical suspicion is not enough; a tissue biopsy is the only definitive way to confirm skin cancer.

“Although melanoma is typically less common in people with darker skin, a subtype known as acral lentiginous melanoma is prevalent in these populations and is often diagnosed late because many people do not suspect cancer when they notice a dark patch in the palms, soles or under the nails.”

Skin cancer is a global epidemic, with one in every three cancers diagnosed worldwide being a form of skin cancer. While many believe this disease mostly affects those with lighter skin, the Uganda Cancer Institute (UCI) has identified a steady rise in local cases, with over 60% of patients diagnosed at advanced stages. While melanoma remains the most widely recognized form of skin cancer globally, Uganda’s situation is slightly different.

Clinicians frequently encounter Kaposi Sarcoma (KS), a cancer of the blood vessel cells that commonly appears in the skin. It is strongly linked to HIV/AIDS and infection with Human Herpesvirus 8 (HHV8), and often presents as dark purple or brown patches or nodules on the legs, feet, face, or inside the mouth.

Although technically a vascular tumor rather than a classic skin cancer, Kaposi sarcoma is important for the public to recognize because its skin manifestations are often the first sign of disease. However, delayed presentation remains common because these lesions are mistaken for simple skin infections or bruises.

Although melanoma is typically less common in people with darker skin, a subtype known as acral lentiginous melanoma is prevalent in these populations and is often diagnosed late because many people do not suspect cancer when they notice a dark patch in the palms, soles or under the nails.

The identified risk factors for skin cancer in Uganda include:

- **Ultraviolet (UV) radiation:** Uganda’s location on the equator results in high year-round sunlight. Those working outdoors such as farmers, fishermen, hawkers and boda boda riders face the highest burden.
- **Albinism:** people with albinism lack melanin, which provides natural protection against UV rays. This group accounts for a disproportionate number of cases in Uganda, with about 80% dying before the age of 50 years from skin cancer.
- **HIV/AIDS and Immunosuppression:** Uganda has one of the highest HIV burdens globally. This weakens the immune system, making individuals more prone to Kaposi sarcoma and squamous cell carcinoma.
- **Chronic wounds and Scars:** Long-standing ulcers, burns, and scars can develop into Marjolin’s ulcer, an aggressive, slow growing cancer.
- **Skin Type and Genetics:** Individuals with lighter skin tones or rare genetic conditions such as xeroderma pigmentosum are highly vulnerable.
- **Skin Bleaching:** Long-term use of bleaching products can cause thinning of the skin and local immunosuppression, potentially leading to cancer.
- **Low Awareness:** A lack of knowledge often leads to patients attributing symptoms to “witchcraft”, resulting in 60%

of cases being diagnosed at an advanced stage.

Steps for Prevention

- **Sun Protection:** Avoid peak sun hours between 10:00 am and 4:00 pm and wear protective clothing like long sleeves, wide-brimmed hats, and sunglasses.
- **Sunscreen:** Use sunscreen with at least SPF 30. For darker skin, tinted sunscreens with iron oxide can prevent hyperpigmentation.
- **Health Management:** For people living with HIV, remaining consistent with Antiretroviral Therapy (ART) is essential for preventing and controlling Kaposi sarcoma.

Rotary can play an important role in reducing the burden of skin cancer in Uganda through community education, early detection, and support for vulnerable populations. Through health outreaches and medical camps, Rotary clubs can raise awareness about the warning signs of skin cancer and encourage early medical review. Rotary can also support people with albinism through provision of sunscreen and protective clothing, while partnering with institutions such as the Uganda Cancer Institute and Ministry of Health to strengthen referral and screening efforts. Ultimately, improving awareness, encouraging early medical review, and strengthening community partnerships will be key to reducing the burden of skin cancer in Uganda.

Dr. Joshua N Niyonkuru (MBCChB)



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