



The **w**ave

July 2024

Ride The Tide



**Unveiling
The Magic**

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 @UgRotaryCancerP
#RotaryCancerRun24
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Rotary
D9213
D9214



**Rotary
Cancer
Program
Uganda**



SCAN ME
TO REGISTER



<https://register.rotaryugandacancer.org/>

**SPREAD
MAGIC
IN EVERY
STEP**



**ROTARY
CANCER
RUN 2024**

**SUN 25
AUGUST**

KOLOLO AIR STRIP

TIME: 6AM



Registration Fees
30,000/=
comes with a vest

ALL PROCEEDS GO TO
COMPLETING THE BUNKERS
AT NSAMBYA HOSPITAL



MAVD McCANN



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Rotary District 9213

100th District Conference

Rotaract District 9213

10th – 13th APRIL 2025
JINJA

EARLY BIRD REGISTRATION

VALIDITY 20th Apr. – 31st Oct. 2024

REGISTRATION	RATE
Rotarians & Guests	USD 200
Rotaractors	USD 120

SCAN TO REGISTER

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Editor's Note

Keeping it Magical All the Way

It has indeed been a Magical take off for the Rotary year and we all intend to keep it that way in the District.

The just released 2024 National Population Census results give a good indication of the composition of the population we endeavor to serve, making it possible to plan, execute, monitor and evaluate projects more realistically. Rotarians now know for a fact that half of our population was born in the last 17 years, when digital communication was long established as a way of life.

However, with generally high poverty levels, the quick access to information is not in tandem with the opportunities to put that information to gainful use. This is bound to frustrate the youthful public whose health, education and general wellbeing we strive to enhance, and to disappoint the Rotarians themselves who support community service projects.

This raises the need to ensure that projects once executed must remain functional for the purpose they were conceived. Numerous boreholes have been sunk, classrooms have been constructed and health facilities have been expanded with the selfless contribution by Rotarians. But small lapses like delayed equipment servicing or non-maintenance of infrastructure tend to compromise their functionality, yet Rotary is not a breeder of white elephants.

As we embrace Governor Anne's spirit of Consolidation, Impact, and Sustainability, her channel – The Magic Wave – shall be at the disposal of every Rotary Club to inspire and inform the other clubs about its projects' progress, using the DG's platform. Club Presidents should use the contacts provided to discuss and submit articles.

The Wave team looks forward to working with all the clubs in the district over the next 12 months. On our part, besides giving District information, we intend to bring experts who will share tips on how to deliver better service as a Rotary Club. You are also welcome to make suggestions on how to be served better.

Magical Reading

Joachim Buwembo
Editor



Empower through education

Rotary World over is creating community-driven, sustainable projects globally to improve access to quality education around the world. Your gift to The Rotary Foundation's Annual Fund supports these projects to Inspire learning at all ages.

GIVE TODAY: rotary.org/donate

The
Rotary
Foundation 



Towards A Greater Vision

Dear fellow Rotary members,

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenges.

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club. Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul.

Opening another peace center is a monumental

achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing

The Magic of Rotary.

Stephanie Urchick

Rotary

District 9213



District Governor's Message

Sustaining the Magic!

Welcome to the New Rotary Year!

It is both an honor and a privilege for me and the dedicated Magic Team to lead our district through the Rotary year 2024-25. Like all of you, I am incredibly excited about the opportunities that lie ahead and the achievements we aim to realize during this special year of the *Magic of Rotary*.

Building upon the successes of “*Creating Hope*,” our focus remains steadfast: to ensure the sustained delivery of the *Magic of Rotary*, not just for the coming year, but for generations to follow. However, it is important to recognize that while it may appear effortless, creating true ‘magic’ in our clubs and in communities requires dedication and concerted effort from all of us.

At the start of each year, our clubs set ambitious goals with the best of intentions to achieve them. But along the way, life happens and often times we do not achieve as much as we had hoped for. In his popular book “Atomic Habits” James Clear notes that: “new goals do not deliver new results. Rather, it is new practices and lifestyles.” For instance, aspiring to achieve a fit physique requires not just

setting the goal but embracing the regular exercise, balanced nutrition, and disciplined lifestyle that accompany it. This includes mundane tasks like monitoring calorie intake and preparing nutritious meals.

Success is not solely determined by our goals, but by the systems and habits we develop. As James Clear aptly puts it, **“Goals are good for setting a direction, but systems are best for making progress.”** Goals provide direction, but systems create the consistent progress needed for sustained success.

Therefore, I urge every Rotary leader at the club and district levels to prioritize the purpose and processes underlying our endeavors. Regardless of the goals your club has set, clarity on the “how and why” is essential. It demands diligence and meticulous attention to detail in how and why we attract new members; how and why we contribute to the Rotary Foundation; how and why we must enhance our public image; and how and why we undertake service projects.

“

new goals do not
deliver new results.
Rather, it is new
practices and
lifestyles.

Musonius Rufus wisely stated, “If you accomplish something good with hard work, the labor passes quickly, but the good endures.” To build resilient clubs capable of delivering the enduring *Magic of Rotary*, we must be prepared to put in the hard work and develop strong systems.

With your dedication, passion, and commitment, I am confident that we will achieve remarkable accomplishments. So here’s to a year filled with irresistible club experiences, transformative projects, and the vibrant spirit of Rotary in action.

Anne Nkutu

Who is Rtn Anne Nkutu

Professionally

Anne is a multi-disciplinary Social Scientist and holds a B.A (Hons) Social Sciences of Makerere University, Uganda and a M.A (Econ) Development Administration and Management, University of Manchester. She also holds a certificate in Public Relations from the University of Cape Town, South Africa.

Anne is a Gender and Monitoring & Evaluation Consultant and has for the last 20 years provided advisory services to development agencies and civil society organisations on gender equality, women's empowerment, social inclusion and programme management issues in different countries in Africa.

Anne serves on a few boards and is currently the Chair of the Mentoring and Empowerment Programme for Young Women (MEMPROW); and a board member of the International Center for Research on Women (ICRW). She is also one of the Eminent Women of the Women Situation Room (WSR) Uganda – a peace building mechanism that seeks to prevent violence before, during and after elections.

Rotary record

Anne joined Rotary in 2011 and is a charter member of the Rotary Club of Kampala-Naalya. She has served in different capacities at Club, Country

and District Level. She has served as Club President (2014-15); Editor of the DG's Newsletter (2015-16); Assistant Governor (2016-17); District Chair, Public Image (2017-18), Country Chair, Uganda (2018-19); Chair, Corporate Engagement (2019-20); District Chair, Peace Fellowships (2020-2022), District Chair Membership Growth and Development (2021-22); Vice Chair, Training (2022/23); and District Chair, Strategic Planning (2023-2024) and District Governor (D9213).

She served on the RI TRF Subcommittee of Rotary Peace Centres Host Area Coordinators (for the period 2020-2023); and was also Rotary Host Area Coordinator for the Makerere University Rotary Peace Centre (2020-2023).

Anne has also served on different Rotary Committees/ Boards in Uganda including: Rotary Uganda Limited, Uganda Rotary Cancer Programme; Mengo Hospital Rotary Blood Bank; RIUSAID WASH Programme in Uganda; Advisory Committee of the Makerere University Rotary Peace Centre; and Assistant Ambassador of the Empowering Girls Initiative.

Personal life

Anne is blessed with a daughter and a son. She loves music, reading, writing, photography and travelling.

Strategies and Tactics

IS YOUR CLUB FUTURE FIT?



IT'S TAKE OFF TIME



**Ssebukulu Simeo,
Rotaract Club of Kampala
North Musical
DRR RID 9213
RY 2024/25**



**Remember, the best
Public Relations
we could have as
Rotaractors is in
Character.**

Dear Rotaractors, Rotarians and Friends of Rotary,

I am excited to welcome you to the enchanting Magical Rotary Year. I believe you are well-prepared for the exciting journey that lies ahead as we create Magic in the lives of those we serve. Magic empowers individuals to tackle important tasks with confidence while maintaining composure in challenging situations. It's purpose is to instill optimism and strengthen faith in the triumph of hope over fear. I look forward to experiencing this magic with each of you!

Our focus this Rotary Year is not just on completing tasks with mere words, but on creating meaningful impact in all our endeavors. This impact will be the magic that benefits those we serve.

While we have ambitious plans for the District, I understand that some may feel apprehensive about keeping up. Rest assured, we are here to support you every step of the way, whether you run, walk, or crawl – the key is to keep moving forward together in the same direction.

Imagine the joy of you tracking your contribution of 5% towards our District TRF Target of USD 30,000! Imagine your Club having at-least 30 Guests out of the 1000 new Rotaractors targeted to be inducted in our District!

You like fun, don't you? The Rotaract Africa Summit is here. Imagine having at least 10 members from your Club be part of this fun! Did I mention the centennial celebration in Jinja?

What about the Rotaract Earth Initiative to be held in Kasese?

We have made it simple for everyone to leave a mark on each District target, ensuring its success. I'm sure you'll agree that if we all commit to contributing, these objectives are not only fundamental but can be accomplished within the first two quarters of the Rotary Year.

This, once again, will truly be Magical.

I'm certain you're aware of my fondness for music

and my love for singing. For me, music serves as a coping mechanism when things become challenging. I also urge you to discover a positive coping mechanism for yourself as we prepare for any potential obstacles on our path to enhancing Magic. It's important to have enjoyable and impactful experiences, and I encourage us to incorporate fun while bringing lasting Magic into the lives of others. After all, watching magic unfold is always enjoyable, isn't it?

We are currently 2,775 Rotaractors in our Prestigious RI District 9213 with 127 Magical Presidents and only 48 District Officials.

When you therefore wait to be supervised by either the Magical Presidents or District Officials, you create a huge ratio which snatches a lot of energies and time for addressing the strategic Agenda. I am therefore trusting each of you to have "self-leadership" this Rotary Year. In doing this, you also develop your Professional and leadership Skills, a goal so dear to Rotaract.

Your willingness to share both your time, expertise and money says a lot about each of you as human beings. The fruits of your labor will indeed make a tangible impact. Whether you are a District Official, Club leader or Member, if you get involved in executing

your ToRs with selflessness, life-transformation for both yourself and the beneficiaries is guaranteed.

Remember, the best Public Relations we could have as Rotaractors, is in Character. "It is frustrating to try being a good neighbor in a bad neighborhood"

"Me too" is the Magic Phrase and I implore each of you to say it whenever it comes to the 5 Avenues of Service.

Kakati, have you set your TRF contribution aside oba I write 'to you' too?

#Yearofselfleadership
#SMG

Who is Simeo Ssebukulu?

Simeo is a Social Worker by Profession and a Human Resource by occupation. He holds a First-Class Bachelor's Degree in Social Work and Social Administration from Kyambogo University, and a Master of Business Administration specialising in Human Resource Management.

1. Member of the American Association of Project Management.
2. Certified Public Speaker by the prestigious John Maxwell Team.
3. Certified Project Specialist by the American Association of Project Managers.
4. Chartered Human Resource Analyst by the American Academy of Project Management

through ProAct International.

Professional Experience

Served as a Social Worker with Uganda Cares (2017), Assistant Lecturer of Management Studies at Kyambogo University (2018 to 2020); Public Relations Officer for the National Association of Social Workers of Uganda (2020 to 2021), and as Personal Assistant to the Executive Director of Craft Solutions Uganda (2021). TV Show Host of the Volume Up Show at Excel TV Uganda (2021), Programs Assistant in Malaria Partners Uganda and Malaria Partners International (2021 to 2022), Acting Head of Human Resource Management at the former Rural Electrification Agency. Currently, he serves as a Human Resource Officer in the

Ministry of Energy and Mineral Development.

Rotary Experience

- i. Club Administrator for the Rotaract Club of Kampala North Musical in 2017, Treasurer in 2018 and President in 2019.
- ii. District 9213 Charter Chair for Corporate Membership (2021)
- iii. Assistant District Rotaract Representative for Central Cluster 4 (2022/23)
- iv. Chair for the District Professional Leadership & Development (PLD)

Simeo is a passionate sportsman, enjoying both table tennis and soccer.

Favourite Quote:

"It takes less time to do something right than to explain why you did it wrong,"





District Governor's Home-Coming

The Rise of a District Governor

District Governor Anne Nkutu is distinguished by her intellect, eloquence and academic achievements. She is a Social Scientist educated at Makerere and Manchester Universities.

Anne has cultivated a network of esteemed acquaintances across Africa through her work, which initially led her to overlook the value Rotary could bring to her life. Anne's father was a Rotarian, her brother a Rotaractor, and she has a sister who served as a Charter President of Kampala Sunrise. Despite her family's deep connections to Rotary, Anne never felt compelled to join until her persistent friend, Lady Justice Patricia Basasa, nudged her towards the organization. Patricia is a Rotarian of RC Kampala.

It is often said that most free thinkers think independently and do not blindly follow the crowd without scrutiny. Well, it took Anne an entire decade of gentle persuasion before

she finally acquiesced to join the organization. Speaking to a crowd of over 250 people gathered at Ndere Centre for her Homecoming celebration on Tuesday 7th May 2024, Anne said that the only catalyst for her decision to join Rotary was the void left by her friend, Stella, who immigrated to the US, leaving Anne feeling socially and intellectually isolated. And in 2011, when RC Kampala decided to sponsor a new club in Naalya, Patricia's unwavering persistence, later joined by Rtn Shem Naggenda prompted Anne to give it a try for the sake of expanding her network. Although she never bought into the idea initially, the fact that Sky Hotel, the club's meeting venue, was a five-minute walk from her home further influenced her decision to join.

According to Charter President Francis Lakor, RC Kampala Naalya was chartered with 30 members, but Anne's dedication and leadership skills swiftly

propelled her from the role of club administrator to club president within a mere three years, marking the beginning of an extraordinary journey.

However, Anne's journey did not end with her presidency. She seamlessly transitioned into roles of greater responsibility, serving as an Assistant Governor, Editor of the District Magazine, and eventually as the Country Chair. Anne's rise through the ranks not only highlighted her capabilities but also illustrated the transformative potential of Rotary. Anne is passionate about growing Rotary, and during her tenure as District Membership Chair, she said that the District witnessed an unprecedented surge in membership, welcoming 789 new Rotarians, a feat that set a new record.

Reflecting on her early days in Rotary, the Incoming Governor emphasized the importance of engaging new members from the outset.





Anne, who spoke for a good 25 minutes, urged club presidents to involve newcomers in meaningful roles as early as possible, citing an example of the attrition experienced by RC Kampala Naalya, which saw 15 members lose interest within the first year. Anne's insights resonated with many clubs and served as a reminder to Rotarians that the true essence of Rotary lies in the active engagement of its members.

At the same function, HCP Godfrey Omoding wished Anne a successful tenure and urged her to be herself. Geoffrey expressed gratitude to the Rotary leaders in attendance, including Past and Future Governors: Rosetti Nabumba, Stephen Mwanje, Kenneth Mugisha, Mike Sebalu, Francis Xavier Ssentamu, John Magezi, Edward Kakembo, Gerald Obai, and Francisco Ssemwanga, as well as Daniel Ddamulira, both from D9214.

CP Robert Walakira
RC Kasubi





Homecoming of the District Rotaract Representative:

A Night of Inspiration and Commitment



**By Maureen Kawombe
Tumwebaze
RC Naalya States**

The homecoming of the District Rotaract Representative, Simeo Ssebukulu on Thursday, June 13th 2024 was a significant event graced by numerous Rotarians and enthusiastic Rotaractors from across the district. Among the distinguished guests were the District Governor, Anne, and the District Governor-Elect, Godfrey Kitakule who together set the tone for a night of motivational speeches and a renewed commitment to the Rotaract movement.

District Governor Anne delivered a powerful message centered on effective leadership. She introduced her thoughts through the acronym HOPE, which stands for:

- **H - Hear and Talk Less:** Emphasizing the importance of listening more and speaking less, DG Anne encouraged leaders to be attentive and receptive to the ideas and perspectives of others.
- **O - Open-Mindedness:** She stressed the value of being open to new and diverse ideas, which can lead to innovative solutions and better decision-making.
- **P - Purpose:** DG Anne highlighted the necessity of having a clear vision and direction, urging leaders to stay focused on their goals.
- **E - Energy and Endurance:** Lastly, she spoke about maintaining enthusiasm and perseverance, essential traits for overcoming challenges and achieving long-term success.

Her speech was a reminder that true leadership involves embracing the ideas of others, staying open-minded, and sustaining one's energy and purpose.

District Rotaract Representative's Vision for Transformation

The District Rotaract Representative's address was a call to action, urging all Rotaractors to transform the brand of Rotaract. He emphasized that the most crucial public relations tool is one's character. Here are the key points from his speech:

- **Transform the Brand:** He called for a concerted effort to enhance and transform the Rotaract brand.
- **Character as PR:** He highlighted that our character is the most vital form of public relations, reflecting who we are and what we stand for.
- **Ambassadors of Rotaract:** He implored everyone to be ambassadors of Rotaract, representing the organization positively at all times.
- **Consistent Representation:** He reminded us that we are Rotaractors 24/7, in every aspect of our lives and

interactions.

- **Recognize Our Value:** He urged Rotaractors to recognize the value they bring and the importance of their actions and image.
- **Personal Improvement:** He encouraged everyone to strive to be the best versions of themselves.
- **Effective Communication:** He thanked Rotaractors for using mainstream media and cautioned against only communicating within the group, advocating for broader outreach.
- **Punctuality and Leadership:** He pledged to lead by example, particularly in terms of time management, and expressed his commitment to being punctual and present at visits.
- **Magic of Solidarity:** He introduced the magic phrase "me too!" as a pledge of solidarity and shared purpose.

In a significant gesture, he pledged \$1,000 to The Rotary Foundation (TRF) on July 1st, underscoring his commitment to the cause of the foundation.

The District Rotaract Representative expressed deep gratitude to the Rotary Club of Kampala North for nurturing and supporting his club, The Rotaract club of Kampala North Musical. As the first "export" of the Kampala North family, he pledged to uphold and enhance the Rotaract brand, ensuring its continued growth and positive image.

The evening was a profound reminder of the power of leadership, the importance of character, and the shared commitment to transforming and improving the Rotaract brand. It was a call to all Rotaractors to step up, be the best versions of themselves, and work together towards a brighter future.

District Rotaract Representative's Home-Coming



July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01 DG Visit & PE Installation for RC Kampala South	02 DG Visit to RC Kisaasi Kyanja	03 DG Official visit to RC Lugogo Mango Tree	04 DG Visit and PE Installation of RC Kampala East	05 DG Visit and PE Installation of RC Kampala Kibuli	06 Close out meet for D9213 Leadership Team 2023-24
07	08 DG Official visit to RC Kampala Early Bird DG official visit to RC Jinja City	09 DG official visit to RC Iganga	10 DG official visit to RC Jinja	11 DG official visit to RC Source of the Nile	12 Discon 100 Meeting with Jinja Stakeholders	13 Presidents Learning Seminar: New Clubs RC Kololo
14 DG official visit to RC Sonde	15 DG official visit to RC Kampala Naguru	16 DG official visit to RC Kampala Kololo	17 DG visit to RC MorningTide Bugolobi DG official visit to RC Port-bell	18 Visit to Owek. Katikiro Peter Charles Mayiga DG official visit to RC Kitante	19 DG Visit to RC Kampala Metropolitan	20 5 A-Side Soccer Event RLI Training Module 1: 28th UnderGrad/19th Grad
21 RYLA Launch @RC Gayaza	22 DG official visit to RC Kitgum	23 DG official visit to RC Lira	24 DG official visit to RC Lira Metro	25 DG official visit to RC Gulu DG official visit to RC Gulu City	26 RC Adjumani Charter	27 DGN Gerald Obai Home coming
28	29 DG visit to RC Mukono Central	30 DG visit to RC Kabulasoke Gomba	31 DG official visit to RC Mubende and Mubende Metro			



Rotary in Uganda launches new giving platform

Rotarians in Uganda raised nearly Shs2.5 billion (USD645,000) in the year ending 30th June to support Rotary's work in local communities all over the world.

This contribution maintains Uganda as the highest giving country in the region, second only to Nigeria in Africa, and among the world's top 30 giving countries to The Rotary Foundation (TRF).

The Rotary Foundation uses this money to provide clean water and sanitation, support education, prevent and treat disease,

save mothers and children, grow local economies, promote peace, and protect the environment.

Rotary International has set a target of growing the Foundation's Endowment Fund to \$2.025 billion by 2025. District 9213, which covers most of Uganda, in turn aims to raise a minimum of \$700,000 to contribute to this global target.

In order to make giving easier and more convenient for more Rotarians, District Governor Anne Nkutu has today launched the 25 x 25 TRF Relay, a mobile money-based solution.

“

This Rotary year, we are going to consolidate, increase our impact and promote sustainability

The new giving platform will complement other ways that Rotarians give to The Rotary Foundation, including direct card payments and collections from their clubs.

In Uganda, contributions to the Rotary Foundation have enabled clubs to implement community service projects in a number of areas, including provision of clean water and sanitation in remote communities and construction of classroom blocks and dormitories. “Part of increasing the impact of our community service projects is ensuring that we have a strong resource base,” says District Governor Nkutu.

In the last Rotary year, clubs in District 9213 implemented projects worth more than Shs2 billion.

These life-changing projects are in addition to others that Rotary in Uganda has implemented over the years. For example, the Rotary Blood Bank at Mengo Hospital, has contributed significantly to addressing the challenge of blood shortage in the country.

The Rotary Cancer Run, which has been held annually for more than a dozen years, has not only raised awareness about the killer disease but also supported the construction of two bunkers at Nsambya Hospital, housing testing

and treatment machines. Uganda also implements the Rotary Family Health Days, a massive annual 1-3-day nationwide health campaign that provides comprehensive free healthcare services and referrals to thousands of citizens across communities in the country. The programme, which had served nearly a million Ugandans by the time the Covid-19 Pandemic struck in 2020, was a response to inadequate medical facilities and insufficient numbers of health workers in many communities.

Uganda also hosts a Rotary

Peace Centre, the first in Africa, at Makerere University. These Centres train change-makers devoted to peacebuilding and conflict resolution.

“This Rotary year, we are going to consolidate, increase our impact and promote sustainability,” says District Governor Nkutu. “We want to build on what is already there, and encourage clubs to stay longer with the projects they are already working on so that we can increase our impact.”



Choose Your Challenge

25 X 25 TRF RELAY

All Giving Club \$25

Erey / Polio Society \$100

Paul Harris Fellow \$1000

Paul Harris Society >\$1000

Major Donor \$10,000





WHAT IS RYLA?

The Rotary Youth Leadership Awards (RYLA) Programme is an initiative aimed at empowering and nurturing the leadership potential of young individuals within our communities.



D9213 Rotary Youth Leadership Awards (RYLA) Programme 2024 | 2025

Theme: **Passion Action Reaction**

Date: **10th-12th January 2025**

OBJECTIVES

- ✔ Leadership Development
- ✔ Personal Growth
- ✔ Community Engagement
- ✔ Networking

PROGRAM COMPONENTS

- ✔ Workshops and Seminars
- ✔ Team-building Activities
- ✔ Community Service Projects
- ✔ Mentorship
- ✔ Panel Discussions and Networking Sessions

Target Participants:

Young adults between the ages of 18 and 30 who demonstrate leadership potential, a commitment to community service, and a desire to make a positive impact.

These will be members of the community or Rotaract clubs.

Fees.

Ugx 380,000 per participant paid to the District account (Name:D9213 Rotary District Dues, A/C No. 3100083833, Centenary Bank, Mapeera Branch).



Expected Outcomes:

- ✔ Enhanced Leadership Skills
- ✔ Increased Community Engagement
- ✔ Networking and Collaboration
- ✔ Personal Growth

Contacts.

+256782530943 (Rotary Office),
+256782963777 (District Chair),
+256759113540 (Vice-Chair)

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Sam Owori

lived Rotary, served humanity

It is neither easy, nor necessary to describe the service of a true Rotarian separately from his or her personal life. And so we shall not try this week as we mark the 7th anniversary of the departure of Sam Frobisher Owori, the remarkable Ugandan crusading Rotarian who devoted exactly half of his earthly life to serving Rotary until passing on that 13th day of July 2017. For all that time as he worked tirelessly to strengthen the Rotary movement, Rtn Sam continued to excel in his classification as a corporate governance specialist, immensely contributing to the development of motherland, the continent and humanity in equal measure.

Born to Zefania Yekoniya Ochieng and Mary Akech Angwen in 1940 in Tororo, Sam Owori was set to be installed as Rotary International President in Toronto in 2018. But despite the sonority between Tororo and Toronto, the rhyme of the two places was not to be celebrated that July 1st to start the Rotary year, for Sam had already departed to his eternal rest earlier on July 13, 2017 following surgical complications in Dallas – Texas, USA.

Rotarian Sam, as he was known to most, joined the Rotary Club of Kampala at the invitation of his lifelong friend and distinguished professor of Medicine, Charles Olweny, in 1978. Having taken six months to fully appreciate and accept the invitation, Sam

embraced Rotary with all his spirit, mind and energy until the very end, 38 years later after being elected to the highest level of the movement. Although he died unexpectedly before taking his office as Rotary International President, Sam had already done as much as was expected of any senior leader at that level can, and earned his place in History.

Sam held various leadership positions both in his career and in Rotary. As CEO of the Institute of Corporate Governance of Uganda, he promoted excellence in corporate governance in the region. Serving as Executive Director of the African Development Bank, Managing Director of Uganda Commercial Bank, director of Uganda Development Bank and as (Central) Bank of Uganda corporate secretary, he furthered excellence in finance management on the continent and at home.

All that time contributing as an active member and leader in Rotary, Owori rose to become Governor of Rotary District Rotary District 9200 which at the time covered seven eastern African countries of Uganda, Djibouti, Ethiopia, Kenya, Mauritius, Seychelles and Somalia, as well as the Indian Ocean Island of Réunion from 1st July 1987 to 30th June 1988. In his three decades as a Rotary leader in the region, he saw the number of Rotary clubs in Uganda grow from just nine to 89.

Owori's multiple achievements were both in initiating, planning

and executing projects as well as nurturing positive culture and attitude development, seen among others, through bringing women and youth closer in Rotary.

Sam's excellent professional service record was grounded in his earlier studies in Law, business management, corporate resources management, micro-finance, employment relations and marketing which he undertook in several countries including Uganda, UK, USA, Japan, Switzerland and Tanzania and diverse institutions besides Makerere and Harvard.

Beyond serving as Governor of then District 9200, Owori manned many positions in Rotary including regional Rotary Foundation coordinator, regional membership coordinator, and RI director. He also served as the Rotary Representative to the United Nations Environment Program and UN-Habitat, and was a member or chair of several committees, including the International PolioPlus Committee, the Drug Abuse Prevention Task Force, and the Audit Committee. His later responsibilities included being a trustee of The Rotary Foundation, chair of The Rotary Foundation's Finance Committee and member of the Investment Committee.

Compiled by Rtn Joachim Buwembo – RC Kampala Naalya

QUALIFICATION OF ROTARY AND ROTARACT CLUBS.

A CASE OF GOOD ETIQUETTE?

“Its your road and yours alone. Others may walk it with you but no one can walk it for you”



Qualification (*A noun*): The Cambridge Online Dictionary describes it thus:

- “An official record showing that you have the necessary skills”
- “An ability, characteristic or experience that makes you suitable for a particular job or activity”
- “An extra piece of information that limits the effects of something that you say or write”.
- Knowledge or skill or some other characteristic that gives a person the ability or right to do or have something.”
- “A level or skill or ability that you have to achieve to be allowed to be or do something”

Qualify: (*A verb, a word that describes a noun*):

- “To successfully finish a training course so that you are able to do something, a job for instance,
- “To achieve the necessary skills”
- “To have the legal right to have or do something or cause someone to have

- that right”
- “To succeed into getting into a competition”
- “To achieve or have the standard of skill, knowledge or ability necessary for doing or being something”

Ultimately: “To get progressively better”

- In Rotary parlance therefore qualification of clubs is to make them progressively better.

Who qualifies Clubs?

The District Qualification Committee comprising the District Grants Committee Chair, the District Stewardship Chair and the District Qualification Chair who heads the committee. This committee is under the overall supervision of the District Rotary Foundation Chair.

Why should Rotary and Rotaract Clubs qualify?

There are 3 main reasons as to why **ALL** clubs should qualify in order of importance thus:

1. It is a good financially hygienic practice that holds club leaderships accountable to the membership, maintains the clubs in good standing with Rotary International, adhering to its core values, the 4-way test and management best practices.
2. It enables you to partake of global grants as a cardinal requirement.
3. It is good manners, ensuring

a high degree of etiquette.

What is involved in the qualification process?

The qualification process begins in earnest at the District level. Every District **MUST** of necessity qualify annually before individual clubs are allowed to qualify.

The District in qualifying makes a commitment to adhere to the stringent stewardship guidelines laid down by the Rotary Foundation and in doing so holds itself ultimately responsible for any losses, liabilities or otherwise of all funds disbursed to it for use in projects of all kinds and otherwise.

To qualify the District needs to do the following:

- The District Governor, the District Governor Elect and the District Rotary Foundation Committee Chair must sign a memorandum of understanding with the Rotary Foundation duly committing the District to without reservation adhere to all laid out procedures ensuring that all clubs under its jurisdiction adhere to all stewardship issues and are in good financial standing with regards to Rotary Foundation funds.
- The District Governor elect’s involvement is duly informed by the need for “continuity” cognisant of the

fact that disbursement of TRF funds for global grants is a continuous on-going process that can surpass one Rotary year.

- The District Governor through the District Learning Team must ensure that a/series of District Grants Training Seminars take place annually.
- The District is thus ultimately responsible to whatever happens to **ALL** funds disbursed by the Rotary Foundation including use and mis-use thereof even at club level!

“Your hardest times often lead to the greatest moments of your life. Keep going, tough situations build strong people in the end”

How long is the period of qualification?

Every District or club qualifies **EVERY** Rotary year from the 1st July (beginning of the Rotary year) to the 30th June of the following year (end of the Rotary year). The qualification process is **REVERSIBLE** as shall be demonstrated subsequently.

D9213 Basic Guidelines for Qualification of Rotary and Rotary Clubs for the year

2024/2025:

1. Registration by the Uganda Registration Service Bureau (URSB) as a company limited by guarantee, complete with a registration certificate.
2. Payment of Rotary International Dues (RI) in **TWO** installments complete with attached invoices.
3. Payment of District Dues (payable in ONE installment, complete with the attached invoice).
4. Audited accounts for 2022/2023. “The Amazing Year” by a reputable firm approved by the ICPAU.
5. A club assembly (**NOT Board**) resolution accepting, approving and adopting audited accounts for 2022/2023. Attendance lists of these club assemblies should of necessity be attached.
6. Evidence of filed returns (2023) by URSB (**form A 10**).
7. The club’s financial management guidelines (a standard template is available for clubs that do not have one already.)
8. A signed memorandum of understanding (M.O.U) between the sitting president and the president elect (2024/2025, downloadable from “My Rotary”, a standard template is also available).
9. Compulsory attendance of at least one of the District Governor’s Grants training seminars, the “**Anne Nkuutu grant’s training seminars**” (2024/2025).
10. A club should NOT have any outstanding global grant reports.
11. No stewardship issues pertaining to the club.

- **THE PERIOD OF QUALIFICATION IS ONLY ONE YEAR AND FOR THE AVOIDANCE OF DOUBT AN ALREADY QUALIFIED CLUB CAN SUBSEQUENTLY BE UNQUALIFIED ESPECIALLY IN BREACH OF 10. AND 11. ABOVE!**
- NB: IT IS ALWAYS ADAVANTAGEOUS TO QUALIFY AS SOON AS POSSIBLE, IN ANY CASE WITHIN THE FIRST QUARTER OF THE ROTARY YEAR ON RECEIPT OF THE FIRST SEMI ANNUAL INVOICE (GLOBAL GRANT REQUESTS ARE ATTENDED TO ON A FIRST COME, FIRST SERVED BASIS!).
- DURING THE SECOND HALF OF THE ROTARY YEAR FOLLOWING RECEIPT OF THE SECOND SEMI-ANNUAL INVOICE, PAYMENT OF ALL DUES FOR THE ENTIRE YEAR AS WELL AS AUDITED ACCOUNTS FOR THE 2023/2024, “Hope Creator Year” WILL SUBSEQUENTLY BE ADDITIONAL REQUIREMENTS FOR QUALIFICATION.
- QUALIFICATION OF CLUBS IS WITH DUE RESPECT NOT EXCLUSIVELY FOR PARTICIPATION IN GLOBAL GRANTS, IT IS FINANCIALLY FEASIBLE AND HYGIENIC, IT MAKES BUSINESS AND COMMON SENSE AND ABOVE ALL, IT IS GOOD MANNERS.

JUST DO IT!

“Perfection is not attainable, but if you chase perfection, you can catch excellence”—

Vince Lombardi

About the author Peter ISABIRYE is a member of the cadre of technical advisors of the Rotary Founda=on in THREE areas of focus



The Magic of Rotary:

Consolidation, Impact, and Sustainability

As we embark on a new Rotary year, the Rotary International President has declared a theme that resonates deeply with every Rotarian around the globe: “The Magic of Rotary.” This theme encapsulates the essence of our mission, the spirit of our fellowship, and the transformative power we hold as a collective. This year, we aim to focus on Consolidation, Impact, and Sustainability (CIS).

The innovative concept of Consolidation, Impact, and Sustainability (CIS) has been introduced by our esteemed District Governor. This strategic framework aims to streamline our operations, maximize the positive outcomes of our initiatives, and ensure long-term benefits for our community. By focusing on these three core principles, we can enhance the efficiency of our efforts and create a lasting legacy of progress and development.

Under the guidance of our District Governor, the CIS framework will serve as the cornerstone of our mission, driving us towards a more unified, effective, and sustainable future.

Here’s a glimpse into the magic I expect to experience and witness this year as a dedicated Rotarian.

Unveiling the Magic Through Consolidation

Consolidation is crucial for strengthening our projects and initiatives. By bringing together resources, expertise, and dedication from various clubs and members, we can amplify our efforts and ensure cohesive, powerful outcomes. This year, we look forward to seeing a concerted effort in consolidating our programs, making our service more efficient and impactful.

Creating a Lasting Impact

One of the most enchanting aspects of Rotary is our ability to initiate and execute projects that bring about real, positive change. Through consolidated efforts, we can maximize our impact. Whether it’s providing clean water to remote villages, supporting education for underprivileged children, or combating diseases, our projects have a magical impact on communities. This year, we are all eager to see new initiatives that harness our collective energy and resources to address pressing issues and improve lives.

As a way of creating impact, we must recognize the youth, the future of Rotary, and their energy, creativity, and passion that are nothing short of the

magic we expect. Through programs like Rotaract and Interact, we must empower young people to take on leadership roles and develop their skills. With a focus on impact, I look forward to witnessing the innovative projects and fresh perspectives that our young leaders will bring to the table this year.

Ensuring Sustainability

Ensuring that our initiatives are designed for long-term success is one of the very important areas of concern. Sustainability under the CIS framework, as envisioned by our District Governor, is not merely about maintaining the status quo, but about fostering resilience and growth for future generations. This holistic approach encourages us to think long-term, considering the interdependence of our projects in the communities. Through sustainability, we strive to create lasting benefits that support a healthy, balanced, and thriving community for years to come.

As we embrace the theme “The Magic of Rotary,” we are reminded of the incredible potential we hold as Rotarians. It is a call to action, urging us to harness our collective power, to dream big, and to create lasting change through consolidation, impactful initiatives, and sustainable practices. The magic is in our hands, in our hearts, and in our actions.

**By Maureen Kawombe
Tumwebaze
RC Naalya States**



View Beyond the District

A Young Lady's Passion-driven Involvement

Answering the Cry of a Rotary Club

CP Dorothy Waniala,
RC Kampala Springs
from England

In the heart of Crawley, where the streets buzz with activity and the air hummed with possibility, the Rotary Club of Crawley serves as a beacon of action for its community. Among its members is Lily, a young woman with a fiery passion for making a difference and a cry in her heart to be involved in the club's activities.

From the moment Lily joined the Rotary Club of Crawley, she felt a surge of excitement and anticipation coursing through her veins. She has always been drawn to the club's mission of service above self, and now, she was eager to roll up her sleeves and dive headfirst into the world of Rotary.

But as a newcomer to the club, Lily found herself overwhelmed by the sheer magnitude of opportunities and activities

available to members. From organizing fundraisers to volunteering at local shelters to participating in international service projects, the possibilities seemed endless, and Lily did not know where to begin.

Determined to find her place in the club, Lily reached out to her fellow members for guidance and support. She attended meetings regularly, eager to learn from those who had come before her and to glean insights from their experiences.

As she immersed herself in the world of Rotary, Lily began to discover her passion for certain types of projects. She found herself drawn to initiatives that focused on empowering youth and supporting education, recognizing the profound impact that education could have on transforming lives and communities.

With newfound clarity and purpose, Lily

threw herself into these projects wholeheartedly, pouring her time and energy into making a difference in the lives of young people in her community. Whether it was mentoring students, organizing scholarship programs, or leading workshops on career readiness, Lily was always at the forefront, leading by example and inspiring others to join her in her efforts.

But Lily's cry for involvement did not stop there. She also yearned to be involved in the broader Rotary community, connecting with members from other clubs and participating in district-wide initiatives and events. Through these experiences, she forged bonds of friendship and camaraderie that transcended geographical boundaries, finding a sense of belonging and purpose

that filled her with joy and fulfilment.

As Lily's involvement in the Rotary Club deepened, so too did her impact on the world around her. She became a catalyst for change, a beacon of hope for those in need, and an inspiration to all who crossed her path.

And though her journey with the Rotary Club was just beginning, Lily knew that the echo of her cry for involvement would reverberate everywhere, inspiring others to join her in answering the call to service and making the world a better place, one act of kindness at a time.

You too can find your passion in Rotary, do not die with your magic still in you!



On the cover
Dr Florence Githinji inoculates a young girl against cervical cancer at a medical camp held by the Rotary Club of Lugogo Mango Tree in Kachumbala, Bukedea district



Sights of Uganda

THE MYSTERIES OF KAGULU HILL

By Rtn Kalungi Kabuye

According to legend, a Bunyoro prince named Mukama Namutukula crossed Lake Kyoga to Busoga sometime in the 17th century, after the Banyoro had conquered Busoga. He landed at a place now known as Iyingo in Buyende district; apparently, he liked what he saw and decided to settle.

First, he lived in a cave on the Iyingo rock, and to this day there is a shrine dedicated to the spirits that guided Mukama. He later moved to more spacious caves under Kagulu rock, which became something of a holy site for the Basoga. Before he returned to

Bunyoro, Mukama is said to have begat 5 sons (Wakooli, Zibondo, Ngobi, Tabingwa and Kitimbo), who founded the royal clans of Busoga.

Kagulu Rock is now a tourist site, just second in popularity to the Source of the Nile. Two years ago, I joined the Mountain Slayers Uganda

“

We woke up to a stunning sunrise, and one of the guides tried to convince us that we could see Mt Elgon in the East.

(MSU) for a planned hike to Kagulu. The rock itself is a relatively easy climb; and to make it even easier, steps leading right up to the top have been constructed, complete with handrails. So your average tourist can climb to the top, take pictures of the stunning 360 views, and then come down for a cold beer without breaking much of a sweat (there are claims you can see the whole of Busoga from the top).

But the Mountain Slayers, chaps that like spending weekends climbing mountains, do not do 'easy', so there had to be a twist to make it worthwhile. The plan was to go to the Iyingo landing site on Lake Kyoga, hike the 18km or so to Kagulu, and then climb the rock when suitably tired. Furthermore, we would not use the 'easy' steps, but climb the back of the rock unaided. The point is to form a challenge in whatever we do, otherwise where is the fun in doing it?

Along the way, we would get to learn about the formation of the Busoga kingdom, and visit the sites where it all started.

So we set off one November weekend and headed to Kagulu. The plan was to leave Kampala at 1 pm and get to Kagulu in time to pitch our tents before dark. But again, that is easy, so somehow we found ourselves pitching camp after dark. MSU people have

been known to cheerfully pitch camp in pouring rain, without power; anything for a challenge.

We camped just below the rock, and some folks were overheard wondering if the spirit of Prince Mukama was okay with foreign peeps camping on what to Basoga is sacred land. But there was power, some very interesting showers (that's a story for another day), and a hot dinner waiting for us.

About half of the people were guests (non-MSU members), and quite a few were first-time hikers. So the talk over dinner was what they should expect on the hike in the morning. Interestingly about a year before that I had climbed my first mountain, Mt Kei

in Koboko; and they listened attentively as I described how I had no idea what to expect, how getting back down the mountain was the hardest thing I'd ever done in my life; and how I prayed to all the gods in the universe to just get me down, and promised not to do such a silly thing again.

So, if I'd sworn never to do it again, what was I doing there? They asked. Ah ha, good question; you'll tell me after your hike.

We woke up to a stunning sunrise, and one of the guides tried to convince us that we could see Mt Elgon in the East. But it seemed like just another cloud formation to me, so I didn't buy it; although some of the hikers said they could make it out.



Although it had drizzled during the night, the day was hot and dry as we hiked from Iyingo. We were welcomed by traditional dancers at the Iyingo Rocks, and then on to Mukama's shrine.

Visitors cannot approach the caves and shrine unless they take off their footwear, and have not had any intimate relations the night before. Quite a few decided not to go to the shrine, with the predictable round of ribbing as to the reason why. Incidentally, the caretaker of the shrine, complete with bark cloth and beads, is a practising Roman Catholic.

Between Iyingo and Kagulu are four other rocks, all with particular names and representing specific parts of the history of Busoga.

After that it was a forced march to the base of Kagulu Rock, passing several of those other rocks which we politely declined

to climb. Also to the joy of the local children, some of whom hiked with us for a while. Others showed off their rock climbing skills, practically running up the steep inclines.

By the time we got to Kagulu, the dry weather had taken quite a toll on several of the hikers, and not a few opted to take the steps up. The top has some really stunning views, with Lake Kyoga shimmering in the bright sunlight. It was my first time to set eyes on Lake Kyoga, so it was another bucket list item notched off.

Why do people climb mountains? It might be 'because they are there,' as attributed to legendary Mt Everest climber George Mallory. That might do for the Mountain Slayers, too; but they do like to make a change wherever they go. From donating clothes and cash to the Ik community in Karamoja, to contributing books and magazines to a library in Moyo. This time the group donated a bunch of hoes to the communities of Kagulu and Iyingo (guest hiker Chris from the USA was intrigued at the announcement that we were donating 'hoes').

Incidentally, many of the MSU members are Rotarians, so the spirit of service above self is alive and well.



The Heartbeat of Rotary



A Poetic Ode to Service, In a world where
self is often prized
There shines a club of different guise
Where dreams are nurtured, where hopes
abide
It takes a soul unique to walk this ride.

To be a Rotarian, a call to heed
To serve with vigor, to meet each need
With “Service Above Self” as guiding creed
In every action, in every deed.

It takes a heart of gold, a spirit strong
To answer swiftly, to right each wrong
With rock-solid character, we belong
In fellowship, together we throng.

Patience, time, and staying true
To stand by others, to see them through
In moments tough, in skies of blue
In humility, our strength we renew.

With vision reaching, we extend our
hand
To lift the fallen, to help them stand
With words of hope, across the land
Together, united, we take our stand.

In the magic of Rotary, we find
A bond of friendship, of one shared mind
With teamwork, trust, and joy combined
In service together, our hearts entwined.

So, let us cherish, let us care
For the heartbeat of Rotary, everywhere
In service, fellowship, beyond compare
Together, as Rotarians.

CP Mark Gerald Asimwe
Rotary Club of Saturday
E-Jazz

Rotary Club of Kampala Spring's Journey to Securing a Global Grant

I'm overwhelmed with gratitude and anticipation as I pen down these words. The Rotary Club of Kampala Springs has just been bestowed with a momentous global grant from Rotary International, a testament to our collective dedication and hard work. This grant, a beacon of hope, has the potential to transform the lives of our community in ways we have yet to comprehend. The journey began in 2022 as we were coming out of the Covi-19 lockdown. With the restrictions and competing priorities, we were slow to start, and progress was made in baby steps.

Our passion was to do this well, so we took the time to learn and understand what it means to be a recipient of a Global Grant, and sure enough, we knew. Under the mentorship of Rtn Richard Kalungi Kirumira, we worked to get ourselves in order. The application process was rigorous, but our team, including the community members and our Global Grant Officer Rtn Dr Patience Kinengyere, were

“

The facility carried out 3,695 normal deliveries and 575 caesarean sections; 3,121 children were immunised, and 2,387 mothers received family planning services.



determined.

We worked tirelessly to research, write, and review our proposal. We poured our hearts and souls into it, knowing that this grant could be a game-changer for our community. The community's involvement was crucial, and we are deeply grateful for their support and dedication. We quickly appreciated the need for proper documentation and came full circle to understand the meaning of accountability

and what this would mean for our club and the community. And then, the wait began. Weeks turned into months, and we tried to put the application out of our minds. But the excitement and anticipation lingered.

Finally, the email arrived on Thursday, 20th June 2024. We had been awarded the global grant! Our team erupted in cheers and tears, knowing our hard work had paid off. Our President was almost in tears; our Global Grants Officer was overjoyed. We were ecstatic

This grant, a testament to our collective efforts, will enable us to improve the health standards of Kabwohe Health Center IV significantly. The project is focused on delivering two focus areas: water, sanitation, and hygiene (WASH) and maternal and child health. We hope to contribute to the United Nations Agenda 2030, which promotes Good Health and well-being for all ages. The Goal 3 key targets that are of concern are:

“to reduce the global maternal mortality ratio to less than 70 per 100,000 live births; to end preventable deaths of newborns and children under five years of age; and to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births in all countries.

Kabwohe Health Centre IV (HC IV), a public healthcare facility founded in 1948, is located in Rutoma Ward, Kabwohe Division, Sheema Municipality, Western Uganda, about 300 kilometres from Kampala. Kabwohe HC IV has a wide catchment area, serving over 2,000 people daily. The facility also receives emergency referrals from other health facilities within the district and from the neighbouring districts of Buhweju, Bushenyi and Kashmir.

The facility receives 1,400 patients in the various outpatient clinics combined. The facility conducts an average of 150 monthly deliveries,

with about 30 needing to be delivered by cesarean section. In the financial year 2022/2023, Kabwohe HC IV offered clinical services to 51,851 people. Of these, 8,191 mothers received antenatal care from the facility. The facility carried out 3,695 normal deliveries and 575 caesarean sections; 3,121 children were immunised, and 2,387 mothers received family planning services.

The Maternal & Child, Health and WASH Project, will focus on giving Kabwohe HC IV the necessary medical and solar equipment to enhance better service delivery, especially to mothers and children in this community. The project seeks to improve human resources through capacity building so that all essential medical staff can operate, use, and maintain the equipment efficiently.

This project will also improve community health and well-being by improving the water and sanitation at Kabwohe HC IV to facilitate better health services.

This will be done by:

- Providing necessary health equipment in the maternal and child health department
- Train staff and promote facility-community outreaches for effective disease prevention.
- Providing a solar water pump and 20,000-litre water tank to improve access to adequate clean water
- Building sustainable partnerships and collaborations for better health in the surrounding communities
- Installing a solar lighting system for the operating theatre and maternity ward

We thank Rotary International for believing in our project and supporting our efforts. We also thank our international partners RC Allschwil-Regio Basel from District 1980 and RC Kabwohe from District 9214

We are also thankful to our club members, who worked tirelessly to make this dream a reality.

As we embark on this exciting journey, we are reminded of the power of collaboration and Rotary International’s impact on communities worldwide. We are proud to be part of this global network and look forward to sharing our progress and outcomes with you in the coming months.

Thank you, Rotary International, for this incredible honour. We will use this grant to make a lasting impact and inspire others to do the same.

Rtn Margret Mbugiro

Service Projects Director 2024-25
Rotary Club of Kampala Springs

Rotarians unite to end maternal and child mortality in Uganda

As of 2019, the national maternal mortality rate in Uganda was high at 336/100,000 while the child mortality rate stood at 45/1000 live births according to the Uganda Demographic Health Survey.

Mothers who had at least 3 Ante-Natal care visits during the last pregnancy were 54%, Institutional births up to 50% while the children (12-23 months) were fully immunized (BCG, 3 doses each of DPT and polio and one dose of Measles) were slightly over 60%

The above situation triggered a response from the Rotary Club of Kampala South to mobilize partners and the community to develop a Maternal and Child Health (MCH) Project that would address these health gaps targeting 2,500 beneficiaries in five health Centres in Southwestern,

Central, and Northeastern Uganda.

Through this USD 122,000 project, the Rotary Club of Kampala South has equipped all five health facilities with portable ultrasound scans mindray dp, stethoscopes, pulse oximeters, fingertip delivery beds, stainless steel height meters, adult weight scales, new printers, scan trolleys, baby weighing scale manual pan type, weight scale hanging type with trocar, examination beds, blood pressure monitors, muac tape ped, fetoscope aluminum, and assorted medicines.

During the Project launch in August 2023 in Kabale District, the officer-in-charge of Kamuganguzi Health Centre III, Ms. Janet Twesigomwe, said the facility has a catchment of 11,425 people with about 1,000 outpatients and 40 deliveries recorded every month. She added that they were worried because in 2021 Kabale district lost 400 babies in one year and this was partly attributed to a lack of MCH equipment and trained personnel to support the mothers and children and limited and expensive antenatal and postnatal services.



President of Rotary Club of Kampala South RY23.24, Ms. Rita Tinka Mbabazi together with District Health Officials test out the Portable Ultrasound scan at Kamuganguzi Health Centre III in Kabale in Aug 2023.

Ms. Janet expressed her joy that through this project she was positive the losses would be reduced.

Maternal deaths in Kabale District have been attributed to a lack of affordable ultrasound scan services at health center IIIs and failure by pregnant women to routinely attend antenatal care.

The Assistant district health officer-in-charge of maternal and child health, Mr. Paddy Mwesigye, added that in Kabale District they had amplified health education to ensure that pregnant mothers get the right information about the risks involved in the failure to attend antenatal clinics.”

The President of the Rotary Club of Kampala South, Ms.

Tinka Mbabazi during the project launch said, “The donated health equipment includes a mobile ultrasound scan fitted with software that will always monitor and remind pregnant mothers through their registered mobile phone numbers about their maternal health routine schedules besides their scheduled dates of giving birth to avoid delays.” President Rita highlighted the key objectives of this project as improving the health status of women and children through improved access and quality reproductive and child health services, especially in vulnerable communities.

It is envisaged that the MCH project will promote positive health-seeking behavior among the community members, particularly in the reproductive age bracket, improve antenatal and postnatal checkups, offer

health education to about 10,000 adolescents on family life matters, and promote menstrual health.

It was noted that before this project, pregnant mothers requiring ultrasound scan services were being referred to Regional Referral Hospitals or private clinics.

Residents who attended the ceremony lauded the Rotarians for the equipment and technical support.

Ms. Betty Kyomuhangi one of the expectant mothers said, “I am so grateful to the donors for the well-thought-out idea of donating an ultrasound scan machine to our facility. The subsidized cost of Shs5,000 to access ultrasound scan services is affordable. We have been guessing the positions of babies during pregnancy but the machine will now do this work for us,” ‘We must end maternal and child mortality for development’



A nurse vaccinating a child during a maternal and child health camp that was organized by the Rotary Club of Kampala South at Hope Children’s Clinic Busesa Bugweri district on January 27, 2024.

Rotary Kampala South continues to urge the government and other stakeholders to step up efforts to end maternal and child mortality.

According to the 2022 Uganda Demographic Health Survey, the maternal mortality ratio reduced from 336 to 189 per 100,000 live births while the infant mortality dropped from 43 to 34 per 1,000 live births.

Medics argue that Uganda is unlikely to meet the sustainable development goals target of 70 maternal deaths per 100,000 lives by 2030. The Ministry of Health hence needs to use a multi-prolonged approach to tackle leading causes of maternal mortality including postpartum infections and complications from unsafe abortions.

References:

- Media Stories <https://www.youtube.com/watch?v=qsZQEFebSuc>
- Project Media coverage <https://portal.clubrunner.ca/9165/PhotoAlbums/kikandwa-project-6th-january2024>

Project partners

The MCH project implemented by the Rotary Club (RC) of South (Host) & RC Taipei East (International) was made possible through a global grant from the Rotary Foundation and contributions from the partners listed on the signage

**By Agaba Innocent
Director Service Projects 23/24
Rotary Club of Kampala South**



Rotary club of Kampala South together with partners from Rotary Club of Des Moines AM and Shinning City Foundation USA handing over a potable ultrasound scan to Kikandwa Health Centre 3. This was during a one-day maternal and child health camp that was organized by the club in Kikandwa

Installation of Magic Presidents



Rotary Club of Kasangati



Rotary Club of Masindi



Rotary Club of Naalya States



Rotary Club of Kampala Naalya



Rotary Club of Muyenga Sunday Sunset



Rotary Club of Lugogo Mango Tree



Rotary Club of Kibuli



Rotary Club of Ntinda



Rotary Club of Kampala East

LEADERSHIP

District Governor
(DG)
Anne Nkutu
Rotary Club (RC)
Kampala Naalya

Vice DG
Mike Kennedy
Sebalu
RC Bukoto

IPDG
Edward Kakembo
RC Kampala Ssesse
Islands

DGE
Geoffrey Kitakule
RC Kampala South

DGN
Gerald Obai
RC Gulu

Past District
Governor (PDG)
Advisor
Stephen Mwanje
RC Mukono

PDG Advisor
Rosetti Nabumba
RC Mukono

PDG Advisor
John Magezi
Ndamira
RC Kampala North

PDG Advisor
Francis F. Tusubira
RC Kampala North

District Rotaract
Representative
(DRR)
Simeo Ssebukulu
Rotaract Club
(Rtrct-C) Kla North
Musical

IPDRR
Emmanuel Lukeera
Rtrct-C Kampala
City

PIME

Chair: Planning,
Implementation,
Monitoring,
Evaluation
Judy Obitre Gama
RC Portbell

Vice
Fred Masadde
RC Kampala Ssesse
Islands

STRATEGY

Chair
Gerald Obai
RC Gulu

Vice
Denis Rwatooro
RC Masindi

COUNCIL ON LEGISLATION

Council on
Legislation
Representative
John Ndamira
Magezi
RC Kampala North

ROTARY ACTION PLAN

District Action Plan
Champion Rotary
Erina Nafula
RC Kampala
Metropolitan

District Action Plan
Champion Rotaract
Jessica Ssakwa
Rtrct-C Sonde

DISTRICT SECRETARIAT

District Executive
Secretary (DES) Rotary
Phyllis Kwesiga
RC Kampala Ssese Islands

Lieutenant Governor (LG)
Peter Mukuru
RC Kampala South

District Treasurer (DT)
Kaziro Kyambadde
RC Kampala East

IT Support
Faridah Nankya
RC Kampala Impala

Finance and
Administration
Beatrice Ngabirano
Uganda Country Office

DISTRICT LEARNING

Chair
IPDG
Edward Kakembo
RC Kampala Ssese Islands

Vice District Learning
Facilitator (DLF)
Bonnie Nsamu
RC Kololo

Assistant DLF
Jane Nakato
RC Kampala North

DISTRICT CONFERENCE

Chair
Henry Rugamba
RC Kampala

Secretary
Flavia Serugo
RC Kampala Naalya

Treasurer
Edward Nyatia
RC Makindye

Fundraising Chair
Kenneth Kiiza
RC Kampala Springs

GOVERNANCE & ETHICS

Chair
Francis Gimara
RC Kampala

Vice Chair
TBA

ROTARY UGANDA CHAIR

Chair
Fabian Kasi
RC Kiwatule

MEMBERSHIP

Chair/ New Club
Development
Paul Nampala
RC Kasangati

Member Attraction
Dan Kiguli
RC Gayaza

Member Engagement
Michael Sekandi
RC Nansana

Regional Membership
Area Co-ordinators
TBA

E Clubs Co-ordinator
Mark Asiimwe
RC Saturday E Jazz

Rotary Community Corps
(RCC)
Edith Mujwisa
RC Bukoto

Corporate Members
Caroline Mboijana
RC Kampala Springs

Diversity, Equity and
Inclusion
Mariam Mutalaga
RC Namugongo

Family of Rotary
Jocelyn Ekochu
RC Kampala West

Rotary Fellowships
Peter Odoki
RC Kiwatule

Rotary Action Groups
Connie Magomu
RC Sonde

NEW GENERATIONS /YOUTH

Chair
Edgar Nsereko
RC Kampala

Protection Officer
Claire Amany
RC Acacia Sunset

Interact Chair
Grace Nanyonga
RC Mukono Central

Rotary Youth Leadership
Awards
Maureen Kawombe
RC Naalya States

Youth Exchange
David Semakula
RC Kampala Sunrise

New Generations Service
Exchange
Sam Ngambwaki
RC Kampala Morning
Stars

COMMUNITY SERVICE

Chair
David Nsubuga
RC Kampala Central

AREA OF FOCUS CHAMPIONS

Environment
Ernest Kusiima
RC Kiwatule

Peace & Conflict
Prevention
Rose Atim
RC Gulu

Maternal & Child Health
Nabifo Frida
RC Mbale Metropolitan

Disease Prevention &
Treatment
Richard Kalungi
RC Kampala South

Economic Empowerment
Robert Odedo
RC Kampala Maisha

Water, Sanitation and
Hygiene (WASH)
Rosemary Namate
RC Jinja

Basic Education &
Literacy
Fred Kitakule
RC Day Break

THE ROTARY FOUNDATION

Chair
Xavier Sentamu
RC Kiwatule

A) GRANT MANAGEMENT

Grants Chair
Nelson Kabwama
RC Kampala Ssesse Islands

District Grants Sub-
committee
Milton Tusingwire
RC Kabarole

Global Grants Sub-
committee
Emmanuel Kwesiga
RC Kampala Central

Qualification Chair
Peter Isabirye
RC Source of the Nile

Stewardship Chair
Priscilla Nakiboneka
RC Kampala North

TRF PROGRAMMES

Rotary Peace Centre
(RPC) Host Area Co-
ordinator/ Alumni
Margaret Okello
RC Kampala Naguru

(Sub Section of Grants Folio)

Peacebuilding and conflict
prevention
Moses Kafeero
RC Mukono Central

Vocational Training
Teams
Sophie Bamwoyeraki
RC Kasangati

Scholarships
TBA

B) FUNDRAISING

Annual Fund
Catherine Barasa
RC Sonde

Polio Plus
Evelyn Akello
RC E Ntinda

Endowment & Major Gifts
Ronald Oine
RC Upper Kololo

Paul Harris Society
Lillian Ntuulo Joloba
RC Kira

Corporate Partnerships
Peter Kasedde
RC Kitante

B) PUBLIC IMAGE

Chair
Peter Mwesige
RC Lugogo Mango Tree

District Webmaster
Charles Odaga
RC Kampala South

District Media Relations
Sylvia Nankya
RC Kampala Naalya

Editor DG's Newsletter
Joachim Buwembo
RC Kampala Naalya

Social Media
Yona Tukundane
RC Upper Kololo

INTERNATIONAL SERVICE

Chair, International
Service/ Partnerships
Moses Musiitwa
RC Kyambogo

Inter District/ Country
Committee
Joe Nuwamanya O

Rotary International (RI)
Convention
Hamza Sekamatte
RC Kampala Palms

House of Friendship (RI)
Joy Bagyenda
RC Kampala Sseso

Friendship Exchange
Lilian Ayikoru
RC Arua

Rotaract
Africa



Theme: Unleashing Africa's Potential ; Rotaract leading the way

REGISTRATION



14th - 17th
November 2024



Las Vegas
Garden Hotel
Kazibwe Road, Bunga, Kampala

\$80

Early Bird Registration
1st Feb -31st July 2024

\$100

Late Registration
1st Aug -14th October 2024

Note: Fees don't include accommodation

ACCOMMODATION

\$120

Shared Accommodation
3 Nights

\$150

Non Shared Accommodation
3 Nights

Deadline:
Sat. 31st
August 2024

PAY THROUGH REGISTRATION LINK

Glamorous- Memorable - Historical

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