

The W^{ave}

Rotary
District 9213 

November 2024

Ride The Tide



100 Days of Magic!



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JAN. 2025**

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World Polio Day activities
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Cover picture: A young girl receives sanitary wear donated by RC Kampala South in Mukono

EDITOR'S NOTE

Why we must give and keep giving and then give more

“Me, I can't join Rotary; those Rotarians are just a bunch of rich people looking for ways to spend their cash, for me I have my problems!”

You have heard that statement many times, sometimes expressed in even stronger terms. You heard it before you joined Rotary, but the tone changed when you became a Rotarian and some people started looking at you with suspicion, wondering how you struck a fortune and didn't tell them. Do not expect that misconception to change anytime soon; after all, it is not entirely false. We Rotarians are all rich because we always have something to spare for others, the less fortunate. We are rich, because giving doesn't lead us into starvation. In that sense we are richer than the billionaire next door. But we do not hold that billionaire in contempt; they just haven't been lucky to discover the Rotary experience.

A Rotarian's life is useful beyond self, family and friends. The Rotarian can afford to give to help strangers. In that way, you are richer than all the dissatisfied billion around.

There is a lot of misery around us, afflicting even the cash-rich billionaires.

So, as we give time, money, expertise and dedicated service, we must not think of stopping because our donations help both the poor and

the rich. A society swamped with afflictions related to poverty and ignorance is a sad society, whose anxieties are shared even by the richest of that society.

So, we must give and keep giving and then give more! Today, a Rotarian in District 9213 knows that every dollar donated to the International Foundation's basket can produce many times over when it comes back in grant form to help improve lives in Uganda. This multiplication is not the work of magicians. It simply results from the extra dollars donated by those who have already overcome the basics of life.

So, one day, if we consistently monitor, evaluate, expand and replicate our projects, the quality of life of our people will improve and so will their productivity. They (some) too will start donating.

And we shall have more to donate and yet our initial beneficiaries will no longer be so needy. Ultimately, a bigger reserve of funds will grow and most money raised by District 9213 Rotarians will then be used for matching the funds raised by Rotarians in then less developed countries for the development of their countries.

May that day find most of us still alive!

Joachim Buwembo
RC Kampala-Naalya

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PHOTO EDITOR



Sylvia Nankya
RC Kampala-Naalya

PR AND MEDIA

District Calender November 2024

- | | |
|---|---|
| <p>01 DD's visit to Njeru
DG's visit to RC Tororo Sam Owori</p> | <p>14-17 Rotaract Africa Summit</p> |
| <p>02 DRR's visit to Nakivale Juru</p> | <p>20 DRR's visit to Buganda Royal Institute</p> |
| <p>05 DG visit to RC Acacia Sunset</p> | <p>21 DRR's visit to Mulago School of Nursing & Midwifre</p> |
| <p>06 DRR's visit to Gayaza Technical
DG visit to RC eClub Naguru</p> | <p>22 DRR's visit to Ndejje City</p> |
| <p>07 DRR's visit to Kira
DG visit to RC Namugongo</p> | <p>23 29th Undergrad RLI Training Module 2/ 20th Grad</p> |
| <p>08 DRR's visit to Kampala Palms
DG visit to RC Kampala 7 Hills
Cheza N'Afrigo RC Kampala Ssesse Islands</p> | <p>24 TRF Soccer Match</p> |
| <p>09 DRR's visit to Kapchorwa</p> | <p>27 DRR's visit to Nakawa MUBS</p> |
| <p>10 World Interact week
DRR's visit to Mbale
DG visit to Gayaza</p> | <p>28 DRR's visit to E-Club of Uganda Global</p> |
| <p>12 DG visit to RC Kampala Naalya</p> | <p>29 DRR's visit Mukono</p> |
| <p>13 DG visit to RC Kira</p> | <p>30 RC Kampala Early Bud: Fundraising Drive</p> |

WORD FROM PRESIDENT, ROTARY INTERNATIONAL

“Your gifts to our foundation also make programmes of scale possible.”



A solid Foundation

One of Rotary’s greatest strengths is the ability of our members to come together to create lasting change, and The Rotary Foundation helps us transform dreams of change into reality.

From eradicating polio to building peace, much of the work we do around the world would not be possible without our continued support of our Foundation.

The cause of peace is especially important to me, and one of the most effective ways we build peace is our Rotary Peace Fellowship — a product of The Rotary Foundation. The program helps current and aspiring peace and development professionals around the world learn how to prevent and how to end conflict.

Thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next Rotary Peace Centre, at Bahçeşehir University in Istanbul.

Opening yet another peace centre is a monumental achievement that we will celebrate at the 2025 Rotary Presidential Peace Conference in Istanbul.

The three-day conference 20-22 February will highlight the many ways our family of Rotary advocates for peace. Keynote speakers, panel discussions, and breakout sessions will allow us to share ideas about building peace and foster meaningful conversations about promoting peace everywhere.

Registration for the Presidential Peace Conference is open. I hope to see you there, but if you can’t make it, our Foundation offers so many ways to change the

world for the better. November is Rotary Foundation Month, a great time to get to know your Foundation better and pursue causes that appeal to you.

Global grants support large international activities with sustainable, measurable outcomes in Rotary’s areas of focus. By working together to respond to pressing community needs, clubs and districts strengthen their global partnerships.

District grants fund small-scale, short-term activities that address needs in your community and in communities abroad. Each district chooses which activities it will fund with these grants.

Our Foundation can even help you support our wonderful youth programs, including Rotary Youth Exchange, Rotary Youth Leadership Awards, and Interact.

Your gifts to our Foundation also make Programs of Scale possible. These are long-term projects that seek to solve otherwise intractable problems.

To ensure these good works continue beyond our lifetimes, it is up to us to reach our ambitious Rotary Endowment goal of \$2.025 billion by 30 June 2025.

The Magic of Rotary does not appear out of nowhere. We create the magic with every new member inducted, every project completed, and every dollar donated to our Foundation.

Please join me in supporting The Rotary Foundation, and together, we will change the world for the better.

Stephanie A. Urchick
President, Rotary International



TOGETHER, WE

END POLIO

Rotary believes healthy communities are strong communities. That’s one reason we’ve worked tirelessly to help immunize 2.5 billion children against polio. Bringing the world closer to eradicating a deadly disease — that’s what people of action do. [Learn more at Rotary.org](https://www.rotary.org).

Rotary  PEOPLE OF ACTION

DISTRICT GOVERNOR'S MESSAGE



Scaling Our Impact through The Rotary Foundation

Dear Rotarians, I would like to share some thoughts on an important topic that has been discussed in our Rotary community: how can we scale our impact through larger, more significant projects?

My daughter, who works in digital marketing, collaborated with an agency where her responsibilities included identifying influencers to promote various products. Each time they launched a new product, she would ask for my input on potential influencers. However, her final decisions were always guided by their brand and digital footprint—specifically, their number of followers which demonstrates their reach and effectiveness. This trend underscores a crucial truth in today's world: numbers matter.

In Rotary, we have been discussing how to increase our impact by undertaking bigger, better, and bolder projects. Many clubs are engaged in wonderful initiatives that touch lives. Unfortunately, many of these efforts go unnoticed. Currently, many of our projects rely on member donations at club level and fundraising events. However, through this approach, we can only raise limited amounts at a time. This subsequently leads to longer timelines for project implementation and projects that are relatively small in scope. Our limited reach subsequently affects our visibility, which in turn constrains our ability to attract significant partnerships. In the corporate world, scale matters.

Yet, there is a way to break this cycle. The Rotary Foundation was established in 1917 with the objective of enabling us to do good in the world. What began as a modest investment of \$26.50 has grown into an endowment with over \$ 1.6 billion. Each year, the Rotary Foundation awards over \$300 million in grants; with projects in D9213 receiving an average of

\$2.5 million.

In essence, the Foundation was created to help us scale our efforts by providing the resources to reach more people. This objective remains as relevant today as ever. The smallest grant available is \$30,000—an amount that is often beyond what clubs can fundraise locally. Yet, its potential impact on any given community is significant.

So, I am encouraging you to do the maths. Take a moment to calculate how many wo(man)hours your club spends organizing fundraisers compared to the potential return on investment if we directed those efforts towards applying for grants from the Rotary Foundation. While it's true that crafting proposals and finding international partners can be time-consuming, the difference between a Global Grant and club funding is profound.

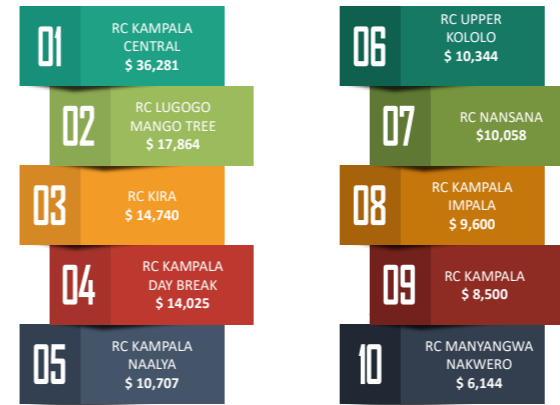
RI President Stephanie has set an ambitious Rotary Endowment goal of \$2.025 billion by 30 June 2025, which will empower us to increase our global impact. The more funds we raise, the more we can give back. But this task will be more manageable if more of us contribute to the Foundation.

On July 1 2024, I launched the 25 X 25 TRF Relay with an ambitious goal of all giving clubs and all giving Rotarians. My humble request is that every Rotarian in D9213 contributes a minimum of \$25 dollars (UGX 100,000) to the Rotary Foundation by 30 June 2025. I would like to thank in a special way, all the clubs and the individuals that have heeded this call. If you haven't started your relay— it is not yet too late. Use the month of November to amplify the magic of Rotary by giving something to the Foundation. All contributions matter!

Anne Nkutu,
District Governor

CLUBS WITH HIGHEST GIVING TO TRF TODATE

Source: Rotary Club Central

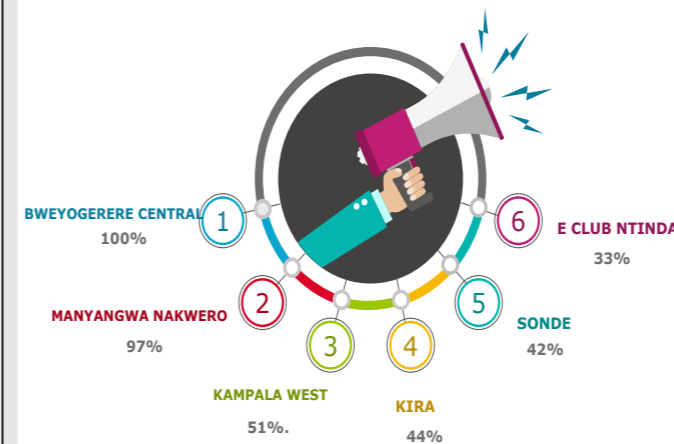


CLUBS WITH HIGHEST GIVING TO POLIPLUS FUND TODATE

Source: Rotary Club Central



CLUBS WITH HIGHEST PERCENTAGE OF EREY ROTARIANS



TOP GIVING DISTRICTS OF ZONE 22 IN RY 2023-24

	1 st Place	2 nd Place	3 rd Place
Annual Fund	D9213	D9110	D9214
Endowment Fund	D9125	D9212	D9110
PolioPlus Fund	D9110	D9125	D9101
Total Giving	D9213	D9110	D9214



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Community service is an essential part of Rotary, including planting trees

100 Days of Magic

By Rtn Sylvia Nankya, RC Kampala-Naalya

As exciting as it is, leadership comes with the enormity of the crucial first 100 Days, often used to set the tone. As we roll through the magic of Rotary year, D9213 reflects on the power of the 100 days under the leadership of Governor Anne Nkutu.

With visits to more than 80 clubs and still counting, DG Anne has been to all corners of the country, to fulfil a mandate of visiting each club in the district.

She has gone as far as Yumbe, in West Nile, a distance of more than 560 kilometres from the capital Kampala, spreading the magic in communities. She has visited schools, prisons, kingdoms and farms and planted trees in almost all the places she has visited.

With so much love, she has been received, and gifted by Rotarians across the country. Many have taken heed of her message to improve the club experience for all members, improve club

governance, and make the club's future fit.

They have given to the Rotary Foundation in response to her call through direct giving and the 25x25 relay, they have planted trees in support of the Plant Your Balance initiative and they are dedicated to growing the numbers.

In this article, we peek into the magic through our giving to The Rotary Foundation, membership growth and service to

communities, among others.

1. THE ROTARY FOUNDATION

Up to UD\$237,000 was collected by Rotarians in District 9213 in the first 100 days of the Rotary Year that started

on July 1. This is 22% of the district goal of

With visits to more than 80 clubs and still counting, DG Anne has been to all corners of the country.



Governor Anne Nkutu



DG Anne with the Rotary International President, Stephanie Urchick

US\$700,000 US Dollars pledged in the Rotary year 2024-2025.

The money, which was mainly donated through the Annual Fund and Polio Plus Fund, resulted in 116 Paul Harris Fellows in the first Quarter, Eight benefactors, and nine Major Donors.

While the Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of US\$1,000 to The Rotary Foundation, those who include the Endowment Fund as a beneficiary of USD 1,000 or more in their estate plans or when they donate US\$1,000 or more to the fund are classified as Benefactors.

The Foundation also recognises as Major Donors, all individuals or couples whose combined personal or outright cumulative contributions reach US\$10,000.

The clubs with the highest number of PHFs during the quarter are Lugogo-Mango Tree (11), Kampala Day Break (10), Kampala (7), Upper Kololo (7), Kampala Naalya (5), Kitante (5), and Kampala South (4).

“Although we wanted to have a district of all giving Rotarians, the collection in the first 100 days was from 540 Rotarians,” DG Anne told district officials at the annual retreat held in October. The district has up to 4,995 Rotarians from 130 Rotary

clubs. However, of these up to 82 clubs haven't given anything to the Foundation.

Contributions to The Rotary Foundation are transformed into grants that fund local and international humanitarian projects, scholarships, vocational training teams, and more. At the end of every Rotary year, contributions directed to the Annual Fund-SHARE from all the clubs in the district are divided between the World Fund and the District Designated Fund (DDF).

2. MEMBERSHIP GROWTH AND EXTENSION

The District inducted 492 new members in the first quarter of the Rotary Year, bringing the number of Rotarians to 4,995. The biggest group was inducted into the Rotary Club of Mubende Metro, adding 40 members to its portfolio.

With this addition, the District is 534 members away from achieving its goal of 720 new members this Rotary year. The impressive net membership gain made D9213 the highest in Zone 22 and number nine globally as of September 30.

Paul Nampala, the District Membership Chair observed that the growth implies a net gain of 129 per month adding that the district needs a net gain of 60 per month

going forward. ‘Going beyond double for the first quarter is more than a Magical achievement,’ he said.

The growth, he added, was occasioned by the magical revival at RC Mubende Metro and the effort to ensure that all inductees are promptly entered into the RI Database and their RI IDs provided along with their membership Certificates.

3. NEW CLUB DEVELOPMENT

The Magic 100 days also saw a dedicated effort to reach out to new clubs to ensure continued mentorship and guidance, both through sponsor Mother Clubs as well as established District Structures. The journey to nurture new clubs has yielded 33 potential new clubs (including one satellite club) at different stages (Ideation, In-

Formation, Provisional).

Two interesting and unique cause-based clubs are in the pipeline: the Rotary Club of Persons with Hearing Impairments, which is sponsored by the Rotary Club of Kiwenda; and the Rotary Club of Kyadondo Rugby, which is sponsored by the Rotary Club of Kampala-Naalya.

The District also started the process of forming the Fitness fellowship, championed by Rtn Robert Ssebugwaawo, also known as Coach Bob.

4. COMMUNITY SERVICE

The District established a service committee to capture Data to show what has been spent, and what has been achieved over the years. It has since established that most of the projects in the District focus on Basic Education and Literacy, Disease Prevention and Treatment as well as Maternal and Child Health. Very few Clubs are working in the area of Conflict Resolution.

It was equally established that although there are numerous projects, only 30% of these are funded through Global Grants, with 70% funded by clubs and their members.

COVER STORY: 100 DAYS OF MAGIC



Rotarians responded to the Kiteezi tragedy and donated much needed supplies to the survivors

Continued from page 11

Governor Anne says this trend is not sustainable because it puts a lot of pressure on the club members. She also decried the absence of information about how much clubs are investing in projects.

However, Clubs have continued to innovate, one of the unique interventions that the Governor visited during the 100 days is the Jaipur project implemented by the Rotary Club of Kyambogo-Kampala.

The project, a partnership between the Rotary Club of Kyambogo-Kampala and Great Lakes Rehabilitation, helps to restore the lower limbs of amputees (mostly accident victims) through centres in Lukuli-Nanganda, Mayuge,



Rtn Wanna, TRF Director of RC Lugogo-Mango Tree, gets her PHF certificate



Rotary Fellowships blossomed in the first 100 days

Kumi Hospital, Kabale, Goma, and Bukoba. The partners also supply materials used to make artificial limbs throughout East Africa. About 2000 patients have acquired artificial limbs at no cost.

In Mid-Western Uganda, the Rotary Club of Masindi is undertaking a pilot project to support the Rehabilitation and Social Reintegration of ex-convicts in Masindi Main and Isimba Prisons. During her visit, DG Anne witnessed the signing of the Memorandum of Understanding between the Rotary Club of Masindi and Isimba Prison farm.

The magic was also witnessed through the frontline response by Rotary Clubs across the country following a tragic incident that claimed the lives of more than 35 people in Kiteezi, Wakiso District. The landfill collapsed after a structural failure in waste mass and buried several homes which plunged the area into a dire humanitarian crisis.

Efforts by clubs to green the

environment also stood out as they incorporated tree planting in all projects they were undertaking. The district's goal is to plant one million trees over the next three years.

5. INTERNATIONAL SERVICE

More than 800 Rotarians from the District have successfully registered for the Rotary International Convention due to take place in Calgary Canada in June 2025.

The convention is the largest event of the year for Rotarians around the world and a chance for members to show the general public what they are doing in communities and search for international partners for their various interventions.

6. ROTARACT

The Rotaract District recorded a net gain of 256 Rotaractors in the first 100 days. A majority of these (153) were inducted in July, 54 in August and 49 in September; bringing the Rotaract Population in D9213

to 2573. The district membership goal of 1000 net gain is currently at 25.6%.

During the same period, the total number of clubs with less than 10 members reduced from 20 to 12, while one tier-two club, the Rotaract Club of Nansana, dropped back to tier one.

The Rotaractors raised US\$1, 901.27 against a target of US\$30,000 during the 100 Magic Days. Of this, US\$164 was raised through the Magic Wand initiative, US\$513.67 through 25 by 25, and US\$1,250.1 through direct online donations to The Rotary Foundation.

The highest-giving Rotaract clubs were the Rotaract Club of Lake Victoria US\$326.59, the Rotaract Club of Kampala East (US\$282.68), the Rotaract Club of Kololo (US\$256), and the Rotaract Club of Kampala North Musical (US\$226.14).

The highest collection was in September, with 7US\$96.29, while US\$522.55 was collected in August and US\$444 in July.



Dr Francis and Rita Lakor



Emmanuel Katongole

Celebrating Uganda's Magic Hands Of Giving

By Sylvia Nankya

Donating to The Rotary Foundation is the essence of Rotary, and these donations are transformed into service projects that change lives around the world. There are different levels of giving, and the highest are Arch Klumph Society (AKS) members and Major Donors (MDs).

While AKS members are those donors whose cumulative gifts total US\$250,000 or more, MDs are classified into levels:

- Level 1: \$10,000 to \$24,999
- Level 2: \$25,000 to \$49,999
- Level 3: \$50,000 to \$99,999
- Level 4: \$100,000 to \$249,999

Below are some of Uganda's highest donors to the Rotary Foundation:

AKS EMMANUEL KATONGOLE

Emmanuel Katongole joined the Rotary Club of Muyenga, Kampala-Uganda, in 1995. Since then, he has steadily and diligently served his



Kenneth Kiiza

Emmanuel Katongole is passionate about supporting the Rotary Foundation, and in this regard, he is a member of the Arch Klumph and Bequest societies.

PDG Emmanuel is also the founder

and patron of the Rotary Blood Bank at Mengo Hospital, a member of the Rotary Foundation Peace Major Gifts Initiative Committee for 2020–21 and was the team leader of the same committee for Rotary years 2021/22 and 2022/23.

Outside Rotary, he is a co-founder and Chairman of Quality Chemicals Limited, co-founder and Executive Chairman of Cipla Quality Chemicals Limited, founder of Vero Food Industries, Board Chairman of Uganda National Oil Company and Chairman of the TLG Capital's Advisory Board, among others. He holds a bachelor's degree in Statistics, and a master's degree in Economic Policy and Planning, both from Makerere University.

AKS KENNETH KIIZA

Kenneth Kiiza's Rotary journey started with an interaction with the late Rtn Aggrey Kankunda, who suggested starting a Rotary club in the Mbuya-Mutungo area.

This bringing together of people to understand Rotary and bring their combined effort and resources, led to the birth of the Rotary Club of Kampala Springs. It was chartered in January 2020 and Kiiza, also known as Gumpo, was its second President. During his year of service, a library was commissioned at Luzira Primary School.

Gumpo has already served beyond his club at the level of Assistant Governor. He is also the first and only Arch Klumph Society (AKS) member in Rotary District D9213, having given US\$250,000 to the Rotary Foundation.

He was born to the late Edward Tempo Rwehakanira Mulangira of Bushenyi, Western Uganda. The foundations of commerce and business were infused at an early age by his late father, an accomplished businessman, who ran a successful enterprise, Rwehakanira & Sons on Luwum Street, Kampala.

The left-handed, native of Itendero, Sheema district in Western Uganda, also has a knack for business and has distinguished himself as the consummate entrepreneur, having interests in telecoms (ROKE Telecom), manufacturing and agriculture.

THOMAS TAYEBWA

Rtn Thomas Tayebwa is a member of the Rotary Club of Kampala-Central. He is a Major Donor now at Level 3, having given more than US\$50,000 to The Rotary Foundation.

Outside Rotary, he is a Member of Parliament representing Ruhinda North County and the Deputy Speaker of the Parliament of Ugandan. He previously served as the Government Chief Whip.

He graduated with a BA in Social Sciences degree from Makerere University in 2005, and then a Bachelor's degree in Law in 2012 from the same institution.

Thomas Tayebwa is an avid Golfer and Formula One fan.

STEPHEN LWANGA

Rtn Stephen is a Budonian with several publications under his belt.



Thomas Tayebwa



Steven Lwanga

He is a member of the International Epidemiological Association, a Fellow of the Royal Statistical Society, a fellow of the Uganda National Academy of Science (FUNAS), and a Major Donor (Level 2).

He served as President of the Rotary Club of Kampala during the Rotary Year 2016-2017, the same year Sam Owori, a member of the Arch Club, was named Rotary International President-Elect.

He has previously served as the Executive Chairman of Kampala Seniors Club (2015- 2017), Treasurer of the Ttegula Project, a Church of Uganda multimillion Uganda Shilling project to repair Saint Paul's Cathedral, Namirembe; and Member of the Global Board of Advisors, Access Mobile, Inc.

His publications include 'A View Round the Bend (Setting Goals for Your Life's Journey)', and 'Fork in the Road (Creating a Future of Value Starting from Where You Are)',

among others.

DR FRANCIS AND RITA HOPE ACIRO LAKOR, RC KAMPALA NAALYA

Dr Francis Lakor is a Senior Consultant Oral and Maxillofacial Surgeon at Mulago National Referral Hospital. He holds a Master's Degree in Oral Surgery from Saratov State Medical University, Russia, a Bachelor's Degree in Dental Surgery from the Ukrainian State University of Medicine, Ukraine and a fellowship in Jaw reconstruction and craniomaxillofacial surgery and implantology from India

Dr Lakor is a Chief Examiner of the Allied Dental Program, a Member of the Uganda National Internship Committee, a representative of the Surgeons of the World in Uganda, and the Director of Rela Dental Clinic, a private dental facility in Kampala and Mukono. He has previously served as a member of the Uganda Medical Board, Vice President and President of the Uganda Dental Association, and Member of the Uganda Natural Medicines and Therapeutics Committee.

Dr Lakor is the Charter President of the Rotary Club of Kampala Naalya. He has served the club in various capacities, prominent of which was a three-year term of office as the TRF Director. He is now a Presidential Advisor.

Rita, on the other hand, is a human rights activist and Executive Director of Uganda Women's Network-UWONET. Rtn Rita has for over 20 years been at the forefront of advocacy and campaigning for the rights of women and girls. She has worked with communities and governments in East Africa on issues of leadership, land rights, gender-based violence, peacebuilding, as well as civic and voter education.

Rtn Rita was awarded the European Union Human Rights Defenders Award in 2021 in recognition of her contribution to the rights of women and girls in Uganda and the

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THE ROTARY FOUNDATION

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promotion of human rights and democratic values. She is a Charter Member of the Rotary Club of Kampala-Naalya.

RTN CONSTANT OTHIENO MAYENDE, RC NTINDA

Rtn Constant, classification of accounting and auditing, served his club as Chair Membership, Treasurer and Secretary before ascending to the highest office of Club President in the Rotary Year 2021-22 (Change Maker Year).

He subsequently served as a Club Trainer and The Rotary Foundation (TRF) Chair. He is the current Assistant Governor, Kampala Area 4 (RC Kampala South, RC Kampala 7-Hills, RC Kireka Movers, Rotary E-club of Uganda Global and RC Serere). He also serves as a member of the inaugural District Governance and Ethics Committee.

Rtn Constant and his wife, Rtn Rose are Major Donors, Level 1 Rtn Constant is a Partner at CMK & Co Certified Public Accountants, a Certified Public Accountant of Uganda (CPA) and a Fellow of the Association of Chartered Certified Accountants (FCCA). He holds a Post Graduate Certificate in Business Research Methods from Heriot-Watt University (Scotland), a Master of Business Administration and a Bachelor of Commerce degree from Makerere University, Kampala.

RTN MICHAEL NUWAGABA, RC BWEYOGERERE-NAMBOOLE

Rtn Michael is a qualified Marketing Executive with vast experience in East Africa's Coffee Sub Sector. He is currently the Chief Operating Officer (COO) at Uganda's biggest coffee exporting company, UGACOF Ltd.

He was previously the Head of



Constant Mayende



Robert Olego

Operations & Quality at RWACOF Ltd (Kigali, Rwanda) & BUCAFE Ltd (Bujumbura, Burundi) where he worked for 11 years.

He sits on several boards, including the Uganda Coffee Development Authority (UCDA), Uganda Coffee Federation (UCF), Star café Ltd., Uganda Coffee Traders & Processors Association, KAWABORA – Kenya Ltd, International Women in Coffee Alliance-IWCA (Uganda Chapter), and KAHAWATU Foundation.

He is the current President of the Rotary Club of Bweyogerere Namboole, a club he has also served in several other portfolios.

RTN ANTHONY OKIMAT OPOLOT, RC KIRA

Rtn Okimat is a Charter President of the Rotary Club of Kira. He served as President from 2018/19 and 2019/20, as the Club Trainer in 2020/21 and as a Club Advisor in subsequent years.

Beyond his club, Rtn Okimat was an Assistant Governor for Kampala Area 5 consisting of



Rtn Michael Nuwagaba

RC Kasangati, RC Kampala Central, RC Lugogo Mango Tree, RC Kisaasi-Kyanja and RC Nsasa during the Hope Creator Rotary year (2022/23). He was a member of the Governor's Banquet Committee for the 99th DISCON that was held in April 2024 at Munyonyo Commonwealth Resort.

He is a graduate of the 15th intake at the Rotary Leadership Institute (RLI), and a member of the Paul Harris Society (contributes at least US\$ 1000 each Rotary year).

Rtn Okimat works with the Uganda National Council for Science and Technology (UNCST) where he has served in several management positions. He is currently the Project Coordinator (PC) for the National Science, Technology Engineering and Innovation Skills Enhancement Project (NSTEI-SEP).

He holds a Bachelor's Degree in Business Administration (Accounting) and a Master's degree in Business Administration (Financial Management) from Makerere University.

He is a member of the Certified Institute of Purchasing and Supply Chain Management (UK), a member of the Institute of Procurement Professionals of Uganda (IPPU), a member of the Project Management Institute (PMI) and an Oakseed Executive Leadership Student.

RTN ROBERT OLEGO, RC NGORA

Born in Ngora district, Rtn Robert holds a Bachelor of Science in agriculture, a Master of Monitoring and Evaluation from Uganda Martyrs University, and an International Certificate in Sugarcane Breeding from Sugar Breeding Institute, Coimbatore-India.

He has previously worked in Kakira as an agronomist and is currently the senior manager of outgrowers at the Sugar Corporation of Uganda Limited, Lugazi. Rtn Olego is the Founder and director of Ashlyn Holdings Ltd, a Transport and

Logistics company and a model sugarcane farmer in Mukono and Buikwe districts.

Rtn Olego joined Rotary in 2023 as a Charter Member of the Rotary Club of Ngora and is the Current Director of Membership for the Club. He has so far attended one District Conference in Munyonyo (April 2024) and one Rotary International Convention in Singapore (May 2024).

RTN NULU NALUYOMBYA, RC KAMPALA IMPALA

Nulu Naluyombya is a training facilitator and life coach. She works with the United States Institute of Peace as an independent training facilitator. She has facilitated training in the USA, Turkey, Thailand, the Philippines, Kenya, Rwanda, Malaysia, and Uganda, among other places. Nulu holds a Master's in Business Administration (MBA) from Makerere University and did her

Management Training at the Xavier Institute of Management and Research in Mumbai, India. She is a Mandela Washington Fellow (2014). She completed her Civic Leadership Training at Tulane University in New Orleans, Louisiana, and worked at the Smithsonian Institution in Washington D.C. as a part of the Fellowship.

Nulu is passionate about teen empowerment and the financial empowerment of women. She has spearheaded several programs aimed at empowering teens and women notably the Girls Leadership Academy for teenagers, the Go-Teen Inspirational talks in schools for teens

and the most recent one, the Boss-Babe program which focuses on the financial empowerment of women among others. She has also authored a couple of books to empower teens and women.

Before focusing on training facilitation and coaching Nulu worked with several organisations including Makerere University Business School (MUBS), the Embassy of Saudi Arabia in Uganda and the Uganda Registration Services Bureau. She also served as the Head of the Secretariat for the Joint Muslim Committee, which was instituted by President Yoweri Kaguta Museveni.

Rtn Nulu spearheaded a campaign code-named MIGA (Make the Rotary Club of Kampala Impala Great Again), which saw the club membership grow, well-attended and fun fellowships and bonding with other clubs.



Rtn Nulu Naluyombya

Major Donor Jane Kabugo — A Legacy of Giving

By CP Maureen Kawombe
Tumwebaze, RC Naalya States

This month, as we focus on the Rotary Foundation, it is only fitting that we highlight the remarkable journey of Jane Kabugo, Major Donor Level 3, a woman whose dedication to giving has had a transformative impact on communities across the globe. Ms Kabugo's commitment to the Rotary Foundation is a powerful testament to the multiplier effect of philanthropy, where small contributions can lead to life-changing outcomes.

Jane Kabugo's Rotary journey began in 2007 when she joined the Rotary Club of Sunrise Kampala. Inspired by two key figures, Charter President Jane Kabaale and Past District Governor (PDG) Francis Tusubira (Tusu), Jane's path to becoming a Major Donor started with a simple but profound realization: Rotary's projects, especially those funded through the Rotary Foundation, have an exponential impact.

One of her first major contributions was for a matching grant to support the diagnosis of sickle cell disease, a \$24,000 project where the club only needed to contribute \$260. Jane offered to cover this amount, realising the immense value of Rotary's work.

Another pivotal moment came when she, as club president in 2008, facilitated a \$70,000 global grant for economic empowerment in Kaberamaido, that was approved a year later.

These experiences cemented her belief in the Rotary Foundation's ability to amplify resources to create large-scale change.

Her trailblazing efforts have shown that giving not only transforms lives, but also breaks barriers.

Jane Kabugo's unwavering dedication saw her become a Major Donor in 2013, a significant milestone recognised at the District Conference in Mombasa, District 9200.

Sharing the stage with the late Prof. Emmanuel Mutebile and Rotary International Director Nominee Designate Emmanuel Katongole, she was honoured for her contributions, becoming the first woman in the district to achieve this level of giving.

Her influence didn't stop there. In 2013/14, PDG Emmanuel Katongole appointed her as the first Paul Harris Society Coordinator, marking her as a trailblazer in another significant role within Rotary.

As a member of the Paul Harris Society, she committed to giving \$1,000 annually to the Foundation, reinforcing her philosophy that 'the more you give, the more you receive'.

BREAKING BARRIERS AND INSPIRING OTHERS

As the first woman to become a Major Donor in the country, Jane's leadership has opened doors for others, particularly women, to recognise their potential within Rotary.

Her trailblazing efforts have shown that giving not only transforms lives, but also breaks barriers and fosters inclusion.

Today, Kabugo serves as Assistant Regional Rotary Foundation Coordinator for Region 28, covering English-speaking eastern and southern Africa. In this role, she continues to inspire Rotarians across the region to support the Rotary Foundation, driving global grants, polio eradication efforts and supporting the annual fund, which returns to communities to create lasting impact. Kabugo firmly believes in the adage, 'the more you give, the more you receive'. And she affirms: "Every time I give to the foundation, something good happens in my life."

Her journey is a reflection of this belief, with every contribution to the Rotary Foundation followed by opportunities for even greater service.

Kabugo's story is not just about financial contributions; it is about the immeasurable impact of her leadership, her passion, and her dedication to making the world a better place through Rotary.

As we honour MD Kabugo as this month's Rotary Trailblazer, we are reminded that each of us has the potential to make a difference.

Her story is an inspiration to all Rotarians showing that with every act of giving, we can change lives, empower communities, and create a brighter future.

WORLD POLIO DAY



DG Anne Nkutu gives a vaccine to a baby held by MD Jane Kabugo at Silver Springs Bugolobi during commemoration of World Polio Day



District officials with a polio victim



Rtn Juliet Janat Kariisa is recognised for her contribution to the Polio Fund



DGE Geoffrey Kitakule hands a Certificate of Recognition to the Rotaract Club of Kololo for their donation to the Polio Fund

Kick Polio Out of the World

World Polio Day 2024 was commemorated on October 24, 2024, and clubs across Districts 9213 and 9214 held various activities to raise awareness, as well as raise funds for polio eradication. The week leading to World Polio Day had clubs mobilising awareness campaigns in the community and spearheading polio vaccination drives in collaboration with health facilities in their catchment areas.

These efforts came to a climax with the Inter-district Joint Mega Fellowship that was held at Silver Springs Hotel on World Polio Day. Hosted by RC Kampala Springs (District 9213) and RC Muyenga Tankhill (District 9214), it was attended by over 300 Rotarians, Rotaractors and guests.

The programme was kick started with District 9213 Governor Anne Nkutu, accompanied by Past District Governors and Polio Chairs, vaccinating children

against polio. Key highlights of the Fellowship were the recognition of the clubs that in the first 100 days had contributed US\$1000 and more to the PolioPlus fund and the PolioPlus Society members from various clubs,

who had donated \$100 and more to the Rotary Foundation.

In DG Anne Nkutu's words: "As Rotarians, in supporting efforts to eradicate polio, we support a great cause."

POLIO PLUS SOCIETY MEMBERS AS OF OCTOBER 24, 2024

RTN NAME	CLUB
Sylvia Nankya	RC Naalya
Evelyn Akello	EClub Naguru
Flavia Bwire	EClub Naguru
Santa Ochen	EClub Naguru
Norman Isingoma	RC Naalya States
Jesca	RC Kampala
Louis Okello	EClub Naguru
Barbara Katende	EClub Ntinda
Charity Namaganda Asimwe	EClub Ntinda
Elizabeth O. Kasirye	RC Manyangwa Nakwero
Johnson Akankwasa	RC Manyangwa Nakwero
William Kaguma	RC Kololo Kampala
Elizabeth Luwugge	RC Makindye
Pauline Bukonya	RC Makindye
Rosemary Nakawuka	RC Makindye
DG Anne Nkutu	RC Naalya
Muhmed Ssegonga	RC Lugogo Mango tree
Jane Kabugo	RC Sunrise Kampala
Stephen Lwanga	RC Kampala
Allan David Twinomujuni	RC Ntinda
Pidson Abaho	RC Ntinda
Denis Kyetere	RC Ntinda
Florence Tinkamayire	RC Ntinda
Peter Wafula Oguttu	RC Ntinda
Aida Wanyana	RC Bulindo
Jesca Nabanja Nyanzi	RC Wobulenzi
Geoffrey Haabaasa	RC Portbell
Nulu Naluyombya	RC Kampala Impala
Sarah Walube	RC Jinja
Martin Kisige Tibalira	RC Jinja
Judy Obitre Gama	RC Portbell
Barishaki Cheborion	RC Portbell
Hilder Kyazze Nakato	RC Kampala Kibuli
Juliet Janat Kariisa	RC Kampala Kibuli
Paul Batte	RC Kampala City'
Margeret Okello	RC Kampala Naguru
Gloria Opwonya	RC Kampala Naguru
Bright Rwamirama	RC Kampala Naguru
Allen Agaba	RC Naalya States
Maureen Tumwebaze Kawombe	RC Naalya States
Christine Amucu	RC Naalya
Jesca Florence Zziwa	RC Acacia Sunset
Stella Fiona Nakitto	RC Acacia Sunset
David Nabongho Bamutire	RC Iganga
Patrick Kibaada Mawaali	RC Iganga
Max Mike Ayoti	RC Sonde
Charles Olaro	RC Sonde
Caroline Kyomugisha	RC Portbell
Percy Paul Lubega	RC Bulindo
Gloria Aridiru	RC Bulindo
Geoffrey Kitakule	RC Kampala South

ROTARY CLUBS	AMOUNT(\$)
EClub of Naguru	4228
Kira	3875
Upper Kololo	2853
Kitante	1805
Manyangwa Nakwero	1291
Kla Day Break	1100
Kla Impala	1000
Kla City	1000
Bulindo	1000
Bweyogerere Namboole	1000
Namugongo	1000
Kla East	243
Kololo	256

In supporting efforts to eradicate polio, we support a great cause.

WORLD POLIO DAY

Rotary Clubs across the country commemorated this year's World Polio Day by taking vaccination services to different communities.



The Rotary Club of Kampala Life Stars took part in activities at Kisenyi Health Centre IV to commemorate World Polio Day



The Rotary Club of Kampala Life Stars mobilising the community to take part in activities at Kisenyi Health Centre IV to commemorate World Polio Day



Rc Kampala Mahaba's William Sekabembe at the Children at People's Hospital Gayaza where the club participated in immunisation of children



Mothers who brought their babies to the Kisenyi Health Centre IV for vaccination organised by RC Kampala Life Stars against polio on World Polio Day



RC Bweyogerere Namboole marked the 2024 World Polio Day at the Bweyogerere Health Centre III in Kireku



RC Bweyogerere Namboole members vaccinated babies during the 2024 World Polio Day at the Bweyogerere Health Centre III in Kireku



The Rotary Club of Kampala Life Stars mobilised the community to take part in activities at Kisenyi Health Centre IV to commemorate World Polio Day



RCCs at the Family Health day at Kabutemba Gomba district



Members of the RCC Kabutemba on a field visit

The Inspiring Story of RCC Kabutemba

By PP Edith Mujwisa,
RC Bukoto

A Rotary Community Corps (RCC) is a group of non-Rotarian men and women who share a commitment to their community's long-term development. RCC members plan and implement projects in their communities that are aligned with the Rotary Areas of Focus, such as health, education, economic development, and environmental sustainability. RCCs work closely with Rotary clubs but are self-sustaining and decide on the most needed projects in their community.

THE STORY OF RCC KABUTEMBA
Kabutemba, a sleepy little village

RCC played a crucial role in organising annual medical camps.

in Gomba district, about 100km from Kampala, came alive when the Rotary Club of Bukoto selected it for adoption under its 'Adopt a Village' project.

The local community was enthusiastic and delighted to finally get a primary school in the village.

Before that, there was nothing. The nearest school was 5km away and the nearest medical facility

8km away at Kalagi, or 12km away at Kanoni. This is why the community was very happy and eager to support the initiative, offering their services willingly and without conditions.

This team was transformed into a Rotary Community Corps (RCC) in 2013, coinciding with the start of the primary school construction.

The RCC played a pivotal role in mobilising the community to clear the building site, collect building materials, assist with construction work, transport water and provide food for the builders etc.

They also played a crucial role in organising annual medical camps by cleaning and setting up the site for the camp, helping with mobilising people to attend, preparing meals for the participants, and monitoring the

work overall. These efforts have been immensely important towards the success of the project.

The RCC has also contributed to tree planting around the school and has even provided counselling, especially to the older girls.

Overall, the RCC has carried out its work diligently, efficiently, and effectively. The Club now intends to enlist their help in creating other future RCCs.

The Rotary Club of Bukoto in turn has assisted the members of the RCC with income-generating activities such as providing seeds for planting such as beans, maize etc.; provision of seedlings of fruit trees, provision of piglets, and agricultural implements.

These activities have clearly helped this community uplift itself to a higher level.

Today they own chairs, tents and cooking utensils through funds from farming activities.

The RCC continues to grow stronger, expanding its activities to include cooking for functions, renting

out chairs and tables, and assisting with school meal preparation.

These days, when members of the Rotary Club of Bukoto visit Kabutemba, the community graciously provides them with food, demonstrating the strong bond and mutual respect that has developed over the years.

Today, the 15-strong RCC comprises Jenifa Nakamanya as President, Vice President Wilson Sabbiti, Treasurer Paskazia Nakazibwe, Secretary Sunday Deo, and members Maria Nantaba, Anatolia Namataba, Margaret Kankundiye, Ronald Kayiira, Pontiano Sserwadda, Dorothy Tebasulwa, Resty Nantale, Simon Wasswa, Munyakazi and Sserunkuma.

HOW TO START A ROTARY COMMUNITY CORPS

Assess Community Needs
Identify the critical needs in your community that align with Rotary's areas of focus.

Engage Community Members
Gather a group of like-minded individuals who are passionate about addressing these needs.

Partner with a Rotary Club
Connect with a local Rotary club to get their support and guidance in establishing an RCC.

Formulate a Plan
Develop a project plan that outlines the goals, resources required, and a timeline for implementation.

Launch and Implement
Officially form the RCC, register with Rotary, and begin executing your project.

For more information on starting a Rotary Community Corps, please contact:

Edith Mujwisa,
Email: edithmujwisa@gmail.com
Phone: 0772426449



Rotary Action Groups can join projects like BELEP

Rotary Action Groups - Experts with a Cause



CONNIE MAGOMU
Chair, RAGs

Rotary Action Groups (RAGs) are independent, Rotary-affiliated groups made up of people from around the world who are experts in a particular field, such as economic development,

peace, addiction prevention, the environment, or water.

They are specialized entities that bring together Rotarians, their families, and other experts from around the world to focus on specific humanitarian issues.

They offer their technical expertise and support to help clubs plan and implement projects to increase impact, one of Rotary's strategic priorities. This support includes helping clubs find partners, funding, and other resources. Action groups can also help clubs and districts prepare grant applications, conduct community assessments, and develop plans to monitor and evaluate their projects.

RAGs are autonomous, international groups that

collaborate with Rotary Clubs and Districts on service projects.

Each RAG focuses on a distinct area of need or around Rotary areas of focus, ranging from Peace and Conflict Prevention / Resolution; Disease Prevention and Treatment; Water and Sanitation; Maternal and Child Health; Basic Education and Literacy; Economic and Community Development; and Protecting the Environment. Members of RAGs share their knowledge, support projects, and collaborate on fundraising and advocacy efforts.

The strength of RAGs lies in their members' expertise and dedication to a particular cause. RAGs enable members to delve deeply into specific issues, leveraging their

professional skills and personal passions. This focused approach ensures that projects are well-conceived, sustainable and impactful.

THERE ARE SEVERAL ROTARY ACTION GROUPS IN UGANDA:

1 Rotary Action Group for Water, Sanitation, and Hygiene (WASRAG)

A number of clubs are involved in WASH projects and, therefore, would benefit from this RAG.

Rotarians have been crucial in constructing wells, installing water filtration systems, and promoting hygiene education in rural areas.

2 Rotary Action Group for Basic Education and Literacy (RAGBEL)

Focuses on improving literacy levels and providing quality education worldwide. This group supports Rotary clubs and districts in planning and implementing education-related service projects, including reducing illiteracy, improving teacher training, and creating better learning environments. BELEP efforts would benefit a lot from partnering with RAGBEL.

3 Rotary Action Group for Peace (RAGFP)

RAGFP members are active in promoting peace and reconciliation efforts, particularly in conflict-prone regions. Through peacebuilding workshops, dialogue initiatives, and support for local peace organizations, RAGFP helps to foster a more stable and peaceful society.

4 Environmental Sustainability Rotary Action Group (ESRAG)

Effects of climate change are already being felt in Uganda with changing weather patterns and



Providing clean water for communities is an important part of Rotary work

common crop failures. ESRAG members focus on reforestation projects, sustainable agriculture practices, and education on environmental stewardship, hence contributing to the global fight against climate change.

5 Rotary Action Group for Community Economic Development (RAGCED)

Community Economic Empowerment is key to sustainable development. RAGCED members work on projects that provide vocational training, support entrepreneurship, and facilitate microfinance opportunities, to foster long-term growth and reducing poverty.

6 Rotary Action Group for Menstrual Hygiene (RAGMH)

RAGMH focuses on providing education, access to menstrual hygiene products, and creating supportive environments for young women.

Many Clubs are involved in providing both reusable and disposable pads for girls both in

school and out under Keep a Girl in School efforts, Pink Basket and Pad Every Girl.

Many of these RAGs are active at the international level, and one can directly register with them and become a member by paying membership dues. However, it is encouraged that Chapters are opened in different areas in order to take advantage of numbers and support and address local challenges within the community and yet link with others at an international level.

In conclusion, Rotary Action Groups provide another opportunity for Rotarians and friends of Rotary to come together with a shared purpose. By harnessing the expertise and passion of their members, these groups are making a profound difference in the lives of countless individuals worldwide. RAGs also provide an opportunity for Clubs to ensure effective and meaningful engagement of their members as they enable the members utilise their classifications in serving, sharing knowledge and learning from other members of the group.



AG MARION
NATUKUNDA, RC KIWATULE

THE VALUE OF EVERY ROTARIAN

We often talk about service, fellowship, and leadership, but there is one central pillar that holds all of these together: you. Yes, you, as a member of Rotary play a critical role in driving the success of our projects and the growth of our collective mission.

Every club is a mosaic of unique talents, experiences, and passions. Whether you're a seasoned Rotarian or a new member, your individual contributions make a difference. You may not always be on the front lines of a project or the one giving speeches at meetings, but your presence, ideas, and commitment enrich the fabric of Rotary.

THE POWER OF ONE

It's easy to feel small in a group. After all, Rotary is a global organisation with over 1.4 million members. But don't underestimate the impact of one person. In the simplest conversations, in committee meetings, or even through a casual connection with a fellow member, seeds of change are planted. Your voice can spark the next innovative idea or inspire others to serve in new ways.

Every successful Rotary initiative starts with someone who asked: "What can I do to help?" By



project, your involvement helps foster a sense of belonging and teamwork that are essential for success.

By participating in Rotary activities — whether it's attending meetings, volunteering, or simply engaging with other members — you help build an inclusive and supportive environment where everyone feels that their contributions matter.

YES, YOU MATTER

Every individual effort adds up to big changes, both locally and globally. As a Rotarian, never doubt your importance to the club. We value your voice, your energy, and your passion for service.

Yes, you matter. And when you continue to invest in Rotary, we all benefit from the ripple effect of your commitment. Together, we can transform lives, build stronger communities, and leave a lasting impact on the world.

So, the next time you wonder whether your presence in the club makes a difference, remember that you are a vital part of Rotary's heartbeat. Your work, your ideas, and your enthusiasm create the momentum that allows Rotary to do good in the world. Keep showing up, keep sharing, and know that, yes, you matter.

The Power of One: Yes, You Matter

Your presence, ideas, and commitment enrich the fabric of Rotary.

showing up, by bringing your energy and your expertise, you are answering that question. You are

contributing to the positive energy that keeps our clubs dynamic and relevant.

DIVERSITY AND INCLUSION: YOUR PERSPECTIVE MATTERS

Rotary values diversity in all its forms, and your background and experiences bring something fresh to the table. We need people who see problems differently, who approach service from unique angles, and who offer perspectives that challenge the status quo. Each

voice in our club adds value, and your ideas matter, whether you've been here for years or just walked through the door.

BUILDING COMMUNITY AND STRENGTHENING BONDS

At its heart, Rotary is about connection. Connection to your fellow members, to your community, and to the world. As a member, you help build the bonds that hold us together. Even when you are not leading a major





From Photos to Stories: Why Rotary Clubs Must Go Beyond Simple Updates



DORCUS MAGOBA
RC SATURDAY E-JAZZE

We must **commit to being intentional** about telling our stories and beyond.

Rtn Mark Asimwe highlighted that we live in an era where information flows constantly through digital platforms and social media channels. It's easy to overlook the significance of telling your story.

I've seen many clubs doing incredible projects — volunteering time, energy, and personal finances to better their communities. Yet the question remains, how will others know about their efforts if they don't tell their story? How will they attract more support, more partners and more collaborators if their work remains confined to closed circles or small social groups like WhatsApp and Telegram?

When I look at the projects shared in WhatsApp and Telegram groups, I see pictures and brief captions — “We planted trees” or “We conducted a health camp.”

These posts are appreciated, of course, but they don't convey the full weight of the effort, the challenges faced, the goals achieved, and the impact made on the ground. What's missing is the story behind those pictures.

CP Samuel Ngambwaki and PAG Ben Waira, great mentors and dedicated Rotarians, once shared a perspective that has stuck with me: “People don't connect with statistics or figures — they connect with stories.”

It's true, people are moved to action when they can relate to the human experience behind the project. When you plant 15,000 trees, don't just count the numbers — share the lessons learned, the challenges faced, and the positive environmental impact. When you initiate a maternal health project, don't just mention the equipment donated — highlight the lives changed, the mothers saved, and the future generations who will benefit from that act of kindness.

Many Rotary clubs today are actively contributing to the seven areas of focus: Promoting peace, fighting disease, providing clean water, saving mothers and children, supporting education, growing local economies, and protecting the environment.

But how many of these projects are known outside the immediate circle of the members involved? Are

you sharing your success stories only within your club, or are you taking the message to a broader audience where potential partners can take notice? Whether on social media, in newsletters, or through formal publications, your story deserves a wider platform.

Take, for instance, the clubs of Kampala South, Naalya, and Kasangati. They are known for consistently releasing newsletters and sharing the stories behind their projects. As a result, they've attracted attention from local and international partners, secured grants, and created lasting impacts.

It's not enough to simply show the results — show the journey. Share the process. This is what differentiates a project that is noticed from one that is forgotten.

When you share your story, you're not only highlighting your achievements — you're creating a legacy for the future. New generations of Rotarians, volunteers, and community leaders will be inspired by the examples set today. They will learn from your experiences and strive to do even better.

By telling your story, you contribute to a continuous cycle of growth, learning, and improvement within Rotary and beyond.

We must commit to being intentional about telling our stories. Let's move beyond the limitations of WhatsApp groups and small circles. Share your story widely—on social media, in newsletters, through local media, and at public events.

You never know who might be inspired by your work or who might want to partner with you to expand your impact.

ROTARY YOUTH LEADERSHIP AWARDS



A Journey of Transformation

By Cynthia Sango
PR director, Rotaract
Club of Gayaza

The Rotary Youth Leadership Awards (RYLA) programme is an intensive, life-changing experience that unites young minds from across the nation, challenging them to step beyond their comfort zones and tap into their full leadership potential.

Over several days, participants engage in a variety of activities, from thought-provoking workshops to thrilling competitions, all designed to hone their leadership and problem-solving skills. This transformative experience fosters self-confidence, resilience and camaraderie as participants

In these moments, we understood that leadership is more than just skills.

collaborate and compete for points and prizes, tackling demanding tasks that test their mental and physical grit.

Reflecting on my time at RYLA in December 2023, I felt a sense of joy and growth, thriving in a space that

felt like a home away from home. Surrounded by the natural beauty of the wilderness, I found both comfort and inspiration, discovering new facets of myself.

Throughout the programme, we engaged in numerous presentations and hands-on workshops, each one tailored to build a generation of young leaders with a purpose. These sessions were complemented by a series of motivational speeches from renowned speakers who shared stories of their journeys, sparking hope and ambition within each of us.

One of the programme's highlights was the educational campfires, where we gathered under the starlit sky to learn about the symbolism of fire in Rotary's history and values.

These fireside discussions connected us to Rotary's foundational spirit and left a lasting impression on us all.

Adding to the richness of the experience were the talent shows, which encouraged us to express our creativity and passion through skits, dances, and mimes.

In these moments, we understood that leadership is more than just skills; it's about finding motivation and purpose through self-expression.

At RYLA, we learned that true leadership combines knowledge, creativity, and compassion. Each activity, workshop, and shared memory brought us closer to becoming impactful leaders ready to make a difference in our communities. I left the programme not just with memories, but with a renewed purpose and a circle of friends who, like me, are driven to lead and inspire others.



PUBLIC IMAGE SURVEY

Rotary's Awareness Challenge in Uganda



PETER G. MWESIGE
PUBLIC IMAGE CHAIR

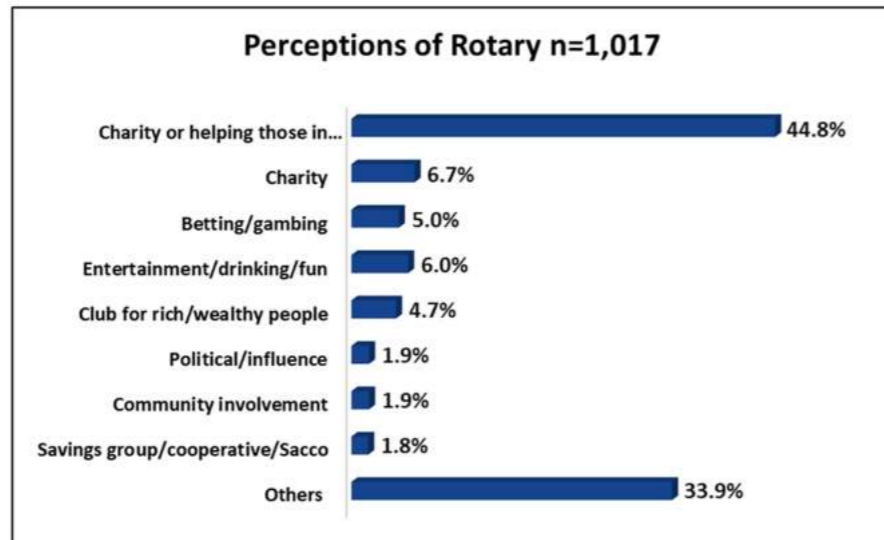
If you think Rotary, like a major telco, is everywhere you go, think again. Nearly half of Uganda's population has little to no idea what Rotary is about.

A recent public image survey of Rotary in the Greater Kampala Metropolitan Area (GKMA), an area comprising the bustling heart of Uganda's capital and the neighbouring districts of Mukono and Wakiso, revealed that only 51% of adult respondents had any awareness or perception of this global network of volunteers.

The survey, conducted by the polling firm Hatchile Consult in June 2024, covered 2,000 residents chosen through a random sampling of urban, peri-urban, and rural areas. The goal was to understand how Rotary is viewed in the region with the highest concentration of Rotary clubs in Uganda.

Respondents were asked: "What do you think of when you hear the term Rotary or Rotary Club?" The question was embedded in a larger survey on democracy, gender and political participation.

Although a majority (51%) had some awareness or perception about Rotary, a significant number of respondents did not. That should be a cause for concern.



Others described Rotary as a club for the wealthy, with one respondent saying, it's a place where rich people enjoy their money.

But first the good news. Forty-five per cent of those who expressed a perception about Rotary associated it with charitable acts and community service. This group of respondents spoke of Rotary's dedication to

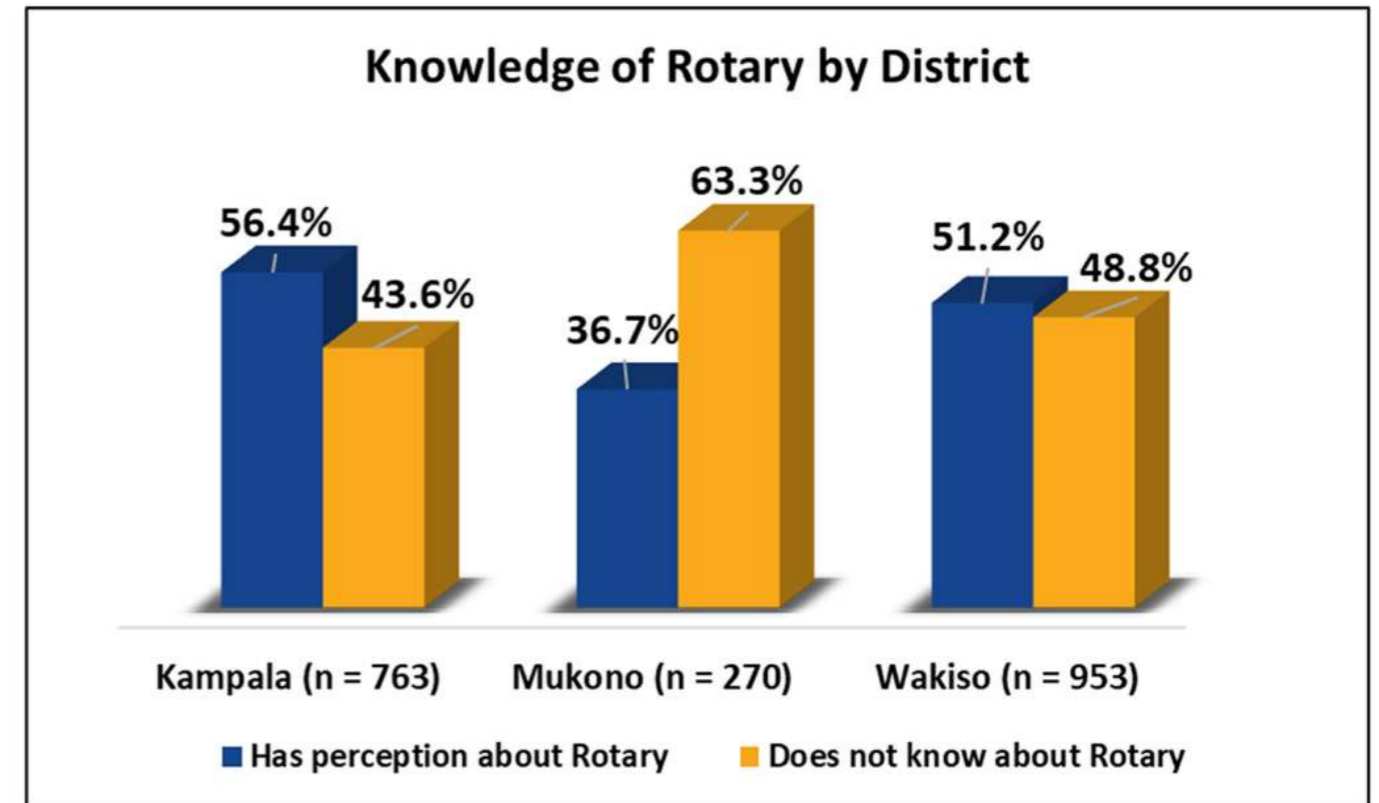
helping the less fortunate, from building schools and ensuring access to clean water, to spearheading community projects and organising blood donation drives.

One respondent summed it up well: "Rotary is an organisation that helps the needy." Another added, "They support community projects and provide aid to the poor."

However, beyond this core understanding lay a patchwork of misperceptions that Rotary in Uganda must address. Six per cent of respondents associated Rotary with entertainment, "drinking alcohol and dancing overnight." This misconception appears to stem from social events hosted by Rotary clubs, which are often taken out of context especially on social media.

Another 5% of the respondents linked Rotary to gambling, a likely result of confusion between the words "Rotary" and "lottery."

Others described Rotary as a club for the wealthy, with one respondent saying, "It's a place where rich people enjoy their money." Another said "Rotary is an elite group for



influential people."

Smaller percentages had wilder misperceptions of Rotary:

- To change power and governance."
- Kiboko/tear gas."
- A group of old, rich people."
- A group of people who are mistreated."
- A political organisation."
- Illuminati."

The survey findings also underscored significant demographic variations in awareness. Men were more likely to know about Rotary (58%) compared to women (45%). Education also had a strong association with perceptions; 79% of those with post-secondary education or university degrees were aware of Rotary, compared to just 34% of individuals who had received only informal schooling or had only completed primary school. Age was another factor; those over 30 were more likely to know about Rotary compared to younger Ugandans, who constitute the majority of the population.

"These findings are a wake-up call, especially as we seek to grow

our numbers and cultivate new partnerships," said District Governor Anne Nkutu.

While she is happy that the association with charity and community service was strong among those who know of Rotary, the District 9213 Governor is concerned that the organisation's image remains murky for a significant portion of the population.

"We have invested a lot in our communities whether it is through the provision of clean water and sanitation, supporting education, preventing and treating disease, helping mothers and children, or protecting the environment," Ms Nkutu said, "but are we telling our story properly and in a manner that resonates with our target audiences? Are we providing sufficient evidence of our impact?"

Indeed, in a region where Rotary has played a pivotal role in uplifting communities, it is important to intensify public image campaigns that showcase Rotary's true essence: "a global network of more than 1.2 million neighbours, friends, leaders,

and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves."

If nearly half the population in the Greater Kampala Metropolitan Area—predominantly urban and peri-urban—has limited awareness of Rotary's work, then the picture in more rural and remote areas is mostly likely even starker.

It is telling that of the three districts surveyed, the more remote Mukono returned the highest number of respondents without awareness of Rotary; 63% compared to Kampala's 44%.

To bridge the glaring knowledge gap, Rotary must embrace more strategic and creative outreach that resonates with diverse communities. Whether it is through traditional news media, social media, outdoor communication or even word of mouth, we must all intensify efforts to correct misconceptions about Rotary and broaden understanding of our impact within local communities.



Launching the Plant Your Balance at Namalere Church of Uganda Primary School in Kagoma, Wakiso district

Rotary Takes 'Plant Your Balance' to Schools

By CP Maureen Kawombe Tumwebaze, RC Naalya States

As Rotary marks more than a century of service in Africa, in collaboration with My Tree Initiative Organisation and ABSA Bank Uganda, Rotary Uganda has launched a greening programme to inspire and equip young Ugandans to combat climate change through tree planting and environmental education.

Under the theme 'Sustainable Growing of 120,000 Trees in Primary Schools', this partnership aims to engage 90,000 students in the planting and nurturing 120,000 trees across 183 primary

Approximately **3,000 trees** were planted during the launch.

schools by October 2025.

The 'Plant Your Balance' initiative was officially launched on October 29, 2024, at Namalere Church of Uganda Primary School in Kagoma, Wakiso district.

Approximately 3,000 trees

were planted during the launch, symbolising a step forward in Rotary Uganda's dedication to environmental conservation.

ABSA Bank Uganda's managing director, Mumba Kalifungwa, District Governor of Rotary District 9213 Anne Nkutu, and My Tree Initiative's Executive Director, Enjer Ashiraf, all played integral roles in the event, underscoring the long-term impact that environmental education and tree planting can have on both students and communities.

"Rotary recognises that a healthy planet is critical to our existence and achieving all our other goals," DG Anne said.

"Our greening efforts in Uganda

began in 2017 and partnerships with companies like ABSA Bank enable us to expand our impact even further."

The partnership between ABSA Bank, Rotary Uganda, and My Tree Initiative reflects an understanding that sustainable change is only possible through collaborative efforts. For ABSA Bank Uganda, whose involvement in conservation spans three years, the partnership aligns with its community-oriented vision and commitment to sustainability.

"At ABSA, our focus is to create positive change within the communities we serve through impactful initiatives," Kalifungwa said, expressing ABSA's dedication to making a tangible difference.

"Our partnership with Rotary and My Tree Initiative is an exciting opportunity to expand our impact within Uganda. Together, we are nurturing future environmental stewards, who will carry forward this sustainability vision."

ABSA's prior collaboration with My Tree Initiative saw the restoration of over 3,500 acres of forestland and a remarkable 74% increase in students' access to fruits and vegetables from school gardens.

This foundational work has laid the groundwork for this year's expanded programme, which seeks to plant 120,000 trees which will provide shade, food, and environmental benefits to school communities across Uganda.

The greening programme's core objectives go beyond the act of planting trees; it aims to instill a lifelong respect for nature among young Ugandans.

By incorporating environmental education into school curriculums, the programme will engage students in hands-on activities that demonstrate the environmental benefits of trees, such as reducing soil erosion, enhancing biodiversity, and mitigating the effects of climate change.

ROLL-OUT SCHEDULE

- The roll-out schedule has Kyambogo Primary School (Rotary Club of Kyambogo) on October 31.
- Gayaza C/U Primary School (Rotary Club of Gayaza) on November 5, St. Stephen's Primary School.
- Mukono (Rotary Club of Mukono/Mukono Central) on November 12.
- Standard Primary School, Mpigi (Rotary Club of Makindye) on November 19.
- Bugema C/U Primary School, Luweero (Rotary Club of Najjeera) on November 28.

"With the continued support of ABSA and Rotary, we are excited to engage students directly in tree planting and caretaking," Ashiraf said.

"Together, we are creating a sustainable learning environment and empowering the next generation to become champions for our planet."

In practical terms, the programme provides more than just a green space; it introduces students to the values of responsibility, teamwork and long-term thinking.

The experience of planting and tending to trees enables students to witness firsthand the impacts of their actions on the environment, fostering a sense of stewardship that will extend well beyond their school years.

Following the initial launch at Namalere, the programme will extend its reach across other districts and Rotary Clubs.

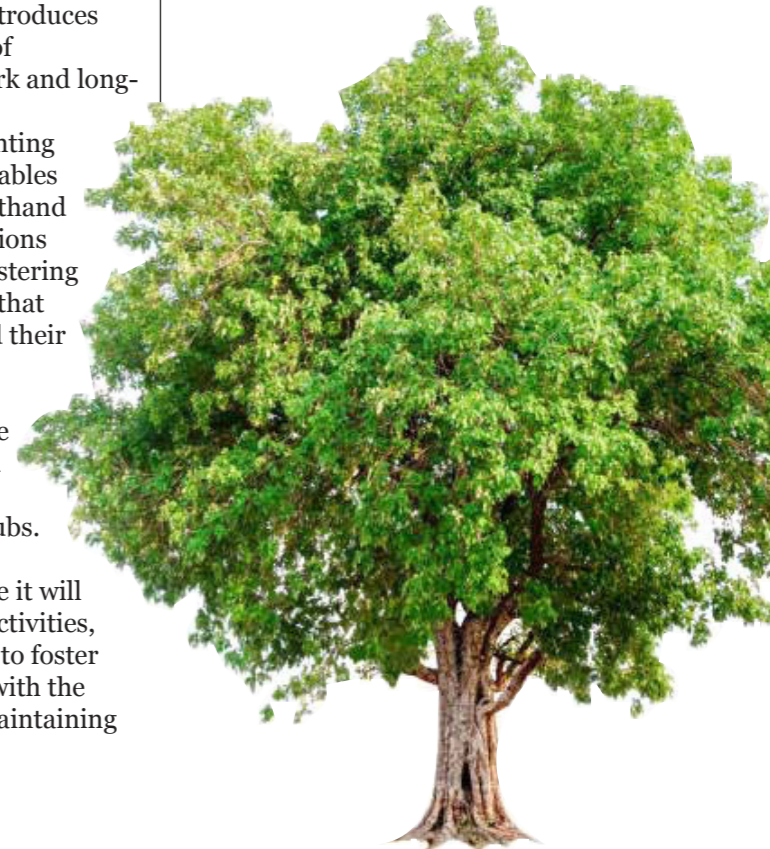
Each club has been assigned a school where it will oversee tree-planting activities, encouraging Rotarians to foster ongoing relationships with the schools and assist in maintaining the planted trees.

These selected schools were identified based on feedback from Rotary Clubs that previously partnered with them on BELEP initiatives, ensuring continuity and commitment to environmental education.

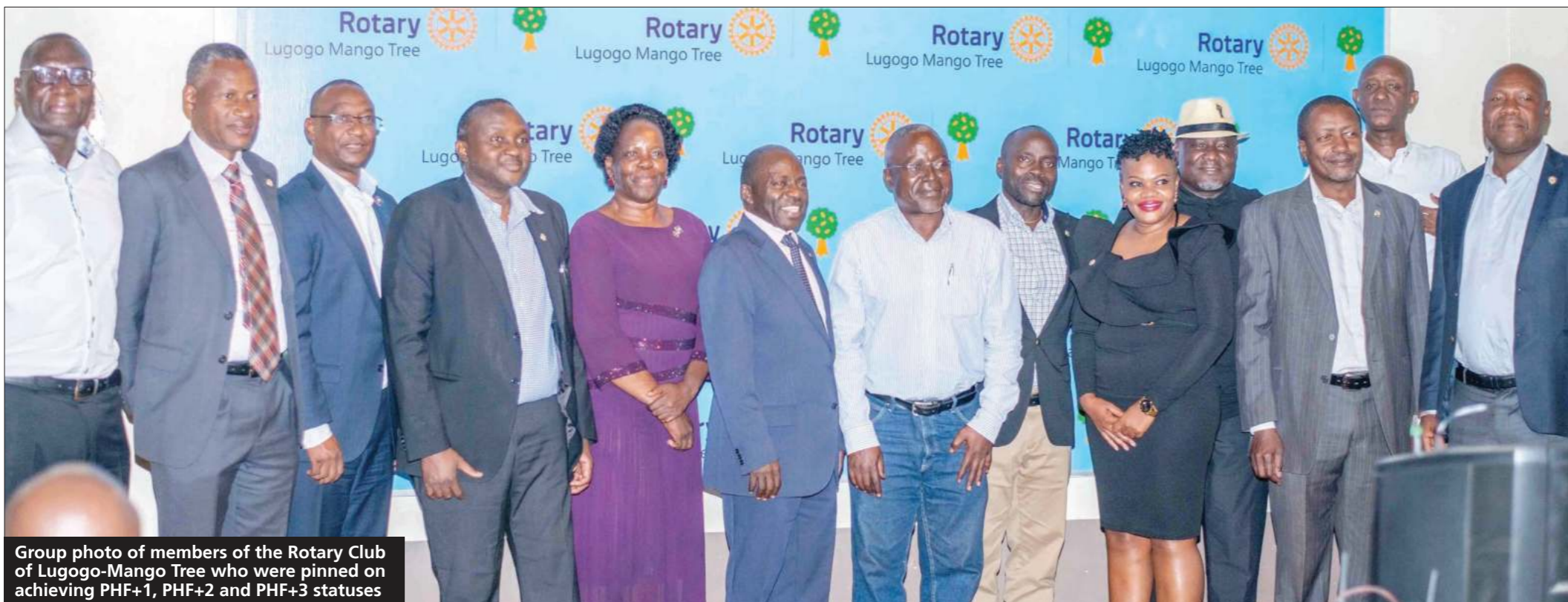
The rollout schedule has Kyambogo Primary School (Rotary Club of Kyambogo) on October 31, Gayaza C/U Primary School (Rotary Club of Gayaza) on November 5, St. Stephen's Primary School, Mukono (Rotary Club of Mukono/Mukono Central) on November 12, Standard Primary School, Mpigi (Rotary Club of Makindye) on November 19, and Bugema C/U Primary School, Luweero (Rotary Club of Najjeera) on November 28.

Each launch event will serve as both a planting activity and a public commitment to Rotary's environmental focus.

By October 2025, students and club members will have collectively contributed to establishing sustainable green spaces in schools, impacting both the environment and the educational experience of tens of thousands of young Ugandans.



CLUB ACTIVITIES: RC LUGOGO-MANGO TREE



Group photo of members of the Rotary Club of Lugogo-Mango Tree who were pinned on achieving PHF+1, PHF+2 and PHF+3 statuses



PP Edward Kayiso Golooba gets his pin for PHF+2 from District TRF Fundraising Chair Catherine Barasa

The Joy of Giving is Alive and Well

By Kalungi Kabuye,
PI Director,
RC Lugogo-Mango Tree

The Rotary Club of Lugogo-Mango Tree is not a very big club. With some clubs having memberships of 150 or more, it only has 42 active members. But this 'small club' outdid itself in donating to The Rotary Foundation (TRF), the engine room of the international Rotary movement.

The District 2913 October report revealed that RC Lugogo-Mango Tree was the second-highest contributor in Uganda to the Rotary Foundation, with 81% of members having contributed. It was only second to RC Bweyogerere Namboole, which had 100%. It was also second in the total amount given, \$ 17,574, second to RC Kampala Central (\$35,977).



PDG Stephen Manje congratulates CP Robert Nsereko after pinning him as an PHF+3

And to celebrate all that, on Wednesday 16, October, at the Shell Club, Lugogo, 13 members of the club were recognised for their exemplary contribution.

Contributions to TRF are classified into different categories, depending on the amount given.

And the categories are named after Paul Harris, the Chicago attorney,

who founded Rotary in 1905. To become a Paul Harris Fellow (PHF), one must have contributed at least US\$1,001 in a year. The next level is PHF+1, contributing at least US\$2,001. A PHF+2 contributes US\$3,001, and a PHF+3 US\$4,001.

This time, the 13 members of the club received their pins recognising them as PHFs. That

Wednesday the 13 recognised ranged from PHF+1 to PHF+3.

"This is a unique club, right from the start when it had just been chartered, members have always been willing to give," Past District Governor Steven Mwanje, the Guest of Honour, said. "On average it takes about four years before Rotarians

appreciate what their contribution to TRF does, but members of Lugogo-Mango Tree understood it right away. And for that, we are very grateful."

The club's TRF Director, Immaculate Wanna, thanked the members for their contributions and beseeched them to do better.

"Right now we are at 90% of members giving, but we aim at 100% and we shall get there," she said. The 13 who got their pins were:

PHF+1: Ambrose Talisuna, Edward Kasaato, Edward Kayiso Golooba and Robert Okech. PHF+2: Dr David Ddamulira, Francis Iwa, Muhmed Ssegonga and Robert Ssenozi.

PHF+3: Edward Akol, Francis Olul, Dr Peter G. Mwesige, Ronald Kasozi, and Charter President Robert Nsereko.

The Guests of Honour, who also did the 'pinning', were PDG Mwanje, District TRF Fundraising Chair Catherine Barasa, District Governor Elect (PGE) Geoffrey Kitakule, and Past Assistant Governor (PAG) Eric Byenkya. Chartered in 2017, RC Lugogo-Mango Tree meets every Wednesday at the Shell Club, Lugogo, at 6:30pm.



Rtn Muhmed Ssegonga gets his pin for PHF+2 from DGE Geoffrey Kitakule



The Amazing Presients donated scholastic materials to the school



The Amazing Presidents

Inspiring Hope at St. Mary's Kasozi Primary School

By Maureen Kawombe, RC Naalya States

In an inspiring gesture of service and commitment to community development, the Amazing Presidents (Imagine Rotary year 2022/23) visited St. Mary's Kasozi Primary School in Masaka district. As part of their signature project, Basic Education and Literacy (BELEP), and led by PDG Dr Mike Sebalu, the Amazing Presidents donated scholastic materials and encouraged and prayed with the P7 candidates ahead of their exams. They also planted trees as a sign of commitment to environmental preservation.

The BELEP initiative was at the heart of the Amazing Presidents' service year, placing

We are deeply grateful to the Amazing Presidents for choosing our school.

a strong emphasis on improving education and literacy outcomes in communities.

The visit to St. Mary's Kasozi Primary School was not just about delivering material support, but

also about fostering hope, building confidence, and promoting a vision for a brighter future among the students.

Ms. Theo Nakakeeto, the headmistress, expressed appreciation noting the significant challenges the school continues to face.

"We are deeply grateful to the Amazing Presidents for choosing our school as a beneficiary of this project," she said.

"It's a blessing for us, especially in these challenging times."

Ms. Nakakeeto said that many of the students come from low-income families, which struggle to provide basic scholastic materials.

The school, which takes on the additional responsibility of feeding the students, has limited resources to address these needs.

The school's teachers, who dedicate themselves to improving students' lives, also face the daily struggle of inadequate living conditions. These challenges are compounded by limited water supply. The existing water tank is insufficient to meet the school's demand, and there is a critical need to expand the water harvesting system.

Maurice Taremwa, the Amazing President of Kampala Early Bird, emphasised the importance of engaging with the students on a personal level.

"Our visit to the school gave us an interface with the realities on the ground, and this inspired us even more to make a difference," Taremwa said.

"The students were visibly motivated, and we could see hope returning to their faces. We wanted them to know that no matter where they come from or the challenges they face, there is hope for a better future."

In addition to the educational support provided, the Amazing Presidents planted trees at the school, further reinforcing their commitment to environmental sustainability. This act symbolises the interconnectedness between



The Amazing Presidents also planted trees

education and environmental stewardship, two key focus areas of Rotary.

"The trees we planted today are not just about beautifying the school environment; they are a lasting symbol of our commitment to preserving the planet and ensuring a sustainable future for the generations to come," emphasised Ronald Oine, Amazing President, RC Upper Kololo.

Ms. Nakakeeto expressed gratitude for the visit, saying: "This has renewed our hope. For the first time in a long while, we feel

seen and supported. We still have many challenges, but the Amazing Presidents have reminded us that there are people who care and are willing to help."

As the Amazing Presidents continue their work through the BELEP initiative, their visit to St. Mary's Kasozi Primary School stands as a testament to the power of service, hope, and the Rotary spirit.

Through their actions, they are not only improving education but also inspiring a generation of young people to believe in a brighter future.

CLUB ACTIVITIES: RC ARUA



Beatrice demonstrating how to make latrine Coverplates in Injua village, Yumbe

been completed in all 12 villages and uploaded using mWater, a software that stores the data instantly online.

This ensures we have comprehensive, accessible data to effectively guide and monitor project activities at respective locations identified by GPS locations.

Latrines & Handwashing Stations:

Progress has also been made with 235 latrine cover plates completed, around 60 Ventilated Improved Pit (VIP) latrines constructed, and 315 handwashing stations installed.

Beatrice, a dedicated community member, trains households in each village to make latrine cover plates using a mixture of sand, gravel and cement. Rotary provides the manufactured materials and the community provides the local materials and their labour.

Water Filter Distribution:

A total of 644 nanotubule water filters, air-tight buckets and 644 jerrycans have been distributed to households, along with training for setup and maintenance, ensuring proper use and sustainability.

Water User and Sanitation Committees:

Working with the District Water Officer of Yumbe and the Health Assistant, 148 community members from 37 water sources have been appointed to serve on Water and Sanitation Committees.

Of these, committees from 8 out of 12 villages have already received training.

These committees are vital to managing water resources, promoting hygiene practices, and collecting user fees for maintenance and repairs. To date, 116 members have completed the training.

LOOKING AHEAD

The project team is gearing up to commence the drilling of 37 wells, as soon as the dry season begins, as this will provide the most favourable conditions for well construction.

The upcoming months will also focus on completing the remaining pit latrines, the installation of handwashing stations and setting up the water filters.

This initiative goes beyond infrastructure; it's about transforming lives through improved health and sustainability.

We extend our heartfelt thanks to The Rotary Foundation and our international partners from the E-Club of WASH D9999, Rotary Clubs of Topeka, Parkville, Manhattan, Bonner Springs, Sarasota, and our local partners CCEDUC, Yumbe District Local Government, Rotary Club Yumbe, and all stakeholders for their ongoing dedication and contributions.

Together, we are creating lasting change for the people of Yumbe.

Stay tuned for further updates on this impactful project!

Transforming Yumbe via Rotary's WASH Initiative

By PAG Royce Gloria Androa, RC Arua

The Rotary Club of Arua's ongoing Water, Sanitation and Hygiene (WASH) project in Yumbe, is a major initiative funded through Global Grant GG2237714. This project, which began in July 2024, is making significant strides towards improving access to clean water and sanitation and hygiene for over 18,000 community members across 12 villages in Yumbe district.

PROJECT HIGHLIGHTS

Despite facing challenges due to the second rainy season, key milestones have been achieved: **Community Assessments & Surveys:** Baseline surveys have



PP Rukia teaching how to set up the water filter in Morodu Village, Yumbe



Distribution of jerrycans, Buckets and water filters in Morodu village, Yumbe

CLUB ACTIVITIES: KAMPALA SOUTH



Paying attention to what Rotarians are saying

A Day of Service, Learning, and Community Connection at Kikandwa Health Centre III

By Mikyle Jereva and Catherine Nairuba- Chair, Community Service

On September 21, we had the distinct privilege of joining the Rotary Club of Kampala South on a meaningful mission to the Kikandwa Health Centre III in Mukono district. This facility, supported by the Rotary Club, aims to provide free healthcare services to mothers, children, and adolescents in the Kikandwa and Kabimbiri areas. This initiative underscores the club's steadfast commitment to community service, particularly in advancing maternal health and children's education.

Kikandwa Health Centre III

was established in 2014 through a partnership between the Rotary Club of Des Moines AM, USA, students of Drake University and the Rotary Club of Kampala South.

Funded by the Brad Peyton Memorial Endowment Fund of the Shining City Foundation, the health centre has seen significant developments over the years.

The Rotary Club of Kampala South has also played a crucial role in fundraising through events like the Annual Independence Boat Cruise, which contributed to the completion of the centre.

As the Centre marks 10 years of service, we dedicated the Wine Festival Second edition, dubbed a Toast to Service, held on October 12, 2024 towards the first phase of the construction of Staff quarters

(Doctors & Nurses) at this health centre.

Initially serving as an outpatient facility, the centre has evolved over the years. Phase I involved the construction of a general ward, while Phase II completed a maternity ward in June 2018. Phase III, which began in 2019, included the construction of a children's ward. It now has an equipped maternity ward, inpatient services and a functional, affordable dental unit.

With recent donations of modern maternal and child care equipment under a global grant, the centre continues to provide essential services, including antenatal care, postnatal care, ultrasound scans, health education, and family planning.



Pad making session in progress

Our day began with a warm welcome at the health centre, where we focused on supporting expectant mothers.

We provided essential services, such as ultrasounds and health check-ups, witnessing the heartfelt smiles of mothers receiving much-needed care – a poignant reminder of the vital

role we play in promoting healthy pregnancies.

We also engaged local children in enlightening discussions about health, education and personal responsibility.

The infectious enthusiasm of the children emphasised the importance of investing in future generations,

highlighting the need for ongoing support and mentorship for all youth in the community.

Sanitary-wear-making sessions equipped the young girls with skills to better their day-to-day lives and share skills in their communities.

The sessions climaxed with the distribution of pads for each girl in attendance, benefiting close to 200 girls.

After our service, we were graciously hosted at a Rotarian's farmhouse, where we enjoyed a delightful meal and shared stories.

This gathering strengthened our connections and embodied the spirit of community and collaboration that Rotary champions.

As we celebrate the progress made, we recognise that our journey doesn't end here.

The needs of our communities are ongoing, and your involvement can make a significant difference.

Whether through volunteering, donating, or simply spreading the word, your contributions can elevate the lives of countless families.



Boy child session



A Rotarian calms down a crying baby

CLUB ACTIVITIES: RC NAALYA STATES



A Bold Menstrual Health Initiative at St. Paul's Primary School, Banda



STELLA OKWADI
Service Projects' Director,
RC Naalya States

In a practical effort to promote menstrual hygiene and empowerment among young girls, a recent project by members of The Rotary Club of Naalya States at St. Paul's Primary

School in Banda, Kampala has made significant strides in addressing the challenges many students face during their menstrual cycles.

With the participation of 65 girls, this initiative not only focused on education, but also included practical skills training, equipping these young women with the knowledge and tools necessary to manage their menstrual health confidently.

The session commenced with an in-depth discussion on the importance of menstrual hygiene. It aimed to dismantle the stigma often associated with menstruation, fostering an environment where girls felt comfortable discussing their bodies.

Many of these students

had previously lacked access to reliable information about menstrual health, making this conversation crucial for their empowerment. By normalising the dialogue around menstruation, the initiative encouraged the girls to embrace their bodies, preparing them for the natural process of menstruation with confidence.

One of the standout components of the project was a hands-on workshop where participants learned to create reusable sanitary pads. Using readily available materials, such as bedsheets, blankets, waterproof fabric, and fleece cotton cloth, the girls engaged in a creative and educational process. They began by sketching their designs, followed by cutting the fabric and stitching the pads by hand, with



assistance from facilitators. This practical experience is expected to have a lasting impact on their lives, providing them with a sustainable solution to menstrual management.

The need for this initiative was identified through a comprehensive community assessment led by the Rotary Club of Naalya States. The

headteacher of St. Paul's Primary School highlighted the significant challenge posed by the high cost of disposable sanitary pads, which often forces girls to miss school during their periods. This project was embraced by the school, recognising its potential to greatly benefit the students and enhance their educational experiences.

The impact of this project

extends beyond the classroom. By equipping girls with knowledge and skills related to menstrual health and hygiene, the initiative empowers them to educate their peers, families, and the broader community. This knowledge-sharing fosters greater awareness of menstrual hygiene, significantly reducing the risk of infections associated with poor menstrual practices.

Furthermore, the use of reusable sanitary pads not only alleviates financial burdens but also promotes environmental sustainability by minimising the waste produced from disposable products.

The Rotary Club of Naalya States, through this initiative, is paving the way for a future where young women can manage their menstrual health with dignity, contributing positively to their communities and breaking the cycles of stigma and shame. As these girls learn and grow, they carry with them the tools to foster change, ensuring that they and the generations that follow can thrive in every aspect of their lives.

DG'S VISITS TO CLUBS

RC Butabika Royals



RC Naalya States



DG'S VISITS TO CLUBS

RC Ntinda



RC RC Bukoto





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