**COVID-19 RESOURCES**

***Note: Resources were current as of the time of posting. Rotary District 6270 takes no responsibility for links that have changed or are no longer available.***

**CDC’s Official Website for COVID-19 Updates**

[https://www.cdc.gov/coronavirus/2019-ncov/index.html](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cdc.gov_coronavirus_2019-2Dncov_index.html&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=v8AGgg0M_7HMWUVYPQTc9NMBxaYuRPS2DpTfojfpgXY&e=)

**National Christian Foundation**

<https://www.ncfgiving.com/wisconsin/a-christ-centered-response-to-covid-19/>

**National Christian Foundation- Resource Page**

<https://www.ncfgiving.com/wisconsin/resources-for-the-community-in-response-to-covid-19/>

**Personal Protective Equipment (PPE) Reserve Request Process**In order to support long-term care providers who are caring for COVID-19 positive individuals, the State Emergency Operations Center has developed a process for requesting reserve resources from the strategic national stockpile.  
The following providers are eligible to request personal protective equipment (PPE) from the process:  
• Any entity licensed by the Division of Quality Assurance (DQA) as a residential facility.  
• All licensed or certified Adult Family Homes.  
• Home Health, Personal Care, and Supportive Home Care Providers caring for a COVID-19 positive patient in the patient's home.  
• Participant hired providers caring for a COVID-19 positive patient in the patient's home (applies to all Medicaid Long Term Care Programs).  
• Adult Protective Services providers responding to a home with a COVID-19 positive person in their home.  
NOTE: This process is only intended to be used when a provider has exhausted all attempts to secure PPE from other local sources.

[**https://www.dhs.wisconsin.gov/publications/p02630.pdf**](https://www.dhs.wisconsin.gov/publications/p02630.pdf)

**Rotary International**<https://www.rotary.org/en>  
  
**Rotary Club of Milwaukee-Podcast Ft. Dr. Bob Gleeson on the Cornonavirus**

https://www.youtube.com/watch?v=iUMlU8TAXe4  
  
**State of Wisconsin's Official COVID-19 Webpage**

[https://www.dhs.wisconsin.gov/covid-19/index.htm](https://urldefense.com/v3/__https:/www.dhs.wisconsin.gov/covid-19/index.htm__;!!EbQPtYtffN8evQ!rtzTaCX1AEesy91CHWovV67CEuNSd1SXjJueLuw87BF5TA4RUxClS-p2ZXBfKpXt$)

**United Way 2-1-1 Referral & Information Helpline**If you are in need of non-medical, non-emergency assistance resource and referral, dial **2-1-1** to be connected to your local United Way call center.  
<https://www.unitedway.org/our-impact/featured-programs/2-1-1>

**US Small Business Administration**

<https://www.sba.gov/funding-programs/loans/coronavirus-relief-options>

**Wisconsin Department of Health Services**

<https://www.dhs.wisconsin.gov/publications/index.htm?search=covid-19&division=All>

**Wisconsin Small Business Development Center**

[**https://wisconsinsbdc.org/services/covid-19/**](https://wisconsinsbdc.org/services/covid-19/)

**Food Delivery Services**

Uber Eats           [https://www.ubereats.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.ubereats.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=6mWhFZtcF_QknGAdMhWvoe7sRmVk-qGPEUi7uIzLGj4&e=)

DoorDash          [https://www.doordash.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.doordash.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=QVmP_JJmlTUy1ys1HYX3FmSNVDNcYqUDy0lIRgH1_oI&e=)

GrubHub            [https://www.grubhub.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.grubhub.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=lLKjJf9PNNub5WbOdP9qtVlgVHy3lxVgJKZYnsDapLs&e=)

Postmates          [https://postmates.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__postmates.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=sshvbPsIywLH5F1FdkfDK9ecduvrew-CBtW01_eqJhE&e=)

**Grocery Delivery Services**

Publix Grocery Delivery                              [https://delivery.publix.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__delivery.publix.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=AB5KPSMQpQovNWjymalMu9loXtn7ye2AjihafWoq4vc&e=)

Kroger Grocery Delivery                              [https://www.kroger.com/i/ways-to-shop/delivery](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.kroger.com_i_ways-2Dto-2Dshop_delivery&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=vblcqAefvD3UJBKz9sdaKLyG6d-oYYhaBUFoJDDHLZ4&e=)

Wal-Mart Grocery Delivery                        [https://grocery.walmart.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__grocery.walmart.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=VilvMlKaqciIVdGXDVuf01cBP0hEa0VsJY3w407tyz4&e=)

Amazon Prime Now Grocery Delivery      [https://primenow.amazon.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__primenow.amazon.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=gsX8xSFgBWi-QW25yoiAhbj5pSEBMqVjKrHrsJbSv7M&e=)

**Ideas and Free Educational Materials for Kids at Home**

Scholastic’s Free Learn at Home Program       [https://classroommagazines.scholastic.com/support/learnathome.html](https://urldefense.proofpoint.com/v2/url?u=https-3A__classroommagazines.scholastic.com_support_learnathome.html&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=dMWvNYXfXfZEaUD7qktpDrskeB6I_WvcJX3cL3nMnGQ&e=)

 Khan Academy Free Learning              [https://docs.google.com/document/u/1/d/e/2PACX-1vSZhOdEPAWjUQpqDkVAlJrFwxxZ9Sa6zGOq0CNRms6Z7DZNq-tQWS3OhuVCUbh\_-P-WmksHAzbsrk9d/pub](https://urldefense.proofpoint.com/v2/url?u=https-3A__docs.google.com_document_u_1_d_e_2PACX-2D1vSZhOdEPAWjUQpqDkVAlJrFwxxZ9Sa6zGOq0CNRms6Z7DZNq-2DtQWS3OhuVCUbh-5F-2DP-2DWmksHAzbsrk9d_pub&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=NqJnCHKqiO3Witc7VEYeuOqK141cjAvSEyhVkaqJYSM&e=)

 Crash Course YouTube Channel                [https://thecrashcourse.com/](https://urldefense.proofpoint.com/v2/url?u=https-3A__thecrashcourse.com_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=VjJDkrA8hzYLU11Cdjc-ukEjn9cA_o5A2arW2GM4AA0&e=)

**Free Online Exercise**

Peloton: [https://www.onepeloton.com/app](https://urldefense.com/v3/__https:/www.onepeloton.com/app__;!!EbQPtYtffN8evQ!rtzTaCX1AEesy91CHWovV67CEuNSd1SXjJueLuw87BF5TA4RUxClS-p2ZROxbBFn$)

USA Today Free Quarantine Workout Links: [https://www.usatoday.com/story/life/health-wellness/2020/03/19/workouts-while-quarantined-free-for-now/5075650002/](https://urldefense.com/v3/__https:/www.usatoday.com/story/life/health-wellness/2020/03/19/workouts-while-quarantined-free-for-now/5075650002/__;!!EbQPtYtffN8evQ!rtzTaCX1AEesy91CHWovV67CEuNSd1SXjJueLuw87BF5TA4RUxClS-p2ZRBthas1$)

Burn Bootcamp Free Online Trial: [https://burnbootcamp.com/locations/mt-pleasant-wi/](https://urldefense.com/v3/__https:/burnbootcamp.com/locations/mt-pleasant-wi/__;!!EbQPtYtffN8evQ!rtzTaCX1AEesy91CHWovV67CEuNSd1SXjJueLuw87BF5TA4RUxClS-p2ZbNguDnu$)

**Tips for Working at Home**

[https://www.npr.org/2020/03/15/815549926/8-tips-to-make-working-from-home-work-for-you](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.npr.org_2020_03_15_815549926_8-2Dtips-2Dto-2Dmake-2Dworking-2Dfrom-2Dhome-2Dwork-2Dfor-2Dyou&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=jfeRxsxro4siL66e0IPg-UG6y9R0yoZWUy_BIPRtURI&e=)

[https://www.businessinsider.com/how-to-work-from-home-during-the-coronavirus-outbreak-2020-3](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.businessinsider.com_how-2Dto-2Dwork-2Dfrom-2Dhome-2Dduring-2Dthe-2Dcoronavirus-2Doutbreak-2D2020-2D3&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=2kpxRVrDOpyiuwKWUN3WPcvZcCqu1LAQop1fsxwO9jE&e=)

[https://www.cbsnews.com/news/coronavirus-pandemic-tips-for-working-from-home/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.cbsnews.com_news_coronavirus-2Dpandemic-2Dtips-2Dfor-2Dworking-2Dfrom-2Dhome_&d=DwMFAg&c=2jpuOek3j4P5cpE4ozX__g&r=7dnqkNrqKi7B1taEUZjuPWvWN7KCdMIAPbA449eyloU&m=MGGdAriOwmUGrBQQkWitzz0BDMH51IQCi5vywdAxkKw&s=84PB5fJQbr2GqbOll-W1aaeSaPXiEEwNNzSzX1lbtVA&e=)