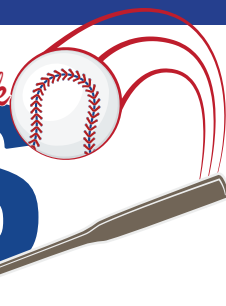




# ROTARY NEWS

*knocking it out of the park*



## COACHES CORNER

DISTRICT GOVERNOR

TINA SPENCER-MULHERN

April is Maternal health and Child Care Prevention Month.

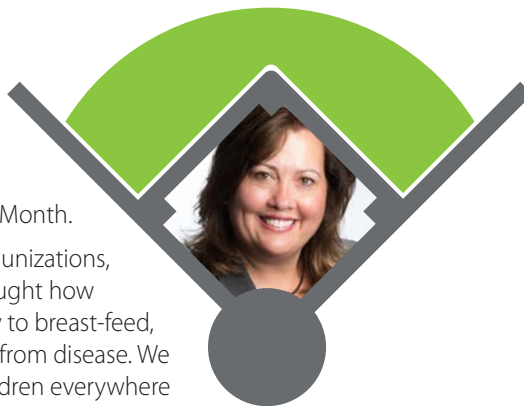
Around the globe Rotary provides education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission, how to breast-feed, and how to protect themselves and their children from disease. We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

In this edition of the newsletter you will read about two such projects that our District is involved in. The Bwindi Nursing School that the Rotary Club of Reno sponsors with the support of many clubs in our District and the project that became known as the Austere Medicine Vocational Training Initiative in Chiapas, Mexico sponsored by the two Rotary Clubs in Bishop, CA.

As promised during my club visits, many asked for a copy of "What to plant in your Rotary Garden" and I said I would have a copy in my April newsletter. After all it is that time of year for us to start thinking about what to plant in our Gardens.

April is also the time of year that our Clubs start preparing and planning for the new Rotary year that will soon be upon us. One of the best ways to do this is by attending our annual Club Leadership Assembly. DGE Randy VanTassell and our amazing CLA Chair, Robin Milam and District Trainer and DGN Roberta Pickett, have been working tirelessly on bring a great day of training on April 6th at Nugget Casino Resort in Sparks, NV. There will also be Grants Management Training in the afternoon of April 5th followed by our District's annual Paul Harris Society Dinner. You can register for these events on the District website.

You can also find more details on our Rotary 4WayFest at [www.Rotary4wayfest.com](http://www.Rotary4wayfest.com). The website will tell you about our events, breakouts, speakers and more. If you want to participate in our hands-on project "Rise Against Hunger" you will need to register for this event under the "events" tab of the Rotary4wayfest website. There is no cost, however the capacity is 60, so please don't delay in registering.



Rotary



BE THE INSPIRATION

## IN THE BULLPEN

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*Every day is a new opportunity. You can build on yesterday's successes or put its failures behind you and start over again. That's the way life is with a new game every day, and that's the way baseball is.*

– Bob Feller

Rotary



BE THE INSPIRATION



# A SIX YEAR ROTARY PROJECT MAKES A DIFFERENCE

As with many third world countries, the health care system in Uganda is challenged by a lack of doctors, nurses and medical facilities. The challenge is exacerbated by the remote nature of many parts of the country and a lack of transportation and public health information. Dr. Scott Kellermann of the Rotary Club of Nevada City 49er pioneered health care in southwestern Uganda by founding the Bwindi Community Hospital and while the new hospital provided immediate care for those that were chronically ill, there remained a significant shortage of nursing professionals throughout the country but particularly so in the remote area of the Bwindi Community Hospital.

In 2012 the Rotary Club of Reno joined with two non-Rotarian donors to put in place a new nursing school in Southwestern Uganda. The Uganda Nursing School Bwindi, a small self-contained campus, was constructed on land purchased by private donors and the RC Reno led the effort to develop a global grant to fund acquisition of all equipment and furnishings for the school. Eighteen Rotary clubs and an additional 60 individual Rotarians provided the local match for the \$250,000 global grant that was approved by The Rotary Foundation in late 2013.

The grant included acquisition of everything needed to start the new school including beds for the student dormitories and faculty housing, kitchen and dining room equipment, classroom desks, administrative equipment, the start of a small library and computer center, a simulation and skills laboratory and an emergency generator to provide backup power for the school. The school opened its doors in November 2013 with a new class of 13 students.

In May 2014 Reno Rotary dispatched a vocational training team to Uganda to work with the principal tutor and part time faculty. The team met daily with students and faculty providing support for the new school. A final step in the VTT effort was conducting a one-day Excellence in Nursing Education Symposium that attracted attendees from throughout the country.

To provide sustainability, the global grant provided masters nursing education scholarships for two, degree level nurses that were working at the Bwindi Community Hospital. The degree nurses were selected by the host club Rotarians in Uganda and studied at Uganda Christian University with a capstone six-week internship at Bethel University in St. Paul Minnesota. The students have agreed to return to Uganda Nursing School Bwindi and teach for a minimum of three years. Robert Kamugisha was the first student to complete the MSN program and is shown in the photo preparing to tour Renown Medical Center in Reno prior to addressing the Reno Rotary Club in May 2018. As this is written, the second MSN student is completing academic work at Bethel and will soon return home to teach at the school.

The school has grown in remarkable ways. Today, enrollment in the three-year diploma nursing program stands at 90 students and an additional 200 students are engaged in certification programs for sonography and midwifery. Two student groups have graduated with 100% certification testing pass rates and a third will graduate in May 2019. The total of nearly 120 diploma nurses that have completed the nursing curriculum at the school will help change the face of public health in Uganda far into the future. This is the first graduating class in 2017 with Janet Museveni, wife of the President of Uganda.

**What's next you say?** The Rotary Club of Reno is now starting a new global grant to equip a new skills lab building that is under construction. The new building compliments an expansion of one of the original dormitories and a new dormitory that was constructed to accommodate the growth of the student population. The new skills lab building will include two additional classrooms, a new library, larger computer lab, and a skills and simulation lab similar to what one might find in a western or American university. The global grant is currently being prepared and fund raising continues. If you or your club are interested in participating and becoming a partner in a successful international project, please contact Jerry Hall at 775-329-5538 or [jhallreno@gmail.com](mailto:jhallreno@gmail.com).

Rotarians can make a difference but only if we get involved and put a little effort into making the world a better place. You, too, can **Be the Inspiration** if you choose to get involved.



*Uganda Nursing School Bwindi*







It is that time of year for planting our gardens so I thought it would be appropriate to share with you what goes into a Rotary Garden.

First you

Plant 3 rows of peas: Peace of mind: Peace of heart: Peace of soul

Plant 4 rows of squash: Squash gossip: Squash indifference: squash grumbling: squash selfishness

Plant 4 rows of lettuce: Lettuce be faithful; Lettuce be kind: lettuce be obedient: Lettuce really love one another

Now no garden is complete without turnips: Turnip for meetings: Turnip for service: Turnip to help one another

Water freely with patience and cultivate with love. There is much fruit in your garden, because you reap what you sow.

Our garden must have thyme: Thyme for God: Thyme for Study: Thyme for Prayer

I wish you all the BEST of luck this year as you plant your Rotary Gardens , that they will grow strong and that the fruits you reap will be an Inspiration to many in your communities and around the world for years to come.

## WANT TO SAVE MONEY ON TAXES WHILE SUPPORTING A CHARITY?

A Qualified Charitable Distribution (QCD) may be the answer. A QCD is a direct transfer of funds from your IRA Custodian or Trustee, payable to a qualified charity such as The Rotary Foundation. QCDs can be counted toward satisfying your required minimum distributions (RMDs) for the year, as long as certain rules are met.

In addition to the benefits of giving to charity, a QCD excludes the amount distributed from taxable income, which is unlike regular withdrawals from an IRA. Keeping your taxable income lower may reduce the impact to certain tax credits and deductions, including Social Security and Medicare.

Also, QCDs do not require that you itemize, which due to the recent tax law changes, means you may decide to take advantage of the higher standard deduction, but still use a QCD for charitable giving.

### Can I make a QCD?

While many IRAs are eligible for QCDs, not all are. There are several requirements, here are some of them:

- You must be 70½ or older to be eligible to make a QCD.
- QCDs are limited to the amount that would otherwise be taxed as ordinary income. This excludes non-deductible contributions.
- The maximum annual amount that can qualify for a QCD is

\$100,000.

- For a QCD to count towards your current year's RMD, the funds must come out of your IRA by your RMD deadline, generally December 31.
- Any amount distributed above your RMD does not count toward satisfying a future year's RMD.
- Very important: Funds distributed directly to you, the IRA owner, and which you then give to a charity do not qualify as a QCD.

### What kind of charities qualify?

The charity must be a 501(c)(3) organization, eligible to receive tax-deductible contributions. The Rotary Foundation (TRF) qualifies. For additional information regarding a QCD see <https://rotary.planmygift.org/ira-charitable-rollover>. Contact Vicky Perez at The Rotary Foundation, <mailto:vicky.perez@rotary.org> for assistance in making a QCD to The Rotary Foundation.

### Tax reporting

A QCD is a reportable event so please consult your tax advisor. They can help you determine if both your IRA and charity qualify for a QCD.

# CHIAPAS AUSTERE MEDICINE VOCATIONAL TRAINING INITIATIVE

In 2015, the Rotary Club of Bishop Sunrise and host club, Oriente de Tuxtla Gutierrez, MX were awarded a VTT Global Grant from Rotary International for the Chiapas Austere Medicine Vocational Training Initiative.

## Many people have asked how did this project come about?

First and foremost, I was interested in International Service through the Rotary Global Grant process.

Second I had attended a community meeting in Mammoth Lakes, CA where a medical team from Mammoth Medical Missions, Inc. (MMM) were presenting a slideshow of their emergency medical team response to the Philippines just after Super Typhoon Haiyan.

I did my research on MMM and found they had previously provided surgical medical missions to Chiapas, MX.

By coincidence, I had hosted a Rotary Youth Exchange Student from Chiapas, MX and I had seen firsthand the need for improved health care, maternal health care and medical training in the region.

The two Rotary Clubs of Bishop met with MMM and we explored the idea of a collaborative partnership between them and Rotary.

The tool for this partnership was a Global Grant. The Global Grant provided the resources to build a sustainable health care system in the region and not just a region dependent on foreign surgical medical teams for medical services.

The Vocational Training Team (VTT) included doctors, nurses, a nurse practitioner, physical therapists, EMTs, professional language interpreters, and other operations personnel.



The hands-on practical austere medicine skills training were taught at, Hospital Basico San Andres Larrainzar. This rural clinic is a small, basic clinic in the highlands of Chiapas, which serves a highly marginalized population of approximately 10,000 people, over 90% of whom are indigenous Mayan.

The first week trainings, addressed rural obstetrics, austere emergency room skills, physical therapy, and

general surgery support for clinical staff, fourth year medical students, professional midwives, lay midwives and health educators.

The second week Mammoth Medical Missions performed 45 life-improving surgeries and procedures for indigenous patients.

In addition to the medical trainings and surgeries, a course in disaster and mass casualty training was taught. The training took place on the campus of the State School of Civil Protection, reaching disaster management professionals, civil protection instructors and students, as well as community and political leaders serving the entire population of the State of Chiapas.

In January 2016, two early-career MDs and two professional midwives who attended the training in Chiapas, Mexico, traveled to Bishop and Mammoth Lakes, CA for continued training in obstetrics, and orthopedic skills at Northern Inyo Hospital and Mammoth Hospital.





# FROM THE DUGOUT AREA 8

## AREA 8 SERVICE AND FELLOWSHIP

As our presidents-elect continue to prepare for the 2019/2020 Rotary year, the eight clubs in Reno and Sparks continue their high level of activity in service and fellowship. For area-wide activities since the start of the 2019 calendar year, the clubs held a well-attended and successful Foundation Dinner and several Rotary Means Business events. Additionally, area speech and music participants are advancing through the area contests, and we continue our support of the KNPB Young Writers Contest, which this month will recognize original stories written and illustrated by children in kindergarten through third grade in order to encourage creativity and reading and writing skills.

On the club level, Area 8 clubs are doing a great amount of service work. By way of examples only, Reno South is doing construction and cleanup at Robinhood Park; Reno Midtown is supplying and managing the garden at Vaughn Middle School; Reno Centennial Sunset is working at Marvin Picollo School for RAW Day; and Reno is updating the incredible Rotary Sculpture Park in downtown Reno with new art.

Importantly, the area clubs are working to extend the reach of youth and international service programs. With respect to expanding youth service in our area, Reno Central is taking the lead to start a Rotaract club at the University of Nevada; Reno Sunrise is starting an Interact Club at Coral Academy; and Reno is looking to sponsor a Boy Scouts troop. On the international front, Reno recognized two clubs as their “twin club”, one in Panama related to a joint orphanage project and the other in Thailand related to scholarship and water filter projects. Among other efforts, Reno Central has partnered with two Colombian clubs and received two Global Grants, one to purchase equipment to expand production capacity for a rural coffee cooperative for \$35,000 and the other to rebuild a water distribution system and install water filtration equipment in a small rural community for \$43,000.

Not forgetting fellowship and fundraisers, Reno Central is holding its 20th Annual Crab Feed and Beach Party on April 20th at the Reno Ballroom; Reno South held a “Thirsty Thursday” event for its members with more scheduled; and Reno Centennial Sunset is holding the Polio Purple Pinkie Trail Run on May 4th at San Rafael Park.



*BELIEVE  
THERE IS  
GOOD IN  
THE WORLD*



This month's newsletter will contain a bit of praise to our District 5190 Rotary Youth Exchange Committee. As with most activities in Rotary, the work is done by volunteers who find the reward in the doing, not the receiving.

The District RYE Committee is made up of 20+ Rotarians supported by a few non-Rotarians. The work they do is what gives the inbound and outbound student incredible opportunities through our training and every-present support.



*Inbound Airport Arrival*

## Orientations

The inbound student attends their first orientation in August once all of the students have arrived. This first orientation is two days and designed to welcome them into our country and communities while preparing them for the surprises they might feel – life is not always as you expect it to be. Imagine what preconceptions these students have coming to America, most for the first time. They don't all think we live in log houses and teepees, but their view is often changed within weeks of arrival.

We explain the "rules" for them so they are able to enjoy their stay while knowing what is expected of them and what they can and cannot do while in the U.S. One of the first things they are told is that we have three goals:

1. We will make sure they are safe.
2. We want them to have a fun, enjoyable and successful exchange.
3. We will protect the Rotary Youth Exchange program in every way we can – they are not the first, nor will they be the last exchange students who take part in RYE.

It can be difficult for some of our students who are approaching 18 years of age. This is typically when a teenager begins to reach for their independence. We explain to them that while we understand this time in their lives is filled with changes, they have rules to follow, determined by the laws of the community, the schools, the host family

and the government. For instance, our inbound students are in this program in this country on a J-1 visa that requires they attend school and attempt to do well. Some schools are stricter and require a minimum of a C in each class. Others are more flexible, making allowances for the exchange students. But whatever the rules of the school they attend, those rules have to be followed regardless of what another student's school allows. This can be difficult for some students; however, this experience mirrors life – not every situation has the same expectations and you have to accept responsibility for your actions no matter what you see around you.

At their second orientation, the inbounds are so relaxed and excited to see their RYE inbound friends again that they are perfectly happy – and invaluable - helping us with the Outbound Briefing we give to outbound candidates in October. There is one session called "The Passport Fair" where all of the inbounds prepare a table designed to entice an outbound candidate to select their country as their destination.

This one-day orientation in October is a briefing for outbound candidates and their families to help them determine if a year-long exchange fits into their lives. At the same time, it is the second, follow-up orientation for the inbound students, who are now settling in with their host families and schools. At this orientation, we are looking for feedback on how they are doing in school and with their host families. If we can identify a problem early, we can usually fix the issue so as not to jeopardize their exchange. In this stage of their exchange, they are feeling pretty high – still exciting, but finally also feel more comfortable with their new life.



*Orientation Day*

The third Inbound RYE Orientation is held in February and this can be a time of our inbounds experiencing some strong feelings, both positive and troublesome. Most have gone through the holidays having never spent the season away from their families. It might have been an exciting time of learning how they do it in the U.S. or it might have been a time that tugged at them, making them feel homesick. Regardless, they made it through and now they are beginning to feel that they are on the downside of time left in their exchange. It is also the time when we begin to see deviations from the rules more often than not. This is understandable – many have turned 18; they are more comfortable in their role as a student in a U.S. school. They have friends both in RYE and in school. More than likely they have moved to their second host family. And they are getting ready for some of their U.S. travel trips. So as their independence increases, their desire to do what they want, when they want is often at odds with the rules. So once again, the RYE Committee is reminding them of the "rules."

Also in February on the same day, the new outbound class has their first orientation since being selected and notified in January. This is the beginning of their training and preparation for their

year abroad. They are given assignments to help them begin thinking in global terms, expanding their awareness of their year ahead. The parents also attend because the outbound experience is a family experience, not just felt by the outbound student. During lunch, the inbound students sit with the outbound students matched by country. This exposure to both the country and the exchange experience is energizing for the students as well as enlightening. There are so many little details the students didn't even have on their radar for them to learn: learn the language; how to cope with leaving family and friends; how to join a new family and be a member of that family; what school requirements may be; immunizations, passports and reporting back to the District RYE Committee through their Reflections reports. And so much more. There is a lot of work involved to prepare adequately for a year away from home. The one thing each student hears the most: Learn the language!!! Yet, when the students return, the one thing they say they wished they had prepared for was Learn the language.

The District RYE Committee now can provide language software with monitoring to each of our outbound students. We are hoping this gives them a better advantage for that one goal the most difficult to reach – learning the language.



*Outbound Airport Departure*

In April, our outbound students have their second orientation. By now they have been learning the language of their country and have completed some homework assignments to help enable them to assimilate more easily into the culture of their country. There is a myriad of details that come up during this orientation. They must work with It's Your World Travel, the travel organization that handles all of their travel issues, including airline tickets and visas. Working with other countries and their travel requirements is not an easy task and we thank IYWT every year for their dedication to making our students safe as they coordinate with all of the students and the country governments.

The outbound students are also given even more details, rules and assignments: how to get money while away from home; what to do about cell phones, computers, camera and the Internet. Other details they need: when can parents visit their kids on exchange and how to show appreciation to their host families, the hosting Rotary club and anyone else who has helped them in their year. And more.

The last mandatory event our inbound students must attend is the District Conference. This is the time our students meet more than just their sponsoring club's members and get a chance to share how valuable this program is with all of the clubs in our district. We also do a de-briefing of all the students for the past year of their exchange. This is one of my favorite sessions because I remember how innocent and naïve they were when they first arrived. Now before us is a group of young people ready to make a difference in the world because of the strength and confidence gained through their exchange experience. It's what keeps us coming back.

Finally, in June, the last Outbound Orientation takes place and our little birds are ready to fly. Scary for them and scary for the parents, but their courage is to be admired. In essence, they are only a few more little details for them: how to pack; resisting peer pressure (rules again); safety nets provided by Rotary; and discussions on the expectations of both the student and their parents.

Most will be leaving within one to two months, depending on when the country requires them to arrive. The parents know, too, that this is the beginning of their child's adventure but also the beginning of the next stage of their lives as well. And then we graduate them.

We also hold one more orientation for the returning outbounds from the previous year. They share their ups and downs, their joys and frustrations. We learn from the rebounds (new designation) and they are an immense help in both the inbound and outbound orientations through the year. Rebounds help our returning inbounds and outbounds with the reverse culture shock all students go through in going home.

From my count, we hold nine orientations throughout the year for our exchange students. It is a lot of work, but you won't hear any of the committee members complaining. It is just too important and rewarding to worry about a little time spent making the world a better place.

Next month I will share some exchange student stories and I can assure you, the successes we see will keep hope alive – rather than this being a cliché, the RYE program shows us all that Youth Are Our Future and Rotary provides the opportunity for that future to be better for all involved.

### More information:

**Inbound Coordinator and Host Family Coordinator:**  
**Chesa Keane, [chesa5190@gmail.com](mailto:chesa5190@gmail.com) or**  
**(775) 691-2700.**



# MEMBERSHIP

	Official Start	Growth		YTD Giving Data		
		Current #	Percentage	Annual	Restricted	Combined
	7/1/18	Members	Growth	Giving YTD	Giving YTD	Ave/Member
Alturas	27	27	0.00%	\$6,748	\$2,758	\$352
Alturas Sunrise	22	22	0.00%	\$3,655	\$1,800	\$248
Amador Upcountry	21	21	0.00%	\$4,021	\$2,181	\$295
Auburn	93	102	9.68%	\$12,275	\$7,749	\$196
Auburn Gold Country	27	30	11.11%	\$2,080	\$1,370	\$115
Auburn Sunset	21	21	0.00%	\$1,120	\$740	\$89
Bishop	27	26	-3.70%	\$8,905	\$1,848	\$414
Bishop Sunrise	32	29	-9.38%	\$3,715	\$1,568	\$182
Cameron Park	45	48	6.67%	\$6,837	\$2,660	\$198
Carson City	66	67	1.52%	\$12,370	\$7,301	\$294
Carson City - Passport	9	5	-44.44%	\$695	\$0	\$139
Chester	16	16	0.00%	\$0	\$250	\$16
E-Club of District 5190	23	24	4.35%	\$1,000	\$1,070	\$86
Elko	61	54	-11.48%	\$4,178	\$2,826	\$130
Elko Desert Sunrise	26	25	-3.85%	\$4,916	\$4,629	\$382
Ely	28	27	-3.57%	\$250	\$1,150	\$52
Fallon	38	39	2.63%	\$2,340	\$550	\$74
Fernley	26	33	26.92%	\$2,612	\$681	\$100
Georgetown Divide	38	38	0.00%	\$2,500	\$909	\$90
Grass Valley	66	70	6.06%	\$17,280	\$5,236	\$322
Grass Valley South	35	30	-14.29%	\$8,433	\$3,000	\$381
Greenville	14	13	-7.14%	\$1,500	\$575	\$160
Incline Village	25	26	4.00%	\$1,255	\$850	\$81
Ione	33	34	3.03%	\$4,175	\$1,485	\$166
Jackson	51	50	-1.96%	\$18,818	\$16,885	\$714
Loyalton	12	12	0.00%	\$595	\$525	\$93
Mammoth Lakes	25	19	-24.00%	\$2,474	\$1,237	\$195
Minden	32	34	6.25%	\$2,010	\$1,390	\$100
Nevada City	33	33	0.00%	\$3,168	\$272	\$104
Nevada City 49 Breakfast	80	82	2.50%	\$22,147	\$5,660	\$339
Passport to Amador	34	31	-8.82%	\$1,960	\$235	\$71
Penn Valley	30	37	23.33%	\$5,170	\$1,610	\$183
Placerville	31	33	6.45%	\$1,591	\$2,823	\$134
Plymouth-Foothills	37	36	-2.70%	\$5,809	\$600	\$178
Pollock Pines-Camino	21	24	14.29%	\$475	\$0	\$20
Portola	27	26	-3.70%	\$3,765	\$3,676	\$286
Quincy CA	47	48	2.13%	\$3,310	\$3,052	\$133
Reno	155	149	-3.87%	\$33,980	\$17,990	\$349
Reno Centennial Sunset	34	38	11.76%	\$6,750	\$525	\$191
Reno Central	72	73	1.39%	\$8,530	\$10,011	\$254
Reno Midtown	27	31	14.81%	\$967	\$5,137	\$197
Reno South	51	51	0.00%	\$4,671	\$3,980	\$170
Reno Sunrise	46	47	2.17%	\$5,868	\$4,440	\$219
Sierra Passport	23	20	-13.04%	\$12,023	\$65	\$604
Smith Valley	32	35	9.38%	\$3,375	\$1,935	\$152
South Lake Tahoe	23	24	4.35%	\$1,375	\$1,275	\$110
Sparks	100	99	-1.00%	\$17,594	\$6,277	\$241
Sparks Centennial Sunrise	25	29	16.00%	\$10,038	\$885	\$377
Susanville	53	52	-1.89%	\$575	\$3,682	\$82
Susanville Sunrise	29	31	6.90%	\$3,941	\$3,310	\$234
Tahoe City	33	33	0.00%	\$1,250	\$3,300	\$138
Tahoe-Douglas	53	55	3.77%	\$4,014	\$3,050	\$128
Tahoe-Incline	52	61	17.31%	\$12,846	\$5,332	\$298
Tonopah	15	16	6.67%	\$285	\$1,370	\$103
Truckee	89	89	0.00%	\$6,085	\$1,595	\$86
Truckee Sunrise	11	14	27.27%	\$1,122	\$2,013	\$224
Winnemucca	46	39	-15.22%	\$865	\$0	\$22
Yerington	43	41	-4.65%	\$1,350	\$1,301	\$65
<b>TOTALS</b>	<b>2291</b>	<b>2319</b>	<b>1.22%</b>	<b>\$321,656</b>	<b>\$168,624</b>	<b>\$211</b>



# ROTARY *DOING GOOD IN THE WORLD*

Having just concluded Clean Water and Sanitation Month, this article encompasses so much of the 'why' of our current work in this and other areas of focus.

"The lack of access to clean water, sanitation facilities, and hygiene resources is one of the world's biggest health problems — and one of the hardest to solve. Rotary has worked for decades to provide people with clean water by digging wells, laying pipes, providing filters, and installing sinks and toilets. But the biggest challenge has come after the hardware is installed. Too often, projects succeeded at first but eventually failed.

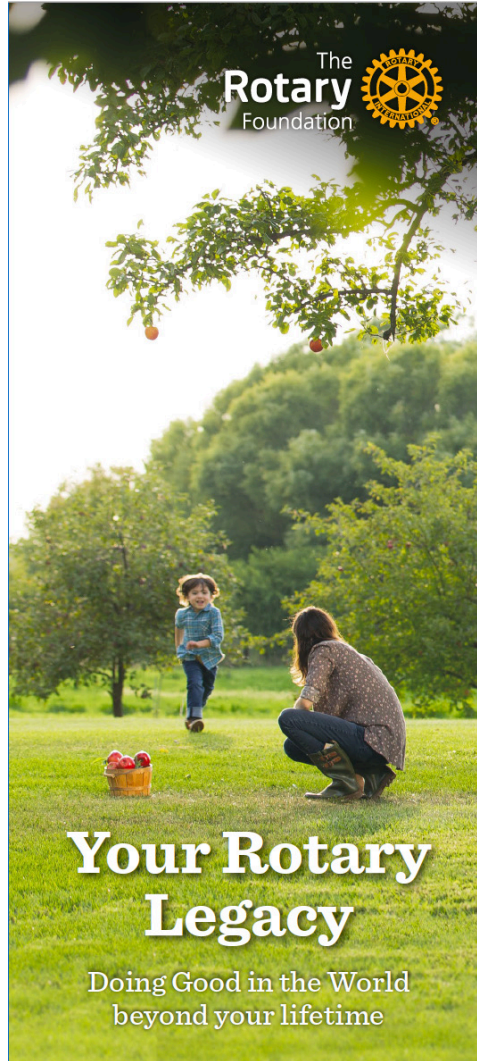
Across all kinds of organizations, the cumulative cost of failed water systems in sub-Saharan Africa alone is estimated at \$1.2 billion to \$1.5 billion, according to data compiled by the consulting firm Improve International. Rotary projects used to focus on building wells, but Rotary started to focused on hygiene education projects, which have a greater impact.

Rusted water pumps and dilapidated sanitation facilities are familiar sights in parts of Africa, South America, and South Asia — monuments to service projects that proved unsustainable. A 2013 review by independent contractor Aguaconsult cited these kinds of issues in projects Rotary carried out, and the review included a **focus on sustainability to help plan more effective projects.**

That's one factor in why Rotary has shifted its focus over the past several years to emphasize education, collaboration, and sustainability.

With Rotary Foundation global grants, a dedicated Rotarian Action Group, and a partnership with the U.S. Agency for International Development (USAID), Rotary's water, sanitation, and hygiene, or WASH, programs are achieving greater, longer-lasting change.

"All Rotary water and sanitation projects are full of heart and well-intentioned, but many of them didn't always meet the actual demands of the community," says F. Ronald Denham, a founding member and chair emeritus of the Water and Sanitation



Rotarian Action Group. The group, formed in 2007, stresses a needs-based approach and sustainability in projects.

In the past, equipment and facilities were usually installed properly and received well, but the local ownership, education, and sustainability were sometimes lacking. Communities often did not receive enough support to manage the projects independently for the long term.

One obstacle to sustainability: the ongoing human involvement that's required.

Rotary members, by their nature, are volunteers. "Like everyone else, Rotarians have priorities like work and family," says Denham, who has worked with clubs on water, sanitation, and hygiene issues for more than 30 years and led projects in Ethiopia, Ghana, India, Kenya, and Uganda.

Speaking of the Rotary members who work to make improvements in their own communities, he says, "It's difficult for host clubs, for instance, to manage WASH projects long-term," especially if the projects have complex technical components. "We're extremely dedicated, but we need help. Reaching out is essential to our success."

## **Community engagement, community ownership**

That success now increasingly depends on collaborations with organizations that provide complementary resources, funding, technology, contacts, knowledge of a culture, and other expertise. "Clubs need to better engage with the community, its leaders, and professional organizations," Denham says. "More important, we need to understand the needs of the community. We can't assume or guess what's in their best interest."

The Rotary Foundation has learned over time that **community engagement is crucial to making long-term change.** It now requires clubs that apply for grants for some projects in other countries to show that local residents have helped develop the project plan. The community should play a part in choosing which problems to address, thinking of the resources it has available, finding solutions, and making a long-term maintenance plan.

No project is successful, Denham says, unless the local community ultimately can run it." From Rotary International

**Whether Providing Clean Water, Saving Mothers and Children, Growing Local Economies, Promoting Peace, Fighting Disease, or Supporting Education, creating community needs-driven, sustainable projects....Together we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.**

**Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.**

# ROTARY *DOING GOOD IN THE WORLD*

## DOING GOOD IN OUR COMMUNITIES AND ACROSS THE GLOBE BEGINS WITH CLUB GRANT QUALIFICATION

### Next Grant Management Training Sessions:

Friday April 5, 1:30-5:00 Sign up on District Website  
<https://www.district5190.org>  
 Scroll down to Events or click Calendar.

The next online series will begin Monday evening April 22, continuing Monday evening May 6, 13 and 20th. Use the GoToWebinar link on the District Website.

Who needs to be Trained: Club President 2019-20 and Club President Elect 2019-20.

**What needs to be Signed:** The Club Memorandum of Understanding and D5190 Addendum

Where do I find all of the information: District Website under For Members, The Rotary Foundation, Grants.  
<https://www.district5190.org/sitepage/grants>

**Questions:** please contact Foundation Chair Wyn Spiller  
[wyn.spiller@gmail.com](mailto:wyn.spiller@gmail.com) or Grants Chair Ramona Delmas  
[radelmas@gmail.com](mailto:radelmas@gmail.com)

### Don't forget:

Current District Service Grant reports are due April 30, 2019  
 Spending Plans are due May 15, 2019



Rotary Foundation » Grants

### Grants

#### Subpages

[Grants Overview](#)

#### 2019-20 Grants Documents

[2019-20 District 5190 Grants Policy](#)

[2019-20 Club Memorandum of Understanding & District 5190 Addendum](#)

[2019-20 District 5190 Grant Timeline](#)

[2019-20 District 5190 Club Spending Plan](#)

[2019-20 Bonus Allocation Summary](#)



April is Child and Maternal Health Month....Saving Mothers and Children.

Excellent short video to share with your club! Click Here (link below).  
[https://www.youtube.com/watch?time\\_continue=2&v=6Cq11LhKiVI](https://www.youtube.com/watch?time_continue=2&v=6Cq11LhKiVI)



## OUR GOAL THIS YEAR IS FOR 100% SUSTAINING MEMBER CLUBS!

Our goal this year is for 100% Sustaining Member Clubs – Let's see if we can make a leap forward in the final months of the 2018-19.

Sustaining Members are those who give \$100 to the Annual Fund of The Rotary Foundation. Using Rotary Direct, that is just \$25 per quarter or \$10 per month.

### Congratulations to our top 100% Clubs as of March 28th!

- Jackson – 100 % Sustaining Members
- Amador Upcountry – 100% Sustaining Members
- Elko Desert Sunrise – 100% Sustaining Members
- Sparks Centennial Sunrise – 100% Sustaining Members
- Grass Valley South – 100% Sustaining Members

### Congratulations to our next top 5 Clubs as of March 28th!

Carson City – 94.9 % Sustaining Members  
 Grass Valley -80.4 % Sustaining Members  
 Penn Valley -75.9 % Sustaining Members  
 Alturas Sunrise -63.6 % Sustaining Members  
 Nevada City 49er -61.8 % Sustaining Members  
 As our Senior Annual Giving Officer Steven Solomon reminds us: Our contributions are investment in a better world!

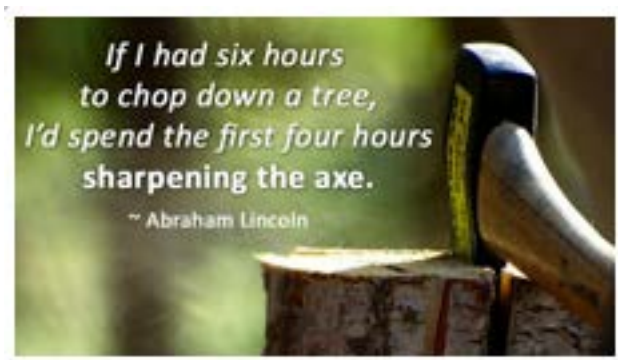
**38.6%**  
**DISTRICT-WIDE**  
**SUSTAINING**  
**MEMBERS**





# “SPRING TRAINING ALL YEAR ROUND” D5190 EDUCATION

As we finish up our Club projects for this year and all we have accomplished, we are also thinking about the year ahead. Those who have been elected as leaders for next year – presidents, officers, committee chairs, etc. - may be feeling a little anxious about their new role. My recommendation?



Do as Abraham Lincoln advised and spend some time “sharpening the axe.”

What did he mean by that? He meant that careful preparation will facilitate the job ahead for you. Leaders know that planning and preparation is just as important as implementation because it can provide clear vision, clear direction, clear steps to follow, and result in clear success and enjoyment.

What does that mean for you? **PREPARE FOR 2019-20! REGISTER FOR CLUB LEADERSHIP ASSEMBLY NOW.** It is just around the corner on **Saturday 4/6/19, from 8 – 3:30, at The Nugget, Sparks, NV.** Go to <https://tinyurl.com/CLA-2019>. It is designed for club leaders, aspiring leaders, AND for new or newer members who want to understand more about all aspects of Rotary and how it all CONNECTS.

Go as a team to CLUB LEADERSHIP ASSEMBLY (CLA), carpool and enjoy the drive together, take advantage of this time to begin planning and preparing for the year ahead. Sharpen your skills, your knowledge, your understanding, and your “axe” will be ready to make 2019-20 the best year yet for you and your club!

You will come away with an understanding of the essential element for building stronger clubs, feel the connection to our greater Rotary world with our keynote speaker PDG Shirley Grace, and gain some nuts-n-bolts understanding of our key club roles. Register on the district website at <https://tinyurl.com/CLA-2019>. Contact Robin Milam for more info at [robin@the-milams.com](mailto:robin@the-milams.com).

## Grants Management Training (GMT)

The next in person GMT will be offered prior to Club Leadership Training on Friday, 4/5. Register on the District website. If your club wants to apply for a district grant next year, the club president (who is now PE) and at least one other club member (if possible, the president elect who is now PEN), must be current in their training. Once you have taken GMT, it is good for three years.

## TechEasy Webinars

In February, we introduced three TechEasy Webinars to understand how to navigate around our District 5190 website and the Rotary International website – both the outer public pages and the members only sections. Each webinar is between 45-60 minutes long.

These webinars were recorded so that you can access at any time. ALL PRESIDENTS ELECT are encouraged to watch the TechEasy recordings to be better prepared for your year as president.

- <http://tinyurl.com/TechEasyPart1> Navigating the public side of our District 5190 & Rotary International websites

# “SPRING TRAINING ALL YEAR ROUND” D5190 EDUCATION

- <http://tinyurl.com/TechEasyPart2> Exploring the Members Only sections of district5190.org and District ClubRunner site with a focus on entering/changing Membership and Club Executive information, attendance, and District Grants
- <http://tinyurl.com/TechEasyPart3> Exploring the Members Only sections of my.rotary.org with a focus on Rotary Club Central, the Brand Center, entering/updating/viewing Club Goals, pulling club reports, personal donation history, and global grants – and much more!

## Rotary Leadership Institute (RLI)

RLI is being offered in multiple places across our district between now and the end of this Rotary year. You can attend in your area OR ANYPLACE ELSE. It might be fun to meet some fellow District 5190 Rotarians from another area! It's spring – enjoy the weather!

Here are the dates and locations of the upcoming trainings. Contact the Assistant Governor in your area or Kim Wilbanks at [cowgirlkim5190@gmail.com](mailto:cowgirlkim5190@gmail.com) if you want to attend or if you want to set one up in your Area.

- April 13th: RLI 2 in Portola
- Date TBA: RLI 2 in Auburn
- Dates TBA: RLI 1 and 2 in Truckee
- May 17th: RLI 3 in conjunction with the Dist. Conference

**RLI is a powerful, interactive learning experience for all Rotarians – emerging leaders, soon-to-be officers, new members, and even partners and prospective members. Everyone can learn something!**

RLI -1 FOCUS ON YOU, THE ROTARIAN. To understand the amazing organization that is Rotary, and how to tap into its power to make a profound difference in your life, your community, the world

RLI -2: FOCUS ON YOUR CLUB. To investigate how best to help your club to make a real difference. Work on team building, communication, attracting new members, and more.

REL-3: FOCUS ON YOUR ROTARY JOURNEY. To explore how to get the most out of YOUR Rotary Journey, with diverse Rotary opportunities for personal, community and professional growth and development, and how to support your fellow Rotarians on their journeys.

## Visioning for Clubs

Visioning is taking off. What is Visioning? This is the opportunity for your club to identify what it wants to do and where it wants to go over the next three years. Visioning is a powerful and fun approach to identifying and documenting your club members' interests and ideas. The Visioning Team will facilitate the process. Karen McDonald is leading the charge. Contact her at [karenmcdon@aol.com](mailto:karenmcdon@aol.com). Congratulations to all the clubs who are scheduled or have already gone through it or are repeating the process! This is another way to “sharpen your axe” for the years ahead.

## Rotary Academy

Don't forget about Rotary Academy! This training is all about Rotary, from A to Z. It is a self-paced, online learning that is perfect for new Rotarians AND for presidents elect. Contact our chair, Karen Grosz at [kgrosz@gmail.com](mailto:kgrosz@gmail.com) for more information. Take the time to really learn about ALL aspects of Rotary. It's well worth your time.



<b>Rotary</b> District 5190	<b>Club Leadership Assembly</b> 
<p><b>Saturday April 6, 2019</b></p> <p>8am – 9am Registration &amp; Continental Breakfast</p> <p>9am – 3:30pm Program</p> <ul style="list-style-type: none"> <li>➤ PDG 5230 Shirley Grace Keynote Speaker</li> <li>➤ Essential Elements for Building Stronger Clubs</li> <li>➤ Breakout Sessions</li> </ul> <p><b>The Nugget Casino Resort</b> 1100 Nugget Avenue Sparks, NV</p>	<p><b>Fast track your Club's 2019-2020 Rotary Year!</b></p> <p>Brainstorming, visioning, engaging, learning, connecting, and more!</p> <p>For all Club board members, committee chairs, aspiring leaders and new Rotarians!</p>
<p>Register at <a href="https://tinyurl.com/CLA-2019">https://tinyurl.com/CLA-2019</a></p>	





**May 17-19, 2019**

**PEPPERMILL**  
RESORT • SPA • CASINO • RENO

**GENERAL SESSION PRESENTERS**



**Ron Burton**



**Dave  
Dravecky**



**Lisa Kristine**



**Mike McGuire**



**Jon Kaufman**



**Jim Marggraff**

**Read all about our dynamic speakers on the other side of this flyer!**

**Activities Include:**

- **Walk to END POLIO**  
\$30/person (T-shirt included)
- **Hands-On Service Project**
- **Motorcycle Tour**
- **Multiple Breakout Sessions**
- **Karaoke to END POLIO**
- **Poker/Slots Tournament to**  
**END POLIO (on-site reg)**
- **Speech & Music Contests**  
(District 5190)
- **House of Friendship**
- **Evening Entertainment**

**Golf Scramble May 16 – Shotgun Start @1:30pm @ Lakeridge Golf Course**  
**\$90 per player - BBQ Dinner \$10 Golfers - \$20 Non-Golfers**

**Peppermill Hotel Reservations:**

- **Conference May 17 -19 - Call 866-821-9996**
- **Use Promo Code: AR5130, AR5150, AR5160 or AR5190 (Use Your District Number)**
- **Rooms @ \$159 plus tax (single or double occupancy) Option +\$40 Tuscany Towers**
- **Room RATES 3 days before/after Conference & subject to availability**

**REGISTER NOW on your District Website!**

## GENERAL SESSION PRESENTERS

### **Friday Dinner Presenter - Dave Dravecky** SF Giants (retired) MLB Pitcher, Author & Cancer Survivor

In 1988 Dave was at the top of his game and life. Not only did he have a wonderful family, but he was also reaching his All-Star peak playing the game of his childhood dreams. His 5-1 opening day victory was overshadowed later that fall by the discovery of cancer and the removal of half of the deltoid muscle in his pitching arm. Defying all odds, after battling cancer, on August 10, 1989, Dave came back to pitch once again in the Major Leagues. Sadly, Dave's comeback was short-lived. Five days later, in Montreal, Dave threw "the pitch that could be heard round the world." Dave's arm had split in two. His arm along with his shoulder blade and left side of his collarbone were amputated for fear the cancer would spread and take Dave's life. He began to ask questions many ponder. After a long search, Dave discovered his true worth could never be shaken by adversity or loss again.

### **Saturday Breakfast Presenter – Lisa Kristine** *Bound to Freedom: From Slavery to Liberation*

Humanitarian Photographer, Lisa Kristine, creates more than images, she inspires change. A master storyteller, Lisa documents indigenous cultures in more than 100 countries on six continents, instinctively identifying the universal human dignity in all of us. Awakening compassion and igniting action in a worldwide audience with powerful, broad-sweeping images of courage and tender, intimate portrayals, Lisa elevates significant social causes—such as the elimination of human slavery and the unification of humanity—to missions. Her work resonates in the heart and moves us to act. Best known for her evocative and saturated use of color, her fine art prints are among the most sought after and collected in the world.

### **Saturday Breakfast Presenter – Jon Kaufman** *Long Walk on a Dry Road*

Jon wrote this book about Rotary and the H2OpenDoors global water experience, *Long Walk on a Dry Road*. Jon joined the Rotary Club of Peninsula Sunrise, Redwood City CA USA in 2011, to address the world's water issues. The H2Open Doors Project addresses all Six Areas of Focus, and has installed nearly 30 purification and bottling plants in 11 countries.

### **Saturday Lunch Presenter - CA State Senator Mike McGuire**,

(Counties of Humboldt, Lake, Marin, Mendocino, Trinity & Sonoma)

Senator McGuire joined the Rotary Club of Healdsburg in 2004, while serving on the Healdsburg City Council. He became the City's youngest-ever mayor and went on to the Sonoma County Board of Supervisors seat in 2010. There, he concentrated his efforts on recovery from the economic recession, crafting a local jobs plan and investments in infrastructure and schools. Elected to the State Senate in 2014, Mike serves Californians on several committees, and is a leader in response to the recent devastating wildfires.

### **Saturday Dinner Presenter - Ron Burton**, Past RI President 2013-14 and RI Foundation Chair 2018-19

PRIP Burton retired as President of the University of Oklahoma Foundation Inc. in 2007. He is a member of the Cleveland County, Oklahoma, and American Bar Associations and is admitted to practice in Oklahoma and before the U.S. Supreme Court. Burton has been a Rotarian since 1979 and has served as RI President; RI Director; Foundation Trustee and Vice Chair; RI Board Executive Committee Member; RI President's Aide; and many more positions. A recipient of RI's Service Above Self Award, Burton has received The Rotary Foundation's Distinguished Service Award and International Service Award for a Polio-Free World. He and his wife, Jetta, are Paul Harris Fellows, Benefactors, and members of the Arch Klumph Society and Bequest Society of The Rotary Foundation.

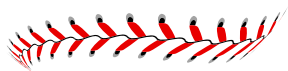
### **Sunday Brunch Presenter - Jim Marggraff**, *What Will It Mean to Be a Global Citizen in 2050?*

Jim has been a member of the Rotary Club of Lamorinda Sunrise since 2011. For more than 40 years, Jim has dedicated his energy, vision, and inventiveness to advancing human potential and the human condition through the acquisition and sharing of skills and knowledge. Jim's journey, across the six companies he has founded or co-founded, the 40+ patents he has been granted, the hundreds of public presentations to millions of people he has given, and the hundreds of prestigious awards for products and achievements he and his teams have received, has focused on evolving our communication, learning, productivity, compassion, empathy, mutual understanding, and fundamental human thought.





# UPCOMING EVENTS



# APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Area 4 Speech Contest (Grass Valley Rotary)  Rotary's 10th Annual Texas Hold'em Poker Tournament (Mammoth Lakes Rotary)	5  Grant Management Training PHS Dinner - 2019	6  Club Leadership Assembly - 2019 Spring Dinner/Dance (Yerington)
7	8	9	10	11	12	13  RYE Outbound Orientation #2 Rotary Leadership Institute II-Portola Club House
14  RYE Outbound Orientation #2	15	16	17  Visioning - Reno Club	18	19	20
21	22	23	24	25	26	27 Rotarians At Work Day (Reno) Rotary Club of Sparks Inaugural Poker Tournament (Sparks) Area 10 Foundation Dinner
28	30					



Rotary  
Club of Reno Central  
Charitable Foundation



# 20th Annual Reno Crab Feed & Beach Party **SAVE THE DATE!**

April 20, 2019 - 5:30 pm  
Reno Ballroom 401 North Center Street  
**Silent & Live Auction!**

**VIP Sponsors**

*receive*



**Early Admission & Tickets to the VIP Reception**

Individual Tickets \$125  
Starfish Table for 8 Guests \$1,000  
Starfish Table for 10 Guests \$1,250

Seating limited to 600 Guests

*For tickets & more information*

***www.renocrabfeed2019.com***

***email: renocrabfeed2019@gmail.com***



*Napa Valley*





Truckee Sunrise Rotary and Truckee Lions Club  
Presents:



**80's THEME**

**FRIDAY MAY 17, 2019**



Doors open @ 6:30 pm

Game start @ 7:00 pm

10046 Church Street

*Truckee Community Arts Center*

\$20 per person

\$160 per table (8 persons)

No host bar and snacks provided

For tickets call or text (530) 412-0833





An artistic illustration of a man and a woman running on a winding trail. The man is in the foreground, wearing a teal shirt and dark shorts, running towards the right. The woman is slightly behind him, wearing a dark tank top and shorts, also running towards the right. The trail is a light brown color, and their shadows are cast on the ground. The background features stylized, layered mountains in shades of orange, red, and blue, with a bright, hazy sky. The overall style is modern and graphic.

**10TH ANNIVERSARY**

# POLIO PURPLE PINKIE TRAIL RUN & WALK

**5K & 10K**  
RUN/WALK

**MAY 4<sup>th</sup>, 2019**

WASHOE COUNTY'S  
**RANCHO SAN RAFAEL PARK**  
PEAVINE PAVILION

**ONLINE REGISTRATION**  
[renopoliorun.com](http://renopoliorun.com)

**PRE-REGISTRATION**(by 4/1/19)  
5K-\$25    10K-\$35

**REGISTRATION**  
5K-\$30    10K-\$40

All proceeds benefit the Rotary Foundation's Polio Plus Fund, The Rotary Club of Reno Centennial Sunset's Foundation, and Immunize Nevada

\*Throughout the world, every time a Rotary volunteer administers a polio vaccine a child's pinkie is colored purple

 POLIO PURPLE PINKIE TRAIL RUN

 immunize nevada  
PROMOTING HEALTH & PREVENTING DISEASE

 Rotary Club of Reno Centennial Sunset

 END POLIO NOW

RENO RUNNING CO.



## ROTARY LINE UP

### ROTARY & DISTRICT OFFICERS 2018-2019

#### Rotary International

President – Barry Rassin

President-Elect – Mark Maloney

Vice President – John Matthews

Treasurer – Peter Iblher

Director – John Matthews

#### Rotary District 5190 Advisory Board

District Governor – Tina Spencer-Mulhern

Immediate Past District Governor – Doug McDonald

District Governor Elect – Randy Van Tassell

District Governor Nominee – Roberta Pickett – Non Voting

District Governor Nominee Designee – Anita Daniels – Non Voting

Treasurer – Dave Kary

Secretary – Larry Harvey

District Executive Assistant – Ginny Lewis – Non Voting

Administration – Doug McDonald

Service – Chris Pierce

Foundation – Wyn Spiller

Membership – Steve Mestre

Youth Service – Lindy & Gordon Beatie

Club Administration – Judy Clark

Communications – Dave Zybert

Public Image – Randy Rascati

District Conference Chair – Bill Boon – Non Voting

#### Assistant Governors

Area 1: Terry Johnson

Area 2: Pete Hochrein

Area 3: Sherilyn Laughlin

Area 4: Anita Daniels

Area 5: Stacy Graham

Area 6: Vickie Christensen-Mclain

Area 7: Richard Forster

Area 8: Bill Boon & Bret Meich

Area 9: Bill Kirby

Area 10: Lorie McMahon

Area 11: Helen Hankins

Area 12: Elizabeth Cavasso & Jim Cavasso

Area 13: Jeff Gabriel