

DISTRICT 5190

JUNE 2014

DISTRICT GOVERNOR VICKI PULIZ

ISSUE 12



Upcoming Events

CHECK OUT WWW.ROTARYDISTRICT5190.ORG FOR MORE EVENT DETAILS

- Jun 1-4:Rotary International Convention, Sydney, AustraliaJun 15-21:RYLA Week I at Grizzly Creek Ranch, Portola, CAJun 21:District Leadership Team Training, Incline, NVJun 22-28:RYLA Week 2 at Grizzly Creek Ranch, Portola, CAJun 28:RYE Outbound Orientation #3, Incline, NV
- Jul I: HAPPY NEW YEAR ROTARY!



WORLD WATER SUMMIT



DISTRICT CONFERENCE PHOTOS

DG Message What are you receiving from Rotary friends, skills, a richer life?

In The News

Focus on the Stars

When I give away time I'm giving away a portion of my life I'll never get back

Rotary on Record

What water projects will you commit to this year?

Foundation Tip

There is still time to give!

Membership Tip

You had me at hello - Introducing prospective members to Rotary

Consider IT Done

The secret of change is to focus all of your energy, not on fighting the old, but on building the new. ~ Socrates



8345 LIVES CHANGED

WWW.ROTARYDISTRICT5190.ORG

Dear Fellow Rotarians

ENGAGE ROTARY CHANGE LIVES

How has this theme come to life for you this year? In every club in our District, Rotarians are indeed Engaging Rotary to Change Lives. It has been humbling and inspiring to see how Rotarians and Rotary Clubs make a difference in every community in our District. Rotarians are the ones turned to in times of need, to



help solve problems, and to make life better for all. Thank you for being a Rotarian and for making a difference. Thank you for Engaging Rotary to Change Lives.

We have shared our "why" stories—why I am a Rotarian, why you are a Rotarian. Most of these stories have to do with service to others, or giving back.

A long time Rotarian in my club, Stan Winson, mentioned to me the other day how much he has seen me gain from

Rotary. This statement caused me to reflect on the positive impact of my Rotary journey. I am not the same person I was when I joined the Rotary Club of Sparks in 1992.

My question for you today is "What are you receiving from Rotary?"

Is the gift of Rotary the people who are now your friends that you would not have known any other way? People who become part of the fabric of your life, adding a new dimension and richness to the relationships and friendships you enjoy.

Has Rotary given you more business, professional and community contacts? Has your business and/or profession benefitted and are you more of a vital part of your community because of these connections?

Has Rotary given you increased personal and professional skills? Are you more comfortable speaking in front of a group of people because of the times you have shared your "happy times" or making announcements at your weekly Rotary meeting? What about skills in planning and completion of events like fundraisers, or service projects? What about improved skills in working with people and motivating them, even if you are not signing their paycheck?

Has Rotary made your life richer by bringing new young people into your family through Rotary Youth Exchange, or added to your own children's experience by providing a year of cultural exchange?

These are just a few of the ways I know I have benefitted from my own journey of Rotary membership. As we continue to share our stories of why we are Rotarians, don't forget to share the benefits of being part of our wonderful organization. As we have discovered, when we Engage Rotary to Change Lives, the life that is changed the most is our very own.

As this is my last message to you as District Governor, Tim and I want to thank you for sharing Rotary with us this year, for all your kindness and generosity, and most of all, for being a Rotarian and making a difference in the world.

Vicki Puliz

FOCUS ON A STAR

Taking Time to Become a Rotarian

Nearing the end of my presidency, I've realized that I have spent a lifetime becoming a Rotarian. As a child my Father named me "Busybeth". Being the youngest of four children I was always one step behind my brothers and sister. I may have been "the baby", but that didn't stop me from working hard, playing harder, and having fun with my siblings. Hum, I detect the qualities of a Rotarian.



In the mid 1970s I became a wildland firefighter. For the next 37 years my career centered on protecting lives and serving people. As years passed I learned new skills and joined teams that managed complex domestic and international disasters. I spent a lot of time away from my family living service above self as I helped people regain their lives after wildfires, hurricanes, tornadoes, and the 9-11 attack.

In 2004 I joined Rotary. After attending a few meetings and filling out forms, I was inducted into the Rotary Club of Alturas. I listened to words about being chosen because of my "representation of a worthy vocation, possessing qualities that would permit me to exemplify the true spirit of Rotary, and how my skills and talents would carry the principles of Rotary into my community and the world." I heard the words, but it would take time until I understood what they really meant.

My mother died early Easter morning. What a loss. She was an amazing, accomplished and complex woman. Reflecting on her life, I remember one of the lessons she taught me - - Give away the things you love the most. What do I value most? Time. Why time? I've got a finite amount of time to live

ROTARY ON RECORD

The statistics are staggering. Worldwide, 2.5 billion people have no improved sanitation facilities. More than 783 million people lack access to clean drinking water.



<u>Read more</u> about the Water and Sanitation Rotarian Action Group

But the message at the <u>World Water Summit</u> held Friday in Sydney was encouraging: Rotary members and their clubs can bring down those numbers through collaborations and partnerships with the private sector, nongovernmental organizations, and governments.

Rotary is invaluable when it comes to understanding local needs. Rotary also knows how to develop relationships to ensure that projects succeed.

What projects are your club doing to tackle these challenges? What new commitments are you willing to take on for the new year? Let's be a part of bringing basic needs to less fortunate people of our world. These initiatives matter because there are tangible results. and when I give away my time I'm giving a portion of my life that I will never get back.

I am proud to be a Rotarians and I expect to be an engaged one for a long, long time. Please join me in giving your time and service to Rotary, together we can make a world of difference.

> Elizabeth Cavasso Rotary Club of Alturas



Engaged Youth Change 8345 Lives



The Rotary Club of Reno Centennial Sunset recently sponsored the charter of the Interact Club of Bishop Manogue High Catholic High School. With the assistance of the Rotaract Club of Reno, DG Vicki Puliz and Interact Chair Ron Rhen, students

were gathered in the student community center in late April to discuss an opportunity to support Polio Plus.

On May 9, Manogue students who donated \$5 were allowed to wear jeans and had their pinky painted

purple in support of the cause. Interact Club members, Tyler Cobb Director of Campus Ministery and Chip Lindloff are pictured here presenting Courtney Pino of Reno Rotaract with a check for \$1000 for Polio Plus.

On Saturday at the District Conference lunch, Rotaract presented RI Director Steve Snyder a check for over \$5000.00 for Polio Plus. The young adults and youth in northern Nevada are committed to Rotary and Service Above Self.



\$5006.71 / \$.60 = 8345 polio vaccines

Foundation Tip

Every Rotarian Every Year

Every minute of every day someone's life is being improved by our Rotary Foundation. Wells are being dug in India, blind children are using Braille typewriters in Brazil, toilets are part of improved sanitation in Sri Lanka, and dental treatment is available to the needy in Nicaragua. In a world where the divide between the haves and have-nots is growing, we as Rotarians must do our part and "do good in the world."

The clock is ticking, but there is still time to contribute to The Rotary Foundation -- > <u>www.rotary.org</u> --> My Rotary -- > The Rotary Foundation - -> GIVE NOW. Remember credit cards must be authorized on or before <u>30 June</u> <u>2014</u>, midnight (Central Standard Time) to be counted towards this year's contributions.

Membership Tip

Introduce prospective members to Rotary

Create a brochure that describes what your club does, your club's successful community and international service projects, and Rotary International programs. Develop a brochure that provides prospective members with an summary of:

- Your club, its history and a description of its primary or signature projects and activities,
- · Rotary International and The Rotary Foundation,
- The benefits and value of membership in your club and
- The various opportunities to get in involved in club activities

A prospective member who has been introduced to Rotary by enthusiastic Rotarians, and who is well informed in these areas before joining, is more likely to become an involved and active member.

Consider IT Done

Is Windows 8 as Bad as People Claim?

Every new version of an operating system from Microsoft or Apple always draws complaints from users who dislike change. With version 8.1 out you can run your computer much like it was in the "old days" if you will make a couple of simple setting changes. Once you learn the new system you can merrily continue to use your good old mouse.

LITTLE GOALS BIG ACHIEVEMENT

The Rotary Club of Fernley has received the Significant Achievement Award from Rotary International for their Backpack Weekend Food project, where the club provides nutritious food for children in 5 Fernley schools for grades K-8th.



These are children who would go hungry over the weekend if assistance was not provided. Every club member participates in the program in some way. An excerpt of what was in the application for this award:

A young student asked her School Counselor "why is someone giving me this food when they don't know me". The counselor replied, "because they love you and do not want you to go hungry over the weekend", which brought her to tears. Hearing this story was the motivation for the formation and continuance of the Fernley Rotary Backpack food program, now providing nutrition to144 students every weekend.

Members, having both time and



trucks to move the food, shop for nutritious food items which is faithfully packed by a group of Rotarians, usually between 5 and 11 members per week, on a 2-3 week interval. Fernley Rotary members then deliver the packages to these 5 schools each week on time for distribution to the students. The members purchasing the food have also developed relationships with stores like Wal-Mart and Costco to meet both the nutritional and financial needs of the program.



Is Your Elevator Speech Ready?

A REAL PROPERTY AND A REAL

One of the key aspects of membership development is getting prospective new members interested. Often we stumble into an opportunity when someone asks us: "What is Rotary?" (Maybe they saw that pin that you always wear so proudly.) When the opportunity arises, it is very important to have a short, succinct, and accurate answer to this proverbial question. The answer must also include our personal "Why" of Rotary membership.

Often, caught unprepared, we may expound on the internationality of Rotary, the size and scope of our service, or that we meet every week and eat together. None of these are particularly good at catching someone's interest in 15 to 30 seconds. So, first ask yourself: why did you join and what keeps you coming back? If you are like many Rotarians, the two most cited reasons that people join are for the networking and friendship, and to make their LOCAL communities a better place for all. About 75% of Rotarians joined (and stay) for these reasons.

The key thing is to prepare yourself, think of your "target audience", and be ready to respond in a way that will stimulate further interest and discussion when the right person asks you: "So what is Rotary, anyway?" There is nothing worse than to have someone ask and your response is: "ummmmm..."

For more on this subject go to our District 5190 Membership Tips blog and read the latest post by clicking the link below.

http://membershipd5190.blogspot.com/ 2014/04/is-your-elevator-speechready.html

That's All!

Sam "Woody" Wilbanks District 5190 Membership Chair

READY TO LIGHT UP ROTARY

CONTRACTOR STORE

Just coming back from the District Training Assembly I want everybody to know how pleased I am with the new motto "LIGHT UP ROTARY" This is exactly what I have been working to do since I became a member of Jackson Rotary in 2006.

Even before being a Rotarian I have strived to live by the "Service Above Self" attitude. In 1997 I relocated in California from Brazil. Learning about Solar Cooking I immediately thought it would be an ideal system for Brazil where many families live below the poverty line and where the sun is abundant.

In 2005 my husband Michael and I acquired 2 dozen Solar Cookers and traveled to Brazil to demonstrate how they are used. However the people we spoke to were initially suspicious, asking what we were trying to sell them, and what was in it for us. In spite of our best explanations we could not convince them we had no personal gain from it.

Then the Rotarians stepped in! Our dear friend Ronaldo Carneiro, PDG of District 4530, invited us to his club as well as to a Rotary BBQ, to explain our plan to the local Rotarians. Afterwards all the Rotarians tried to help us, indicating where to go and to whom to speak. This opened the doors, it made an enormous difference.

Back in California I was asked to join Jackson Rotary, I accepted gratefully, Ronaldo Carneiro had already become my mentor. I showed the potential for an international service project to the club while I started translating all the available documentation in Portuguese and writing numerous letters to obtain a Host Club in Brazil.

After a year my Rotary Club sponsored our "Training the Trainers" project. Returning to Brazil we held 12 hands-on workshops teaching people how to cook with the sun and how to make the cooking devices with inexpensive and readily available material. We trained 10 Community Leaders and 330 students, and did 8 slideshow presentations in rural areas. We distributed 70 new solar cookers, hay baskets, rocket stoves and water pasteurization indicators and had our students make many more during the workshops. And along the way we visited 11 Rotary Clubs.



After our return home, I continued demonstrating and teaching the Integrated Solar Cooking Method and one day was approached by a director of a Food Bank who asked me if we could train her staff since so many people getting food had no means to cook. I showed the Club that our International Project should become local. We decided to partner with 4 social organizations, training their outreach agents who between them take care of more than 5000 families. I still don't stop Lighting Up Rotary and make it SHINE because I

learned, in Rotary whatever you share, be it Time, Talent or Treasure, you multiply it.

> Irene Perbal Rotary Club of Jackson

Putting on the Ritz at District Conference































To view more District Conference photos go to: http://rascati.smugmug.com

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ROTARY DISTRICT 5190 NEWSLETTER



	FOUNDATION	CLUB Admin	PUBLIC IMAGE	VOCATIONAL	COMMUNITY	INT	ERNATIONAL	Youth	MEMBERSHIP	
SMALL	ELKO DESERT SUNRISE	AUBURN Daybreak	ALTURAS	AUBURN Daybreak	AUBURN Daybreak	AUBURN Daybreak				ALTURAS
MEDIUM	SUSANVILLE SUNRISE	RENO CENTENNIAL SUNSET	RENO CENTENNIAL SUNSET	INNIAL CENTENNIAL C		RENO CENTENNIAL SUNSET		RENO CENTENNIAL SUNSET	Reno Sunrise	
LARGE	RENO	SPARKS	CAMERON PARK	SPARKS	ARKS SPARKS		TRUCKEE	AUBURN	AUBURN	
	ATTENDANCE GAIN	AVERAGE Attendance	FOUNDATION PER CAPITA	POLIO PER CAPITA	CLUB O EXCELLER	-	CLUB OF THE YEAR	BULLETIN	WEBSITE	
SMALL	FERNLEY	AUBURN DAYBREAK	AUBURN DAYBREAK	ELKO DESERI SUNRISE		AUBURN Daybreak		ALTURAS	Amador Upcountry	
MEDIUM	TAHOE Incline	Таное Сіту	TAHOE DOUGLAS	Reno Centennial	RENO CENTENNIAL SUNSET		RENO CENTENNIA L SUNSET	Reno Sunrise	Tahoe Incline	
LARGE	Reno Central	SPARKS	NEVADA CITY 49er BREAKFAST	Reno Central	AUBURN			GRASS VALLEY	NEVADA CITY 49er BREAKFAST	

PROJECTS OF THE YEAR

	Admin	VOCATIONAL	COMMUNITY	INTERNATIONAL	Үо итн	LITERACY	ROTARIANS AT WORK	UNIQUE - Community Garden
SMALL	PORTOLA	PORTOLA	IONE & ELKO DESERT SUNRISE	ALTURAS	PORTOLA	POLLOCK PINES- CAMINO	AUBURN Daybreak	
MEDIUM	NEVADA CITY	AUBURN GOLD COUNTRY	AUBURN GOLD COUNTRY	AUBURN GOLD COUNTRY	NEVADA CITY	AUBURN GOLD COUNTRY	NEVADA CITY	AUBURN GOLD COUNTRY
LARGE	Cameron Park	Cameron Park	AUBURN	AUBURN	NEVADA CITY 49ER BREAKFAST	AUBURN	TRUCKEE	



Polio This Week

As of 28 May 2014								
Year-to-date 2014:	84							
Year-to-date 2013:	41							
Total in 2013:	416							

Read more about "Time to Act in Real Time", a project launched by the Rotary Club of Marseille. A simple idea: 5 designers develop 5 unique watches in 5 years to sell and raise funds for polio eradication.

Going to New Heights for Polio

During Friday's world record-breaking Sydney Harbour bridge climb at the 2014 Rotary International Convention, Rotary members raised enough money to protect 240,000 kids from polio. The massive turnout eclipsed Oprah Winfrey's world-record climb in 2011 when she summited the bridge alongside



Vicki and Tim Puliz along with Steve Lewis high above the Sydney Bay ~ Wyn and Steve Spiller and daughter Lindsay also made the trek

Read about <u>Rotary's Historic</u> <u>Climb in Sydney</u>. Climbers from dozens of countries completed this grueling fourhour trek up and down the bridges arches. Rotarians from around the world joined in true Rotary fellowship style to raise money for polio eradication.

315 of her most ardent fans.

April 2014 Attendance - John Sullivan

	Planning			Annual			Planning				
	Guide	Current #		Giving	Restricted		Guide	Current #		Annual	Restricted
	Goal	Members	Attendance	YTD	Giving YTD		Goal	Members	Attendance	Giving YTD	Giving YTD
Alturas	29	31	79.00%	\$7,848	\$4,400	Nevada County South	32	32	84.00%	\$6,100	\$1,534
Alturas Sunrise	31	28	73.00%	\$2,685	\$6,172	Penn Valley*	37	35	0.00%	\$4,802	\$3,048
Amador Upcountry (Pioneer)	31	26	72.00%	\$3,195	\$1,607	Placerville	43	42	42.00%	\$4,935	\$1,349
Auburn	110	109	89.29%	\$18,136	\$2,250	Plymouth-Foothills	32	31	86.00%	\$4,791	\$1,655
Auburn Daybreak	25	14	100.00%	\$3,642	\$1,128	Pollock Pines-Camino*	20	17	0.00%	\$605	\$1,126
Auburn Gold Country	45	46	81.71%	\$3,615	\$1,000	Portola	29	24	93.55%	\$2,023	\$2,500
Bishop	52	39	60.00%	\$5,675	\$669	Quincy	48	50	87.22%	\$3,420	\$3,138
Bishop Sunrise	32	28	65.00%	\$4,505	\$650	Reno*	210	183	0.00%	\$16,530	\$40,300
Cameron Park	70	58	70.00%	\$9,010	\$1,964	Reno Centennial Sunset	39	29	86.86%	\$2,552	\$3,675
Carson City	79	82	59.67%	\$13,390	\$3,930	Reno Central	65	70	95.00%	\$12,110	\$5,430
Carson City - Sunset*	30	18	0.00%	\$1,900	\$800	Reno Midtown*	62	21	0.00%	\$1,550	\$0
Chester	18	20	67.00%	\$2,200	\$400	Reno South	61	53	79.30%	\$4,090	\$6,635
Elko	77	81	48.99%	\$7,184	\$2,643	Reno Sunrise	23	48	63.16%	\$5,713	\$11,395
Elko Desert Sunrise	29	31	55.65%	\$7,853	\$6,215	Smith Valley	33	30	80.83%	\$3,020	\$120
Ely	30	32	50.00%	\$3,290	\$1,897	South Lake Tahoe	50	44	53.19%	\$7,897	\$2,000
Fallon	64	47	65.64%	\$9,288	\$2,007	Sparks	130	108	93.39%	\$19,921	\$3,919
Fernley	26	26	84.62%	\$3,270		Sparks Centennial Sunrise	33	31	85.48%	\$7,309	\$2,806
Georgetown Divide	35		42.80%	\$2,260	\$500	Surprise Valley*	21	17	0.00%	\$200	\$100
Grass Valley	73	67	73.70%	\$15,102	\$2,525	Susanville Rotary Club	65	63	52.70%	\$2,300	\$0
Greenville	12	10	60.00%	\$3,370	\$900	Susanville Sunrise	31	29	72.07%	\$6,670	\$2,455
Incline Village*	24		0.00%	\$1,225	\$0	Tahoe City	40	38	82.00%	\$5,275	\$1,720
Ione	30		96.77%	\$7,305	\$2,000	Tahoe-Douglas	60		58.51%	\$19,697	\$5,221
Jackson*	49	53	0.00%	\$7,425	\$1,963	Tahoe-Incline	45		71.59%	\$13,741	\$5,872
Loyalton	26		85.00%	\$3,998	\$449	Tonopah	23	18	91.17%	\$340	\$0
Mammoth Lakes Noon	53	39	43.31%	\$950	\$200	Truckee	92	93	80.47%	\$12,150	\$4,460
Mammoth Lakes Sunrise	41	11	39.00%	\$100	\$170	Truckee Sunrise*	33	20	0.00%	\$2,882	\$1,527
Minden*	43	33	0.00%	\$3,010	\$1,000	Westwood-Lake Almanor	15	13	67.00%	\$100	\$0
Nevada City	48	46	61.00%	\$4,586	\$319	Winnemucca	41	39	41.12%	\$4,100	\$200
Nevada City 49er Breakfast	91	94	83.71%	\$25,496	\$5,150	Yerington	51	51	75.26%	\$2,477	\$983
* No Attendance report made.	Last know	n member	count used.			TOTALS	2767	2518		\$358,813	\$167,225

INTERACTION AT DISTRICT CONFERENCE

Interactors from 7 of our District 5190 clubs attended the Rotary Goes Hollywood Conference. These Interactors enjoyed *interacting* with RYE students from 16 countries, 9 RYLA graduates, and several Rotaractors. Friday and Saturday sessions included a dynamic leadership building hour with Rochelle Whellams, followed by Amanda Wirth on "Ask the Right Question". Students enjoyed meals with Rotarians from our great district, danced to the band A-Train, and appreciated the final Saturday event pool party and pizza.

Many Interact clubs submitted Share Our Success Award Applications. Projects included donating refurbished bicycles to Title One children at a local elementary school, participating Purple Pinkie Polio Plus fundraising, supporting the Shelter Box Project, donating funds to Heifer Project International, adopting a family in conjunction with the Salvation Army's Adopt-A-Family Program contributing to Empty Bowls Supper which support local homeless and hungry people. Awards were presented to the following Interact Clubs:

INTERACT SHARE OUR SUCCESS AWARDS

CAMPUS Service & Public Image	COMMUNITY Service	INTERNATIONAL SERVICE	Membership	FUNDRAISING	OUTSTANDING INTERACT CLUB	OUTSTANDING INTERACTOR
NEVADA Union	Amador	EL DORADO	PLACER	Sierra Ridge Middle School	Nevada Union	Melissa rosprim, Nevada union

Mark your calendar now for the 2015 District 5190 Conference to be held May 14-17. Over the years our District Governors have encouraged youth participation at the District Conference. I challenge each of our 31 Chartered (soon to be more) Interact Clubs to send two or more Interactors to the "Ride the Rotary Express to Success" Conference to be held in beautiful South Lake Tahoe.

Yours in Rotary.

Ron Rehn D-5190 Interact Co-Chair

Your participation would be appreciated at our

District 5190 Leadership Team Meeting

June 21, 2014 8:30-3:00

Parasol Building—Incline Village

2014-15 Assistant Governors and Committee Leaders



• Team Training

- Finalizing District Goals (our Vision of Success)
- Together, how we will help our clubs achieve their own Vision of Success

Continental Breakfast <u>and</u> Yummy Lunch Provided NO CHARGE TO YOU OR YOUR CLUB

Registration will open soon-Formal Agenda will be provided closer to the event

Thank you for your ongoing commitment to Rotary!



Rotary Officers 2013-14 Rotary International

RI President: Ron D. Burton RI President-elect: Gary C.K. Huang RI Vice President: Anne L. Matthews RI Director Zones 25/26: Steven A. Snyder

Rotary District 5190

District Governor: Vicki Puliz District Governor Elect: Joe Zarachoff District Governor Nominee: Gail Ellingwood District Secretary: John Sullivan District Treasurer: Charlie Litton District Executive Assistant: Ginny Lewis

Assistant Governors

Area 1: Penny Artz Area 2: Ralph Taylor Area 3: Jim O'Brien Area 4: Doug McDonald Area 5: Barbara Besana Area 6: Chuck LePere Area 7: PJ Karnaze Area 8: Gary MacDonald Area 9: Bob Conner Area 10: Jay Recanzone Area 11: Anita Franzoia Area 12: David Mason Area 13: Randy Van Tassell

Board of Directors

District Administration: Wyn Spiller Service: Lindy Beatie Foundation: Steve Lewis Membership: Sam Wilbanks Youth Service: Steve Mestre Club Administration: Larry Harvey Technology: John Sullivan Public Image: Tom Hardy

Special thanks to Ginny for help with the 2013-14 newsletter. You are a star in my eyes. YIR, Elizabeth

