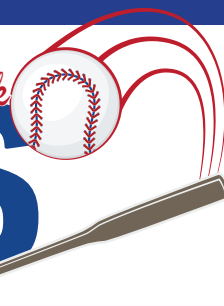




ROTARY NEWS

knocking it out of the park


COACHES CORNER

DISTRICT GOVERNOR

TINA SPENCER-MULHERN

The Rotary theme for March is Literacy. Basic education and literacy are one of Rotary's six areas of focus. We know that basic education and literacy are essential for reducing poverty, improving health, encouraging community and economic development, and promoting peace.

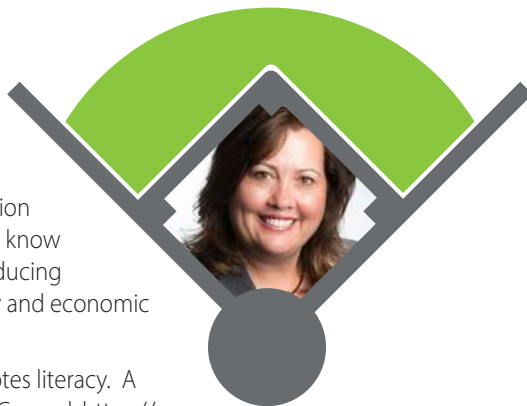
Many clubs in our District do something that promotes literacy. A great resource for funding literacy projects is Dollar General. <https://www.dgliteracy.org/grant-programs>: Grant funding is provided to assist in the following areas: Implementing new or expanding literacy programs; purchasing new technology or equipment to support literacy initiatives; and purchasing books, materials or software for literacy programs. If you are looking at expanding a project or starting a literacy project, I encourage you to check out their website. Applications for grants run from January to the middle of May each year.

In February we completed our trip to Ensenada, Mexico for the "Smiles without Borders" and it was a great success. To see how an idea grew into what it did, with the support of so many clubs, was truly inspiring. The smiles on the faces of the children and parents was truly a Rotary moment. AG Elizabeth Cavasso from Alturas wrote an exceptional article that you will see in this newsletter. Thank you, Elizabeth.

Brian and I visited the dugouts of Area 1 & 7 for Mid-Year visits and Foundation dinners. Dave Bianchi gave an informative program on Polio at the Area I dinner. Amal Zabit was the speaker in Area 7 and every time he shares his story, I am so inspired. A visit to the Rotary club of Reno South on Valentine's day was extra special with the renewing of wedding vows for John and Liz Howe, who have been married for 61 years. A remake of their special day 61 years ago down to the white hand muffs and the bouquet. They were surprised with family and friends in attendance. It was indeed a very memorable moment for everyone.

Our Rotary 4 Way fest conference is coming together very nicely. There will be so many opportunities for learning, collaborating and socializing that your biggest challenge will be trying to figure out what you want to do. There is something for everyone so be sure to check out the website.

www.Rotary4wayfest.com and register before April 1st when the prices increase. More details are also included in this newsletter.



Rotary



BE THE INSPIRATION

IN THE BULLPEN

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"Every strike brings me closer to the next home run."

—Babe Ruth



TOGETHER, WE TRANSFORM LIVES

When was the last time you did something for the first time?

Imagine being a first-time parent. For months you and your spouse have discussed names, speculated about the baby's personality, and wondered about who the baby will look like. After months of pre-natal care, finally the day of birth arrives. You are excited to meet your new little human, and hope that the delivery goes well and the baby is perfect in every way.



Amara's cleft palate before surgery

The birthing process lasts for hours or sometime days. Never-the-less when the baby arrives and the struggles of the delivery are cast to the wind, you look into the eyes of your newborn child. Unconditional love, unconditional love interwoven with a thousand questions and fears. Your baby is the one in 300 in northern Baja California, Mexico that is born with a cleft palate.

In the United States, one every 700 babies are born with a cleft palate. Fortunately, for most babies in the United States, the life-changing surgical process begins early in the their life. For children in medically underserved areas, many do not have access to treatment and are ostracized by society because of their physical deformity.

As Rotarians, we know that together, we inspire, connect, and transform lives. When Tina Spencer-Mulhern was planning for her term as District 5190 Governor, she had a dream. Inspired by her own partial cleft palate experience, Tina decided that her signature project would be to raise \$30,000 to support Smiles Without Borders. The mission of this 501 c3 foundation is to provide dental education and treatment, at no cost, to underserved children in developing countries.

In short order, District 5190 raised funds and presented them to the Smiles Without Borders Foundation in Ensenada, Baja California, Mexico. The gift was then redirected to the Thousand Smiles Foundation which provides free life-saving surgeries to children so that they can eat properly, speak normally, and be more accepted in their communities. If you would like to know more about the Thousand Smiles Foundation check out <https://thousandsmiles.org>.



Volunteer DDS from Southern California treat a young patient



District 5190 volunteers team up and construct a new computer office

The Thousand Smiles Foundation is in the later stages of building a new clinic.

Patients now have access to a modern dental facility and x-ray equipment. Two operating rooms will come online by May 2019. Four times a year, medical, dental, and general volunteers comes together to screen potential patients, provide dental care, and offer cleft palate surgeries. Those that need reoccurring surgeries return every three months to continue with reconstruction that may take up to 12 surgeries from infancy in to early adulthood.

A couple dozen Rotarians and friends from D5190 recently travelled to Ensenada for a two days of work at the clinic. The main project was to frame in an office for the computer manager. Half the group worked on this task, while the rest of the group served lunch to patients and their families or toured the new facility.



Smiles Without Borders, Thousand Smiles, and District 5190 Smiles work together to bring smiles to Mexican children

A handful of folks got to meet with Amara, a two-year old girl who was going in for her fourth cleft palate surgery. Amara, named after her father Amar, and her mother come from Tijuana every three months for successive surgeries. Thanks to generous Rotarians and the Rotary Foundation Amara is well on her way to living a normal life with her loving parents.



Amara, her parents, and District Governor Tina pass the time before Amara's 4th cleft palate surgery



Amara's surgery was a success!

To top off this transforming adventure, a check for \$303.50 was presented on the behalf of the Modoc Middle School Interact Club to the Smiles Without Borders and Thousand Smiles foundations to cover the cost of Amara's surgery. This gift is a powerful example of how our youth are joining with Rotarians in doing good in the world.



ELIZABETH CAVASSO, NEWSLETTER EDITOR

FROM THE DUGOUT AREA 3

TRUCKEE

The Rotary Club of Truckee continues to give back to the community year after year currently under the leadership of President Randy House. "Our commitment to Truckee and the people who live here is ongoing throughout the year with a variety of ways we serve and give back," said House.

So far this year the club has funded \$16,000 in grant requests many supporting youths in Truckee along with our continued support of Sierra Senior Services giving \$6,000 to date in support of this organization. Additionally the club splits and delivers wood to senior citizens this year delivering twelve cords to needy Senior's in our community.

The Rotary Club of Truckee celebrates a number of holidays with the entire community including, handing out 500 pieces of candy at the community "Halloween Trick or Treat Night" and serving hundreds of children cookies and hot chocolate at the "Bud Fish Tree Lighting Ceremony", not to mention running the barbeque and feeding people at the annual "4th of July Celebration" at West End Beach. This year we also handled the barbeque for the Town of Truckee's 25th Year Anniversary" serving approximately 1200 people. The event brought the entire town out to celebrate this historic accomplishment. The club members also support literacy and not only do members read to the state pre-school weekly, the club also donated \$2,000 to literacy which was matched by the district for a total of \$4,000 given.

Collectively the members of the club donated \$10,000 in a joint effort with other clubs in our district to build phase two of the Uganda Nursing School. The Rotary Club of Truckee focuses on an international project each year in addition to supporting local efforts and non-profit organizations.

There are a few signature events that the club puts on for the community as fundraisers including the ever-so-popular Crab Feed and the largest fundraiser for the club, The Cadillac Ball. Another favorite and well attended event is the "Annual Fishing Derby" where kids and parents come out fish together to win prizes and celebrate the sport of fishing. These events provide funding for non-profits in addition to bringing the community members together for a great time.



TRUCKEE SUNRISE

Truckee Sunrise Rotary in partnership with the US Forest Service worked to remove graffiti on the railroad tunnels and the petroglyphs on the granite at our historic Donner Summit. The USFS provided a unique product to remove paint without damaging the petroglyphs. We used a product called ELEPHANT SNOT which describes the product perfectly. The petroglyphs are thought to be several thousand years old. This is an ongoing Truckee Sunrise Rotary project. In the future we will invite interested volunteers to help out.



FROM THE DUGOUT AREA 3

INCLINE VILLAGE

The Rotary Club of Incline Village continues to be very active in 2018/19.

We started out the year with our annual Duck Race on July 4th. It was a great success. In November, we hosted this year's Foundation Dinner at the Chateau in Incline Village. We had over 100 in attendance including Rotarians from as far away as the Philippines.

We are working with the other area clubs on our Awaken Landscaping Project. We hope to finish the project in the April/May timeframe. We continue to support Rotary Youth Exchange programs, Rotary Leadership programs as well as addressing other local community needs.

TAHOE-INCLINE

What a great year for our club so far! We enjoyed the summer months with Tahoe fun, like attending an Aces game, our Lake Tahoe BBQ, and the annual outing to an evening at the outdoor amphitheater at Sand Harbor. The fall brought our annual fundraiser, the BattleBorn Beerfest and Chili Cook-off which brought in over \$25,000 to help fund the programs we support in Incline Village. Our main community service program this year was purchasing a Virtual Reality system for the Incline Library. We also brought awareness on Human Trafficking by engaging Melissa Holland of Awaken to speak at the Area 3 Foundation dinner hosted by the Incline clubs in November. Our club is very strong with Rotary youth programs. We sent Zoe Rancourt to Brazil and are hosting Daniela Canori from Brazil. We participated in REGL and in RYLA.

We started off the second half of the year with a 22nd club charter anniversary dinner. Our 11 new members had a chance to learn about our club's history and listened to the older members share stories of the "good old days". Moving into the spring, we offer our Evening Speaker Series to the community, an event that also serves as a fundraiser for the Incline High School We The People team that is headed to the national competition in Washington DC in April. This year's speaker is Terry Jones, founder of travelcity.com and kayak.com. His talk is entitled "Henry Ford and Elon Musk: Car Companies 100 years apart. Everyone is invited to attend this event on Monday, March 18 at 7pm at Incline High School.



Upcoming events on pages 18-19





ROTEX ACTIVITIES

We talk about our Outbound Rotary Youth Exchange students and their preparation, their fears and their triumphs. And we have shared our encounters with the many Inbound RYE students acting as ambassadors from various countries coming to our District and enhancing our communities. But the RYE students' one-year stint here as inbounds or somewhere else as outbounds is not the end of the road.

Every student comes back from exchange with a story to tell and oftentimes no one to talk to. We call this the Reverse Culture Shock stage of their exchange year. Comparing their year on exchange where everything from education to location to family experiences was radically different than what their friends back home experienced in the same timeframe can be uncomfortable. Their friends, of course, grew in their past year as well, but with much less in the way of far-reaching change and more of a progression of their lives in familiarity.

The returning outbounds often report how irritating it is to be asked, "How was your trip?" It seems to be a harmless question, so why is this so frustrating to them? Because it wasn't a trip; it was a life-changing series of events that set them up for their life ahead with more options than could have been imagined. The returning outbound students often find themselves, because of their intense past year making comparisons between what they are doing here to how it was done there. For many months – and longer for some – they feel as if they are standing in two different worlds. Many long for what had become their new home, and as a result, return within a year to re-visit their host country, their host families and their friends from their adopted country. The adoption of this new home was also in the context of a new independence, and now back home with their family and friends, they feel much less independent as they seek more control in their lives.

We talk about reverse culture shock in our inbound and outbound orientations, but like so much of life, it takes living the experience to understand what it means. This is where

we have found a wealth of helpful resources in our ROTEX students. A ROTEX club has been formed here in Reno with Elizabeth Everest as president with 35 students joining this new club. The value to them is that it helps them maintain their RYE connections while offering the District RYE Committee considerable support. Claire and David Zybert are the advisors to this club.

For example, at our recent #1 Outbound Orientation/#3 Inbound Orientation last week five ROTEX students participated in a discussion with our inbounds, sharing how they dealt with the reintegration process upon returning home. The inbounds at this time of year are more than halfway through their exchange and will soon be facing their return home, which can be awkward and uncomfortable until they reorient themselves to their lives from before the exchange.

One of the ROTEX students said that her way of dealing with her return was to treat it almost the same way she approached her exchange when she went to her host country. That is, she kept her mind open as if to a "new" experience upon returning. Even though returning to her family, home,



Inbound Orientation Day

community and friends should have felt familiar, she had changed. Indeed, home did feel different and unexpectedly strange. She had different goals from what she had at the time her exchange began and now was entering college on a totally different career path than she had before leaving.

Another ROTEX student said that the way she managed her new and different life was to return home for a short time and then move to San Francisco for a year. This gave her the chance to ease back into her former life slowly and in her own way. She felt that by not going to what had been familiar but rather going to another life that was sort of familiar gave her time to readjust to living back at home again.

One ROTEX-er said that he was surprised when observing certain common activities, he was frustrated because they seemed so inefficient or impractical. He had participated in another life, and in comparing common activities, found it difficult to understand and certainly hard to explain to family and friends his reaction. It was because only he had had the year away from his home and friends and family; everyone else had been at home for that year and didn't have his newly evolved viewpoint.

The inbound students were interested in the experiences shared by the ROTEX students because they are very close to facing this returning-home phenomenon. While many of the District RYE Committee members have traveled abroad or even had gone on youth exchange themselves when younger, it is that direct experience-to-direct experience that rings true for our students. They know that the ROTEX students have been there and can really grasp the feelings around returning from exchange a new person.

We are so grateful for the support of the ROTEX members who help us explain what we know are common feelings, cycles and reactions for our students. The many questions that are answered and explained by ROTEX include: How do you deal with language difficulties? What do you do when you feel your host family is not a good fit? How do you deal with a jealous host sibling? Where do you get help if you have questions that your host family cannot answer? How do you balance friendships in school with the friendships of other exchange students? How were you accepted in school?

Because of the not exact, but similar, happenings known only to inbound and outbound exchange students, our ROTEX have willingly shared their experiences simply because they understand the rough spots and the absolute joyful times our RYE students will undergo. We are very grateful they are so open to help the inbounds and outbounds with their wealth of knowledge, and their support at our Orientations is invaluable.

More information:
Inbound Coordinator and Host Family Coordinator: Chesa Keane,
chesa5190@gmail.com or (775) 691-2700.

MEMBERSHIP

	Official Start	Growth		YTD Giving Data		
		Current #	Percentage	Annual	Restricted	Combined
	7/1/18	Members	Growth	Giving YTD	Giving YTD	Ave/Member
Alturas	27	27	0.00%	\$3,031	\$2,420	\$202
Alturas Sunrise	22	22	0.00%	\$3,555	\$1,800	\$243
Amador Upcountry	21	21	0.00%	\$3,827	\$2,181	\$286
Auburn	93	101	8.60%	\$10,125	\$6,599	\$166
Auburn Gold Country	27	29	7.41%	\$1,795	\$1,370	\$109
Auburn Sunset	21	21	0.00%	\$985	\$740	\$82
Bishop	27	25	-7.41%	\$7,390	\$1,848	\$370
Bishop Sunrise	32	31	-3.13%	\$1,030	\$1,240	\$73
Cameron Park	45	48	6.67%	\$5,837	\$2,660	\$177
Carson City	66	69	4.55%	\$9,180	\$7,195	\$237
Carson City - Passport	9	5	-44.44%	\$695	\$0	\$139
Chester	16	16	0.00%	\$0	\$250	\$16
E-Club of District 5190	23	23	0.00%	\$1,000	\$635	\$71
Elko	61	56	-8.20%	\$2,423	\$1,736	\$74
Elko Desert Sunrise	26	23	-11.54%	\$2,446	\$2,426	\$212
Ely	28	27	-3.57%	\$0	\$900	\$33
Fallon	38	39	2.63%	\$2,130	\$550	\$69
Fernley	26	31	19.23%	\$2,439	\$593	\$98
Georgetown Divide	38	38	0.00%	\$0	\$909	\$24
Grass Valley	66	71	7.58%	\$17,150	\$5,158	\$314
Grass Valley South	35	31	-11.43%	\$7,708	\$3,000	\$345
Greenville	14	15	7.14%	\$1,500	\$575	\$138
Incline Village	25	26	4.00%	\$1,170	\$850	\$78
Ione	33	34	3.03%	\$3,590	\$1,485	\$149
Jackson	51	50	-1.96%	\$17,728	\$16,855	\$692
Loyalton	12	12	0.00%	\$595	\$525	\$93
Mammoth Lakes	25	20	-20.00%	\$2,436	\$1,237	\$184
Minden	32	35	9.38%	\$1,970	\$1,370	\$95
Nevada City	33	34	3.03%	\$3,033	\$272	\$97
Nevada City 49 Breakfast	80	82	2.50%	\$19,447	\$4,557	\$293
Passport to Amador	34	31	-8.82%	\$1,765	\$185	\$63
Penn Valley	30	37	23.33%	\$4,134	\$1,468	\$151
Placerville	31	31	0.00%	\$1,591	\$2,823	\$142
Plymouth-Foothills	37	36	-2.70%	\$5,444	\$600	\$168
Pollock Pines-Camino	21	24	14.29%	\$450	\$0	\$19
Portola	27	26	-3.70%	\$3,660	\$3,576	\$278
Quincy CA	47	47	0.00%	\$2,660	\$2,901	\$118
Reno	155	148	-4.52%	\$30,695	\$16,280	\$317
Reno Centennial Sunset	34	36	5.88%	\$3,770	\$500	\$119
Reno Central	72	71	-1.39%	\$6,920	\$6,620	\$191
Reno Midtown	27	30	11.11%	\$485	\$5,095	\$186
Reno South	51	51	0.00%	\$4,495	\$3,910	\$165
Reno Sunrise	46	47	2.17%	\$5,504	\$4,440	\$212
Sierra Passport	23	20	-13.04%	\$11,030	\$0	\$552
Smith Valley	32	35	9.38%	\$3,065	\$1,435	\$129
South Lake Tahoe	23	24	4.35%	\$1,300	\$1,275	\$107
Sparks	100	97	-3.00%	\$14,752	\$988	\$162
Sparks Centennial Sunrise	25	29	16.00%	\$8,215	\$360	\$296
Susanville	53	52	-1.89%	\$535	\$3,598	\$79
Susanville Sunrise	29	31	6.90%	\$3,791	\$3,310	\$229
Tahoe City	33	33	0.00%	\$1,200	\$3,300	\$136
Tahoe-Douglas	53	57	7.55%	\$3,293	\$3,050	\$111
Tahoe-Incline	52	61	17.31%	\$11,265	\$2,125	\$220
Tonopah	15	16	6.67%	\$230	\$1,370	\$100
Truckee	89	89	0.00%	\$4,890	\$1,595	\$73
Truckee Sunrise	11	13	18.18%	\$1,122	\$2,013	\$241
Winnemucca	46	38	-17.39%	\$855	\$0	\$23
Yerington	43	42	-2.33%	\$1,250	\$1,301	\$61
TOTALS	2291	2314	1.00%	\$272,581	\$146,054	\$181

ROTARY *DOING GOOD IN THE WORLD*

MARCH: CLEAN WATER, SANITATION AND HYGIENE (WASH) MONTH



IDEAS FOR THE MONTH OF MARCH

- Show the short video Providing Clean Water, Sanitation and Hygiene. [Click Here.](#)
- Share a Foundation Moment: Clean water, sanitation, and hygiene education are basic necessities for a healthy environment and a productive life. When people have access to clean water and sanitation, waterborne diseases decrease, children stay healthier and attend school more regularly, and mothers can spend less time carrying water and more time helping their families. Through water, sanitation, and hygiene (WASH) programs, Rotary's people of action mobilize resources, form partnerships, and invest in infrastructure and training that yield long-term change.
- \$24 is all it takes to provide one person with safe water
- Since 2103, The Rotary Foundation has invested in more than 1000 WASH projects in more than 100 countries. Through grants from The Rotary Foundation and fundraising by Rotary clubs, our volunteers have supported water purification, hygiene education, latrine construction, and waste management.
- 2030 is the year Rotary hopes to finish providing everyone with safe water, sanitation, and hygiene. From Rotary International
- Share the short video Clean Water by 2030. [Click Here.](#)



GRANTS 2019/20 5 EASY STEPS

It is now time to complete your Club's qualification to participate in grants 2019-20.

5 easy steps:

Step 1: President 2019-20 and President Elect 2019-20 are current with Grant Management Training. Training is good for three years. The next Training is Friday April 5, 2019, 1:15- 4:45 pm at the Sparks Nugget. Register on the District Website. There will also be one more online Training in May. ONLINE – 4 successive Monday evenings, 5:00-5:45 pm; dates still TBD; sign up via the District Website.

Step 2: President 2019-20 and President Elect 2019-20 review and sign the Club Memorandum of Understanding and the District 5190 Addendum. Send the signed document to Foundation chair Wyn. Click here to view all the Grants information and documents. (<https://www.district5190.org/sitepage/grants>)

Step 3: Ensure your Club is in Good Standing – all financial obligations to RI and District 5190 paid, tax returns filed, no overdue grant reports.

Step 4: Work with your Club to plan projects for 2019-20. For District grant-funded projects, submit your Club's Spending Plan by May 15, 2019

Step 5: Apply for your District Service Grant on the District Website: Members/The Rotary Foundation/ Apply for District Service Grants. Grants will be reviewed for approval after the District receives the Block Grant Funding from The Rotary Foundation, usually in July. For Global Grant-funded projects, apply online in the Grant Center on the RI website.

Important Note: If your Club has an ongoing Global Grant, you must maintain your Club's qualification each year.

ROTARY *DOING GOOD IN THE WORLD*

DISTRICT SERVICE GRANTS 2018-19



McGee Park Restoration and Improvement Project by Plymouth Foothills 2017-18

Congratulations to the Rotary Club of Reno Midtown – Vaughn Middle School Garden Project completed and reported!

As we move into Spring, don't forget to complete your projects and file your reports, including at least one high res photo. Just 6 questions (shown below) plus final report of income and expense with receipts uploaded on the documents tab, along with your photo(s).

1. Describe the project. What was done, when, and where did the project activities take place?
2. How many people benefited from this project?
3. Who were the beneficiaries, how were they impacted by this project, and what humanitarian need was met?
4. How many Rotarians participated in this project?
5. What did they do? Please give at least two examples, not including financial support provided to the project.
6. If a cooperating organization was involved, what was its role?

Final Reports are due no later than April 30, 2019. If you have any questions or need to modify the scope or plan of your project, please contact Grants Chair Ramona Delmas radelmas@gmail.com or Foundation Chair Wyn Spiller wyn.spiller@gmail.com.



We are pleased to announce the **Paul Harris Society Dinner** will be held on April 5, 2019 in the Chalet Terrace Room at the Nugget Casino Resort. Reception at 6 pm, dinner at 7 pm. Please see attached invitation.

Our keynote speaker for the evening is Wade Nomura, D5240 Foundation Chair, Past District Governor and Technical Coordinator of Cadres in Water and Sanitation worldwide! He is also a master photographer who has traveled the world extensively. His presentation entitled Three Gifts of Rotary will include his stunning images.

All Paul Harris Society, Major Donors, Bequest and Arch Klumph Society members are invited. Not sure if you are a current Paul Harris Society member? Not a member now, but you would like to join? Just send a note to PHS Chair Alan Cain pab@frontiernet.net. He can provide all the needed information. We hope to see you on April 5!

In Recognition of Your Support of



as a

Major Donor, Paul Harris Society Member, and Bequest Society Member

District Governor Tina Spencer-Mulhern

Requests the Pleasure of Your Company

At The

District 5190 Paul Harris Society Dinner

Friday, The Fifth of April 2019

No-Host Reception at Six O'clock

Dinner at Seven O'clock

Speaker

Wade Nomura

"Three Gifts of Rotary"

Wade Nomura is a charter member (2002) of the Rotary Club of Carpinteria Morning. He served as the District Governor in 2011-2012. He is a charter Paul Harris Society member, Major Donor, Bequest Society Member, and recipient of the Rotary International "Service Above Self" Award and the Rotary Foundation's "Citation for Meritorious Service" Award. Wade has been on over 50 international trips for Rotary, including an NTD to India, where he has a special passion, having had polio as a child.

Music Entertainment by Hug High School Jazz Combo

Nugget Casino Resort - Chalet Terrace

1100 Nugget Avenue, Sparks, Nevada

Dinner is \$55. Please register at:

<https://tinyurl.com/2019-PHS-Dinner>

Business or evening attire suggested

ROTARY *DOING GOOD IN THE WORLD*

DISTRICT SERVICE GRANTS FREQUENTLY ASKED QUESTIONS



Q. What is the maximum amount of District Grant Funding for 2019-20?

A. \$2000 plus your Bonus District Designated Funds (DDF) Allocation

Q. What is the Bonus DDF Allocation?

A. Our District Service Grant dollars come from our contributions to the Annual Fund three years ago. To make a more visible and tangible connection between giving and grants, in 2019-20, a portion of our Annual Fund contributions are being allocated to our Clubs as Bonus DDF. The amount is based on your Club's Annual Fund Giving in 2016-17. [Click here](#) to review the Bonus DDF Allocation document in the left-hand navigation panel.

Q. How are my Club's funds matched?

A. For the Four Types of Projects:

Single and Multi-Club Projects 1:1 up to \$2000

Community Assessment for Global Grants 1:1 up to \$2000

Participating in a Project Fair 1:1 up to \$2000

District Scholarship Club's \$1000 or more matched with a flat \$2000

Bonus DDF is not matched; it is an add on.

Q. How can our Club allocate our District Grant Funds?

A. You may divide your allocation among any of the possibilities above. Scholarships as well as project can be shared with other clubs. Maximum funding for each Club is \$2000 in total plus your Bonus DDF Allocation.

Q. How can I use our Club's Bonus DDF Allocation?

A. Your club may apply it to any District Service Grant, your own or a partner Club's. You may use the funds as a stand-alone contribution to a District Service Grant project, no club match required.

Q. How do I know if my grant management training is current?

A. Contact Foundation Chair Wyn wyn.spiller@gmail.com or District Executive Assistant Ginny Lewis glewis5190@gmail.com.



OUR GOAL THIS YEAR IS FOR 100% SUSTAINING MEMBER CLUBS!

Our goal this year is for 100% Sustaining Member Clubs – Let's see if we can make a leap forward in the final months of the 2018-19.

Sustaining Members are those who give \$100 to the Annual Fund of The Rotary Foundation. Using Rotary Direct, that is just \$25 per quarter or \$10 per month.

Congratulations to our top 5 Clubs as of February 25th!

- **Jackson – 100 % Sustaining Members**
- **Amador Upcountry – 100% Sustaining Members**
- Sparks Centennial Sunrise – 88% Sustaining Members
- Grass Valley - 79.7 % Sustaining Members
- Carson City – 76.7% Sustaining Members

As our Senior Annual Giving Officer Steven Solomon reminds us: Our contributions are investment!

Share Resources to Educate with your Club members! It contains a wealth of resources. [Click here](#) to download the document with its hyperlinks.

34.7%
DISTRICT-WIDE
SUSTAINING
MEMBERS



“SPRING TRAINING ALL YEAR ROUND” D5190 EDUCATION



Winter is still upon us and in many areas the land is still covered in snow. Yet, out of the snow peeks the greens of daffodils, searching for the light, searching for the opportunity to bloom. The desire to learn is like that. That desire to know a little more, to explore a new idea, and to use that knowledge toward bettering yourself and/or bettering the world. Consider the thousands of children enabled by Rotary to attend school around the world. They long for learning. What about us?

Taking advantage of learning opportunities within our district and in our Zone is definitely a way to expand our understanding of the scope of Rotary, build relationships across the district, as well as develop our leadership skills. District 5190 offers ongoing learning and educational opportunities from which both new Rotarians and seasoned ones can benefit – to better yourself, your club, and/or the world. That’s what we do as Rotarians!

Continuous learning can lead to continuous improvement within our clubs, which can lead to greater accomplishments, which can lead to ongoing inspiration and motivation. And yes, many would say, to happiness.

SOMETHING NEW ONLINE: TechEasy Webinars!

In February, we introduced three TechEasy Webinars to understand how to navigate around our District 5190 website and the Rotary International website – both the outer public pages and the members only sections. Each webinar is between 45-60 minutes long. Now we are offering it to you again!

ALL PRESIDENTS ELECT ARE ENCOURAGED to attend the TechEasy classes to be better prepared for your year as president. Click on the March district calendar <https://district5190.org/events/calendar>. These webinars are purposefully offered live in March before CLA. The recorded versions will be available for viewing on the District Website soon. For more information, please contact DGN Berta Pickett at pickettcoaching@gmail.com.

- 3/13 - Navigating the public side of our District 5190 & Rotary International websites
- 3/20 - Exploring the Members Only sections of district5190.org / District ClubRunner with a focus on entering/changing Membership and Club Executive information, attendance, and District Grants
- 3/27 - Exploring the Members Only sections of my.rotary.org with a focus on Rotary Club Central, the Brand Center, entering/updating/viewing Club Goals, pulling club reports, personal donation history, and global grants – and much more!

Club Leadership Assembly - CLA – April 6, 2019

Club Leadership Assembly will be held 4/6 at The Nugget, in Sparks, NV. Every club’s leadership team plus new members and all other interested club members should sign up to hear next year’s vision and to start building the plan for your club’s 2019-20 year. Your leadership in action WILL make a difference. You will come away with an understanding of the essential element for building stronger clubs, feel the connection to our greater Rotary world with our keynote speaker PDG Shirley Grace, and gain some nuts-n-bolts understanding of our key club roles. Register on the district website at <https://tinyurl.com/CLA-2019>. Contact Robin Milam for more info at robin@the-milams.com.

“SPRING TRAINING ALL YEAR ROUND” D5190 EDUCATION

Rotary Leadership Institute (RLI)

RLI is being offered in multiple places across our district between now and the end of 2018-19. You can attend in your area OR ANYPLACE ELSE. It might be fun to meet some fellow District 5190 Rotarians from another area!

Here are the dates and locations of the upcoming trainings. Contact your AG if you want to attend or if you want to set one up in your Area.

- March 30th: RLI 2 in Carson City
- March 16th: RLI 1 in Portola
- April 13th: RLI 2 in Portola
- Date TBA: RLI 2 in Auburn
- Dates TBA: RLI 1 and 2 in Truckee
- May 17th: RLI 3 in conjunction with the Dist. Conference

RLI is a powerful, interactive learning experience for all Rotarians – emerging leaders, soon-to-be officers, new members, and even partners and prospective members. Everyone can learn something!

RLI -1 FOCUS ON YOU, THE ROTARIAN. To understand the amazing organization that is Rotary, and how to tap into its power to make a profound difference in your life, your community, the world

RLI -2: FOCUS ON YOUR CLUB. To investigate how best to help your club to make a real difference. Work on team building, communication, attracting new members, and more.

REL-3: FOCUS ON YOUR ROTARY JOURNEY. To explore how to get the most out of YOUR Rotary Journey, with diverse Rotary opportunities for personal, community and professional growth and development, and how to support your fellow Rotarians on their journeys.

Visioning for Clubs

Visioning is taking off. What is Visioning? This is the opportunity for your club to identify what it wants to do and where it wants to go over the next three years. Visioning is a powerful and fun approach to identifying and documenting your club members' interests and ideas. The Visioning Team will facilitate the process. Karen McDonald is leading the charge. Contact her at karenmcdon@aol.com. Congratulations to all the clubs who are scheduled or have already gone through it or are repeating the process!

Grants Management Training (GMT)

The next in person GMT will be offered prior to District Conference/4 Way Fest on Friday, 5/17. Register on the District website. If your club wants to apply for a district grant next year, the club president (who is now PE) and the president elect (who is now PEN), must be current in their training. Once you have taken GMT, it is good for three years.

PETS

Presidents Elect Training, better known as PETS, is the weekend of March 8-10. Be prepared for your club's president elect to come back JAZZED and ready to begin making plans for the 2019-20 Rotary year. Any Presidents Elect who have questions should contact DGE Randy Van Tassell at rvt5190@gmail.com.

Rotary Academy

Don't forget about Rotary Academy! This training is all about Rotary, from A to Z. It is a self-paced, online learning that is perfect for new Rotarians AND for presidents elect. Contact our chair, Karen Grosz at kgrosz@gmail.com for more information. Take the time to really learn about ALL aspects of Rotary. It's well worth your time.



CALL FOR SERGEANT AT ARMS VOLUNTEERS 2019

Rotary is in need of good volunteers to aid the great Rotarians of District 5190–

Please volunteer to be a Sergeant-at-Arms for Club Leadership Assembly. We'll work around anyone's schedule! The assigned duty could be as short as 2 hours or all day. We like to say, "Try it, you'll like it!"

Club Leadership Assembly is Saturday, April 6th

Please contact Don or Anita Daniels, and we can provide all the information a Rotarian would need.

Email: dondaniels@sbcglobal.net

Phone: 530-272-6036



This is a fun video that Ron Burton did for our conference – edited by Lain Hendricks! This will be included in our conference website.

<https://drive.google.com/open?id=1pllerOyonE8ScFZeMDdVRRIKLrdeiYot>

ARE YOU A RETURNED PEACE CORPS VOLUNTEER?

Rotary International and the Peace Corps recently renewed their ongoing partnership agreement. The agreement was initiated by a group of RPCVs Rotarians in Colorado District 5450 who formed a Rotary/National Peace Corps Association affiliated group, Partnering for Peace, www.partneringforpeace.org. This group is looking to leverage the partnership at the local district level.

Current Peace Corps Volunteers are a great resource to assist in vetting potential donations and/or Global Grants your club may be considering. Conversely, PCVs may have an interest in soliciting clubs for donations for projects in their service area.

For RPCV Rotarians, our overseas living experience would add a cultural context in the development of grant applications, it could be an opportunity to reconnect and give back to your country of service, and/or you or your club can contribute directly to a PCV's current project by using the Peace Corps Donate website, www.peacecorps.gov/donate/projects.

In our district, Mike Rainey (RPCV Colombia 1968-70), from the Rotary Club of Reno Central, is taking the lead in promoting the potential of the agreement. If you are a RPCV Rotarian, Mike would be interested in hearing from you at rainey841@yahoo.com.

Submitted by Mike Rainey, International Service Chair, Rotary Club of Reno Central



May 17-19, 2019

PEPPERMILL
RESORT • SPA • CASINO • RENO

GENERAL SESSION PRESENTERS



Ron Burton



**Dave
Dravecky**



Lisa Kristine



Mike McGuire



Jon Kaufman



Jim Marggraff

Read all about our dynamic speakers on the other side of this flyer!

Activities Include:

- **Walk to END POLIO**
\$30/person (T-shirt included)
- **Hands-On Service Project**
- **Motorcycle Tour**
- **Multiple Breakout Sessions**
- **Karaoke to END POLIO**
- **Poker/Slots Tournament to END POLIO (on-site reg)**
- **Speech & Music Contests (District 5190)**
- **House of Friendship**
- **Evening Entertainment**

Golf Scramble May 16 – Shotgun Start @1:30pm @ Lakeridge Golf Course
\$90 per player - BBQ Dinner \$10 Golfers - \$20 Non-Golfers

Peppermill Hotel Reservations:

- **Conference May 17 -19 - Call 866-821-9996**
- **Use Promo Code: AR5130, AR5150, AR5160 or AR5190 (Use Your District Number)**
- **Rooms @ \$159 plus tax (single or double occupancy) Option +\$40 Tuscany Towers**
- **Room RATES 3 days before/after Conference & subject to availability**

REGISTER NOW on your District Website!

GENERAL SESSION PRESENTERS

Friday Dinner Presenter - Dave Dravecky SF Giants (retired) MLB Pitcher, Author & Cancer Survivor

In 1988 Dave was at the top of his game and life. Not only did he have a wonderful family, but he was also reaching his All-Star peak playing the game of his childhood dreams. His 5-1 opening day victory was overshadowed later that fall by the discovery of cancer and the removal of half of the deltoid muscle in his pitching arm. Defying all odds, after battling cancer, on August 10, 1989, Dave came back to pitch once again in the Major Leagues. Sadly, Dave's comeback was short-lived. Five days later, in Montreal, Dave threw "the pitch that could be heard round the world." Dave's arm had split in two. His arm along with his shoulder blade and left side of his collarbone were amputated for fear the cancer would spread and take Dave's life. He began to ask questions many ponder. After a long search, Dave discovered his true worth could never be shaken by adversity or loss again.

Saturday Breakfast Presenter – Lisa Kristine *Bound to Freedom: From Slavery to Liberation*

Humanitarian Photographer, Lisa Kristine, creates more than images, she inspires change. A master storyteller, Lisa documents indigenous cultures in more than 100 countries on six continents, instinctively identifying the universal human dignity in all of us. Awakening compassion and igniting action in a worldwide audience with powerful, broad-sweeping images of courage and tender, intimate portrayals, Lisa elevates significant social causes—such as the elimination of human slavery and the unification of humanity—to missions. Her work resonates in the heart and moves us to act. Best known for her evocative and saturated use of color, her fine art prints are among the most sought after and collected in the world.

Saturday Breakfast Presenter – Jon Kaufman *Long Walk on a Dry Road*

Jon wrote this book about Rotary and the H2OpenDoors global water experience, *Long Walk on a Dry Road*. Jon joined the Rotary Club of Peninsula Sunrise, Redwood City CA USA in 2011, to address the world's water issues. The H2Open Doors Project addresses all Six Areas of Focus, and has installed nearly 30 purification and bottling plants in 11 countries.

Saturday Lunch Presenter - CA State Senator Mike McGuire,

(Counties of Humboldt, Lake, Marin, Mendocino, Trinity & Sonoma)

Senator McGuire joined the Rotary Club of Healdsburg in 2004, while serving on the Healdsburg City Council. He became the City's youngest-ever mayor and went on to the Sonoma County Board of Supervisors seat in 2010. There, he concentrated his efforts on recovery from the economic recession, crafting a local jobs plan and investments in infrastructure and schools. Elected to the State Senate in 2014, Mike serves Californians on several committees, and is a leader in response to the recent devastating wildfires.

Saturday Dinner Presenter - Ron Burton, Past RI President 2013-14 and RI Foundation Chair 2018-19

PRIP Burton retired as President of the University of Oklahoma Foundation Inc. in 2007. He is a member of the Cleveland County, Oklahoma, and American Bar Associations and is admitted to practice in Oklahoma and before the U.S. Supreme Court. Burton has been a Rotarian since 1979 and has served as RI President; RI Director; Foundation Trustee and Vice Chair; RI Board Executive Committee Member; RI President's Aide; and many more positions. A recipient of RI's Service Above Self Award, Burton has received The Rotary Foundation's Distinguished Service Award and International Service Award for a Polio-Free World. He and his wife, Jetta, are Paul Harris Fellows, Benefactors, and members of the Arch Klumph Society and Bequest Society of The Rotary Foundation.

Sunday Brunch Presenter - Jim Marggraff, *What Will It Mean to Be a Global Citizen in 2050?*

Jim has been a member of the Rotary Club of Lamorinda Sunrise since 2011. For more than 40 years, Jim has dedicated his energy, vision, and inventiveness to advancing human potential and the human condition through the acquisition and sharing of skills and knowledge. Jim's journey, across the six companies he has founded or co-founded, the 40+ patents he has been granted, the hundreds of public presentations to millions of people he has given, and the hundreds of prestigious awards for products and achievements he and his teams have received, has focused on evolving our communication, learning, productivity, compassion, empathy, mutual understanding, and fundamental human thought.



ROTARY'S VISION STATEMENT

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

As we stand on the cusp of eliminating polio, we find ourselves poised for our next challenge. The time is right to move toward realizing a new vision that brings more people together, increases our impact, and creates lasting change around the world.

To achieve the vision of Rotary International and The Rotary Foundation, we have set four priorities that will direct our work over the next five years.

ROTARY'S STRATEGIC PRIORITIES AND OBJECTIVES

INCREASE OUR IMPACT

- Eradicate polio and leverage the legacy
- Focus our programs and offerings
- Improve our ability to achieve and measure impact

EXPAND OUR REACH

- Grow and diversify our membership and participation
- Create new channels into Rotary
- Increase Rotary's openness and appeal
- Build awareness of our impact and brand

ENHANCE PARTICIPANT ENGAGEMENT

- Support clubs to better engage their members
- Develop a participant-centered approach to deliver value
- Offer new opportunities for personal and professional connection
- Provide leadership development and skills training

INCREASE OUR ABILITY TO ADAPT

- Build a culture of research, innovation, and willingness to take risks
- Streamline governance, structure, and processes
- Review governance to foster more diverse perspectives in decision-making

ROTARY'S CORE VALUES

The world today is not the same as it was when Rotary was founded in 1905. Demographics have shifted, the pace of change has accelerated, and technology has created new opportunities for connection and service. What hasn't changed is a need for the values that define Rotary:



FELLOWSHIP
INTEGRITY
DIVERSITY
SERVICE
LEADERSHIP

By honoring our past and embracing our future, we can evolve and keep Rotary not only relevant, but thriving.



UPCOMING EVENTS



MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 RYE Short-Term Exchange Interviews Area 11 Foundation Dinner
3	4	5	6	7	8	9 PETs
		Rotary Club of Reno Mardi Gras			PETs	PETs
10	11	12	13	14	15	16 Visioning - Bishop Sunrise Area 2 Rotary Leadership Institute Session 1
PETs			TechEasy-1: District5190.org & rotary.org sites		Area 13 Foundation Dinner	
17	18	19	20 Area 4 Community Awards Event (Grass Valley Rotary) TechEasy-2: Inside district5190.org/ClubRotary	21	22	23 2019 Strikes OnLine Registration (Pollock Pines-Camino) Crab Feed (Truckee)
24/31	25	26	27	28	29	30 Area 2 Speech and Music - Quincy, CA
			TechEasy-3: Navigating around my.rotary.org		Distinguished Citizen Dinner Honoring Hank Weston (Penn Valley)	



ROTARY CLUB OF RENO PRESENTS

MARDI Gras

SAVE THE DATE **FAT TUESDAY**
March 5, 2019 | 5:30PM-9:30PM
Reno Ballroom, 401 N Center St., Reno, NV

FOR TICKETS AND MORE INFORMATION VISIT
MARDIGRASRENO.COM

 **Mardi Gras**
Food, Wine & Spirits

Tahoe-Douglas Rotary's St. Patrick's Celebration

Silent Auction & Fun-draiser Shindig!
6-10 pm Friday, March 15 2019
Harrahs' Tahoe

Come to Tahoe for Fun & Frolic.
Shake off the Winter Doldrums with fellow Rotarians

Get Your Irish On!
Irish Buffet Dinner • Hosted Wine Tasting & Beer Bar
Huge Silent Auction • Live Band & Dancing

EXCLUSIVE OFFER FOR DISTRICT 5190 ROTARIANS:

Event Tickets and Hotel Accommodations
Package from \$130*. pp/dbl.ocp.

 **For Tickets & Room Package Info**
5190pak@TDRotary.com
Latest Updates
Facebook.com/TDRotary
Event Info & Silent Auction
501auctions.com/TDRotary
*Package quote does not include any resort fee or local taxes.
Offer valid through 3/1/19

 **Tahoe City Rotary**

 **43rd Annual Ski Challenge**

WHEN: March 1, 2019

WHERE: Northstar at California

The day includes a continental breakfast during registration, dual giant slalom tandem courses with individual and team awards. It is a fun day of skiing with fellow Rotarians, après ski food (chili, salad & sandwiches), 2 drink tickets and awards.

We have had some difficulty contacting districts other than our own, so please pass this information on to any Rotarian you know who might like to attend our event. It is a great day for all involved.

We will have all of the necessary information on our website by December 1, 2018.

www.tahoecityrotary.org

For more information email: mdc.gary@gmail.com

Please pass this information on to your Bulletin Editor to insert in your newsletter. Editor: reference our Web site (<http://www.tahoecityrotary.org>) for members to look up information under "Annual Dick Linkey Rotary Ski Challenge".

 **Truckee Sunrise Rotary and Truckee Lions Club**
Presents:

BINGO

80's THEME
FRIDAY MAY 17, 2019

 **Fun for all ages**
Doors open @ 6:30 pm
Game start @ 7:00 pm
10046 Church Street
Truckee Community Arts Center
\$20 per person
\$160 per table (8 persons)
No host bar and snacks provided

 **For tickets call or text (530) 412-0833**



Rotary  District 5190 Area 3

SPEECH & MUSIC CONTEST

Tuesday, April 2

6:00pm Speech Contest
7:00pm Music Contest

North Tahoe High School Theater
2945 Polaris Road • Tahoe City

*Hear the Top Contestants from
Incline Village, Tahoe City and Truckee!*

Cash Prizes are awarded to the top 3 winners in each category.
First place winners will compete in the Rotary District 5190 competition in May.



ROTARY LINE UP

ROTARY & DISTRICT OFFICERS 2018-2019

Rotary International

President – Barry Rassin

President-Elect – Mark Maloney

Vice President – John Matthews

Treasurer – Peter Iblher

Director – John Matthews

Rotary District 5190 Advisory Board

District Governor – Tina Spencer-Mulhern

Immediate Past District Governor – Doug McDonald

District Governor Elect – Randy Van Tassell

District Governor Nominee – Roberta Pickett – Non Voting

District Governor Nominee Designee – Anita Daniels – Non Voting

Treasurer – Dave Kary

Secretary – Larry Harvey

District Executive Assistant – Ginny Lewis – Non Voting

Administration – Doug McDonald

Service – Chris Pierce

Foundation – Wyn Spiller

Membership – Steve Mestre

Youth Service – Lindy & Gordon Beatie

Club Administration – Judy Clark

Communications – Dave Zybert

Public Image – Randy Rascati

District Conference Chair – Bill Boon – Non Voting

Assistant Governors

Area 1: Terry Johnson

Area 2: Pete Hochrein

Area 3: Sherilyn Laughlin

Area 4: Anita Daniels

Area 5: Stacy Graham

Area 6: Vickie Christensen-Mclain

Area 7: Richard Forster

Area 8: Bill Boon & Bret Meich

Area 9: Bill Kirby

Area 10: Lorie McMahon

Area 11: Helen Hankins

Area 12: Elizabeth Cavasso & Jim Cavasso

Area 13: Jeff Gabriel