

2016-17 District Governor: Peter F. Cardamone

November 2016 | Editor: Lizzy Flinn-Brown



Dee & Pete

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## November is Rotary Foundation Month

Since 1917, the Rotary Foundation has helped fund Rotary's humanitarian activities from local service projects to global initiatives. Our Foundation promotes world understanding, goodwill, and peace by improving health, education, and alleviating poverty. **What will your Rotary club do to celebrate the Foundation Centennial?**

Since the initial \$26.50 contribution, Arch Klumph's endowment fund for "doing good in the world" has become a powerful force for good transforming millions of lives around the globe. Every member of your Rotary Club should know your club's history for Foundation Giving. What does your club contribute to the Annual fund? To PolioPlus? How many members are Paul Harris Fellows?

When your club participates in foundation giving, you are eligible to apply for grants to invest in projects and provide scholarships. **We have recently recognized the District 7150 Rotary Clubs of Marcellus, Sauquoit and West Winfield as 100% Paul Harris Clubs.** Is it within reach for your club to join them in this Centennial Year? District 7150 also has the honor of sponsoring a successful Rotary Peace Fellow applicant, Dessa Bergen-Cico of Syracuse. The Foundation selected Dessa for this prestigious program to further her studies and research in Peace and Conflict Resolution at the Rotary Peace Center at Chulalongkorn University in Thailand.

For more on how you can get involved with celebrating the Rotary International Foundation centennial and get into the spirit of Foundation Month, see page 2!

*Yours In Rotary Service,  
Pete C.*

do you  
like US?

CONNECT WITH ROTARY DISTRICT 7150 ON FACEBOOK  
*for great articles, sharing of club news,  
reminders about upcoming events and more*

[www.facebook.com/RotaryDistrict7150](http://www.facebook.com/RotaryDistrict7150)



**join our page today!**

# FOUNDATION MONTH

## HELP PLAN A SPECIAL FOUNDATION EVENT!

Please join us in creating a Gala 100th Foundation Anniversary & PolioPlus Celebration. This event will expand on the recent tradition of our November Foundation Brunch, to become a gala celebration of the Foundation Centennial and the imminent Eradication of Polio! Please lend your ideas and talents to this celebration by contacting Mark Matt, District Foundation Chair ([mmatt7150@gmail.com](mailto:mmatt7150@gmail.com)) to help design this special event!

## DOWNLOAD THE Foundation Centennial Toolkit

<https://goo.gl/hLiXlr>

### In the toolkit you will find:

- Promotional material like flyers, letterhead and a postcard
- A presentation on the history of the RIF
- A sample press release
- More ideas on how to celebrate the foundation's milestone



## HOW TO CELEBRATE THE CENTENNIAL



There are many things you and your club can do to honor this year's centennial for the Rotary International Foundation. The most popular ways to celebrate foundation month are to participate in Giving Tuesday or become a part of #100ActsofGood. Giving Tuesday, a global movement to celebrate generosity and inspire support of charities, will be November 29th (it's the Tuesday after Thanksgiving each year). District 7150 Rotarians can celebrate by giving online to the Rotary Foundation and asking your friends, family and peers to consider the same for their annual giving. Just log on to [www.rotary.org/give](http://www.rotary.org/give) for a quick donation!

You could also do a good deed and post it on social media using #100ActsofGood. See how others are sharing with that hashtag here: <https://goo.gl/6Qu98K>

Log on to [centennial.rotary.org](http://centennial.rotary.org) for more ideas on what you can do to honor and celebrate this milestone!

DG Peter encourages everyone to find their own ways to commemorate our foundation's century of achievement!

## IN MEMORIAM FOR PDG BILL

### Dr. William Bernard Stewart Grossman (1941-2016)

Bill left this earthly world on October 22, 2016 unexpectedly from heart failure at Blake Medical Center, Bradenton, Florida. Bill was very active in Rotary International, having been a member for 48 continuous years; including serving as District Governor in District 7020. A celebration of Bill's life is planned for Sunday November 13 at 11:30 am at Harvey Memorial Community Church, Bradenton Beach, Florida.

On Saturday November 26, there will be a memorial service in Marcellus, New York at Marcellus First Presbyterian Church at 2 pm, followed by a brief reception.

In lieu of flowers, please make a donation to the charity of your choice.



## DGND NOMINATION

**The election for District Governor (DG) for Rotary Year 2019-2020 is open for nominations.**

We are getting close to the deadline, as all nominations must be submitted on or before November 8, 2016.

The Bylaws also establish that the immediate Past District Governor serve as the chairperson of the Committee.

Therefore, IPDG Henry "Mac" MacDonald is the Committee Chair.

Please submit your nominations to:

Henry MacDonald, 11 Dill Street, Auburn, NY 13021

PDG Mac has agreed to accept nominations via snail mail and by email at [henrymac7150@gmail.com](mailto:henrymac7150@gmail.com). If sending by email, please make sure you receive a confirmation from PDG Mac that he has in fact received it.

Club Presidents can refer to the email received on October 19th for details on what qualified someone to be a District Governor and other frequently asked questions.

We strongly encourage each club to consider nominating a candidate. Contact PDG Henry "MAC" MacDonald should you have any questions regarding the nomination process. He can be reached by email (see above) or 315-246-3603 (cell), or 315-252-8683 (work).



## DISTRICT SITE MAKEOVER

Be sure to log on to [www.rotary7150.org](http://www.rotary7150.org) many times between now and the New Year to check out all the changes coming to the site.

The first phase was to make the site more modern and responsive. Now it appears readable on any size screen and any device. You can now easily access all content on the site on your smartphone, tablet or desktop computer and nothing will look wonky or hard to find!

The next phase is adding more content and more useful information for clubs and club leadership to access.

Remember - this site is for you! Send all suggestions or questions to PI Chair Lizzy Flinn-Brown at [ebrown@syracuse.com](mailto:ebrown@syracuse.com). Need help with your club web site or want to update your Club Runner site to match this style? Just shoot Lizzy an email!



## PHOTO CONTEST FOR CLUBS

Want to get your club featured on the fancy, new District 7150 web site? Submit a great photo for the homepage slideshow! Requirements:

### RIGHT SIZE & SHAPE

I need a wide shot that I can crop to 1200x400 (pixels) and will still feature the essence of the image. That also means it needs to be good resolution so when I inevitably zoom & crop it is not blurry or fuzzy.

### GIVE ME ACTION

Not just posed Rotarians (although I will take what I can get). There is no caption to these ads, so they should speak for themselves.

### BRAND IT RIGHT

Make sure the image features the Rotary brand with members wearing Rotary gear, a Rotary banner in the background or something. If you have a great shot with no branding, let's talk!

Email your great photo to me at [ebrown@syracuse.com](mailto:ebrown@syracuse.com)

## ROTARY DISTRICT 7150 CONFERENCE



APRIL 21-23, 2017 | GIDEON PUTNAM, SARATOGA NY



**89%** of last year's conference attendees said they were satisfied or extremely satisfied with their experience

**7 out of 10** enjoyed the learning topics or found them relevant at last year's District Conference

**92%** of last year's conference attendees said they would recommend conference to a fellow Rotarian!

### AND OF COURSE WE ARE WORKING TO ALWAYS MAKE DISTRICT CONFERENCE BETTER & BETTER!

Every conference is different! The committee is taking into account the feedback from last year's event and from our recent Facebook survey to continue to do our best to offer new, exciting and interesting speakers, educational opportunities and fun.

## WON'T YOU JOIN US?

Register today at [www.rotary7150.org](http://www.rotary7150.org)



SPA



MUSEUMS



SPRINGS



RACING



GOLF

Club	July '16	Oct '16
Adirondack Foothills	33	29
Auburn	42	46
Aurora	9	9
Baldwinsville	50	56
Camden	11	9
Camillus-Solvay-Geddes	30	32
Canastota	18	18
Cato	20	20
Cazenovia	20	18
Chittenango	46	46
DeWitt	78	75
Dolgeville	20	20
Eastwood	26	26
Fayetteville-Manlius	8	7
Fulton	26	27
Fulton Sunrise	23	24
Greater Utica Sunrise	6	6
Hamilton	33	32
Herkimer	28	28
Kuyahoor Valley	31	31
Little Falls	29	29
Marcellus	25	27
Moravia	14	15
New Hartford	25	26
North Utica - Whitestown	21	21
Oneida	57	57
Onondaga North	7	7
Oriskany Falls	17	17
Oswego	33	32
Oswego Sunrise	12	12
Rome	45	39
Rotary E-Club	18	18
Sauquoit	15	16
Sherrill	12	13
Skaneateles	61	58
Skaneateles Sunrise	16	17
Syracuse	58	57
Syracuse Inner City	9	11
Syracuse Sunrise	20	20
Tully	25	25
Utica	124	124
Waterville	17	17
West Winfield	10	9

## CLUB MEMBERSHIP BY THE #'S

Since our organization's future literally hinges on maintaining and growing our membership numbers, let's start watching them! Each month we will publish the data, showing where your club started the Rotary year and where you are as of the most recent month. Numbers don't look right to you? It could be a typo (I'm human!) or it could be that your club needs to update it's database in Club Runner. Please keep that database up to date, which will automatically update with RI's database, especially with the upcoming SAR!

## ANOTHER DISTRICT GRANTS SEMINAR

We had a great turnout for the first Grants Management Seminar - 33 Rotarians - and we were able to qualify 10 clubs to apply for District and Global Grants for 2017-18 Rotary year.

Adirondack Foothills  
DeWitt  
Fulton Sunrise  
New Hartford  
North Utica-Whitestown  
Sauquoit  
Sherrill  
Skaneateles  
Tully  
Utica

The next Grants Management Seminar will be January 7, 2017 at the East Syracuse Fire Station #2.

Applications for District Grants and all documents required will be due March 31, 2017, for the 2017-18 Rotary year.

For more information on grants, visit <https://goo.gl/ZK1ZN8>

**JOIN US**  
Grants Management Seminar &  
**ONE SUMMIT**  
SAT, JANUARY 7TH

### Grants Management Seminar

Learn how to qualify & apply for a District or Global Grant  
**THIS IS REQUIRED TRAINING**  
for at least two members of your club in order to qualify for a grant!

### OneRotary Summit

Learn how to membership, foundation giving and public image  
work together to grow Rotary  
**SEND MULTIPLE MEMBERS**  
including your foundation chair, your membership committee and  
your public relations chair for this Rotary year and/or next!

**REGISTER FOR THIS FREE EVENT TODAY!**

## Advertising in Rotary 315!

Showcase your club event or Rotarian-owned business in this guide to every club and program in Central New York & the Mohawk Valley. Copies distributed at District Conference and available to every Rotarian, plus a digital version on [rotary7150.org](http://rotary7150.org) all year-round.

**Business  
Card Ads  
JUST \$50**



Get your advertising space in the next edition of this district booklet today! Full, half, quarter and business card ads are available. Click here to download the form for details: <https://goo.gl/8bf4VZ>

For more information or to send camera ready artwork, your business card or get help in creating your ad, please call Ed Helinski at (315) 664-3103 or reach by email at [eddhelinski@yahoo.com](mailto:eddhelinski@yahoo.com)



# AUBURN ROTARY NEWS

It's been another busy month for Auburn Rotarians, from aiding 1,200 children from Cayuga County for The Warm The Children program to inducting another member, this one being Brett Murphy, General Manager of Buffalo Wild Wings of Auburn. In addition, there was a welcoming party for Saga, our exchange student from Finland, and Auburn Rotarians joined with members of the Skaneateles Rotary club and other community members in the Sennett area to install a playground at a local park. And lucky Matt Feola struck again. He drew the winning card and then donated it all to Operation Enduring Gratitude, a local program where monies are raised to send World War II and Korean Vets to Washington in April 2017. Jim Orman and Joe Lopiccolo were the guest speakers for Operation Enduring Gratitude for that club meeting.



## FULTON SUNRISE "NEW" MEMBER

At a recent Fulton Sunrise Rotary meeting, Rotarian Ed Garrow, right, is shown pinning and welcoming back Gregg Nichols to the club. Gregg was a charter member of Sunrise Rotary and is now back in the area employed at Foster Funeral Home.



## BVILLE WELCOME FOUR NEW MEMBERS AT CHARTER NIGHT

The Baldiwnsville Rotary Club celebrated their club's 44th birthday in true, Rotary style. With 57 Rotarians and guests in attendance, musical entertainment, Interact leadership and our Youth Exchange student looking on, the club welcomed four new members - from left to

right, Sylvia White, Jennifer Joslyn, Beth Chetney and Jim Maddaloni.



## DEWITT WELCOMES BOEHEIM

Recently, Dewitt Rotary had another successful Coach Jim Boeheim Luncheon. About 130 people, many in orange and blue, turned out for an enjoyable afternoon with Syracuse University Basketball Coach Jim Boeheim as guest speaker. At the event, Dewitt Rotary made a generous donation to the Jim & Juli Boeheim Foundation of \$1,000.

Photo- left to right, Dewitt Rotarian Leo Eisner, Syracuse University Basketball Coach Jim Boeheim, and Dewitt Rotary President Cheryl Matt



## CSG 50TH

This issue is a collage of our 50th Anniversary celebration at Tuscarora Golf Club. Prominent members of our District, Club, and Township celebrated in fine style the 50th Anniversary dinner. The evening was graced with charter member James Connell and Mary Hamilton each sharing what Rotary has meant to them. Five Paul Harris Awards were presented by District Governor, Peter Cardemone and Club President, Kim Frodelius. Highlights includes presentations from Anthony Angelo on our service project. George Mango on our Community event. Brian Kessel on our Interact program, and Rainer Grass on our Youth Exchange.

## CAZ LITTLE FREE LIBRARY

The first Little Free Library (LFL) was delivered September 20th to the Cazenovia Children's House and three more were installed in Lakeland, Lakeside, and Burton Street Parks in the following two weeks. LFLs are popping up all over and are recognized by the Library of Congress. "Take a book, return a book" is the premise though you don't need to leave a book as Stewards from the Cazenovia Library will be monitoring and replenishing the reading materials. Funded in part by a Rotary District Grant and the rest by the Cazenovia Rotary Club, and in collaboration with the Library, the LFLs were purchased from the LFL organization and assembled by local resident, Steve Burrell, who has the equipment, expertise and willingness to do so.



# "KNOW"-VEMBER IS DIABETES AWARENESS MONTH

Submitted by Assistant Governor and Sherrill Rotarian, Clark Speicher

Each year the American Diabetes Association (ADA) puts forth an extra effort to raise awareness about diabetes and the 29 million American who have diabetes. I am one of the 29 million but want to share the story of my good friend Patty Palladino and her diabetic son, Frankie.

**The 'KNOW' in November...** The beginning of being six - without a care in the world. Playing with friends, going to school, laughing from the bottom of his toes, and a love for a t-shirt with a big fat F (for Frankie!) on the front. The tail end of being six - sudden weight loss, extreme fatigue, constant thirst, constant need to use the restroom, quiet, reserved, keeping to himself, not playing, not wanting to be with friends, no laughing, no joy—not even for the F shirt. What is this? What is wrong?

We found out on August 23, 2010 that THIS was type 1 diabetes. An autoimmune disease – his body attacking itself and shutting down insulin production in the cells of his pancreas. We found out that this was his new life full of forever-shots and more shots of insulin to keep him alive, math to figure out the dose of insulin, constant needle pokes to his little fingers to check the glucose level in his blood stream, counting carbohydrates in each drink and bite of food, and testing urine. Nothing we could have done to prevent this and nothing we could do to end this.

This is why we try to put the 'KNOW' in every November since 2010. As Frankie's parents—we did not know the signs and symptoms of diabetes—and absolutely would

have had him in the doctor's office sooner if we had. Diabetes is one big huge tree—with many different branches—the types. Some types are quiet and unsuspecting, with signs so slight you don't notice - maybe you feel a bit off, but you press on, thinking it's nothing. Other types are noisy - going to the bathroom a lot, weight loss, constant thirst - but would you see them as signs if you didn't have a clue about diabetes? We didn't. Bringing Frankie to the doctor that day in August, we thought the flu, a virus...and then "What is type 1 diabetes?" Clueless, scared, and rushing to the diabetes center.

**KNOW: What diabetes is:** Diabetes is a problem with your body that causes blood glucose (sugar) levels to rise higher than normal. This is also called hyperglycemia. The most common types: Type 1 diabetes is usually diagnosed in children and young adults, and was previously known as juvenile diabetes. Today many adults are being diagnosed with Type 1 diabetes as well. Only 5% of people with diabetes have this form of the disease. In Type 1 diabetes, the body does not produce insulin. The body uses insulin to break down the sugars and starches you eat into a simple sugar called glucose, which it uses for energy. Insulin is a hormone that the body needs to get glucose from the bloodstream into the cells of the body. Without insulin, you die, but with the help of insulin therapy and other treatments, people diagnosed with Type 1 diabetes can live long, healthy lives. Type 2 diabetes is the most common form of diabetes. Often considered adult diabetes, even children are diagnosed with this type. If you have Type 2 diabetes your body does not use insulin properly. This is called insulin resistance. At first, your pancreas makes extra insulin to make up for it, but over time it isn't able to keep up and can't make enough insulin or the insulin it makes is inadequate to keep your blood glucose at normal levels. Some people with Type 2 can control their blood glucose with healthy eating and being active, but your doctor may need to also prescribe oral medications or insulin to help you meet your target blood glucose levels. Type 2 usually gets worse over time – even if you don't need medications at first, you may need to later on. No type of diabetes is curable.



**KNOW- The common symptoms of diabetes:** Urinating often, feeling very thirsty, feeling very hungry – even though you are eating, extreme fatigue, blurry vision, cuts/bruises that are slow to heal, weight loss even though you are eating more (Type 1), tingling, pain, or numbness in the hands/feet (Type 2). If you have any of these symptoms, consult a health care professional immediately. If you don't have symptoms: find out your family history. Is there diabetes in your family tree? Ask for a finger stick or urine dip glucose check at your yearly physical and your child's well care visit.

**KNOW- Your risk:** Go to: <http://www.diabetes.org/are-you-at-risk/tools-to-know-your-risk> and take the risk assessment. IT IS FREE AND ONLY TAKES A FEW MINUTES! Discuss your results with a healthcare professional. Someday we hope for 'NO' in November. No more diabetes when a cure is found. Until that day, we want a 'KNOW' in November—because Diabetes is your coworkers, your classmates, your family, MAYBE YOU?

For more information visit: [www.diabetes.org](http://www.diabetes.org). Want to get involved in the fight against diabetes? Join in supporting people living with diabetes through participation in the CNY Tour de Cure! Visit: [www.diabetes.org/cnytour](http://www.diabetes.org/cnytour)

Written by Patty Palladino with the Syracuse, NY American Diabetes Association and mother of child with type 1 diabetes.

**DO YOU HAVE A HEALTH ARTICLE? CONTACT YOUR NEWSLETTER EDITOR!!!**

*Run or Walk to fight hunger!*

**\$30/Adult and \$20/Student Pre-Registration**  
Available Thru Nov 10!

**Finisher Medals  
Prizes for top runners  
& each age group  
Long-sleeved shirts  
and more!**

**SAT., NOVEMBER 12, 2016**  
**10am | Baker High School**

**REGISTER ONLINE**  
*and join us!*

**[www.BaldwinsvilleRotary.org](http://www.BaldwinsvilleRotary.org)**

Proceeds benefit the Baldwinsville Rotary Club  
& Baldwinsville Community Food Pantry





## Area 5 Holiday Party

Sat., Dec. 10th at Battle Island

2150 State Route 48, Fulton

5pm Cocktails & 6pm Buffet Dinner

Area 5 Rotarians can RSVP with your club,  
everyone else can email donaldetodd@gmail.com

**SAVE THE DATE!**

The Rotary Club of DeWitt

### 35th ANNUAL KINDLING SALE

All Proceeds Benefit Monarch Industries

(A Division of Arc of Onondaga)



**SATURDAY, NOVEMBER 5th**

\* **Dick's Sporting Goods Plaza** \*

Erie Blvd. East, DeWitt

9:00 AM - 2:00 PM

\$6.00/Bundle or 3/\$15.00

We will deliver 10 or more bundles!

To place an order in eastern Onondaga County  
or for more information call

**John Shepard 481-9172**

## PANCAKES EVERYWHERE IN DISTRICT 7150!

Check out these pancake breakfasts this month to  
support clubs near you and prepare for hibernation!

### AUBURN ROTARY JIM BALLONI MEMORIAL PANCAKE BREAKFAST

Sunday, Nov 6 from 8am - Noon

Cayuga BOCES, 1879 Genesee St, Auburn

### Fulton Rotary Pancake Breakfast

Sunday, Nov 6 from 7am - 1pm

Fulton Polish Home, 153 W First Street South, Fulton

### Canastota Rotary Club Pancake/French Toast Day

Tuesday, Nov 8 from 7am - 7pm

Rusty Rail, Rt 5 in Canastota

### Moravia Rotary Pancake Day

Tuesday, Nov 8 from 7am - 7pm

Moravia Fire Dept, Keeler Ave, Moravia

## EAT, DRINK & RAISE MONEY

with Eastwood Rotary

**NOV 29, 2016**

**JAN 31, 2017**

**MAY 30, 2017**

Eat at one of the following  
UNO's locations on these dates  
& 20% of your tab goes to their  
club foundation!

EST. 1943

**UNO**  
PIZZERIA & GRILL

Fayetteville  
Liverpool  
Destiny USA

Download details & coupons here:  
<http://goo.gl/3HAP3w>

## Baldwinsville Rotary Book Club

We will be discussing the  
book "Becoming Nicole" by  
Amy Ellis Nutt: The  
Transformation of an  
American Family.



OPEN TO THE PUBLIC

**Tuesday, November 15, 2016**

7-8pm at the Red Mill Inn

4 Syracuse St, Baldwinsville

For more info visit

[www.BaldwinsvilleRotary.org](http://www.BaldwinsvilleRotary.org)



*Flags of Honor & Gratitude*

**ON DISPLAY NOW**

**NEW LOCATION**

Wegman's on Rt 57, Liverpool

You can STILL get a flag  
through Veteran's Day!

[www.OnondagaNorthRotary.com](http://www.OnondagaNorthRotary.com)

## ROTARY INTERNATIONAL CONVENTION

JUNE 10-14, 2017 | [www.riconvention.org](http://www.riconvention.org)





# DEWITT BUSY WITH GIVING

Recently, Susan Westlake, Board President of the FM-JD area Meals on Wheels, accepted a generous donation from Dewitt Rotary for her organization. (photo)- Presenting the check was Dewitt Rotarian Dave Schneckenburger who is on the Dewitt Rotary Philanthropy committee. FM-JD Area Meals on Wheels has seen a 25% increase in need in their area.



Every year at the annual Pancake Day, Dewitt Rotary sells maple syrup made by the Vernon-Verona-Sherrill High School Future Farmers of America. Also, there is a popular raffle table at event. All of these proceeds go to Polio Plus, the Rotary International campaign to eradicate polio worldwide. This year, to celebrate the 30th anniversary of Polio Plus and the 100th anniversary of The Rotary Foundation, Dewitt Rotarians collected additional donations at

various meetings and were able to give Polio Plus over \$ 2650.00. This amount reflects the original \$ 26.50 donation that started The Rotary Foundation.

(Photo- from left, in winter hat and gloves, is Mark Wladis (whose father, George Wladis started the drive), Mel Rubenstein a good friend of George and a Dewitt Rotarian, and Dewitt Rotary President Cheryl Matt). Recently, the Rotary Club of DeWitt gave a donation to the Hats & Gloves Drive that the Wladis Law Firm has coordinated since 1996 via the Syracuse City School District Educational Foundation. In 2015, the Wladis Group distributed 11,000 NEW hats and gloves to needy city school children.



## MARKING WORLD POLIO DAY

October 24th was World Polio Day and there were social media posts from all around the district about it.

Rome Rotary had a fundraiser night at Panera (right), Lizzy from Baldwinsville Rotary shared her reason for being a part of the fight (bottom left) and Bob and Kathleen got Jim Boeheim to do a classic "this close" pose at the famous coach's visit to DeWitt Rotary that day!



## INVITE A VET TO THANKSGIVING

Thanksgiving will soon be here and the Rotary Veterans Support Group wants to make sure that all the veterans and there families will have a nice Thanksgiving dinner. So many veterans don't get to have one. So many are overseas supporting are country and won't get a turkey dinner.

Do we have any Rotarians that would like to have a veteran to your home for Thanksgiving dinner? It would be a veteran on leave who doesn't have anywhere to go for the holiday. For more information contact District 7150 Veterans Chair Ziggy at [ziggy7150@yahoo.com](mailto:ziggy7150@yahoo.com). He is also collecting donations of Thanksgiving dinner items - turkeys, squash, carrots, potatoes, yams, cranberry sauce, gravy, stuffing, corn, green beans, dinner rolls and frozen pies. Anything you could contribute would go a long way! Contact Ziggy to make your contribution of items or write a check to help feed a veteran through a contribution to Rotary District 7150.

## FULTON SUNRISE PRESENTS CHECK

At a recent Fulton Sunrise Rotary meeting, Rotarian Doug Stevens presented a donation to the Pratt House on behalf of the club. Accepting were Sue Lane, left, and Sarah Conley. Some of the upcoming events at The Pratt House include The Ghost Walk on October 28 and The Parade of Trees with an open house and voting on November 27.



DON'T FORGET TO SUBMIT YOUR CLUB'S NEWS BY THE 25TH OF EACH MONTH FOR THE NEXT NEWSLETTER!

Email to [ebrown@syracuse.com](mailto:ebrown@syracuse.com)



## BALDWINSVILLE ROTARY STAYS CONNECTED WITH YE STUDENT

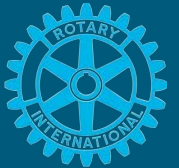
Baldwinsville Rotarian Norma Widmann took advantage of her latest trip, a visit to Budapest, to spend time with past Youth Exchange Student Donat. While communicating about her visit, Donat asked for her to bring him some auto parts he needed. What a fun connection to make for both parties!



# Happy Interact Week

10/31-11/6/16

**Interact**  
Rotary Sponsored Club



**Interact**  
Rotary Sponsored Club

**80%** of the world's countries have Interact clubs.

#WorldInteractWeek

## OSWEGO WELCOMES STUDENTS

Oswego Rotary club is pleased to host Oswego High School students every other week at our Tuesday meetings. This past week Derek Caramella and Kelsey Cullinan joined us. Very impressive academic resumes! Each student is a part of the Top 25 seniors for the class of 2017. Best wishes for a great senior year to Derek and Kelsey. Pictured are: President Danielle Hayden, Derek Caramella and Kelsey Cullinan.

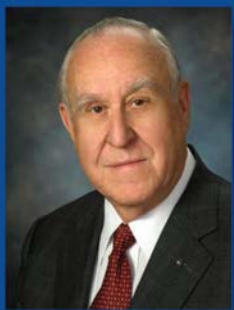


## SAVE THE DATE!

### 91<sup>st</sup> Eastern Cities Fellowship Dinner

NEW DATE! TUES., DEC 6

Joseph A. Floreano Riverside Convention Center



Keynote Speaker:  
John Germ,  
RI President 2016-2017

## Did you miss World Polio Day?

Check out the recording of the End Polio Livestream Event at [www.endpolio.org](http://www.endpolio.org)

