



2016-17 District Governor: Peter F. Cardamone

April 2017 | Editor: Lizzy Flinn-Brown



Dee & Pete



April is Maternal & Child Health Month

All Rotarians should be proud to cite this Rotary Foundation Focus Area whenever non-Rotarians ask, "What Does Rotary Do?" Rotary carries out sustainable projects in Education, Clean Water & Sanitation, Economic Development, Peace, and Disease Prevention that bring positive, lasting change to vulnerable mothers and children. Rotary Maternal and Child Health projects in each of these areas promote life-saving gains for mothers and infants in communities locally and globally.

At least 7 million woman and infants die each year due to malnutrition, poor health care, and inadequate sanitation – all preventable causes that Rotary is hard at work on preventing!

The Rotary Foundation reaches mothers and children in need by improving access to essential medical services.

Rotary provides education, immunizations, birth kits, and mobile health clinics where women and midwives are taught prevention of mother-to-infant HIV transmission, how to breast-feed, and provided antibiotics for disease prevention for themselves and their babies.

Rotary funds maternity hospitals and medical screening to provide pre- and postnatal care to mothers and training to support trained healthcare providers in the practical management of childbirth emergencies to reduce maternal mortality.



Rotarians in District 7150 can **TAKE ACTION** to become part of Rotary Serving Humanity in Maternal and Child Health by engaging in any projects that:

TAKE ACTION Develop or support programs that provide immunizations and antibiotics. Measles, malaria, pneumonia, AIDS, and diarrheal diseases are the leading causes of death in children under five.

TAKE ACTION Promote good nutrition, encourage breastfeeding for most infants.

TAKE ACTION Prevent mother-to-infant HIV transmission by encouraging the use of antiretroviral drugs and formula feeding.

TAKE ACTION Include water, sanitation, and hygiene efforts to maximize child nutrition. Diarrheal diseases caused by contaminated water exacerbate malnutrition in children.

So wear your Rotary Pin every day. When someone asks, be prepared to tell them how Rotary's sustainable projects that assist mothers and infants to live longer and grow stronger!

IN THIS ISSUE

PAGE 2: MAIN NEWS

District Conference

Plan ahead to make the most of your weekend!

PAGE 3: BUSINESS

UPDATED Membership #'s

Nominate a Peace Scholar

Latest Web Site Features

PAGE 4: CLUB NEWS

News from clubs around the district

PAGES 5-7: SEE & DO

Pancakes, BBQ, Books and much more!

Plus Skaneateles Women's Day Wrap Up

PAGE 8: YOUTH & INTERNTL NEWS

YE Committee Wins Big

RYLA Reminder

YE Student Travels

CSG Rotary Scholarships

YE at District Event

Yours In Rotary Service,
Pete C.

ROTARY DISTRICT 7150 CONFERENCE

APRIL 21-23, 2017 | GIDEON PUTNAM, SARATOGA NY



LAST CALL FOR REGISTRATIONS

This is your last chance to sign up for a wonderful Rotary weekend in Saratoga Springs, surrounded by old friends and new, where you'll dine on amazing buffets, sip Finger Lakes wines, dance to live music and hopefully have many laughs along the way! **Won't you join us?**

Sign up online or download a registration form at www.rotary7150.org



Special Guest Matilda Raffa Cuomo

The former First Lady of New York will be the speaker during Saturday's lunch, telling us about the NYS Mentoring Program she chairs and how our clubs can get involved!

Planning a Conference Weekend

Thank you to everyone who is planning to join us conference weekend. Here is some information and a few tips to help you plan a fun stay!

DRESS CODE

Most of the weekend is business casual, including the Friday evening reception. You will want to bring something you don't mind getting dirty depending on what service project you choose to do on Saturday afternoon and the Saturday evening banquet has a Kentucky Derby theme!

VOLUNTEER AT CONFERENCE

Sergeant at Arms are Rotarian volunteers that help other Rotarians find their way around conference and assist with helping the event run smoothly. You can be of great service during conference if you sign up to help for just a couple of hours! Contact head Sergeant at Arms Clark Speicher at cfs@twcny.rr.com to sign up!

HOUSE OF FRIENDSHIP

Again this year, the House of Friendship space will be adjacent to our main banquet room, giving you lots of time to stop in and see what other clubs are doing. Make sure your club has registered for a space to display your project(s) in advance.

LOOK AHEAD

Make sure you look over the information and materials available on the web site to get a sneak peek at the schedule, educational opportunities and more. Make sure you read the emails we send with the latest news and consider coming early or staying late so you can enjoy the beautiful and historic location!

You can get more information on all of this, including a page dedicated to Frequently asked questions at www.rotary7150.org



Club	July '16	Jan '17
Adirondack Foothills	33	27
Auburn	42	46
Aurora	7	7
Baldwinsville	50	58
Camden	11	9
Camillus-Solvay-Geddes	30	33
Canastota	19	18
Cato	17	16
Cazenovia	20	15
Chittenango	46	39
DeWitt	78	80
Dolgeville	20	19
Eastwood	27	27
e-Club of Syracuse	15	14
Fayetteville-Manlius	7	0
Fulton	26	27
Fulton Sunrise	23	23
Greater Utica Sunrise	7	9
Hamilton	32	31
Kuyahoor Valley	26	27
Little Falls	27	29
Marcellus	27	28
Mohawk Valley	28	30
Moravia	14	17
New Hartford	25	26
North Utica - Whitestown	21	21
Oneida	57	56
Onondaga North	7	7
Oriskany Falls	17	19
Oswego	32	31
Oswego Sunrise	12	14
Rome	40	39
Sauquoit	15	16
Sherrill	12	13
Skaneateles	60	57
Skaneateles Sunrise	17	17
Syracuse	57	60
Syracuse Inner City	9	10
Syracuse Sunrise	19	19
Tully	25	23
Utica	118	119
Waterville	17	16
West Winfield	10	8
TOTAL	1,202	1,200

UPDATES TO DISTRICT WEB SITE

NEW PAGE DEDICATED TO PUBLIC IMAGE

Find resources and helpful tips for promoting club events and news, as well as communicating with your members. This is a great page to visit if you need local media contacts, logos or help with public image in general. Check it out at:

<http://rotary7150.org/Page/public-image>

PHOTO GALLERY FROM PEOPLE OF ACTION DINNER

Thanks to all the Rotarians that submitted their photos from the recent People of Action Dinner. You can see the collection of snapshots in a gallery on the homepage at www.rotary7150.org.



NOMINATE A PEACE SCHOLAR TODAY!

Do you know a budding peacemaker? Nominate them for the Rotary World Peace Fellowships and help build peace in the world.

Through academic training, practice, and global networking opportunities, the Rotary Peace Centers program develops leaders who become catalysts for peace and conflict prevention and resolution. These fellowships cover tuition and fees, room and board, round-trip transportation, and all internship and field-study expenses.

There are two types of fellowships, a Master's degree fellowship which lasts up to two years and a professional development certificate program which lasts for three months. There is no cost to the scholar, no cost to the club and no cost to the district for Peace Fellows.

In your community, Peace Fellow candidates might be mediators, social workers, law enforcement, and many more. Candidates must have a minimum of three years experience for the Master's program and ten year's for the professional certificate.

For more information visit the program webpage at:

<https://www.rotary.org/en/our-programs/peace-fellowships>

The district deadline to receive applications will be June 1, with district interviews to follow.

For more information or to discuss potential nominees, please contact Chris Johnson, Sauquoit Rotary, District 7150 World Peace Chair at 303-909-1801 or loyangalani@gmail.com

CLUB MEMBERSHIP BY THE #'S

The numbers might look a little different this month. I switched to pull reporting from the RI database for you guys. Be sure you are updating all membership data in Club Runner though, which will automatically update the RI database!

If you need membership assistance, contact PDG Deb Glisson, District Membership Chair at deborah7150@gmail.com.

BVILLE ROTARY & LOCAL CHAMBER A GREAT PAIR

For the second year, Baldwinsville Rotary teamed up with the Greater Baldwinsville Chamber of Commerce, to host The B'ville Big Chill. This winter-themed fundraiser includes a polar plunge in the Seneca River, a heated tent filled with local chefs from area restaurants competing in the Best in Bowl food competition and, in the evening, the community comes out for the Poker Bear Pub Crawl. The co-chairs of the event are both members of the chamber and Rotary, Nancy Howe and Meg Van Patten, both of whom work at our local library. At a recent lunch meeting where both organizations came together, the ladies presented the stats from this year's event, which included 96 plungers that jumped in the river, 160 people who sampled food and 324 poker run participants. The top three plunge teams got to choose a charity to receive the funds they raised - 1st place was the local VFW, who chose the VA Hospital to receive \$1,500, 2nd place was WT BRevs donating \$1,000 to ClearPath for Vets and 3rd place will give \$500 to Pastime Athletic Club. This one-day event generated thousands of dollars for each of these organizations to do good with in their community!



MOHAWK VALLEY ROTARY CLUB NEWS UPDATE

The Mohawk Valley Club, serving Herkimer, Ilion, Mohawk and Frankfort has been busy giving to their community, learning local history and rubbing elbows with Rotary International Leadership.

The club donated a framed oil painting by George Lewis called "The Mohawk Valley Noses" to the Ilion Free Public Library. The painter George Lewis is a former Rotarian who now paints pictures using a palette knife and no brushes. Club member Roger Skinner, shown here (right) with Club President Heather Irons and Travis Olivera, contacted Lewis to paint a picture of the Mohawk Valley Noses. "I decided to use the Mohawk Valley Noses because I feel it represents our regions history," said Skinner. This project is important to Skinner because the artist Lewis donates the cost of the painting to help humanitarian causes such as Rotary Global Water Grant and Polio Plus.



Pictured here (left to right): Rotary Treasurer, Elyse Enea Bellows, Rotary Secretary Bonny Brownrigg, Herkimer Historical Society Speaker Margaret Sinclair, Fran Peruzzi, & Rotary Club President Heather Irons. Sinclair and Peruzzi told the club about a new exhibit at Herkimer Historical Society honoring WWI soldiers from the region. The exhibit will open April 26th.

CHANGES & BBQ COMING TO AUBURN

Things happen in life sometimes that affects Rotary Club, and that was the case in March as Tim Kelly became our new club president for the rest of this year and for the 2017-18 year. We also welcomed Bob Edmunds as vice president. Bob will become president in 2018-19. Thank you to past president Rob Forcey for his service and best of luck to him on his new career venture, splitting time between Glens Falls and Auburn.



It's full speed ahead for our Rotary Ribs Rhythm & Blues Festival, July 15-16, 2017 on Owasco Lake. It's a New York State Championship and Kansas City BBQ society sanctioned event - the type of BBQ championship you see on The Food Network.

Headlining Saturday music will be Billy The Kid & The Regulators from Pittsburgh, PA. And Sunday, July 16th, the legendary Gap Mangione & The New Blues Band from Rochester headlines. Other performers include the Carolyn Kelly Blues Band (Syracuse), Inside Job (Auburn), StratCat Willie (Watkins Glen), Funky BluRoots (Florida & Auburn) and the Maria Aurigema Band (Buffalo). If you're a fan of great food and rhythm & blues, mark July 15-16 on your calendar for Rotary Ribs Rhythm & Blues Festival! Learn more about our event on Facebook or at auburnrotaryny.org.



FULTON GIVES AWARD FOR SERVICE



At a recent Fulton Sunrise Rotary meeting, it was an honor and pleasure to award our fellow Rotarian, Linda Eagan, Administrative Director of Fulton Block Builders with our Community Service Award. This award is given to an individual who has devoted time and effort in making our community better, stronger, and closer and who has had a significant, positive impact on our community

through initiatives, interactions, and contributions. Pictured left to right, President Linda Rossiter, Recipient/Rotarian Linda Eagan and Assistant District 7150 Governor Jenny Doane.

happy
90TH
birthday

Oswego
Rotary
Club

CHARTERED MARCH 29, 1927

North Utica-Whitestown Rotary invites you to

Touchdown Breakfast

April 2 from 8:30am-12:30pm

North Utica Senior Community Center
50 Riverside Drive, Utica

Includes: Eggs, Pancakes, Sausage, Hash Browns, Coffee & Juice



Tickets: Adults - \$5.00
Children 5-12 - \$3.00
Children under 5 free



Meet Utica College Football Players & Coaches too!
Proceeds benefit Rotary International Youth Exchange

TULLY
Rotary
Club



Annual Tully Rotary Citizen of the Year

The award dinner to be held

Thursday, April 6, 2017

6 PM at Orchard Vali Country Club

The Rotary Club of DeWitt's 63rd Annual

PANCAKE DAY

Saturday, May 13, 2017

7am-2pm

Shoppingtown Mall

Volunteer for at least two hours and
enjoy a FREE pancake breakfast on us
after your shift!

Sign up early for your preferred shift. Please
contact: Kuki Haines at 8189ekhaines@gmail.com

Advance sale tickets are
available from any DeWitt
Rotarian - \$7 each, 2 for \$10

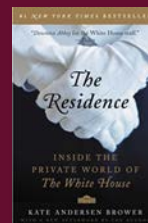
Or get tickets online at
www.DewittRotary.org



Baldwinsville Rotary's BOOK CLUB

Wednesday, May 31st at NOON

Red Mill Inn, Baldwinsville



"The Residence: Inside the Private World
of the White House"

AND

"First Women: The Grace and Power of
America's Modern First Ladies"

Both by Kate Anderson Brower



We will also be watching "The Butler" the
week before, Tuesday May 23rd at our
7pm meeting.

Follow our event on Facebook at
<https://goo.gl/YpY4lx>

Chittenango
Rotary



TURKEY SHOOT

FOR CHARITY



April 29, 2017 | 9am-2pm

Chittenango Rod & Gun Club

\$100/team of four or \$30 per person

FREE T-SHIRT FOR ALL PARTICIPANTS

Guns & Shells Provided - Do NOT Bring a Gun
Prizes, trophies & bragging rights for winners!

Email chittenangorotary@gmail.com to register

NO TURKEYS ARE HURT AT THIS EVENT!

The Fulton Sunrise Rotary will be serving its
12th Annual Pork BBQ Dinner
Sunday, April 2 at the Fulton Polish Home
 from noon until gone

For \$8/person you get:
 BBQ Pork Sandwich, Coleslaw, Baked Beans and Dessert
 Eat in or take-out available
 Children under age 5, eat free.

All proceeds are used for community projects.

New York State BBQ Championship! Great BBQ, Music & More!



Ribs Rhythm & Blues Festival



July 15 & 16, 2017
EMERSON PARK
 Owasco Lake, Auburn NY
 Brought to You by the Auburn Rotary Club



Suggested donation \$10 per person | Learn more at auburnrotaryny.org

DEWITT ROTARY CLUB NIGHT

THURSDAY, JUNE 1ST | 6:35 PM



**TICKETS
ONLY \$6**

USE ONLINE PROMO CODE:
DEWITT

TICKETS ONLY FOR SEC.: 302 & 304

FOR TICKETS, CALL 474-7833 OR GO TO: SYRACUSECHIEFS.COM



Adirondack Foothills Rotary Invites you to the
 Richard W Abbott Jr Memorial Scholarship
Golf Tournament
 Saturday, May 13, 2017
 Woodgate Pine Golf Course, Booneville



\$75/person or \$300/team
 Shotgun start at 9am | 2pm Steak Dinner & Raffle
 Prizes and trophies

Proceeds will benefit the Adirondack foothills
 Rotary Scholarship Fund for graduating
 students from Holland Patent High School and
 Remsen High School

For more information contact Deb Shambo at
dshambo@gmail.com



Chittenango Rotary's 34th Annual Lobster Fest

Sat. May 20, 2017

2-6 p.m.

Jim Marshall Farms
 New Boston Rd, Chittenango

Donation \$35/ticket

\$10 Children's Ticket
 (Excludes Lobster)

Benefiting Community Projects

1 lb. Live Steamed Maine Lobster

Steamship Round of Beef • Salt Potatoes • Salads
 Hot Dogs • Hamburgs • Sausage & Peppers
 Draft Beer • Beverages

Entertainment

Tickets at the following locations:
 Delphia's
 McGowan's Hardware
 or from any Rotarian

sponsored by
 The Chittenango
 Rotary Club



MORE PANCAKES

The first 100 mothers get a rose!

New Hartford Rotary Breakfast

SATURDAY, MAY 13 | 7:30am - 11:30am

New Hartford Presbyterian Church | 45 Genesee St., New Hartford

Tickets \$8.00 each or 2 for \$15.00, Children Under 5 Free!
Eggs- French Toast- Pancakes- Sausage- Coffee & Juice

Proceeds to benefit Area 2 "End Hunger" Campaign

SKANEATELES ROTARY CELEBRATES WOMEN & FIGHTS ALZHEIMER'S DISEASE

Thursday evening 132 Rotarians, Spouses & guests gathered in the beautiful Welch Allyn Lodge to participate in our Skaneateles Rotary Club's third annual International Women's Day Celebration. As Promised this year's celebration turned out to be a dynamic blend of community activism, Rotary goodwill & fun among friends. During the cocktail hour guests enjoyed delicious hors d'oeuvres. Loren Barrigar serenaded everyone with his sweet-sounding guitar and our key-note speaker, Rev. Cynthia Huling Hummel with vocal accompaniment. An extra treat!



IWD Committee Chair Amy Tormey welcomed everyone & introduced our special guest Rotary District Governor Peter Cardamone & his wife Dee. Suzanne Major offered a deeply moving invocation. Prior to dinner Chair Amy Tormey opened her remarks by presenting a brief history of Rotary & how Rotary brings people together to better serve their communities. Amy proudly recapped our two previous successful IWD Celebrations. The keynote speaker was the Chairperson of the National Women's Hall Of Fame. In 2016 Carrie Lazarus was our Keynote Speaker. All of the 2016 Dinner proceeds were donated to the St Joseph Hospital Breast Cancer Center.

This year our dinner is dedicated combating Alzheimer's Disease. Our keynote speaker this year, the Rev Cynthia Hummel is an accomplished woman who is battling Alzheimers. Amy stressed that thanks to courageous women leaders in past years, like Rev Hummel, women today have a great deal to celebrate. [Click here](#) for reader's drawing.

Dinner co-chair Lori Ruhlman described how women Rotarians are making a difference today around the world & in our community. Without question Rotary makes our world a better place. Lori pointed out that everyone will benefit by living our Rotary model of "Service Above Self". There are 55,000 Rotary Clubs in 200 countries throughout the world. After decades of fundraising & outreach programs Rotary has almost eradicated Polio worldwide. Now Rotary is ready to for the new challenge of combating Alzheimers. Lori noted women comprise 2/3s of afflicted with Alzheimers & that 2/3s of the Alzheimers caregivers are women.

After dinner former club president Cheryl Silvestrini introduced our Keynote Speaker the Rev Cynthia Hummel. Cheryl noted that in 1996, after a successful career, Rev Hummel was ordained a Presbyterian Minister. Rev Hummel poignantly told of how her mother served as her role model. When she was young her favorite book was "the Little Red Hen" Like the "Little Red Hen" Rev Hummel aspired to be a bold leader. Before her call to the ministry Rev Hummel enjoyed a

successful & fulfilling career. Ten years ago Rev Hummel was diagnosed with early stage Alzheimers. Since being diagnosed with Alzheimers Rev Hummel has made it her mission to share her story & insights about the disease. Rev Hummel's message of being bold in the face of adversity is uplifting & inspiring. By being bold & by being ready to take bold steps together all of us can meet the challenge of Alzheimers.

All proceeds from the event at to be donated to the Alzheimer's Association for research.



DISTRICT 7150 YOUTH EXCHANGE COMMITTEE EARNS TOP RECOGNITION

The District 7150 Rotary Youth Exchange Program received the highest honor of the NAYEN conference, the Gold Star Award for Outstanding Youth Exchange Program at the NAYEN Conference in Calgary Canada in March. Tom Taylor, chair of the Youth Exchange Program was at the conference to receive this award along with Mindy Taylor, Outbound chair, Bill Rosentel, Inbound chair, Dave Bauer and Pam Fallesen, student protection officer. This award would not be possible without the above people along with Catherine Docous, STEP chair, Stuart Wood, Treasurer, DG Cardimone, all our country contacts, ROTEX, YEOs, all the 7150 Rotary clubs, host families and everyone who supports Rotary Youth Exchange. It takes all of us to make this program work. We thank you for your support and helping us to promote peace one student at a time.



RYLA REMINDER

Don't forget that you should already have applications for this year's RYLA in your local schools. You need to have received applications, interviewed the prospective students and chosen who you will send by May 1st! Get more information and download the form at:

<http://rotary7150.org/SitePage/ryla>



YOUTH EXCHANGE STUDENTS ATTEND DISTRICT DINNER

All of our district's YE students and several committee members were in attendance at the People of Action Dinner to hear from and meet the RI President Elect Ian Riseley. What a great looking bunch! See them all together again at the District Conference in Saratoga April 21-23.

BVILLE YOUTH EXCHANGE STUDENT GOES TO BOSTON

Baldwinsville's exchange student from The Netherlands, Matt Luken, recently went on a trip to Boston with his host family. Shown here (left to right) is host mom Chris Walsh, host dad Brian Walsh, host brother James and YE student Matt. Brian, a member of the Baldwinsville Club, said Matt really enjoys the traveling and they had a great time together. The Walsh family is Matt's second of three host families during his year in Baldwinsville. Cheers to great host families!



CAMILLUS-SOLVAY-GEDDES SEEKS SCHOLARSHIP APPS

The Rotary Club of Camillus-Solvay-Geddes has opened the application process at all four high schools within the club's territory: West Genesee, Westhill, Solvay and Bishop Ludden for students graduating in 2017.

The scholarships will be awarded to students seeking a four-year degree from a college or university. The focus of the scholarships is based on one of the key principles of Rotary International, "service above self".

Students in the upper 50 percent of their high school class and planning to pursue full-time studies at an accredited college or university are eligible to apply for a scholarship.

The scholarships will be awarded to eight students in the amount of \$500 each and are funded by the Camillus-Solvay-Geddes Rotary Club and the Rotary District 7150 Grant Program.

Complete scholarship information and application instructions are available at CSGRotary.org under the Youth Program heading. All applications must be submitted by May 10, 2017.