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SHARE WHAT YOUR CLUB IS  
DOING WHILE SOCIAL  
DISTANCING – SERVICE  
PROJECTS, SOCIAL EVENTS AND  
EVEN THINGS ROTARIANS ARE  
DOING TO PASS THE TIME.  
SEND YOUR STORIES AND  
PHOTOS TO LIZZY BY  
**APRIL 30TH** TO BE FEATURED  
IN THE MAY NEWSLETTER!

### Rotary's Vision Statement

**TOGETHER**, we see a world where  
**PEOPLE** unite and take action to  
**CREATE** lasting  
**CHANGE** - across the globe, in our  
communities, and in ourselves."

Friends and Fellow Rotarians,

Here are two quick bits of some much-needed humor. If you have seen or heard these already, share them with someone else.

(That is what I am doing here, of course!)

From my friend and Crewmate DG Paul Perez in District 5960, here is a new definition that has come out of the COVID19 pandemic:



R & D  
Rip Off  
and  
Duplicate

And I enjoyed this funny meme, quoted from Michael Knight (Utica Observer Dispatch, page E2, Sunday April 5, 2020):

"They said a mask and gloves were enough to go to the grocery store. They lied. Everyone else had clothes on."

Now back to Rotary Service and Connectivity!

"A candle loses nothing by lighting another candle." (James Keller)

We Rotarians, as People of Action, will be "lighting another candle" when we:

- connect with other members in your Club Zoom meeting, or teleconference call, or with another local Club's meeting
- call a neighbor or elderly acquaintance and "check in"
- donate blood; if you are healthy, make a local appointment at [redcrossblood.org](http://redcrossblood.org)
- sew cloth masks for use by your family members and to donate to a local health care facility
- remember that April 22, 2020, (Earth Day) has not been cancelled, so take a bag or bucket, wear a mask and gloves (and clothes!) and pick up trash along the road on your Earth Day walk! Wear a Rotarian At Work shirt. Take a picture and send it to Lizzy Martin for the May Newsletter.

Stay Home, Stay Safe, Stay Involved, and Live to Serve Another Day!

**Rotary Connects The World!**

**Randy Wilson**

**District 7150 Governor 2019-2020**

## DISTRICT COVID-19 FUND LAUNCHED

The world needs the spirit, talent, and dedication to service of Rotarians now more than at any time in memory. I am appreciative of the many clubs that have found creative ways to stay in touch with each other and their communities. Our clubs are living "Service Above Self" every day of this crisis, and I know that those in need are grateful.

Many clubs have incurred extra expenses as they help their communities, and some have taken a double financial hit by having to cancel or postpone major annual fundraisers. Grants through The Rotary Foundation have always been available to help with local projects, but the process of applying for and receiving grant money is not well suited to an unforeseen widespread emergency such as the COVID-19 pandemic. You've heard District leaders, myself included, tell clubs that the District is here to support clubs, not the other way around. In the words of PDG Larry Calabrese, it's time for us to "walk the walk". We have created a COVID-19 Response Fund, and its purpose is to help clubs with expenses related to COVID-19 projects in their communities. The seed money for the fund has come from a rework of the district budget, and significant donations from district leaders. We have set an initial goal for the fund of \$10,000.00, and I am confident that we will exceed that goal very quickly.

Please visit the district web site for a [link](#) that will allow you to donate by credit card (preferred) or check. We are all receiving requests for donations related to the pandemic; please keep in mind that 100% this fund will be distributed to your local clubs and fellow Rotarians who are supporting our neighbors and friends. For those clubs choosing not to meet because of self-isolation directives, this is a great way for individual Rotarians to be a part of the Rotary COVID-19 response in our communities.

On Monday, April 20, at 6:00 pm I will be conducting a meeting via Zoom to explain how each Club can apply for a grant from this fund. All Club presidents have received an invitation email with details of the meeting. More than a third of our Clubs are meeting regularly via Zoom, but if you need help connecting to this meeting, District Zoom Czar Dana Jerrard ([jerrarddana@gmail.com](mailto:jerrarddana@gmail.com)) will guide you through the very simple process (if I can do it, anyone can!). Please note that if you wish to apply for these funds, your Club must have at least one representative at this meeting.

Stay safe, and I very much look forward to our next face-to-face District event.

Yours In Service,  
District Governor Randy

## WHAT'S THE STATUS OF THE FIGHT AGAINST POLIO?

Many have asked what will happen to our efforts around the globe to eradicate polio while we are experiencing the COVID-19 pandemic. The answer is that polio efforts are being put on hold. This may result in a slight setback. But you should still be proud because this sacrifice is what the world needs at this moment, just like your community needs you to sacrifice by staying home as much as possible. Another point of pride is that the healthcare systems put in place by our polio work are being converted to help track and treat for coronavirus. Having the logistics already mapped out for tracking disease will be useful as this respiratory illness traverses the planet. [Click here](#) to read more and consider how your club can step up your support of the polio eradication initiative in the future, since it will need our support now more than ever!

## ZOOM SECURITY TIPS

Wildly popular use of Zoom for video conferencing during the pandemic has revealed some of their security flaws, as stories come out about Zoom-bombing, or uninvited guests jumping into other people's meetings and sharing inappropriate content. While many security patches have been implemented to help with this, there are still some best practices that your club can follow when using Zoom. [Click here](#) to read up!



# FOUNDATION GALA WRAP UP

Our Annual District 7150 Foundation Gala was held in February at the Craftsman Inn in Fayetteville. 95 Rotarians and guests enjoyed a delicious buffet, participated in a fun silent auction that raised \$2,300 for the Rotary Foundation, and listened to speaker Kevin Kelly, Rotary International Major Gifts Officer. A special guest was "Rotary," a Clear Path for Veterans guide dog puppy in training, made possible by a Rotary grant through local clubs.

*Photos 1: Jim Eklund, Joe Caruso & Monalisa Drissi, Photo 2: DGE Cheryl Matt, guest speaker Kevin Kelly and "Roty" the puppy, Photo 3: PDG Phyllis, Foundation Chair Mark Matt, District Treasurer LaVerne DeLand and past District Treasurer Sue Resiman, Photo 4: Kevin Kelly, Jerry Molloy and Mark Matt.*



## VIRTUAL SPEAKER IDEAS

### ALZHEIMER'S ASSOCIATION

Pamela Gratton, [pbgratton@alz.org](mailto:pbgratton@alz.org)

Learn more about this organizations services for patients and their families, resources that are available and how Rotary can support their mission.

### ROTARY THINK TANK DISCUSSION

Sally Fedrizzi, [sally@vagabondtourandtravel.com](mailto:sally@vagabondtourandtravel.com)

Contact Sally to facilitate a "book club" style discussion on an article from The Rotarian Magazine. A great, interactive session for our new virtual meeting set-up.

### ROTARY INTERNATIONAL VIDEOS

[Click here](#) for Polio Videos

The 15 minute video about Rotary's work on eradicating polio would make a great substitution for a program.

### BE MENTALLY HEALTHY IN QUARANTINE

[Rotarian Dr. Mary Berge on YouTube](#)

Use this 11 minute video as a program to share tips for taking care of our mental health while in isolation.

### CONNECT WITH THE ROTARY (ONLINE) WORLD

[Click here](#) to register

Register for this webinar hosted by Rotary International on Tuesday, 28 April, 4pm EST. It will be a question & answer session with Rotarians who are leading their clubs and districts in the move to virtual connection. You could find some news ideas & inspiration here!

Heart of America  
**Rotary**  
Zones 30 & 31



**A  
conversation  
with**

RI President

**Mark Daniel  
Maloney**

**April 22, 2020**

**3:00 PM**

Eastern Daylight Time

**TO JOIN THE ZOOM MEETING  
[CLICK HERE](#)**

Meeting ID: 390 962 849 Password: 091624

OR CALL IN AT (253) 215-8782

**SUBMIT MAY NEWSLETTER ITEMS  
BY APRIL 30, 2020**

# THE GREENING OF CENTRAL NEW YORK



ESRAG

ENVIRONMENTAL  
SUSTAINABILITY  
ROTARIAN ACTION GROUP

Join in on the new district-wide Environmental Sustainability Project "The Greening Of Central New York," a Rotary District 7150 Tree Planting Project. It is set to Launch on Arbor Day, which is Friday, April 24th. The project will be ongoing, with a first year goal of planting one tree for every District 7150 Rotarian. Planting will start this fall on a date to be determined. Currently the New Hartford, Rome and Syracuse Sunrise Clubs have will be participating. If you club wishes to sign on, contact Chuck Tomaselli at [chuck.tomaselli@gmail.com](mailto:chuck.tomaselli@gmail.com).



## KEEP YOUR VOLUNTEER MUSCLES STRONG

While volunteering and participating in Rotary meetings has taken on a different format lately, there are still many things that we can do with our desire to make a difference. Consider these ideas for yourself and/or your club!

### SUPPORT SHELTERBOX

[www.ShelterBoxUSA.org](http://www.ShelterBoxUSA.org)

Any event that can result in people being displaced creates in urgent need for housing that this Rotary partner project can address.

### LEARN NEW SKILLS

[John Maxwell Online School](https://www.johnmaxwell.org/)

Take advantage of some free online leadership courses through John Maxwell.

### DONATE BLOOD

[www.RedCross.org](http://www.RedCross.org)

One blood donation can save up to three people and they are currently seeking the plasma of people who have gotten over coronavirus.

### HAVE MORE IDEAS?

Email them to newsletter editor Lizzy for sharing with the group!

## ROTARY MONDAY MOVIE NIGHT

Every Monday at 8pm, Rotarians from around the district come together to watch a movie from the safety of their homes using the Netflix Party app. This is a program that works in your Google Chrome browser on a desktop or laptop computer, and it not only shows the movie to everyone at the same time, but it also has a chat feature on the screen so everyone can share perspectives and well wishes. The comments are a really fun part of the experience because it's all the things you want to say when you are watching a movie, but without disrupting anyone's movie watching experience! Watch your email for updates on what movie is being aired each week and send any suggestions to Lizzy Martin at [emartin@advancemediany.com](mailto:emartin@advancemediany.com) (remember, the movie must be available on Netflix!). [Click here](#) for all the instructions on how to set yourself up to participate!

## ROTARY NEEDS YOUR PEOPLE OF ACTION STORIES

Have you promoted your club as People of Action, making a difference in your community? We want to hear from you! Share examples of what you have done by submitting your People of Action digital or print ads, social media graphics, videos or other examples via the link below by 26 April, and your project might be featured in an upcoming advertisement or Rotary Voices story. Help us show the world we are People of Action!

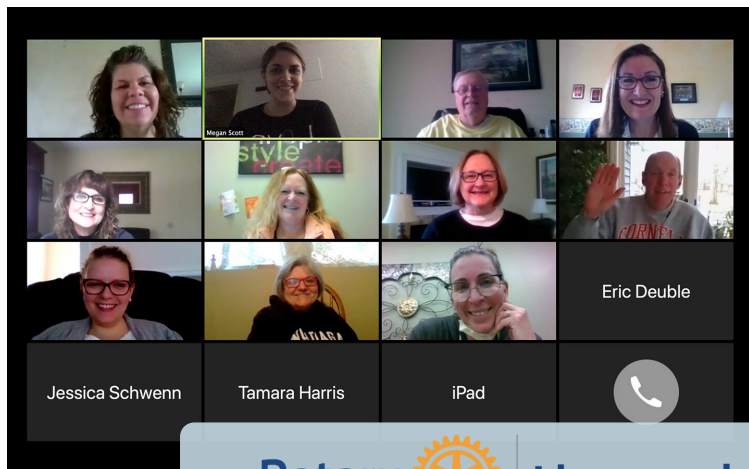
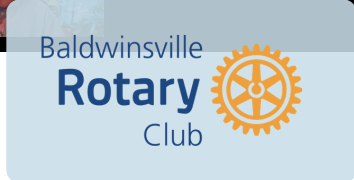
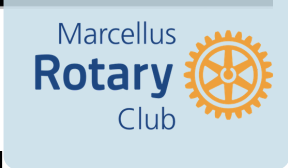
[Click here](#) to share your story!





# CLUB ARE STICKING TOGETHER THROUGH TOUGH TIMES

Many clubs are taking to Zoom (and other conferencing programs) to keep their members connected. Here are some snapshots of recent meetings, including a Utica Rotary meeting that welcomed three inbound YE alumni, the oldest of whom was here in 2000-01. Two of the three are now doctors (Hungary and Switzerland); and they got a "boots-on-the-ground" report of the COVID-19 situation in their countries (we also talked about other things). Moravia also welcomed a member who has been sick and unable to attend meetings in person. Consider all the great things about being able to connect from home instead of what might be missing.



IF YOU NEED HELP WITH GETTING YOUR CLUB'S MEETINGS ONLINE, CONTACT OUR DISTRICT ZOOM CZAR, DANA JERRARD AT [JERRARDDANA@GMAIL.COM](mailto:JERRARDDANA@GMAIL.COM).

You can also connect with clubs you know are meeting online to get an invitation and experience one of their meetings for inspiration!

# KEEPING BUSY & HAVING FUN



B'ville Rotarians are doing puzzles and crafts to stay busy and sharp! [Click here](#) to read their newsletter.



Many are dusting off their sewing machines to make masks for themselves, friends & healthcare workers!



Chittenango Rotarian Marilyn Anderson answered the call to build a snowman last month after we got a heavy cover of the white stuff. What a friendly face to put in the front yard during this time!



Camillus–Solvay–Geddes Rotarian Blair Frodelius is taking his talents to Facebook for daily song videos that will make you smile.

## DEWITT ROTARY CANCELS PANCAKE DAY

While members of the DeWitt Rotary Club volunteer throughout the year, there is one time that all 75 members work on the same project; the Annual Pancake Day. Planning actually begins months before the event with a number of meetings on Saturday mornings which are well attended by DeWitt Rotary Club members. The meetings are conducted by Davis Yohe and Carolyn Hendrickson, co–chairs of the event. This year was going to be the 66th Annual Pancake Day that was originally scheduled to be held on May 16th. DeWitt Rotarians wish to thank all the other Rotarians from around the District who had planned to volunteer at this year's event. We will miss seeing you!

If you have already purchased an ad in our Flapjack Review newspaper, you have three options:

1. Request that DeWitt Rotary keep your payment as a donation to the club's philanthropy efforts next Rotary year.
2. Request that DeWitt Rotary keep your payment for an ad contract for next year's 2021 Pancake Day.
3. Request that DeWitt Rotary refund your money.

The Rotary member who worked with you on your ad will reach out in the near future to see how you would like to handle this matter. We look forward to hosting our spring fundraiser in May of 2021.

[Click here](#) to read more about this change, the team for Pancake Day and the impact of this cancellation.

## VVS COMMUNITY ROTARY SUPPORTS LOCAL PANTRY

After reaching out to the city and school district to assess needs, the club determined the best thing they could do is donate money to the local Food Bank of CNY, located in Verona. They have an increased demand because children are home from school and parents are potentially missing paychecks. The Food Bank appreciated the \$250 donation and the club will continue to send more donations for at least four months. They are also continuing with their district grant to assist foster kids and families in need through the House of the Good Shephard, in partnership with the Oneida Rotary Club and Madison County agencies. Some of the goods being provided have changed based on their new priorities (reducing potential contamination between families...etc).

VVS Community Rotary members are so glad to be able to make a difference in their community during this unprecedented time! The club is also embracing virtual meetings on Zoom. If you have a great program for a virtual meeting, please contact [Dennis7150@gmail.com](mailto:Dennis7150@gmail.com) or [eliserotary7150@gmail.com](mailto:eliserotary7150@gmail.com).