A Holiday Message From
District Governor Jack Arney

As we navigate through the often busy holiday season, we are in the midst of the devastating events caused by the recent “Camp Fire” in our region. Rarely will we have an opportunity like this to be grateful for all we have and to feel the strength that comes from being a Rotarian. We feel the pride an inspiration from the Rotarians who have done all they can to help alleviate the suffering of the fire victim.

The holiday or, for many, the “Christmas Spirit,” fills the air each year at this time. Many clubs, companies, friends and families gather together to have their parties and share good cheer, friendship, laughs and memories of the year that is nearing its end.

The season of giving gives us the opportunity to renew our faith, love and trust of our fellow men and women and for Rotarians. It’s a time to deepen our relationship with our club members and revel in what has been accomplished and will be accomplished in the future.

I leave you with this one thought to carry with you this month. We all have heard the term, “Heaven On Earth.” No matter where you’re from, what your background is or what your religious beliefs are, we are all familiar with this saying and what it represents.

I was overwhelmed with what I saw coming from so many people over our region these last few weeks. I think the outpouring of love, care and support was exactly what must be a part of anyone’s conception of Heaven and how we should treat one another. You see, in the midst of tragedy, something amazing can (and did) occur. We focused on others and forget about our own problems...even for a moment.

I ask you, in this month of giving, to ask yourself: What can I do to create Heaven on earth for someone else? ...even for a moment.

Yours In Rotary,

DG Jack
HOLIDAY GREETINGS FROM OUR DG ELECT and DG NOMINEE

This Christmas season may you be blessed with strength and kindness to continue the service of Rotary to our world and our community.

I Wish Happy Holidays To All

During the holiday season, please share the Rotary gift with others whether you provide food, water, shelter, clothing to others in need or by inviting them to join the Rotary experience.

From me and my family, we wish everyone a Happy Holiday season.
WHAT ARE YOU DOING FOR THE HOLIDAYS THIS YEAR?

POINT WEST
Loading Cars at Cal Expo and Ringing Salvation Army Red Kettle Bells

SACRAMENTO
Collecting money to give to the Salvation Army

PASSPORT ONE
Having A Holiday Party at a Senior Care Center Bringing them Gifts, Goodies & Santa

LAGUNA SUNRISE
“Shop With A Cop” with 40 Foster Kids and Gift Wrapping Toys for Fire Fighter’s Toy Drive

WEST SACRAMENTO
“Sock It To Me” campaign. Collecting socks for the unsheltered

MARYSVILLE
30th Annual Christmas Party for Mentally Disabled Children

OROVILLE SUNRISE
“Santa’s Kids” Party For Families Identified By The Salvation Army –Gifts For the kids

RANCHO CORDOVA SUNRISE
Club Members, Interact & Community Members Fill 400-500 Baskets For those in need

PLACER VALLEY SUNRISE
“Can-Can Project.” Shopping With Kids At Kohl’s. and delivering Christmas Baskets
NORTH SACRAMENTO
Packing Food Boxes at Stanford Settlement

ROSEVILLE
Raised $7000 and Provided a Moving Van to Aide Fire Victims in Paradise Camp Fire..

LINCOLN
Adopting a Needy Family and Sponsoring and Assisting Rotaract Students write Letters From Santa to Children

CARMICHAEL
Annual Event Packing Food Boxes and Handing Them out (with Turkeys) to Needy Families.

CLARKSBURG
Working with Natomas Rotary to fill Stanford House Closet With Food.

ARDEN-ARCADE
Having a Holiday Party for Children of Laurel Ruff School—a 50 year tradition.

EAST SACRAMENTO
Adopting Families from Tahoe Elementary School, (a school they help year round).

ORANGEVALE
Adopting Families and Providing Holiday Gifts and Food Baskets to Needy Families

GRIDLEY
Coordinating Efforts To Help the Victims of the Paradise Camp Fire

INSPIRE
WHAT ARE YOU DOING FOR THE HOLIDAYS THIS YEAR?
WHAT ARE YOU DOING FOR THE HOLIDAYS THIS YEAR?

ELK GROVE
Having the Annual Christmas party for Children at Jesse Baker School. Providing lunch, gifts and Santa.

GRANITE BAY
Filling and Distributing Food Baskets to those in need and contributing to the Can Food Drive.

CITRUS HEIGHTS
Adopting a Family and providing dinner and gifts.

SOUTH PLACER
Making a Merry Christmas for 24 families identified by the School District. (Food & Gifts)

SOUTH SACRAMENTO
So. Sac Wishes All District 5180 Rotarians Happy Holidays.

RANCHO CORDOVA
Club Meeting was held at the Cordova Food Locker. Food Baskets packed and distributed to hundreds.

FAIR OAKS
Filling 125 Food Baskets for families of students at North Ridge Elementary School.

YUBA CITY
Members are bringing gift cards to their Christmas Party. All money collected will go to fire victims.

NATOMAS
Working with Clarksburg Rotary to fill Stanford House Closet with food.
EL DORADO HILLS

Having an Ice Cream Social for Seniors. There will be entertainment and food.

FOLSOM

Helping with the victims of the Camp Fire Disaster through the District 5180.

MID-TOWN

Works with WYS (Wind South Svcs) to provide back packs for homeless youth full of gifts, food & other necessities.

POCKET- GREENHAVEN

Provide hats, mittens, gift bags to homeless youth. Work with Interact to send Christmas cards to Marines.

WEST SAC. CENTENNIAL

Having a Holiday Dinner at the Teen Center and giving them $2000.

LOOMIS SUNSET

Having a booth at the Loomis Tree Lightening event with Interact and Giving out hot chocolate.

FOLSOM LAKE

Participate with HART program in Folsom.

FOOTHILL-HIGHLANDS

The Club Wishes Everyone in the District a Happy Holiday Season.

S. YUBA COUNTY SUNRISE

The Club Wishes Everyone in the District a Happy Holiday Season.
WHAT ARE YOU DOING FOR THE HOLIDAYS THIS YEAR?

WALNUT GROVE
Individual Club Members will be adopting families and providing dinner and gifts for them.

TWIN RIVERS
Twin Rivers wishes everyone in the District Happy Holidays.

SACRAMENTO BREAKFAST
Having a fundraiser selling poinsettia's. Over $2500 raised will be given to a charity.

HISTORIC FOLSOM
Historic Folsom Members wish Rotarians Happy Holidays.

OROVILLE
Volunteering to Help Relief efforts for the “Camp Fire” victims.

TWIN RIVERS wishes everyone in the District Happy Holidays.
The greatest gift you can give during the holidays and year round, is the gift of life to someone who needs blood.

Hundreds of our District 5180 Rotarians have proudly given the precious gift of blood that has helped Vitalant (formerly Blood Source) become the sole provider of nearly every drop of blood used in 40 hospitals in our region.

Many of us wondered why Blood Source merged with Vitalant earlier this year. We felt as if we were losing an old friend. In actuality, a total of ten blood center brands united under the Vitalant brand. Founded in 1943, Vitalant is one of the nation’s oldest and largest non-profit transfusion medicine organizations. By joining Vitalant, the ten smaller centers became part of a more cohesive support structure and gained a national and international presence.

Even though the name has changed, our District 5180 remains committed to doing our part to meet the essential need to supply blood to the many people that need transfusions daily. DG Jack has started our blood drive challenge again this year. Make sure you tell the people at Vitalant your club’s name, so your club will get credit when you make a donation.

To donate blood go to www.vitalant.org to find a location near you.

When you donate blood remember to tell them the name of your club.
HANUKKAH—THE JEWISH FESTIVAL OF LIGHTS

Hanukkah remembers the rededication of the second Jewish temple in Jerusalem, in Israel. Hanukkah lasts for eight days and starts on the 25th of Kislev, the month in the Jewish calendar that occurs about the same time as December.

This year, Hanukkah will be from the evening of Sunday, December 2nd until the evening of Monday, December 10th.

During Hanukkah, on each of the eight nights, a candle is lit in a special menorah candelabra called “hanukkiyah.”

Traditions during Hanukkah include eating foods fried in oil (like jam-filled donuts). Other traditions are playing with 4 sided spinning top called dreidels and exchanging gifts.

DID YOU KNOW:
1. Around 17.5 million oily donuts are eaten in Israel during Hanukkah
2. Throughout Hanukkah each menorah burns through 44 candles, adding one candle each night, plus the “shamash”- the extra helper candle.
3. Hanukkah is spelled in sixteen different ways from Hanukkah to Chanukah.
4. Hanukkah is not a major Jewish holiday and is not even mentioned in the Torah.
5. You can buy scented candles for your menorah.

2. The meaning of the number “7.” There are seven principles and seven primary symbols that emphasize a set of unique values and ideas during the seven days of Kwanzaa...also spelled with seven letters.

3. The first US Postage stamp to commemorate Kwanzaa was issued in 1997. There have been 5 designs released since then, the most recent being 2018. (see above)

4. Kwanzaa is rooted in African culture however, people from all racial and ethnic backgrounds are welcome to join in the celebration.

5. With over 2000 languages spoken on the African continent, Kwanzaa adopted one of the many unifying languages, Swahili, which is spoken by millions. The name “Kwanzaa” comes from a Swahili phrase meaning, “First Fruits.”
OMISOKA is celebrated on December 31st. In preparation for the new year, and a clean slate. People purify their homes and remove last year’s clutter by cleaning their rooms from top to bottom. This is called “Osoji.”

New Year, (OMISOKA) is the most important holiday in Japan

The people of Japan have a huge feast with friends and family with some traditional Japanese food. They go out or stay in their homes and watch a nation wide New Year’s talent competition until it’s time to count down to midnight. Omisoka isn’t just about having a party. It is considered a spiritual event for many Japanese people, and at midnight they visit Shinto shrines. Temples ring a large cast iron bell at midnight to signify the 108 earthly wants that created human suffering.

Japanese New Year Traditions:
On New Year’s Day, you will see legions of Japanese Post employees whizzing along in scooters delivering New Year greeting cards.

Sadly, this tradition is dying. The young people prefer to send cards by email or not send cards at all. Where have we seen that before?

Japanese give money to children during the New Year. This is known as Otoshidama. A symbolic amount of money is handed out in small envelopes called Pochibukuro.

In order to keep away evil spirits, the Japanese hang a straw rope in front of the entrance of their door. This brings good fortune.
1. Jingle Bells started as a Thanksgiving song.
2. Christmas decorating sends nearly 15,000 people to the ER.
3. Santa has his own zip code in Canada.
4. According to the U.S. Postal Service, we ship 85 million packages and 15 billion pieces of mail during the Christmas season.
5. About 90% of Americans celebrate Christmas.
6. Retail sales for the months of November and December are projected to be $717.45 billion.
7. Mistletoe is considered an aphrodisiac.
8. Ham, not turkey, is the festive favorite.
9. Candy Canes got their start in Germany.
10. The most popular Christmas song is Mariah Carey’s “All I Want For Christmas Is You.”
11. The best-selling Christmas song of all time is Bing Crosby’s “White Christmas.”
12. Santa Claus originated in a newspaper ad in the mid 19th century.
13. Santa’s red suit came from a Coca Cola ad in the 1930’s.
14. Scrooge did not celebrate Christmas with the Cratchit’s. In the book he celebrates with his middle class nephew.
15. Rudolph was conceived in a department store ad by Montgomery Wards as a marketing gimmick to get kids to buy coloring books.
Global Winter Wonderland  Nov. 23 to Jan. 6

Cal Expo is aglow with this spectacular light show, in which giant lanterns (some as tall as 70 feet) are illuminated by hundreds of thousands of LED lights. This year’s show is entitled “Magic of the Seasons” and includes scenes and characters like an autumnal harvest wizard and a summery seafaring mermaid. Other highlights of the glimmering display include an ice skating rink and culturally themed days like Slavic Day and Shah Jahan Night. $18 ($14 for ages 12 and under). Times and days vary. Cal Expo. 1600 Exposition Blvd. 510-962-8586. globalwinterwonderland.com

Winter Wonderland  Dec. 8, 9, 15, 16

Just hear those sleigh bells jingling, ring-ting-tingling, too at Fairytale Town during this yuletide celebration. The park will be covered in sparkling decorations, and each night at 7 p.m., falling manmade snow flurries as well. Boys and girls on the nice list can listen to a quartet of Victorian carolers singing holiday tunes, visit Santa’s workshop and, on select days, shake paws with two of his reindeer. $4.50-$5.50. Thurs.-Sun. 1-7 p.m. Fairytale Town. 3901 Land Park Dr. 808-7462. fairytaletown.org

Hands on History: A Simple Emigrant Christmas  Saturday, Dec. 8th

After gold was discovered at Sutter’s Fort in the 1840s, people from all over the globe flocked to the prosperous Sacramento Valley. This event offers a glimpse into how those cultures celebrated Christmas together through activities like dipping candles, making handcrafted Christmas ornaments and stringing popcorn to decorate the Fort tree. Other highlights include live music and sampling of treats like Scandinavian braided bread. $7 ($5 for ages 6-17; free for ages 5 and under). 10 a.m.-5 p.m. Sutter’s Fort State Historic Park. 2701 L St. 445-4422. suttersfort.org

Holiday Magic  Saturday, Dec. 8

Christmas will come early to the wild residents of the Sacramento Zoo, who will get to open their wrapped, edible gifts—like stockings stuffed with yams and carrots for the primates, edible wreaths for the giraffes and painted boxes with meaty treats for the big cats—during this annual holiday event, while docents share insights into the animals’ diets and eating habits. Zoo visitors will receive $1 off admission by bringing a nonperishable food item, which will be donated to a local charity. $11.75 ($7.75 for ages 2-11). 10 a.m.-4 p.m. Sacramento Zoo. 3930 West Land Park Dr. 808-5888. saczoo.org
A Christmas Carol  Nov. 28 through Dec. 27

B Street Theatre presents an original adaptation of the Charles Dickens classic *A Christmas Carol* as part of its family series. The age-old tale of Ebenezer Scrooge, a miser who is shown the error of his ways by three spirits on Christmas Eve, is given an offbeat comedic treatment by B Street's producing artistic director Buck Busfield, who sets the scene two years later when Scrooge is back to his old closefisted self and has to relive the entire ghostly scenario. **$20. Sat. & Sun. 1 & 4 p.m.** B Street Theatre's B2 Stage. 2711 B St. 443-5300. [bstreettheatre.org](http://bstreettheatre.org)

Theatre of Lights  Through Dec. 24

Old Sacramento will be awash with sound, color and lights, as wintry scenes (such as that of falling snowflakes) get projected onto building façades while Bill Farmer, who has also served as the voice of such Disney characters as Goofy and Pluto, recites “The Night Before Christmas” as Mark Twain and other characters. Appearances will also be made by the mischievous Jack Frost and jolly old Saint Nick. **Free. Thurs.-Sun. 6:15 & 7:45 p.m. (Dec. 21-23 at 6:15 & 7:45 p.m.; Dec. 24 at 6:15 p.m.; Dec. 31 at 7 & 8:30 p.m.) K St. between Front and Second streets. Old Sacramento. 442-8575.** [oldsacramento.com](http://oldsacramento.com)

The Biggest Show on Snow  Through Jan. 3

There’s no place like home plate for the holidays. This year Raley Field has been transformed into a winter wonderland with the addition of an ice skating rink, a 40-foot tall Monster Ice Slide, and a flurry of man-made snow every day from 6-8 p.m. Visitors can choose their family tree at the Christmas Tree Farm, greet Kris Kringle (on select days) and jump around in the Kid’s Zone bounce houses, as well as take part in themed dress-up days like *Star Wars* night (Dec. 15), Ugly Sweater night (Dec. 22) and Disney night (Dec. 26). This frosty extravaganza will also boast the first ever outdoor ice hockey game in the western U.S. with a bout between the American Hockey League’s Stockton Heat and the Bakersfield Condors on Dec. 18. **$10-$20 (Free for ages 4 and under). Times vary by day. Raley Field. 400 Ballpark Dr. West Sacramento. 376-4700. biggestshowonsnow.com**
Museum of Wonder and Delight

Ongoing Unleash your imagination at Folsom’s new Museum of Wonder and Delight, which hosts a Christmas Dreams gallery that features themed displays of figurines and toys (some dating back to the 19th century) from toy collector and UC Davis Professor Emeritus of Design Dolph Gotelli. He has created over 40 vignetted—each housed in a display case, some measuring as large as 12 feet wide and 5 feet tall—that evoke the spirit of Christmas, including "Mother Goose's Ball," which shows Mother Goose and Santa dancing during a festive gathering, and "Welcome Father Rabbit," in which a bunny dressed as St. Nick has just visited a rabbit family’s dwelling. $5 (2 for ages 6-17; free for ages 5 and under). Tues & Weds. 11 a.m.-4 p.m. Thurs-Sun. 11 a.m.-8 p.m. 905 Leidesdorff St. Folsom. 985-4871. museumofwonderanddelight.org

Holiday in the Hills

Through Dec. 23 Sutter Street Theatre is mounting its 10th annual Christmas show, in which they bring historical local figures to life—like former Folsom Telegraph editor Peter J. Hopper, bandit Tom Bell and madam Emma Spencer—and reenact how the townfolk celebrated the season back in the day through scenes, comedy sketches and songs. $15-$23. Times vary by day. Sutter Street Theatre. 717 Sutter St. Folsom. 353-1001. sutterstreettheatre.com

Nevada City Victorian Christmas

Through Dec. 23 Get set to be transported to the yuletide of yesteryear as Nevada City—which last year made Fodor’s Travel’s list of “Top 10 U.S. Towns with Huge Christmas Celebrations”—welcomes boisterous bagpipers and joyful carolers (dressed in traditional Victorian-era attire) and more. The historic downtown will be decked out in twinkling lights and holiday trimmings, and visitors can take part in horse-drawn carriage rides and munch on street treats like roasted chestnuts. Free. Wed. 5-9 p.m. (except Dec. 9). Sun. 1:30-6 p.m. Downtown Nevada City. 530-265-2692. nevadacitychamber.com
The Nutcracker  Dec. 14-23

Featuring choreography by co-artistic director Ron Cunningham, Sacramento Ballet’s presentation of The Nutcracker—the holiday tale that explores the vivid dreams of young Clara on Christmas Eve—will have 500 young dancers twirling alongside company members to Tchaikovsky’s iconic music, which will be played live by the Sacramento Philharmonic at six select performances, including Dec. 20 and 22 at 1 p.m. $19-$75 ($33-$80 for live music performances). Times vary by day. Community Center Theater. 1301 L St. 552-5800. sacballet.org

Sacramento Santa Run Dec. 15

Here comes Santa Claus, here comes Santa Claus—or thousands of racers dressed like him—right down Capitol Mall, through Old Sacramento, over the Tower Bridge and back for this holly jolly 5K fun run (less ambitious Saint Nicks can opt for the shorter Merry Mile). Runners can fuel up on Christmas cheer at candy cane and refreshment stations throughout the course, which will also feature performances by carolers dressed in Victorian garb. Milk and cookies—as well as photo-ops with the “real” Father Christmas—await at the finish line at Downtown Plaza. $30-$50. 9 a.m. race begins at California State Capitol. sacramentosantarun.com

PJ Party Christmas Eve

Dec. 24 At this annual soirée, Sacramento Zoo visitors will receive free admission and get free reign to explore the park in their pajamas. Meanwhile, staff members—including new executive director Kyle Burks—will serenade passersby with yuletide carols. Free. 10 a.m.-1:30 p.m. Sacramento Zoo. 3930 West Land Park Dr. 808-5888. saczoo.org
I’m A Little Reindeer Ready To Fly,
I’ll take Santa Into the Sky

I’m much brighter than all the rest,
‘Cause I Live By the Four-Way Test

THE FOUR-WAY TEST
Of things we Think, Say, or Do
1. Is it the TRUTH?
2. Is it FAIR to all concern?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concern?

Wishing You a Happy Holiday Season,

Carol

Happy Holidays from Your District Newsletter Editor,
Carol Langley
The “Camp Fire” that raged through Butte County brought loss of lives, devastation and destruction to a degree never before experienced in California. It would be impossible for us to enjoy this holiday season without thinking about the thousands of people whose lives will remain affected by this fire long after the last flicker of a flame has been extinguished.

All too often we hear about tragedies that happen in other parts of the world and while we feel empathy, it is only when it happens close to home that we understand the impact something like this has on human lives. Just a few weeks ago Paradise was a small community in the Foothills, today the town has been leveled.

The worst of times bring out the best in people, and we have seen the best in our District Governor, Jack Arney. When Jack realized the magnitude of the fire, he went to evacuation centers in Gridley, Yuba City and Chico. He wanted to see for himself how we could help the relief efforts. He also wanted to show the Rotary Club of Gridley and the two clubs in Oroville that our district supported them and would do what we could to help.

We can be proud of our District Governor and to all our Rotarians who volunteered at the evacuation centers as well as those of you who donated money to help the cause. Together we have shown that Service Above Self is not just a Rotary tag line, it is the way we live.

Jack said donations are critical, and in the spirit of the holidays, we need to continue sending whatever we can to answer the call.

You can send checks to:

*Rotary District 5180 Foundation,*

*4917 Olympia Court*

*Carmichael, CA 95608*

(Be sure to note the money is for the fire victims in the memo.)

Or you can donate electronically by clicking the link below:

https://www.paypal.com/cgi-bin/webscr?cmd=_s-click&hosted_button_id=22P69BNQYD9ZN
## BOARD OF DIRECTORS

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<tr>
<th>Position</th>
<th>Name</th>
<th>Club</th>
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<tbody>
<tr>
<td>District Governor</td>
<td>Jack Arney</td>
<td>Rotary Club of Roseville</td>
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<td>Secretary</td>
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<tr>
<td>Chief of Staff</td>
<td>Mary Lyn Kagan</td>
<td>Point West Rotary</td>
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<tr>
<td>Treasurer</td>
<td>Russell Trumm</td>
<td>Rotary Club of Roseville</td>
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<td>Foundation Chair</td>
<td>PDG Glenn Fong</td>
<td>Rotary Club of Roseville</td>
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<td>Membership Chair</td>
<td>Charlie Harrison</td>
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<td>Public Image</td>
<td>Rita Gordon</td>
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## GOVERNORS

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<tr>
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<td>Ray Ward</td>
<td>Rotary Club of Fair Oaks</td>
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<tr>
<td>District Governor Nominee</td>
<td>Brent Hastey</td>
<td>Rotary Club of South Yuba County</td>
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## Assistant Governors

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<tr>
<td>Area One</td>
<td>Shelton Enoch</td>
<td>Rotary Club of Oroville</td>
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<td>Area Two</td>
<td>Justin Whitsell</td>
<td>Rotary Club of Citrus Heights</td>
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<tr>
<td>Area Three</td>
<td>Megan Ham</td>
<td>Rotary Club of Passport One</td>
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Assistant Governors

Area Four  
Angela Spease  
*Rotary Club of Laguna Sunrise*

Area Five  
Dave Veden  
*Rotary Club of Natomas (Sacramento)*

Area Six  
Joe Scheimer  
*Rotary Club of Fair Oaks*

Area Seven  
Brian Gladden  
*Rotary Club of Roseville*

Area Eight  
Desiree Wilson  
*Point West Rotary*