

Rotary

DISTRICT 9211

Tanzania & Uganda



ROTARY:
MAKING A
DIFFERENCE

December, 2017

THE WAVE

District Governor's Newsletter

Volume 5 Issue 6

A Monthly Publication of District 9211

Plant a tree means, plant a million lives



DISEASE PREVENTION, CURE AND TREATMENT

If you are
working on something
exciting that you really
care about,
you don't have
to be pushed.
The vision pulls
you.

STEVE JOBS



THE EDITOR

Rtn. Julie Kamuzze-Musoke

EDITORIAL

Congratulations upon the completion of the five months. The Wave Team joins with all clubs to celebrate your achievements in making a difference. Special congratulations to our District Governor Ken on completing his official club visits as scheduled in D9211. We were all motivated. Well done!

We begin the month of December which is designated in Rotary for Disease Prevention, Cure and Treatment. And because of this, our cover page is taken from the different sites of the Rotary Family Health Days. We thank everyone who participated in this activity to make a difference in your respective communities.

On another note, December is a time when many of us sit back and reflect on the year, take stock of its ups and downs, lessons learned and changes that will allow us to flourish in the New Year. The Wave team wishes you a happy festive season.

Our main goal remains to bring you informative and interesting stories. Read District Governor Ken's message to see whether your club is on top of it. Read Rtn Fredrick Kibeddi's encouraging article and pick some good lessons. Do not forget to read the Health Focus. We have also shared a pictorial of the various activities that Rotarians in the District and beyond are doing in the service above self during the month of November.

Enjoy the Wave!

FROM THE
WAVE
TEAM

Merry Christmas

Save the Date
**Coming
SOON!**

Rotary International
President Elect Barry
Rasin will visit D9211 in
February 2018.
He will be in Uganda
from February 8-11, 2018.
WATCH THE SPACE!



**WORLD
AIDS
DAY**
1 DECEMBER



CONTENTS

- 01 *RI President's Message*
- 02 *Trustee Chair's Message*
- 03 *District Governor D9211 Message*
- 04 *District Rotaract Representative's Message*
- 05 *Health Focus*
- 06 *Defying the Odds*
- 07 *The Rotary Marines of East Africa—Uganda*
- 08 *RI President Tree Planting Challenge*
- 09 *Upcoming Events*
- 10 *Rotary Making a Difference*
- 14 *Achievers Corner*
- 15 *District Governor Ken visit to clubs*



TOGETHER LET'S END IT!

Ian H.S. Riseley
President
Rotary International



**ROTARY:
MAKING A
DIFFERENCE**

Seventy-two years ago, the United Nations was founded "to save succeeding generations from the scourge of war ... [and] to practice tolerance and live together in peace with one another as good neighbors." Despite those worthy aspirations, and generations of investment in achieving them, the "scourge of war" is still with us: Last year, more than 102,000 people died in 49 armed conflicts around the world. Some of those conflicts were in their fifth decade or beyond. Terrorism, intolerance, and extremism; the refugee crisis; and environmental degradation are now global challenges.

Collectively, we seem further than ever from achieving the goals that were set with such ambition and optimism in 1945. Yet hope endures, as long as there are people willing to work for a more peaceful future – not only through their governments, but also beside them and beside each other. Today, Rotary is better placed than ever to have a real and lasting impact for peace: through our peace-focused programs, such as Rotary Peace Fellows, and through every area of our service. Water, sanitation,

health, education, and economic development are all interrelated and part of the complex interactions that can lead to conflict – or avert it. To best leverage our service in all these areas, and to maximize their impact for peace, it is



PLEDGE to PLANT

essential to understand these interactions and plan our service accordingly.

For these reasons, we have scheduled a series of six presidential peace building conferences between February and June in Canada, Lebanon, the UK, Australia, Italy, and the United States. These conferences will focus not on peace but on *peacebuilding*: We will share ways

that we can work to build peace through the service of our Rotary clubs and districts. Five of the one-day conferences will illuminate the connections between peace and another area of focus. The first conference, in Vancouver, B.C., will explore the link between peace and another sphere of great concern to us in Rotary: environmental sustainability. You can view the full schedule and register at www.rotary.org/presidential-conferences.

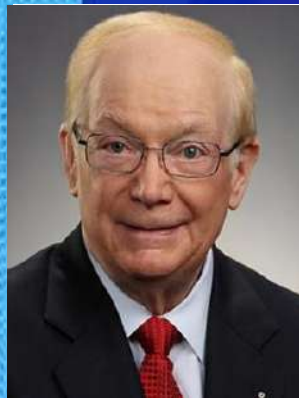
The goals are simple: to help Rotarians find new ways to advance peace through their service, to learn from experts, and to strengthen our abilities to build peace. It is my hope and belief that these conferences will help us move closer to a more peaceful world, through *Rotary: Making a Difference*.



RI President Ian Riseley at Nyoka Ridge, South Africa



Paul A. Netzel
Trustee Chair 2017-18
Rotary International



**ROTARY:
MAKING A
DIFFERENCE**

This month my focus is on the purpose and power of partnerships.

We have a history of partnerships at all levels of Rotary. We partner member to member, club to club, district to district, all finding support from the wide variety of The Rotary Foundation's programs, projects, and grants. How powerful this continues to be!

But only in the last several decades have we paid much attention to the idea of partnering with organizations outside of Rotary. Most would agree this change led to the Global Polio Eradication Initiative, which has accomplished so much through each partner sharing its expertise and working together with a common purpose. This public-private partnership for global health is on the verge of eradicating an infectious disease affecting humans for only the second time in history.

Simply put, partners agree to cooperate in advancing mutual goals. In so doing, they accomplish much more than one entity can alone. We now understand that to maximize our impact, Rotary must establish innovative partnerships, not just at all levels within our organization, but outside of Rotary as well.

Our second major partnership initiative

has been the Rotary Peace Centers program. In little over a decade, our peace centers have trained more than 1,100 individuals. Through this program, Rotary Peace Fellows develop the skills they need to serve as leaders and catalysts for peace and conflict resolution both in their communities and around the globe.

Thanks to the ongoing work of the Joint Committee on Partnerships, which includes RI directors and Foundation trustees, the number of Rotary partnerships continues to grow. The Partnerships page at Rotary.org (go to About Rotary, then choose Partners) has a tremendous amount of information. Please take a few minutes and explore the page. Make sure to scroll all the way down to learn more about the partners and – most important – how your club or district can get involved.

As we head toward 2018 and consider which New Year's resolutions we will make, dream big about the service opportunities waiting for us with our dedicated partners.

Make 2018 the year to take advantage of all that Rotary offers and see how much more productive and effective we can be using the power of partnerships.

Best wishes to you for a very happy new year.

“Rotary International’s masterpiece is The Rotary Foundation. It transforms our dreams into splendid realities it is the most generous expression of Rotarian generosity - a generosity that not only brings benefits but also brings help and cooperation to solve the problems that affect mankind. The Rotary Foundation achieves the best that mankind can possibly achieve.”

Paulo Costa, Past President of Rotary International, 1990-1991

In the olden days people died through starvation, a lack of cleanliness and medical knowledge. Now we have plenty of food, we wash our hands with soap, go to the doctor when ill and use all sorts of technology to diagnose and treat conditions that affect our quality of life. However in the western world our desire to live longer and better has created life threatening conditions such as high blood pressure, obesity, Diabetes, cancer and coronary heart disease.

So, is there really a role for Rotary in disease prevention, cure and treatment? And will we as Rotarians live long and healthy lives to enable us to take on such a role?

Studies show that a diet made up of fruits, vegetables, nuts and seeds, as well as meat, fish and eggs, is best for weight control and improvement in risk markers for illnesses, such as heart disease and diabetes. The notion of eating mindfully, drinking plenty of water and getting enough sunlight, and sleep, as well as walking regularly with a touch of resistance exercises to maintain muscle mass and strength seems achievable. So if we keep fit and healthy in mind and body what can and should we do about good health in the rest of the Rotary world? Well, being an active participant in the Rotary movement to Eradicate Polio comes to mind and Donations to the Rotary Foundation will be gratefully received at any time of the year. The work of our Foundation never stops!

The eradication of polio is Rotary's top priority in the area of Disease Prevention, cure and Treatment. It is important that we remain vigilant in supporting the End Polio Now campaign - we are really "this close". The call to 'Rotary Making a Difference' as coined by the Rotary International President Ian Risley, is the theme for this Rotary year. I applaud every Rotarian for generously responding to this worthy call through the many projects you have implemented in your communities to fight various diseases. This time around we have covered halfway the journey we set

District Governor's Message



Kenneth Wycliffe Mugisha
District Governor 2017-18
Rotary Club of Muyenga

ourselves to travel; time to reflect on the club goals we set to achieve during the year. We need to check whether we are still on track, and if not, what has not happened? Do we need to change strategy or has the environment changed that has prevented us from achieving our goals. It is also a time when we should be preparing to pay our 2nd semi-annual dues to RI. The leadership team should now be checking and updating the membership lists to ensure that only deserving members are included to avoid the club for members who are there to drain the club resources.

It is this time of the year when we consolidate our efforts in preparation for the much anticipated District Conference & Assembly (DCA). The 93rd DCA that will be held from 2nd - 5th May 2018 at Imperial Resort Beach Hotel, Entebbe will be a unique and memorable experience full of fun, learning and indulgence in Uganda's natural endowment and hospitality. The conference theme is **"Making a Sustainable Difference"**. This highlights the added value of taking a sustainability outlook to our service in

the environment.

The conference will bring together various Rotarians, Rotaractors, Partners and Guests from the district and around the world. Join us in Entebbe as we celebrate. The difference we are making, Mission Green milestones, 50 years of Rotaract and the Sam Otori legacy.

You very well know about my passion with the environment through the Mission Green "Plant a tree means plant a million lives". I am glad that this too has been embraced. I thank you and urge you to maintain the momentum across all these avenues of service. Many clubs have also embraced the spirit of Partnership in the implementation of projects. This is a great innovation that cements friendship across clubs and has far reaching effects on leveraging resources for impact and outcomes in the communities we serve. I am hopeful that ultimately, all clubs will have met or exceeded their targets ahead of the DCA celebration. I call upon all those who have not yet registered to take advantage of the favorable rates of \$180 and \$85 for Rotarians and Rotaractors respectively before the 31st December 2017 deadline.

Do not miss the opportunity to make new friends while at the same time celebrating the achievements for the year 2017-2018.

Judith, Keith, Tyra and I wish you love, joy and peace this holiday season as we continue to make a difference.



Greetings Rotarians,

Nothing beats a perfect sunny morning, when you filled with energy, zeal, awesome ideas and above all good health. You leave your house all smiles ready to change the world through service. It is my humble prayer that whoever is reading this right now is in perfect and great health. **But what is good health?**

The notion of eating mindfully, drinking plenty of water and getting enough sunlight, and sleep, as well as walking regularly with a touch of resistance exercises to maintain muscle mass and strength is achievable. Our health is everything.

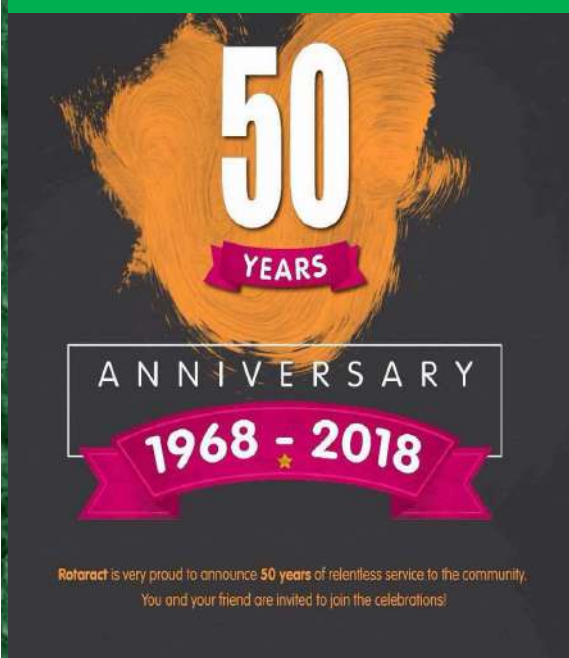
It has further been suggested that practising random acts of kindness and active appreciation of such things as friends and family, a beautiful landscape or sunset, can significantly lift our mood exceptionally well. Through fellowship, we are able to achieve it.

It is from having good and healthy lives that we are able to serve our different communities all over the world. Therefore it does not surprise me that this is one of the key areas of focus in Rotary. We cannot serve if we are not in good health.

Whereas we may storm those communities, treat the mothers, children and fathers, contribute to the Rotary Foundation in support of the End Polio Campaign, Fight against Malaria and HIV/AIDS, Run for Cancer, Build hospitals, maternal wards and successfully organise Family health days, if we as the volunteers and people in service do not observe or take care of our own health, am afraid our numbers will keep reducing. We all know the power of numbers and eagerly invite so many to join us, but what have you done in your capacity to observe good



Amina Nasaazi
District Rotaract Representative 2017-18
Rotaract Club of Bukoto



health and increase on the time that you are going to be with us.

Every time we lose one of our own to a disease that we fight so hard to save others from, it leaves me wondering, **where have we gone wrong? Have we been too busy looking out for communities around us that we forgot to look out for ourselves? I wonder!** Take care of yourself, live a healthy life. If we all do that, and look out for each other as members of this prestigious fraternity, we are going to have more energetic volunteers serving tomorrow and therefore make an everlasting difference in our communities.

"Did you know that more than 100 million people are pushed into poverty each year because of medical costs?" Therefore every time we set up temporary structures and clinics to extend affordable treatment to the rest of the world as well as educate them on how to maintain a healthy life, we are reducing the poverty levels. Why wait to be among the 100 million people.

Start making a difference in your life health wise now.



"Eliminating a disease is the ultimate in sustainable development: an investment that yields I nfinite returns." In our region, disease prevention and treatment is certainly a priority and we have seen the ill effects that disease can have on a family, on a workforce and on a country's economy.
President Ravi Ravindran.

By Rtn. Dr. Rosemary Byanyima



Not long ago, the Rotary fraternity woke up to the sad news about the sudden death of Rtn Abel Rwendeire. He suffered a heart attack and succumbed to it. May he Rest in Peace.

Heart attack occurs when the flow of blood to the heart muscles is blocked. This is normally due to a slow buildup of fat, cholesterol and other substances which block the blood vessels that supply the heart muscles. The resultant reduction or total denial of blood flow to the muscles damages the heart muscles and therefore the heart fails to carry out its function of pumping blood. Heart attack also called Myocardial Infarction (MI), can be fatal, but treatment has improved dramatically over the years and many lives have been saved.

Risk factors for heart attack include high blood pressure, diabetes, obesity, consuming foods with high cholesterol and lack of physical activity. As you may realize some of the above risk factors are modifiable and others can be treated. Cigarette smoking is another risk factor because of thousands of chemicals contained therein including nicotine, increase your blood pressure, making your heart work harder and susceptible to MI.

The most common symptom that comes with heart attacks is chest pain or a feeling of tightness around the chest as if the heart is expanded. This may also present as central chest pain that keeps recurring. The degree of pain can be mild or severe.

The extreme is when the pain is sudden and crushing in nature. However these symptoms can be insidious lasting days or even weeks. Other nonspecific signs and symptoms of heart attack include pain in both arms, back, neck and jaws

with nausea, vomiting, fainting and cold sweat.

Surprisingly some patients do not get these warning sign of chest pain and this phenomenon is known as "silent heart attack". It is also important to note that about 20 percent of patients age 45 and older will have another heart attack within five years of their first one.

The diagnosis of heart attack is based on the person's symptoms, family medical history and the results of medical tests.

Patients who present with symptoms of



heart attack are tested with Echocardiogram (Cardiac Echo) a test that uses ultrasound to allow doctors see the heartbeat, valves and other structures of the heart so that they are able to identify the problem. The other test is electrocardiogram (ECG) which detects and records the electrical activity of the heart. There are also complementary blood tests like cardiac protein enzymes.

A procedure called Percutaneous Coronary Intervention (PCI), a mechanical means of treating heart attack can then be performed to relieve the obstruction to blood flow into the heart muscles.

This is preceded by specialized cardiac catheterization to examine blood flow to your heart. About 36% of hospitals in the U.S. are equipped to use PCI and in Uganda only the Uganda Heart Institute at Mulago has such equipment.

Administration of drugs known as fibrinolytic agents to restore blood flow is an alternative method of treatment. Treatment should be expedited to prevent heart muscle damage due to resultant lack of oxygen. The predisposing factors to MI as mentioned earlier, should also be treated.

After successful treatment of Heart Attack, attending follow-up cardiac clinics for patient monitoring is crucial. You will require Cardiac rehabilitation, a medically supervised program designed to help you recover after a heart attack; that is if you have been lucky to survive.

Complications from heart attack like heart arrhythmia can occur. Because of damage to the muscle, the heart can start to beat erratically as it struggles to keep pumping and this has to be managed medically. The heart valves may also be damaged thus failing to prevent back-flow of blood between heart chambers.

Another complication is Heart failure, where the heart can no longer pump adequate blood to your body, resulting in shortness of breath and fatigue.

In conclusion, this message is to alert you of this potentially fatal cardiac problem in a bid to encourage you to prevent it and make you aware of the signs and symptoms so that you may seek timely medical attentions.

Rosemary Byanyima is the District Chair for Malaria and AIDS Committee and a member of the Rotary Club of Kololo

DEFYING THE ODDS

By Rtn. Fredrick Kibedi



A few months into my life, I was diagnosed with sickle cells and given a life expectancy of no more than 10 years only! Against the odds, I have celebrated my 45th Birthday.

With a sickly kick start to an assumed short life, I surprised my parents and doctors by celebrating my 10th Birthday. At this point the doctors said my life expectancy might be extended another 4 years. In my 10th year, I fell ill and spent most of the year either hospitalized or recuperating at home. Despite this I was able to excel in my PLE exams a few years later. I was actually one of the best students in the country and while everyone was in jubilation my mother cried at the thought that this brilliant boy had only another year or so to meet the declared life expectancy of 14 years.

I was enrolled at Busoga College Mwiri, one of the best schools in the Uganda and it was here that my life changed. I met with a group of people that influenced my life. They were members of the scripture Union. They prayed for me to be healed and was told if I really believed, I would indeed be healed. By faith I stopped taking my medication breaking the daily routine of my short life. From that time to date, I have never suffered a sickle cell attack. Medical tests confirmed I did not have sickle cells. What I saw as a miracle healing, the doctors saw as a lab error. I had once again beaten the life expectancy.

In 1997 I woke up paralyzed from the waist down. I was operated on my spine and told that it was unlikely I would ever walk again. But I defied the odds and was able to dispose off the wheel chair. Today I walk without assistance albeit with a limp. After the success of my operation, I married my longtime friend Beatrice in 2000. Together we have 4 children.



Knowing I was living some 30 odd years beyond my life expectancy, I decided to smile through my pain never allowing the difficulty of any situation to deny me the opportunity to smile and indeed those who know me know that I have a perpetual smile on my face.

I believe I have been granted life for a purpose. My mantra is *“aspire to inspire before I expire”*. I would like to be remembered for the impact I made to the improvement of the lives of others.



This has been made possible through Rotary where I have already served as President of my club and beyond; as District Scholarship Chair, Fund Country Coordinator as well as an Assistant Governor Elect 2017-2018



Fredrick Kibeddi is the Fund Country Coordinator and a member of the Rotary Club of Kampala Day Break

**CHOOSE TO
WIN EACH DAY,
DEFY THE ODDS,
EMBRACE
CHALLENGES
AND NEVER LET
ADVERSITY STEAL
YOUR DREAMS.**

- Billy Cox

THE ROTARY MARINERS OF EAST AFRICA (RMEA)

By Rtn. Ben Waira

Rotary Fellowships is one of Rotary International's nine structured programs designed to help clubs and districts achieve their service goals in their own communities and in communities

abroad, **fostering fellowship and goodwill** in the process.

Rotary Fellowships began informally in 1928 when Rotarians with a shared interest in the international language Esperanto joined together. In 1947, a group of Rotarian boating enthusiasts began flying the Rotary flag from their crafts, calling themselves the International Yachting Fellowship of Rotarians — which now holds the distinction of being the oldest continuing fellowship. The scope of fellowships has changed significantly over the years, but their purpose remains the same: to unite Rotarians in friendship and provide opportunities to enjoy favorite recreational activities, hobbies, sports, vocation, and most recently Rotary history and culture.

RMEA (U) is affiliated to The International Yachting Fellowship of Rotarians (IYFR) - the oldest and largest of the Rotary

Fellowships. It began in England in 1947 and has grown to 130 fleets, with 3,500 members in 47 countries speaking about 30 different languages.

MEMBERSHIP

All Rotarians, as well as Rotaractors and friends to Rotary can join IYFR. Spouses can also register separate members. The only requirement for joining is an active interest in boating (ownership of a boat is not required).

OBJECTIVES OF IYFR

Rotary Mariners combines an acceptance of the principles of Rotary with a love of boats and the sea, rivers and inland waters, and use the shared interest of yachting and seamanship as an opportunity to encourage and foster the objectives of Rotary.

Mariner objectives are:

- To advance international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.
- To promote Rotary fellowship through cruising, yachting, racing, sailing, kayaking, swimming, water sport and other activities involving boats and boating
- To promote high standards of seamanship and abide by recognized yachting customs and etiquette on the water.
- To support Rotary service projects and opportunities, on and off the water.



Fellowshipping at RMEA (U) with fellow Rotarians and friends is a delightful way to share ideas, improve your liking for water, provide support for Rotary service activities, make lasting friendships and practice the ideals of Rotary. Safety on water is a key goal.



This is therefore to invite you at the RMEA (U) fellowship on Saturday, January 20, 2018 at the Country Lake Resort, Garuga, where we shall be inducting District Governor Kenneth Wycliffe Mugisha in the Rotary Marines East Africa—Uganda.



Ben Waira is the District Chair, Rotary Fellowships and Fleet Commodore-RMEA (U) & member of the RC Kampala Central





**HOW IS YOUR CLUB DOING WITH
PRESIDENT RISELEY'S CHALLENGE TO
PLANT A TREE FOR EVERY MEMBER BY
EARTHDAY, APRIL 22, 2018?**

1.2 MILLION TREE PLANTING CHALLENGE DISTRICT CHECKLIST IDEAS AND GUIDELINES 2017—2018

- Set a Tree Planting Goal
- Name a District Tree Delegate
 - Works with Clubs to identify goals and Chart progress
 - Liaison with ESRAG resources and teleconference Q&A
- Tree Planting opportunities to meet the challenge
 - In Rotarians' backyards
 - At Schools and places of business
 - Partnering with international Rotary Projects
- Plan a Strategy: Mix and Match, make your goal!
 - Partnerships with conservation and municipal agencies
 - Financial contributions to tree-planting partners
 - Tree planting family, school, and social events
 - Clubs count trees planted. Report to District or to ESRAG's Tree Counter: <http://esrag.org/trees-planted>
- Check out the resources on Tree Planting at the ESRAG website <http://esrag.org/getting-started>
 - Rotary Club projects <https://www.esrag.org/rotary-tree-planting-projects>
 - National and international tree planting organisations associated with Rotary <https://www.esrag.org/tree-planting-resources>
 - Guidelines for choosing a project (District 9810, Australia)
- Questions? Write to trees@esrag.org
- Take pictures and send them to us. Tell us your stories!
- Write to trees@esrag.org
- Have fun!




YOUR PRESENCE AT THESE UPCOMING EVENTS COUNTS!



9th Dec 2017
 Las Vegas Gardens, 150,000
 Bunga 100,000

Rotary    

Dg KEN MUGISHA
Invites You To
The Rotary Foundation
 Dinner 2017



93RD DISTRICT CONFERENCE AND ASSEMBLY
 Theme: "Making a Sustainable Difference"
 2nd - 5th May 2018
 Imperial Group of Hotels, Entebbe - Uganda

Deadline
 31st December 2017




Register NOW
 Meet • Network • Share







Payment Details
Account Details Uganda:
 Rotary Conference Collection Account
 Centenary Rural Development Bank
 Corporate branch
 37 18000006
 SWIFT CODE: CERBUGKA
Mobile Money Uganda:
DANIEL DDAMULIRA (93rd DCA Treasurer)
 +256 772 465 480 / +256 701465 480

Account Details Tanzania:
 Rotary Tanzania Ltd - Conference
 BankM 0250029113

Contact: Uganda
 Rtn Annie Murywevu, +256 772498081
 namulimurywevu@gmail.com

Contact: Tanzania
 Belinda, Administrator Rotary Tanzania Office, +255 600 558 444
 belinda@rotarytz.org
 or Your Club "Go To DCA" Officer

#DCA93   
<http://dca.district9211.org/registration>

Rotary District 9211      

The Big CELEBRATION

RYLA
 ROTARY YOUTH LEADERSHIP AWARDS
 YOUTH MAKING A DIFFERENCE
KABALE - 2018

January 25th 2018
Kigezi High School.

EARLY BIRD	MID PAYMENT	DEADLINE
Fee: UGX 90,000/=	Fee: UGX 100,000/=	Fee: UGX 110,000/=
31st Oct. 2017	30th Nov. 2017	31st Dec. 2017

*(Registration Fee includes Transport, Accommodation, Meals & Recreation).

KABALE

PAY TO:
 ACCOUNT: UGANDA ROTARY OFFICE
 ACC. NO.: 2210400013
 CENTENARY BANK,
 CORPORATE BRANCH.

Mobile/Airtel Money
 NAKIYIMBA SHAMIRAH
 Mobile Money: 0788-097-359
 Airtel Money: 0705-172-464

CONTACTS:
 FAAZA - +256 701 849 826
 ZAKE - +256 784 542 161

 RylaUganda  @rylaug  www.ryla.ug  help@ryla.ug   **Rotary D9211**

EASTERN AFRICA ROTARY PROJECTS FAIR
 More than 300 projects to choose from!!!
 Eritrea, South Sudan, Ethiopia, Uganda, Kenya and Tanzania

8th - 10th Feb, 2018
 Imperial Resort hotel
 Entebbe - Uganda

Rotary District 9211 & 9212  

AREAS OF FOCUS 

FOR BOOKING PLEASE CONTACT

 **ROTARY: MAKING A DIFFERENCE**
 Julie Kyokunda
 Registration Tel: +256 703 408525
 E-mail: juliet.kyokunda@gmail.com

VISIT OUR WEBSITE
www.rotaryeastafraprojectfair.org/




TORONTO 2018

21ST - 27TH JUNE 2018



9

ROTARY MAKING A DIFFERENCE—RC MUYENGA BREEZE



ROTARY MAKING A DIFFERENCE— KAMPALA NORTH

Rotary
Kampala North

Singing & Dancing Competition

Theme: Empower Youth, Secure Our Future

Thank You
for all the
support

You made the Rotary Singing and
Dancing Competition a success

Facebook.com/rotarykampalanorth | Twitter.com/rcklanorth



ROTARY MAKING A DIFFERENCE- INTERACT WEEK



FAMILY HEALTH DAYS



As a result of GG1524200 Rotary Club of Arusha in partnership with Rotary club of Cheyenne Wyoming -USA delivered 19 water tanks to Lokisale Village, Tanzania

ROTARY MAKING A DIFFERENCE



Launch of Mission Green at by RC Buloba



Launch of Mission Green by RC Acacia Sunset



Launch of Mission Green by RC Makindye



Launch of Mission Green by RC Kasangati



ACHIEVERS

Sooner or later, those who win are those who think they can.

PDG Emmanuel Katongole was invited to a retreat with RI President Ian Risley, Past RI President Ravi Ravindran, Two Past RI Directors and Two current RI Directors together with their spouses at Haputale Mountain Resort in Sri Lanka.

RC Kampala South—Overall Winner - Singing & Dancing Competition 2017



RC Muyenga Breeze —Best Creative Attire - Singing & dancing competition



Rotary Leadership Institute 11th in-take graduates

COUNTRY TRAININGS



District Governor Ken visit to clubs—Pictorial



RC Bugolobi Morningtide



District Governor Ken visit to clubs—Pictorial



RC Njeru



RC Makindye in Butaleja



RC Buloba



RC Iringa

District Governor Ken visit to clubs—Pictorial



District Governor Ken visit to clubs—Pictorial



District Governor Ken visit to clubs—Pictorial



"Do not let your hearts be troubled. You believe in God; believe also in me. My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you" John 14:1-2 - WE SHALL MISS YOU ROTARIANS—RIP



Rtn. Lawrence Kaggwa
Past President
Rotary Club of Mengo



Rtn. Sam Matte
Charter President
Rotary Club of Kasangati



Rtn. Charles Kibirango
Member
Rotary Club of Muyenga