

THE **WAVE**

ISSUE 07 - DECEMBER - 2020 ——— A NEW DAWN



VOICES OF
ROTARIANS

ROTARY
WORLD
OVER

Saving communities from malaria

Rotary
District 9211



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Opportunities





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The Board of Directors, Management and Staff of National Medical Stores (NMS) appreciates the valuable and significant work being undertaken by health professionals, organizations and communities to improve health outcomes across the country.

For the Ugandans that we serve, help us serve you better by taking your individual responsibility seriously.

- Report theft of Government Medicines and Medical Supplies to the nearest Police Station or Health Monitoring Unit.
- Do not pay for any medicines or medical supply with words, **“NOT FOR SALE”**.

NMS is convinced that preventive health will significantly reduce the demand for medicines while maintaining good health for all Ugandans.



75% of the diseases that we take to Health facilities are preventable. This means that, out of every 100 patients that come to our health facilities, 75 of us would not be there if we took personal responsibility for the good health.

So, let us do the following:



1 Sleep under an Insecticide Treated Mosquito net everyday



2 Take your children for immunization and ensure that they complete all the doses and for all the immunizable diseases.



3 Always wear helmets when on motor cycles and safety belts when travelling in motor vehicles.



4 Wash your hands with water and soap after every visit to the toilet/latrine and before eating food.



5 Ensure that there is a latrine for every household and it's used well.



6 Always drink boiled clean water.



7 Promote peaceful co-existence and reduce crime such as assaults, rape, defilement that affects health of the population.



8 Exercise your body and avoid using Drugs of addiction and Tobacco.



9 Eat natural healthy food



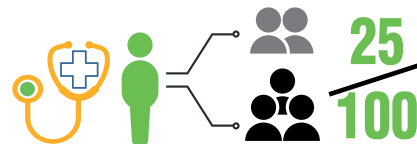
10 Have regular check-ups and screening for diseases like Diabetes, High Blood Pressure and Cancers from qualified Health personnel.



11 Use family planning method of our choice.



12 Use our roads responsibly by avoiding over speeding, over loading and driving under influence of alcohol.



For the 25 people out of 100 who have done all the above but still need treatment, the available Hospital beds, health workers and medicine would be sufficient.



We are committed to timely delivery of Medicines and other Medical supplies to Government Health Facilities for the good health of Ugandans.

NMS, Passionate about your life.



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Editor's Note

“Spread the holiday joy by sharing”

My Rotary family and friends

It's December! Normally a time to celebrate, share our kindness and give! Can this happen this year? Whereas the year has been different and difficult for many of us, we should not forget our core call to do good to those around us. This is indeed the season where we, as Rotarians should spread the holiday joy to many of those in need in our society, especially those in orphanages, homes for the elderly, hospitals, and the communities we serve. “Public health emergencies can bring out the worst in people, but they can also bring out the kindness in them. Rotarians should be in the latter group,” said Rotary Foundation Trustee Chair Past Rotary International President, K. R Ravindran while speaking to the Rotary Club of Langata last month. So the onus is upon us to make someone enjoy this season too.

The theme for December is Disease Prevention and Treatment. Everyone deserves the right to proper health care. Rotarians have implemented projects that have enabled the purchase of medical equipment, ambulances, and mobile technology; training of health workers; conducting lifesaving surgeries and oral/dental care; sensitising communities about and treatment of non-communicable, communicable and vector-borne diseases; addressing mental health and illnesses; and building health infrastructure in underserved communities. Thank you Rotarians, let us continue with these noble causes.

In this issue, we bring you a message from Uganda's Minister of Health, Hon. Jane Ruth Aceng as she shares how we can further protect ourselves in the midst of the current pandemic and other life-threatening diseases. The projects featured highlight activities by the different clubs to prevent their communities from suffering the adverse effects arising from contracting different illnesses.

Rebeca Mendoza had become one of us, part of our family in District 9211, we are sad to see her transferred. We shall always treasure her, and we are pleased to share with you a message from Rebeca. However, do not think that you have seen the last of her yet. Also learn about the intrinsic relationship between Rotary and the UN, and how the Rotary Action Group for Reproductive, Maternal and Child Health, (RMCH) is prioritising maternal, child health and family planning. Be part of the 2nd All Africa Zone Institute taking place at the Speke Resort Munyonyo under the theme “Peace, People, Planet.”

We cannot thank you enough for your support through reading this magazine, and contributing articles for publication. Please continue to do so. Share your articles with three to five action photographs by the 15th day of the month to dg9211news@gmail.com. We are indebted to the authors for this month's articles, thank you!

Happy Holidays!
Rtn. Maria Roselynn Muzaaki



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FOR A RESILIENT
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ROTARY INTERNATIONAL
PRESIDENT'S MESSAGE

Holger Knaack

women still requires some hands-on activity, the most transformative impacts haven't had to be in person.

— Liza Larson, Rotary E-Club Engage and Rotary Club of Plano East, Texas

I was president of my club when COVID-19 hit, and many members didn't yet have Zoom. Only 10 of our 53 members participated in the first Zoom meeting during the pandemic. I thought that reaching out and getting guest speakers from around the world to engage our members would help. Many Rotary leaders, a Rotary Peace Fellow, and even RI President Holger Knaack visited virtually and spoke to our club. Meeting attendance improved, while we reduced running costs by cutting out meals. Some members who worked outside our city and had missed our meetings even rejoined us. Registering our online meetings on My Rotary enhanced contacts with clubs across the world, and the joint meeting addressed by Holger attracted more than 300 visitors. We also raised more funds as members and visitors contributed to our projects. To continue being flexible for all, we are now offering hybrid meetings. For me, 2020 has been the best year in Rotary as I've made many new friends.

— Blessing Michael, Rotary Club of Port Harcourt North, Nigeria

These stories should give us all reasons to be optimistic about Rotary in the year ahead. We are not just surviving; we are gaining strength. We are discovering how resilient our organisation truly is. We are seeing for ourselves how Rotary Opens Opportunities — even during pandemics — to grow, connect, and engage our members and the communities we serve.

From our home in Ratzeburg to yours, Susanne and I would like to bid you and your family the warmest of season's greetings. We can't wait to see the good things that 2021 will bring.

As I look back on 2020, I reflect on how our lives have changed. The global COVID-19 pandemic brought pain and loss to many of us. And for almost all of us, our daily lives, family time, and work also changed this year. But we've made it to the end of this difficult year, not on our own but by reaching out to one another, as we always do in Rotary. With each passing year, I become prouder of our organisation.

I will choose to remember 2020 as a year of great change and strength for us; Rotary didn't stop, despite the pandemic. We removed obstacles, found new ways to connect, and embraced new approaches to service, such as online projects and virtual fundraising. I have invited two Rotarians to share their stories about how Rotary grew stronger this year.

When the pandemic shut everything down, our emerging e-club was already providing digital service, including internationally. Fourteen U.S. women and I, members of multiple Rotary clubs, were using WhatsApp to mentor women entrepreneurs in rural Costa Rica, helping them to grow their ecotourism business, RETUS Tours (the subject of the magazine's May cover story, "Nature & Nurture"). The project has grown, with 30 Rotarians now providing consulting and help with the RETUS website and social media. Most importantly, we continue building relationships and empowering these women to transform their own lives, and we are doing it online. I've even helped one of the women, Rosa, prepare a presentation in English for an online international conference. While our engagement with the Costa Rican



District Governor

FELLOW ROTARIANS

Soon after I became Governor Nominee – I began considering ways in which I could make a difference during my tour of duty. While many ideas came up, none had the novelty I was looking for, however, a few months down the road and after a bad period when we lost a number of Rotarians in quick succession to non-communicable diseases, it occurred to me that Rotarians were in need of help. And that my friends, was the genesis of the Fitness and Nutrition (FAN) Initiative that we launched at the beginning of this Rotary year. I strongly believe that you cannot give what you don't have; and that it makes no sense to wear ourselves out caring for everybody else's health, except our own! And therefore as we commemorate the Disease Prevention and Treatment month, I applaud all the clubs and Rotarians in D9211 that have actively adopted FAN; and those that have made healthy food, regular hydration, fresh air, adequate sleep, fitness, and exercise a part of their routine.

I must admit that when I conjured the FAN initiative –I had no idea of how it would pan out or how many would embrace it. At a time when the world is battling the COVID-19 pandemic, and at a time when we are mourning the loss of many dear ones, we are yet again reminded of the great risks associated with non-communicable diseases or comorbidities in today's speak. And so I urge you once again, to remain vigilant and take extra precaution. Your good health matters – not just to you and your immediate family, it matters to Rotary, and it matters to the communities we serve.

That aside, I would like you to join me in warmly welcoming over 200 Rotary leaders who are in Kampala this week to attend the 2nd All Africa Zone 22 Institute. I also invite you to join me in thanking the organising team led by our very able Past District Governors – Emmanuel Katongole, and Ken Mugisha.

“Whereas the standard operating procedures have put limits on the numbers that can converge in Munyonyo, I encourage you to register for virtual participation so that you can commune with our guests.”

Apart from the opportunity of meeting old friends and making new ones, one of the wonderful things about the Zone Institute is the continental perspective that participants bring to the discussions. The Institute theme: “Peace, People, and Planet” resonates with the key challenges being experienced on our African continent. And whereas we in D9211 are seemingly ahead of others – on account of our Mission Green programme and the Makerere University Rotary Peace Centre, I am still looking forward to learning, to being challenged, and to being inspired by the guest speakers on innovative ways of addressing issues of conflict, and the environment.

The Institute will also tackle membership, TRF, public image and club leadership issues. And although we are halfway through this Rotary year, I hope that the Opportunity leaders, and Opportunity Presidents in particular, will pick some lessons and good practices from Munyonyo and take them back to their clubs. The half way mark is always

a good time to stop, pause and reflect. I hope you will use the rest of this month to review your club goals, strategies and results. Be brave and willing to discard whatever is not working for your club; and be open to trying out new ideas.

Finally, since I may not meet you all soon, let me take this opportunity to wish you and your families – a happy, healthy and peaceful Christmas season. Thank you for your hard work and dedication to Rotary; and I look forward to working with you in the coming year and creating opportunities for our members and our communities.

“That aside, I would like you to join me in warmly welcoming over 200 Rotary leaders who are in Kampala this week to attend the 2nd All Africa Zone 22 Institute.”



District Governor Rosetti met the Katikkiro (Prime Minister) of Buganda Charles Peter Mayiga in a bid to strengthen the partnership between Rotary and the Kingdom. The team from D9211 bought kits to support the 2020 Kabaka Birthday Run held under the theme, “Men against AIDS to save the girl child”



Foundation Trustee Chair's Message

On a foggy Christmas Eve in Victorian London, the old miser sits at his desk.

Bitter and disillusioned with the world, Ebenezer Scrooge has only one interest: his bottom line. He declines his nephew's invitation to Christmas dinner, refuses to support the poor and deprived, and reluctantly grants his underpaid clerk, Bob Cratchit, time off for Christmas Day.

After he arrives home, strange things begin to happen. Jacob Marley, his deceased business partner, appears as a ghost tethered to a chain, telling Scrooge to change his self-centered ways, lest he meet the same fate.

That is the premise of *A Christmas Carol*, Charles Dicken's classic tale of a man's transformation from hardened recluse to generous humanitarian. To me, it offers valuable lessons for all, regardless of belief or time of year.

In one of my favourite passages, a spirit magically transports Scrooge to the Cratchit household. There, he sees his clerk from a new vantage point, observing a humble but heartfelt holiday gathering. Scrooge then understands that gifts like friendship, family, and gratitude can't be recorded into any ledger. By the end of the story, Scrooge has learned the most important

lesson of all: that as long as we are still alive, it's not too late to devote ourselves to serving humankind.

The year-end holidays are upon us. It is a time of giving and sharing, but it is not limited to our loved ones. It is also for the people we have never met and will never see, for those who are not so fortunate as we and could use a helping hand. The miracle of giving that Scrooge discovered on Christmas Eve is exactly what The Rotary Foundation does 365 days a year.

Our Foundation serves simultaneously as charity and performer in the field; Rotarians are on the ground, volunteering their skills and business expertise in support of grants that are funded by you. In this way, we carry out some of Rotary's most important work, such as protecting mothers and their babies and helping communities recover from the shocks of COVID-19.

Please remember The Rotary Foundation during this season of generosity. Remember that your gifts to the Foundation amplify our work in all areas of focus. They are perpetuated, not just today but long after we are gone. And the Foundation will continue to work its miracles in service to others tomorrow as long as we keep supporting it today. On behalf of The Rotary Foundation Trustees, I thank you for sending your generous contribution before 31st December.

K.R. Ravindran



COVID-19 and Service Above Self

2020 presented the thought of new possibilities. Like the past years, our teams embarked on re-planning for the new year by setting ambitious goals and identifying lost opportunities. At a time of mass information, global travel, great health gaps and urgent interventions in governance and health leadership. It seemed increasingly important to tap into existing infrastructural benefits and the much-needed co-dependence of multi-stakeholders to remain sufficient and efficient in fighting disease.

Then came the silent killer COVID-19. Little did we know that as early as 21st November 2020, the world had been vilified by a disease like no other. As the umbrella body, the World Health Organisation (WHO) picked great interest in understanding the complexities at hand, and response mechanisms were put in place to address the effects of an attack on humanity that was to later shut down nations, economies and great organisations as we prepared for the worst.

On 18th March, mass gatherings were suspended whilst evaluating response strategies at a national, institutional, and personal level. By 25th March, public transport was suspended and the state prepared its self for a national lock-down five days later (30th March). Like many situations, it was difficult to arrive at such a decision well knowing the complexities that surround our livelihoods as Ugandans. As an

institution, disease prevention was key and knowing the challenges faced with our health care systems in terms of access to modern equipment and drugs, being a landlocked country that heavily relies on the access of goods through our neighbours many of whom had already instituted lock-downs. Immediate action was key.

In fact, quick action was looming. It was imminent that disease prevention was adequate and appropriate since time was not our best ally.

Today, 17,431 COVID-19 cases have been reported in Uganda with 168 deaths as of 20th November 2020. (COVID-19 update - WHO). There has been an increase in the spread of COVID-19 and there is need for continual vigilance in fighting this deadly disease. As a Ministry, we developed guidelines for public transportation, institutional quarantine, use of masks and mass gatherings as a preventive measure.

We have set up a COVID-19 Preparedness and a Response Plan (March 2020-June 2021) that includes fore thinking several interventions under the following pillars: leadership, stewardship, coordination and oversight. The aim is to provide guidance and support to all sector players that include: surveillance, laboratory services, case management at selected facilities, strategic information,

research and innovation (SIRI), risk communication, social mobilisation, community engagement and social protection initiatives undertaken under logistics to remain in harmony with the intervention plan, as well as sufficiently address emergencies.

We are working with the central government in developing planned outputs that include: procurement of ambulances, specialised medical equipment such as ICU machines, handling of transfers from Regional Referral Hospitals, setting up treatment centers to handle case management, setting up mobile health facilities at border points, procurement of personal protective equipment (PPEs), non-medical masks, blood collection materials for Uganda Blood Transfusion Services, test kits. There is also need to have adequate human resource interventions at the national level. We have also procured spray pumps and introduced operationalised laboratory testing at boarder points at Mutukula, Elegu and Malaba.

What does this experience mean to me as a Rotarian?

“The post-pandemic crisis has almost been forgotten. We are focusing on “getting back to normal” and recent “self-induced using of masks”, “self-quarantines neglecting what we have witnessed and what has been lost in the process.”

Today, the world has witnessed the biggest recession since 1870 with the economies world over needing over USD 18 trillion to stimulate their economies. A total of 37 million people have slid into extreme poverty globally with a plunge between 83 - 132 million people expected to lack fundamentals like food. Vaccination levels are dropping highly and this according to history was only witnessed in the 1990s.

As a ministry, we are observing disruptions to healthcare.

This means that COVID-19 reminds us of the intersection between achieving Universal Healthcare and wellbeing from the threat of health emergencies...

As a nation and globally statistics suggest that 28 African countries as reported by WHO today have missed: 15% of malaria treatments, 10% of cardiovascular issues, 8% diabetes, 5% antenatal, 5% care for children under 5 years, and 4% vaccinations. (WHO statistics).

This means that COVID-19 has reminded us of the intersection between achieving Universal Healthcare and wellbeing from the threat of health emergencies. As Rotarians, this only calls us to join humanity in salvaging what has remained for us all—service above self.

As we commemorate the Disease Prevention and Treatment month, we are reminded that there are many Ugandans out there that need access to healthcare facilities, drugs and social help to survive. COVID has demonstrated the inability of a single country/organisation/individual to respond to public threats and health emergencies. Solidarity through our clubs and projects is highly needed to be able to respond to future threats and to build community-level resilience in our country today.

Thank you for your commitment to fighting diseases, but let us strive for the good of ourselves, and the communities that we aspire to change.

Hon. Jane Ruth Aceng (Minister of Health)
RC Muyenga Tankhill



RTN. FREDERICK SSEKYANA

Regulate medication for better health outcomes

A disease is any harmful deviation from the normal structural or functional state of an organism, generally associated with certain signs and symptoms, and differing in nature from physical injury. Drugs are substances used in diagnosis, cure, mitigation, treatment or prevention of disease in humans or other animals. They are effective when used responsibly on advice by a health practitioner.

People and governments are willing to spend money on drugs because of the role they play in saving lives, restoring health, preventing diseases and mitigating epidemics.

“People believe that the healthcare provider has a responsibility to proffer advice that will be followed, offer interventions that will be respected, plan with the patient until the desired result is achieved, and follow up to ensure that everything is going correctly” Jordan B. Peterson, “12 Rules for Life: An antidote to chaos.”

The ongoing mitigation measures against the spread of COVID-19 demonstrate the need for the public to appreciate their role in fighting the pandemic. Unfortunately, some sections of the community are not heeding to the advice provided. Those that are empowered need to uplift those that are not complying if we are to control the spread of the pandemic.

Drugs are useful, but dangerous when used incorrectly. The dangers result from noncompliance such as self-medication and inaction of not following the prescription, not taking the medication correctly, missing doses, or abandoning it. Such noncompliance leads to drugs being ineffective, hence increasing the disease burden to the individual, community and country. Medicines therefore remain one of the most critical inputs for the Government to deliver quality health

services to its population. The mandate of the National Drug Authority (NDA) is of paramount importance in regulating drugs and medicine for the health and safety of the public. NDA, together with strategic partners is passionate about engaging the community on the importance of rational use of drugs for better health outcomes. Health workers are key personnel in the drug distribution supply chain to the end user (patient) as they provide professional advice on the proper use of drugs to patients resulting in quality health service delivery.

It is therefore important for patients to share information with health workers and NDA regarding their experiences of medicine effectiveness. These reports support thorough investigations that often result in regulatory actions whose overall aim is to ensure patient safety. Public vigilance supports NDA’s role of ensuring drug regulatory effectiveness and standards, which ultimately leads to a healthy population.

Respecting advice from healthcare providers on use of medication results in better treatment of illnesses and prevention of diseases. We all have a responsibility to be our sisters’/brothers’ keepers to protect ourselves and especially the vulnerable public, so as to appreciate the mutual benefits of following advice from healthcare providers. An active and complying community does not only promote quality healthcare but also reduces the disease burden at every level of our respective communities in the country.

Please contact NDA on:
druginfo@nda.or.ug, Toll Free number: 0800101999, Whatsapp number: 0791415555 or download the Med Safety app to report all drug related problems.
Rtn. Frederick Ssekyaana
RC Kampala Central,
Public Relations Manager – NDA



From treating under trees to building a hospital: The tale of Bwindi Community Hospital

When Dr. Scott Kellerman and his wife Carol conceived the idea to start an outreach clinic for the impoverished Batwa pygmies who had been evicted from the Bwindi Impenetrable Forest, little did they know that this makeshift facility operating under a tree would grow into a 135-bed hospital with world-class equipment.

Bwindi Community Hospital, which started in 2003, is located on the margins of the famous gorilla tourist destination town of Buhoma, 400km away from Uganda’s capital, Kampala. While the need was targeting the destitute Batwa, it later turned out that their health needs were not any different from the general population of over 120,000 people whose children and pregnant mothers were dying from easily preventable causes.

The makeshift clinic progressively developed into a health centre with limited facilities and services. Later, the Government of Uganda upgraded it to a hospital. Although the hospital served a large population, the facilities were wanting, especially the sleep platforms and basic surgical equipment. The hospital lacked enough beds to accommodate the surging numbers; the theatre had no operating tables, no lights and no anesthesia equipment. The Intensive Care Unit lacked incubators and other basic equipment like the oxygen equipment. Generally, the entire healthcare system needed a complete overhaul.

It is against this background that the Rotary Club of Kabale in partnership with the Rotary Club of Grassvalley of District 5190 in the United States teamed up to mobilise funds to upgrade the facilities at Bwindi Community Hospital. Through a global grant worth US\$ 119,000, the hospital has acquired a wide range of basic equipment, which include two universal anesthesia machines, two monitors, one vapouriser, capnography upgrades and operating tables. In accordance with the World Health Organisation (WHO) and Uganda’s Ministry of Health Standards and Guidelines, the equipment was supplied with installation and operating manuals, some basic spare parts, and all the appropriate certification. The grant also covered the shipping costs.

One of WHO’s requirements is that such donations should have a provision for staff training on usage of the equipment. So, while the Rotary Club of Kabale delivered this equipment in January 2020, training was held from 23rd-27th October 2020 at the hospital. While officiating at the closure of the staff training, the District Governor Nominee Peace Taremwa thanked RC Kabale for portraying the good image of Rotary and for their good stewardship. He advised them to cultivate the spirit of giving to The Rotary Foundation as this was” the blood of Rotary”.

The training attracted 20 participants from Health Centres from the greater Kigezi region which covers six districts and from Masaka.

The global grant whose main focus is Disease Prevention and Treatment and Maternal and Child Health is expected to strengthen the health care system in the region, and also improve the capacity of local health care professionals. The project, is expected to fulfill the Bwindi Community Hospital vision of “A healthy and productive community free from preventable disease and with excellent health services accessible to all.”

President Alison Byarugaba of the Rotary Club of Kabale says the communities in the region are still in need of interventions in the areas of health, education and water. “I urge Rotarians and non-Rotarians to join forces, and donate generously in order to change these peoples’ lives,” she added.



The global grant whose main focus is Disease Prevention and Treatment and Maternal and Child Health is expected to strengthen the health care system in the region

Following the outbreak of the COVID-19 pandemic, RC Kabale in partnership with RC Port Lethen in the United Kingdom is working on a project to distribute food relief to communities around the hospital whose livelihood depends on tourism, a sector currently on standstill and might take a while to recover.

Rtn. Jimmy Musiime
Treasurer – RC Kabale



Prosthetic limbs bring a new lease of life in Kasese

RTN. REBECCA NANFUMA

Kasese District has suffered from several periods of insurgency over the last 40 years. As a consequence, many people were injured, especially by bullets and landmines planted indiscriminately in the hilly farmland. In addition, leprosy also had a devastating effect on people’s limbs.

With this background there was a need to assist the many amputees get prosthetic limbs so as to live meaningful and independent lives. This led to the establishment of the Jaipur Limb workshop at Kagando Hospital in Kasese, eventually leading to the commissioning of the George Buckley Memorial Jaipur Limb Workshop on 28th January, 2020 by the then District 9211 Governor, Francis Xavier Sentamu. The workshop will also service wheelchairs, produce rubber tech products and fabricate hospital equipment.

The late Rotarian George Buckley was a past President of the Rotary Club of Parkstone, and a PDG of District 1110 in the UK. The workshop was funded by his family in his memory, more especially because he was an amputee.

The global grant was worth US\$56,000, of which the Rotary Foundation provided US\$22,300 and the rest raised by RC Parkstone, District Designated Funds (DDF) from D1110 and D9211, and from RC Kasese. Through the project, an orthopedic technician at the hospital was trained at the Great Lakes Jaipur Limb Workshop. The grant also provided for all the equipment and inputs required to make the first 500 limbs.

The club got technical assistance from the Rotary Jaipur Limb Project, a pro-active fund-raising and project-initiating body of Rotarians, drawn from all over Rotary Great Britain and Ireland, that mainly



seeks to finance limb camps and limb centres in Africa, the Indian sub-continent and other areas of the world in need of help, as determined by the trustees. The space for the workshop, and the orthopedic technician were provided by the Church of Uganda Hospital at Kagando, which also handles the process of assessing potential beneficiaries.

The workshop is already changing lives in the area, amidst the current COVID-19 situation where the costs of transportation are high for the would-be beneficiaries. “We have so far fabricated 15 new limbs; 11 below the knee and four above. We had a slow start due to COVID-19, but we remain optimistic that when the situation improves, the number of beneficiaries will steadily rise,” said President Rebecca of RC Kasese.

RC Kasese recently started a Rotaract Club at the Kagando School of Nursing and Midwifery to spread the benefits of Rotary in the area.

Rtn. Rebecca Nanfuma
President - RC Kasese



Improving reproductive, maternal and child health services in Kitwe

RTN. GODFREY KAYITARAMA



grant project worth US\$79,500.

Through this project, the following items were donated to the health centre: a medically equipped ambulance, solar back-up and locally made stretchers. The health workers were also trained. RC Makindye, RC Kisaasi-Kyanja Kampala, and the Rotary E-Club of Tongyoung Eroom each contributed US\$4,000, while the rest was from District Designated Funds and the World Fund. There was a lot of jubilation from the health workers and the community during the handover ceremony, also witnessed by the Residence District Commissioner. The clergy were even invited to pray for the equipment.

According to Dr. Ambrose Okello, the in-charge Kitwe Health Centre, the numbers of pregnant women seeking antenatal, delivery, and post-natal services at the facility has doubled, while the Outpatient Department (OPD) numbers have almost tripled after delivery of the equipment. With the reduced visits to traditional birth attendants and improved services at the facility, there has been a decline in maternal and child mortality rates in the area.

The solar back-up mitigates effects of power fluctuations, while the ambulance has eased the process of referring and transporting mothers who mostly need blood to the nearby Itojo Hospital and Mbarara where need arises.

The Rotary branded ambulance and equipment has helped create more awareness and flown Rotary's brand high in this remote area of Uganda.

Viva la Rotary!
Godfrey Kayitarama,
kayitarama@gmail.com
Past President - RC Makindye



RTN. DIANA ELINAM

Dar Rotary Clubs walk to save thousands from Polio

When a child’s fragile body is attacked with a debilitating disease such as polio, the motor neurons that support the muscles are invaded and as a result, a child may get paralysed, Bulbar palsy or in unfortunate situations these little warriors may fail to fight this deadly viral disease and succumb to it. Polio can sometimes be detected with signs like fatigue, fever, headache, sore throat, stiffness of the back and neck.

Poliomyelitis also known as Polio is an enteroviral disease that invades the body through the intestine, it then spreads and causes nerve damage in the spinal cord. Polio mainly affects children below the age of five and its spread by fecal oral transmission. It enters the body after the consumption of contaminated food or water and usually affects the motor nerves, infecting the motor neurons that leads to weak muscles and bulbar palsy that usually affects the speech.

According to the World Health Organisation (WHO) and UNICEF, Tanzania has not detected any polio cases since 1996 hence in December 2015, Tanzania was issued with a certification for being polio free. However, no child is safe unless the virus has been completely eradicated from the globe. Failure to stop polio in these last remaining areas (Afghanistan and Pakistan) could result in as many as 200,000 new cases every year that can spread again around the globe. That is why it is critical to ensure polio is eradicated completely. In an effort to completely end polio in Tanzania and beyond, the Rotary Club of Dar-es-Salaam, Mikocheni partnered with WHO and Mwananyamala Hospital throughout the polio week until the World Polio Day when the club held its second Annual Polio Walk starting at the University of Dar-es-Salaam grounds. The club sought to raise funds to support the Mwananyamala Hospital with equipment for storing vaccines, and also contribute to Rotary International Polio Fund.

Prior to the walk, the club members visited Mwananyamala Hospital and vaccinated new born babies. The Head Nurse, Pelagia Baturulimi said, “It is important to create awareness among Tanzanians about the need for the polio vaccine which is usually issued free of charge. Tanzania has no polio cases because the government and the health stakeholders have ensured that there is adequate supply of vaccines for Tanzanian children.” The nurse added that about 700 to 1,200 children are vaccinated monthly at Mwananyamala Hospital.

The WHO-Tanzania, National Professional Office, Vaccine Surveillance Dr. William Mwengee and the District Physician Representative Sister Matiya both called for increased team efforts from health stakeholders, philanthropic groups, community and parents to ensure that every child is vaccinated.

The walk was joined by members from the Rotary clubs of Dar-es-Salaam, Mbezi Beach, Dar-es-Salaam Sunset, and Milimani; Rotaractors, plus, East Africa International School, Mikocheni Secondary School, WHO-Tanzania, Mwananyamala Hospital, Chief District Physicians and the Dar-es-Salaam community.

Both the 5km and 10km walk participants got medals, while the winner of the 10km walk, guests of honor, and the Mikocheni Club Polio Chair, Rotarian Regina Mwengi got plaques.

The RC Dar-es-Salaam Bahari and RC Arusha Mt. Meru also conducted polio walks as part of the World Polio Day celebrations. In Arusha, Rotarian Tumaini Oddo, a polio survivor, educated the communities on the importance of polio vaccination, and Rotary’s contribution to the End Polio Initiative.

Rtn. Diana Elinam
RC DSM-Mikocheni



“ The walk was joined by members from the Rotary clubs of Dar-es-Salaam, Mbezi Beach, Dar-es-Salaam Sunset, and Milimani; plus, East Africa International School, Mikocheni Secondary School, WHO-Tanzania, Mwananyamala Hospital, Chief District Physicians and the Dar-es-Salaam community.”

RYLA Eastern Region

Thirty youth participated in this year's eastern region Rotary Youth Leadership Awards (RYLA), held under the theme - 'Enhancing Skills for a Resilient Youth'. The youth had an online session about entrepreneurship and digital marketing facilitated by the National Social Security Fund (NSSF); public speaking and interview techniques by Toastmasters International; and business development, intellectual property, and pitching for funding at the Innovation Village Hub in Jinja District. "Amidst the COVID-19 pandemic, it was a joy to see strangers walk into a room on Saturday morning, and 30 hours later leave as friends with a transformed mindset," said Opportunity President Peter Wafula. Sponsor a youth to the next three regional RYLAs: Northern (Masindi/Gulu) – 9th-10th January; Western (Mbarara) - 23rd-24th January; and Central (Kampala) – 20th-21st February, 2021.

Rtn. Peter M. Wafula
Chair RYLA Eastern
President - RC Kisugu Victoria View





RTN. SUSAN ROSE KITUYI

Heroes in Health Awards

RC Soroti Central scoops Eastern Region crown

The Heroes in Health Awards (HIHA) appreciate the role played by various individuals and entities in the health sector. During the inaugural HIHA function held last month, the Rotary Club of Soroti Central was crowned the Eastern Region Health Champion. This win was based on following projects implemented by the club:

- 1. **Usuk Water and Sanitation Project**
Six boreholes, including a motorised one were drilled in Usuk County, Adacar Village in Katakwi District. The US\$101,404 global grant was recently launched by the District Governor Rosetti Nabbumba Nayenga. They are also drilling boreholes in Katakwi and Serere districts to provide clean and safe water to the communities.
- 2. **Katakwi Rotary Malaria Project**
This global grant worth US\$304,000 seeks to eradicate malaria in Katakwi District and its surrounding areas. Village Health Teams (VHTs) are trained on how to test for and treat malaria, and they get mobile phones to ease communication with and follow up their patients.

The club partnered with 26 local and international clubs. Other partners include Rotary Malaria Partners, Pilgrim Africa, and Katakwi District Local Government.

- 3. **Blood Bank**
The club partnered with the Lions Club to renovate one of the wards in Soroti Regional Referral Hospital, and convert it to a temporal blood bank, which is now serving the entire Teso sub-region. This means patients are no longer referred to Mbale Regional Referral Hospital for blood.
- 4. **Rotary Family Health Day**
Two mobile clinics were conducted every year. Some of the services include HIV testing and counseling, cervical cancer testing, and general treatment.
- 5. **Solar aided cook-stoves and fruit seedlings**
distributed to schools to combat illnesses arising from over exposure to smoke. Fruits improve immunity. This global grant project is implemented in partnership with the Rotary Club of Santa Rosa East and District 5130.
- 6. The club also participated in the yearly Rotary Cancer Runs, provided water tanks to Katakwi Hospital, routinely distributed dewormers in schools and the communities, and partnered with the Wheel Chair Foundation to distribute wheel chairs in the region.

Rtn. Susan Rose Kituyi
President - RC Soroti Central



Life and Hope: Fight against drug abuse

RTN. GURU SYKES

When a parent no longer knows where and who to turn to. When that addict, drunken or homeless HIV-infected child has lost all possible bearing due to, certain choices made in life, and is crying out to be heard and helped, not knowing where and whom to turn to? When confusion consumes and a harsh reality sets in. This is where Life and Hope Rehabilitation Centre (Bagamoyo Sober House), serves to facilitate and become the much needed support lifeline.

Just the name of the centre evokes inspirational wellbeing. It is not just a centre, but a home for souls crying out for help. A sober house to be exact, a place where you are grounded and given a chance to get a hold of your life.

Al-Kharim Bhanji, a member of the Rotary Club of Dar-es-Salaam Mbezi is the founder of this hope-bearing centre. The journey started more than 10 years ago, and since then, Al-Kharim has not looked back, focusing on ensuring that the organisation is not only a point of reference, but a place where the afflicted are able to re-start, with a purpose and focus to reinstate their very being. Al Kharim has persevered through challenges and gained the trust of various entities. He partners with relevant government bodies within the Ministry of Health.

Birth of the Life and Hope Rehabilitation Centre

My name is Al-Kharim Bhanji. The Founder and Executive Director of Life and Hope Rehabilitation Organisation. I am 58-years-old, happily married with five children (three girls and two boys.) I was an alcoholic and drug addict for more than 15 years. I struggled out of drugs for many years but finally on 10th July, 2003 I bid farewell to substance abuse. I have now been clean for almost 17 years. Understanding the harm of substance abuse, the

struggles one goes through, witnessing the loss of lives, my own experience and that of people close to me including my nephew who was also a drug addict made me realise a lifetime purpose of saving generations from substance abuse.

The seed of my vision sprouted in 2013 when I registered a non-government organisation and opened a rehab center "sober house" in Bagamoyo, Pwani. The center has rehabilitated 1,200 addicts. The center currently serves 44 addicts – 40 males (10 living with HIV) and 4 females (2 living with HIV) aged between 21 to 45 years. The minimum stay is four months, while the maximum is supposed to be six months, however, this is not always the case as some challenged families at times force their recovering addicts to stay longer at the centre, sometimes for a year or more

People that use drugs (also known as PWUD) are most vulnerable to HIV infection. It is estimated that people that use and inject drugs are 22 times more likely to acquire HIV than the rest of the population. Approximately 25% of new infections outside sub-Saharan Africa are among injecting drug users. In 2014, the Tanzania National AIDS Control Programme (NACP) estimated that there were 30,000 people that inject drugs in the country, 35% of whom were living with HIV. The HIV prevalence among women that use drugs is thought to be twice that of their male peers. This could be because women that use drugs are engaged in sex work, or they might be the last in line when syringes are shared.



The centre also promotes integrated rights based and stigma free TB-HIV/AIDS community intervention aimed at reducing harmful practices among people using drugs and supporting access to information and welfare for marginalised and vulnerable groups.

Our biggest challenge is lack of economic projects to help and prevent the recovered addicts from the risks of relapses, crimes, stigma and discrimination when they return to the communities. We have designed a project - SASA for Life to build the soft, vocational and entrepreneurship skills of adolescents and youth. The activities will involve tailoring, hairdressing, boutique works, welding, carpentry, agriculture, poultry and animal keeping. It is estimated to cost Tshs 60 million (about US\$ 26,000).

Partnership with DSM Mbezi Beach

The Rotary Club of Dar-es-Salaam Mbezi Beach visited the Centre, located not far from the Indian Ocean in Bagamoyo. It is housed in a characteristically Swahili structure with rooms all around, a courtyard in the middle and a seating area for meetings.

A young gentleman - Freddy a recovering addict/ alcoholic and a graduate of University of Dar-es-Salaam shared a magical prayer supplicating the Almighty to pour down his wisdom, embrace and guide them to permanent recovery without looking or falling back into the pit holes of purgatory. We were all touched by his choice of words and conviction with which he spoke. This was the club's maiden visit to the centre, which according to RC Mbezi Beach President Abel Mbilinyi, was the start of a possible collaboration with the centre where they hope to set up a library and equip it with computers. The club donated food and cleaning items to the centre.

Rtn. Guru Sykes

Assistant Wave Editor
RC Dar-es-Salaam Mbezi Beach



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RTN. DEBORAH DA SILVA AND RTN. MARIE CLAIRE INGABIRE

Halloween party brings ray of hope to children with cancer



A beautiful evening! Creative costumes, ample food and drinks! A live karaoke band! Plenty of Rotarians and guests ready to have fun and donate! Such was the Halloween event, as you have never seen before, organised by the Rotary Club of Dar-es-Salaam

Sunset, at Woodberry Café, Masaki.

This event was aimed at raising funds for an ongoing project with Tumaini La Maisha (TLM) to support treatment of children with cancer. In August 2020, the club partnered with TLM, a local charity that cares for children with cancer in Tanzania.

As the first event of its kind in Dar, the night was a great success. Dar Sunset has certainly come up with innovative and fun ways to raise funds towards club projects. With comedy nights and other socials lined up, its goal is always to serve the community with a smile. This event raised over Tz shs 1.3 million, with a previous event (comedy show) raising a similar amount.

Supporting the cancer fight through early diagnosis

Rotary Club of Dar-es-Salaam Sunset partnered with TLM to extend its services to Mwananyamala Hospital, and Muhimbili National Referral Hospital. The Club will extend financial aid to 10 children per hospital at a cost of Tzshs1,080,000 per

annum; train at least 10 staff and set up a TLM facility at Mwananyamala Hospital. The facility will accommodate three staff and patients, and will also be furnished with cancer diagnosis and testing equipment. The project is estimated to cost about Tz shs 10,000,000. Mothers with sick children at the Muhimbili Hospital will be supported to start economic activities like catering, sewing, and urban agriculture.

The fundraising efforts resulted in a whole year's treatment for 12 children suffering from cancer. The cost of treatment per child is Tz shs 54,000 per year. With funds raised at the Halloween party, the club will sponsor a few more children and kickstart the setting up of the TLM facility at Mwananyamala Hospital. Several childhood cancers are curable if caught early, so early diagnosis is the goal for this project. Funds were raised via ticket sales and auctions. Following such a positive turn out, the next event is being planned.

Rtn. Deborah Da Silva and Rtn. Marie Claire Ingabire
President Elect and Director Projects 2020/21
RC DSM Sunset



SHIFA MWESIGYE



JOHN TOWNSEND



Rotary Action Group Engagement: 25 years of preserving reproductive, maternal and child health

In the moment it takes to skim this sentence alone, eight children are born, and most are healthy. If you read this article to the end, the world population will have grown by about 700 people and some mothers and infants will have died needlessly. So please continue reading – after all, according to the Lancet (2020) the world’s population will grow from 7.8 billion today to an estimated 8.8 billion people in 2050. In Africa alone, the population is expected to triple to about 3 billion by then, even with falling fertility rates and an aging population increasingly living in large urban centres with both public and private health services.

Clearly, health systems are not meeting women’s needs. The Guttmacher Institute (*Adding it Up*, 2020) estimates that 218 million women in low and middle-income countries have an unmet need for modern contraception, they want to delay or limit births but are not currently using any method. Fully meeting their needs for reproductive, maternal and child health would result in major health gains, including a reduction of about two-thirds of unintended pregnancies, unsafe abortions and maternal deaths. Moreover, if all mothers and infants in these countries were to receive recommended care, there would be 1.7 million fewer newborn deaths each year.

Scenarios like these are the reason the Rotary Action Group for Reproductive, Maternal and Child Health, (RMCH) has made maternal, child health and family planning, along with women’s empowerment its priority. Improvement of women’s health, including

providing access to family planning services, is one of the most cost-efficient and profitable investments for the improvement and development of the living conditions in low and middle-income countries. This overall goal contributes to attaining the United Nations Sustainable Development Goals 3 and 5, which are to ensure healthy lives and promote well-being for all, at all ages while ensuring gender equality respectively.

When RMCH founding members met at the 1995 Rotary International Peace Conference in Dakar, Senegal, PDGs Robert Zinser, Adedolapo Lufadeju and Buck Lindsey were impressed that all about 500 participants voted for founding a fellowship about “Population and Development”.

Shortly thereafter, RMCH launched its first Rotary Foundation (TRF) funded projects in the most populous African country, Nigeria, whose population has reached 206 million and where maternal and infant deaths remain unacceptably high. With a mission to improve access to quality family planning services and reduce the burden of high maternal and child mortality, Lufadeju (Nigeria) and Zinser (Germany) piloted the “Child Spacing and Family Health” through contraceptive use in Kaduna State in Nigeria. With a US\$50,000 grant from the Foundation, the project also trained 1,527 health workers in the provision of family planning products and services. In a second phase, the project was expanded to six states and broader health issues and received funding from TRF, Packard Foundation, and the European Union.



In 2008, TRF supported RMCH and together with other donors, launched a project which started by addressing obstetric fistula but quickly expanded into a comprehensive strategy to reduce maternal and child mortality, by partnering with federal and additional state governments, while giving voice to communities. Public and private funders in Germany, Nigeria, and Austria applauded its dramatic results: a 60% drop in maternal mortality and a 15% drop in infant mortality in participating hospitals. The International Federation for Gynaecology and Obstetrics (FIGO) called the effort “a masterpiece.”

With lessons learnt over the years from over ten projects, RMCH in 2018 launched its most ambitious project yet, the Nationwide Family Planning Campaign in Nigeria. This project has attracted funding from the Rotary Foundation and the German Federal Ministry of Economic Cooperation and Development (BMZ) for up to US\$ 2,7 million. The goal is to improve the quality of health care, including infrastructure, supplies, information and patient care. To achieve these goals, midwives, nurses, doctors, medical records officers are trained to use their mobile phones to report on the state of health systems and results to sector leadership and policy makers.

Improving the quality of obstetric care requires monitoring and analysis of quality of care, quality of structure and quality of outcome. Improvements in the outcome (the

health of mothers and babies) are achieved by analysing the processes – the skills and qualifications of health personnel serving mothers and their infants and investing in better care. These processes can only be improved when in-service training and support is available through Rotary-sponsored efforts such as the Maternity Alliance for Structured Training (M.A.S.T.) in India and elsewhere.

Other RMCH international service projects funded by TRF include the post-partum family planning project for helping mothers in Pakistan space their births. In Uganda, the RMCH Asia section and Switzerland sections have implemented a project for Improving Reproductive Health Services, Maternal and Child health in Kitwe, Ibanda District and other efforts for replication are occurring in Rwanda.

Women’s empowerment adds value to this work as increasing women’s decision space and participation in the economy benefits all families. In India, more than 30 Saheli Vocational Education Centres were established offering computer training and tailoring classes to girls and mothers. Additionally, these classes cover courses on reproductive health, child spacing, prenatal and early childhood nutrition.

In Afghanistan, RMCH supports a vocational sewing machine project, funded by a global grant from TRF,



which seeks to foster the participation of Afghan women in the new economy of their country. In Colombia, RMCH focuses on educating and empowering women and girls to reduce adolescent pregnancies and promote general awareness on sexual and reproductive health in cooperation with local governments and the school administration.

In Ethiopia more than 150 women in rural areas received access to micro credits after completing a training course on commercial independence and reproductive health; and in the Philippines RMCH supported medical apprenticeship courses for girls and young women enabling them to offer family planning services and a pathway to become a qualified nurse, linking livelihoods and wellbeing.

Recently, a new initiative entitled "The Big Pink" started by women Rotarians in Chennai, India is addressing the nexus between comprehensive health and women's wellness, looking not only at maternal and reproductive health, but also at mental health, life education and menstrual health, diet and exercise. Over 300 maternal and child health projects have been initiated since 1995. Clearly all these issues are related to and contribute to better outcomes for women and families.

Action Groups like RMCH are essential to support clubs and districts to plan, initiate and implement effective projects at scale and jointly bring together experts and expertise from

more professions to support projects, while attracting more Rotarians to engage in humanitarian activities in accordance with RI Code of Policies.

Feel free to consult our website (<https://rotaryrmch.org/>) or contact the RMCH Action Group RMCH@ROTARYRMCH.ORG

Shifa Mwesigye (D1860) and John Townsend (D7620) – RMCH

Note: Photos by Daniel Kempf-Seifried at Kubwa General Hospital, Nigeria

“Women’s empowerment adds value to this work as increasing women’s decision space and participation in the economy benefits all families...”



The 4th East African Rotary Project Fair

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For more information please contact the undersigned chair persons.

PDG Asher Jayesh
Chair, Tanzania
Email: jasher@rotarytz.org

PAG Emily Mbabazi
Chair, Uganda
Email: eminazo.emz@gmail.com



2020 All Africa Zone Institute

Greetings from the Cradle of Civilisation

PDG MAYAN RASLAN

Dear District Governors Elect and District Governors Nominee,

I salute you at the All Africa Zone Institute 2020 – Kampala, from the great country of Egypt, the cradle of civilisation, where the first All Africa Zone 22 Institute was held in the city of Sharm El Sheikh, The Land of Peace in 2019.

You are all about to witness a life changing experience and live one of the most exciting phases in your lives as Service Leaders. It is the phase where you are being trained to prepare and be prepared to lead your District to Service and Grow Rotary. Attending Governor Elects Training Seminar (GETS), and District Governor Nominee Training (DGNT) is one of the most important stops during your journey to become a District Governor. So enjoy the passion you will develop in this experience.

It will be a week full of Rotary Knowledge and Education, where you will share information, build connections and exchange ideas about Rotary International and The Rotary Foundation. You will benefit from the full integral program of the training and The Institute, conducted by knowledgeable Senior Rotary Trainers and Leaders.

Zone Institutes are the best chances to have an intensive high level networking and communicate with all your fellow DGEs and DGNs to build new relations and discuss serving your communities through joint service projects, global grants, joint activities, Youth Exchange, and District RYLAs.

The House of Friendship at the Zone Institute is the best spot to enjoy Fellowship and meet Senior Rotary Leaders, chat with them, get introduced and take many photos with them as you can to take back home for keeps.

The choice of the venue is a major aspect at any Institute

– you will greatly enjoy your stay at the “Speke Resort – Munyonyo” overlooking the great Lake Victoria where you will experience a lovely spirit elevation in the wonder beauty of nature in Kampala.

Having fun is the most important factor that motivates and elevates the soul after a long training day, full of Rotary Education – I am sure that you will enjoy the great friendship at the lovely special arranged dinners and receptions.

Your spouses are important partners with you in your journey to become a District Governor- they will receive a special custom-made program to be trained on their role of how to assist you in your leading role, and in serving your District through Rotary. They too will enjoy their stay and their spouses program full of training, fun and touristic trips.

I am sure that the Organising Committee saved no effort nor time to ensure you have a memorable stay and an unforgettable week full of nice memories and happy moments.

Kindly, let me share with you a few photos of the past Rotary Zone Institute at Sharm El Sheikh 2019 – reflecting the great experience you will gain from your attendance at the Kampala Zone 22 Institute 2020.

I wish you a very enjoyable and beneficial Institute and the best of luck in your training, preparing for a strong great 2021-2022 Rotary Year as DGs, and DGEs.

Thank you!

PDG Mayan Raslan

Rotary Public Image Coordinator (RPIC) – Zone 22

Chair, Organising Committee

Zone 22 Institute 2019- Sharm El Sheikh



Rotary
Zone 22

2019 Institute
Sharm El Sheikh

First African Zone 22 Institute 2019

**1st - 6th
October 2019**
Sharm El Sheikh, Egypt



REBECA MENDOZA



It's not goodbye; My heart has a huge space for District 9211!

My journey with Rotary International started in August 2013 with supporting the close out of the Group Study Exchange and then Matching Grants in Latin America. After the untimely passing of Mary Howard, I was selected to fill her vacancy. It was clear that Mary had been heavily invested in her work and so I had big shoes to fill. I worked hard to get up to speed learning about the region. Mary left behind great notes for me and so I began my six-year journey with District 9211.

The learning curve was steep given my very limited experience in water and sanitation and so I quickly signed up to learn more about water sources, filtration, low-cost sanitation and about the region overall. However, I learned the most through my engagement with Rotarians, learning from you. For the past six years, I have served District 9211 on some very exciting and groundbreaking projects. One of my very first grants GG1414552 Water and Sanitation; Tanzania, Same District, Kigogo Sub-village came about because of the Project Enhancement Process and now has had two other large projects attached to it and is truly an outstanding, impactful, and sustainable initiative led by Rotarians.

Similar to this one; The Cancer Centre, The Blood Bank, Power Porridge, Mwika Dairy Sector Development, The Albino Peace Project, and so many other grants come to mind when I think of the incredible projects I have had the great privilege

to be a part of. Together we have worked hard and brought over 250 grants valuing over US\$20 million and close to US\$10 million in World Fund usage to this district. Many lives and communities have been changed because of this work. You have become an example for many districts around the world, and I have always felt great pride in sharing your stories wherever I have had the blessing to go.

The highlight of my work, while there is much to pick from, are the relationships I have forged with Rotarians. I have met some of the most impressive yet humble of professionals. I have witnessed time and time again Rotarians using their passion, energy, and intelligence to take action on sustainable projects that respond to real community needs, meanwhile clubs and districts strengthen their global partnerships in doing good. Thank you for being People of Action and thank you for welcoming me and making me feel like one of you these past six years.

This is not goodbye; you will not be able to get rid of me that easily. My heart now has a huge space for Uganda and Tanzania and the amazing people I have met on this journey. I look forward to a time when I can return as a friend visiting places and people I have come to admire and love.

Peace & Blessings,
Rebeca Mendoza
Regional Grants Officer

MENDOZA





Rotary and the UN: Building partnerships for peace and the greater good

Dr. Salome Gitoho is a Rotarian and Past President of the Rotary Club of Nairobi. Aside Rotary, she is an Author, Mediator, Trainer, Facilitator, Lecturer and Consultant in HR, Leadership and Organizational Development with over 30 years’ experience. She has carried out training for diverse teams in Burundi, Cameroon, DRC, Dubai, Ethiopia, Ghana, Kenya, Malawi, Nigeria, Philippines, Rwanda, Uganda and Tanzania

She is married to Rotarian Isaac, Past President of the Rotary Club of Muthaiga currently serving as District International Service Chair. They have two adult children and four grandchildren. She is the author of the book - HR Practice: A Rear View with Salome Gitoho.

You were the Co-Chair of the 2018 Rotary UN Day celebrated in Nairobi. What was your take away from this event?

Rotary Day at the United Nations is an annual event organised by Rotary’s Representatives to the UN to celebrate our joint efforts and inspire further collaboration for a sustainable world. 2018 was the first time the event was held in Africa; in Nairobi Kenya.

My takeaway from this event is the immense resources available to Rotary through Rotarians, Rotaractors, and interactors. So much can be achieved when willing partners come forward. How the world is one! In Rotary we share the same principles and spirit and take great delight in making a difference in the communities in which we work. Past District Governor (PDG) Joe Otin and I had a great team of Rotarians, Rotaractors and interactors; it was refreshing to experience success when we are all on the same page.

The day was run by volunteers and they gave it their best. Rotary International was very supportive right from the RI President, General Secretary, the Deans, External relations and our District Governor. It was great to see teamwork at play. It gave me an opportunity to appreciate the significance of the relationship between Rotary and the UN. In one single day; Rotary, Rotaract and Interact through the Innovation Fair showcased Rotary to the UN, and the world. Although it took months of planning, the flow was seamless on the day. Rotary has very practical planning and implementation skills, a great leadership structure, and an admirable spirit of partnership. I was also amazed at the many friends of Rotary who came forward to give their resources; wise counsel, and the monetary, time, and material resources.

Formerly as Rotary’s Representative to UN-HABITANT, what was your role? What was your best achievement?

The United Nations Human Settlements Programme (UN-HABITAT) is the UN agency mandated by the UN General Assembly to promote socially and environmentally sustainable towns and cities to provide adequate shelter for all. They do this through various partnerships with governments, local authorities and their associations, inter-governmental organisations, civil society, the private sector, research and professional institutions. Rotary is one such partner. I was appointed to this role in July 2015 and served until June 2020. Rotary serves in many informal settlements and this was a point of convergence. I attended a couple of events at UN-HABITAT in Nairobi; the highlight being the World Habitat Day 2018 whose theme was Municipal Solid Waste Management.

My most significant achievement in this role is captured in one of our priorities; specifically, to facilitate events that bridge the two organisations – and providing a

platform to highlight Rotary’s work to external audiences. This was delivered via the 2018 Rotary UN Day held in Nairobi. I had the privilege to co-chair this event with PDG Joe Otin. Some highlights of this achievements include:

1. Running the day in Nairobi, a first in Africa, in memory of the Late Rotary International President Elect (RIPE) Sam Otori was a huge success!
2. It has been said that we label events to be for the youth; but run them on their behalf. The theme for the 2018 Rotary UN Day was Youth Innovation: Crafting Solutions for **Emerging Challenges**. On 10th November 2018, over 50% of attendees were below the age of 35, this to me is a success!
3. In addition, in collaboration with UNICEF Kenya, who sponsored the Innovation Lab, we had many young people under the age of 25 exhibiting their innovations. 99% of those who attended the fair would like to see it included in future events.
4. Visibility for Rotary in the region. We had the following presence at single events
 - **President Barry Rassin’s opening address:** 66,670 People Reached; 26,000 Video Views and 28,295 resultant engagements
 - **Deputy Secretary Michele Berg’s address on Innovation at Rotary:** 25,168 People Reached; 8,000 Video Views and 8,764 engagements
 - **Samson Tesfaye and Patience Asimwe Virtual Reality:** 21,798 People Reached, 7,300 Video Views and 7,841 Engagements
 - **Post Engagement by Channel was as follows:**
 - o Facebook – 120,000
 - o Twitter – 6,300
 - o Instagram – 21,700
 - o LinkedIn – 11,500
 - **Hashtag Engagement #RotaryUNDay**
 - o 8,632 posts by 1,705 users on TW and IG
 - o 21,926 engagements
 - o 300% growth in posts over 2017 and 1,300% over 2016
 - o #RotaryUNDay was the top-trending hashtag in Kenya on 10 November 2018
 - In total we had over 10,000,000 social media reach
 - The six success stories from the event honorees were all young persons below the age of 35. This was well covered in mainstream media in Kenya and South Africa.
5. **Feedback from participants.** The main plenary sessions received 84% positive responses. Rotary presentations received high rankings of 91%, while UN Speakers received 86% positive ratings.

You were recently appointed Rotary’s Representative to UNESCO. What will be your role?

The roles for Rotary representatives remain the same; it is just the organisation that has changed.

Briefly our priorities are:

1. To network and seek to establish and sustain key relationships with our contacts at the assigned organisation in this case; UNESCO.
2. To promote Rotary’s global programmes like polio eradication efforts, Peace Centers, Peace Fellow alumni, and our seven areas of focus projects.
3. To discuss with external contacts opportunities for collaboration at local, regional, and international levels.
4. To build events that bridge the two organisations – and provide a platform to highlight Rotary’s work to external audiences. For instance, the Annual Rotary at the UN Days, celebrating UN (UN@75), UNESCO days etc.

Briefly share about the relationship between Rotary and UNESCO.

Rotary has been an official partner of UNESCO since 1948 and just like Rotary was instrumental in establishing the UN; Rotary was actively involved in the preparatory conferences, which led to the creation of UNESCO.

While we in Rotary provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional and community leaders, UNESCO seeks to build peace through international cooperation in education, the sciences and culture.

From the above you can see that there are many points of convergence between Rotary and UNESCO. Some points of convergence are:

1. Cultural exchanges
2. Literacy
3. Education
4. Water sanitation projects
5. Promotion of peace conferences around the world
6. Environment

Rotary has always had a representative at UNESCO in Paris. When I joined the representatives’ network in 2015, Serge Gouteyron was the Primary Rotary Representative to UNESCO while Cyril Noirtin was the alternate Rotary Representative to UNESCO in Paris. Every year, RI appoints new representatives to various agencies and government bodies. This Rotary year, Cyril was appointed the Primary Rotary Representative to UNESCO and Laura Bourgeois as the alternate Rotary Representative to UNESCO. Both of them sit in Paris, while I, as Rotary Representative to UNESCO, is based in Nairobi.

With this background it is important to state that Rotary has always been active in UNESCO events. Indeed, Rotary was represented by over 500 Rotarians at the 70th Anniversary Celebrations of UNESCO in 2014. These Rotarians representing 20 countries gathered in Paris for a Rotary Conference organised at the UNESCO Headquarters. The common objective of peace was a key highlight under the theme of ‘building peace through intercultural dialogue’ and was addressed by UNESCO representatives, Rotarians and Rotaractors.

Several other meetings and events have taken place in Paris to celebrate this relationship and there is a joint event coming up in December 2020.

Rotary has been integral in working with UNESCO to promote peace and goodwill in the world, how can the Makerere University Peace Centre deepen this relationship?

This is very good to point out. Due to the current pandemic, we have not been able to have any physical meetings with UNESCO, but I have presented my credentials to the senior management team of UNESCO virtually. We are reviewing each other’s mandate and goals with a view to identifying a common activity for the year. I would be interested to work with the link person at Makerere to explore opportunities for engagement.

Rotary at 115 years, and UN at 75 years, what can the two organisations learn from each other?

The spirit of selflessness, teamwork and dedication. The UN can be said to be a ‘government of the world’ called upon to enforce peace and harmony. Rotary on the other hand is a team of volunteers, ‘a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.’

I believe what we can learn from each other is how to mobilise human resources for the greater good. The UN has these resources in its employment, and Rotary has them as volunteers; Rotary has many lessons on how to reach the grassroots, the communities where the impact of any initiative is needed and felt. Rotary has done so much, top of which is the fight against polio where gains are visible all over the world. A few weeks ago, we celebrated as Africa was declared wild poliovirus-free after four years without a case. As you know, we in Rotary will continue this fight until Pakistan and Afghanistan are also declared polio free.

Something else to learn from Rotary is partnerships. Through many valuable partnerships and unique way of working, Rotary has brought about peace and eradication of polio.

What does it take for one to be appointed a Rotary Representative to the UN?

Rotary representatives are appointed by the RI President for their respective year. I believe one should be in good standing as a Rotarian, active in your club, country and district. Since we are all volunteers, championing various causes and doing good does give one visibility. Attending district and international activities is also helpful. At times like these, we are able to attend meetings all over the world virtually and it would be good to participate in partnerships with other clubs Rotary the world over.

Rtn. Dr. Salome Gitoho
Past President – RC Nairobi
Rotary Representative to UNESCO



Background to Rotary-UN Relationship

Rotary and the United Nations have a long history of working together and share similar visions for a more peaceful world. In 1945, nearly 50 of the 800 delegates representing their governments at the San Francisco Conference to draft the UN Charter were also members of Rotary. The role of Rotary clubs in promoting understanding among nations, providing a platform for dialogue, and creating positive change in communities around the world provided valuable support for the newly established United Nations.

Rotary maintains ties with the United Nations and other organisations through its network of 30 representatives in 15 capital cities around the world. Rotary representatives, including youth representatives, serve as unofficial ambassadors, meeting with colleagues to share information and opportunities for collaboration. Rotary’s representative network is active at the UN offices in New York, Geneva and Vienna, and the Economic Commissions for Africa, Asia, Western Asia, Europe and Latin America.

Rotary also has representatives at United Nations Educational, Scientific and Cultural Organisation (UNESCO), United Nations Human Settlements Programme (UN-HABITAT), UN Environmental Programme (UNEP), the Food and Agricultural Organisation (FAO), World Food Programme, United Nations Children’s Fund (UNICEF), World Health Organisation, and World Bank.

In our region, Past District Governor (PDG) Joe Otin is the Rotary Representative to UNEP in Nairobi. He was the co-chair for the 2018 Rotary UN Day. Charter President Samson Tesfaye – Rotary Representative to the African Union Commission (AUC) and United Nations Economic Commission for Africa (UNECA) in Ethiopia; Amb. Dr. Josephine Ojiambo Rotary Representative to UNICEF in Nairobi and United Nations Office at Nairobi (UNON), and Dr. Salome Gitoho as Rotary Representative to UNESCO in Nairobi. All Representatives meet in One Rotary Centre, Evanston in Chicago every two years for training, networking, and sharing of experiences.

End of an era, Beginning of a new dawn

21ST – 24TH APRIL 2021
SPEKE RESORT MUNYONYO

Early bird
(Up to 31st Dec 2020)

Rotarians - **\$200**
Rotaractors - **\$100**

Late Registration
(Up to 31st March 2021)

Rotarians - **\$250**
Rotaractors - **\$120**

Register NOW and SAVE

Be ready to play at the **Las Vegas Night**,
Taste **BBQ** like never before at the **Carnival Night**,
Shine with your guest at the **Rotary Roses Night** and
Know how we roll at the **Pearl of Africa DG Banquet Night**,
as we say farewell to **D9211** and usher in **D9213** and **D9214**.

Registration: www.rotaryd9211.org
Chair Registration: **Peter Mukuru** +256 772 412 830

Youth On to DCA
(UG): **Rachel Kiwumulo** +256 787 363 748
(TZ): **June Russel Gondwe** +255 718 515 490

#DCA96 @D9211



Creating a lasting change in Kabutemba

PRESIDENT MERCY K. KAINOBWISHO

For a long time, the children of Kabutemba Village in Gomba District had to walk almost 6kms to access education services at the nearest school, which was even not in good condition. This was risky for children especially the girl child considering the increased cases of defilement and human sacrifice, as well as the risk of wild animals. This motivated the Rotary Club of Bukoto to raise funds from corporates, its members and other well-wishers to construct St. Peter's Kabutemba Community Primary School. By then, the community also lacked a water source.

This led to the "Adopt a Village – Kabutemba" a signature joint project for the Rotary and Rotaract Clubs of Bukoto. This project, which started in 2013 is implemented in St. Peter's Kabutemba Community Primary School, which has classes from Pre-Primary to Primary Seven. It has the capacity to accommodate 300 pupils. The school, which currently has 110 pupils from Primary One to Seven, has six classroom blocks, eight units of solar powered staff quarters, a multi-purpose hall, a church, two water harvesting tankers, eight academic and one non-teaching staff. The Rotary Club of Bukoto has mainly done the construction work, while the Rotaract Club of Bukoto provides scholastic materials like desks, black boards, etc.

School Expansion Strategy

Every Rotary year, the Presidents of the Rotary and Rotaract Clubs of Bukoto have the obligation to mobilise funds and add at least structure – either a classroom block, staff quarter etc. To motivate the upcoming leaders and sponsors, each structure is named after the President or sponsor. The project was started during the tenure of the 10th President of the Club (District Governor Nominee Mike Kennedy Sebalu) in 2012/2013. The classroom blocks and staff quarters are named: Mike Sebalu, Grace Murindwa,

Yohanes Berhe, Robina Lubwama Lutaaya, Mike Opira, Claudia Arwako, Moses Kafeero and Gloria Katuuku Block and Staff Quarters, accordingly.

This year, RC Bukoto will construct a library and staffroom named after Rtn. Clement Dodoo, a member of the club sponsoring the structures. The foundation stone for the Rtn. Clement Dodoo Library and Staffroom were laid "virtually" by DG Rosetti Nabbumba Nayenga on 13th October 2020 during her visit to the club. She committed to visit the project in Kabutemba. The Rotaract Club of Bukoto will construct a nursery block.

The school has had some high performers in Primary Seven, and these are being sponsored by the club at secondary level, save for one girl who got a scholarship to study at St. Lawrence schools. During the COVID-19 pandemic lockdown, the Club provided the teachers with food and health services, and paid half of their salaries.

Other areas of focus

Resulting from the school, the project implements all the seven areas of focus. The community has been provided with seeds, livestock, health services, fruit trees for planting, scholastic materials, hygiene and sanitary materials, access to clean water and health.

The water harvesting tanks constructed by the Club in partnership with ATC Uganda Limited, and the Rotary Club of Pomona USA, have enabled the community access safe clean water and benefit from a Washing the Hands Campaign. Previously, they had only one borehole and one well.

An annual Rotary Family Health Day at the school

that provides hundreds of the community members with health services and medicine is conducted. During this activity, the young girls are trained in menstrual hygiene.

A home for three orphans that lost both their parents at a tender age and were staying in a dilapidated grass and mud house was constructed.

To enhance community involvement, ownership and buy-in, security and sustainable progress of the school, a Rotary Community Corps (RCC) of Kabutemba was formed. It has contributed to improving the school's functionality.

Future Plans

The club hopes to buy more land next to the school for commercial agriculture and construction of a health facility. Plans are underway to form a Savings and Credit Cooperative Society (SACCO) for the community in order to support economic empowerment, capitalisation of small businesses, and to ease access to finance through borrowing and lending.

Rtn. Mercy K. Kainobwiso
President - RC Bukoto



DG Rosetti "lays" the foundation stone for the Rtn. Clement Dodoo Library and Staffroom under construction at St. Peters Kabutemba Primary School



Growing economies and going green in Nyaconga

RTN. YVETTE K MUYINGO

The Nyaconga Project is one of the key activities for the Rotary Club of Kampala South. In September, the club paid its seventh visit to Nyaconga, having had the maiden visit in 2014. This year's visit, graced by over 40 participants that included Rotarians, Rotaractors, guests and well-wishers focused on two Rotary focus areas: Economic and Community Development and Supporting the Environment

Two key activities were undertaken during this visit – tree planting and financial literacy training for the Nyaconga Women's Group; a Rotary Community Corp (RCC). This group is one of the four RCCs supported by RC Kampala South and it has been in existence since 2013. With a membership of 56 members, the group's current financial portfolio includes Ug shs 14.5 million in cash, and Ug shs 16 million as members' loans.

The financial literacy training focused on improving members' knowledge, skills in saving and investment at both individual and group level. Due to social distancing requirements, the training was attended by eight members (seven females and one male). Two key challenges were realised - reduction in borrowing by members due to the COVID-19 pandemic which has affected their businesses and income generation and, secondly, most of the group's members borrow to pay school fees so there are no recognized group level investments. To address these challenges, RC Kampala South in partnership DFCU Bank resolved to undertake a follow-up training focusing on group level investments.

Over the years, the RCC has engaged in various economic empowerment activities like agriculture and the making of energy stoves and handicrafts. Proceeds

from these activities have enabled members to pay school fees for their children, access affordable financing and quick loan processing.

The second activity carried out was planting avocado and over 2,000 Kirundu tree species at Bwama Primary School, and Bwama Health Centre III owned by Church of Uganda. They are located on Bwama Island.

“Two key activities were undertaken during this visit – tree planting and financial literacy training for the Nyaconga Women's Group...”

The church donated the club two hectares for tree planting. Bwama Primary School is one of the poorest schools in the region, and sometimes the pupils go without food, while the lucky few are able to carry their own lunch to school. The decision to plant over 100 fruit trees, therefore, was to enhance their nutrition.

In the past, the club has also supported Kabahezi Primary School in the production of energy saving stoves and purchased handicrafts from the local groups.

Rtn. Yvette K. Muyingo
RC Kampala South



TOGETHER, WE

END POLIO

Rotary believes healthy communities are strong communities. That's one reason we've worked tirelessly to help immunize 2.5 billion children against polio. Bringing the world closer to eradicating a deadly disease — that's what people of action do. **Learn more at [Rotary.org](https://www.rotary.org).**



Rotary water brings refreshing smiles to Kabulasoke Gomba

RTN. DENNIS BUGEMBE

For people living in Gomba, particularly Kabulasoke Town it was a dream come true recently when they witnessed piped water flowing in their taps for the first time. "Rotary Water" as it is now referred to by the locals came at the right time. Clean water is a basic necessity in the fight against the COVID-19 pandemic.

Before this intervention by the Rotary Club of Kabulasoke Gomba, Kabulasoke Town had one water source and it was often contaminated with all various waste because the upstream communities and surrounding institutions constructed toilets and sewage plants. In some instances, water was collected from nearby swamps and ponds, and the locals often shared the water sources with domestic animals, thus posing a threat to the communities' health.

With support from the Rotary Club of Enns in Austria District 1920, the Rotary Club of Kabulasoke Gomba and The Rotary Foundation implemented a US\$71,950 Kabulasoke Water and Sanitation Project to provide hygiene and sanitation training to four schools, a solar powered piped water system and water public toilets in Kabulasoke. The beneficiaries include 1,000 households in villages of Kabulasoke A and B, Butiti and Bukundugulu. Some of the benefiting schools include: Kabulasoke Seventh Day Adventist Primary School (600 pupils), Kabulasoke Demonstration School (400 pupils) and Kabulasoke Core Primary Teachers College (215 students).

Despite the many challenges experienced during implementation, like destruction of water pipes due to roadworks in Kabulasoke Town, deliberate cutting of supply pipes by people who sell water to the community at Ug shs 500 per 20-liter jerrican and theft of water accessories, the project still succeeded and has brought smiles to several people in Kabulasoke-Gomba. The water user and security committees were



formed, and they have vowed to protect their dream water! The water user committee has seven members (three women, four men, and one a youth).

Rtn. Dennis Bugembe
President - RC Kabulasoke Gomba



We now enjoy clean and safe water. Most importantly it is accessible.

Beneficiary's testimony

"We now enjoy clean and safe water. Most importantly it is accessible. For those of us living uphill, we were buying a 20-litre jerry can of water at Ug shs 700, and it would take a long time to be delivered. Can you imagine when I am cooking and I run out of water, it is now just a matter of opening the tap, which is a stone-throw away. Thank you very much Rotary Club of Kabulasoke Gomba," Beatrice Namukasa, a resident of Kabulasoke B LC1, and a Community Development Officer in Gomba.

Goodbye Thirsty: Rotary clubs unite for clean water in Tanzania

On the slopes of Tanzania’s Mt. Meru, a naturally occurring fluoride, is present in water at toxic levels. According to the World Health Organisation (WHO) high levels of fluoride replace calcium in developing bones, resulting in bone softness in legs and arms, physical disability, teeth with little or no enamel, and a serious condition called skeletal fluorosis which compromises spinal vertebrae and other supporting structures. The devastating effects of highly toxic drinking water impacts food, milk, and meat in a significant way, leading to physical disability, easily broken bones and joint pain. The Harvard T. H. Chan School of Public Health “combined 27 studies and found strong indications that fluoride may adversely affect cognitive development in children. Based on the findings, the authors say that this risk should not be ignored, and that more research on fluoride’s impact on the developing brain is warranted.”



A thanksgiving celebration with “Mama Mvua” (Mama Rain) Kelly Coleman of Palo Alto, CA

To avert this situation, the first water systems were constructed in 2008 at Patandi School in Tengeru, Northern Tanzania by the Rotary Club of Arusha. This was only the beginning as the club in cooperation with a US based non-governmental organisation – Save the Rain are implementing a six phase US\$ 291,000 water project named – Goodbye Thirsty in six villages in Northern Tanzania. This is done in partnership with the Rotary Clubs of Usa River in Tanzania; Palo Alto, and Mt. Shasta in the USA.

The villages of Makiba Ward in Engatani, Majengo, Patanumbe, and Kaloleni are benefitting from training in water and sanitation (WASH), sustainable agriculture and permaculture, reduced erosion, increased groundwater recharging, compost and gardening. As a result of these programs fewer birth defects, higher school attendance especially for the girls, and better feeding programs in schools are already noted.

Currently, maintenance of the systems is minimal and the cost of clean, fluoride free water reduces every year. Phase six of the project will benefit 33,000 people, bringing the total number of beneficiaries to 100,000.

Rtn. Robin Peterson
Past President – RC Arusha

Save the Rain are implementing a six phase US\$ 291,000 water project named – Goodbye Thirsty in six villages in Northern Tanzania

The villages of Makiba Ward in Engatani, Majengo, Patanumbe, and Kaloleni are benefitting from training in water and sanitation (WASH), sustainable agriculture and permaculture...



Rotary Vijana Poa Program

Rotarians empowering the youth

PDG ROBERT WAGGWA NSIBIRWA

Rotary Vijana Poa (RVP) means Youth Are Cool. It is an initiative that addresses the explosive challenge of unemployed youth in Africa and the consequent vicious cycle of unemployment-fueled crime and violence. It started in Rotary Year 2015/16 in District 9211 (Uganda and Tanzania). The Vijana Poa Program (RVP) is an initiative to support the young people (Vijana) to have an attitude that will help them to get employed, or develop their entrepreneurial skills to earn a living. Its approach is to provide school-to-work transition for graduates; to generate common sense enterprises for uneducated youth and school dropouts; and to establish youth mentoring and coaching villages to equip youth with employable and entrepreneurship skills.

As Rotarians, we are positioned through our local, regional, and international networks to bring together the combined strength of multiple thought, implementation, and funding partners to address this challenge through common sense approaches, and in so doing, start impacting the educational and skilling paradigms of Africa in a way that will trigger sustainable and violence-free development.

The key intervention objectives are:

- For non-educated youth and those who drop out of school for various reasons: to generate “common sense” enterprises in communities and in the real world where their skills will be honed by situations that cannot be replicated in a sterile educational environment.
- For graduates that are hard to employ: to provide school-to-work transition starting with mind-set change, re-skilling as needed, and re-focusing to “common sense” enterprises, and/or work-based programs (internship and apprenticeship placements).

What has been done so far?

1. Capacity Building

The program got a District grant worth US\$20,000 to conduct regional training of trainers for Rotary and Rotaract clubs in Uganda and Tanzania Rotary, plus the community youth. This enabled us to empower 361 trainers that can help transfer knowledge on both employability and entrepreneurship skills in different communities. The program continues to conduct capacity building in entrepreneurship and mindset change to trainers, that are available to any club that may mobilise and engage the youth. It is hoped that this initiative will grow entrepreneurship and inspire positive youth development through business startups and life skills building.

2. Rotary Vijana Poa Incubation Centres

This component is partnering with institutions of higher learning to create incubation centers. The major partner so far is Uganda Christian University-Mukono Campus. The University provides a practical Enterprise Development and Mindset Change Course to empower youth to become innovative and entrepreneurial through mindset change, skilling, and training for sustainable development.

3. Rotary Vijana Poa Job Fair

This is an annual event where the youth that have gone through the Rotary Vijana Poa Entrepreneurship and Mindset training showcase their successes to inspire other youth. This year, the Rotary Vijana Poa Job Fair will take place on Friday December 18, 2020 starting at 9:00am. It will be a hybrid of both virtual and physical attendance. Exhibiting by students that have gone through the program inspire others to also participate.

A number of employers, recruiters, job seekers, and students will come together to learn what employers look out for, attitudinal change, applying and interviewing for jobs, establishing professional relationships, and discuss potential jobs and/or internship opportunities.

4. Rotary Vijana Poa Sales Pitch Night Events

This is an annual event where youth are given a platform to pitch their enterprises and business ideas to potential funders and investors. It also allows them to get mentorship and coaching from their business partners as well as share ideas, expand their business networks and market their products. The first target investors for these youth startups are Rotarians invited to the pitch events.

5. Internship and Apprenticeship Opportunities

The program partnered with some organisations/ companies to provide internship and apprenticeship opportunities. This starts with a one-week training

intended to provide work-place skills to the youth to make them effective at their places of internship and apprenticeships.

6. Sam Otori Rotary Vijana Poa Village (SORVP)

This will be developed as a Regional Centre of Excellence with sustainable relevance to society, being both an operational and conceptual base for:

- Refocusing and skilling youth to be economically productive and socially conscious.
- Promoting and guiding multiple small-scale community-based Rotary Club-nurtured interventions planted around the continent.
- Compiling and sharing best practices in addressing the challenge of youth unemployment.
- Providing a facility for innovative ideas and ventures.
- Generating best practices that African governments can use to make curricula more effective in creating work-ready youth at any stage of exiting the formal education.

On behalf of the Rotary Vijana Poa Board of the Directors, I urge all clubs in D9211 to embrace this program and make it one of the clubs' key performance indicators in a Rotary Year. We all shall celebrate the achievements we have impacted in the new generation in our respective communities as we open opportunities.

PDG Robert Waggwa Nsibirwa
District Rotary Foundation Chair
Patron – Rotary Vijana Pao Program

For non-educated youth and those who drop out of school for various reasons: to generate "common sense" enterprises in communities and in the real world where their skills will be honed by situations that cannot be replicated in a sterile educational environment.



2021 Greater Masaka Mega Fellowship

RTN. CHARLES TAMALE (PHF)

The seven Rotary clubs and eight Rotaract clubs in the nine districts of former Masaka District are organising a grand Mega Fellowship dubbed the last mini District Conference and Assembly (DCA) in D9211, Uganda chapter.

The event will be held from 12th – 14th February 2021 at Hotel Brovad in Masaka city and Nabugabo Sand Beach. The Chief Guest is expected to be Her Royal Highness the Nnabagereka of Buganda, Sylvia Nagginda, while the host dignitary is the District Governor Rosetti Nabbumba Nayenga.

While the event's theme is Rotary Opportunities Open Doors, each day will have a different theme. Friday 12th February is African Night and it shall promote African culture, music and dance with live performances from all regions. Clubs should prepare to win awards for the best performances.

Saturday 13th February is Caribbean Night. While the formal engagements will be held during the day, the evening will be a memorable beach experience at Nabugabo Sand Beach. Transport will be provided to and from Masaka City. A live band and performances will spice up your evening. There is a surprise too! This barbecue evening will be hosted by the Rotaract clubs.

Clubs can be part of this fellowship by advertising in the

magazine. A full page is at Ug shs one million, while a half page will cost Ug shs 500,000 and Ug shs 300,000 for a quarter a page.

During the same event, the District Governor will launch a water, sanitation and hygiene (WASH) global project for the regional clubs that will serve 21 schools in the districts of Kalangala Ssese, Masaka, Kalungu, Kyotera, Lwengo, Lyantonde and Rakai. Each school will get a toilet and washrooms, pedal powered hand-washing stations, water harvesting tanks and sanitary towels girls. The project, worth U\$1.39 billion is supported by international partners from Germany (seven clubs) and the Netherlands (two clubs).

A number of inspirational speakers are lined up and a lot of fun is expected. Participants should not forget their dancing shoes, for Ambiance Discotheque awaits them!

The Rotary clubs in Greater Masaka include: Kalangala Ssese, Masaka, Kyotera, Kalisizo, Lwengo, Lyantonde Metropolitan and Lukaya, the host club.

We welcome you to Masaka City!

Rtn. Charles Tamale (PHF)

Organising Chairperson – RC Lukaya

Friday 12th February is African Night and it shall promote African culture, music and dance with live performances from all regions. Clubs should prepare to win awards for the best performances...



How much do you know about your money?

RTN. LAMBERT B. RUSOKE

Last month, the Uganda Institute of Banking and Financial Services (UIBFS), and its stakeholders, mainly financial services institutions and insurance service providers, launched the “Your Money Can” campaign to encourage Ugandans to live Money Smart and Money Wiser.

Truth of the matter is, the COVID-19 pandemic and resulting lockdown have resulted in adverse financial shocks to individuals, families as well as businesses. This led to a number of reactionary agitations e.g. the motion to access 20% of social security savings by contributors. This in itself was a pointer to how vulnerable we are living, past our pay cheques or daily incomes. Therefore, to just stay mute in the aftermath of the pandemic would be a disservice to our financial lives. We should start talking about how to live better financially.

The UIBFS came up with the Banking and Financial Services Awareness Month, which is dedicated to improving financial literacy within the public. The initiative aims to stimulate prudent financial behavior to enable the populace better deal with similar emergencies and for a better life in general. In addition, this campaign will connect the providers and users of banking products and services i.e bankers, insurers, accountants, regulatory agencies and providers of related trainings with users of those products and services.

Goretti Masadde the UIBFS Chief Executive Officer urged the populace to participate in this campaign, which promises the benefits outlined hereafter.

Participating Individuals

- Improved financial literacy hence ability to make right financial decisions and habits - improved planning, budgeting, saving and investment; and use of insurance
- Utilisation /enrolment for appropriate financial products and services for business and personal growth
- Consider business startups in financial services
- Starting or growing professional career in banking and finance

Participating Institutions

- Institutional publicity, visibility and brand awareness
- Increased awareness of institution’s products and services
- Increased customer base and transactions
- Innovative products for corporate members e.g. emergency account
- Participation in talks to participants (prospective customers)

We need to talk more about money, because we must try as hard to understand it. And yes, “Your Money Can.”

Rtn. Lambert B. Rusoke

RC Nansana

The author is a Financial Services, Tax, and Communication Professional
lambertrusoke@gmail.com



ROTARY AWARDS AND CRITERIA

Winner to be determined from RI Data by 31st March 2021

MEMBERSHIP GROWTH

The Club with the highest percentage increase in membership and has attracted at least 5 Honory Members. Winners to be determined from RI data. As of 31st March, 2021

Small Clubs (less than 30 members)
Medium Clubs(30-60members)
BIG Clubs(over 60 members)

DO NOT APPLY

MEMBERSHIP DIVERSITY AND GENDER BALANCE

The Club that is the most diverse (age, gender balance, classification, nationality etc) as far as the Rotary website records show by 31st March, 2021

APPLY

MEMBERSHIP EXTENSION AWARD

The Club that has made the most contribution to membership extension through the formation of new Rotary Clubs

DO NOT APPLY

ROTARY FOUNDATION AWARD

To be presented to the Club that has contributed the highest to the Rotary foundation. Data to be picked from the RI Website by 31st March, 2021

To be presented to Clubs which meets the following:

For the Small Clubs (less than 30 members)

- Contributes at least USD 3000 to foundation
- Each member should have contributed a minimum of USD 30 to the annual Fund and USD 10 towards Polio.

For Medium Clubs(30-60members)

- Contribute at least USD 6000 to the Annual fund
- Each member shuld have contributed a minimum of USD 30 to the annual fund
- Each member should have contributed a minimum of USD 10 towards Polio eradication.

BIG Clubs(over 60 members)

- The Club with Highest contribution
- Each member should have contributed a minimum of USD 30 to the annual fund and USD 10 towards Polio.

NOTE: In each of the above, the per capita contribution will be an added advantage.

DO NOT APPLY

GLOBAL GRANT UTILISATION AWARD

To be presented to a Club with the Highest Global Grant Utilisation since 1st July 2020 / a Club with the Highest Global Grant amounts approved and spent within the Rotary Year 2020-2021

DO NOT APPLY

ROTARY CLUB OF THE YEAR

The Club that meets the highest number of district goals during the Rotary year 2020-2021 which include:

- Percentage increase in membership
- Innovative and impactful service projects
- Adherence to Rotary brand standardization
- Highest net giving to the Rotary Foundation
- Best joint project with Rotaract and Interact Clubs
- An event that has brought in significant partnerships and resources and generated wide and positive publicity for Rotary

DO NOT APPLY

PUBLIC RELATIONS

The Club that has best promoted Rotary's visibility as evident from corporate partnerships, fund raised and media coverage. Press clippings from newspapers, video clips, audio records, photographs and club social media pages that are active shall be considered in determining the winner.

APPLY

COMMUNITY SERVICE

The Club with the most innovative, impactful and sustainable service project. A Project addressing most of Rotary's 6 areas of focus is an added advantage. (Both Tanzania and Uganda)

APPLY

YOUTH SERVICE

The club that has undertaken a Youthful Impactful Service Project which addresses some of the critical challenges affecting the youth. (Rotaractors and interactors are not eligible)

ENHANCED PARTICIPANTS ENGAGEMENT AWARD

To be presented to the Club that has the best Fitness and Nutrition Campaign, has the highest percentage of members that belong to a rotary fellowships and action groups. Diversity in club meetings, times and formats. A club that has held at least two family events/days home hospitalities,

APPLY

RECOGNITIONS

FIRST TIME ROTARY FOUNDATION GIVING ROTARACTORS THAT HAVE TRANSITIONED TO ROTARY

APPLY

ROTARY ROSES CATEGORY AWARDS AT THE 96TH DCA

The Rotary Rose program is an initiative that aims to grow and groom female membership in D9211 with an objective is to engage, elevate and empower the girls/women with the involvement of men and boys to improve gender relations. The program is part of the celebration of the 96th DCA that will be held in Munyonyo. The Rotary Roses Theme night is will recognizing the achievers of the program goals which include: (a) Growth of female membership female membership, (b) Increase our impact in community service, (c) Leadership development-coaching and mentorship of youth (boys and girls) and women, (d) Celebration of female leadership and achievements of the program. Recognitions will be awarded based on the following categories.

ROTARY ROSE FEMALE GROWTH AWARD.

This award will go to a club with the highest net increase in female membership. (i.e. recruitment of more than 3 females)

ROTARY ROSE SERVICE AWARD

This award will go to an impactful and sustainable club/ joint club initiative that has been implemented to empower and address girls/ women's needs in a community.

ROTARY ROSE MENTORSHIP AND COACHING AWARD

Award goes to a club/clubs that have implemented an impactful and effective mentorship program for women and youth (aged 15-35).

ROTARY ROSES ATTENDANCE AWARD

Club with highest registration and attendance of female delegates (including non- Rotarians) at the 96thDCA. *(Non Rotarians/Rotaractors have special Rotary Roses rate of \$ 55 /\$25 to attend the Rotary Roses day and night activities).

ROTARY ROSE CHIEF CREAM HONOR AWARD

A club that has achieved all the above i.e. Service Award, Mentorship Award and Female Growth Award and Attendance award of females at the 96th DCA

DG's Club Project Visits



RC Kasangati: Adopt-a-Village Makukuba

In 2014, the Rotary Club of Kasangati adopted nine villages in Nabbaale Sub-county, Nakifuma County, Mukono District. These villages have a population of about 150,000 people predominantly engaged in low-income farming activities. Makukuba is one of the nine villages. The club sought to provide basic education, accessible clean water, medical facilities, and empower the impoverished community through the self-help groups.

Basic Education and Literacy

- Children Safe Uganda donated two acres, and between 2014/16, the club in partnership with the community constructed the first classroom block named - The Light & Gift Block.
 - In 2016/17, the club in partnership with Harris International constructed the school's offices and the second classroom block - The Humanity Block. In addition, a library was constructed and furnished with books.
 - In 2019/20, in partnership with RC San Luis Obispo - The Connecting Block was built.
 - In 2020/21, the club and friends of Rotary are constructing The Opportunity Block.
- Each of the completed classroom blocks is plastered, painted, and furnished with desks. Water and Sanitation: In 2015/16, World Class Presidents in Uganda donated a 30,000litre tank to the school, while in 2019/20, the club through a global grant in partnership with RCs of Brynmawr, Cardiff Bay, and Abertillery constructed five boreholes in two primary schools -Manyangwa and Kitegomba, and in three communities - Kabulo, Gonve, and Shared Blessing.

Health: Two medical outreaches were carried out, and the two empty containers donated are currently used as a Maternity and Outpatients Unit.

DG's Club Project Visits

Rotary Club of Buloba

The club in partnership with Cruciform Life International Library opened a library located at Bulenga-Seguya stage. This community based library serves the areas of Kikaaya, Bulenga, Bulaga, and their environs. The library is expected to reduce illiteracy levels and empower the communities; increased access to learning facilities, and awareness about Rotary and Cruciform; increased research by students, teachers and religious leaders.

A total of 800 people have accessed the library in the last four months, while 40 adults (both men and women) are undertaking adult classes.



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 2021**
 12-14 FEB 2021

Venue
Hotel Brovad

Reg fees:
Rotarians 120,000/=
Rotaractors 80,000/=

Payments Details
 Centenary Bank , Masaka Branch
 A/C Name: Greater Masaka Mega fellowship
 A/C No. 3202415975

Mobile pay
 (PAG) Harriet Naddumba
 0772669779 / 0701026941

District 9211 Disease Prevention and Treatment Global Grants 2018-20

Grant ID	Grant Title	Project Description	Host Club	International Club and District	Total Budget
GG1642714	Medical equipment, supplies, and training for Bwindi Hospital	To upgrade Bwindi Community Hospital equipment for the neonatal intensive care unit, two new surgical suits, and post-operative units and train in Bio-Tech Engineering in order to expand services.	Kabale (Uganda)	Grass Valley (United States)	\$119,175.00
GG1747169	Cardiff-Ssese Islands Project	To upgrade the health centre and sensitise the community about preventive, control and curative measures, as well as train community volunteers and health workers to improve awareness and management of schistosomiasis in Kalangala District, Uganda.	Kampala-Ssese Islands (Uganda)	Cardiff (Wales)	\$35,150.00
GG1749649	Orkesumet Medical Project	To provide digital radiography medical equipment and multi-year training for two staff in radiography for Orkesumet Hospital in Tanzania.	Arusha (Tanzania)	Superior Sunrise Centennial (United States)	\$53,455.00
GG1863080	Rotary Jaipur Limb project. Kagando Hospital Uganda	To establish a permanent prosthetic workshop at Kagando Hospital Kasese, Uganda.	Kasese (Uganda)	Parkstone (England)	\$56,000.00
GG1863836	Hospital Equipment for Atiak, Uganda (Level 3)	To provide medical and dental equipment, and training to enable the opening of a new hospital in underserved Atiak, Northern Uganda	Gulu (Uganda)	San Diego (United States)	\$302,350.00
GG1863915	Katakwi Rotary Malaria Project	To train the community Village Health Workers in malaria detection in high prevalence areas, addressing childhood pneumonia and diarrhoea in Katakwi District, Uganda	Soroti Central (Uganda)	Seattle (United States)	\$304,000.00
GG1871649	Uganda India Medical Mission VTT	To provide a medical mission vocational training team of specialist surgeons in anaesthetist, gynaecologists, plastic surgery, ophthalmology, and dental care in Kampala, Uganda	Bugolobi (Uganda)	Ranchi (India)	\$80,000.00
GG1875501	Bwindi Skills Lab - Advancing Nursing Education in South-western Uganda (Level 2)	To provide equipment, furnishings and training for the Bwindi Skills Lab at UNSB in Buhoma, Uganda in addition to two Master's degree programs in Nursing Science.	Mbarara (Uganda)	Reno (United States)	\$219,978.00
GG1984238	Implementing "Women's Interest" booths at Rotary Family Health Days in Uganda	To host Uganda's bi-annual Rotary Family Health Days, which will provide health screening, testing, counselling, and education to community members across 90 sites. The project also promoted women's empowerment at select sites, and purchased medical equipment for a local health centre.	Lugogo Mango Tree (Uganda)	Valle Verde-Green Valley (United States)	\$114,175.00
GG1987811	Supply oncological equipment to Bethesda Medical Centre: Establish a Laparoscopic Surgery Unit	To provide equipment and training to start a Laparoscopic Cancer Surgery Unit at Bethesda Medical Center in Kampala, Uganda.	Kampala-North (Uganda)	Highdown (England)	\$38,500.00
GG1988382	Paediatric Orthopaedics Vocational Training Team to establish a Uganda Center of Training Excellence	To provide 12 months of hands-on surgical training in all aspects of paediatric orthopaedics at CoRSU Comprehensive Rehabilitation Hospital, Uganda	Kajjansi (Uganda)	Kihei-Wailea, Maui (United States)	\$81,748.00
GG1989744	Equipping St. Luke Health Center Bbina Maternal and Child Operation Room	To procure medical equipment for the recently constructed theatre block at St. Luke Health Center in Kampala, Uganda and build staff capacity.	Bugolobi Morningtide (Uganda)	Trani (Italy)	\$60,104.00
GG1990244	Mobile Medical Sehat Van Project In Tehri, Uttarakhand	To support mobile clinic services for non-communicable diseases and primarily women's health in Uttarakhand, India	Roorkee Mid-town (India)	Muyenga (Uganda)	\$87,118.00
GG2098459	Rapid diagnosis and treatment of tuberculosis in Malinyi	To provide a rapid tuberculosis diagnosis GeneXpert laboratory device to Lugala Lutheran Hospital, train medical staff on its use and support mobile clinics and outreach services in Malinyi District, Morogoro, Tanzania.	Mwalimu Nyerere Dodoma (Tanzania)	Allschwil-Regio Basel (Switzerland)	\$47,093.00



DG’S DECEMBER VISITS

ROSETTI NABBUMBA NAYENGA

Date	Morning	Mid-morning/Lunchtime	Late Afternoon/Early Evening
Tue 01-Dec-20		RI Zone 22 Institute, Kampala	
Wed 02-Dec-20		RI Zone 22 Institute, Kampala	
Thu 03-Dec-20		RI Zone 22 Institute, Kampala	
Fri 04-Dec-20	RI Zone 22 Institute, Kampala+LAUNCH OF THE PEACE CENTRE MAKERERE (TBC)		
Sat 05-Dec-20	RI Zone 22 Institute, Kampala+RC Kyadondo Charter (11.35am-12.35pm)		
Sun 06-Dec-20	RI Zone 22 Institute, Kampala Closure		
Mon 07-Dec-20	OTHER DUTIES		RC Mamba (5.30-7.30pm)
Tue 08-Dec-20	OTHER DUTIES		RC Wandegeya (+Luwero Kasana Prov) (4.00-6.00pm)
Wed 09-Dec-20	RC Maisha (7.00am-8.30am)		RC Kira (4.00-6.00pm)
Thu 10-Dec-20	RC Kampala Daybreak (7.00am-8.30am)		RC Moshi (5.30-6.30pm)
Fri 11-Dec-20	RC Kampala 7 Hills	RC Njiro	RC Dar es Salaam Mzizima (5.30-6.30pm)
Sat 12-Dec-20	PIME half year Retreat	OTHER DUTIES	
Sun 13-Dec-20	RC Muyenga Sunday Sunset		
Mon 14-Dec-20	End of District Gorvenor Rosetti’s official Club visits and the Start to Preparation of “A New Dawn		
Tue 15-Dec-20			
Wed 16-Dec-20			
Thu 17-Dec-20			
Fri 18-Dec-20	RVP Job and Career Fair (Pioneer Fair)full day		RC Kampala Palms Charter(5.00-7.00pm)
Sat 19-Dec-20	RC Busia Charter (5.00-7.00pm)		
Sun 20-Dec-20			



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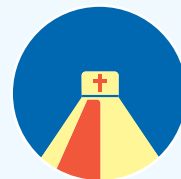
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