

94TH DCA SPEAKERS

PROJECT SHOWCASE

Providing medical services in Bukomansimbi

DISTRICT ROUND UP

Rotarians from UK on a friendship exchange to Tanzania



CATHERINE NJUGUNA

Dear Rotarian,

March is here. It's one month to the 94th District Conference and Assembly (DCA). DCA is one of the highlights of our Rotary calendar year. In this edition, we bring some of the speakers lined up for the DCA to give you a small glimpse of what's in store for you. You dare not miss!

The theme for March is Water and Sanitation, one of Rotary's areas of focus. And it also marks the Rotaract Week. And on that note, our inspiring Rotarian, all the way from Australia, has been recognized for his role and hard work in organizing Rotary Youth Leadership and Interact Boot camps that were held last month and early this month in Tanzania. They were super successful and impacted positively on the lives of hundreds of young people who attended including Interactors. This is none other than Sebastien Cox.

We also bring our usual round up of activities at the district. We feature a massive and hugely successful medical camp organized by the Rotary Clubs of Kololo-Kampala, Lukaya and Masaka. Over 1,500 people from far and wide arrived at the camp and received treatment for various ailments. Rotarian Denis Jjuuko, President from the Rotary club of Kampala Naalya, Uganda, builds a case for supporting the Gift of Life International and Rotary efforts to raise funds for heart surgeries for children at the one and only heart institute at Mulago. We also feature visiting Rotarians from UK who were in Tanzania to interact with Rotarians and to visit their projects.

March is also important for the gender movement as the world marks International Women's Day. Women Rotarians from Rotary clubs of Dar es Salaam, Dar es Salaam- Mikocheni and the newly chartered Rotary club of Dar es Salaam – Sunset, are organizing a fun dinner event for women Rotarians and their family and friends. The aim is to create a space to celebrate women and raise funds to change girls' lives. We shall bring you more on the event and how it went down in the next Wave. Keep tuned in.

From the wave team, happy reading!!

The Wave Team

Catherine, Flavia and Eric





RI PRESIDENT'S MESSAGE

TRANSFORMATIONAL SERVICE



One of the things I appreciate most about serving as president of Rotary International is the people I get to meet. Much of my time is spent traveling and visiting Rotary clubs around the world. A Rotarian welcome is something quite special. But let me tell you, there's nothing so warm as the welcomes that have been rolled out for me by Rotaractors. These are young people who are committed to Rotary ideals, who are pouring their hearts into service, and who, in the process, don't forget to have fun.

One of the highlights of my recent travels was a trip to Ghana, where I visited a district that boasts some 60 Rotaract clubs. They aren't satisfied with that number, though — in fact, they're excited about a plan to double it. They'll do it, too.

Rotaractors are vaccinating children against polio. They're donating blood where the supply is dangerously low. They're providing handwashing facilities to schools where children previously had no way to get clean. In short, they're all about transformational service: carrying out projects that make a real difference in their communities.

In Nakivale, Uganda, one special Rotaract club is making a difference in its community — which happens to be a refugee settlement. These young leaders are turning what others might see as disadvantages into opportunities for service, building community and opening up new possibilities to those who are most in need of them.

In Turkey, Rotaractors are visiting children in the hospital every Wednesday to lift their spirits by playing games with them. They also are mentoring new students at their university and teaching them leadership skills.

Rotaractors are blazing the path for Rotary to be more relevant in this new century of service. And World Rotaract Week, which we're celebrating 11-17 March, is the perfect opportunity to get to know your local Rotaractors and talk to them about how your clubs can work together. If your Rotary club doesn't already sponsor a Rotaract club, know that you don't need to be near a college or university to do it: Community-based Rotaract clubs are a great option. And remember that Rotaractors are part of the Rotary family.

When Rotaractors are ready to leave their Rotaract club, we don't want them to leave that Rotary family behind. I'm asking all Rotarians to help them make the transition into a Rotary club or to start a new one: I'm happy to charter as many new clubs as we need to give everyone a place where they feel at home while making the world a little better. Service should be fun, it should be inspirational, and it should be open to all.

If there's one thing Rotary has always excelled at, it's diversity. In the past, that often meant diversity of profession, nationality, and outlook. We've made great strides when it comes to diversity of age and gender, and as we welcome more Rotaractors into our organization, we'll become even stronger.

Rotary is powerful. Together with Rotaract, it is unstoppable. Working side by side, we have the potential to Be the Inspiration in every part of society, to every person we meet.





Taking action PROVIDING SAFE WATER



Clean water, sanitation, and hygiene education are basic necessities for a healthy environment and a productive life. When people have access to clean water and sanitation, waterborne diseases decrease, children stay healthier and attend school more regularly, domestic violence at home caused by women over staying at far away water sources decrease, and mothers can spend less time carrying water and more time helping their families.

If you ask a Tanzanian living in a rural area where they go to the toilet, they will turn their head towards a non-specific direction and say, "over there." This means that they use any location that gives them some sort of privacy to do their needs. Women have to go longer distances and in early morning hours to avoid prying eyes and molestation. The risks of open defecation are many including parasitic and bacterial infections. So, when Rotarians and clubs help in providing clean water and sanitation, we are assisting in meeting the most basic needs of our communities, while ensuring safety and very significant reduction is communicable diseases.

In Iganga, for the community of Kiroba district, Rotarians this year have provided the much-needed water using solar energy to pump water from a source and pipe it to 550 households with 3,300 people. The water is metered, and appointed agents provide water at a small fee and the monies collected help ensure sustainability.

Same, a town in Northern Tanzania is known for "Maji Ya Rotary" (Water from Rotary) by providing water one village at a time. The latest project is piping water from a natural spring to a catchment basin which is then piped down to a 150 cubic meter tank, then chlorinated and supplied to a community of 2,000 people which includes schools and hospitals.

Success in our past and current projects with water & sanitation led to USAID partnering with Rotary in Uganda on a long-term program to improve water supplies, sanitation, and hygiene at a cost of \$4M.

March is also a month every year when Rotaractors and Rotarians around the world celebrate World Rotaract Week during the week of 13th March. What have you planned?

Someone once told me - We are not born only to die, but we are also born to serve. Not to book our place in heaven, nor to win a coveted award - but for the sheer joy of being useful - after all the only other choice is to be useless - Used Less. As Rotarians I believe we have made our choice.



BE THE INSPIRATION

Sebastian Cox THE INSPIRATION







ALL THE WAY FROM AUSTRALIA, HOW DID YOU END UP IN ARUSHA AT THE SCHOOL OF ST JUDE'S?

The School of St Jude's is a charity funded school, which provides free education to 1800 children in the Arusha Region, Tanzania. For many years, the school has been supported by many Rotary Clubs from Australia. My family has been sponsoring students at the

school for over ten years. In 2013, I traveled with my family to Arusha to visit the school. It was when I was at the school that I learnt more about Rotary and the good it does in the world. A few months after this visit, I joined the Rotaract Club of the University of Canberra and my Rotary journey begun. After being a Rotaractor for two years in Australia, St Jude's asked me to move to Arusha to start an Interact and a Rotaract Club at the school.

YOU MUST LOVE WORKING WITH YOUNG PEOPLE. WHY IS THAT?

In my final years of high school, I started working in the early childhood industry. It was here that I discovered my love of working with young people. I enjoy their endless energy and imagination. When you support them to make their dreams become a reality, it's very special.

BE THE INSPIRATION

WHAT ARE SOME OF THE HIGHLIGHTS IN YOUR STAY AT THE SCHOOL OF ST JUDE'S?

I had so many highlight during my two years in Tanzania. During PDG Jayesh's year I worked closely with him in forming the first Earlyact (Rotary Clubs for primary schools) clubs in Tanzania. I have had headmasters in these schools tell me that these clubs have transformed their student's attitudes towards giving and being compassionate.

Another highlight was running a Rotary Vijana Poa project with the Rotaract Club of St Jude's. We trained and mentored 12 young people from Arusha. It was so successful that Rotary International recognised the project as the best Rotaract project in Sub-Saharan Africa.

ANY CHALLENGES YOU EXPERIENCED?

Every day there was a new challenge to deal with! However, I feel I thrive the best when faced with challenges. The first challenge I was faced with was learning how to run Interact and Rotaract Clubs in Tanzania. I cannot thank the Rotaractors of Tanzania enough for the support and guidance they gave me.

WHAT DID YOU MISS THE MOST AFTER MOVING BACK HOME?

It was tough to move back home and there is so much that I miss. The thing I miss the most is the friends that I made during my time in Tanzania, both inside and outside of Rotary (although most of them are in Rotaract or Rotary now, because I made them join).

AND NOW YOU CAME BACK AND ORGANIZED A SUCCESSFUL RYLA. HOW DID THAT HAPPEN?

Unfinished business! In 2017 I chaired Tanzania's first Under 18 RYLA, which took place in Arusha. The event was successful, but it only involved youth from the Arusha region. The outreach needed to be larger and I wanted to support in making it happen. I spoke to DG Sharmila about coming back to Tanzania during my university holiday to organise a series of Under 18 RYLAs (for non-Interactors) and Interact Boot Camp events in Dar es Salaam, Arusha and Bukoba.

WHAT DO YOU THINK WENT WELL?

Firstly, the Rotary Clubs were amazing in agreeing to sponsor youth to attend (a huge thank you to all of you). The events had a good mix of guest speakers and interactive sessions. We also recorded a Country Interact Song, which will be premiered at the DCA.

WHAT CAN BE IMPROVED ON IN THE FUTURE?

It will be beneficial to have more Rotarians present at the events to share their knowledge and experience with the youth. I would also like the Interactors to be involved in designing the programs for the events. This will ensure what we are planning meets their interests.

SO, ARE YOU STILL ENGAGED IN ROTARACT AFTER MOVING BACK HOME TO AUSTRALIA?

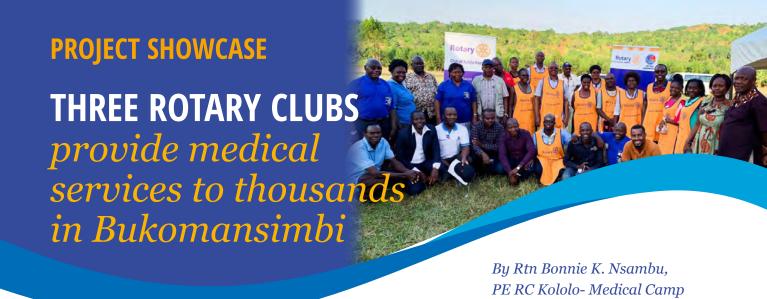
Yes, after moving back to Australia I rejoined my old Rotaract Club. However, District 9211 still has a special place in my heart.

WHAT DOES THE FUTURE HOLD FOR YOU? WILL YOU BE BACK TO D9211?

I will graduate from university with a Bachelor of Early Childhood and Primary Education in November. At this stage I don't know what my future holds beyond that, but I hope to return to District 9211 one day.

FAVORITE FOODS IN TANZANIA AND AUSTRALIA?

Not matter what country I am in, pizza will always be my favourite food. There are many great places to eat pizza in Arusha. I also enjoyed chips mayai.



"It was Massive!" This is the statement many people have used to describe the turn up at the Medical Camp, which was organized by the Rotary Club of Kololo-Kampala in partnership with the Rotary Club of Lukaya and the Rotary Club of Masaka, on 15-16th February 2019 at Kisaabwa Primary School, Butenga Subcounty, Bukomansimbi District. The district with a population of 151,403 (UBOS 2014 census) has one doctor who serves as the District Health Officer. It has one Health Centre IV at Butenga, headed by a clinical officer.

Thanks to the Rotary Family Health Days (RFHDs) country providing for team assortment of medicines and sundries for use at medical outreaches. A total of 39 Rotarians and 3 Rotaractors participated physically this medical camp. We had more than 60 health worker volunteers including 12 doctors, 22 Clinicians/ Lab technicians, 11 nurses, 6 social workers and 15 medical students from Mulago Paramedical School MWEHESA). (mostly from

Ten health personnel from Butenga Health Centre IV, Bukomansimbi district, participated in the medical camp.

The Rotary Club of Kololo also received support from number of corporate organizations and individuals who contributed money and medicines. The Kisaabwa community provided food and accommodation for the health volunteers. Some corporates who attended the medical camp included Uganda Cares, Sanctuary Medical Foundation, Kemlog Kids dental, MAC Dental Clinic, Rakai Health Sciences Project, River Jordan medical centre and CBS FM.

During the 2-day medical camp, free health services provided General included; Health and Education Promotion; Maternal and Child Healthcare Education, HIV Counselling and Testing, Safe Male Circumcision, Cancer Screening, Dental Care Services, Eye Care Services, Hypertension and Diabetes screening, and General Outpatient treatment.

Despite the early morning drizzle, clients were at the

by 6:00am having venue trekked long distances. About 1500 people benefited from the free services, 30% males and 70% females. About 22% were children of 0-10 years, 5% were young people of 11-20 years while 73% were adults of 20 years and above. The Eye care clinic attended to 324 patients, 410 patients attended the Hypertension and diabetes clinic, 68 patients were attended to by the gynaecologist, 72 women received CA screening by River Jordan medical center..305 patients: 35% were male and 65% females were tested for HIV/AIDS while the Dental team s treated 225 people. Dr. Sarah Zalwango Kalyango, who was one of the doctors at the general clinic noted that owing to large numbers and long distances traveled by patients, it is evident that there is high demand for basic health services among the community.".

Coordinator

The Rotary Clubs of Kololo-Kampala, Masaka and Lukaya express sincere appreciation to RFHDs and all corporates and individuals who supported and/ or participated in this medical camp.





OPINION

OF UGANDA HEART INSTITUTE

and its Intensive **C** Unit challenge

By Rtn Denis Jjuuko

Procident Potamy Club of

By Rtn Denis Jjuuko President – Rotary Club of Kampala Naalya

There approximately 1.5 million babies born in Uganda every year. That isn't news since Uganda has one of the fastest growing populations in the world. What might be newsworthy is that approximately 15,000 of those kids have heart defects and half of that number (7,500) need treatment. There are also others that are born any defects without but failure or delays in treating sore throats among children between ages 5-15 ends up causing Rheumatic Heart Disease (RHD). RHD is highly prevalent yet preventable. Failure to treat sore throats leads to inflammation of the heart, which occurs with acute rheumatic fever hence permanent damage of the heart, particularly the heart valves.

In Uganda, there is only one heart institute at Mulago, which receives about 500 children every year that need surgery. This number is low because majority of the children that need treatment are not even brought into the institute's system. You know how our people can easily resort to witchcraft. However, the Uganda Heart Institute (UHI) is

constrained. Even though they have the capacity to carry out five open-heart surgeries every day, they don't have enough Intensive Care Unit (ICU) beds.

So they have borrowed ICU space at the equally constrained Uganda Cancer Institute, who according to UHI's executive director, have issued them an eviction notice. Without enough ICU beds, the doctors can't carry out surgeries because there is need for post-surgery care otherwise the patient dies.

I almost shed tears listening to these statistics when as Rotary we launched a campaign to operate 110 kids. My Rotary Club of Kampala Naalya, and the Rotary clubs of Kampala, Bukoto, and Mengo together with two other clubs abroad, Gift of Life International, and Rotary International have raised over Shs1 billion for these surgeries.

However, the backlog at the Uganda Heart Institute is so huge that even if you pay today, you may not even be worked on. An open heart surgery costs Shs25 million in Uganda as opposed to USD20,000 (approximately Shs74 million) in India. And every day, there are people going to India and

elsewhere for such surgeries. We are donating money.

What is shocking is the amount of money the institute needs to do their job effectively. The executive director, Dr John Omangino, said that the institute needs at least 12 ICU beds. They have the land and approved designs but have no money. They don't have the approval from government to borrow from a commercial bank and build the facility. How much money do they need? Just USD1.8m or approximately Shs7 billion — the same amount doesn't even get you 10 brand new Land Cruiser V8s.

Click here to read more



IP Denis Jjuuko with DGE Xavier at the Uganda heart institute





94TH DCA SPEAKERS

ROTARIAN JIM MARGGRAFF

Award winning author, inventor and entrepreneur!



For more than 30 years, Jim Marggraff has dedicated energy, vision, inventiveness to developing standards, applications, technology and products for committed companies creating innovative solutions, improving learning, and advancing human thought.

Jim is a prolific speaker, with 2 presentations on the TED main stage, a TEDx talk, and presentations at Rotary International's Annual Convention, All Things Digital, DEMO, Future in Review, the Milken Global Economic Conference. the Aspen Ideas Festival, Bloomberg TV, JavaOne, the Director's Guild of America, Imagine Solutions, Ciudad de las Ideas, Columbia Business School. MIT, numerous Rotary District Conferences, and other local and global events featuring thought-leaders and innovators.

Most recently, Jim worked as a Director in Google's Virtual and Augmented Reality division, following the sale of

Eyefluence, founded by Jim, to Google in 2016. Eyefluence was the sixth company that Jim has founded/co-founded. In 2018, Jim succumbed to the allure of entrepreneurship, and is now exploring the concept of creating world's first Al Social Agent to address issues around human connectedness. lim is also currently advising a number of technology startups and entrepreneurs

2007, founded Jim Livescribe, as the inventor of the world's first smartpen. Under lim's guidance. Livescribe generated over 2 billion media impressions, dozens of awards for its Pulse and Echo platforms, and sales of over two million smartpens in more than 40 countries, to create a global brand for a new product category.

Jim's idea for a smartpen developed during his 7 years at LeapFrog. Jim had sold his previous company, Explore Technologies, to LeapFrog in 1998, where he helped grow LeapFrog from \$31 million to \$680 million annual sales in five years. As the inventor of the world-renowned

LeapPad Learning System, lim's dedication to technologylearning LeapFrog sell over \$1 billion of LeapPads and educational content worldwide in less than 5 years. Jim's voice, as a lead voice-over talent for LeapFrog, greeted users of tens of millions of LeapPads. lim's inventions and content have impacted more than 100 million children and adults in reading, math, and language skills, and have sparked and fueled a passion for lifelong learning for people around the globe.

He is also a member of the Rotary Club of Lamorinda Sunrise and was the driving force behind Rotary's virtual reality film, One Small Act aired at the 2017 Rotary International Convention in Atlanta.

Last year he published a book, How to Raise a Founder with Heart: A Guide for Parents to Develop Your Child's Problem-Solving Abilities.





DISTRICT ROUND-UP

ROTARIANS FROM UK ON A FRIENDSHIP EXCHANGE TO TANZANIA

Jean Paul, Esq President Rotary Club of Bahari District Chair-Rotary Friendship Exchange

Rotarians in Tanzania yet again put their best foot forward to host visiting Rotarians. This time from the District 1100 from Hereford, UK. The guests were in the country from 28 January -1 February.

Their aim was to visit a Global Grant project, Valentine Water Project in Mbagala, Dar es Salaam. This is one of the most heavily populated low income areas in the city. The project is in partnership with Water Mission International and Rotary club of Bahari 2016-18.

The Water system which uses Solar energy serves a Secondary School, an Orphanage and about 2500 people in the community.

While in Dar es salaam, they met with the District Governor Sharmilla Bhatt, members of the Rotary club of Bahari, visited all the newly chartered clubs and projects by other clubs. They also visited the joint project of all clubs in Dar es Salam to support eh Community Based Rehabilitation Tanzania construct a high-end hospital private wing offering medical care to paying patients and from the funds raised subsidized charity work of the hospital.

On their last night, they met with members of Rotary club of Bahari, guests & other Rotarians from different clubs at an evening event. Club flags and contacts were exchanged for future exchanges. Finally, they continued to Mikumi Park and Zanzibar for site seeing and relaxation.











ROTARIANS COMMEMORATE THE LATE PDG HATIM

Rotarians from the District joined friends and family to remember the life of Past District Governor Hatim Amir Karimje at a functioned organized in Dar es Salaam on 23 February 2019 by his family. The late PDG Karimjee passed away on 12 January, 2019 at the age of 73, in London, England.

The Rotarian delegation was led by the District Governor, Sharmila Bhatt. Also in attendance to represent Rotarians from Uganda were PDG Henry Kyemba and Chris.

In her speech, the DG noted that, the commemoration of PDG Hatim was taking place on 23 February which was also the day when Rotary and Rotarians from around the world were celebrating 114 years of existence. She said this was a very befitting day to remember PDG.

The DG noted that PDG Hatim was a committed Rotarian and very passionate about community service. His community service work started as a member of Round Table, a community service for men aged 20 – 30. He then went on to form the Rotary Club of Bahari-Dar es Salaam, which is marking its 30th anniversary this February, where he served as a charter president for two years. He also helped form the Rotary Club of Dar es Salaam – Oysterbay which is currently the largest club in Tanzania.

He was also a great leader.

"His leadership capabilities led him to become both a chairman for Round Tables in East Africa and Rotary District Governor for the then District 9200 in 1999/2000. D9200 consisted of 5 countries, Eritrea, Ethiopia, Kenya, Tanzania and Uganda," DG Sharmila said.

She added that Rotarians in the District will honor the late PGD Hatim by continuing with his work of growing Rotary in Tanzania to enable it become a District on its own.





DG Sharmila speaks about PDG Hatim during the commemoration.





DISTRICT ROUND-UP

RC NKUMBA IN SANITATION CAMPAIGN

By Rtn Edwin Mogere Vice Chair Community Service Projects Rotary Club of Nkumba, Uganda



The Rotary Club of Nkumba in partnership with the Rotaract club of Nkumba Stewards, CORSU Rehabilitation Hospital and Lions Club of Entebbe joined hands in a clean-up exercise of Kawuku market and the abbatoir. The service projects director for Rotary Club of Nkumba Rtn. Elsam Mujurizi who coordinated the initiative said that "this is an annual exercise carried out with their Rotaractors only that this time it attracted the Lions Club from Entebbe – our partners on community service".

THE BOAT REGATTA AND FISH BONANZA



The Annual Boat regatta and Fish Bonaza, a signature event of the Rotary club of Munyonyo was held on 16th February at Ddungu resort Munyonyo. It was attended by about 22 Rotary clubs and many fishermen at the landing site. The initiative was aimed to raise funds to improve water, sanitation and hygiene at around Kawuku Gaba landing site. Besides the regatta there was a fish bonanza and entertainment by renown artiste, Myko Oguma.













Rotary Club of Musoma



RC Mwalimu Nyerere Dodoma



RC Mororgoro North



RC Mwika building bridges



RC Moshi Kondiki milk processing plant



Rotary Club of Mwanza



RC Same providing water



RC Machame fighting hunger



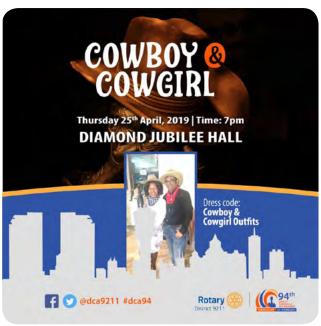
RC Hai adopts a school





UPCOMING EVENTS













the WAVE

The Wave is the official newsletter of the District Governor of Rotary District 9211, Tanzania & Uganda.

We welcome contributions to the next edition of the Wave. Email to: dg9211news@gmail.com Kindly send your articles, photos, commentaries by March 20th.

