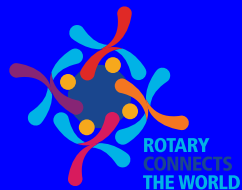




Photo from WaterAid.org

**Rotary**  
District 9211



Water and Sanitation Month

the  
**WAVE**

Issue no. 09 | March 2020



Chief Editor

Charles Odaga  
RC of Kampala South

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Bernard Tabaire - Advisor  
Catherine Njuguna - Advisor

Felix Mwebe - Designer

## EDITOR'S NOTE

We would like to welcome you to yet another exciting edition of the District Governors WAVE magazine. It's more exciting because we are witnessing more amazing deeds by Rotarians in D9211 and world over. More appealing to Rotarians though is the fact that we celebrate women this month. How we wish that we could celebrate them a lot more often. We wouldn't even dare elaborate how special women are in Rotary and human kind, but we happily join in the celebration.

A lot is going on within the district as we witnessed the organizing committee for the 95th DCA has closed registrations. We wish them a very successful planning and execution process and are all eager to meet in Mbarara.

Also coming up is the 2nd All Africa Rotary Zone Institute which is scheduled to take place in Uganda from 1st - 6th September 2020 at the Speke & Commonwealth Resort Munyonyo. You are all invited to register for this Institute on [www.rotaryinstitute2020ug.org](http://www.rotaryinstitute2020ug.org), early bird registration ends on 31st May 2020.

We thank you for being great readers of our editions, please do share more of your stories with us.

## RI President's March Message



March is the month we celebrate Rotaract — and this has been quite a year for our young partners in service.

Last spring, the Council on Legislation elevated Rotaract in our constitution: Rotary International is now the association of both Rotary clubs and Rotaract clubs. Then in October, the Rotary Board of Directors eliminated the artificial Rotaract age limit and took other steps to break down barriers that were preventing Rotaract from growing in some parts of the world.

These steps were long overdue, because Rotaract is a vision of what Rotary must become. Not only do we need to open our doors to our young colleagues, but we also have to open our ears and minds to the Rotary experience they find most engaging. That is one of the best ways we will meaningfully grow Rotary.

When I say grow Rotary, I mean it in many ways. We need to grow our service and to grow the impact of our projects. Most importantly, however, we need to grow our membership, so that we can achieve more. Rotaractors provide this opportunity, not only because they can transition to Rotary at the time that is right for them, but also because they understand what it will take to attract others like them.

Business as usual will not work for us anymore. Bringing in more members to replace the ones we lose is not the answer. It is like pouring more water into a bucket full of holes. We need to address the root causes of member loss in many parts of the world: member engagement that is not what it should be, and our member demographic that skews steadily older.

It is time to make some fundamental changes. We already know what the barriers are to an engaged and diverse membership. It is time to act on what we know: creating new membership models, opening new paths to Rotary membership, and building new Rotary and Rotaract clubs where the existing clubs do not meet a current need.

New club models represent an opportunity to connect with a more diverse group of individuals — particularly those who are unable or unwilling to join our traditional clubs. While new club models have been emerging for some time, it is up to district governors to make them a reality. In January at the International Assembly, our incoming district governors took part in an exercise called Build Your Own Club Model. It was a wonderful experience that put them in the right frame of mind for the work ahead.

Ultimately, however, it will be up to Rotaractors and young Rotarians to create new club models that are most meaningful to the next generation. We may think we know what young people want from Rotary clubs in the future, but I am confident that what young people say will surprise us. It will be our job to support their innovation, for it will help us grow Rotary as Rotary Connects the World.

*Mark Daniel Maloney*  
*President 2019-20*





## DG's March Message

How time flies! We are already approaching the end of the third quarter of this Rotary year. And yet much remains to be done. This month alone has so many different activities and each requiring our undivided attention. It is the Rotaract month and as a former Rotaractor, I am delighted by the on-going efforts to bridge the gap between Rotaractors and Rotary. I am glad that we all finally recognize that this requires a two-way collaboration and that there is so much to learn from the Rotaractors.

But allow me to focus a little more on the Women and Water, Sanitation & Hygiene (WASH) themes – both of which we are celebrating this month. Despite being late entrants into Rotary, women have become a formidable force and as I have said before, I honestly do not know how much we would have achieved without them. But even as we celebrate the remarkable women in Rotary, we must recognise the odds that are stacked against millions of women and girls out there, and the distance we still have to cover to achieve gender equality. Enter WASH.

Turning on a tap to wash our hands or take a shower is a no brainer for you and I. Infact it is not something that we give much thought. And yet the reality is very different in many of our communities where the need to use the loo or the desire for a daily bath and clean clothes must be weighed against various considerations. More than 10 million people in Uganda and close to 26 million in Tanzania lack access to safe water and improved sanitation facilities.

The scarcity of water has enslaved women, many of whom walk more than 5 km and spend a minimum of two hours a day collecting water for the family and household needs. Collectively and across the African continent, the time spent by women and girls searching for water exceeds 40 billion hours per year. So much time wasted!! Now think – how much more could be gained around the continent, if

women and girls spent that time on more important things like going to school, tilling their gardens or engaging in income generating activities.

As Rotarians, we have invested significantly in our six key areas of focus. But no matter how much money is spent on education and health facilities in our communities, none of it will make any difference if water and sanitation conditions in those areas are not improved. “Water is life” sounds so cliché – but it is true. Providing water closer to homes boosts school attendance by freeing girls from the life of a ‘water carrier’ and enabling them to spend more time in school and live their dreams. Bringing water closer frees up women’s time – enabling them to be economically active and financially independent. Access to clean and safe water prevents disease and reduces infant mortality.

With this perspective, I would like to urge you to prioritize WASH initiatives in your communities. Because as you see, bringing safe water closer to communities ultimately increases the success rate of all our other areas of focus. Each one of us is capable of doing something - be it giving our time and our resources, harnessing our connections and/or deploying our skills to increase access to safe water. By bringing safe water closer to communities, we will not only improve the lives and dignity of women and girls, we will also move a step closer to gender equality.

F X Sentamu  
District Governor 2019 - 20  
Rotary International District 9211

**Rotary**  
District 9211



Tanzania &  
Uganda





# Rotary Monitors The Coronavirus Impact

Rotary is closely monitoring the pandemic of COVID-19, the illness caused by the novel coronavirus, and continuously assessing the potential impact on Rotary operations, events, and members.



the  
**WAVE**  
Issue no. 09 | March 2020

Your health and safety are always our top priorities. Look below for information on Rotary activities that may be affected. We will update this announcement when new information becomes available.

## **Rotary International Convention**

The convention is still scheduled for 6-10 June in Honolulu, Hawaii, USA.

We will watch for developments and follow the recommendations and guidance of the World Health Organization (WHO), the U.S. State Department, and the U.S. Centers for Disease Control and Prevention. We are prepared to make adjustments and take all precautions necessary to protect convention attendees.

## **Other major Rotary events**

To protect the health of our members, staff, and travelers, Rotary has canceled the presidential conferences scheduled for 28 March at UNESCO in Paris, France, and for 9 May at the Food and Agriculture Organization in Rome, Italy. People who registered will receive an email with additional information and details about refunds.

## **Club and district meetings**

Rotary International recommends that members and participants follow the guidelines set by the World Health Organization and your national, regional, or local health authorities to protect your

health and safety. If authorities recommend it, postpone or cancel in-person meetings, or conduct them online or by phone.

Closely examine your personal circumstances, including any health issues, when you consider travel and participation in events.

## **Rotary Youth Exchange**

Contact your partner district in areas where COVID-19 has been detected to confirm specific precautions that students hosted in their area should take. All districts, as well as students and their parents, should look at the guidelines issued by their embassies or consular offices, international public health agencies like the World Health Organization, and local health authorities for the latest and most relevant information.

If your district is a host district, consider whether student trips or local activities could expose participants to an increased risk or to challenges returning home. You may consider canceling or postponing nonessential travel.

If a student's parent or guardian is concerned about their health or safety in any placement, including in those areas affected by an outbreak, work with your partner districts to consider an alternative placement, if possible. Parents may also choose to remove their child from the program.

## **Rotary Peace Fellowships and other programs**

Participants in Rotary Peace Fellowships, Rotary Friendship Exchanges, and Rotary Action Groups and their affiliated chapters should follow recommendations from the World Health Organization and the host region's national, regional, or local health authorities when considering whether to postpone events, meetings, or activities.

For peace fellows: Countries listed as Level 3 by the U.S. Centers for Disease Control and Prevention have been added to Rotary's travel ban list, and all nonessential travel to, from, or through those countries is restricted for Rotary staff and fellows. Use discretion if you plan to travel to or through Level 2 countries. Fellows currently in a country experiencing the spread of COVID-19 are advised to follow the recommendations of your host university and the country's national health agencies.

For first-year fellows preparing for your applied field experience, we recommend you consider options in your study country and have an alternate plan in place in case travel is restricted further. Beyond health and safety concerns, we do not want fellows to be subject to quarantines or have challenges returning to the country where you study because of your field experience travel. You can contact your staff specialist with specific questions about how Rotary's policy may affect your field experience planning.

For Interact and Rotary Youth Leadership Awards (RYLA): Consider whether planned events, trips, or local activities could expose young people to an increased risk, and consider canceling or postponing nonessential travel or large gatherings.

Follow the guidance of schools for any closures or delayed start times that may affect school-based program participants. Discuss how they can stay engaged and safe until school resumes. Talk with parents or guardians about their child's health and safety and what Rotary clubs and districts are doing to minimize the exposure and impact for participants in Rotary activities and events.

## **Rotary-funded travel**

Rotary International recommends that Rotary-funded grant recipients, Rotary Youth Exchange participants, Rotary Peace Fellows, or other Rotary-funded travelers follow the guidelines set by the World Health Organization and your national, regional, or local health authorities to protect your health and safety.

Review and share the Rotary travel ban list with clubs and districts to confirm whether grant-funded travel is permitted. Direct any additional questions about Rotary-funded travel to your appropriate program officer.





## HAPPY INTERNATIONAL WOMEN'S DAY FROM THE ROTARY FOUNDATION

FEATURING: SYLVIA MORAA MOCHABO



Rotary is filled with inspiring women. On International Women's Day, 8 March, we're celebrating all of the women who are making a difference in our world. One of them is Sylvia Moraa Mochabo, CEO of Tech Hub, a mother of three, and an assistant Rotary public image coordinator.

As a teenager, Sylvia was introduced to Rotary through her mother, who worked as an HIV counselor on a Rotary project. When Sylvia began her career in design and printing, she was hired by a Rotarian who invited her to join a fellowship. A year later, Sylvia joined the Rotary Club of Muthaiga, Kenya. Within a month, she became a member of District 9212's public relations committee and later served as public relations director and club administrator.

Sylvia has also been chair of branding, both for the zone institute in 2015 and for the district conference and assembly for the past five years. She's spoken to clubs and trained members on personal and corporate branding, which led to her current role as assistant RPIC for 2019-20.

As a parent of a special needs child, Sylvia is an advocate for those with special needs. After she first became involved in the Rotary Sunshine Rally, an annual event that brings together thousands of special needs children for a fun day in the sun, she went on to serve on its organizing committee for four years. That experience led her to found the Andy Speaks 4 Special Needs Persons Africa, which works for the inclusion of people with neurodevelopmental disabilities.

“Leadership is a journey. One we learn to give of ourselves, to be aware that our actions and words are powerful and can change a life positively or negatively. Be ready to unlearn that which is toxic, learn from everyone and every situation. Lead knowing you are an example, an inspiration — hence, give it your best.” — Sylvia Moraa Mochabo





# Eastern Africa Projects Fair (EAPF)

Following the official opening, PDG Jayesh Asher and PP Young Kimaro led a highly interactive training session on community assessment, project sustainability and challenges in partnership. In addition to their insightful presentations, participants benefited from group discussions and had the opportunity to pose questions to the knowledgeable trainers. Discussion continued over lunch, examining possible solutions to the challenges identified in successful project management. The trainers were available for the rest of the day for consultation.

After a delicious lunch, stands were open for fellow Rotarians, potential partners, curious guests to browse and hold discussions on topics as varied as building bridges to teaching young girls how to run a successful business. The afternoon flew by with a great many valuable connections made - partnerships for service projects, as well as new friendships.

Friday evening was truly special, with a joint Charter Night for two Clubs - Rotary Club of Njiro Arusha and Rotary Club of Arusha West Side. A total of forty diverse new members were inducted into the Rotary family, followed by dinner to mark Rotary fellowship on this special occasion.

On Saturday stands were open all morning, leaving the afternoon free for sightseeing. In the evening Rotarians, enjoyed a barbecue dinner at Uzunguni Park.

Sunday morning saw mini-vans heading in different directions across the city carrying potential partners who for project site visits. This was a valuable opportunity for a practical introduction to the project.

The main objective of Eastern African Projects Fair is to bring together Rotarians from outside our Districts to explore potential partnerships. Participants will come from Rotary Clubs in Kenya, Uganda, Tanzania, Eritrea, Ethiopia, South Sudan, Rwanda & Burundi, with possible partners coming from across the globe.

The Eastern Africa Projects Fair (EAPF) has become an important annual event on the Rotary calendar, during which clubs in the region offer humanitarian projects for review and funding by international partners. The inaugural fair was held in Entebbe, Uganda in 2018, followed Rotary in Mombasa, Kenya hosting the event in 2019.

This year EAPF took place from 7 – 9 February 2020 at the Impala Hotel in Arusha, Tanzania.

On the morning of Friday 7 February 2020, DG FX officially opened the fair, with thirteen exhibitors representing Rotary Clubs in Kenya, Uganda and Tanzania, show casing a variety projects related to all the areas of focus, ranging from the provision of bridge construction to women empowerment. In addition, potential partners, Rotarians from Germany and USA were in attendance, along with participants from Clubs all over East Africa. In his lively address, the DG stressed the importance of connecting as partners to serve communities better.





# Welcome Dinner...

@ Hotel Triangle

Wednesday, 29th April 2020

6:00pm - 10:00pm

Hosted By Eastern Clubs

Dress Code: Casual and jeans

**95th**  
District Conference  
and Assembly  
**29th April**  
to **2nd May 2020**  
@ Hotel Triangle - Mbarara



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# Jazz Night... In The Spectrum

@ Asamar Hotel

Thursday, 30th April 2020

07:00p.m - 10:00p.m

Hosted By

RC K'la Ssepe, RC K'la Metropolitan, RC K'la Seven Hills

RC Kalangala, RC Lwengo, Provisional RC Kira

Rotaract K'la Ssepe Islands, Rotaract Ndejje University.

Dress Code: Spectrum colors

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# The humility, commitment and passion of DG Xavier Sentamu

RC KISUGU VICTORIA  
VIEW DG VISIT

The DG visit is the most important event of a Rotary year for any club. When the Governor Xavier visited our club immediately after his return from Dar es Salam where he had just climbed to the summit of Mountain Kilimanjaro with friends, we were filled with gladness. The return journey hadn't been easy as he may have told the story to many because he nearly didn't make it back in time and Chair Emmy Taniko was left back unwell- this got the DG was very concerned. Aside from that, he had one or two clubs to visit before KVV but there he was, driving himself to Namuwongo market clad very neatly in a blue suit, ready for work because it was important to him that he fulfilled his commitments regardless of circumstances.

We then took him to the community, first to the school where we donated reading books and this lit up his eyes when he saw our Rotaractors and Interactors on site. The interactors had brought extra items to give to the children. He lit up even more when he saw the beneficiaries; little children from as young as 3 years upwards who assembled at Kids Club for a chance to free education or just to have an opportunity to read. He insisted on having the children read a book or two out loud for it wasn't enough to just give books. In addition, he suggested that the club creates time to read with the children! There is a particular picture we took of him that melts my heart to date. A picture of a genuine servant to humanity! He listened to these children, cheering them on to speak, speak louder, say something, read something. It was quite emotional.

Our second stop was to launch an automated water tap funded by a partner who was also on site to witness and be part of the launch. Unknown to us, Governor Xavier and our partners were old school friends but hadn't met for a while. This was another emotional moment of surprise and joy that passed when they met, proving that indeed, Rotary Connects the World. At the tap he asked many questions about the functionality of the tap, how the community needed to look after it responsibly and so on. When the time for its launch approached, he requested for a clean

container to be given to him and he lectured the community about the importance of using clean containers for water. Here, he advised that it wasn't enough that people got clean water but that they also kept it in clean containers. Our governor was not just ticking boxes, he was serving humanity from his heart

Our third stop was Labour College where we met members of the community that had just completed financial literacy training and had formed a savings group. The governor was happy to meet with them together with the Labour College team, our training partner. He motivated them to get stronger, saying it was only the beginning; their association would get a lot more from Rotary as an ongoing partner!

It was then time for the board meeting followed by the Club Assembly, a time one would think would be too much for the Governor but that wasn't the case for he sat in the board meeting. At one moment I thought he wasn't wholly with us until it was time to give his remarks. He had everything spot on. His feedback, advice and counsel was responsive to our situation. He left us ignited to tackle some of the challenges that we are working on as a club. And he followed it with a formal feedback report in writing, which we still follow. At the Club Assembly, the governor received and pinned our first tranche of Rotary Foundation generous givers namely Rtn. Justine Gatana, Rtn. Denis Kiggundu, and myself and inducted a member Rtn. Rebecca. Finally he gave a speech which many felt was one of his best. The Governor told his story to the summit, one of braving of all conditions to the top. He challenged each of us to pick our summit, a challenge we feel may be too hard to overcome. He encouraged that with purpose, resolve, action and persistence, every summit will be conquered.

After the Club assembly, unlike the usual networking, dinning and wining sessions that accompany a DG Visit, the Governor had to quickly move on to the funeral service of a Rotarian Ann's loss. This was very important for him to do too. By this time we were all in awe of

what the person of the Governor is expected to do and in great appreciation of how Governor Xavier was handling the entire day! After his time at the vigil, he came by with his fellow Governor, had one drink and left.

While it may have been a long day for him, he left us in appreciation and great respect of his person; a committed, knowledgeable and passionate servant to humanity!







By PP Charles Magala  
RC Kajjansi

# The Power of Good Stewardship

When it was first announced in November 2019, the return visit to RC Kajjansi by PDG Marty Leachman from Rotary Club of Boothbay Harbor D7780 (USA) seemed so far away. However, in reality, the days run so fast and on Monday 3rd February 2020, she was received at Entebbe with smiles from PAG Juliet, PAG Peace and IP Flavia of RC Kajjansi.

On Tuesday 4th February, PDG Marty shared tips on effective oral hygiene with pupils at Katwe Bweya primary school.

Thereafter, together with Board members, past presidents and advisors of RC Kajjansi were hosted at the Presidential “white house” to an informal dinner. After enjoying a sumptuous meal and an assortment of drinks, members shared memories of the first visit in 2014, by six Rotarians from D7780 in Maine, USA. Marty was part of that delegation and she developed special friendship with RC Kajjansi and has kept the communication lines open thanks to PAG Juliet.

Part of PDG Marty’s itinerary included a monitoring visit to St. Padre Pio Technical Institute, Buikwe. Rtn Godfrey- the director for projects worked behind the scenes to get the field trip properly fixed. Many Club members who joined after 2014 were anxious to meet Marty having heard the humbling stories of the donation of \$250,000 she secured for RC Kajjansi from the Walter Foundation to implement the Buikwe project.

Without fears or doubts, members who had witnessed the Buikwe project implementation, shared their views and thoughts on the developments at St. Padre Pio Rotary Vocational Institute. In a simple and calm tone, PDG Marty

responded to all the stories that the great achievements were a result of “the power of good stewardship.” if the project had suffered problems of accountability and mismanagement, there would be loss of trust and the project would not have succeeded. She shared her own experience of supporting her husband Rtn Frank, to manage funds of the Walter Foundation with utmost integrity and transparency and urged RC Kajjansi to uphold the same values.

All of us were glad to acknowledge that RC Kajjansi had demonstrated efficient utilisation and accountability for each dollar as evidenced by the purchase of land, construction of the buildings and to meet some of the operational costs of the institute during the first year of operation. We were therefore, proud and very enthusiastic to visit the institute with PDG Marty to allow her witness the transformation of the community as a result of the institute.

The number of students is growing by the day and currently the most pressing needs include equipping the vocational institute as well as construction of dormitories and an incinerator for the girls. Currently, RC Kajjansi is preparing a Global Grant Application to the Rotary Foundation to support the institute. However, this application requires RC Kajjansi to raise \$ 6,100 as co-funding to the project through the TRF giving. We therefore, encourage all Rotarians and well-wishers to contribute towards this noble cause. Remember, the institute aims at skilling students especially the youth towards self-sustenance.

If we work together in solidarity, we can raise this contribution. Yes, together we can.





# ROTARY CONTRIBUTES TO SUSTAINABLE PEACE

As February the Rotary Peace Month has come to end, we transit into Water, Sanitation and Hygiene Month and as People of action remind ourselves that Peace need to be celebrated in all 365 days in the year. This is because, Peace is the answer to all of humanity's obstacles. Thus, Besides Rotary International specifically having Peace and Conflict Resolution as Rotary's sixth Area of Focus, the other five areas: Supporting Education · Providing Clean Water · Fighting Disease Saving mothers and children, Growing local economies continue to render to us opportunities for connecting, convening, and collaborating to build international relationships, improve lives, and create a better world to support our peace efforts aimed at contributing to sustainable peace.

In addition, the District continues to receive application for consideration to successful applicants to receive fully funded academic fellowships to pursue a Professional Development Certificate Program or Masters Degree Program related to peace and conflict resolution and prevention at one of the participating Rotary peace centers around the world (USA, Japan, UK, Australia, Sweden, Thailand, Uganda)

## What is the Rotary Peace Fellowship Program?

The Rotary Peace Fellowship program is a fully funded master's degree or certificate in peace and conflict studies. Every year, up to 100 peace and development leaders are selected globally to receive the Rotary Peace Fellowship, which covers tuition and living expenses, international field experience, and research/conference opportunities at one of the Rotary Peace Centers, located within seven leading universities around the world.

### Master's Degree

- 15 - 24 month program at one of our 5 Rotary Peace Centers at leading partner universities
- 50 fellows selected annually to earn a master's degree in fields related to peace and development. Each university offers interdisciplinary curricula with research-informed teaching
- 2 - 3 month self-designed applied field experience to develop practical skills
- Fellows connect with an international cohort of peace fellows, thought leaders, and a global network of Rotarians

## Professional Development Certificate

- 3 month professional development program at our Rotary Peace Center in Bangkok, Thailand and Makerere University, Uganda.
- Intended for social change leaders with extensive experience working in peace-related fields
- 50 fellows selected annually to earn a professional certificate in peace and conflict studies
- Diverse interdisciplinary program includes 8-weeks intensive classroom study with guest lectures and 2-weeks field studies.

### Who should apply?

Peace fellowship applicants must demonstrate that they meet these requirements:

- For the master's program, a bachelor's degree or equivalent, plus 3 years of related work experience, and proficiency in a second language (strongly recommended)
- For the certificate program, a strong academic background, plus 5 years of related work experience
- Proficiency in English
- Excellent leadership skills



# Western Uganda Cultural Night...

@ Igongo Cultural Centre

Friday, 1st May 2020

07:00p.m - 10:00p.m

Hosted By Western UG Rotary Clubs

Dress Code: Western UG traditional outfits

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# DG's Banquet Night...

@ Emburara Farm Lodge

Saturday, 2nd May 2020

07:00p.m - 10:00p.m

Hosted By Rotary Club of Kiwatule

Dress Code: Black tie with a touch of gold

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# Ngogwe Medical Camp Project Report

## Project Background

Ngogwe Sub County is located approximately 239.2 kilometers from Mukono town. With a population of over 35,242 people served by only one Health Centre IV and the nearest government hospitals being 19.3 Kilometers (Kawolo General Hospital) and 39.2 kilometers (Mukono Hospital) away, the people face a number of health challenges.

The long distance to the nearby hospitals coupled with the high poverty levels of the people in the villages surrounding Ngogwe make it hard for them to readily access quality medical care. Most of them resort to self-medication, witchcraft or holding onto their diseases until there is a visiting doctor at the Health Centre IV.

Being centrally located near 36 villages Ngogwe Sub County village was selected to host a health camp organized by the Rotary Club of Mukono Central to support the existing Health Centre IV handle the overwhelming health cases among the people.

## Introduction

On the 25th of January 2020, the Rotary Club of Mukono Central organized a mega medical camp that served over 1,000 people in Ngogwe Sub - County, Buikwe district. The camp was hosted at Ngogwe Health Centre IV where doctors from various hospitals treated, counselled and advised the people on health living, hygiene and disease prevention.

The major objective of the health camp was to create awareness of general health among the people, provide general health care services and counsel them on basic health care and hygiene.

## General Overview of the Camp.

The camp started in the morning with an inaugural speech from the President of the Rotary Club of Mukono Central.



While registrations were being done, audio visuals were shown and plays based on health & hygiene were being performed for awareness.

Majority who attended the camp were suffering because of polluted water and lack of drainage facilities.

People were diagnosed with various common but seriously neglected problems such as diarrhea, cholera, acute flu, urinary tract infections, tooth decays and cataract in the eyes.

There were also a few cases, where problems related to urethral discharge, the kidneys and cancer were detected; these cases were further referred to the referral hospital, where they will be properly taken care of. There were around 25 cataract patients, who were sent for operation to the Jinja referral Hospital. All the children were provided with medicines and vitamin tonics and those suffering from cholera were given ORS.

The health camp was a huge success with overwhelming response from the local people.

## Results

The community was given free medical consultations, medication, counselling and health talks. They had access to 10 doctors, 30 nurses, and paramedics, and 30 non - medical volunteers who helped to make sure that all community members were given the best medical attention. Seven clinics were setup to cater for the different health needs and over 1,000 people were given proper diagnosis, treatment and medical advice.



No.	Clinic	People Treated
1.	<b>General</b> Diabetes, High blood pressure, Malaria, Typhoid, and Infections	388
2.	<b>Dental</b>	235
3.	<b>Eyes</b>	316
4.	HIV Testing and Counselling	129
5.	<b>Cervical Cancer Screening</b>	108
6.	Male Circumcision	75
7.	Menstrual Hygiene	105

In addition to the above, different health talks were given to create awareness of general health among the people. The talks included; Water Sanitation and Hygiene, dental hygiene, cervical cancer awareness and HIV awareness.



Partners

The camp received massive support these institutions and organizations/who provided different services and tools that made the camp a huge success.

1. Ngogwe Health Centre IV: We worked hand in hand with the centre in charge, the gombolola health assistant who hosted the camp, worked with the Health Village Teams (VHTs) to mobilize community members. They also handled local logistics, provided a Master of Ceremony for the camp and 2 clinical officers, 3 nurses, 2 lab technicians, 1 health educator and 2 counsellors.
2. Makerere University Walter Reed Project - Mukono Branch: They provided male circumcision services, kits and treatment for healing after circumcision.
3. Mulago Dental School: They provided dental equipment, 1 dentist, 1 infection control specialist and 10 students who handled all the dental cases and gave a dental hygiene talk.
4. Nama Wellness Community Centre: They provided 2 doctors and all the kits for cervical cancer screening.
5. Jinja Referral Hospital: They provided 4 doctors who did eye examination and dispensed medicine.
6. African Empowerment Hub: They provided menstrual hygiene awareness and trained women and men how to make reusable sanitary pads with low cost available materials. 3 menstrual hygiene experts were provided who shared their skills and knowledge with the people.
7. Medical Volunteers: We had several medical doctors from different hospitals who treated people and dispensed medicine.

Challenges

- Being the first camp organized by the rotary club of Mukono Central, we encountered the following challenges; -
1. Shortage of doctors/ medical practitioners: We received an overwhelming number of patients therefore the number of doctors we had was few. This led to long lines, delays, frustration of the patients and fatigue of the medical practitioners.
  2. Long Lines: There were very many clinics stationed in different locations and only one clinic for dispensing medicine. People had to make several long lines and this led to frustration of some.
  3. Poor Time Keeping by the Rotarians and Doctors: The camp was scheduled to start at 8am but most people showed up late yet some patients had even slept at the venue. This led to delays and late closure of the camp.
  4. Limited Funding: The camp was quite expensive given the limited funds that the club has and the financial shortage was carried by a few club members.

Recommendations

1. Form partnerships with several hospitals, organisations and rotary clubs to reduce on the financial burden and have access to more doctors.
2. Improve on time keeping of the doctors and rotarians to avoid future delays.
3. Schedule the camp to fall with in the Rotary Family Health Days so that we can get support from the Rotary Country Office.
4. Carry out regular specialised clinics in Ngogwe to reduce on the number of people that flock the main camp and to also sustainably treat people.

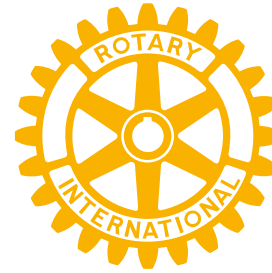
Conclusion

It was a successful camp that gave hope to people, opened eyes of many rotarians and gave the club motivation to continue serving above self.



# Advertise in "The WAVE"

Rotary  
District 9211



the  
**WAVE**  
2019-2020

## OPPORTUNITY

Starting with the month of September, we are offering an opportunity to all Rotarians and Rotaractors who would like to advertise their businesses on this online platform. We have included a card with very attractive rates to enable us not only grow our businesses but Rotary too. All proceeds from this advertising space will go towards the Rotary Foundation of the respective countries. We believe this will be a great opportunity to directly reach the over 5,000 Rotarians and further organically reach their networks.



	Monthly	Quarterly (4months)	Half Year	Full year
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ONE HALF	\$100	\$290	\$575	\$1000
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Rtn. Charles Odaga - Chief Editor



#ROTARY20



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