THE WAVE

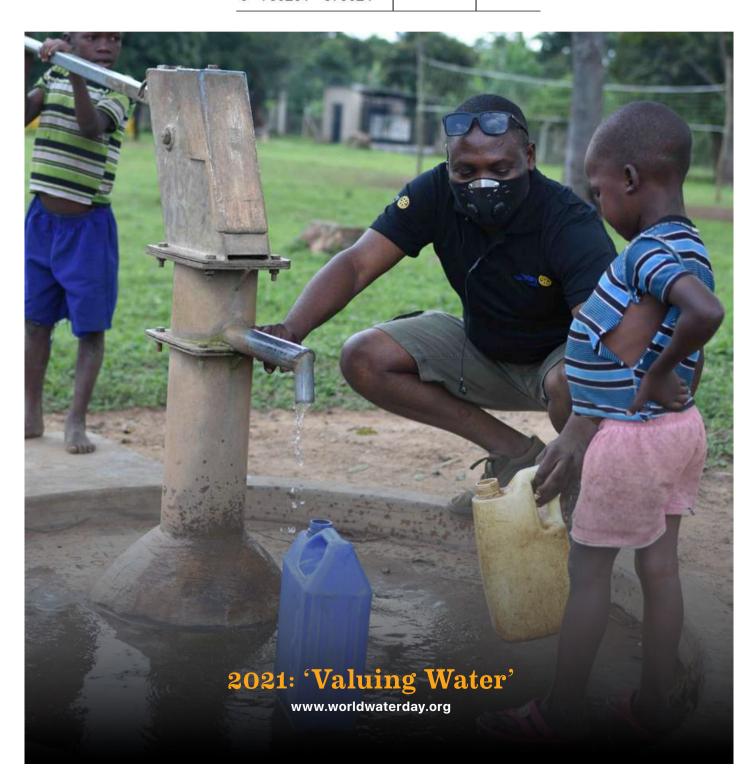
ISSUE 09 - MARCH - 2021

— A NEW DAWN



VOICES OF ROTARIANS

ROTARY WORLD OVER



SERVICE. LEADERSHIP. ACTION.













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End of an era, Beginning of a new dawn

21ST - 24TH APRIL 2021 **SPEKE RESORT MUNYONYO**

Early bird

(Up to 31st Dec 2020)

Rotarians -

\$200

Rotaractors -

\$100

Late Registration

(Up to 31st March 2021)

Rotarians -

\$250

Rotaractors -\$120

Register NOW and SAVE

Be ready to play at the Las Vegas Night, Taste BBO like never before at the Carnival Night. Shine with your guest at the Rotary Roses Night and Know how we roll at the Pearl of Africa DG Banquet Night, as we say farewell to D9211 and usher in D9213 and D9214.

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www.rotaryd9211.org

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Editor's Note

Choose to challenge all gender inequalities

When a woman is elected to a higher leadership position, we celebrate in recognition of the several obstacles, biases, and stereotypes she has to overcome to get to that position. This month as we celebrate Women's Day, the theme -Choose to Challenge should be a reminder to each one of us to take a decision to overcome gender biases and misconceptions to create a more inclusive and gender-equal world. There should be a time soon, when the appointment of a women to a higher coveted positions in society is a regular occurrence - as all genders should be equal. Over to you my dear friend – Choose to Challenge.

The sixth Sustainable Development Goal seeks to ensure availability and sustainable management of water and sanitation for all by the year 2030. Although there has been substantial progress in increasing access to clean water and sanitation, 2.2 billion people, especially those in rural areas, still lack access to safe drinking water, while 4.2 billion people are without sanitation facilities according to the United Nations. In the wake of the COVID-19 pandemic, water is one of the essential commodities needed to curb the spread of this deadly disease. However, three billion people lack access to basic handwashing facilities at home. As we celebrate World Water Day this month, let us - Value Water! Think about how the absence of water would affect you and your family economically, socially, culturally and environmentally; then devise means to safeguard it for the communities we serve.

As an organisation that values water, Rotary International has implemented projects aimed at increasing equitable community access to safe drinking water and basic sanitation; strengthening the ability of communities to develop and maintain sustainable water and sanitation systems; educate them about safe hygienic practices; and provided scholarships for studies related to water and sanitation. The Water and Sanitation focus area is one of those that receives the most global grants in our District 9211. Let us continue to relentlessly pursue our goal to ensure that we transform the lives of many to enable them access safe water.

As we continue with the countdown to the - End of District 9211, reflect on the role you have played as a Rotarian. How many people have you impacted? Have you been a RINO (Rotarian in Name Only), it is not too late to change. Let the coming few months and new era be your chance to shine. This month, endeavour to engage in a service project with your Rotaract clubs as we celebrate the World Rotaract Week from 8th – 14th March, and encourage eligible candidates to apply for the 2022/23 intake at all Rotary Peace Centres.

Let us love our neighbours, as we also pray for and celebrate our departed friends and family. In this regard, I celebrate President Ann Kyohaire Muhangi, my lovely friend who died last year in March. Ann gave me the final push I needed to join Rotary. There was a lot to learn from Ann, and I thank God for the time we spent together. The joy, laughter and words of wisdom shared will always be cherished. Enjoy the diverse array of articles prepared for you in this edition. The editorial team looks forward to receiving your articles with three to five action photographs by the 15th day of the month. Please send them to dg9211news@gmail.com.

Maria Roselynn Muzaaki

COUNTDOWN TO D9213 AND D9214



The Cancer Run has been a flagship event for District 9211 and many clubs in the soon-to-be D9213 and D9214 are wondering how this event will be managed or who owns it now?

The Cancer Run has never been a D9211 event. It is a Rotary Uganda event and Rotary Uganda will not change after redistricting. The Cancer Run is a fundraising event for Uganda Rotary Cancer Program (URCP). URCP is a registered corporate entity fully owned by the Rotary clubs in Uganda.

PDG Stephen Mwanje Chair Board of Trustees – URCP

What happens to the Mengo Hospital Rotary Blood Bank?

The blood bank since inception was code named - Rotary Blood Bank Program, it is a joint effort of the Rotary brand and its partners from all over the world.

We anticipate that this status will remain. Blood is a unifying factor for all humanity. The efforts undertaken by this program have continued to benefit all Rotarians and non-Rotarians across the world regardless of race, creed, religion or ethnicity and therefore we believe that division of boundaries should not affect its smooth

running and service delivery to all concerned.

The ownership of this blood bank will remain under the administration Mengo Hospital. We have over the past year been in talks with the Government of Uganda to take over the overall management of this facility as a government-owned facility that supports people from all over the world, of course with oversight from Rotary within our two districts.

The Board of Directors, which I chair also has Rotarians from across our two Districts of 9213 and 9214, therefore ownership and oversight of the program will be managed efficiently and effectively.

PAG Ronald Kawadwa Chair – Rotary Blood Bank Program

I am sure many of you have questions about life after D9211. Send them to **henry.rugamba@gmail.com** or via WhatsApp +256-781236099. Remember to include your name and club. **Rtn. Henry Rugamba RC Kampala**

Member - Redistricting Team



ROTARY INTERNATIONAL PRESIDENT'S MESSAGE

As someone who knows first-hand the great leadership potential of Rotaractors, I always look forward to World Rotaract Week, which we are celebrating from 8th to 14th March. Rotaractors are the focus of all three of my presidential conferences this year, and I was proud when, two years ago, the Council on Legislation voted to elevate Rotaract by including Rotaract clubs as members of Rotary International. Before that, the Council had already made dual membership possible, and shortly after, the Board of Directors decided to do away with Rotaract's age limits.

But we are only just embarking on our journey together. Partnering effectively doesn't happen by itself. It requires both sides to be open and to understand the value of cross-generational alliances. Louie De Real, a dual member of Rotaract and Rotary, explains.

Joint virtual meetings have helped Rotaractors introduce Rotarians to new ideas and tools, pioneering unique ways for clubs to collaborate. In the case of pandemic and disaster response, Rotaract clubs used social media to coordinate efforts, drive information, and fundraise, while Rotary clubs used their networks and resources to amplify support, provide logistics, and bring the goods and services to communities.

Rotaractors' innovative virtual engagement and professional development activities inspired Rotarians to support and follow suit. The pandemic made Rotaract clubs realize that we can immediately connect and partner with Rotary clubs through virtual platforms. With constant collaboration, we realize that Rotary

Holger Knaack

and Rotaract indeed complement each other — that we are part of a single organization with shared goals.

Both sides add value. Rotarians can be mentors and service partners to Rotaractors, while Rotaractors can demonstrate to Rotarians that difficult jobs can be simplified and limitations can be surpassed through digital approaches. This synergy motivates Rotaractors to become future Rotarians: I joined Rotary because Rotarians gave me memorable membership experiences through inspirational moments of collaboration. I needed to be a Rotarian to inspire Rotaractors the same way, now and in the future.

That same synergy leads Rotarians to realise that while Rotaractors may have a different culture, we all share a common vision of uniting people to take action. Rotaract's unique ways of doing things serve as inspiration for innovation, helping Rotary increase its ability to adapt to future challenges. Rotarians and Rotaractors will build the future together, so let's start today.

I see no difference between a Rotary club and a Rotaract club, except perhaps for the average age!

Many Rotarians still view Rotaract as our youth organisation, but I see it differently. For me, they are part of us, and they are like us. To be successful together, we need to have mutual respect — to see each other as equals. Let's see Rotaractors for who they really are: students and young leaders, but also successful managers and entrepreneurs who are capable of planning, organising, and managing a Rotary institute — including breakout sessions in five languages — as they did in Berlin in 2014.

As we take this journey together, let's remember the strengths of Rotary and Rotaract. And, as Louie says, let's get started right away in building the future together. In doing so, we open endless opportunities for our organisation.

ROSETTI NABBUMBA NAYENGA



District Governor

FELLOW ROTARIANS

Exactly a year ago – all hell broke loose as the COVID-19 virus stealthily crept across the world. At the time – no one could have predicted the global crisis and scale of disruption that would be triggered by the virus. In the space of 12 months, there have been over 113 million infections worldwide and over 2.5 million lives lost, including members of our Rotary family. Beyond the dire consequences on people's health, the pandemic has had a devastating impact on the global economy that is only comparable to the Great Depression of the 1930s. Many men and women have lost their jobs/businesses or seen their incomes cut; and it is estimated that between 119 and 124 million people have been pushed into extreme poverty.

COVID-19 has created the worst crisis to education and learning in a century. Many children in our communities are grappling with remote learning, or no schooling at all; and many more are now engaged in street vending in order to support their families. Media reports also indicate that many adolescent girls have been victims of defilement and are likely to drop out of school due to unplanned pregnancies. Staying at home due to unemployment or the need to look after children has also exacerbated stress and domestic violence. And I could go on and on, listing the negative impacts of this pandemic.

Yet for something so lethal, some of the surprising findings have included the simple and cost-effective things that we can do to prevent the spread of COVID-19. Aside from social distancing and masks, handwashing with soap remains our first line of defense against the virus. And oh, how we have washed! I for one, have in one year, washed my hands more times than in my entire life. COVID-19 has given new meaning to the slogan "Water is Life." In the absence of sufficient personal protective equipment (PPE), WASH (water, sanitation and hygiene) is the only other defense for front line health workers. In the markets, slums, camps and schools where social distancing is impractical, handwashing appears to be the only answer!

But sadly many communities are still not able to perform this simple act due to limited access to water. Even as schools begin to re-open, a number are failing to meet the Standard Operating Procedures (SOPs) – which include the continuous supply of water, soap and sanitiser. In some rural communities, the nearest water source is 5km away and many homesteads do not have the luxury to wash their hands regularly. It is also a reality that many health care facilities in Uganda and Tanzania do not have adequate access to soap, water and sanitation. So as the governments gradually lift the lockdown measures, increasing access to WASH facilities is becoming even more critical.

Commemorating the Water and Sanitation Month during this pandemic should therefore serve as a call to action for us Rotarians. Many clubs have in the past few months supported their communities with handwashing facilities and I thank you.

However more remains to be done. As you have realised COVID-19 has multiple effects and WASH can be a strategic intervention. We need to go beyond the temporary fixes and work on sustainable access to clean water. The RI-USAID WASH Programme in Uganda is one of the opportunities that Rotary clubs can use to improve WASH in communal places, schools, health centres, and homesteads. But there are others, and I urge each and every club in D9211 to prioritise and include WASH activities in your service projects. Remember water is life, and WASH saves lives!

COVID-19 has created the worst crisis to education and learning in a century. Many children in our communities are grappling with remote learning, or no schooling at aland many more are now engaged in street vending in order to support their families.



President Godfrey Kaaya of the Rotary Club of Kampala Early Bird hands over a cheque of US\$780 to DG Rosetti Nabbumba Nayenga during her visit to the club last year

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COVID-19: Let us seize the opportunity

One year ago this month, the World Health Organisation declared COVID-19 a pandemic. As I write these words, the coronavirus continues to wreak havoc: taking lives, choking economies, and changing our societies in myriad ways. It has disproportionately hurt the poor and worsened inequalities.

Even as some countries have done better than others in controlling this deadly disease, the rapid development of vaccines is bringing us closer to the end of our strange new reality of social isolation.

This dark chapter in our history is also an opportunity for Rotary, because it reminds us of the impact we can have through The Rotary Foundation if we commit to helping others and live up to our highest ideals. It reminds us of the truly international spirit that we must embody to recover from this moment.

During the COVID-19 pandemic, we have witnessed compassion and sacrifice, friendship and resilient good humour. I am reminded of that famous insight popularised by John F. Kennedy: "When written in Chinese, the word crisis is composed of two characters: One represents danger, and one represents opportunity."

Working together, we have done so much to adapt to the COVID-19 pandemic, to care for our communities, and to seize the opportunity to be a part of perhaps the most complex task ever undertaken in history — vaccinating 7 billion people.

This does not mean we will deviate in any way from our avowed commitment to eradicating polio, which remains our highest priority and will continue to be our only corporate program.

On the contrary, while continuing polio vaccinations and surveillance, we can apply all our experience in fighting polio to counter COVID-19. We all have a part to play in combating the growing force of vaccine resistance and misinformation. Our advocacy in our communities will be critical — we need to spread the message about the power of vaccines to save lives. We need to work closely with governments and support them in the vaccination drive. We need to add to the more than 3,000 projects already registered on Rotary Showcase to raise awareness, deliver critical personal protective equipment, and support frontline health workers.

As Aristotle said, human beings are social animals, and while COVID-19 has cruelly deprived us of our natural or habitual environment, it does not prevent us from finding connections and helping others in new ways. As you will see in the coming months, Rotary members are already finding the means to channel their humanitarian spirit through the Foundation, which is constantly adapting to address the world's challenges. Every Rotarian has a role in this effort, and you will find that however you choose to help others and make lasting change, you are not alone.



RTN. ALFRED OKOT OKIDI

How Rotary can partner with the Ministry of Water and Environment

The Water and Environment sector is one of the driving forces of economic growth worldwide. It is the core of sustainable development and it is critical for socioeconomic development, health ecosystems and human survival. It is also vital to reducing the global burden of disease and improving the health, welfare and productivity of the people of Uganda. Water is also at the heart of adaptation to climate change, serving as a crucial link between the climate system, human society and the environment.

The Vision of the Water and Environment Sector is 'Sound management and sustainable utilisation of Water and Environment resources for the betterment of the population of Uganda. Its Mission is 'To promote and ensure the rational and sustainable utilisation, development and effective management of water and environment resources for socio-economic development of the country'

The Mandate of the Ministry of Water and Environment (MWE) is derived from the Constitution and the Local Government Act and includes initiating legislation, policy formulation, setting standards, inspections, monitoring, and coordination and back up technical support in relation to water and environment sub sectors. It has the overall responsibility of the development, managing, and regulating water and Environment resources in Uganda. Vision 2040 targets to reach 100% access to safe water for all by 2040. The NDP III target is to reach 85% and 100% access to safe water in rural and urban areas respectively. Similarly, Vision 2040 targets to reach 80% with improved toilets and 90% handwashing; while NDP III targets to reach 40% with improved toilets and 50% handwashing.

Due to the constrained resources, the above

development objectives and targets can only be possible with support from development partners/donors to ensure that each village and all Ugandans have access to safe water and sanitation services. Out of the 57,150 (excluding Kampala District) villages, only 38,785 have access to a safe water source (MWE, SPR-2020).

As of June 2020, the proportion of global population using safely managed drinking water was at 71% and safely managed sanitation services was at 45%, with additional 30% using basic sanitation services, but leaving 25% still without even basic sanitation. In Uganda, safe water coverage is at 68% in rural areas and 70.5% in urban areas. Sanitation coverage in rural areas is at 78% and 89.1% in urban areas and Handwashing coverage is at 38% in rural areas and 61.1% in urban. Much as remarkable progress has been made, there is still a long way to go to achieve both the National and Global development objectives.

Possible areas of collaboration between Rotary and MWE

The key objectives of the collaboration would aim at;

- Increasing access to safe water in institutions, refugee settlements and host communities in Uganda
- Improving hygiene and sanitation in schools, health facilities, refugee settlements and host communities in Uganda
- Advocate for more financing of WASH services in Uganda

The needs of Rotary span from seven areas of focus which range from provision of safe water

 and sanitation services to immunisation against deadly diseases. With that in mind, the Ministry of Water and Environment can partner with Rotary International to provide Water, Sanitation and Hygiene (WASH) services not only in communities, but also institutions targeting those that are underserved or lack these services.

Possible areas of partnership include:

- Development and implementation of a comprehensive package for schools and health care facilities, with a major focus on construction of gender segregated inclusive public sanitation amenities in areas agreed upon by the two parties. These sanitation facilities should include hand washing facilities to help prevent the spread of COVID-19 and other hygiene related illnesses, as well as promote menstrual hygiene management. Amenities like a menstrual hygiene room and an incinerator are essential. The package should entail provision of a water supply system such as boreholes, solar powered piped water, or rainwater harvesting facility.
- 2. Construction of water supply systems in schools, refugee settlements and host communities across the country. With the existence of MWE

- regional structures, monitoring and supervision of the construction of these systems can be done effectively. To ensure functionality and sustainability of these systems, we can work with existing government structures (District Government staff up to village level) who can form and train management committees to operate and maintain the systems.
- 3. Provision of hand washing facilities (HWFs) in schools, refugee settlements and host communities. The COVID-19 pandemic has enlightened the general public about the importance of handwashing with soap as an effective weapon to curb the spread of hygiene related illnesses. With the reopening of education institutions, Rotary and MWE can embark on distribution of HWFs to aide in practicing hand hygiene in compliance with the Standard Operating Procedures. This activity can be augmented with the development and distribution of Information, Education and Communication (IEC) to increase awareness about the importance of hand hygiene.

Rtn. Alfred Okot Okidi - RC Kampala

Permanent Secretary
Ministry of Water and Environment





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RTN. SHEBA BAMWINE MUKIZA



NWSC service delivery during the COVID-19 pandemic



National Water and Sewerage Corporation (NWSC) is a government parastatal whose mandate is to provide water and sewerage services in urban towns entrusted to it by the Government, on a commercial and financially viable basis.

The Corporation's strategic focus is to ensure water for all Ugandans, through accelerated sustainable growth and service reliability. This is in line with the overarching Government policy of universal coverage as enshrined in the Vision 2040.

NWSC has experienced exponential growth in its geographical coverage over the last seven years increasing the towns of operation from 23 towns in 2013 to 258 towns to date. However, the growing population and urbanisation continue to stretch the corporation's supply infrastructure and, as such, several capital development projects are ongoing to solve the water supply problem in the medium and long term.

Following the outbreak of the Coronavirus Disease (COVID-19) in Uganda in March 2020, social distancing, wearing of face masks and hand washing have come out as the most effective ways through which individuals can avoid contracting and spreading the virus. As such, adequate access to clean water and hand washing points became an immediate necessity especially for communities living in low income areas.

NWSC, like many other corporate organisations, took on several initiatives to ensure reliable and adequate supply of water to promote handwashing as one of several precautions in the fight against COVID-19. Some of the initiatives undertaken by NWSC included; Discontinuing the disconnection of supply to

 Discontinuing the disconnection of supply to customers for non-payment of water bills. While this gravely affected the corporation's revenue for the year 2020, the overall objective was to ensure continued supply of clean water at all our customers' premises. • Partnering with other corporate companies such as MTN Uganda and Roofings Uganda Ltd to install 100 bulk water points to supply water to water-stressed areas in Kampala. The benefiting areas included those at the periphery of the water supply network, which currently receive intermittent supply or no water at all. Each of the 100 water points was installed with a 10,000-liter capacity water tank that supplies water at the official NWSC public tap tariff of Ug shs 25 per 20-liter jerrycan.

The areas that benefited from these water points included; Kyengera (Nagalabi-Kisozi), Wakiso-Kikoro, Mukono-Kasenge, Seeta (Kagala-Bukelele), Kyaliwajjala, Kijabijo, Kiteezi, Kiryagonja (Bulindo-Kira-Nsasa-Kilyamuli), Matugga-Buwuzume, Bulenga-Ganda-Bulenga, Kyebando Central, Gayaza, Nateete, Upper Nalumunye, Nansana, Kireka-Kamuli, Wakiso-Ssenge, Nansana-Gganda, Namagoma, Mukono-Nakapinyi, Ndejje-Ggangu, Najjanankumbi-Kitiko among others.

- Whereas NWSC is currently able to produce 240 million liters of water per day within the Kampala Water Service Area, peak demand is at 300 million litres per day. To bridge this shortfall, NWSC is constructing a 240 million litre per day capacity water treatment plant in Katosi, to the East of Kampala. The first phase to be completed in March 2021 will deliver 160 million liters of water per day to the greater Kampala supply network.
- Partnering with Kampala Capital City Authority to install hand-washing points within the highly populated areas of the city. These included; food markets, shopping malls and taxi parks.

In line with the Government strategic aspiration of achieving universal access to water supply, the NWSC has over time rolled out a number of performance improvement programmes aimed at improving service





One of the water tanks installed within the water stressed areas of Kampala in a bid to increase access to clean water during the pandemic

Dr. Silver Mugisha receiving a Vocational Award from the Rotary Club of Nsangi

delivery and enhancing service coverage. These include among others;

Infrastructure Service Delivery Programmes (ISDP): This entails expansion, extension, and intensification of water and sewer networks with the aim of increasing NWSC's service coverage and outreach to unserved communities.

Water Supply Stabilisation Plans (WSSP):

This entails downstream and upstream quick win investments in water production and supply infrastructure to improve water supply reliability and augment service delivery. The key interventions implemented include;

- Construction of water reservoirs, booster stations and other mini projects to augment water production and supply.
- 2. Rehabilitation and construction of distribution and transmission mains.
- 3. Development of alternative water sources especially production wells.
- 4. Intensification of the existing secondary and tertiary water networks.

100% Service Coverage Acceleration Programme (SCAP 100): The programme aims at ensuring universal and equitable access to safe water supply in all villages under NWSC jurisdiction.

The first phase of the SCAP 100 Project entailed implementation of at least 8,000Km of new water mains, 140,000 new water connections and 20,000 Public Taps (PSPs) covering 12,000 villages, with at

least two PSPs per village or one PSP per 200 people.

Implementation of capital development projects: The projects seek to expand water production capacities of various water treatment plants to meet the water consumption needs of our customers, and improved sanitation thereby improving the quality of life in various communities.

Implementation of environmental protection activities: Environmental protection is crucial to the sustainability of the Corporation's business given the impact it poses on water sources. NWSC has over the years been active in tree planting across its areas of operation and ensuring use of live fencing around the water sources.

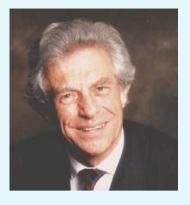
In appreciation of these interventions, the Rotary Club of Nsangi recognised Dr. Silver Mugisha Managing Director of NWSC with the 2020/21 Vocational Service Award for his tremendous contribution to the Water and Sanitation Sector. While receiving the award, Dr. Mugisha thanked RC Nsangi for the kind gesture which was a motivation towards the corporation's efforts in ensuring 100% service coverage.

NWSC remains committed to ensuring effective service delivery as the country and the world seeks a permanent solution to managing the spread of COVID-19.

Rtn. Sheba Bamwine Mukiza (PHF)

RC Kampala South Public Relations Manager - NWSC

PDG RON DENHAM



WASH in Health Care Facilities: Rotary clubs' next challenge

An alarming situation

Most of us, faced with the prospect of a trip to the hospital, anticipate safe treatment and (hopefully) a swift recovery. But in Sub-Saharan Africa you could well face the possibility of contracting a disease or an infection. In the most serious cases departure can be in a coffin.

Lack of water, sanitation and hygiene (WASH); waste management and cleaning services pose a threat to every patient. In this dangerous COVID-19 era, it exacerbates the spread of infection and undermines every effort to improve maternal and child health.

Data from the WHO and UNICEF show that an estimated 900 million people must use health care facilities (HCFs) lacking any water service; 1.5 billion use facilities with no adequate sanitation service. Many more use HCFs lacking hand hygiene service and safe waste management. To illustrate:

Water

- In the least developed countries only 55% of HCFs had basic water service
- 14% of HCFs accessed water supply from off the premises
- 12% had NO water service
- 896 million people had NO water service at their HCF

Sanitation

- In sub-Saharan Africa only 23% of HCFs had basic sanitation.
- 21% of HCFs globally had no sanitation service
- 40% of HCFs in Central and Southern Asia lacked any sanitation service.
- More than 1.5 billion people had NO sanitation service at their HCF

Hygien

- 16% of HCFs globally had NO hygiene service no hand-washing facilities with soap
- More than half of HCFs lacked hygiene service available at point of care.

And, data from the Republic of Tanzania, including Zanzibar, and Uganda confirm these impressions. Only 44% of HCFs have functioning toilets, while 68% have access to a water supply but that is often unreliable and inconsistent. A whole 42% of facilities with delivery rooms have no handwashing facilities with soap and water. Added to these shortcomings, more than half of HCFs lacked any waste management services. Truly a grim picture.

Implications of poor WASH services

According to a recent study, 15% of patients in developing countries suffered from an infection contracted in a health care facility. The risk of water-, food- and hand-borne infection is aggravated by poor hygienic conditions. Lack of hand-washing facilities and poor management of human and medical waste can trigger a relentless cycle of disease.

An opportunity for Rotary clubs

Rotarians, Rotaractors and Rotary Community Corps are well-placed to lead a WASH in HCF project.

We have credibility: The success of the Polio eradication program has earned Rotary International good will and established credibility in the health sector. Local clubs are a natural partner for HCF leaders implementing the program recommended by WHO

We are the community: Rotarians have a vested

interest in ensuring on-going service. Living in the community, bringing up a family, implies a long-term interest in sustainability.

We understand the values and culture of the community better than "outsiders" into what would, and what would not work.

We have contacts: Rotarians are the local leaders. They move in the same circles as other community leaders. They can "get things done."

We can organise: Change may be needed at a political level. Rotarians are the natural leaders. They understand the political "temperature". They are part of the power hierarchy that makes things happen and gets results.

We have a range of skills: Financial, medical and technical to the behavioral and political level needed for change.

We have a global reach: Through a network of over 35,000 Rotary clubs worldwide, Rotarians can call on their fellows for any kind of support.

We collaborate with other organisations to bring about the goals agreed to by the World Health assembly: 50% of all HCFs to have basic WASH services by 2022; 80% by 2025; and 100% by 2030.

Agenda for Rotary clubs in D-9211

With your impressive background of competence, knowledge and skills, clubs will find many opportunities to work with HCFs and other aligned organisations. For example:

- Help HCF staff to develop WASH priorities, prepare plans and set budgets.
- Build easy-to-maintain, gender separated, private, sustainable toilets and latrines.
- Install handwashing stands.
- Implement water infrastructure: boreholes, wells, filtration, storage tanks and cisterns, rainwater harvesting.
- Advocate for funding of operations, maintenance and policy adjustments as appropriate.
- Develop protocols for cleaning and routine maintenance.
- Fund Menstrual Hygiene Management (MHM) programs and materials.
- Strengthen local capacity: designing training programs, training HCF staff in business

- management.
- Implement behavior change.
- Ensure adequate procedures for monitoring and evaluating (M&E) every project and program to ensure lasting benefit and outcomes.

The scope might be limited to physical infrastructure. But, in a more ambitious environment a group of clubs might work with the local HCF to bring about a total transformation of physical facilities, management, technology and human resources.

How to go about it—where to start

WASH in health care is, first and foremost, a Health Care issue, not a WASH issue. So, be sure to involve Rotarians with a health background to ensure a balanced approach. And, even more important, make sure the local health community is involved from the outset!! So, these are the steps we suggest:

- Engage the health care community the senior medical officer in the facility, clinical staff, administration, technical and cleaning, and the local health authorities and community. They will all be involved in any change. They must take ownership of whatever is proposed.
- 2. With the medical leadership, assess the current situation of water, sanitation, hygiene, waste management and cleaning. Analyse the results, identify the "gaps."
- 3. Discuss potential solutions and projects with the administration, and local health care community.
- 4. Agree on priorities, weigh long-term costs and benefits, choose most appropriate solution, set targets, draft a plan, and prepare budget estimate.
- Seek partners, with help, if necessary, from WASH Rotary Action Group; reach out to international Rotary clubs, local NGOs and CBOs, businesses, Foundations and, of course, The Rotary Foundation.
- 6. Prepare proposals for support, showing strategy for long-term funding and M&E.

How WASH RAG can help

The WASH Rotary Action Group shares your passion to improve the situation of those in need. We can help you to:

- Identify international partner Rotary clubs.
- Through the newsletter promote your project among over 50,000 Rotarians.
- Seek funding for your project/program from other clubs, TRF and other sources.

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 Through the Professional Resource Group provide professional assistance in planning your project and preparing submissions to donors.

Conclusion

The COVID-19 has highlighted the need for cleanliness in all HCFs. The need for WASH is urgent. Never was there such a need and opportunity for Rotary commitment. Will D-9211 rise to the challenge?

PDG Ron Denham

RC Toronto – District 7040 Chair Emeritus – WASH Rotarian Action Group According to a recent study, 15% of patients in developing countries suffered from an infection contracted in a health care facility. The risk of water-, food- and handborne infection is aggravated by poor hygienic conditions. Lack of hand-washing facilities and poor management of human and medical waste can trigger a relentless cycle of disease.



"We have a range of skills: Financial, medical and technical to the behavioral and political level needed for change."





Improving access to WASH facilities in Nabiganda Town Council



RTN. JOSEPH NADANGA AND PAG SYDNEY NSUBUGA



Butaleja District in Eastern Uganda borders Namutumba District in the west, Tororo and Bugiri in the south, Budaka in the north and is 38km away from Mbale to the east. A community assessment conducted in 2019 showed that the residents in Butaleja District needed clean water; and to improve their sanitation and hygiene. School pupils were using ash to clean their hands after using the latrine due to lack of water in schools, and the community was sharing water sources with animals.

This district, with 10 sub-counties and five town councils is now host to a US\$64,099 Rotary Foundation Water, Sanitation and Hygiene (WASH) Global Grant sponsored by the Rotary Clubs of Blue Bell (District 7430 USA), Mbale, and Kampala-Munyonyo.

Through the project, a solar powered borehole which pumps water into two 20,000liter reservoir tanks intended to serve over 50,000 people within Nabiganda Town Council and its surrounding environs was constructed. The tanks are seated on a 6-meterhigh tower which enables the pumping of water to other distant sub-counties where three water kiosks, and three tap stands were set up. Key among the benefiting communities are Mazi Masa, Nabiganda, Nampologoma sub-counties within which St. Mary's Secondary School and Nampologoma Primary School are located.

The family of the late Hajji Abdu Kadir Hefude offered

the land housing the pump house, water tower and a solar powered borehole system. This kind gesture, coupled with community mobilisation and stakeholder mapping enabled other members to offer land where the water kiosks were constructed. To further foster community engagement and ownership, the community agreed to pay a fee of Ug shs 1,000 (US\$0.2) per household as contribution towards maintaining the water source.

A four-day sensitisation exercise in WASH and agro forestry was organised by Child Development Foundation – a cooperating organisation. Thirty Trainer of Trainees from 20 schools and community across Butaleja District were trained, and over 5,000 tree seedlings were distributed and planted in the 20 schools.

The success of this project can be attributed to the dedication of the different club committees – Projects; Implementation; and Monitoring and Evaluation. To ensure project sustainability, a variety of stakeholders were engaged in project implementation. These included; the Butaleja District and Nabiganda Town Council authorities, contractor, schools and other locals that participated in consultative meetings.

The Rotary Club of Mbale will sponsor a Rotary Community Corps in Nabiganda before the end of next Rotary Year to help coordinate maintenance of project infrastructure, support the Water User Committees, and continuously build capacity through ongoing mobilisation and engagement.

This three phase project will be completed, launched and handed over to the community this month. The three Rotary clubs hope to adopt the Butaleja community and set up more development initiatives.

RC Mbale

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Promoting malaria eradication

About 2,500 children and adults attended a medical camp organised by the Rotary clubs of Dar-es-Salaam Oysterbay, and Ukonga at the Prisons Staff Health Centre in Ukonga last month.

The health camp, with a major focus on malaria prevention and treatment was sponsored by GT Bank, Rotarians Against Malaria, and Malaria Partners International. With over 300 volunteers in attendance, pupils from three primary schools and their parents were screened for malaria and other ailments.





Preparing the next generation of female WASH Innovators



PRESIDENT LAZARUS OWAKUBARIHO AND RTN. JOHNSON MWIJUKA

In an effort to promote sustainable sanitation in Kagadi District, Rotary Club of Ntungamo in partnership with Mount Airy Rotary, D7690–USA are implementing the Water Sanitation and Hygiene (WASH) Project at Uganda Rural Development Training Programme (URDT) and African Rural University (ARU). URDT is an organisation with primary and secondary schools for girls, technical institute (mixed), and a girls' university (ARU).

The WASH project promotes hygiene and sanitation through training female students and staff at the training institute and university to become micro-flush toilet innovators.

WASH facilities

Through the US\$63,000 project 31 micro-flush toilets were constructed - 18 at URDT campus, two of which are accessible toilets (for people with disabilities), seven for two community primary schools in Kanywamiyaga and Nkondo sub-counties, and six in three sub-counties as demonstration units. Two changing rooms and washrooms, and two incinerators were constructed at URDT Girls School and ARU. Water tanks were added at the URDT campus to enable the girls observe proper hygiene practices during their menses.

The micro-flush toilets are odourless, very clean and cheap. Flushing requires very little water - about 200ml. In this system, the handwashing facility is connected to the toilet, so the water one uses to wash their hands is enough to flush the toilet.

It has a digester that separates urine and excreta. Earthworms are then put into the digester through the hole in the squatting or sitting pan. The earthworms feed on excreta to decompose easily and make it composite manure ready for agriculture use. The manure does not need treatment because the

earthworms through aerobic process kill any infections. At this stage, the manure is odourless.

In addition, four water purification systems were installed at URDT, ARU and two community schools, enabling the students and staff enjoy safe drinking water.

Capacity building

- The URDT and ARU Research Unit introduced an earthworm farm at campus to enable the students learn more about earthworm farming. A VTT workshop was conducted to train students in entrepreneurial skills and leadership.
- A total of 100 health books were procured and distributed to URDT, ARU and community resource centers
- A two-day Re-usable Menstrual Pads (RUMPS)
 workshop facilitated by 10 Peace Corps volunteers
 was conducted for students and staff of URDT, ARU
 and the community schools. A total of 671 girls and
 boys were trained on how to make, use and care for
 reusable menstrual pads (AFRIpads).
- Local non-governmental organisations (NGOs) partnered with URDT to promote hygiene and sanitation through upscaling the microflush toilet.

The project, which started in February 2019 and will end in August 2021. With intensive training and publicity by URDT, it is hoped that the community will appreciate micro-flush toilets. A community needs assessment was conducted to identify COVID-19 activities that can be supported with the remaining US\$17,000. A total of 10 health centres in Ntungamo District will be supported with medical equipment and supplies to safeguard the staff and patients from COVID-19 infections.

President Lazarus Owakubariho and Rtn. Johnson Mwijuka RC Ntungamo Through the US\$63,000 project 31 micro-flush toilets were constructed - 18 at URDT campus, two of which are accessible toilets (for people with disabilities), seven for two community primary schools in Kanywamiyaga and Nkondo sub-counties, and six in three sub-counties as demonstration units.







 RTN. JØRN CHRISTENSEN



Enabling access to clean water in Lukwanga village



In 2013, Anders Stenild from the Aalborg
Nørresundby Rotary Club visited Ebeltoft Rotary Club
in Denmark. He told us about the projects his club
was implementing in Uganda. It was decided that a
member of Ebeltoft Rotary Club (Jørn Christensen)
should travel with Anders to Uganda in October of
that same year.

During our 10-day trip, we visited several projects implemented by Aalborg Nørresundby Rotary Club and Brentwood Rotary Club – UK which aimed at improving schools in the community by equipping them with sewing machines and computers. The Rotary Club of Kampala Central shared with us a report of a needs assessment they had conducted in Lukwanga Parish, Wakiso District.

Based on this, our international project committee in Ebeltoft Rotary Club quickly agreed to work with the Rotary Club of Kampala Central on a project in the area. We focused on improving access to safe water in Lukwanga Parish. With the help of Rotarians Christine Nantongo, Ivan Mwondha and Emmy

Kwesiga, the first borehole was installed in the Parish in the Rotary year 2014/15. The change created by availability of this borehole encouraged us to install another in 2016.

Since then, we have installed six boreholes in the villages of Ntinda, Gimbo, Muyenje and Luggi.
Each borehole cost US\$10,000 and works were done by Watertech Services Ltd. The Rotary Club of Kampala Central liaises with the local authorities and identifies areas in need of the boreholes.

The cooperation between the two clubs has been excellent over the years, and we in Ebeltoft are very thankful for the assistance in getting this project implemented. When we agree upon a location for a new borehole, the project is completed in about two months, then the community enjoys access to clean water.

Rtn. Jørn Christensen

Ebeltoft Rotary Klub - Denmark



Providing water to thirsty schools in Kyotera, Bukomansimbi and Gomba

Rotarians in the clubs of Kalisizo, Kyotera, Masaka, and Kabulasoke have enabled four thirsty schools and their surrounding communities get three water sources. The beneficiary primary schools include: Kibutamu and Katabakooki in Lwankoni Sub-county, Kyotera District; St. Jude Kyaziza in Bisaga Sub-county, Bukomansimbi District; and Kisoga in Kyegonza Sub-county, Gomba. They all lacked water on the school premises.

FRANCIS MUJUNI

Speaking at the commissioning of the borehole at Kyaziza Primary School, PDG Francis Xavier Ssentamu apologised to the school children for having the water source drilled outside their compound, noting that this was due to geological challenges.

"Rotary would have loved that the children access water from an improved source within their school compound, however, the insufficient water levels in the area necessitated the need to have the borehole drilled half a kilometre away from the school. At least, one is better than zero. The children can now fetch water from a non-contaminated water source. One not shared with animals." He thanked the landowner for donating the land where the borehole was drilled, and encouraged the members present to join Rotary.



The Deputy Headmistress Annet Naluwooza, also the chairperson of the Water User Committee thanked Rotary and USAID for the unconditional love and generosity extended to the Kyaziza community. "Who are we to receive this? What did we do for you to deserve your kindness? You have indeed extended God's unconditional love to us," she added.

The LC1 chairperson expressed his gratitude and requested for a second borehole as this one would serve three villages, thus raising the fear of frequent breakdowns due to overuse. Martin Twine, the project engineer urged the community to regularly contribute towards the operation and maintenance fund.

Rtn. Joseph Mubiru, the Regional Manager for the Uganda Sanitation for Health Activity (USHA) project praised the partnership which had led to provision of a comprehensive WASH service to the school and community. USHA constructed a girls' toilet with an incinerator and a group handwashing facility to complement the borehole from Rotarians. "No one can do everything alone," he emphasised.

Francis Mujuni and Martin Twine (RI-USAID WASH Project) Rtn. Sylvia Namukasa - RC Masaka

"Rotary would have loved that the children access water from an improved source within their school compound..."

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MALARIA FREE UGANDA

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Uganda has the 3rd highest global burden of malaria cases and the 7th highest level of deaths.

It also has the highest proportion of malaria cases in East and Southern Africa.

Malaria Free Uganda is an independent, non-profit foundation with the objective of achieving a malaria-free Uganda by 2030.

Uganda to join this effort to make our Country Malaria Free.

Get involved by helping us sensitise the communities

that will save so many lives in Uganda.

www.malariafreeug.com



Bildard Buguma

CHICENTE

Lillian Ajarova

Solomon Ossiya

Director, Centre for African Police





Harrison Mutikanga



Svlvia Arinaitwe Sewerage Corporation





Fabian Kasi



RTN. ALBERT KOFFEMAN

Paving ways to eradicate malaria from schools and homes

Last year the government provided thousands of mosquito nets to families in our district - Bukedea. While this pleased us, we kept wondering about the situation in schools.

I was shocked when we tested primary seven (P7) students and teachers in a rural governmental primary school in the district and it appeared that almost 70% of them had malaria. But did we expect a miracle when these students sleep in classrooms that are not mosquito proof moreover without a net? They also have evening classes in classrooms without wire mesh. These rural schools are not to blame for they do not have the means to change this situation.

So we encountered a dilemma. It would be useless to only provide mosquito nets, but not take other protective measures, because that would not help the students already infected with malaria. On the other hand, it would also not help to only free all the students from malaria, because they would be quickly infected again. It was clear we had to do both.

So we got to work. The Rotary Club of Bukedea provided the infected students and teachers with Coartem. When we checked them again after two weeks, they were all malaria-free. We also closed-up the classrooms used in the evening, and dormitories as best as possible by placing wire mesh in the windows. After three months, when the students and teachers returned from holiday, we tested the students again and less than 20% were infected, so we treated them. Since these students and teachers are often in each other's company, we envisioned that protecting them would reduce the malaria infections. The club also sensitised the students and teachers about malaria, and we will do so again in the presence of their parents, before they go home for holidays.



Next academic year, the club plans to support all the P7 students and teachers in the 100 governmentaided schools in the district. This, we hope will go a long way in eradicating malaria from Bukedea District, thus enabling us give thousands of young people a chance for a better life.

This project will also enhance member participation in club activities, and strengthen the club. We have applied for a grant from Malaria Partners International and more partners are encouraged to come on board.

Rtn. Albert Koffeman

President - RC Bukedea abkoffe@gmail.com +256779297225

RTN. DR. FADHILI C. BWAGALILO



Improving TB diagnosis and treatment in Malinyi District

TB ranks high in the mortality statistic for adults in Malinyi District. For people living with the human immunodeficiency virus (HIV), their number one killer is TB.

Tanzania is one of the countries highly affected by tuberculosis (TB). A total of 137,000 people fell ill with TB and 32,000 died in 2019. Only an estimated 59% of all people suffering from TB are diagnosed and have a chance for treatment. Despite some progress in the past few years, there is still a huge diagnostic gap.

Malinyi District in Tanzania is remote, with 90% of the district's population engaged in small scale farming, with many struggling to make a daily living. Poverty and chronic malnutrition are both the cause and consequence of a TB infection, and create a vicious circle from which the affected can hardly escape.

TB ranks high in the mortality statistic for adults in Malinyi District. For people living with the human immunodeficiency virus (HIV), their number one killer is TB. Undiagnosed people carry a high death risk and are spreaders of the disease among the community.

To prevent unnecessary TB-related deaths in Malinyi District, the Rotary Club of Mwalimu Nyerere Dodoma partnered with SolidarMed to provide a GeneXpert machine for Lugala Lutheran Hospital. This will ease diagnosis of TB among children, people living with HIV and those suspected to be drug resistant. A GeneXpert makes it not only possible to diagnose promptly and precisely, but also to test for resistance against the main anti-TB drug. Using the GeneXpert requires less training and experience than the conventional practice. It is faster and more precise.

The US\$47,093 global grant project was launched

at the hospital in August 2020 by members of RC Mwalimu Nyerere Dodoma led by President Dr. Fadhili C. Bwagalilo, the hospital's management team, District Medical Officer, and the Council Health Management

Delivery of the machine was delayed until January owing to COVID-19 restrictions, however, Agaton Mbilinyi, the hospital's laboratory technologist underwent a 10-day training in operating the GeneXpert at the National Tuberculosis Reference Hospital at Kibong'oto last year. He is now an expert and is passing on the skill to his colleagues. Upon delivery and installation of the GeneXpert, four laboratory personnel from Lugala, two from Mtimbira Health Centre, and another two from Malinyi District Hospital were trained in its usage.

Part of the grant activities involved support for mobile clinics and outreach services. A total of 29 former TB patients (17 males, and 12 females) from Itete, Mtimbira, and Ngoheranga participated in a training which will enable them sensitise the communities about the early signs of TB, carry out routine TB screening using a screening form and refer suspected cases to the nearest health facility; and follow up the patients. Mobile monthly TB and HIV outreach clinics supported by SolidarMed and conducted together with Lugala Hospital and the new district hospital still continue. The hospital staff and district authorities were grateful for the Rotarians' support in combating TB.

Rtn. Dr. Fadhili C. Bwagalilo

President - RC Mwalimu Nyerere Dodoma





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From camping to stronger hearts

Rotarians donate an ECG machine to Uganda Heart Institute

RTN. IRENE LUWEESI



At the time when the world fiercely dreaded any outdoor activity due to the distress emanating from the COVID-19 pandemic, over 100 Rotarians from about 60 clubs courageously camped at Ssezibwa Falls in Mukono District last November.

My desire to support people suffering from cardiovascular ailments led to the birth of the Camping Rotarians Fellowship, which is still in formation. With members from the Rotary Club of Nsangi and Rotarians from other clubs, we requested District Governor Nominee (DGN) Peace Taremwa of the Kajjansi Rotary Club to become our patron, which he gladly accepted.

At the end of the fun and merrymaking event, the savings of about Ug shs 10 million were used to procure a high tech ECG machine donated to the Uganda Heart Institute last month. An electrocardiogram (ECG) is a simple test that can be used to check a patient's heart rhythm and electrical activity. Sensors attached to the skin are used to detect the electrical signals produced by the heart each time it beats in order to detect

The team at Uganda Heart Institute said the donation was timely since the number of heart patients especially children is surging. Dr. Michael Oketcho, a Senior Consultant Surgeon noted that several heart patients require surgical procedures but the Institute faces limitation of vital technology like the ECG machine. The Institute's acting Executive Director Dr. Cephas Mijumbi applauded Rotary's ever growing partnerships and noted that the machine would contribute to additional efforts to save lives.

The handover ceremony was graced by the District Governor Rosetti Nabbumba Nayenga, PDG Ken Mugisha, DRN Peace Taremwa, other members of the Rotary fraternity and officials from the Uganda Heart Institute.

Rtn. Irene Luweesi

RC Nsangi











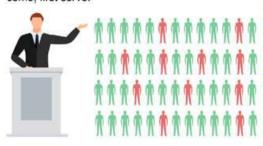




Conference



At the DCA we will have 800 physical participants, the rest will be virtual, selection will be first come, first serve.



Registration

4 colour coded bubbles of 200 participants each



Your breakaway session selection = Bubble

No movement between bubbles but bubbles rotate through venues.



The bubbles will be in different locations at Munyonyo Speke Resort Hotel but interconnected technologically.

All plenary sessions:

The look and feel. Food & Entertainment will be the same for each of the bubbles. Entertainment will be in one location broadcast to all the venues.



There will be no movement from one bubble to another but the bubbles will rotate through each of the venues for a different experience each day and night.

Our VVIPs will move between bubbles to spend time with all our participants each evening.

Theme nights:



DG's welcome cocktail -Vegas night - Maiestic









RTN. ABDALLAH SINGANOI



RC Dar-es-Salaam Oyster Bay braces itself to hit the 100-member mark

The Rotary Club of Dar-es-Salaam Oyster Bay started different interactions, which may include social this Rotary year with quite an ambitious target, that circles, office, family, sports, clients, suppliers, involved the growth of its membership to almost etc. One writes a couple of names in each circle double of what it was. The club, which is the largest and identifies people that they can invite to one of and most vibrant in Tanzania sought to increase its the club's meetings. This was a great exercise. It membership from 58 to 100 before 30th June 2021. helped open up members' minds to the possibility

It is easy to meet and jot down plans but the connections they can invite to club events. From implementation is a totally different story. However, this mapping, members were tasked to invite at under the leadership of President Maryanne Mugo, least two members to the fellowship. This exercise Director of Strategy - Thomas Scherer and the was seriously monitored. The club members Membership Recruitment Sub-committee, various and their guests were tracked, and updates avenues were identified to ensure that they meet this shared about those that had accomplished this target. These strategies were often shared with the assignment and those that had not. entire club and the message was clearly hammered down that membership growth would be a joint effort A recruitment drive is great, but it does not help of the entire club, not just the President or committee. when members are leaving Rotary, it eventually

When the new leadership team was ushered in, bucket with holes in it. The club had to ensure that membership seemed to be on a decline since some the members and the new recruits stay on and are Rotarians had dropped out for various reasons. inspired to contribute to project projects. Member The club was afraid of losing its top position. There satisfaction surveys were carried out to gather was urgent need to get the members fired up and feedback and input needed to keep members motivated enough to participate in some of the engaged and any grievances addressed. This projects like the Rotary Goat Races, which is not helped the club evolve, especially during the only the club's biggest fundraiser but also a huge trying times when COVID-19 disrupted our lives, contributor to the club funds. These enable the club work and socialisation. provide scholarships to many university students struggling to pay their tuition fees.

One of the strategies was mind-mapping. This entailed one) were adopted which helped individuals not every club member drawing a map of close friends yet comfortable with physical meetings to still and relatives. These friends stem from the member's continue participating in club matters.

of reaching out to not only their networks but other

defeats the purpose. One does not carry water in a

Based on the member feedback, hybrid meetings (combination of online and physical meetings in



previous meeting one.

have yielded positive results so far and the and there is even optimism that it can be

The club recently launched a Mentorship Programme where members that joined the club after 1st July 2018 are paired with RC Dar-es-Salaam Oyster Bay

Expansion also came with challenges, one of older Rotarians to guide them through Rotary norms and them was getting an outdoor venue that could guidelines. A detailed and documented curriculum to accommodate these increased numbers and guide both the Mentors and the Mentees on their roles and reduce the risks of COVID-19 infections. A responsibilities was developed. The Mentorship Programme team scouted various venues before settling will run for three months and a graduation ceremony will be for Flames Restaurant, a few meters from the held in May 2021, Currently there are 33 mentees and 28 mentors enrolled. It is envisaged that the programme will be beneficial to both the mentee and mentor, and will improve These initiatives, hardwork and team spirit membership participation and engagement...

club is upbeat. With the current membership The Mentorship Programme will run for three months standing at 81, the target is close at hand, and a graduation ceremony will be held in May 2021. Currently there are 33 mentees and 28 mentors enrolled. surpassed. The new members are energised It is envisaged that the programme will be beneficial to and already adding a lot of vigour into the club. both the mentee and mentor, and will improve membership participation and engagement.



"A recruitment drive is great, but it does not help when members are leaving Rotary, it eventually defeats the purpose..'





What you should know about Rotary Youth Exchange

One could wonder – what is the purpose of Rotary Youth Exchange? The primary goal of Rotary Youth Exchange is to provide young people opportunities to experience a cultural exchange and to develop as leaders who promote peace and justice around the world. Rotary Youth Exchange builds peace one young person at a time. Students learn a new language, discover another culture, and truly • Applications forwarded to Power of One: Preliminary become global citizens. Exchanges for students aged 15-19 years are sponsored by Rotary clubs in more than 100 countries.

How do you become a Rotary Exchange Student?. • Age: Applicants should be between the ages of 15.0 and 17.5 (ideally) at the time of departure (let's use 2022-July-30 as a "departure date"); that means they would be in the 13.5 to 16.0 age range now (2021-January). There might be some (very few) opportunities for students up to 18.5 age at the time of departure

- Graduate vs non-graduate: Applicants ideally should be non-graduates. This would mean "Ordinary" level would be ok, but "Advanced" level would be seen as a graduate, and might not be accepted. Some countries take graduates, but that is typically another barrier that is sometimes stipulated by the government (state or federal).
- TRecruitment for 2020-2023 exchanges: This could start either between February and April 2021, thus giving the potential candidates a long lead time (1.5 years) to plan for this academically and financially. Applications should be completed before students are invited for interviews for final

selection (before 31st December, 2021). The District Committee should target conducting interviews with students and parents between 15th January and 15th February 2022, then choose the final candidates. The selected candidates should complete missing application documents by 15th March, 2022.

application for these should ideally be possible in February 2022. Target 15th March 2022 so that anything missing can be fixed promptly before matching students and sending application to the

Note: Visas take a long time and post-pandemic no one knows whether or not the visa process and requirements might be stricter, so the sooner a fully completed application is received, the greater the likelihood is of placing the student successfully.

I work with the Sponsor District Committee set up with the assistance of Past District Governor Xavier Sentamu to help students fully complete their applications.

I advise the students to be flexible when selecting overseas placements. They should also select non-English speaking countries; and identify five different choices (they cannot have the same country for all five choices) as some countries are likely to have a few spots which the students can get by chance.

Rtn. Marion Natukunda

RC Kiwatule - District Youth Exchange Officer

TRAVEL. DISCOVERY. FUN.





CONNECT WITH US

Rotary District 9211 www.rotaryd9211.org RTN. NACKY SINDA



Rtn. Nacky Sinda
Projects Director - RC
Arusha Clock Tower



A fun day for children at the Watoto Bonanza



A fun day for children at the Watoto Bonanza

The Rotary Club of Arusha Clock Tower together with Senda Success organised a Watoto Bonanza for 300 children in Arusha in December last year. The children were drawn from 14 orphanages and children's centres from as far as Kisongo all the way to Momella.

Their vigour and smiles showed that they had a wonderful day. The event gave them a chance to not only enjoy the December holiday festivities, but also receive presents ranging from toys to books. Rotarians, caretakers and volunteers from the children's centres were on hand to ensure the day was wonderful.

The Watoto Bonanza is a flagship annual project for the Rotary Club of Arusha Clock Tower. The event, in its second year running is a celebration for children living in orphanages and children's centres in and around Arusha town. Last year's event was held at General Tyre Grounds. The day's activities included sports and games and social skills learning. The children got a chance to interact with their colleagues not living within centres, which enabled them make new friends and boost their mental abilities. The event was successful thanks to the sponsors and volunteers. Participating Rotary Clubs included: Arusha, Arusha Westside, Njiro, and Whittier Sunrise of California; while companies like Asilia Lodges and Camps Ltd, Hanspaul Group and Tanny's Shoes; and other friends of Rotary too donated items.

Rtn. Nacky Sinda

Projects Director - RC Arusha Clock Tower was renovated, while plans to buy medical machines and hire experienced surgeons and a physiotherapist are underway. It is hoped that 10 young people will be operated upon per day. The exercises conducted by the physiotherapist begin a day after the operation. When feasible, the patients will be transferred to their homes where the physiotherapist will check on them daily. This will also enable family involvement in the recovery process. The club is cognizant of the fact that there could be cases of children with physical disability not related to the effects of quinine injection, these will be given either crutches, wheelchairs, or prostheses.

This intervention is sponsored by Rotary clubs in Holland, Germany, Denmark, and Belgium. We welcome support to enable the club to give more affected young people a chance to enjoy optimal development.

RTN. MERCY K. KAINOBWISHO



St. Teresa Babies Home located in Najjanankumbi in Kampala District was established in 2018 to take care of children abandoned by their parents. This facility currently has 22 children picked from swamps, police stations, garbage places, and more areas. The home rehabilitates the babies and where possible reconciles them with their families, if known.

Last month, the Rotary Club of Bukoto visited the Home and handed over baby clothes, food, cleaning detergent, and sanitary materials among other items. This home is under the Ministry of Father Raymond Kalanzi, a Filipino Catholic Priest. The visit was led by Mercy K. Kainobwisho the club President. She thanked Father Raymond Kalanzi for his vision in saving the lives of children through his ministry and promised to continue mobilising support for the Home.

The function was presided over by Past President Hon. Sarah Opendi, the State Minister for Mineral Development, also a member of RC Bukoto. She appreciated the team at Teresa Babies Home for the

RC Bukoto reaches out to Teresa Babies Home



great service to the Najjanankumbi community and committed more support. She further urged parents in communities to desist from throwing away their children who are gifts from God. Father Raymond appreciated the club's efforts and blessed the gifts received.

The club's visit to the babies' home was in line with some of Rotary's areas of focus - maternal and child health, disease prevention and treatment, and water and sanitation. As we promote peace, fight disease, provide clean water, sanitation, and hygiene, support education and grow local economies, let us remember to save children abandoned on the streets, roadside, garbage places by supporting babies' homes/orphan homes.

Rtn. Mercy K. Kainobwisho

President - RC Bukoto

" Last month, the Rotary Club of Bukoto visited the Home and handed over baby clothes, food, cleaning detergent, and sanitary materials among other items..." RTN. WENDY DAPHNE KASUJJA



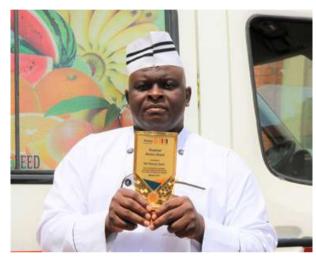
One man's quest to provide free meals to the sick in hospitals

The Rotary Club of Kampala South last month recognised Hajji Mohamad Damba as its Vocational Awardee for the year 2020/21. Hajji Damba was recognised for his dedication and selfless service to feeding patients during the COVID-19 pandemic, using his own resources.

Every Tuesday since April 2020, the 51-year-old father of 11, would prepare a sumptuous and nutritious meal, that was served to about 300 patients and medical service providers in different hospitals. So far, he has provided meals in about 10 health facilities that include; Entebbe Grade B Hospital, Wakiso Health Centre IV, Nabweru Health Centre III, Kakiri Health Centre III, Namayumba Health Centre III, and Royal Hospital, among others.

Hajji, an engineer and chef by profession and training, prepares the meals together with his wife and family. He converted his Mercedes Benz van into a mobile food carrier, equipping it with warmers, gas cooker, flasks, and storage. The van with the words "Free use, before food is distributed. Hajji and his team then open the van and start serving matooke, pilau, chapati, potatoes, beans, beef, chicken, greens, bananas, and juice. This free meal is distributed to everyone within and the rest, as they say, is history," Hajji explained. the vicinity. Everyone is fed to their fill.

While presenting the award on behalf of the club, Past District Executive Secretary Aggrey Kankunda, applauded Hajji and his family for their service. He District Governor Rosetti's project under Fitness and projects. Nutrition (FAN) in providing healthy and nutritious food, and that Rotary in Uganda appreciated their service Rtn. Wendy Daphne Kasujja thus the recognition of their selfless act.



The Club President, Jennifer Byokusheka hinted on a future collaboration with Haiii in other areas of his work. that involve serving the community - in line with what Rotary stands for.

Upon receiving the award, Hajji Damba thanked the Rotary Club of Kampala South for recognising his efforts. Feeding in Hospitals", also has a self-sanitising system, He began serving people in hospitals in response to the which allows them to spray the area they are going to call by the President to support the COVID-19 Response Fund, "Since the patients needed nutritious meals, and I had trained as a chef while in England, I decided to use my skills to help them. I shared the idea with my family

He does not want to stop at providing nutritious meals, but also wants to train communities on how the meals are prepared. He appreciated the Rotarians for the service they provide to communities, and highlighted informed them that their activity was in line with the the possibility of partnering in some of Rotary's service

RC Kampala South

RTN. PAULINE BUKENYA

Lockdown enhances healthy lifestyles in **RC** Makindye





In a bid to diversify its meeting formats and make them more exciting, the Rotary Club of Makindye would normally have a Zumba dance session every last Tuesday of the month. With the COVID-19 lockdown, physical meetings were impossible. As the Fitness and Nutrition (FAN) champion, I sought an activity that would engage the members and their families even when they were at home.

Thus the Makindye Fitness Challenge where every Rotarian is encouraged to exercise for at least 30 minutes a day with their families at home. I advised them to download apps like Samsung Health, Pedometer, Step Counter, Adidas Running, and My Pacer on their phones to record the time, distance and calories lost. We formed a Makindye Fitness Forum where members posted information about nutrition and their pictures during or after exercise.

The forum draws members from as far as Dubai (United Arab Emirates), Mbarara, Fort Portal, Entebbe, and around Kampala. They engage in cycling, jogging, walking, aerobics and dancing.

I record the statistics daily, and each month as we celebrate the birthdays and wedding anniversaries, we also recognise Rotarians that have excelled in FAN and award prizes to the best five. This has motivated the members to keep engaging in FAN activities.

Already, there are testimonies from the fitness challenge, as some members have recorded an improvement in their health, while others have lost weight. The evening walks are bonding opportunities for families, as the Rotarians exercise with their Anns, Andys and Rota kids. Their eating habits have improved and some have even begun to grow vegetables in their small gardens.

I encourage my Rotary family to engage in regular exercises and eat healthy.

Rtn. Pauline Bukenya

FAN Champion - RC Makindye





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RTN. GEORGE OCHIENG



Protecting youth in service - Our shared responsibility

of service, according to Past Rotary International President Barry Rassin. "When we serve with and for them, it brings out the best in Rotary," he added. In one of its five avenues of service, Rotary specifically targets the youth as leaders or beneficiaries. The same applies to its seven areas of focus. Creating and maintaining a safe environment for the youth we work with and for, is an important statement of conduct espoused by Rotary.

from physical harm and/or abuse. Every Rotarian or volunteer must protect the youth they come into contact with. Youth are vulnerable to not only physical and emotional abuse, but also to sexual abuse and/ or exploitation. The girl child in patriarchal societies where power imbalances are skewed by gender (like service. in African societies) is even more vulnerable to these sexual abuses, which implores Rotarians to have In pursuit of youth protection, we are required to design engendered programmes targeting protection of females. For instance, during RYLA (or similar Rotary and toilet facilities are segregated by gender.

us in Rotary programmes and activities do not suffer emotional abuse created by humiliation, rejection, control and neglect. Similarly, they should not suffer physical abuse. During a home hospitality or community activity, the youth should not be over burdened with heavy manual labour like lifting weighty

Youth should not be exposed to crime when they are in contact with Rotarians. They should not attend Rtn. George Ochieng late night Rotary activities, which could make them RC Entebbe - District Youth Protection Officer, vulnerable to being attacked by criminals, since most 2019-2021

Rotary programmes for youth extend our ideals of them use public transport or walk to their destinations. We should ensure that youth are protected against online security threats like identity theft or denial of service.

An institutional framework in the Rotary management goes a long way in facilitating youth protection. This could be through formulation of a youth protection policy; plus, youth protection, abuse and crisis management. The district should comply with RI youth protection requirements (including promulgating the Rotary Youth Protection Guide). For instance, international Youth A safe environment includes protecting the youth Exchange Programs can only be authorised if inter alia, the youth protection framework is solid and being implemented in a District. This includes screening and training the volunteers who work with youth, managing records and reporting. It also includes investigating and promptly reporting any incidents occurring to youth in

contingency plans that can be activated should a crisis occur involving the youth we are working with. Rotarians activities), Rotarians must ensure that accommodation should plan for appropriate response mechanisms to threats that may target youth. Should there be a medical emergency (say from a traffic accident or bomb explosion), We should also ensure that the youth working with what plans have Rotary leaders put in place to give first aid (trained first responders, first aid kit), transportation of casualties to the next level of medical care (with whom refunding costs have prior been discussed)? The plan should involve notifying their parents. Such crises are best managed when an insurance premium is paid for youth protection. Insurance is mandatory for international youth exchange activities (inbound or outbound).



Scaling the corridors of the United States **Civil Service**

attention to your education because it is the only way you will shine." These words told to a then 17-year-1970s by her uncle laid the foundation that enabled her strive to upload her family's legacy with dignity.

Daudi and Lady Federesi Wampamba's nine children. illustrious career that took her from England, Kenya, South Africa and lastly USA, where she worked in a number of institutions, and later as a civil servant of the Federal Government of the United States for 27 vears.

Mazzi attended Cheltenham Ladies College in England – a college historically reserved for the royal and noble women of the British Empire. Mingling with nobility, accorded her invitations to Buckingham Palace for garden parties with the Queen and the British royal family - certainly any child's dream. Studying the French language and culture in Paris offered a diplomatic functions. As a student, she interned at a highly regarded law firm in Paris and at the Uganda Embassy in Paris, France, and later at the Uganda Foundation (NSF). High Commission in London, England.

and Literature, Mazzi worked at the British Gas Headquarters in London and later for a consortium of started to match the private sector.

"Mazzi you are going to England. Do not shame us. Pay Commonwealth Universities in London. She then moved to Nairobi and worked for the International Development Research Center (IDRC) for two years. "There was an old Princess Margaret-Anne Mazzi Wampamba in the opportunity for me to transfer to the IDRC offices in Canada, but I chose to try my luck in the USA," she noted.

Having worked in professional engagements in England Princess Mazzi is the first born of the Late Prince and Kenya, Mazzi hoped lady luck would follow her in USA. "A friend connected me to avenues to get a Mazzi, whose name means Goddess of the Sea is a job at the World Bank, however, I did not pursue that member of the Buganda royal family and very proud of opportunity. Walking down the street in Washington, DC her roots in Kaliiti, Buganda. She attained her higher one day, I saw a signpost of an employment agency, I education in England and France and enjoyed an walked in and applied for a job. The next day, I was called in for a temporary placement as a secretary at Comsat – a communications satellite corporation." This marked the start of Mazzi's career in the USA. She later transitioned to Intelsat, also a communications satellite service provider. Her first permanent job was at GTE Spacenet, a satellite launching company, where she later met a space engineer, with whom she had a son. Her knowledge of the French language enabled her to get her next job at Airbus Industrie of North America, which was her last engagement in the private sector.

In 1990 Mazzi joined the United States Federal Government as a permanent civil employee, serving in romantic and classy aspect to Mazzi's college days, various agencies in Washington DC. Her first placement topping that with invitations to the Elysée in Paris for was at the Internal Revenue Services (IRS), then the Overseas Private Investment Corporation (OPIC), followed by New Africa Advisors, and lastly the National Science

At the start of her civil service career, the salary was low, Upon completion of her studies in English Language but it came with great benefits which could not be matched by the private sector. As time went by, government salaries In 1990 Mazzi joined the United States Federal Government as a permanent civil employee. serving in various agencies in Washington DC. Her first placement was at the Internal Revenue Services (IRS), then the Overseas Private Investment Corporation (OPIC), followed by New Africa Advisors, and lastly the National Science Foundation (NSF).

Being black in the United States of America, came with is proud to have worked for the US government serving many opportunities and challenges in equal measure. "The federal government and especially NSF gave me so many opportunities in life that sometimes I would pat myself for the blessings and the achievements I was part of. This was my best life experience. I brushed shoulders with leaders in the White House, Congress, the Senate and Department Heads," Mazzi said.

The NSF, a scientific research funding agency was a unique place to work. Here, Mazzi was part of initiatives that supported the growth of science worldwide. She was especially honoured to be part of the Africa Initiatives. She mentored young Black scientists and professionals, and young African scientists; and interacted with native Americans.

American history dictates perseverance at all times. There are no "godfathers." "This called for exceptional professionalism, but one also had to know how to play the game to get what one wants. My upbringing played a key role in moulding me into the person I am today. As the eldest child, I knew I was setting an example for In her spare time, Mazzi operates a tour and travel the rest of my siblings. I am an outgoing person, with high self-esteem, confidence and curious to learn new things. This helped me focus on improving my skills, thus making me a competent candidate for several jobs and life in general."

Mazzi mentored many people who needed guidance on how to navigate life in a foreign land. She was, at that time, probably the only Ugandan in the US civil service and she

under six presidents. Her crowning moment of glory was being part of Barack Obama's administration, the first Black President of USA.

As she approached retirement, Mazzi who desired to settle in a place with sunny weather scouted around for different options. She considered Florida, California, the South of France, Kenya, Tanzania and Uganda. A visit to Uganda in 2016, convinced her that Uganda was a good option, so she decided to retire in Uganda. She is engaged in a number of charity organisations and she is a member of the Rotary Club of Kampala-Munyonyo. "I joined Rotary as a vehicle to re-learn about my mother country Uganda, and to revive my friendship with those I left behind. Rotary is a good vehicle for me to enhance the knowledge I gained over the years of absence from Africa and to pass it on to those interested. There are lots of opportunities here in Uganda to lend a hand and I hope I can be part of that going forward."

company – Williams Safaris and Tours and devotes the rest of her time to writing. She is a novelist. She has so far published three children's books; a poetry book and two of The Reporter Trilogy - The Virgin Journey and The Waiting. She is working on the third and final book in this series and hopes to have it published soon.

Rtn. Maria R. Muzaaki RC Kampala Central

" The NSF, a scientific research funding agency was a unique place to work. Here, Mazzi was part of initiatives that supported the growth of science worldwide. She was especially honoured to be part of the Africa Initiatives..."

RTN. FLAVIA SERUGO



Women in Rotary: "Creating equal opportunities in a COVID-19 world"

Every year as the world celebrates Women's Day on 8th March, the Rotary Club of Kampala Naalya has for the past five years hosted an event in honor of the females in Rotary. Whereas we were privileged to host last year's celebration before the lockdown, this year's event will be far different, but all the same worth a big celebration.

Life has and will never be the same since the March 2020 lockdown. For the Rotary fraternity, we swiftly embraced the strategic goal of "increasing our ability to adapt" by adopting new ways of doing things in the new normal. This included having a hybrid of virtual and physical meetings in observance with the Standard Operating Procedures (SOPs).

We will definitely miss the pomp and glamour of the event - this is a day when we step out on the red carpet, go for fine dining, network, make merry and rock a specific dress code. Last year, we had the ladies glimmering in sequins. Coupled with entertainment and the recognition awards, the celebration has become a popular event on our District social calendar, which we cannot afford to forego despite the pandemic limitations. It is especially because of this event that our District Governor Rosetti Nabbumba Nayenga conceived the idea of celebrating women through the Rotary Roses Program during her year of service.

The opportunities

RC Kampala Naalya is proud to contribute to the birth of the Rotary Roses program, as well as recognition of females with exemplary leadership skills in Rotary. It is also gratifying to note that most recipients of the Women in Rotary Awards have taken on leadership positions in the District, top being that of District

Governor. This gives us a cause to celebrate the event annually.

In line with the theme of the Rotary Year 2020/21 - Rotary Opens Opportunities we were challenged by RI President Holgar Knaack to "open opportunities for someone, somewhere". Despite the challenges we have faced, the pandemic has opened multiple opportunities we could never have imagined. While most businesses suffered, many opportunities emerged for online businesses. Rotary business too, had to adjust to the new way of doing things. What has mostly been a challenge is addressing the soaring needs in our communities. Women and girls have regularly been affected, with defilement cases on the rise, teenage pregnancies, domestic violence and unemployment. Majority of the women-owned businesses were affected and recovery has not been easy for most.

The 6th Edition of Women in Rotary under the theme "Women in leadership: Creating equal opportunities in a COVID-19 world", will celebrate the tremendous efforts by women and girls creating innovative solutions for recovery from the COVID-19 pandemic. Awards will be given to outstanding females that have demonstrated exemplary skills, knowledge, innovations and networks to address the issues of unemployment and redundancy of women and girls in communities through innovative socio/economic transformation initiatives or service projects.

The virtual event slated for 8th March will feature a keynote speaker and a series of activities including awards and a joint activity with the Rotary Roses Program and Rotaract Ladies Initiative. We have opened an opportunity to partner with RC Kampala Munyonyo to ensure continuity of this celebration, and create a lasting bond beyond District 9213 and 9214.



While we look forward to the Women's Day celebration, it should not only be a time to celebrate our gains and how far we have come, but rather focus on the many more steps needed to provide equal opportunities for women around us to progress and choose to challenge inequalities and gender bias in our communities.

HAPPY WOMEN'S DAY

Rtn. Flavia Serugo

RC Kampala-Naalya Cordinator – Rotary Roses Program

RTN. CLAIRE AMANYA RUKUNDO



It is well, Anne -We are keeping the pace and preserving your legacy

you unceremoniously handed over the presidency of the Rotary Club of Acacia Sunset to me and departed from this world like a shooting star. It was a crazy time, the COVID-19 pandemic had just set-in in Uganda, we were kind of hoping it would remain something we watch on CNN. A lockdown was looming over Uganda burial. Not many were able to travel to your resting place, maybe that is why closure has been so hard for us. Nevertheless, we did what we could. An online memorial was held for you and people shared what you meant to them.

Rtn. Ann Muhangi was larger than life. She loved to read and was a member of the Readers Table. Ann had strong financial principles and was a member of Heritage Global Investment Club. She often appeared on television as a judge for DFCU Bank Investment Clubs competition, and was also part of the organising team for the Stanbic National Schools Championship. Ann referred to herself as a "student of life" and was a life coach, a service she rendered through Wholesome Consult, where she was the Managing Director. She was also a certified coach and member of the International Coach Federation.

Ann was a loving wife to Richard Muhangi and a great mom to three children. She picked her children daily from school in the midst of juggling the many other roles she held. As a club, we often check on her Andy year and is ready to ace the exams.

March 25th 2021, will mark exactly one year since and excel in all those roles and still keep that positive outlook towards life. Oh Ann! you made everyone feel good. You were so full of life, always smiling and keen to know how one was. A simple fine was not enough for you. You would ask, "Are you happy?". You always reminded us to enjoy life every day, and constantly tell the people you love how much you love them. I am strengthened and indeed it was enforced a few days after your by your favourite phrase "It is well." Whenever I came to you moaning about how overwhelmed I was with life's demands, and how ill prepared I felt to take over as Club President from you, your constant assurance was "It is

> You were such a loving person, no wonder your theme for the year was "LOVE, PASSION and BOLDNESS,", You preached love every day, everywhere. And you were right. We waste so much time clinging to hatred, prejudice and fear instead of embracing life and loving ourselves and the people around us.

I thank God for the one year I spent so close to you. I soaked in all your wisdom and unknown to me, I was receiving mentorship on being a leader. For sure leading volunteers is not easy. And these Acacians are also not easy, they can be very laid back and sometimes I feel like a headmistress. But you were right, they are a fantastic lot and you just have to "tie on them".

We miss you so much, however I believe you would be proud of our perseverance. Your great performance - Richard and the children. Shantal is a candidate this as President caught the eye of the Rotary Uganda leadership. You had just been appointed the District Youth Chair. The youth really missed out, judging from the world Ann, I often wondered how you managed to perform class mentorship classes you had started in RC Acacia



Sunset of Elevate 101 youth through 101 Tomorrow Alive Programme. You targeted 101 youth graduating in life skills and financial capability, and provided mentorship to pregnant girls at Wakisa Ministries.

The tough meeting restrictions because of the pandemic made it hard to continue this programme, but it will resume. We have continued to empower the youth, and the club will soon host a youth conference where John Katumba, a youthful presidential candidate is one of the facilitators. You would have loved him Ann.

You always told people to maximise their potential. I do not know how we are going to complete the sanitation project at Iwemba Primary School in Bugiri District this year, but we have to, in your memory. It is the least we can do. You succeeded in what you always said you wanted to do - leave a legacy. Your legacy lives on.

Rest in Peace, President Ann K. Muhangi. It is well.

Rtn. Claire Amanya Rukundo (PHF)

President - RC Acacia Sunset

You were such a loving person, no wonder your theme for the year was "LOVE, PASSION and BOLDNESS,", You preached love every day, everywhere...

RTN. ROBERT ODEDO



How a friendship born at the RI Convention will uplift women in Ntenjeru

together members of the Rotary family from around the world; and give them a platform to exchange ideas and come together in friendship. These friendships cultivated over time, sometimes metamorphosise into Frankfurt area. international partners for global grant projects.

Since the Rotary Club of Kampala Maisha was chartered in 2017, some members have been avid attendees of the international conventions. As a new Rotarian, I was excited to attend my first convention in Atlanta, Georgia (USA) in 2017. While riding on a conference shuttle between my hotel in the Dunwoody suburb of Atlanta and the local 'MARTA' (train) station, I happened to sit next to an amiable couple and before long the gentleman broke the ice and a conversation ensued sparked by the usual starters 'which country are you from, which club do you belong to, is it your first time in the US, what's your vocation and experience so far at the convention etc.

The couple I interacted with turned out to be Past District Governor of D1820 in Germany, Christof Hottenrott a surgeon and University Professor in the company of his wife. Our budding friendship set the stage for an eventual partnership with the Rotary Club of Frankfurt Stadel. After the convention I kept in touch through email and along the way PDG Christof put me in touch with other Rotarians in his District for purposes of building partnerships.

The subsequent conventions in Toronto and Hamburg were utilised to cement this partnership, resulting in designing the Ntenjeru Women's Empowerment Project, and an application for a global grant submitted to the Rotary Foundation.

The annual Rotary International (RI) conventions bring year. It will be implemented in Ntenjeru Sub-county, Mukono District over a three-year period by RC Maisha, in partnership with RC Frankfurt Stadel, and the Frankfurt Plus Initiative comprising of eight Rotary clubs in the

Background to the project

In the Rotary year 2016/17, the Rotary Club of Kampala Maisha conducted a needs assessment in Ntenjeru Subcounty which revealed; a high Incidence of underage marriage and pregnancy among girls under 18 years, widespread unemployment, child labour, significant poverty levels with 15% of households surviving on less than two meals a day; women playing an increasing role in supporting families as breadwinners, poor infrastructure in schools coupled with high levels of absenteeism, school drop-outs especially among girls and low levels of academic performance.

The club in partnership with the Ntenjeru Rotary Community Corps (RCC) set up in 2017 set about planning and designing interventions in response to the issues identified in the assessment.

Between 2017 and 2020, in collaboration with Nakasero Hospital, ASG Eye Hospital, Koja Health Center IV, Rotaract Club of Kampala-Maisha and the Ntenjeru RCC, the club undertook bi-annual health camps under the Rotary Family Health Days program, successfully treating hundreds of community members.

In keeping with the goals of Mission Green, and with funding from VIVO Energy, the club embarked on a campaign to conserve the environment by promoting planting fruit trees in schools and households. A collaboration with Mukono DLG also saw the club distribute over 20,000 This grant worth US\$220,000 was approved last coffee seedlings to households in the area.



Ntenjeru Women's Empowerment Project

The project, to benefit 400 women seeks to improve household incomes and economic empowerment; extend access to them affordable credit, improve the coverage of adult literacy; create Girl Friendly Spaces in schools; and improve the academic performance of schools in the area.

The following will be established: Functional Adult Literacy (FAL) groups; and a Village Savings and Loan Association (VSLA) for women (implemented in partnership with FINCA Bank). The women will be equipped with practical vocational skills in food processing, apiary, fish processing, soap and candle making, and handicrafts among others to enhance their ability to set up bankable projects to be supported by the Microfinance Support Centre (MFSC).

Six schools with a combined population of over 1,800 pupils will each have a classroom refurbished and transformed into an Early Learning Resource Center furnished with shelves, solar power, desk top computers with internet connectivity, a projector with its screen, and relevant teaching and learning aides.

In addition, the schools will be transformed into Girl Friendly Spaces with improved sanitary facilities for menstrual hygiene management. The existing sanitary infrastructure will be refurbished and upgraded. Four

stanza latrine blocks will be constructed in each school. and installed with a water tank to promote recommended hand-washing practices. The communities will contribute materials such as sand, aggregate, bricks and labour where possible.

To improve the declining academic performance, the project will facilitate appropriate in-service training for teachers in effective instructional methods including classroom control, pupil centered instruction, introduction to new methodologies of teaching and curriculum

RC Kampala Maisha will oversee project implementation, monitoring and community mobilisation, coordination and engagement; while the international partners led by RC Frankfurt Stadel will jointly plan and monitor project interventions, share expertise and experience from previous projects, publicise the project, mobilise financial resources and seek other external partners.

Project implementation is projected to start this month. The club has secured support from the School Management Committees, Ntenjeru RCC and sub-county leaders, and Mukono DLG to ensure local ownership and long term sustainability of the interventions.

Rtn. Robert Odedo

RC Kampala Maisha

RTN. ALLEY PETERSON



Poultry and sports projects empower Arusha's youth

Poultry and sports projects empower Arusha's youth

Through its monthly Trivia Nights, the Rotary Club of vaccinations for subscribing households. Arusha West Side has funded two local projects – Kuza Poultry Project and Future Stars Academy (FSA).

2020, is a social enterprise dedicated to tackling the devastating effects of the Newcastle disease among poultry farmers. It enables farmers to get better farmgate prices for poultry products (eggs, chicks, chicken) markets in urban centres. The initiative empowers youth that address critical needs in their communities.

The funds raised from the sales supported a trial project community, which now trusts him more. on the outskirts of Arusha through buying bicycles and conducting a three-day training programme for the six agents (include three women) who buy vaccine kits, purchase mobile devices and poultry products, and deliver them to the market for sale.

Each agent once trained and equipped is deployed to the communities to provide vaccinations, poultry advice and market access services to over 500 rural households. Each household is registered on a mobile device for routine service visits. The device contains a customer relationship management platform which ensures recurring service support for subscribed households, which each pay US\$0.10 for every The project sponsored two young men and two young vaccination.

The agents can vaccinate over 100 chickens in a day using the thermotolerant ND I2 vaccine, which to cold chain constraints, the 100 minimum vial size underprivileged girls and boys.

and the need for recurring vaccinations. This challenge is overcome by Kuza agents who conduct quarterly

It was expected that during the first four months of operation, the trained agents would reach over 2,600 The Kuza Poultry Project which started in August households, vaccinate over 29,000 chicks and deliver TZ shs 9.3 million of poultry product sales directly to farmers. Although the project is in its early stages of rollout, it is already creating positive change in the lives of the beneficiaries. "My chicken were dying because I could by streamlining delivery and accessing higher volume onto vaccinate them, but now they are healthy and active," said Mary Godson Pelo, a poultry farmer. Joseph Sendeu, and women with knowledge, skills, and employment a Kuza community service provider, says that working with this project has enabled him to gain more knowledge and experience in providing vaccination services to the

> Future Stars Academy is a non-profit organisation empowering children and youth through football, and enhancing their physical and mental health. It is not, "just about playing football, but using football (and sports) as a tool to touch base on other crucial issues for the youth in Arusha and Moshi and to help them become responsible members of their local communities. The academy has one rule: "No School - No Play"

women to complete a one-year training programme provided by FSA. The programme covered a referee course provided by Tanzanian Football Federation (TFF) including coach certification and licensing badges, is administered through an eyedrop, is affordable, first aid and child safety training, and participation in widely available and easy to administer. However, gender equality lessons provided by YES! Tanzania communities still face barriers in accessing it owing and participation in community based training for





Founded in 2010, YES! Tanzania supports organisations in the most disadvantaged urban communities of Tanzania to transform young people's lives through sport. FSA is a member partner of the Yes! Tanzania programme. They work together to deliver football, life skills, leadership and gender equality training to underprivileged both boys and girls in rural and urban Arusha.

Eva Jimmy, who is one of the young women who underwent the FSA training programme has expressed how FSA has changed her life and how the training programme has helped her become a more confident woman;

"First of all, I am happy to be part of Future Stars Academy and get the opportunity to participate in this coaching program. I'm currently coaching the FSA U15 and U20 girls' team. I have learnt a lot from being part of the FSA leadership and coaching course. I now have a TFF preliminary coaching certificate and another from the FIFA Grassroot coaching course.

We also had a four-day gender equality course conducted by SHE Scotland. With this knowledge, I am also delivering gender equality and health lessons for the young women and girls at FSA and Olmotoni Girls Secondary School. Their selfconfidence has already improved. With support from the FSA management, we organised a one-day gender equality football tournament - "By Girls - For Girls." We had a lot of fun learning how to organise such a large tournament.

The course boosted my confidence and I am now more comfortable addressing a large gathering, overcoming my previous shyness. I look forward to continuing the program and learning new skills to become a better coach. I was even able to earn some money from coaching, which helps support my family. I want to support the young men, women, girls and boys in our community, and show them that football is for everyone. That women can be good coaches as well. My five-year-old daughter - Sacha is now playing football at FSA. This makes me very

Over the years Yes! Tanzania has also supported FSA in capacity building through various workshops and clinics ranging from: She Programme, child protection policies, M&E, coaching health and AIDS training.

The amazing organisations that RC Arusha West Side support give opportunities to young people facing huge challenges – from living on the street, to unemployment or not attending school. They also help young people facing barriers to engage in sports, including girls and those with disabilities. Together, through sports, we give them resilience, confidence, self-esteem and positive attitudes, as well as life and leadership skills. and the knowledge they need to protect their health vital in a country with one of the highest HIV/AIDS rates in the world.

Rtn. Alley Peterson

PR - RC Arusha West Side Note: Kuza Poultry Project photos taken by Nicol Ragland.

RTN. LUWAGA GYAVIIRA



"Tebulwadda" — The forgotten village

Now remembered by RC Muyenga Tankhill

Education is the passport to the future, for tomorrow belongs to dormitory, many continue to worry about those who prepare for it today. - Malcolm X.

As the saying goes, those that are privileged to have it do not recognise its value and those that yearn for it seemingly have no chance at it. Seven-year-old Paulo Mukasa like many boys of his age has a dream. To steer his mother out of poverty and this and why we have rejected our people its burdens and grow into the first doctor in his family. However, so much so that we no longer care about the untold reality of his situation only justifies why this remains our education and our very own living. only a dream. One that suggests that— "What is not started As the challenges of life in Africa as a today, is never finished tomorrow."- Johann Wolfgang von whole, Kiziiko is no different. Majority of Goethe.

Why? Because of the uncertainty that tomorrow brings and an effort, many cannot afford to cater the inconceivable truth that school fees this term will not be for their necessities. This tallies with the available after Muzeeyi Mukasa (Paulo's father) lost his job due conditions of management and challenges to the COVID-19 staff cut-offs.

That notwithstanding, Paulo has resorted to fetching water for They cannot afford to put up formidable neighbours and anyone in his village who needs his services with a hope that out of these daily chores, he will be able to raise by putting up temporary shelters to enough money for this term's school fees. The determination accommodate the influx of students in is admirable and the effort commendable. However, what is heart-breaking is that although Paulo like many pupils in Kiziiko children in school. Like many heroes in village aspires for good education and yearns to learn, lead and thrive, the conditions of schools in the area is extremely heart- for what is available after all, they are facing breaking.

Located in Gomba District, in a small village called Kiziiko, "Tebulwadda" a household name for the "forgotten village" presents to the world a need for action and call to service. With Why can't the world do something? dormitories, bathrooms, classrooms and toilets in a dreadful condition, one wonders how these young souls survive in Then when you know better, do better." this third-rated environment. The girls at Hillside Progressive Maya Angelou. Primary School continue to live in fear due to the complexities of household living. With only one solar light that lasts four The Rotary Club of Muyenga Tankhill hours in the night, and a toilet 150 metres away from the girls'

rape, defilement and abuse that has been reported in this community lately.

You would wonder why the authorities and the parents have not done anything about the parents can barely afford to take their children to school and for those that make teachers and school leaders face.

infrastructure and increasingly improvise the community to satisfy the need to keep communities, society is thankful enough an increasing challenge of poverty, early teenage pregnancy and forced marriages of many adolescent girls.

"Do the best you can until you know better.

through its Service Projects Directorate



has embarked on a three-year strategy to adopt this village and transform the words of Maya Angelou into the hope that we aspire to see.

Knowing that the journey is long and the reality appears to be a mountain to climb, RC Muyenga Tankhill has embarked on COVID-19 interventions and educational support programs as its foundation for hope. It is important to note that globally, armed conflicts, forced displacement, climate change, induced disasters and protracted crises have disrupted the education of 75 million children and youth. That number is growing unabatingly in an unprecedented way with the spread of COVID-19. Education has been hit particularly hard by the COVID-19 pandemic with 1.53 billion learners out of school (https://en.unesco.org/covid19/ educationresponse) and numerous country-wide school closures, impacting 87.6% of the world's total enrolled learners. Drop-out rates across the globe are likely to rise as a result of this massive disruption to education access.

The "pile on effect" of COVID-19 presents a new challenge of regression for children whose basic education and literacy (reading, maths and languages) if not quickly supported creates adverse psychosocial and physical challenges. For many children like Paulo, education is life-saving for it instils hope, presents an opportunity for better living and offers protection and safety.

Intervention by RC Muyenga Tankhill

As we aspire to give hope to those in need, the RC Muyenga Tankhill is implementing a socio-education support program in Kiziiko in which, masks and scholarly materials have been donated. This is made

possible through our, "Adopt a Child" campaign in which each Rotarian was asked to adopt children of their choice to ensure that they get access to textbooks, writing books, pens, masks, soap, brooms and detergents.

The second phase is to embark on a sustainable development project in which we address infrastructure, safety, water and sanitation and basic healthcare interventions to ensure that students and teachers get access to clean water, toilet facilities, classrooms and accommodation.

Why we need you

As Rotarians, we believe that of the things we think. say or do, first - is it the truth, second - is it fair to all concerned... (the four-way test). By being fair, we extend our compassion and love beyond ourselves to our brothers and sisters knowing that it is fair to all, it will build goodwill and better friendships, and that it will beneficial to all concerned.

For this reason, we resonate with Shannon I. Alder who denotes that — "A best friend is the only one that walks into your life when the world has walked out." This we do and can continue doing by working together with fortitude and love.

To get involved in this project, contact our Service Projects Director Rtn. Flavia Ntambi Lwanga on email: fntambi71@gmail.com

Rtn. Luwaga Gyaviira

Club Admin - RC Muyenga Tankhill





The 4th East African Rotary Project Fair

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Do you have a project? Are you looking for a project? Are you looking for an International Partner? Are you an International Partner looking for a Local Partner? DON'T MISS THIS CHANCE!!!!

For more information please contact the undersigned chair persons.

PDG Asher Jayesh

Chair, Tanzania Email: jasher@rotarytz.org PAG Emily Mbabazi Chair, Uganda Email: eminazo.emz@gmail.com RTN. SAMUEL MULWANA



RC Kasana-Luweero defies lockdown woes and is chartered

Samuel Mulwana was born on 6th November 1981, to Mastula Nalubega and the late William Sebalamu in Kasaala Village, Butuntumula Sub-county, Luweero District. He is a married man with five children, and holds a Bachelor of Arts Degree in Education from Makerere University; Post Graduate Diploma in Project Planning and Management from Uganda Management Institute, and a Master of Science Degree in Development Economics from Uganda Martyr's University, Nkozi. Samuel is the Director at Sebalamu Technical Services and General Suppliers Limited. He is the Charter President of the Rotary Club of Kasana-Luweero, and briefly shares the club's road to charter.

Rotarian Dr. Eliphaz Kigozi of the Rotary Club of Kampala-Wandegeya for long had a vision of extending service projects to the community of Kasana-Luwero. He however, thought that for his vision to be more sustainable, the area needed a Rotary club. He convinced Frederick Magambo Kisitu, and two begun mobilising more people who embraced the idea.

In 2019, the first meeting was held at Bukenya Foundation Motel in Luwero Town Council, although we later shifted to Jerusalem Hotel which was more accessible for most members. The turn-up was good, but in 2020, the meetings were shifted to the present venue – St. Paul Restaurant Kasana Luwero Diocese. After a few meetings, the COVID-19 pandemic set in. This was a setback to our zeal and morale. We spent several weeks without meeting until our New Club Advisor Rtn. Peter Zake introduced us to the online

meeting system. We have now embraced the hybrid meeting format. With this interaction, more members joined and paid their financial obligations.

Upon being granted Provisional status, we engaged in engaged in a project to distribute 1,000 face masks to roadside vendors in the markets of: Kasana Wekembe, Kasana Nanansi, Balikyewunya, and Balikyejjusa. This project, although small gave us a real feeling of being a Rotary club, which energised the members until our charter on 28th December 2020. This occasion was graced by the District Governor, Rosetti Nabbumba Nayenga.

Being a Rotarian has enabled me network with other people within the fraternity, they have supported me in good and bad times, we have shared business ideas; and the knowledge gained from the various guest speakers is immense.

We intend to bring on board more of the business and farming community in our neighbourhood. With a bigger and wider membership in terms of classification, the club intends to engage in various projects in the areas of: community water; food safety and hygiene; tree planting; and menstrual hygiene for school girls. In the next two years, we hope to have some Paul Harris Fellows (PHFs), as members are already contributing US\$25 per month. Under youth development, institutions where we intend to form Interact and Rotaract clubs were identified, pending visits as soon as they resume full operation.

Rtn. Samuel Mulwana

Charter President – RC Kasana-Luweero

RTN. ALLEN ERUMBI



Busia joins the Rotary family

the guidance of Past Assistant Governor Bernard and thus the Rotary Club of Busia was born last year.

Along this journey, we have made new friends, and are Rtn. Allen Erumbi adding a different culture and diversity in profession to Charter President - RC Busia

In 2019, a small group of people begun meeting on the Rotary family. The communities we shall serve in Busia Wednesdays at Dom Royal Hotel in Busia District under and its neighbouring areas will experience a great impact.

Osenda to learn about Rotary. The number kept We have already submitted a proposal for a malaria project increasing slowly, with a minor setback when some of to Malaria Partners International and await a positive the first members exited. But the devotees soldiered response. Plans are underway to support youth in learning on until the required 20 members were achieved. institutions to form Interact and Rotaract clubs. Through With our subscription fees paid, we applied to Rotary member engagement, we hope to keep the momentum International which granted us a charter certificate, high and attract new members. This is an experience we have to share with many around us.











RTN. ANGELA NANSAMBA



Rotary advocates for safety of bodaboda riders and traffic police officers in Mukono Municipality

The Oxford English Dictionary (OED) recently entered the terminology "bodaboda" into its 9th edition as "a type of motorcycle or bicycle with a space for a passenger or for carrying goods, often used as a taxi." These two-wheeled taxis are to Uganda's urban centers, what yellow taxis are to New York.

The Police Directorate of Traffic and Road Safety says there could be as many as a million of them. Estimates by different studies and sector sources however put the number at between 200,000 and 300,000. This means bodabodas are the second highest source of employment after agriculture in Uganda.

They started as bicycle transport in the 1970s in Busia on the Uganda-Kenya border. Ugandans used them to cross over to Kenya for essential supplies following the prolonged civil unrest in the country that wrecked the economy. They later became a primary, albeit loathed, means of urban transport in the early 1990s with the collapse of the national public transport system that hitherto was characterised by buses and trains, according to Dr. Tom Good Fellow, a senior lecturer at the University of Sheffield.

In a bid to ensure the safety of bodaboda riders and police officers in Mukono Municipality, the Rotary Club of Mukono last month launched a project to equip them with proper safety equipment, among them reflective jackets that will help preserve their lives and those of the passengers through increased visibility, especially as they ride in the night.

The event, held at Colline Hotel Gardens was attended by District Governor Rosetti Nabbumba, the Mukono District Police Commander - Assistant Superintendent of Police (ASP) Abubaker Musiho, Commissioner Community Policing - ASP Anatoli Muleterwa, and dignitaries from the Rotary fraternity and other stakeholders.



DG Rosetti advised the bodaboda riders that they earn from a job which is a service to the community so they should ensure it is done within the safety guidelines

ASP Abubaker Musiho advised the bodaboda riders to resist from engaging in any form of violence and crime. He added that they should always correctly use the equipment. "People on the streets will know that you are riding a motorcycle, and respect you especially at night." George Jiuniu, the representative of the bodaboda community, expressed thanked RC Mukono for partnering with them and pledged to work together to foster peace and safety within the community. "Let us organise ourselves to become a better association so that we take advantage of initiatives like this. Nobody will come from outside to organise us, it is our role to do that." Part of the project will entail sensitising the bodaboda riders to rescue other riders and passengers that could probably face problems as they use this means of transportation.

Rtn. Angela Nansamba Kasozi

President - RC Mukono



PDG Sharmila appointed to RI Committee

RTN. MARIA R. MUZAAKI

The Rotary International Board in its January 2021 meeting appointed Past District Governor Sharmila Bhatt as member of the Shaping Rotary's Future Committee. The term of this appointment is effective 1st July, 2021 to 30th June, 2022.

"You have been selected for this appointment because we believe that you will add value to the committee given your experience and knowledge of Rotary and its programs," read Shekhar Mehta, Rotary International President 2021-22's message to PDG Sharmila.

The Shaping Rotary's Future Committee will help Rotary become more relevant and provide new perspectives on the following issues: regional leaders and structure, including effectiveness of institutes, presidents' representatives, and regional leaders, plus study of regionalisation model; volunteer leadership layers between directors and the districts; and districts, including their number, size, leadership, duties of the governor, and the value and effectiveness of district conferences. In addition, the committee will consider strategic alliances with other membership organisations.



Committee members

- Chair Barry Rassin Rotary Club of East Nassau, Bahamas
- Vice Chair Hendreen Dean Rohrs Rotary Club of Langley Central, Canada
- Vinod Bansal Rotary Club of Delhi, India
- Sharmila H. Bhatt Rotary Club of Dar-es-Salaam, Tanzania
- Marcelo Demétrio Haick Rotary Club of Santos-Praia, Brazil
- Larry A. Lunsford Rotary Club of Kansas City-Plaza, United States
- John C. Smarge Rotary Club of Naples, United States
- Liaison Valarie K. Wafer- Rotary Club of Collingwood-South Georgian Bay, Canada

Sharmila who is also our Vice Governor for 2020/21 was one of the training leaders at this year's virtual International Assembly. Commenting on the appointment, DG Rosetti Nabbumba described Sharmila as a selfless person whose contributions to Rotary are outstanding. "I am glad that her hard and diligent work has been recognised beyond our district. Congratulations Sharmila and I have no doubt that you will represent our district well."

Rtn. Maria R. Muzaaki

RC Kampala Central

"You have been selected for this appointment because we believe that you will add value to the committee given your experience and knowledge of Rotary...

DG's Club Project Visits



Naluko Women's Hospital

In 2017, members of the Rotary Club of Nkumba conducted a needs assessment in Naluko Village, Iganga District. From the gathering which included the Local Council 1 leaders, traditional birth attendants, Village Health Teams (VHT), and other community members, it was noted that the nearest hospital (Iganga Hospital) was located 20kms away which caused untold suffering to pregnant women, with many giving birth enroute to the hospital. This often resulted in deaths of the mothers, babies or both due to complications and loss of blood.



To overcome this tragedy, the club sought to construct a health facility in the area. They successfully applied for a US\$102,000 global grant with support from the Rotary Club of Laguna Beach D5320 (Southern California, USA). Luckily, one of the would-be potential partners a Non-Governmental Organisation – Hope Filled Hearts 4 Africa (H4A) had constructed a magnificent building on a well fenced four-acre piece of land, and sunk two water wells to enable the community access clean water.



Last year in August, the Naluko Women's Hospital was handed over to the community. It is a modern women's hospital - fully equipped with a state-of-the-art operation theater, laboratory, labour and recuperation wards, consultation rooms and a detached outpatient facility catering for common ailments. A 20KVA automatic generator, five-workstation computer network, projectors and many more items were provided. This licensed healthcare facility is also accredited for blood collection.

The project has a training component focusing on: Elimination of mother-to-child transmission of HIV; birth preparedness; nutrition, sanitation and hygiene; and basic maintenance of maternity and delivery equipment.



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