





COVID - 19

#StaySafe #StayHome #PreventCoronavirus





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EDITOR'S NOTE



Greetings to our dear readers from the editorial team. We hope that we are all actively 'keeping safe' as we continue to fight to protect our families and ourselves from the deadly corona virus. In spite of severe effects across the district, it's obvious that our fraternity has been keeping very busy with deliberate actions geared towards supporting the fight against the pandemic. Our District Governor sounded an appeal to clubs to contribute and the response has been overwhelming to say the least. We would like to thank you all and request that you continue making conscious efforts to support the fight.

The editorial team is now edging towards to end of our tenure and would like to particularly thank you the avid readers and contributors to the magazine. In this edition we were able to trace the founding Editor of the Wave Magazine Rotarian Jocelyn Ekochu who has shade great insights into how this journey started quite a worthwhile read.

During our last edition, we were clearly excited about the onset of the online meetings craze that has taken over the Rotary space. Currently however it's time to proceed with extreme caution in the way we manage these platforms. Many clubs have been attackers by hackers who have caused a lot on embarrassment to the unsuspecting Rotarians. So much information about online security has been shared and we call upon the Rotarians to take time to read through in order that we secure our online meetings.

The next edition will be our last for the Rotary year and a chance to all clubs to share their tales for the eleven months gone by. Do remember to tale your stories by sending to dg9211news@gmail.com

Ramadan Kareem to our Muslim fraternity



RI President's May Message

Increasing our ability to adapt: That is one goal of our new Rotary Action Plan. And wow, have we seen that ability put to the test this year.

In March, Gay and I were to visit Zimbabwe, Turkey, and eight other countries over the course of 30 days. After participating in a medical mission in Zimbabwe and Commonwealth Week activities in London, on the 11th day, we were packing our suitcases for Switzerland and Liechtenstein.

While attending a dinner at the High Commission for Pakistan in London, we received word that it would be impossible to travel everywhere on our itinerary. So, instead of flying to Zurich, we returned to Evanston and One Rotary Center.

Throughout early March, the news about COVID-19 became increasingly serious throughout the world. Following the advice of local officials, we canceled UN presidential conferences in Paris and Rome. Soon, the World Health Organization declared the virus a global pandemic, and we consulted with authorities on more critical decisions. We asked all Rotary districts and clubs to curb face-to-face meetings until further notice and to hold virtual meetings instead. To the districts and clubs that have adapted so quickly, thank you.

The Rotary Board of Directors held its first-ever virtual meeting to make the most difficult decision of all, to cancel the 2020 Rotary International Convention. Like the more than 20,000 registrants who planned to attend, I am disappointed. We acted to protect the health and safety of convention attendees and their families, friends, and colleagues, as well as those who call Honolulu home, and I am confident we made the right decision.

During Rotary Day at the United Nations last November, we honored a Rotary Peace Fellow and five Rotarians who are taking action to help refugee communities. Among them was Ilge Karancak-Splane of the Rotary Club of Monterey Cannery Row, California. After visiting several tent camps in Turkey, she led a Rotary project that collected 1,000 pairs of children's shoes and socks for families in the camps and, later, led a global grant project to help educate refugee children. In March, Gay and I had the privilege of visiting a tent camp in Torbalı and seeing firsthand the good work that Rotarians from Turkey and California were accomplishing with Syrian refugees.

The challenges faced by mothers, their children, and refugee communities around the world are daunting. But when we remember our greatest strength — how Rotary Connects the World — we can begin to find solutions. Through our creativity, our resources, our dedication, and our networks, Rotary can and will open opportunities to face these challenges.

Mark Daniel Maloney President 2019-20





DG's May Message

My Family of Rotary:

As a former Rotaractor, youth engagement is close to my heart. And you can therefore imagine my delight when Rotary International elevated Rotaract to full membership status. And the Rotaractors have not disappointed. Within our own district, Rotaractors have contributed more than \$5,000 to TRF, in addition, 6 Rotaract Clubs have applied and obtained district grants from the Rotary Foundation. And as a result, they are now firmly in the driving seat, initiating and implementing projects that they are passionate about, at scale. I would therefore like to congratulate DRR Jakob, his team and the concerned clubs on these achievements and the remarkable growth in membership through the addition of 32 new Rotaract/Interact Clubs.

Our District goals this year included ensuring that 80% of clubs sponsor at least one Interact or Rotaract Club, in addition to sponsoring youth for RYLA Boot Camps. And we have made good progress. Nonetheless, more should be done to improve the quality of our partnerships with our youth. Youth are not only the leaders of tomorrow but are the drivers of change today. Contrary to outdated assumptions, there is so much that we can learn from them; and we can achieve so much more by working closely with them. For example, while many Rotary clubs have established Interact Clubs, the level of engagement with some of these clubs leaves a lot to be desired and yet we have a responsibility to inculcate in our youth, Rotary's ideals of service. We must therefore find new and more dynamic ways of engaging our Interactors. I have for example observed some thriving Interact Clubs that are being mentored by Rotaract Clubs. This is probably because young people understand the needs of their peers better and know how to reach and engage them. Maybe such an approach of a tripartite arrangement between Rotary, Rotaract and Interact Clubs might create opportunities for more meaningful engagement.

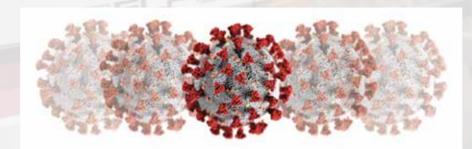
Our youth service must also include the young people from the marginalized populations targeted by our programs. Not just as beneficiaries but as active participants. The youth make up more than 60% of the communities in both Uganda and Tanzania; and therefore, there is no way that we can promote social and economic development without them. We must support them to become a positive force in their communities by directly addressing the issues that affect

them e.g. education, unemployment, drug use, etc. I would therefore like to encourage all clubs to revive, expand and sustain their youth initiatives started under the Rotary Vijana Poa Programme. Discussions are underway with potential partners to scale up our youth skilling initiatives and in tandem with technological advancements; and will be communicated in due course.

As I conclude, I would like to applaud all the Rotarians in this district for your generous support towards the D9211 COVID-19 response. COVID-19 is still here and while it has caused much disrupti on, the world requires our leadership today more than ever. Thus, our responsibility also includes educating the communities on the containment measures put in place by the Ministry of Health. These measures are critical to flattening the curve and we must all adhere to them. In light of that, we have re-organised our much anticipated 95th DCA and will instead have a virtual DCA on the 24th – 25th May, 2020; look out for the details.

For our Muslim brothers and sisters, I wish you blessings and steadfastness during this holy month of Ramadhan. Ramadhan Kareem!

Stay safe and stay healthy!!



F X Sentamu District Governor 2019 - 20 Rotary International District 9211





Rotary District 9211 raises Ug Shs 1.2 billion to the Covid-19 fight

By Rtn Jimmy Serugo RC Kampala

Rotary District 9211 On Tuesday April 28th, 2020, the Rotary District 9211 Governor Francis Xavier Sentamu in the company of other Rotary District leaders has handed over to the Prime Minister of Uganda Rt.Hon. Dr. Ruhakana Rugunda items worth Ug.Shs 800 million for use by the government and through Rotary clubs, hospitals and health centres around the country in the fight against Covid-19 pandemic.

Rotary District 9211 which covers Uganda and Tanzania has so far raised the equivalent of USD 323,879 from Rotary clubs in both countries, the Rotary Foundation and other Rotary partners in response to the appeal made by the Presidents of both countries to mobilize resources in support of government efforts to fight the pandemic.

Items handed over by the District Governor include Personal Protection Equipment, Testing Kits and reagents plus hand-washing tank stands with soap all valued at Ug.Shs 800 million. The Rotary District also made a donation of similar items to the government of Tanzania yesterday (see photograph).

Among the major donors is the USAID and Rotary International partnership who are also going to fund the connection of water to 20 Health Centres and 40 Schools in 10 districts.

District Governor Sentamu said that Rotarians are people of action and that Rotary is a service organization which puts it at the forefront in the fight against diseases like polio, malaria and now Covid-19. He added that Rotarians will continue to spend their personal resources to mobilize the public and create awareness and behavioral change for people to stay safe and keep all the guidelines issued by the Ministry of Health and the National Task Force.

Visit Rotary.org and endpolio.org for more about Rotary and its efforts to eradicate polio.







THE WAVE: A JOURNEY OF A THOUSAND MILES

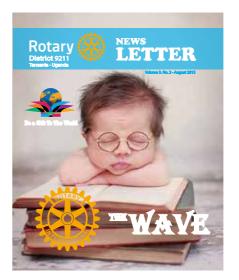
Rtn. Jocelyn Ekochu (PHF)
RC Kampala West

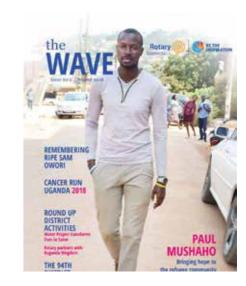
It is said that the journey of a thousand miles begins with a single step. For The Wave, which is the District Governor's Bulletin, the single step that kicked it off was the splitting of District 9200 into D9211 and D9212. This came into force on 1st July 2013 with Rtn. Emmanuel Katongole as the District Governor. I was among the Rotarians honoured to serve on his team, specifically as the District Governor's Bulletin Officer. As it was a new district, we had a lot of leeway to determine the way things would run. The first thing my team and I did was to name the Bulletin and give it an identity of its own. Before we could name it however, we had to determine its objectives. We came up with the following:

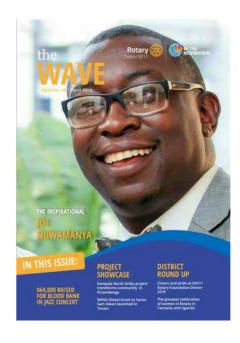
- ★ To create Rotary awareness within our communities
- ★ To motivate, inform and educate Rotarians and non-Rotarians
- ★ To showcase the various projects that clubs were implementing
- ★ To provide Rotarians with a platform to give professional and business views

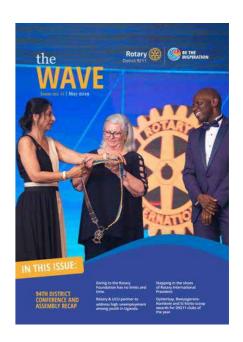
Looking at the objectives, we realised that the bulletin, if properly utilised, was going to result into increased Rotary visibility. This would in turn attract more members who would help to deepen our impact further. It short, we were looking at a bulletin that would create a wave of Rotary activity in serving humanity. This was in agreement with the Rotary International theme of the year, Engage Rotary, Change Lives. Bingo! We had a name. The District Governor's Bulletin was named The Wave. Indeed we have had increased visibility, both locally and internationally. It has been a wave of doing good in our communities.

The Wave has since had six (almost seven) exciting years. Now we are going to a place where it all started: re-districting. District 9211 will be split into D9213 and D9214 effective 1st July 2021. My question is, will The Wave be retained? If so, which district will have it? Fingers crossed.











BUILD A HOUSE FOR THE ELDERLY PROJECT

By Rtn Charles Tamale Service Projects Chair - RC Lukaya

Aging gracefully is a desire for everyone but the world presents a different story to many who get a chance to grow old. During the Rotary Year 2017/18 where I had the opportunity to serve as President of Rotary Club of Lukaya, we resolved to build two roomed houses for the elderly particularly those without shelter and have no support to enjoy retirement age.

This equally presented an opportunity to give peace to the aged thus a focus area of Peace and Conflict Resolution. Thus the Build a House for the elderly Project was birthed and is the Club's signature project being rolled out in the local community.

We established that a full unit costs USD \$5000 and sought means to raise funds to support this cause. This has further prompted club leadership to look out for another partner to help the elderly people.

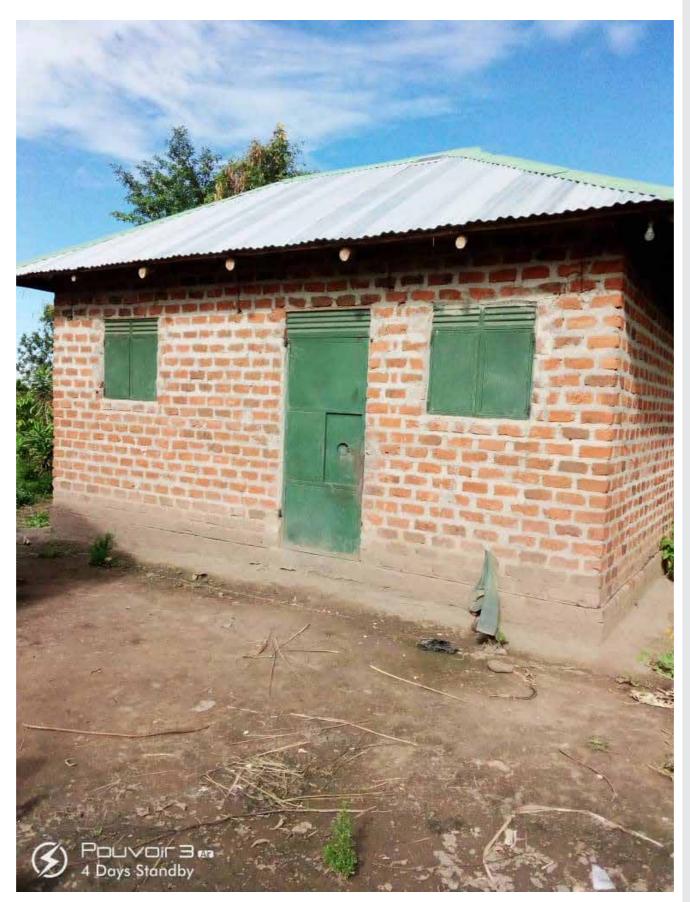
After carrying out a needs assessment and prioritization of the beneficiaries, the following were identified to benefit from this noble cause which will be phased;

Peace Tumuhairwe a 65 year old woman of Kulubya Cell, Magezi ward, Lukaya Town Council in Kalyango District is the first beneficiary of this project. A house and latrine were built and lit with solar power.

The second phase is building for Lydia Ntankulanga a 70 year old lady who lost ten of her 12 children and the remaining two are jobless and in their 40s.

We fulfilled a dream began in 2017 and during the Connecting Year we are hopeful that more will be assisted.

Rotary Connects the World









Rotary – My Experience! Rotary called me.....

By Rtn. Dr. Richard Kalungi RC Kampala South.

I was inducted into Rotary on 20th November 2017. On this day, the Rotary Club of Kampala South was marking 25 years of positive existence and serving humanity along with me for induction were Major Donor Grace and Dr. Doreen who doubles as a colleague in the medical field and health entrepreneurship world.

My father routinely attended what I later understood to be District Conferences and Assemblies (DCAs) in Nairobi, Addis Ababa for the then-District 9200, and always dropped Rotary magazines at home that none of us ever bothered to open and read. He equally only stopped at being a friend of Rotary and close associate of the Rotary Club of Mubende! To date, he has never joined and I want to believe that he and many others like him ought to be told that Rotary isn't only for the affluent and overly educated.

While at Makerere University, a friend of mine then and a Doctor now, Paul, tried talking me into joining the Rotaract club of Makerere University and I must say I wasn't convinced enough of why I would join and what was exactly in for me to do! As a young student at Makerere College School, Interact club which I later understood was part of Rotary was only meant for a section of students to which I thought I wasn't part of, at the time. And when I joined St. Mary's Kitende for my A levels, clubs weren't as popular thus I don't remember seeing an Interact club there.

But fast forward, on this sunny Sunday afternoon as I left the church and scrolled through my Facebook live feed, I landed on photos of young people offering health services to people in what looked like a remote part of Kabale, a district in South Western Uganda. These photos had been posted by Blessing my friend who was a member of the Rotaract Club of Kampala south.

I immediately sent her a message to understand how I could join these people. At this point, the health enthusiast in me saw a big opportunity for me to guide, lead, and give direction to health projects when I finally join this group or organization. She went on to give me a few insights about the Rotary-Rotaract puzzle and I felt like I wanted to join immediately! For some reason, she encouraged me to join Rotary and not Rotaract even when we were near-age mates.

It got even more complicated when she told me of different clubs of different member composition and meeting and different times, and funny as it may sound this I had never known! I carried my confusion to another friend Joy who was a Rotaractor with Rotaract club of Kampala West and Gabriel who was a Rotarian with Rotary club of Nkumba! Gabriel had earlier invited me to speak to his club about NCDs at the time when Rotary had lost Rotarian Sam Owori. So these two didn't make my journey any easier, as each suggested different clubs that could suit me.

I finally decided to visit the Rotary Club of Kampala South, and I will never forget the first Monday evening when I joined them. It felt like I had reached the Promised Land! I continued visiting the club and went on to show determination and commitment through attending the boat cruise, supporting on medical outreach in Mbale, and making friends till a decision was made to make me a Rotarian. This gave me extreme joy and happiness, so much that even when I didn't have a job at the time, but only pushing my young company, Home Doctors Uganda, not a mention of an equivalent of 820,000 shs as dues, stopped me! It is at that time when it occurred to me that Rotarians pay to serve! Rotary called me!

Now over two years now as a Rotarian, I have ably given talks to various Rotary and Rotaract clubs, served in my club and beyond through Blood bank program, Rotary Family Health Days program, and gone on to lead the medical committee of the Rotary Cancer Run and Medical Outreaches committee of the Uganda Rotary Cancer Programme.

Farewell President Ann

I must say I hadn't interacted with President Ann very much. I think we first met at President Gloria's home for the welfare party. She was quiet during most conversations but it later turned out that she was the brain behind the very nice and fun games that we enjoyed that beautiful evening. But from the eulogies at her funeral service, it's very clear that she had impacted many lives in such a short life that she has lived.

To Richard and the kids, the loss is unimaginable. They will return to the house, to her clothes, her shoes, her place in bed, her seat at the meal table. And it will be very empty......very!

However, God created the mystery of healing with time. The second week after the funeral will be better, and the next will be better. until they get healed. This process will be facilitated when they experience the feedback from all of us about their Ann's kindness and impact in other people's lives. So that's our job people.

To Acacia Sunset and the President-Elect, this is an opportunity to either continue and accelerate Ann's projects or even start a new one. I'm sure Rotarians would be very ready to participate. You will facilitate Ann's family healing by inviting her children and husband at any of the milestones of those projects. It's called Post-traumatic GROWTH, not STRESS. Using a very traumatizing experience to grow. I saw this during the launch of the Sam Owori Wash Project in Tororo that Port Bell was very privileged to partner in, albeit in a junior way. I could see the joy in Norah Owori's eyes while she gave her remarks. That's the healing.

To all of us, as PDG Steven said, what would make us think that it can't be any of us? Because we have no livers maybe? Because we are too young? Or because we have no children to leave behind?

I like to pick some lessons, especially after losing someone this close and this young. I always believe that God gave us extra capacity than we need for our daily plate of food. The extra always find creative but responsible ways of giving a part to other people.

And it doesn't have to be material only. It could be time spent reconciling a relationship, a counseling session to a person struggling with substance abuse, an apology to someone, or even material support to a family struggling during this COVID 19 period. Anything. When we plan our day or week or month (depending on your planning horizon) at least factor in activities meant to touch other lives. I struggle myself by the way, but let's keep trying.

May Ann's Soul Rest In Eternal Peace

Beulah Bashabe
Connecting President RC Port Bell





By Rtn. Frederick Tumusiime RC Kampala South

Service above Self brought to Life!

The international service organization Rotary's impact goes beyond what a Google search would reveal. Many stories aren't told. And......this is not about me, rather how a chance fellowship (as we call our weekly meetings) had a nation running to raise funds for water, sanitation, and hygiene (WASH) in public schools.

2012 or thereabout, shortly after my induction into the Rotary community, a young engineer, Moses Nuwaha, was invited to speak to the Rotary Club of Kampala South about green energy (biogas) from toilets. At that point, Moses' company PSEM Africa Ltd had been declared the best contractor under SNV's Uganda Domestic Biogas Project. I happened to head (German Cooperation) GIZ Uganda's sanitation initiatives and was looking for an integrated WASH solution for Kampala's public schools. Moses' presentation at our club's meeting had me at 'hello'.

Whereas Moses had excelled at domestic biogas, I was interested in their competence with regards to populations larger than a household. I asked Moses to take a couple of Kampala Capital City Authority (KCCA) folks and me to the only institutional biogas project they had (and only one in Uganda), then. It was a public school near the Source of the Nile, in Jinja. We were impressed, the only hitch was that governments don't rush to adopt technology.

With a small budget to toy with, my then employer GIZ Uganda financed a benchmarking visit for three KCCA folks (two technical, one councilor) and I to Nairobi. (KCCA was relatively new: the trip intended to expose the public officers to Kenya's way of doing things.) Top on the agenda was community biogas projects in Nairobi's world-famous slum Kibera. After taking chai/tea prepared using biogas from a community library's toilet, we had found a solution and returned to Kampala - to implement.

With \$30,000 at my discretion and boss' blessing, GIZ financed an integrated school WASH project for the (one of Kampala's 80+ public schools) 1,000-strong Kansanga KCCA primary school. The \$30 per pupil investment catered for rainwater harvesting, 14 toilet stances, hand-washing, and menstrual hygiene (incinerator for pads) facilities. The cost is comparable to school toilets that require regular emptying and have zero energy benefits. It became a national benchmark. Complete with innumerable tours.

What followed... KCCA approached the nation's largest telecom MTN Uganda to roll out the concept. For years, the telecom giant's largest corporate responsibility event has been the annual MTN Marathon. For two consecutive years, Kampalan's (and other East Africans) ran for 'water and sanitation in public schools.' UGX 1bn (USD 265k) or so was raised - and availed for several more school WASH facilities. Belgian Cooperation (Enable) has since adopted the bio-toilets approach for educational institutions. Ditto Uganda's Ministry of Water and Environment.

It all started at a Rotary fellowship!



Simple Pedal Powered Hand Washing Equipment Donated

By RtnCharles Tamale PHF Past President Service Projects Chair 2019/2020 RC Lukaya

It surprised many and it's infectious magnitude worried even the big economies world over. Simple prevention measures were put out to curtail COVID-19 spreading.

Rotary Club of Lukaya and International Partners - Rotary Club of Slippery Rock, Pennsylvania - USA swung into action to provide pedal powered hand washing equipment to the community that benefits from an earlier project carried out by these Clubs (WASH project for sanitary facilities which supplied water and community water point were established in 2016). A wash project provided water to Mustard Seed schools and a community water was also constructed for the residents of five villages of Kapere, Kirinya, Kulubya, Kiteredde cells in Lukaya Town Council and parts of Bulingo village in Bukulula Sub-County in Kalungu District.

Liquid soap is used at these stations and soap bars were given to community members to use at their homes.

The Project was engineered by the Club President Rotarian Rev. Godfrey Kasiita Mpuuga and implemented by Rotarian Charles Tamale (Chair Service Projects) and Rotarian Kateregga G. W. (President Nominee 2021/22).

More is needed at market areas and when resources are gathered they will be provided.









CLUB MEETINGS AS A VITAL INGREDIENT WITHIN THE ROTARY MIX

Dorothy Waniala Charter President, RC Kampala Springs Rotary is predominantly about service above self, that means making a difference serving humanity however this service comes with an element of fun.... lots of fun! In addition; Rotary is not specifically about fellowships; these are nowadays called meetings. People do not go to Rotary to go to meetings only however meetings contribute much in the way of value for members.

Or so it seems, and this has resulted in an apparent aversion to holding "meetings". But are meetings getting the credit they deserve? Let's have a look ...

Let's take the "meeting" of one evening club. The Rotary club of Kampala Springs meets every Thursdays at Sliver Spring Hotel. Our programme starts at 7:00pm, finishing at 8.00pm once a week and includes Rotary norms, a speaker and social time. So, 1 hour of meeting time apparently. Hang on a minute! Let's look at that again:

7:00 – 7:15pm: Club 'business' time. RC Kampala Springs uses this time for the Rotary norms and information. The purpose of this time is to update members on what is planned, what has and is happening, how they can contribute and how it is, or has gone. It is a chance to offer the opportunities of wider Rotary involvement and providing members with the chance to share Rotary news to facilitate participation in service and the social side of Rotary.

7:15 – 7:20pm: it's the connecting time, this opportunity is being sabotaged by the corona virus but nevertheless it's the social time, particularly with a broad range of people with different backgrounds and interests interacting. This is fantastic for a person's physical and mental health as it builds self-esteem, a sense of belonging and sets the positive, happy mood for the evening.

7:20 -7:40pm: Guest speaker. The club usually has someone to motivate and empower club members. Rotary opens doors to opportunities of having someone provide their time to come and expose those present at the meeting to the real-world life experiences. This builds connections, expands perspectives and understanding of a topic and people always learn something new and useful that they take away and apply in their lives.

7:40-7:50pm: Light entertainment time. This could be anything from a humour-filled Segment at Arms to a member's life snapshot but is always a bit of a highlight well done.

7:50 -8.00pm: Close time: Literally the time is used to round off the meeting, an appreciation token to the speaker and usually with something motivational and for all to toast to Rotary international.

So how much of the "meeting" was an actual meeting? In this case ... 35 minutes. All the rest was that important social and motivational time we all crave. This evening "meeting" is a chance to get outside of the daily personal and work routine and be revitalised, rebuild our zest for life and as a result fuel our ambitions for life.

The climax of the evening is Swallow-ship; It is the informal meeting, the chance to share thoughts, experiences, and emotions that build a sense of community, a chance to catch up and just talk about things that are interesting and not work (usually), and a chance to learn about the others at the table (of 10) in a very relaxed manner.

Make sure your club has fantastic meetings!



My Experience as Director Club Administration

By Rtn Christine Nadunga Director Club Administration Rotary Club of Kampala Springs

> Being a Charter Director Club Administration was a new experience for me, but one that has been fulfilling and rewarding.

> I didn't know how eminent and splendid it felt as a Charter Director Club Administration until I visited various Rotary Clubs and introduced myself as one. Being a Charter Member, and a board member means a lot and comes with responsibilities. It was scary in the start because I kept on wondering how I was going to keep an enthusiastic and young Club flowing. But in a blink, I learned what it takes. I'm so grateful for the guidance from Charter President Dorothy Waniala, Club Advisor Aggrey Kankunda, Rotarian's Sam Sewagudde and Rotarian Charles Odaga (from Kampala South). I have read a lot and embraced everything about Rotary. Being a Director Club Administration is one of the greatest opportunities I have taken up and I treasure every bit of it.

Fellowships is one way of keeping Rotarians together. It's even more exciting being the mind behind the fellowships. It's something I look up to every other week. I love what I do for my Club and as a saying goes leadership starts from home; I can only imagine where I will be a few years from now in the Rotary Fraternity.

Rotary International theme Rotary Connects the World and various Rotary Month themes aid in designing and organizing fellowships. They give an insight on what topic to have. I must say Rotary also has a fun side as fellowships are designed to refresh people's minds as well. Our Club (RC Kampala Springs), we have had Comedy fellowship, Jazz fellowship, Cheza fellowship, Karaoke fellowship, and Board games fellowship. Such fellowships have helped me discover my Club member's personalities, interests and talents. What a remarkable experience this is!

As a Director Club Administration, I'm always on the move; learning and discovering new ideas on how to keep my Club vibrate; thanks to the internet. I also regularly update and monitor social media platforms for proper Club Visibility, send reminders of fellowships and as well recognize members in order to boast attendance hence member retention. Currently, I have plenty of plans for my Club one of which includes Digital Registration Upgrade, this will ease registration and will also track Member's attendance and collections. It's also my obligation to work closely with different directors to plan for the Club. What an honor! Regardless of the prevailing situation due to COVID-19, I ensure and will ensure my club has successful E-fellowships every Thursday from 7pm to 8pm.

I stay determined and look forward to seeing my Club grow and become a more fun club characterized with innovativeness, curiosity, togetherness, compassion and unending desire to Serve the Community.





What if I could travel back in time... for Travel is my business

*Mwakikola mutya (Slang in vernacular slang meaning "Mother, How did you manage to get by")

By By Mwanja 'O'mukose Petero Rotary Club of Ntinda Metro If I could travel back in time
I'd travel back to yesterday.

To feel the love again –

With the boys, at the bar, gym and in the rain.

But now, everyone their separate way!

All on lockdown and strict home stay

A price we deserve to pay.

Yesterday, it was work and play

Now it is stay home and Pray

Until something happens, Pray!

If I could travel back in time I'd travel back fifteen years ago. If I could demystify the tourism industry I'd educate government for you by now. In 1999, 8 American tourists were slain in Bwindi forest Travel into Uganda was reset. Jobs, livelihoods in the sector were lost Government did not compensate Banks were casual But anyway, that's as usual Over the years, the sector suffered Recall...MARS, SARS, EBOLA, and now COVID. See, the reality today Leisure and business travel is on hold Cancelled for months on end By the way, no end in sight. Where are you ... Government? Truth is, the entire value chain is at home With no remedy to name I'd tell my M7...

Businesses will close
School going children will have no fees
Those with debt will lose
I hear, even the economy will be on the loose
If I could go back in time, I would tell him.

If I could travel back in time I'd travel back to 1979. And cheer my brave parents, And make the world a treat for you... Mummy, mwakikola mutya? In school we were, just like our children on the go Schools were closed over radio jingo For us, that war took out Amin. To our children, this brought COVID-19 The result is same... Home stay and Curfew. When we heard gun shots, the banana plantation was surely safe No bullet was to go through a banana tree Or so they knew But then today, where would we run? Mother nature, is the intention pun? Well, it is 2020 and time will not go back Guys, have your brothers back Or else we all pack Stay home and pray Its life anyway We are divided so as to be safe This is the new together... isolate

Oh, If I could travel back in time!

The Bright Side of Covid-19: Online Rotary Engagement

By AG Flavia Serugo RC Kampala Naalya

When the Country office released a training schedule for the Country Officers Training (COTS)to be held Online, some people must have thought it was a big joke. Usually the office conducts these physical trainings in the 5 regions on the same day. About 6 – 8 trainers are deployed for each region and the team has to ensure a central hotel venue for these trainings. Participants are expected to make their way to the training venue by 8. 00a.m with a small fee to cater for break tea and water.

However, the 18thApril 2020 will always be memorable for the training team for having successfully pulled off the 1st Online Rotary training with over 800 participants. Knowing the energetic and resolute persona of our Incoming Country trainer PAG Julie Kamuzze Musoke, this training had to happen. Even as the President announced a lock down in March, the flyers that had been designed for COTS kept on circulating and left some wondering how this would happen.

Behind the scenes, the preparation was so intense but worthwhile. A group of trainers were mobilized and they came up with standardized presentations per topic. Topics included, District Goals 2020-21, Roles and Responsibilities of Club officers among others. The trainers had a dry-run on Easter Eve (a week before the training) to familiarize themselves with the GoTo meeting App and agree on how to conduct the training. In the meantime, clubs were allocated different groups and officers were encouraged to register on WhatsApp. They were also advised on the data usage required for the half day training and the training material was also shared on these groups.

Come Saturday April 18th we were all set to go. It was one of those rainy mornings and I'm sure if it had been a physical meeting there would have been many apologies. The "classrooms" were open by 7.45am and at exactly 8.30 the training began in the four groups. It was extremely humbling to see Rotarians sacrificing their morning sleep and attending the training. The advantage here is that the training was in the comfort of your home and thus required some self-discipline. In some of the groups we had more than 200 participants. I was amazed by one particular participant who called in from the UK where she's locked down and a few others from Tanzania. In attendance too was District Governor Xavier and District Governor Elect Rosetti.

By 12.40pm the training in all groups had ended with an online evaluation which was also most appreciated. Despite some who had challenges with the network the training was a success thanks to the can-do attitude of the "Opportunity" team led by the Incoming Country trainer with her team of trainers and moderators. Indeed, this training provided an opportunity to adapt to technology but most of all make the best of what the crisis has given us.



Interview With Kaziro Kyambadde President Rotary Club Of Kampala East 2019/20

Interview By Rtn. Jackie Mali - RC Kampala East

Q. How are you Rotarian President?

A. Am fine editor thank you for considering me for an interview in one of these last editions for this rotary year 2019/20 as Rotary Connects the World.

Q. Thank you for accepting to join us today.

A. You are welcome

Q. Who is Kaziro Kyambadde?

A. Kaziro Kyambadde is the 32nd President of Rotary Kampala East. A double Paul Harris Fellow and a member of the Paul Harris Society. He is a banker by profession currently working for Standard Chartered Bank.

Married to his Ann Amelia and together have 4 adorable children, An entrepreneur who loves growing local brands and is a director in some of the leading fashion brand stores in Uganda namely KIDS WORLD and BRIDAL WORLD.

I dedicate all my free time to Rotary activities and traveling to new countries.

Q. How did you first learn about Rotary? Who were some of your influences at that time?

A. I must say I was drawn to rotary by the acts of service by my late uncle the late Paul Masembe Nteyafa. He was also the charter president of RCKE. His wife PP Loe Masembe's handheld me and brought me to the Rotary Club of Kampala East in 2000.

It was here that I was inducted into the Rotaract club of Nakawa MUBS where I learned the basics of Rotary and participated in various projects. In 2007, I graduated from the mother club where I have served different directorates up to the presidency.

Q. How has this changed you over the years?

A. Rotary has drawn me to a zone of looking out for those in need and lending a hand. For the rest of my life my energy, time, and resources will be dedicated to creating a difference in the lives of the underprivileged.

Q. As the 32nd president of the Rotary Club of Kampala East how was your first day in the office?

A. Although I had done a lot of personal training, undergone PETS, and had a very strong team behind me, it felt like I was in very unfamiliar territory. The biggest test as the presidency is when you chair your first fellowship, you wonder if you will meet all expectations as president.

Q. What have been some of your biggest challenges and best moments while serving as President?

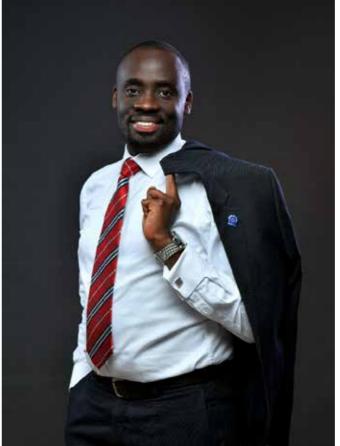
A. Let me start with the best moments as President-This was at my investiture. It was humbling to see all kinds of people entrusting you to lead them for the next 12 months. Also helping a 7-year-old boy Kulaba Sudhir regaining his life after a heart operation in Mulago Hospital.

Challenges included balancing the presidency, work, family, and business. I must admit the Presidency is less a full-time job.

Q. The word 'busy' surfaces a lot in the words of corporates, volunteers, and family people. How have you managed to juggle all you hold dear in your life?

A. I have tried to allocate different time to each of the things I hold dear to me. I had a notice period of almost 3 years that I was going to become President, this helped me prepare. I knew that the only way I was going to succeed at all I was doing was to have strong teams working with me- This formed the basis of the electing a very strong Board and having them empowered to deliver.





Also, I involved my family in Rotary activities so that we could spend more time together.

Q. As one of the Connecting Presidents 19/20 do you feel that you have fulfilled your mandate in this 1 year?

A. I must say 12 months go so fast, unfortunately, this rotary year has further been disrupted by the COVID-19 pandemic creating more pressure on the delivery of club goals.

Having said that, as a club we have managed to achieve our goals since the majority of our activities were between July and December 2019.

We had a planner that was covering the 12 months and we stuck to this planner.

Q. What one piece of advice would you give yourself at the beginning of your journey?

A. When you are president, if you fail to plan then you plan to fail. You can never plan and execute in the same year.

Q. Where do you see yourself in the next 5-10 years?

A. Due to my belief system in what Rotary stands for, I am convicted to reach a level where I can influence decisions in rotary. I have purposed to be an Assistant Governor in the next 2- 3years, become a district officer in the next 5 years, and then-District Governor.

Q. Any last words to the reader?

A. Thank the whole rotary fraternity for the support they have given us as Connecting Presidents during this year 2019/20. We have worked so hard to serve communities despite the pandemic disruptions.

Although we can't even sweat off our achievements at the DCA in Mbarara and RI in Hawaii we remain steadfast in moving the Rotary movement to the next level.









OPPORTUNITY

Starting with the month of September, we are offering an opportunity to all Rotarians and Rotaractors who would like to advertise their businesses on this online platform. We have included a card with very attractive rates to enable us not only grow our businesses but Rotary too. All proceeds from this advertising space will go towards the Rotary Foundation of the respective countries. We believe this will be a great opportunity to directly reach the over 5,000 Rotarians and further organically reach their networks.

	Monthly	Quarterly (4months)	Half Year	Full year
FULL PAGE	\$200	\$790	\$1100	\$1800
ONE HALF	\$100	\$290	\$575	\$1000
ONE QUARTER	\$50	\$140	\$285	\$550

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