

# the WAVE

Issue no. 4 | October 2018

Rotary  
District 9211



BE THE  
INSPIRATION

## BETTY SONDA

Pioneering local  
biodegradable  
sanitary towels  
in Tanzania

### ROTARY ZONE 20A INSTITUTE

### GROWING LOCAL COMMUNITIES

Water harvesting project in  
Jinja and Kamuli

Rotaract Club of Jinja instills  
hope for the blind in Luubu  
Community

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over medical supply and  
refurbishes a sick bay

### THE 94TH DISTRICT CONFERENCE

Watch the promo video

## EDITOR'S NOTE

# October is for GROWING LOCAL ECONOMIES



CATHERINE  
NJUGUNA

October is dedicated to Economic and Community Development. Recently Rotary simplified the themes and so, Economic and Community Development is simply Growing local economies. October is also important as World Polio Day is commemorated this month, on 24th October. As Rotary, we make use of the day to celebrate our achievements and to remind the world that we are 'this close' to eradicating the disease from the face of the earth and ask for more support.

A major highlight for the District this month was the neat sum of awards we swept at the Rotary Institute for Zone 20A held 11-15 September 2018 in Lagos Nigeria. Congratulations to all of us but more so to the leadership under Past District Governor, Ken Mughisha. I'm that sure we all took some pride in these achievements.

We were also privileged to host two groups of visiting Rotarians under Rotary friendship exchange - a group from Chennai, India and from the United States. Friendship exchange is one way of the ways Rotary promotes goodwill and international understanding and builds better friendships. We have more details on this as well.

Monthly periods were once a taboo subject spoken about only in hushed tones and in the process women and girls suffered silently. Things are much better now, and many efforts are underway to ensure women and girls have access to affordable sanitary towels. But the disposal of these sanitary towels, pose a major challenge. Our inspiring feature of the month, Rotaractor Betty Sonda from the Rotaract club of Young Professionals is exploring bio-degradable sanitary pads to address this challenge. What a great idea. For her efforts she won a third place at this year's Tanzania Digital Entrepreneurship challenge

As usual, we also bring you news from around the district and photos from visits by our District Governor. We also have a surprise quiz based on the content of this Month's wave. We will award the first three correct entries. Will it be you?

We wish you all a happy reading

The Wave Team  
*Catherine, Flavia and Eric*

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## RI PRESIDENT'S MESSAGE



BARRY RASSIN

# END POLIO NOW

*Every Thursday morning, I receive an email from the World Health Organization with an update on the status of polio eradication. It contains a wealth of information, country by country: where and how immunization campaigns are being conducted, how many millions of children are being vaccinated, and where environmental surveillance has found evidence of circulating virus.*

But every week, when that email appears in my inbox, my heart seems to stop for just a moment until I read the first few lines – and learn whether a child was paralyzed by wild poliovirus that week.

That, my friends, is where we are today in the work of polio eradication. The question on my mind as I open that message isn't how many thousands of cases we might see in a year, as we did not too long ago, or even how many hundreds. Instead, when that WHO email arrives every Thursday, the single, binary question it answers is: Was there a new case this week, or wasn't there?

Thirty years ago, 1,000 children were paralyzed by polio every single day. Since then, we've marked our progress, year by year, week by week. We've celebrated as country after country, region after region has been declared polio-free. As we've come closer and closer to our goal, and the number of cases has dropped further and further, the children those numbers reflect have become less and less of an abstraction. When I open that Thursday email, I don't wonder what number I'll see. I wonder, was a child paralyzed this week or not? We are so close to eradication – but there is so much work left to do.

This month, I ask every Rotary club to help End Polio Now by marking **World Polio Day on 24 October**. Last year, thousands of Rotary clubs around the world held events to raise awareness and funds for polio eradication. This year, we want to see more World Polio Day events registered than ever. If you have an event planned, be sure to register and promote it at [endpolio.org](http://endpolio.org) so that more people can take part. If you haven't planned one yet, it's not too late – visit [endpolio.org](http://endpolio.org) to find ideas, information on this year's livestream, and resources to help your club organize a successful event.

World Polio Day is a tremendous opportunity for clubs to highlight Rotary, and our historic work to eradicate polio, in their own communities. It is also a great way to take advantage of the challenge from the Bill & Melinda Gates Foundation: For every dollar that Rotary raises for polio eradication, the Gates Foundation will give two more. Join me, and Rotarians everywhere, on 24 October for World Polio Day – and Be the Inspiration for a polio-free world.

October 2018

**Sharmila Bhatt**



*My journey so far has taken me to 69 Rotary clubs, many Rotaract, Interact clubs and project visits which has made me richer in understanding the work of Rotarians, Rotaractors and Interactors the Rotary family in our district. Rotarians in clubs I visited had one common desire and that is to provide service to communities which is the very reason of our existence as Rotary clubs.*

Today nearly 800 million people live on less than \$1.90 a day and hence when we address and solve issues and empower people to be self-sufficient greater equity will arise. Our Rotary theme this month is "Growing local Economies" and I had the fortune of meeting Rotarians who were so passionate about providing sustainable solutions to poverty. Teaching school girls are taught vertical vegetable growing as land is now scarce and fish farming by St Kizito Interactors; A a sewing and crafts center for women at the Nachivalle Refugee settlement; metered clean water provided to villagers where a little amount is paid by the users for upkeep of equipment; Rabbit rearing and piggery projects for upkeep of families. As a district I believe if, as a district, clubs could deliver more such good projects at a larger scale we will have happier communities.

On Oct 14th the Dar Rotarians welcome all of you to take part

in the 10th anniversary of the Rotary Dar Marathon.

Today, only two countries, Afghanistan and Pakistan – harbor the world's final reservoir of endemic poliovirus. The scale of this achievement can hardly be overstated. Polio has existed for millennia; it has plagued humanity since our earliest civilizations. Today, because of Rotary's work and that of our partners, the end is in sight. We are counting down.

And yet, our success is as fragile as it is monumental. We are moving forward, slowly, steadily, inexorably – thanks to colossal efforts that never cease. The sheer scale of the effort – the coordination, the cost, and the commitment – boggles the mind.

Some ask why such high levels of immunization and surveillance are still needed to combat a disease that is almost gone. The answer is simple: It is the only way forward. If we did

anything less – if we allowed the virus any quarter – years of work would be undone. We need your strength to help fight this war until we have won. So, keep your weekly polio collections weekly going strong in your clubs.

On 24 October, we mark World Polio Day. I hope that on that day, all of you will take part in some way in our work to eradicate polio. I know that many of you intend to publicize this event on the club level; for those who have not yet made plans, there are still many ways to participate. This war of ours – which started as a war against polio but is also a war against hatred, against ignorance, against fear – this war will be won. It will be won soon. And when it is won, all of Rotary will have a story to tell – to the children, and your grandchildren. I ask you all to write it well – so that the story you will one day tell is one which you will be proud of.

**BE THE INSPIRATION**

## **BETTY SONDA**

### *Pioneering local biodegradable sanitary pads in Tanzania*

*By Catherine Njuguna*

*Rotary Club of Dar es Salaam, Mikocheni*



*Betty Sonda studied Civil Engineering at the St. Joseph University College of Engineering & Technology in Dar es Salaam, Tanzania. Her inability to get a job after graduating led her down the entrepreneurship and innovation path.*

*She is addressing an important and yet often overlooked challenge in menstrual hygiene issues, the disposal of female hygiene towels which are often made up of non-degradable materials.*

#### **SO, TELL US BRIEFLY ABOUT YOURSELF AND HOW YOU JOINED ROTARACT.**

I am a second born in an extended family of five. My mother passed away and my father remarried, so I have one sister and three stepbrothers. I joined Rotaract last year because I had just finished university and was looking for a job. I needed to connect with the right people and also to help the community. A friend told me about Rotaract and it sounded like the right place to be. So, I joined the Rotaract club of Young Professionals last year September.

#### **ANY MEMORABLE HIGHLIGHTS IN YOUR TIME SO FAR IN THE ROTARY FAMILY?**

Yes. I got to attend the District Conference and Assembly in Entebbe, Uganda, early this year. I did not know much about Rotary. The event opened my eyes and made me realize that really this is the place to be to network and to help the community.

#### **AND HOW ABOUT YOUR ENTREPRENEURSHIP JOURNEY. HOW DID IT START?**

I graduated from the University in Dar es salaam last year with a degree in Civil Engineering. Since I didn't get a job straight away, I got involved in modelling and in sales and marketing. I also explored entrepreneurship and attended many innovation meetings. In one such meeting, the speaker challenged us to find a solution for disposal of sanitary towels. He said the pads that women were using were causing septic tanks to fill up quickly and causing blockages. And, interfering with making of biogas.

So, the idea to develop biodegradable pads came up. After the meeting, I started conducting research on my own. I came up with the idea of using hyacinth and papyrus. I wanted to use locally sourced materials and to create employment for women by making the pads locally.

I was born and brought up in Mwanza, which is near Lake Victoria. Hyacinth is a big problem for the fishing industry and the livelihoods of farmers. Therefore use of hyacinth as a raw material can contribute to finding solutions to the hyacinth problem.

I developed a prototype but it's not that good yet. The challenge we are having is developing a non-absorbent layer to prevent leaking. I contacted



# BE THE INSPIRATION

a lecturer at the university of Dar es Salaam who is researching on making a biodegradable non-absorbent material from hyacinth. We are also looking for funds to set up a factory to manufacture the pads locally.

## CAN YOU TELL US BRIEFLY ABOUT THE DIGITAL INNOVATIONS WHERE YOU CAME IN THIRD PLACE?

Digital Opportunity Trust (DOT) Tanzania was searching for people with innovative ideas. I presented my idea for bio-degradable sanitary pads. I came in third out of 40 applicants as my prototype was not completely ready. I got a prize of USD1,000. This will push us in our plans to register the company and to further develop our prototype.



*Betty pitching her idea at the Bank of Tanzania Conference Center*

## WHAT MOTIVATES YOU TO DO WHAT YOU DO?

I want to help people in the community. The pads will not only help the women who use them but also create jobs. By manufacturing the pads locally, we will not only create jobs but we can also make the sanitary towels affordable. I am looking at a packet selling for less than \$1. I also want to be a role model for young people and show them they can do anything they want to, if only they take a step forward. My mission in life is to inspire people to be better.

## AND WHAT DO YOU DO FOR FUN?

I like hanging out with my friends, cooking, eating and going to the movies. I also love travelling. My dream trip is to Italy to look at the architecture!



*Betty wins 3rd place at DOT's Dare to Change Tanzania social innovation challenge.*



*Betty and other Rotaractors & Rotarians welcome DG Sharmila at her home club*

## GROWING LOCAL ECONOMIES

# WATER HARVESTING PROJECT

*improving lives and communities  
in Jinja and Kamuli*

*By Rtn. Dr. Peter Isabirye,  
AG Eastern Zone One /Primary host contact  
for both global grants.*

The Rotary Club of Source of the Nile together with Lunch4Learning UK and the Rotary Club of Haddenham (D1090) UK have jointly partnered in two Global grant projects (GG1639928 & GG1642028) worth about US\$ 100,000 to provide access to clean, safe, adequate water and to help improve sanitation in 29 rural primary schools in Kamuli and Jinja districts in Eastern Uganda.

The project dubbed “the Rotary Club Source of the Nile Jinja and Kamuli District Water harvesting projects” was occasioned by poor infrastructure, inadequate water sources and a poor hand washing culture. The goal is to provide sustainable hygiene facilities and drinking water by installing either 10,000 litre, 15,000 litre or 20,000 litre water tanks with guttering and associated filtration equipment to benefit almost 19,000 individuals.

The local communities together with the District Education Office were involved in the needs assessment to select the appropriate beneficiaries. It is hoped that “water user teams” will be set up in each school comprising of members of the teaching staff, student leaders and representatives, the local community and the school management committees to ensure proper maintenance of all installed equipment and any repairs that may be required subsequently to ensure long term sustainability of the projects.

Additionally, after construction of each tank, Hailey bury Youth Trust (the implementing organization) will carry out training of the school authorities on basic tank maintenance techniques and will leave some equipment behind including spanners for the schools to help maintain the tanks in good working condition. The tanks are environmentally friendly and have a lifespan of about 15 years.



*Launching one of the water facilities*



*Students are the main beneficiary of the project*



## DISTRICT UPDATES

# WE ARE WINNERS!

*District scoops 7 top awards*



*District 9211 was recognized for its generous giving to the rotary foundation and increase in membership at the recently concluded Rotary Zone 20A Institute in Lagos, Nigeria.*

The District was ranked number one in contributing to the Rotary Foundation and to the Annual Fund and it also had the highest net gain in members. The District was also recognized for having the highest number of bequest society members.

The District came in second place in the highest number of new Rotary clubs chartered and third place for the highest number of Rotaract clubs chartered. It was also ranked third in giving to the Endowment Fund.

The Rotary club of Muyenga was feted as second highest club in terms of giving to the foundation.

“This is the recognition of your great hearts of giving during the Rotary Year 2017-18. Keep up this spirit and donate even more this Rotary Year so that we make our DG Sharmilla Bhatt proud of you even the more!” said the DG in his message to the District members.

Hip hip hooray!



## DISTRICT EVENTS

# Rotary Zone 20A Institute: A LEADERSHIP EXPERIENCE TO REMEMBER

By Peter Brian Kagwa  
Director Service Projects  
Rotary Club of Kampala Munyonyo



*From the 10th to 15th September 2018, I had the pleasure and privilege to attend the Rotary Zone 20A Institute in Lagos where I got to learn, network, engage and rub shoulders with distinguished and seasoned Rotarians from across the continent.*

The training which took place at the prestigious Eko Suites, Victoria Island in Lagos which is an undeniably beautiful and serene place opened my eyes to a new experience of Rotary and leadership in general. Firstly, it was inspiring to see our very own Rotary International Director Yinka Babalola, the convener of the conference at the forefront of it and I must commend his role in pulling it off successfully.

One would ask whether the government of Nigeria was supportive and sure it was. The Vice President of Nigeria, whose country has a very strong campaign against polio with the last case reported close to 2 years ago, gave an articulate speech applauding Rotary for stepping into the gaps of service delivery in the

nation which was also a take away for me as I reflected on the Rotary support in some of our projects back home as well.

This training for me was such a timely one and so because it took place at a time when the African continent is getting its own zone - 22. Our District 9211, won a total of 8 Rotary Foundation and Membership growth / extension Awards and this for me showed our resilience and commitment to Rotary and to making a difference in our communities.

A better part of the presentations was around growing and attracting and retaining membership, giving to the Rotary Foundation, aiming for brand consistence and bridging the gap between Rotaract and Rotary in a bid to

provide support to the younger generation, the future of Rotary.

On a lighter note, no trip to Lagos would be complete without experiencing the huge traffic jam, or tasting the hot spicy food and the Pepe sauce. It's always important to get yourself a souvenir from every country you visit and I did grab myself and family a couple of beautiful fabrics.

I closed Lagos on a high by "defending" my classification with Paul Okoye from the popular African music duo P - Square, at the Lagos Hard Rock Cafe.

I clearly enjoyed my Lagos experience and look forward to the next Leadership Institute as we continue to serve our communities.



## GROWING LOCAL ECONOMIES

# ROTARACT CLUB OF JINJA

### *inspires and instills hope for the blind in Luubu Community*

By Naula Sandra,  
Rotary Club of Jinja, Uganda

*Luubu Community of the Blind was established in 1992 after a massive mobilisation and medical eye treatment camp in the eastern region of Uganda, for people with visual impairment at Luubu trading centre in Mayuge district.*

There was a massive response from the community to the mobilisation drive. Many were treated and some even had their sight restored. Others, who were totally blind, were handed over to their relatives who were taught how to care for them.

However, there remained a category of those who were totally blind, uncared for and totally neglected by their relatives. They were helpless since they could not look after themselves and had no assistance whatsoever. These persons, requested the doctors and specialists who had come to treat them in the camp to buy them a piece of land on which they could stay together and support each other.

In response to their request, five (5) acres of land were bought in Luubu Village, on which a camp was built. The camp houses 33 totally blind adults and 56 children whose biological parents are both blind. The

community is composed of twelve blind couples with children, two blind childless couples, and two single parents. Three of the children are blind but are attending school, while one child is both deaf and dumb. It is worth noting that these people were born with sight, but developed visual impairment between the ages of 5 and 14.

The Rotaract Club of Jinja, while on the lookout for projects, identified this community. A needs assessment exercise was undertaken through baseline visits, and a feasibility study about the hygiene and sanitation of the camp was conducted. It was revealed that the situation was so dire with over 90 people using only one toilet.

This one toilet was far from some of the households, and it was hard for some couples to use it, so they resorted to the bushes, and this resulted in poor hygiene and in the spread of diseases like cholera, dysentery and bilharzia.

The Club set out to construct two blocks of pit latrines in line with their water and sanitation project. The two latrine blocks, which will have bathrooms, will improve on the community sanitation and fight diseases, improve hygienic behavior, and enable proper disposal of human waste all year-round.

The Rotaract Club of Jinja is seeking for willing partners in the form of funding agencies, organisations and individuals for this community project, which will restore hope in the community, and also improve the image of and increase numbers in Rotary through inspiring communities with the good work.

Let's be the centre of hope and instill inspiration in this community.



*Construction of the customized pitlatrines in 2017*



*DRR tours the project during his visit to the club in 2018*



## GROWING LOCAL ECONOMIES

# ROCK EMPOWERS COMMUNITY *on how to make a fortune out of wax candles*

By Fatumah Semujju Nalubowa  
Rotaract Club of Kampala Central – ROCK

*The Rotaract club of Kampala Central (ROCK) under its monthly project named “Young Entrepreneurs’ Program (YEP)” trained the Lusaka-Kirombe community of Makindye – one of the divisions that make up Kampala City on how to make wax candles for home use and for income.*

The first training attracted 51 participants and took place in August 2018 at St John’s Church, Lusaka-Kirombe. It was facilitated by Rotaractor Ruth Nabirumbi, Past President of the Rotaract Club of Makindye and a beneficiary of the pioneer YEP project launched by the ROCK in 2014. She took the participants through the process of making candles and finding markets for them.

### *Benefits*

One of the benefits of candle making that Rotaractor Ruth shared with the trainees is that this it can be done from home hence allowing one to attend to other duties such as looking after family while managing the business.

On a large scale, a candle making machine can produce 14,612 candles in a month which translates into 175,344 candles per year. With a small packet of candles going for Ugx 1,300 and big one for Ugx 2, 600, with a capital investment of Ugx 150,000, one can earn a profit of about Ugx 40,000 per week which translates into an earning of Ugx 160,000 per month.

Therefore, if managed well, profit margins from the candle making business can rise as high as 20% of the invested capital.



## DISTRICT EVENTS

# CHENNAI ROTARIANS EXTEND FRIENDSHIP TO DISTRICT 9211

*By PP Nuwa Nyanzi*

*Rotary Club of Kampala West, Uganda*



*On September 01, 2018, a total of 31 guests from Chennai Rotary District 3232 in India arrived in Uganda for the Rotary Friendship Exchange program with District 9211 (Uganda and Tanzania).*

The group was in Uganda from 1st - 4th September 2018 lead by their District Governor Babu Peram. They visited various club projects to explore potential partnerships and did some sight-seeing. They visited the source of River Nile at Jinja and attended a cultural performance at Ndere Cultural center before departing for Kenya and Tanzania. At the end of their tour, some of the clubs signed Memorandum of Understanding (MoUs) with their Ugandan counterparts.

The group was in Dar es Salaam 6th – 9th September 2018 and was led by Past President Ravi Raman. Like in Uganda they visited projects run by various Rotary clubs including the construction of a modern hospital facility at the Community Based Rehabilitation Centre Tanzania (CCBRT) being undertaken by all Rotary clubs in Dar es Salaam with funds raised from the annual Dar marathon. They signed a Memorandum of Understanding to support this initiative. They also visited the street lighting project of Rotary Club of Dar es Salaam - Mlimani and school-shape up project of the Rotary Club of Dar es Salaam – Mikocheni and did a one-day safari to Mikumi National Park.

“It was a memorable occasion and we all remain enthusiastic about the future,” noted the District Friendship Exchange Chair, Rotarian Jean Paul Fonkwa who was the team lead and guide for Tanzania.

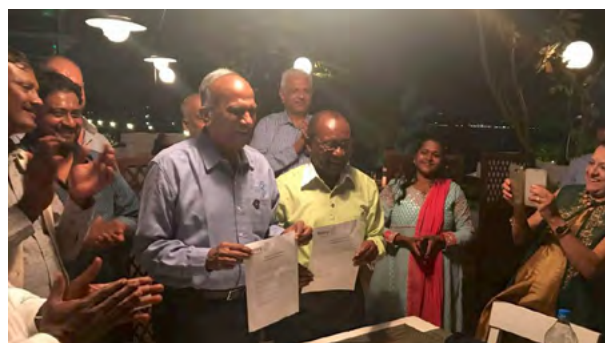
Rotarians from District 9211 and 9212 shall reciprocate the visit early next year.



*Group picture in Uganda*



*At the Rotary Cultural show at Ndere Centre*



*At Dar es Salaam after signing an MoU to support the CCBRT hospital project*

**CLICK HERE FOR MORE  
PHOTOS OF THE FELLOWSHIP**



## ROUND UP OF DISTRICT **ACTIVITIES**

# *Uganda and US clubs* **IN A MASSIVE DRIVE TO ELIMINATE MALARIA**

*By Rtn. Dr. Joel Francis Okalany  
Immediate Past President  
Rotary Club of Soroti Central*



*Several Rotary clubs from Ugandan and the US and have entered a partnership on a major initiative to save lives by reducing the spread of malaria in Uganda. The initiative builds on the success of the Katakwi Malaria Control and Systems Strengthening Project in Katakwi District by the Rotary Club of Soroti Central.*

The new bigger initiative with a budget of \$304,000, bringing together 15 Rotary Clubs from Uganda, 5 from the US and 5 Districts, seeks to ensure the great gains from Phase One are sustained. A large cadre of Village Health Teams (VHTs) will move from home to home each week to detect any cases of resurgent malaria, test and provide treatment on the spot. The VHTs will be equipped with mobile phones to record and upload data.

Phase one was a \$190,000 Global Grant from the Rotary Foundation with the Rotary Club of Seattle #4 as the lead International partner with five US Clubs and District 5030. Started in 2016, the project sought to demonstrate that a combination of interventions, including mass drug administration, indoor residual spraying, use of insecticide treated mosquito nets and community education and engagement, can make a rapid difference in reducing malaria prevalence and transmission in high prevalence malaria areas.



The project targeted 48,000 people in 8,000 households in three sub counties. In the sub-county where the project used a combination of all interventions, malaria prevalence fell by 83% just after one year with only 5.8% of people carrying the malaria parasite. Our goal is to demonstrate the viability of the model, its scalability and the role that passionate Rotarians can play in elimination of this deadly disease globally.

The project also worked with several partners including Pilgrim Africa, and the, Katakwi District Local Government and Ministry of Health.



# ROUND UP OF DISTRICT ACTIVITIES

## ROTARY MIKOCHENI CLUB HANDS OVER MEDICAL SUPPLY AND REFURBISHES A SICK BAY AT MIKOCHENI SECONDARY SCHOOL



During the month of September, the Rotary Club of Dar es Salaam – Mikocheni went on a giving spree to serve the community in Dar es Salaam. The club members donated bedsheets and a Doppler machine to one of the main referral hospital in Dar es Salaam, Mwananyamala hospital for use in the maternity ward.

The club also supported Mikocheni Secondary school to convert a corridor into a sick bay for the students. These included putting up a window with grills, a grilled door and purchasing three beds and mattresses. The School was very appreciative of the sick bay.

The club is also currently in the process of launching a Rotaract club at the school.



## ROTARY JOINS HANDS TOWARDS A CLEANER WORLD



The Rotary family in Tanzania including Rotarian, Rotaractors and their friends and families in joined the rest of the world in the World Clean-up day on 15 September 2018 and cleaned various public places.



In Dar es Salaam, the Rotary clubs of Dar North, and Oysterbay took part in cleaning up Coco beach, a popular public beach in Dar es Salaam. The Rotary Club of Dar es Salaam - Pugu Road organized a clean-up and tree planting exercise in Upanga area and donated bins to the Municipal council of Ilala. Rotaractors were also not left behind including the Rotaract Club of St Jude's in Arusha.

This year over 13 million people joined cleanups in 144 countries. In Tanzania the event was coordinated by Nipe Fagio.



# ROUND UP OF DISTRICT ACTIVITIES

## ROTARY KAMPALA EAST LITERACY PROJECT BEAUTIFIES WAKISO DISTRICT

*By Jaqueline Mali,  
Rotary club of Kampala East, Uganda*



Fifteen years ago, the Rotary Club of Kampala East (RCKE) identified and bought 10 hectares of land for tree planting in Wakiso District, a peri-urban area. This opened another path to improve the community livelihood through supporting primary education at St. Kizito Primary School. The school comprised of dilapidated structures.

Over time however, the Club built two classrooms and an office and refurbished the roof of one of the old structures. Currently, the Club targets is to refurbish the current structures and construct three classroom blocks estimated at a cost of UgX 150 million.

The club's intervention has increased enrolment from 38 to 250 pupils; 50% of whom are girls. With support from an NGO, Tabitha Global Care, a new borehole was sunk and has improved water access at the school and neighboring community.

In consultation with the local leaders at Wakiso District local government and Kasanje Town Council, the club adopted Kasanje Town Council as a 'village' and are working on four key components: beautification, physical planning and infrastructure development, nutrition and health and income and wealth creation, to improve quality of life of the 31,526 residents including children. A new play field will be provided and access roads and school environs upgraded.

## KABAKA OF BUGANDA EXCITES ROTARY ANNES' AND ANDYS' AT RC BWEBAJJA BOAT CRUISE DINNER

*By Evelyn Bageya  
Director Public Relations, R.C Bwebajja*



Saturday 22nd September 2018, was quite an exceptional day for Rotarians and guests of Rotary Club of Bwebajja- the Annes' and Andys' annual dinner which this time round was organized on a mega boat as a fun fundraiser for service projects. This year the proceeds went towards the club signature project of Harnessing the elderly. Guests in white and gold excitedly made their way to Port bell for an afternoon dock and immediately the much anticipated selfies rolled. At exactly 1:30hrs, the engine bellowed as ululations gave way.



On the boat were members of different rotary clubs, partners and notable guests with chief guest PAG Peace Tarembwa raising over Shs.5m. The biggest astonishment of the day was when the Kabaka of Buganda Ronald Muwenda Mutebi gave the club a courtesy call while at Mutoola Island. The Kabaka gave the function a royal touch when he accepted to be a part of the numerous photo opportunities of Rotarians and guests which was to the amazement of everybody. President Moses Qunion Galabuzi thanked all who attended and for supporting the club initiative of supporting the elderly.

# ROUND UP OF DISTRICT ACTIVITIES - ROTARACT

## DRR MWOMBeki'S MAKES FIRST OFFICIAL VISIT TO ROTARACT UGANDA - AUGUST 2018

*By Eric Emmanuel  
Rotaract District PR Chair.*



DRR Mwombeki made his first official visit to the Rotaract clubs in Uganda, 24th of August to 4th of September, visiting over 60 Rotaract clubs in the Eastern, Central and Western zone of Uganda. He went as far as Rotaract Nakivale where he had fellowship in Swahili. He was able to see inspirational projects done by clubs by Jinja, Kampala City and also took part in the Treasure hunt fundraiser organised by Roatarat club of Kampala Ssesse islands.

Before visiting Uganda, he visited clubs in Kenya - District 9212, where he started his journey as a Rotaractor and President at University. In Kenya, he participated in a 10km walk up and down 14 hills of Ngong to support a community hospital in Rongai. It was a fundraiser organized by the Rotary club of Ongata Rongai. He also extended our District's message of friendship and goodwill and also invited clubs of Rotaract Kenya to attend the upcoming **Rotaract Africa Summit** is going to happen in the beautiful Islands of **Zanzibar, Tanzania in November 2018**.

He also visited clubs in Kigali, Rwanda to invite them to the Rotaract Africa Summit.

## ROTARACT CLUB RECOGNIZED FOR ITS BRAVERY & PRESIDENT AWARDED A PHF

*By Businge Henry  
IPP Rotaract Club of Kajjansi*



Last year, members of the Rotaract club of Kajjansi were involved in a road accident on their way to conduct a medical camp at Bidibidi settlement camp in Yumbe district. This is one of the biggest refugee camps in the world with an estimated population of about 270,000 refugees fleeing from South Sudan.

In addition to the accident, which saw one person die, their vehicle got stuck before reaching their destination due to the terrible state of the road. However, their resilience and determination to carry out their mission saw them carry their supplies on their heads and walk in the pouring rain to the camp.

Their moving experience which was uploaded on the Rotary International website attracted the attention of Rotary International Family Health Days Director Dr. Philips Silvers who, at the 93rd District Conference and Assembly (DCA) recognized the club's effort and the club President Tuna Angel was awarded a PHF in recognition of her bravery in executing the project.

The outreach saw around 1800 people receive free treatment for various ailments including free HIV/ AIDS testing in conjunction with Arua Hospital. Sanitary towels were distributed to adolescent girls; nutritious flour was distributed to children and pregnant women and scholastic materials to nursery and primary school pupils. Farmers in the camp received maize seeds.

This year's edition will take place on 19 -21 October and the club seeks to make it even better and bigger. Support towards the success of the project is welcome. Participation fee is Ug.shs 90,000/= (\$24) to cater for transport, feeding and accommodation is all that is required.



# ROUND UP OF DISTRICT ACTIVITIES - ROTARACT

## ROTARACT ALPHA DONATES WHEELCHAIRS TO MARK 5 YEARS OF SERVICE

*Warda Hemed Mansour*

*Vice President, Rotaract club of Alpha*

To mark our fifth anniversary, we wanted to celebrate the milestone by doing something good in the community. We presented our idea of donating two wheelchairs for two physically-disabled students at Mzambarauni primary school to our mother club, the Rotary club of Dar es Salaam Oysterbay. Without hesitation, they supported us and we were able to get the wheelchairs.

We presented the wheelchairs to the school on 19 September during the standard seven graduation ceremony - we were among the guests invited to the event by the Head-Mistress of the school as important partners of the school. We were also given a chance to speak to the students and guests.

I gave the speech as the Club's Vice President. I was humbled to speak about how important it is to give something back to the ones who are in need. I told them: "when you give, you receive joy and blessings."

## SING ALONG FOR BUKINGALA PRIMARY SCHOOL

Sometimes in February 2016, while watching the 9pm news on NTV Uganda, we learnt about Bukingala Primary School in Mbale District where young girls use banana fibre as sanitary towels. We have since adopted the school and among the work we have done is the construction of a 20,000L rainwater harvesting tank, training women in making re-usable sanitary towels and liquid soap, distribution of scholastic materials and establishing a school garden.

This year, we would like to construct a modern 6 stance pit latrine and distribute school shoes to the children. This is why we have once again staged our annual fundraiser dubbed the LYRICAL MASTER. To participate, see details in the poster below. We thank you so much for your continuous support. See you all on 12th October, 2018 at Valhalla Bar and Restaurant at 6pm.

## KICKS FOR BUKINGALA

*President Joy Nekesa*

*Rotaract Club of Kampala West*

Bukingala Primary School is a government aided school located in Mbale District, Budwale Subcounty, on top of Wanale Hill 25km from Mbale Town. The school faces a lot of challenges among them is lack of footwear as none of the students can afford to own a pair of shoes. Many of these pupils go to school barefooted on a daily basis and visit school latrines barefoot.

The Rotaract Club of Kampala West decided to start a shoe drive campaign in Partnership with Bravo Shoes dubbed "#Kicks4Bukingala" where we plan to collect around 400 used old pairs and 200 new pairs under a slogan "Buy one give one." With this, we hope to get shoe donations from Rotaractors, Rotarians and friends of Rotary because we believe "A journey of a thousand miles begins with a pair of fabulous shoes"

We are calling on all friends in service to dig deep into their pockets and donate a pair of leather shoes which goes for UgX 20,000 or donate an old pair of shoes to these children. You can drop off the shoes at our fellowship venue Valhalla Bar and Restaurant on Thursdays 6pm or City Center Complex, 1st Bravo shoes offices. For those in Mbale, drop off point is Club el Tanjia any day of the week.

We believe this shoe drive will help transform these children both physically, emotionally and boost their concentration on education!



*Greetings to you all from the District Public Image team, I would like to introduce you to the team that is working behind the scenes to ensure that we meet our PI goals that were previously published. Please feel free to contact any of us when in need of support in matters regarding branding and public relations/image.*

## *PI team*



*Jane Kabugo,  
Sunrise Kampala*



*Dennis Juuko, IP  
Kampala Naalya*



*David Sempala,  
Acacia Sunset*



*Shruti Asher, PE  
Tanga Central*



*Julia Seifert,  
Mikocheni*



*Helen Kaweesa,  
Kampala Ssese Islands*



*Goretti Masadde, PE  
Kisugu Victoria View*



*Michael Niyitegega,  
RC Kampala Central*



*Anne Nkutu,  
Kampala Naalya*



*Joyce Katende  
PE Kampala Naguru*



*Eric Emmanuel, Dar  
es Salaam/ Rotaract  
Young Professionals*



*Fred Masadde,  
Kampala Ssese Islands*



*Rosetti Nabbumba,  
DGN 2020/2021  
Nayenga, Mukono.*

To refresh our memory, below are the 2 PI goals for the Rotary year 2018/2019

- Create a Communication and Social Media Strategy Plan – 20% execution of the plan
- Unify image and increase brand awareness – 95% Brand standardization

A lot of effort has been geared towards goal number 2 of brand standardisation, a big thank

you to all Clubs that have embraced the new brand guidelines and have adopted the new Club and District logos. All Clubs are encouraged to do so and to consistently use these logos in order to strengthen our Brand. Work has also started to develop and formulate a Communication and Social Media Strategy Plan and this will be communicated in the next issue of the Wave.

*Continues on next page...*



This time round we focus on the branding materials that we produce and are featuring some good ones. Almost all Clubs have the different types of banners, back drop, pull up, tear drop and the small banners. It is important to maintain consistency of the Brand and ensure that we don't keep changing the logos as this weakens the Brand. Previously, guidelines on creating and downloading logos were shared, in case you still have challenges please contact us via [d9211pico@gmail.com](mailto:d9211pico@gmail.com). You are reminded to send your pictures of the Club brand materials to the same email address as you stand a chance to appear on the District Wall of Honour.

## WHAT IS A GOOD BANNER/FLYER?

A good banner should be Simple, Clear, communicates the Message in an instant. The banner should not have too many colours or too many words, it should not be too cluttered or too busy. As a rule-of-thumb, it should not have more than 7 elements including font, colour, image, space, line size, form and texture.



*Star Banner 1:*

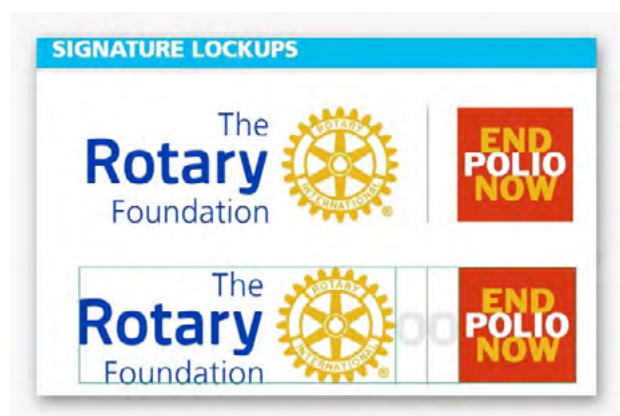


*Star Banner 2 & 3: Nansana*

## BRANDING TIP:

In terms of the Rotary brand or logo and its usage, please ensure that you follow the RI Brand & Visual guidelines. You can download these from the Brand Centre at [rotary.org](http://rotary.org) ([rotary.org](http://rotary.org)>My Rotary>Manage>Brand Centre>Guidelines or <https://brandcenter.rotary.org/en-GB/Guidelines>). When co-branding or using the Rotary logo together with another logo, follow the ground rule below:

In terms of the Rotary brand or logo and its usage, please ensure that you follow the guidelines that were sent out earlier. When co-branding or using the Rotary logo together with the theme, follow the ground rule below:



*The space between the bar and the logos should be equal to the letter O in the word Rotary. In addition, the vertical height of the logos should be uniform.*





## DG VISITS



*DG at her home club,  
RC Dar es Salaam*



*RC Dar es Salaam North*



*RC Kabwohe*



*RC Lukaaya*



*RC Wandegeya*



*RC Nansana*



*RC Bukedea*



*RC Rwampara*



*RC Dar es Salaam Oysterbay*



## DG VISITS



*Gorilla Trekking at at Bwindi Impenetrable Forest*



*Rotary 5-A-Side Fundraiser by Rotary*



*Planting trees with RC Ibanda*



*RC Nansana Interact*



*Interactors of RC Kalisizo*



*Opening a new school built by RC Kabale*



*Rotaract Nakivale*



*Money collected from a donation box at the airport by RC Entebbe towards gift of life project*



*St. Kizito Interactors of Rotary club of Kampala Sesse who engage in various economic activities*

**CLICK HERE FOR MORE PHOTOS OF DG'S VISITS TO CLUBS.**



## UPCOMING EVENTS

**Rotary**  **NAIROBI 2018**  
 ROTARY DAY AT THE UNITED NATIONS  
 YOUTH INNOVATION CREATING SOLUTIONS TO EMERGING CHALLENGES



**Dr. SALOME GITOHO**  
 Rotary representative to UNHABITAT




**DGE JOE OTIN**  
 Rotary representative to UNEP

**We are Inviting you to  
NAIROBI**

**SATURDAY**  
 10TH NOV, 2018

*Welcome Ugandans  
to celebrate the 10<sup>th</sup>*  
**ROTARY DAR MARATHON**





**SUNDAY, OCT. 14, 2018**  
 f t i @rotarydarmarathon  
[www.rotarydarmarathon.com](http://www.rotarydarmarathon.com)

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**DISTRICT CONFERENCE  
& ASSEMBLY**

**— 24 - 27 APRIL, 2019**

**Early bird discount**

**Rotarians: USD 215**  
**Rotaractors: USD 90**

**Offer Ends On**  
**31 December, 2018**

**To Register Visit**  
<https://rotaryd9211.org>



**JNICC,  
DAR ES SALAAM,  
TANZANIA**

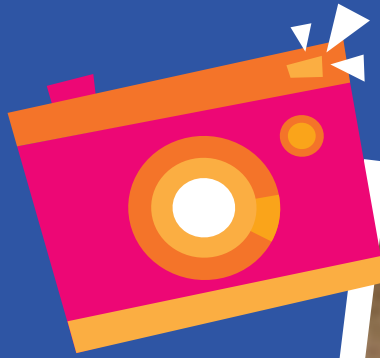
**Rotary**  
District 9211




**BE THE  
INSPIRATION**



# GIVE US YOUR BEST SHOT



**SHARE YOUR BEST PHOTOS FOR A CHANCE TO  
WIN IN THE WAVE'S PHOTO CONTEST!**

Enter the Wave's photo contest and show us the world through a Rotarian/Rotaractor's eyes. Submit your photos to [dg9211news@gmail.com](mailto:dg9211news@gmail.com) every month. The best photo and prize will be announced in February 2019.

For more details, visit [rotaryd9211.org/page/photocontest](http://rotaryd9211.org/page/photocontest)



## the WAVE

*The Wave is the official newsletter of the District Governor of Rotary District 9211, Tanzania & Uganda.*

*We welcome contributions to the next edition of the Wave. Email to: [dg9211news@gmail.com](mailto:dg9211news@gmail.com)  
Kindly send your articles, photos, commentaries by September 20.*

**Rotary**  
District 9211



**BE THE  
INSPIRATION**