

Celebrating The 50th Anniversary

Dr. Frank Hayden has dedicated his life to the conception, creation, development, fundraising and management of programs and projects for people with intellectual disabilities. As a prolific and passionate writer, he is the acknowledged pioneer and leader in authoring hundreds of scientific papers and reports on the testing of children with intellectual disabilities and publishing manuals including "Physical Fitness for the Intellectually Disabled" in 1964, and the "Basic Guide to Special Olympics Coaching" in 1984 which is still widely referred to today. His passion and leadership has been credited with the removal of barriers that existed for centuries for people with an intellectual disability, establishing fitness and sport standards that have improved their health, quality of life and self image. The result of which has attracted and motivated over 4 million people with intellectual disabilities in 169 countries and inspires millions more to support the cause; parents, volunteers, coaches, officials, staff, patrons, supporters and sponsors.

Special Olympics Canada recognizes Dr. Hayden as a national treasure and humanitarian and wishes to ensure that his legacy and body of work is recognized and honoured both nationally and internationally; his artifacts protected and available in a manner that befits his standing within the Special Olympics' movement and as a great Canadian!

Special Olympics
Olympiques spéciaux
Canada



50 YEARS
ANS
1968 - 2018

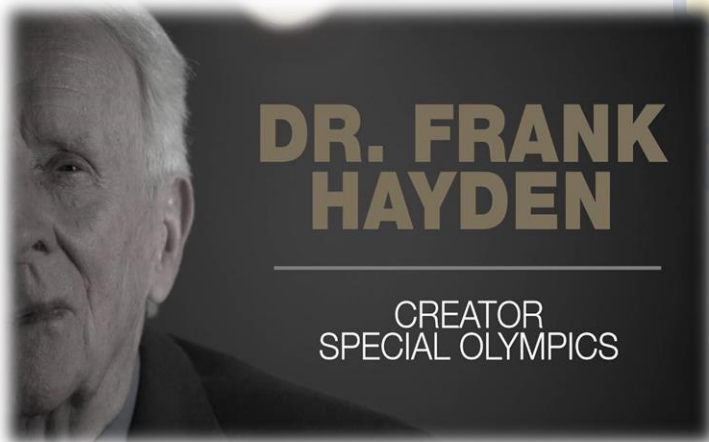


It all started not too far from
where you're sitting



Advancing a Legacy...

Few organizations can assert that *they were there in the beginning but Rotary is among the few*. It was the early 60's when a young graduate student (Frank Hayden) began his research on fitness programs for disabled children. He had a notable interest in sports and fitness activities for children, especially for those who have mental disabilities. His research became known to the Joseph P. Kennedy Jr. Foundation, and for two years, Hayden helped produce and build a fitness program and establish legislation to accommodate persons with disabilities. In 1968, he organized the first Chicago Special Olympics with the Kennedy Foundation.



Investing in a Better Future...

Vision is being able to see the sun before it shines.



PHYSICAL FITNESS FOR THE MENTALLY RETARDED

Frank J. Hayden

*Special
Olympics*



How it all began . . .



The preparation and publication of this booklet was made possible by the interest and financial support of five Rotary Clubs in the Metropolitan Toronto, Canada.

In 1958, these clubs joined forces to support the building of the "Rotary School" for retarded children in north Metropolitan Toronto by the Metropolitan Toronto Association for Retarded Children.

In 1960, Mr. Leslie B. Allan of the Rotary Club of Eglinton had the honor of being elected Past President of the Metropolitan Toronto Association for Retarded Children. Mr. Warren Clayson, Executive Director of the Metropolitan Toronto Association for Retarded Children that in the area of physical education and physical fitness for retarded children, research information was practically non-existent. Mr. Allan called a meeting of the Association on April 15, 1960, at the home of Club President T. P. Gregor. Mr. Allan called a meeting of the Association on April 15, 1960. Invited to attend were the representatives of the other four Rotary Clubs in the Metropolitan Toronto Association for Retarded Children, and Mr. Harry Ebbs of the University of Toronto, Mr. E. R. Patrick, Vice-President of the Metropolitan Toronto Association for Retarded Children, and Mr. Warren Clayson.

This committee made a recommendation for a research program to be sponsored financially by the five Rotary Clubs, to be carried out under the supervision of Dr. Ebbs, Director of the School of Physical and Health Education, University of Toronto, and to operate within the day school of the Metropolitan Toronto Association for Retarded Children. The recommendation was unanimously approved by the Association.

Dr. Frank J. Hayden, formerly associated with the development of the R.C.A.F.'s 5BX programme, was engaged as a researcher and attached to the staff of the School. The Committee is indebted to Dr. Hayden for the professional way in which the project was designed and carried out.

Dr. Ebbs, who was Honorary Chairman of the Rotary School for Retarded Children, deserves special thanks for his continued interest in this work and his enthusiastic guidance of the project.

The success of the project far exceeded anyone's expectations. It showed their strength and endurance could be substantially increased through physical activity and it indicated many useful avenues of experimentation for the years ahead.

This booklet, so far as can be ascertained, is the first report of a scientific study of this kind. The work will be continued under the sponsorship of the Women's Auxiliary of the Association and it is hoped that additional useful and exciting information will be obtained to add to the present manual.

THE ROTARY PHYSICAL EDUCATION RESEARCH COMMITTEE

- | | |
|---------------------------|--|
| Leslie B. Allan, Chairman | Rotary Club of Eglinton |
| F. Ian Dyke, Secretary | Rotary Club of Armour Heights |
| Cecil Slone, Treasurer | Rotary Club of Forest Hill |
| Samuel Stanger | Rotary Club of Downsview |
| H. Lloyd Matthews | Rotary Club of Eglinton |
| Don Brill | Rotary Club of Willowdale |
| J. Harry Ebbs, M.D. | Director of the School of Physical Education, University of Toronto |
| E. R. Patrick | Past President, Rotary Club of Toronto |
| Warren F. Clayson | Executive Director, Metropolitan Toronto Association for Retarded Children |
| Frank J. Hayden, Ph.D. | Department of Physical, Health and Recreation, University of Toronto |



2,000 ATHLETES
500 COACHES
7 INTERNATIONAL REGIONS
5 SPORTS
4 DAYS

1 UNIFIED WORLD

Special
Olympics
Ontario



**INVITATIONAL
YOUTH
GAMES**
MAY 14-17, 2019



INVITATIONAL YOUTH GAMES

DRAFT AN ATHLETE

MAY 14-17, 2019

Making dreams come true...

With 2,000 athletes competing, Special Olympics Ontario is hosting the largest undertaking of the 50th anniversary celebration:

The 2019 Invitational Youth Games in Toronto.

This event will honour the past and create a global legacy for the growth of Special Olympics around the world.

Be a part of this legacy

*"Immortality is to live your life doing good things, and leaving your mark behind."
- Brandon Lee*



Draft an Athlete
\$1,000/athlete



Draft a Team
\$5,000/small team
\$10,000/large team



Challenge Your Network

Be part of a Draft that celebrates inclusion and diversity!

You will be recognized by:

- Social media plan to highlight your donation
- Recognition on the Draft an Athlete website
- 50th Anniversary gift to display at your location
- Thank you letter from athlete(s) and event schedule
- Your donation will support a local athlete



#YouthGames2019 @YouthGames2019 youthgames2019.com