

**Club Guidelines**  
**Rotary District 7410 Essay Contest**  
**Open to High School Juniors and Seniors**

Essay Theme

“Create Hope in the World: How can Communities, Schools, Families, and or Friends support mental health with Caring, giving, and compassion?”

**1. Establish Club Contact and Your Local Prizes**

Have a discussion to determine local prizes, and who will administer the contest for your club. Put that person in contact with **Kate Farrell Kurosky**.

**The Club deadline is February 2<sup>nd</sup>, 2024**

**The District deadline is March 1<sup>st</sup>, 2024**

As a minimum, it is suggested that you offer a first prize of \$50 for your local winner. The club is free to offer a larger prize, as well as additional local prizes.

**2. Plan and Promote the Contest**

Involve the school administrator and reach out to the English and/or other content area teachers who align with the theme of the essay.

Request the school's assistance in distributing student guidelines for the contest.

Advertise the contest in the local papers.

**3. Utilize the Poster**

The poster is a template for your club to customize to meet your needs. Enlist the assistance of your school contacts to distribute the posters and advertise the contest to students.

**4. Communicate with other clubs if they service the same high school**

Be sure to coordinate with those clubs to combine your efforts.

5. **Be sure to follow up with your school contacts after a few weeks**  
Thank them and invite them to Rotary, if possible!
6. **Organize your local committee and plan to evaluate essays between February 3<sup>rd</sup>-29<sup>th</sup>.**
7. **Submit the club winning essay to:**  
Kate Farrell Kurosky: [kfarrellkurosky@gmail.com](mailto:kfarrellkurosky@gmail.com)  
Subject line: Club Name Essay, Club Chair Name, Student Name\*  
*\*Student Name must only be printed on the title page.*
8. **Judging will be done by a group of Rotarians based on content and readability.**