

Banner Exchange Held on Home Turf of New DG – Page Two

New Milford Club Hands Out Awards On 70th Anniversary – Page Four

World War II Hero Shares Memories — Page Seven

Annual Fireworks Coming July 3 To Abington Heights — Page Nine

Speaker Addresses Local Opioid Crisis — Page 11

New Honesdale Prez Outlines Her Goals — Page 15

Wyalusing Club Says Adios to Popular Exchange Student – Pages 17

News from District 7410

Letter from the District Governor

Greetings fellow Rotarians!

I can't say enough what a great honor it is to become your District Governor. I am looking forward to visiting all of your clubs and hearing from you about all your ideas, hopes, dreams and concerns about Rotary as a whole, and your clubs in particular.

Jackie and I have just returned from Toronto where the Rotary International Convention was held. Our district had 38 representatives in attendance, joining tens of thousands of Rotarians from every corner of the earth. It's hard not to return from such an experience without feeling fully recharged and ready to take on as many tasks as we can.

I have a few simple goals this year. First, I would like to see all of



our clubs get more involved in international service. Rotary is known throughout the world for this. In large part it is one of the main reasons many members join, only to be disappointed when they discover that their local clubs aren't fully engaged in this vital role. In Toronto we were exposed to hundreds of worthy international causes desperately seeking Rotary clubs to sponsor them. R.I.'s website, <u>www.rotary.org</u>, has hundreds of similar projects just waiting for some club to pick up their cause. International service is not simply throwing money at a cause (although money is important). It's sending human beings to experience, firsthand, just what it is we're trying to accomplish. I guarantee that if your club sends a new member to a foreign land on a service project, to see how important our work is, that new member will stay a Rotarian for a long time.

Secondly, I would like to expand our youth programs as much as possible. We should strive to have Interact clubs in every school district and Rotaract clubs in every college and university within our District. Our youth programs are a vital link to our future membership, and can help to ensure the survival of Rotary well into the future

Finally, I want to make Rotary fun again. It seems to me that somewhere along the lines our meetings, projects, events and committees started to become all

CONTINUES ON NEXT PAGE...



ISSUE 62

VOLUME 1 July 1, 2018

DISTRICT GOVERNOR CONTINUES

fun. We need to remember that a catered cookout with great ing our overall Rotary experiall Rotarians are volunteers, food and live entertainment, ence more enjoyable, more reand that we are asking for their Campfire, s'mores, and fellow- warding through international most valuable asset - their ship, featuring the bluegrass service and more youthful, the time!We need to ensure that band. Dishonest Fiddlers! For membership issue will take we don't waste it, and utilize the more adventurous Rotari- care of itself. their time wisely. If it's not fun, ans we offer a canoe/kayak we're doing something wrong.

personally invite every member Falls and optional overnight and their family and friends to camping at the George Hock our district-wide JAMBOREE Park. on July 14th in Falls. Pa. This promises to be a most enjoy- always a concern, but I believe

business and stopped being able event where we will have that if we concentrate on makfloat trip down to Susquehanna year! Please join me in making To that end I would like to River from Tunkhannock to this our best year ever!

Obviously membership is

This is going to be a great

Banner Exchange Launches Rotary District Year

Rotary International District 7410 is inducting Roger Mattes, Jr. as District Governor at its annual Banner exchange on Sunday, July 1. Also on the agenda was a celebration of the gubernatorial year of Karin Susan Breitlauch. The 2 p.m. event is being held at the Ramada Inn in Clarks Summit.

Mattes, an attorney and president of the law offices of Mattes & Mattes, p.c. in Scranton, is a member of the Rotary Club of the Abingtons. He first joined Rotary in 1985, and served as President of the Rotary Club of the Abingtons in 2011-12. He served on their Board of Directors for nine years, and has held several positions in the club. He is a Graduate of the Rotary Leadership Institute, is a Paul Harris Fellow, and a member of the Paul Harris Society. He has also been active at the District level serving as a Governor-Elect, Director, an Assistant Governor, a member of the Finance Committee, and a P.E.T.S. Facilitator, He chaired the District Conference Committee for 2017 and has headed up the District's Crisis Management Team.

Mattes received his Juris Doctorate degree from Drake University, his undergraduate degree from DePauw University, and is a graduate of Valley Forge Military Academy. He also attended the Pennsylvania Realtors Institute where he earned a

Abingtons Rotarians Applaud One of Their Own...

G.R.I designation.

Roger lectures extensively in the legal community and has been published in several scholarly books and magazines, including the National Business Institute and the Trial Lawyers of America Magazine.

He has been named as a "Top Lawyer in Pennsylvania" by the Legal Network. He is a two time recipient of the LeaseComm Counselor's Club Award, and the Winner's Circle Award. He received the American Lawyer's Quarterly Distinguished Service Citation, the J.C. Penney Golden Rule Award, the Jaycee Outstanding Service Award, and was listed in Who's Who Among American Law Students.

Roger lives in Nicholson with his wife Jackie They have four children, Emily, Molly, Philip, and Phoebe Snow..





Food Festival with a taste from the restaurants of Barrett & Paradise



JULY 10, 2018 • 4PM - 8PM the former Barrett Elementary Center

Proceeds benefit the Rotary of the Pocono Mountains





The Rotary Club of New Milford

Club Presents Awards on 70th Anniversary



June is Student Awards Dinner month for the New Milford Area Rotary Club. This year's awards dinner on June 7th also included an award to itself as it celebrated its 70th birthday. Our most senior member, Barbara Hill (above right) was given the honor of cutting the birthday cake.

The evening focus though was on recognizing local student excellence, and the parents, guardians and loyal friends whose love and support foster these student's development. In addition, the club recognizes the support of school personnel,

School Counselors, teachers and Principals, who are essential to student growth. The New Milford Area Rotary Club is privileged to work with 4 school districts in Rotary District 7410, which encompasses much of the northeast quadrant of Pennsylvania. Those school districts are Blue Ridge, Faith Mountain, Mountain View, and Susquehanna Community.

This year's awards dinner recognized one very deserving student from each of our 4 service

SEE, "AWARDS," PAGE 20.





Pictured above left to right are Kate Kurosky, Club Facilitator; Lucy Adams, Mountain View; Chloe Tinklepaugh, Susquehanna ; Alexa Stanley, Blue Ridge.



Pictured above left to right are Kate Kurosky, Club Facilitator; Emily Fremberg, Susquehanna Community; Alexus Wilbur, Mountain View; and Samantha Dietz, Faith Mountain Christian Academy. Megan Sommer, Blue Ridge, was unable to attend..





July 14 -15, 2018

WHO? - All Rotarians and anyone else interested in participating.

<u>WHAT?</u> – A District Wide Cookout with live Bluegrass music and a campfire along with <u>optional</u> canoe trip and overnight campout.

WHERE? - George Hock Park, Falls, Pa. – (The canoe trip will start in Tunkhannock & take out in Falls)

<u>WHEN?</u> - Saturday July 14th to Sunday July 15th beginning around 3:00 pm. (The Canoe trip will start around 11:00 in Tunkhannock).

Those not participating in the canoe trip can join us in Falls for our BBQ cookout and campfire on Saturday afternoon & night.

Cost: \$12.95 per person

Canoe rentals are available at Susquehanna Canoe & Kayak Rental - (570) 388-6107 – a Rotarian owned business.

Register in advance online at the Rotary District 7410 website https://portal.clubrunner.ca/50202.





Calling all Businesses, Rotary Clubs, and Individuals!

Become a 2018 RYLA sponsor today and help instill leadership skills and foster a sense of community in our area youth!

Sponsorship Opportunities

\$1,500 Food Packaging Sponsor: The Food Packaging event will be done by a partnership with Rise Against Hunger. The event will incorporate the beliefs of service above self and teamwork as our conferees will be split into teams to build food packages that will be distributed internationally to those in need. Sponsorship includes:

- Name/Logo listed in RYLA Graduation Program.
- Name/Logo in Rotary District 7410 newsletter.
- Signage at Rotary display table during RYLA.
- Link from RYLA website.
- Social Media acknowledgement.

\$350 Cinch Sack Backpack Sponsor

Sponsorship includes:

- Name/Logo on cinch sack backpack.
- Name/Logo listed in RYLA Graduation Program.
- Name/Logo in Rotary District 7410 newsletter.

\$25 Friend of RYLA Sponsor

- Sponsorship includes: Name/logo on tee signs on Keystone campus.
- Your donation will go where it's needed most.





Yes!! I want to help maintain the quality of the RYLA 7410 program by becoming a sponsor today!

Business Name (as you would like it listed):

Contact Name:

Street:

City: State: Zip: Phone:

Email:

For additional information or to participate in this sponsorship opportunity, please contact Karen at rvla7410@gmail.com. Thank you for your support!

Bronze Star Recipient Shares War Memories

At a Tunkhannock Club As- land and then to the war line in Il activities that earned him a and not good conditions. bronze star. Norm wore his military shirt from the war, which could still fit him beautifully with all his Dutch German and asked him medals, including his bronze to be his company runner. Their star. Norm made light of the ac- unit was called to support antivities that earned him this other unit that needed help and medal.

country and was drafted in 1944 Norm to stick with his sergeant. as an 18 yr old farm kid. He had He followed the sergeant up the never been more the 10 miles hill to see where the Germans from the farm. He had wanted were located. They got almost to join the army, but his father to the top when the sergeant objected. However, he drafted. He reported to the Wilkes-Barre courthouse for his tain and reported what had hapmedical exam and was then pened. He was then assigned sent to Indian Town Gap, where to someone else, who also got they got uniforms and their personal clothes were sent home. expected to live. He went to Fort McClellan Alabama for 14 weeks of concen- told him that they really needed trated rifleman and war training.

10 days at home, got on the nearby. He sent Norm to go get Queen Mary, crossed to Eng- them, but when Norm came to

sembly, senior Rotarian of 42 France, Soldiers could be on years Norm Werkheiser shared the front line for as much as 4 his memories of his World War weeks with no sleep, very cold

His Captain noticed that he speak Pennsylvania they were fired upon from a hill Norm grew up in Amish of Germans. The Captain told dot took a bullet to the head.

> Norm went back to the Capshot under his eye and was not

The Captain recalled him, help and that he knew where a Before shipping out, he had heavy weapons company was

Rotarians Spread Word at Event

nock Rotary Booth at the annual great regional foods. Tunkhannock Founder's Day Celebration.

traffic and was home to over Wine Festival.

On Saturday, June 23, club 150 specialty vendors, entermembers manned the Tunkhan- tainment, demonstrations and

The Rotary booth provided information on Rotary, the The downtown area of Tunk- Club's Projects and sold the first hannock was shut to vehicular tickets for the Oct 13 Harvest &



Norm Werkheiser speaking to fellow Rotarians.

an intersection on the road, he did not remember which road the Captain had told him to take. He went the way he thought best, found the heavy artillery and explained his unit needed help.

He then went back to his Captain and he was greeted by the Captain with a handshake and a hug, which was very, very unusual. It turned out that the actual road directions that the Captain had given him would have taken him right into a German unit, so he was surprised and relieved that Norm had succeeded in his task. So, Norm earned a bronze star and saved his unit by taking the wrong road, rather than the road his Captain had told him to take.

Norm, thank you for your service.



A new kind of Rotary fundraiser!!

Join the Rotary Club of Scranton on a 9 night Canada & New England Cruise onboard the "Anthem of the Seas" from August 23-Sept 1, 2018.

Join the Rotary Club of Scranton on a beautiful Canada and New England Cruise out of Cape Liberty, NJ onboard Royal Caribbean's Anthem of the Seas! *Anthem of the Seas*® isn't the same old song. It's a Tri-State rally cry for all the thrill seekers, gourmet globetrotters and adventure aficionados. With spaces that transform on the fly, no other ship packs in more cutting edge experiences in one single day. There's adventure to be had with **rock climbing**, bumper cars, skydiving simulator, **Casino Royale**®, and entertainment including **shows**, **live music**, plus **bars** and **lounges** that never have a cover. Don't miss out on a once in a lifetime cruise!

Ports of Call are: Boston, Massachusetts, Portland, Maine, Bar Harbor, Maine, Saint John, New Brunswick, and Halifax, Nova Scotia.

Included in the rate is roundtrip bus transportation to the NJ Pier from Scranton, South Williamsport, Avis, Wellsboro and Stroudsburg.

For a detailed brochure, check out <u>www.scrantonrotary.org</u> or email Margaret McCormick at <u>mmccormick@aaanorthpenn.com</u>.

Anyone is welcome to join us! Pass it on!

Mini-Libraries for Tunkhannock

To promote literacy in our community, the Tunkhannock Rotary has installed five free mini-libraries in the Tunkhannock area. The libraries were built by Norm Werkheiser and the project was led by Marta Kovacs-Ruiz. The first library was installed outside the Wyoming County Cultural Center at the Dietrich Theater (photo below).

Additional mini-libraries have been installed at: Creekside Gardens, Lazybrook Park, Eaton Hills and Susquehanna Apartments.



Norm Werkheiser and Marta Kovacs-Ruiz at one of Norm's mini-libraries.

SEE, "MINI-LIBRARIES," PAGE 13.

Rotary Club of The Abingtons

They're Celebrating the Fourth on the Third

BY EILEEN CHRISTIAN

The Rotary Club of the Abingtons will once again provide community entertainment in an outstanding fireworks display to celebrate the birthday of our nation on July 3, 2018. It is our thirty-second year to deliver this gift to our community.

The Abington Heights Middle School grounds will be transformed to house the event. Rotarians will start setting up early in the morning in preparation for the night. Starting at 6:00 P.M., vendors will have their tents set up to sell all kinds of picnic foods. Traditional holiday eating, like hot dogs, hamburgers, fries, ice cream and lemonade will be enhanced with specialty items from food trucks. Novelty hats and light ropes will be available for purchase at the Rotary tent. The Abington Lions Club has joined this celebration for many years. They offer picnic food for tracts are signed so the food many vehicles coming on counsale and use the proceeds as a fund raiser for their own good ready to serve to the public in same time. deeds.

Rotarians have been hard at raising for this event under the direction of Rotarian Jim Hambrose, chairman. Solicitation ago to area businesses and money to defray the cost, the fireworks. A donation of \$5.00



must be in place and ready more than that. when dark comes to shoot off the rockets and light up the personnel from throughout the contacted by Rotarians, con- also for directing traffic of so offerings will be in place and try roads into one place at the an attractive portable venue.

work throughout the winter fund parking about 2000 cars on the can lie on blankets while gazing fields that surround the Middle with Ooohs and Ahhhs as the School. Our Rotarians turn into dark night is lit with a profusion parking lot attendants and do of swiftly moving colored lights, letters were sent out months their best to insure that cars blasting away the cares of the and trucks are parked to give day and marking the light of a many responded by donating everyone a good view of the new day. largest of which is the fireworks will be asked of each vehicle.

themselves. Trained personnel Last year many responded with

Police, firemen and EMT night sky while insuring that no Abingtons will be on hand not one is hurt. Vendors are also only for emergency care but

The event itself brings our No easy task at the event is community together for fun. We

SEE, "FIREWORKS," PAGE 20.



Guest Speaker Addresses Local Opioid Crisis

At the May 31 meeting of Tunkhannock Rotary, Dr. Michael Coye was guest speaker. Dr. Coyer is a graduate of the University of Scranton and Rutgers Univ. He has been a forensic chemist for 27 years for Lackawanna County.

Dr. Coyer began by praising Tunkhannock Rotary's Drug Take Back Outreach Program for taking lots of drugs off the street (over a ton).

He remarked that many overdoses (OD) are due to prescription drugs, although cocaine is coming back since new regulations are impacting doctors giving chronic pain medications.

So, some people are self-medicating for depression and pain with street drugs. Or they are getting drugs from doctors to treat their pain. For a root canal, they will give you a prescription for 20 Vicodin. Pain management is its own business now.



Tunkhannock Welcomes Newest Member at June Luncheon

At the June 21 Luncheon, District Membership Chair Ron Furman inducted Terri Detrick as the newest member of the Tunkhannock Rotary. Club Terri is very active in the community and is a financial advisor at Lincoln Financial Services in Tunkhannock.

Terri was sponsored by Secretary Carol Ziomek. In photo above Terri (second from left) is welcomed by (from left) Carol Ziomek, President Samantha Maruzzelli and Membership Chair Ron Furman.



Dr. Michael Coyer, forensic chemist for Lackawanna County

For shoulder surgery, you can be prescribed 60 Oxycodone. But some people crush it, heat it up and inject themselves. People can die from it.

Fentanyl patches are used for chronic pain and terminal diseases. It is 100 times stronger than heroin. People are now taking the patches and they are smoked and/or chewed. Fentanyl varieties are being made in China and they ship it to the U.S. in the mail. People are dying with the needles still in their arms.

Statistics Confirm Opioid Crisis

The opioid overdose statistics have changed over the years. In the 1990s, there were overdoses one to three times a month, but now once every three days, Dr. Cove told the group.

Different people metabolize drugs differently and that is contributing to the deaths due to genetic differences between people at the same drug dosages.

Dr. Coyer urged everyone to get and understand the information on the drugs that you are taking. He also urged everyone to learn what is being done to combat the opioid crises in our area and the nation.

July 3rd Fireworks

Tunkhannock High School Athletic Field Gates Open at 6:00PM

> POPSTAR DRIVE (formerly amRadio) 7:00PM till 9:30PM

Food Stand Open! Hamburgers, Hotdogs, Sodas & More! Operated by the Tunkhannock Senior Class

Sponsored by: BP Wind Energy • Ron Andrews Peoples Security Bank & Trust



The Rotary Club of Honesdale

Club Gets Early Start on Inducting New Slate of Officers

Honesdale Rotary has a new president for the next year: Dolores Leopardi, office manager for Koberlein Environmental Services. Leopardi was installed June 12 during a dinner event at Woodloch Springs. In accepting her role, Leopardi, who joined the club five years ago, told her fellow Rotarians, "I'm honored to be president, but I want you all to know that no one, including the president, is more important than any of you."

The club also announced several other new officer designations: Andy Chapman, president-elect/vice president; Beth Latour, 2nd vice president and Rory McGhie, sergeant-at-arms. Kay Reynolds retains her role as club secretary and Larry Caruth remains the treasurer.

The dinner, orchestrated by club member Jim Mould, included many other awards and the installation of two new members: Heidi Goyette and John Block.

Outgoing President Stephen Moulton, Business Operations director at the Himalayan Institute, was awarded a Paul Harris Medal for service. He noted in his remarks that he enjoyed his tenure as president and felt "much had been accomplished, including instituting one night meeting a month to



Shown from left are New Honesdale Rotary President Dolores Leopardi; President-elect and 1st Vice President Andy Chapman; 2nd Vice President Beth Latour; Secretary Kay Reynolds; Roger Mattes, Rotary District 7410 Governor-elect; and outgoing Honesdale Rotary President Stephen Moulton. Missing: Treasurer Larry Caruth; Sergeant-at-arms Rory McGhie.

encourage working people to gency Food Pantry and more. join Rotary."

A local community activist, Fulp, was also honored, for his Sharon Herzog, who is not a continuing work with the junior Rotarian, was given a special Rotary club, Interact, at Hones-Paul Harris Award for her work dale High School. with local schools, the Emer-

A former Rotarian, Brian

MINI-LIBRARIES...

CONTINUED FROM PAGE EIGHT.

Tunkhannock Public Library and they also wanted to construct its Executive Director and Ro- and install mini-libraries in their tarian Kristin Smith-Gary for the town. donation of some books for the mini-libraries from their surplus tarian Ron Furman told the Club books collected, but not sold, at about this proposed project and their periodic book sale fund- the Tunkhannock Board of Diraisers.

at the Dietrich Theater, the Boy out this literacy project.

The Club is grateful to the Scouts of Mehoopany decided

Mehoopany resident and Rorectors voted to fund the sup-After seeing the mini-library plies for the Boy Scouts to carry



The Rotary Club of Hazleton

New Hazleton President Strives to Inspire

Katherine Oh was installed as the 98th President of the Rotary Club of Hazleton at the annual Presidents Party held at the Valley Country Club on June 27, 2018.

Kathie has been a member of the Rotary Club of Hazleton for five years and she was sponsored for membership by Mary Celeste Kosko.

Oh's Rotary activities have included service as the Club President-Elect, Rotary Project Committee Chair, Kids Holiday Shopping Spree Chair and board member. She has been involved with the spaghetti dinners, distribution of dictionaries to areas third-grade students, Kidz Coatz, Night at the the Beer and Wine Races. festival and often serves as hostess for the weekly meetings.

When asked what her goals for the club would be, Kathie stated:

"This year's Rotary theme is 'Be The Inspiration' and I believe the goals of the Hazleton Rotary Club for the upcoming fiscal year should be to see that we are answering "yes" to each of our "4 way test" questions as we plan and complete each of our community services and projects.

The Rotary 4 Way test asks:

First: is it the TRUTH? Second: is it FAIR to all



Katherine Oh was installed as the 98th President of the Hazleton Rotary Club on June 27th.

concerned?

Third: Will it build GOOD WILL and BETTER FRIEND-SHIP?

Fourth: Will it be BENEFI-CIAL to all concerned?

If we can answer "yes" as we complete each service or project, then we can "Be the Inspiration" needed to best serve the Greater Hazleton Community and we will have met my goals as Hazleton Rotary President for the upcoming year."

Kathie graduated from Toms River North High School, Tom's River, New Jersey. She is married to Ting Oh and has two sons and two grandchildren.

She was one of the recent recipients of the YWCA Pearl Award. Kathie also actively volunteers for the Greater Hazleton Area Chamber of Commerce and also sponsors the Valley Vets VFW Post 8161 Golf Tournament each year which helps local Vets.

She is the co-owner, along with husband Ting, and Marketing Director of Fyzical Therapy & Balance Center, 1077 North Church Street, Hazle Township. Their facility opened at this new location in the fall of 2017.

Kathie officially takes over the reins of the club on July 1, 2018. Other officers and Board members will be: President-Alan Whitaker; Vice Elect. President, Gary Lawler; Recording Secretary, Lani Drobnock; Treasurer, Pat Owens; Sergeant-at-Arms, John Schwear and 1st Past President, Toni Christman. Members of the Board will be: Tim Genetti, Gene Dougherty, Jim Kelshaw, Tom Lagana, Joe Lettiere, Carla Thaller, Kim McNulty, Jason Brenner, and John Beltrami. Pat Korb will continue as Publicity Coordinator.

For more information on Rotary Club activities, go to <u>www.hazletonrotary.org</u> and the Rotary Facebook page, Rotary Club of Hazleton.

Save the date, Saturday, August 25th for the annual Hazleton Wine & Beer Festival, 11:00AM-6:00PM, Hazle Township Babe Ruth Field, Hazle Township Boulevard.



The Rotary Club of Wyalusing

Busy Izzy Reluctantly Bids Adios to Wyalusing

He was known to everyone as Izzy, thanks to a football coach who couldn't pronounce his name. That is understandable because his full name is Ismael Mateo Butron Carvajal and he came to Wyalusing as an exchange student from Oruro, Bolivia.

A late-May meeting focused on Izzy's year since it was his last meeting with the club. He talked about how he was shocked upon arriving because he wasn't expecting it to be so rural. He recalled the interminable drive through the wilderness to get to his new home. He quickly adjusted and came to enjoy rural and small town living.

Izzy wasn't shy about participating in many activities that were new to him. His favorite was basketball, where the highlight was bringing everyone to their feet when he sank a three-point shot. He also played football and sang in the chorus.

His did miss playing tennis and soccer, even though he made it a point to bring his tennis racket. Wyalusing does not have either tennis or boys' soccer in its sports programs.

He was particularly grateful to his host families— Elaine and Chris Poost and Carmen and Eric Eberlin. The Eberlins' son, Scott, became a close friend.

Izzy had to return to Bolivia early, before graduation here, in order to take tests for college admission. He would like to participate in one of Rotary's short exchanges to another country and learn another language.

He was active in school activities and willing to try new things and events like donkey basketball. He was popular with the students at Wyalusing and loved to get together with other exchange students in District 7410.

There was a presentation of an engraved key ring with Wyalusing Area Rotary



Izzy Butron attended his last meeting with the Wyalusing Rotary Club in late May because college testing called him back to Bolivia. Izzy had hoped to stay for Wyalusing Valley High School's commencement on June 12., He felt better when told the Rotary Club would send him a DVD of ceremonies. He is shown with Wyalusing Rotary President Wes Skillings.

and his name on it. The club will also be sending him a copy of the DVD of graduation and one produced about the Class of 2018. Graduation ceremonies were also live-streamed on the school district website and Izzy was planning to check it out from Bolivia.

Club members assured him he was always welcome to return to Wyalusing and that he could count on our hospitality and a place to stay.

Izzy handed out pins representing Bolivia to club members that he made and designed with his mother's help.

Ambulance Gets Rotary Backing for Rescue Annie

Tunkhannock Rotary is applying for a Rotary District Grant to buy a QCPR Rescue Annie and Baby System for the Tunkhannock Ambulance Association. This system includes new mannequins that will be used to train people on cardiopulmonary resuscitation (CPR).

Training officer Amy Markovitz and Ben Hall are EMTs with the TAA and spoke at a recent Rotary luncheon.

TAA's coverage area includes 6,000 residences. They provide EMS and rescue services for the county and neighboring counties as needed, particularly since some areas do not have paid daytime employees. Their mandate also includes community training; thus they provide classes for police, churches, boy scouts and many community organizations.

For successful rescue by CPR, chest compressions are what they need to do first, although mouth breathing is also important. Three minutes after a cardiac emergency, you start to see brain damage. Compressions alone can save them or sustain them until EMS arrives.

Training is very important since it builds muscle memory. CPR training for EMS personnel is done several times per year, so they have good reaction time and muscle memory. Compressions need to be to the

right depth to be successful and increase the survival rate.

Ben demonstrated CPR using their current old mannequin, where they can only see visually if one is doing it right. They use the song "Staying Alive" to get the right tempo for the compressions.

Then Ben did the same demo with the new QCPR baby mannequin that they had borrowed. They showed what feedback they get on the computer monitor including: how good they are, compression demonstrating the rescue baby depth, compression rate, hand placement and other salient vival with CPR, but only 8 perfacts. Amy quoted some statis- cent without CPR, underscortics regarding heart incidents ing the importance of CPR that indicated a 57 percent sur- training.



Amy Markovitz and Ben Hall mannequin for the QCPR System.



Plains Rotary Community Service Award

The Plains Rotary presented its annual community service award to an eight-grade student at Plains Solomon Junior High School. The award is named in honor of the late Plains Rotarian and Plains Chief of Police Roland Biscontini. Rotarian Roland was a strong believer in giving back to the community and helping people in need. The 2018 recipient of the award is Grace Lehman. Grace was presented a certificate and a check for \$250. Pictured with Grace are Plains Rotarians Past District Governor Paul Muczynski and Plains Rotary Community service chair Gino Bartoli.



The pleading note and President Samantha with her new substitute "gavel"

Mystery of the Missing President's Gavel

It is a tradition in Tunkhansom. Previous Presidents have her wayward gavel (created by tried various methods to hold Glenn Holcombe), which inonto their gavels, such as, cluded a pleading note and a wearing them on a string around their necks, wearing them in a necklace wine glass holder, hiding them after use in putting them in the back pocket of snug fitting jeans.

For a while, it looked like President Samantha Maruzzelli might be the first President in the last 5 years to hold onto her/his gavel until the end of their term. Although Pres. Samantha tried very hard to protect her gavel and managed to hang onto it until mid-April, it disappeared at a Rotary meeting while Samantha was distracted in conversation with a member.

nock Rotary to attempt to gavel eon, Pres. Sam was presented by Glenn). The slide show can -nap the current President's with a humorous slide presen- be viewed here for those intergavel and hold it for ran- tation regarding the activities of ested.

At the Apr 26 Rotary Lunch- substitute "gavel" (also made

According to the slide show,

SEE, "GAVEL," PAGE 21.

D.A.R.E. Students Graduate

On Friday May 24, approximately 200 fifth graders in the their briefcases or handbags or Tunkhannock Area Middle School graduated from the D.A.R.E. (Drug Abuse Resistance Education) Program.

> The D.A.R.E. program is a police-based course meant as a class-room experience to teach students good decision making, helps them define problems and make responsible/good choices at a young age. The course provides practice responding to good and bad pressure, including peer pressure, and teaches them how to be a positive peer pressure for their families and friends. They also talk about communication styles and how overwhelming electronic communication can be for them, including cell phones.

> It can be hard for kids to get up in class and discuss things, but the DARE class provides a safe place and they learn that they need to respect each other if someone else is talking.

> > SEE, "D.A.R.E.," PAGE 21.

Former Exchange Student Back in U.S. to Study

Frank Yu was our 2015-2016 inbound exchange student from the is not as much fun as Tunk-June 14 then transfer to four-year Univer- wan. sity.

ates.

Frank commented that Seat-Taiwan. He was visiting Tunk- hannock, since he has to study hannock on a short one-week and doesn't have much free visit to friends he made during time. He will be doing a summer his exchange and came to our course for July & Aug, then he Rotary Luncheon. goes back to Taiwan at the end Frank is studying in a Commu- of Aug. It has been almost a nity College in Seattle and will year since he was back in Tai-

When he first arrived, he He wants to study Interna- stayed with a host family for 6 tional Business or Marketing, months in Seattle. He moved His parents have a business and out 1 month ago and now rents they want him and his brother to a room in a house, is independ- Exchange Student from Taiwan, help them out after he gradu- ent and he says he is a good cook.



Former Tunkhannock Inbound

He sent his regards to everyone from our District that he met during his exchange year.

AWARDS...

CONTINUED FROM PAGE FOUR.

area school districts, as a Student of the Year for 2018. The criteria utilized for this recognition are academic excellence/ diligence, and significantly, Rotary's motto of "Service Above Self".

Each recipient is chosen by committee at their school district.

Also recognized were this year's Essay Contest winners. Three essay contest submissions were chosen of the dozen presented to the club. Of those three, Alexa Stanley of the Blue ence" essay to the crowd of 30 Ridge School District placed plus Rotarians and guests. Asthird at the District 7410 level.

award winning "Making a Differ- recognition and award.



sistant Governor Norm Kelly Alexa Stanley read her (above) presented Alexa her



FIREWORKS...

CONTINUED FROM PAGE NINE.

You could pack up your family, take a long ride and go away for the Fourth of July. How much better is it to come to our local celebration, meet old friends, walk through the grounds, eat fun foods; buy and wear a funny hat, slip light ropes around your kids' necks and then lie on your own blanket with your family and enjoy this home town celebration.

It's the Fourth on the Third. Do come.

Plenty of Paul Harrises Presented

At recent Tunkhannock Rotary meetings, Club Rotary Foundation Chair Al Noble and President Samantha Maruzzelli presented PHF+1 pins to Barbara Tourscher and Ann Way, and a PHF+2 pin to **Bill Milligan.**

n addition, President Samantha Maruzzelli personally recognized Vice President Ryan Visneski (below) as a new Paul Harris Fellow for his assistance and friendship to her, especially during her Presidency



GAVEL...

CONTINUED FROM PAGE 19.

her gavel 'borrowed' her credit card and flew business class to Monte Carlo. While there, her gavel enjoyed luxurious food, wine and hotel accommodations, the beaches and games of chance in the Casino, exhausting kids about the good and bad tion ceremony, each student Sam's credit card. Now homeless and things that happened to wore the D.A.R.E. t-shirt on a park bench, the sacred gavel was them in class. pleading for money to fly coach class home to Samantha.

A collection was taken up at the Community Resource Officer June 28th Installation and Awards Ban- Rich Seaberg teaches the read the winning essay and quet to help President Samantha re- course. He has taken Max, was presented with a \$100 trieve her engraved gavel, so she can the community service dog, check courtesy of the Tunkhave it to finish out her term. The whose training Rotary has hannock Rotary. money collected will be donated to the Rotary Foundation.



Paul Harris Trio: Barbara Tourscher, Ann Way and Bill Milligan

D.A.R.E...

CONTINUED FROM PAGE 19.

They also learn to avoid helped selves out of, especially a things, creepy alleyway.

mentor program where high their shoes and then they go school students go to the hide. Max smells their shoes Middle School and discuss and she then finds them in topics directly with the kids. their hiding places. The 5th graders will talk about things with the men- presented Rich Seaberg with tors that they may not dis- a check for \$1,500 to fund cuss with teachers. The the graduation t-shirts and mentors also talk with the essay prize. At the gradua-

nock Area School District back.

underwrite. to risky situations and to never D.A.R.E. classes and the put themselves in a situation kids love to have her there. where they cannot get them- She can find drugs and other including people. They will go outside, the There is also a D.A.R.E. D.A.R.E. mentors take off

Earlier this year, the club which acknowledged the Rotarian and Tunkhan- Tunkhannock Rotary on its

The essay contest winner

You're All Invited to this Zone Conference!

September 20-22, 2018, we will be holding the first ever Zone 24/32 Conference. Oh wait you say, we've had Rotary Institutes for years. Right you are. So what's the difference? This event is open to ALL Rotarians. Past Officers, incoming officers, current officers, AG's, district Rotarians, club Rotarians. Everyone!

Why you might ask? It is our belief and experience that non governor types get incredibly motivated, energized, and engaged when they can interact and engage with you who are more experienced and have a different knowledge base (possibly higher Rotary IQ) and skill set. We've seen it over and over. So now we're going to get intentional about it. We're eliminating the silos and allowing for and encouraging growth through collaboration.



That will only be successful if YOU are there...

It doesn't matter how long ago you were Governor. We want you back. It doesn't matter how long it has been since you've been to a Zone event, we want to celebrate you. We stand on your shoulders. All of us do. Welcome back. Welcome home.

I am simply the Convener. There is an extraordinary team of people planning an outrageously exciting event. This is YOUR event.

So, go to: https://portal.clubrunner.ca/50077/sitepage/2018-montreal-conference/conferenceschedule and see what the program looks like.

Register and join us in Montreal.

Encourage others from your Governor's Council, District, and Clubs to join you.

The early bird discount ends <u>June 1st</u> so act NOW. We look forward to welcoming you to Montreal....and celebrating you.

> Sincerely, Jeffry Cadorette Incoming Rotary International Director

Students Give Appraisal of Leadership Program

Every year, Tunkhannock Rotary sponsors a student to attend the Hugh O'Brian Youth Leadership Program. The program was developed by the late actor, Hugh O'Brian. This year the gathering was at Shippensburg University on May 17-May 22.

At the June 7 Tunkhannock Rotary meeting, the Club heard from HOBY participants Emily Stanski and Elizabeth DeMarco, who will be one of our outbound short-term exchange students this summer. The top 10 percent of their class was invited to apply. They wrote an essay on their leadership qualities and two winners were selected.



Emily Stanski (left) and Elizabeth DeMarco talk about HOBY.

Emily and Elizabeth talked about their experiences at HOBY, where they assessed and then enhanced their leadership skills with seminars, games, cheers and participation in community-based programs.

On Friday, they went to the

Harrisburg Capital building and heard from a former HOBY Ambassador, Rep. Kate Klunk, who is in the legislature. They were divided into groups and into minority and majority parties and considered different laws. They had a mock legislative session in the house and voted on the proposed laws.

Sunday was a wrap up and life after HOBY. They were challenged to do 100 hr of service in the year following their HOBY to win awards for different levels of service.

They both felt that the best part of the program was the service projects and meeting kids from other parts of the state.

Rotary Club of North Pocono Speakers Visit Club



North Pocono Rotarians Diana Oliver-Hiller (left) and Joyce Foytack flank Robert H. Angeloni, President of the Nativity School. Ann and David Hawk have played integral roles in founding of the school. Its enrollment will increase from 34 to 58 students next year as a tuition-free school.



Gerard Hetman, NP Rotarian Joan Foytack and Bill Davis, after Hetman and Davis reported on the progress being made on the Rails To Trails coming to the North Pocono area in a very informative presentation.

North Pocono Installation

PDG Bill Hiller installed North Pocono officers on Thursday June 28, 2018

Diana Oliver-Hiller, President

John Boos – Vice President

Mary Mychayliw, Secretary

Jane Martini-Kraynak – Treasurer

Linda Wright – Director (Community)

Joan Foytack – Sgt.-at-Arms

Kevin Duffy – Director

New Rotarians

Mountaintop
Newfoundland
Stroudsburgs

Tunkhannock

Honesdale

John Block Heidi Goyette Sherry Grandinetti **Rory McGhie** Justin Weber Thomas Komarek Rodney Arbona John Jeffries Kin Roberts **Rosemary Brown** Barbara Lunici **Krista Somers** Terri Detrick Wyalusing Area Wendy Gaustad



District 7410 - 2017 Club Data

Club	Total	New	Attend %
	Memb.	Memb.	
Abingtons	49		36.96%
Athens	7		05.450/
Blakeslee	12		65.45%
Dallas	44		
Dunmore	16		80.00%
Forest City Area	13		61.50%
Freeland	5		
Hamlin Lake Ariel	29		(= 0.00)
Hawley	22		47.00%
Hazleton	78		36.27%
Honesdale	39	4	
Jim Thorpe	24		50.00%
Kingston	21	<u> </u>	63.00%
Lehighton	9		
Mid-Valley	2		100.00%
Milford-Matamoras	32		
Montrose	12		
Mountaintop	26	1	
Mt. Pocono	18		
New Milford	18		
Newfoundland	35	1	79.55%
North Pocono	17		
North Scranton	27		66.00%
Pittston	18		28.00%
Plains	17		60.00%
Plymouth	21		
Pocono Mountains	17		60.00%
Sayre	19		62.00%
Scranton	38		0.00%
Slate Belt Rotary	21		60.00%
Smithfields	21		56.70%
Stroudsburgs	106	6	53.48%
Towanda	12		
Trail	16		
Troy	22		
Tunkhannock	71	1	44.69%
Weatherly	10		
Wellsboro	44		
West End	16		
Wilkes-Barre	30		
Winola	11		
Wyalusing Area	23	1	45.00%
Wyoming Rotary	21		49.00%

District 7410



President – Rotary International 2017-2018 Ian H.S. Riseley (Victoria, Australia)

District Governor 7410 - 2017-2018

Karin-Susan Breitlauch PO Box 700 402 Garfield Way, Saylorsburg 18353 Email: <u>ksbvet@ptd.net</u> 610-390-0351

District Officers

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Karen DeMatteo, DGN 2019-2020 Email: karenandrotary@gmail.com

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District Treasurer John Regula (The Abingtons) Email: johnregula@aol.com

Newsletter Editor/Public Image Wes Skillings (Wyalusing) Email: wes@skillunlimited.com

Administrative Assistant Newsletter Publisher & Webmaster Brenda Allen Phone: 570-767-1187



Assistant Governors by Cluster

1. Nancy Brittain (Sayre) <u>nbrittain@stny.rr.com</u> Athens, Sayre, Towanda, Troy, Wellsboro

2. Norm Kelly (Tunkhannock) <u>normkelly@sbcglobal.net</u> Forest City, Montrose, New Milford, Trail, Tunkhannock, Winola, Wyalusing

James Pierce (Hawley)
<u>Maryandjim.pierce@gmail.com</u>
Hamlin, Hawley, Honesdale, Milford-Matamoras,

Newfoundland

4. Bill Skinner (Slate Belt)

skinww@gmail.com

Blakeslee, Mt. Pocono, Pocono Mountains, Slate Belt, The Smithfields, The Stroudsburgs, West End

 Paul Brenner (Mountaintop) paul.brenner.54@gmail.com

Freeland, Hazleton, Jim Thorpe, Lehighton, Mountaintop, Weatherly

6. Joseph Loughman (North Scranton) <u>ctssm@epix.net</u>

The Abingtons, Dunmore, Mid Valley, North Pocono, North Scranton, Scranton

 John John, (Pittston) johnj@goldenbusiness.com
Dallas, Kingston, Pittston, Plains, Plymouth, Wilkes-Barre, Wyoming