

News from District 7410



Letter from the District Governor

Fellow Rotarians of District 7410:

One of the major benefits of my travels around the district is learning about new ideas and creative approaches that clubs are employing to better serve their communities and members. Those of you who have heard my presentation at one of the official governor club visits will know how strongly I feel about clubs taking a deep look at their members' strengths/skill sets, and then using the results for the good of the club and community. Here are three very different examples of what I've seen in August.

This year, Sam Alecci, president of the Newfoundland club decided that he wanted to add a bit of fun to the weekly meetings, while also providing an opportunity for members to learn more about their fellow Rotarians. So, each week, assisted by Rotarian Laurie Hazzard, Sam selects one club member to profile, but turns it into a guessing game for the club. Seven clues that describe some attribute or fact about the member are read, one at a time, giving the club ample chances to guess who the "mystery Rotarian" is for that week. When correctly identified, or when the clues are exhausted, a profile sheet, complete with photo of the Rotarian, is distributed to the attendees. As an added benefit, by the end of the year, every member will have been spotlighted, and the club will have a great booklet of member profiles. Great idea, Sam!

Launching a new fundraiser can be a challenge, but less so when a club has a member who can provide the needed information on how to plan and execute the event. As a runner, Matt Geer, club secretary for the Troy club, did just that by supplying his knowledge of how to pull off a successful race.

To make the event more compelling for the running crowd, the club took advantage of last month's blue moon and held a midnight, 6K "Big Pond Blue Moon" race, which turned out to be a solid success. In another twist, the race was also a "prediction run" in that the winner was the first person to cross the finish line after midnight, not necessarily the runner with the fastest time. Congratulations to the members of Troy who were willing to try something new and provide a unique experience for area runners in this beautiful section of our district.

The Rotary Club of North Pocono doesn't lack for ideas, but president, John Boos,

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... and Club events past and upcoming throughout District 7410 from The Abingtons to Wyoming



Be a gift to the world

Continued from Page One.

He wanted to find a way of capturing members' ideas about service projects and fundraisers in a more formal way. The objective was not only to have members' ideas written down but also to have the proposer do some thinking about such things as number of people needed to plan, staff, and clean up the event, and, of course, the associated cost estimates. Using his business skills, John designed an easy-to-use "Proposal for Projects and Fundraisers" form which now makes his board's job easier in evaluating potential new club projects.

Thanks to all Rotarians visited in August for sharing their ideas and projects with me.

Rotarians Totally Rock!

Yours in Rotary,
Barbara B.

Mark your Calendars... for October Foundation Event!

Keynote Speaker: David C. Forward, District 7500 Governor, and author of "A Century of Service – The Story of Rotary International."

Also, this event will honor our longest-serving Rotarians. Service pins will be given to all members who will be marking their 25th, 30th, 40th, 50th, 60th or beyond service anniversaries during the 2015-16 Rotary year. Make plans now to attend.

Ask your club secretary to check your data in our district database for the field labeled "Date Joined Rotary." If it is incorrect, please have them update your record, and contact DG Barbara.

RSVP at: <http://2015-foundationevent.splashthat.com>

We're Looking for Some Standouts "In Our Midst"

For the October newsletter and future editions, we'd like to start a column entitled "In Our Midst..." where we spotlight some of our Rotarians who, in addition to their day job, also engage in a creative "after hours" labor of love. For October, we'd like to focus on published authors - - fiction or non-fiction stories, or poetry. Don't be shy! Please send editor Wes Skillings a brief paragraph on your writing career and information on your latest publication.

As a heads-up, here's what we'd like to target for future newsletters:

November: Musicians, including composers, lyricists, performers

December: Fine arts – any media and hand-crafters

January: Performers (other than musical) and Public Speakers

February: What do you think? How about entrepreneurs or Rotarians in public service on school boards or county and municipal government?

Send all information to Wes Skillings at skill@epix.net or contact him with your questions.



You Can 'Change the World'...

My pocket change and the penny I found outside Ray's Supermarket in Factoryville went in the Trail club's "Change the World" jar during my visit. So, how's your club's collection going? Several clubs have reported that they've filled their first jar already, emptied, counted and deposited the funds, and are on their next "fill". For an added boost, a couple of clubs displayed their "Change..." jar at a club event, which gave them the opportunity to talk to visitors about the End Polio Now campaign and other projects that our Foundation supports. As a reminder, the choice of where to direct the proceeds at the end of this Rotary year, whether to the Annual Fund, or Polio or other TRF campaign is totally at the discretion of the club. Small effort... large impact!

--DG Barbara

More Rotary Briefs and items from our District Governor on the following page...

Calling all Clubs! Dues Countdown Begins

Just a reminder that both RI and District member dues are now payable within 60 days of receipt of invoice. While our members rarely see the behind-the-scenes inflows and outflows that our District Treasurer, John Regula (The Abingtons), has to deal with, needless to say he has less sleepless nights when dues have been paid and funds are available to pay our district expenses.

On a more serious note, clubs that do not meet the dues obligations to RI and District can find themselves losing their "in good standing" designation, necessary for the privilege of such things as submitting district grant applications, voting on the annual budget, and nominating members to serve on district committees such as the Nominating Committee, responsible for selecting the next person in the Governor-track. The timely payment of RI and District dues is the simplest way for any club to save themselves a headache and maintain their "in good standing" designation.

Can't remember if RI dues were paid? No problem - - Club officers can log on to www.rotary.org, select Manage/Club Administration, and run the "Club Balance" report. Questions on District Dues? Email District Treasurer John Regula at johnregula@aol.com. John has a few tips of his own in his introduction in this issue.

Pointers on Paul Harris Recognition Competition...

Want to be one of the seven clubs that are given 1,000 Paul Harris points to award someone in your community?

Read the flyer in this newsletter and see how your club can compete. PH Recognitions will be presented on Friday, April 29th, 2016 at the District Conference, but competition for the awarding of points begins in September. Idea – Take a club or board meeting to discuss this opportunity to honor someone in your community who exemplifies a life lived in "Service Above Self."

Rotarians Prove to Be Creative Volunteers

No, it wasn't road clean-up, but something more cerebral! Thanks go to the following Rotarians for their assistance in reviewing and editing the just-released **District Short Story Contest** documents:

Roger Mattes – The Abingtons

Nialiah Morris-Love – Blakeslee

Leah Ducato Rudolph – The Abingtons

Carolyn Wilston – Troy

A | documents for the Short Story Contest have been sent to club presidents and secretaries and are also available for download from our District Website.

Login at <http://portal.clubrunner.ca/50202> and click on New Generations / Essay & Poster Contest to access the club and school files.

And, yes, there's a page-size poster here herein if you'd like to know more.

Rotarians Teaming with Operation Honduras Volunteers

The week of Feb. 11-18, 2016, will see a team of District 7410 Rotarians spending a week in the San Pedro Sula area of Honduras, teaming with the Operation Honduras volunteers and also visiting an orphanage and the San Pedro/Sula Rotary Club to gather information for a potential global grant project. This trip is funded by District grant funds and the traveling Rotarians.

Additionally, Rotary Clubs that cannot send members have offered their financial support which will go towards the purchase of general hygiene and dental supplies for the areas being serviced this trip by the Operation Honduras team. Any club making a \$100 or higher donation to this district service trip then qualifies as providing assistance for an international project - -one of the criteria in this year's Presidential Citation. Deadline for your club's donation: January 8th, 2016.

For more see the Honduras Service Project-description flyer in this newsletter.

Tasting Wine and Craft Beer at Hazleton Festival

The Hazleton Rotary Club held its 4th Annual Wine and Craft Beer Festival on Saturday, August 15, Genetti's Catering, Hazleton. All proceeds benefit Hazleton Rotary Club community service projects.

Thanks to Festival Chairperson Dorothy Anderson and her committee for a very successful day. Kudos to DBi Services, Festival Master Level Sponsor

and all the other great sponsors. Sincere appreciation to all the volunteers and everyone who supported this annual event.

Job well done!

The Rotary Club of Lehighton



District 7410
February, 2016

International Service Project

Have you ever wanted to truly and personally help those most in need in our world? Well, here is your opportunity. Led by the Rotary Club of Lehighton and in partnership with Operation Honduras, a team of District 7410 Rotarians will travel with this extraordinarily successful operation (for 18 years!) to bring the gift of hearing, medical services, and sweat-equity (i.e., building projects) to this impoverished country.

The objectives of this week-long trip are as follows:

- to help finish partially-complete service projects, including work begun on new school, delivery of medical and dental supplies to local orphanages and impoverished communities, oral surgery, and auditory testing of patients who will be fitted with hearing aids (9,500 served to date)
- to meet with members of the Sula Rotary Club for fellowship and discussions on local needs
- to find out, first-hand, the viability of constructing a global grant, and what specific assistance our District could provide

Two options for club participation:

- 1.) Become a co-sponsor of the proposed District Grant application. Cost for sending one member is \$600, with a matching amount requested in the grant, or
- 2.) Contribute a minimum of \$100 to the trip fund, to be spent "in country" on school or medical supplies, as observed by the trip members.

NOTE: Either of the above options satisfies the international project criteria listed in the 2015-16 Presidential Citation.

COMMITMENT DATE for club financial support only:

January 8, 2016

Questions? Need more information? Contact DGE Barbara at bibelon@gmail.com

Want a club presentation on the Honduran service projects? Contact Jim Davenport ophonduras.com

Want to go, but don't know how to come up with the cash? Tell your family that this would make a great Christmas, Hanukah, or birthday present!



This trip may change your life, but it *absolutely WILL* change the life of a Honduran child!



Troy Welcomes New Members

On July 16th, the Troy Rotary Club was delighted to add two new members to the club. Chris O'Connor whose classification is I.T. Consultant and Patricia Rogers who is now the resident grammarian. Pictured from left are Chris, Maureen Peterson (Pat's sponsor), Pat, and Troy Club President Preston Edsell.

From the Editor's Desk...

Ways We Can Stay on the Same Page

As you have no doubt observed, one of the changes under the direction of DG Barbara has been to get the District Newsletter to members by the first of each month. As a guy who has used Macs exclusively over more than 20 years. I'm still familiarizing myself with the Microsoft Publishing software. So there is a learning curve. What can I say? It's good to learn new things and keep senility at bay.

For starters, we have to set a deadline by which articles and photos should be submitted. Although it is not chiseled in stone, I would appreciate receiving your news, observations and photos by the last Monday of the month or five week days before the last day of the month—whichever comes first. For example, the last Monday in August was the 31st, which would obviously be a little tight for processing, editing and laying out newsletter contents. In that case, the Tuesday before (Aug. 25) would work just fine.

There are occasions when you or your club has something in the works that you'd like to get in the upcoming newsletter, but you are still waiting on some information or confirmation late in the month, possibly a photo. In that case, give me a head's up so I know it is coming and we can stretch that deadline for another day or so. There will be occasions when I will have to edit submitted copy just because that's what editor's do. I know from experience that even people who write for a living need another set of eyes to catch typos, grammar glitches and repetition. I do.

Now that we have a deadline established, there are a few other things you can help me with that will make the newsletter more readable, informative and consistent in its content:

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The Rotary Club of The Abingtons

Rotary Year Begins With Fireworks

Our official Rotary year is from July to July. New officers take hold. New plans unfold. New ideas emerge and new resolutions to be better Rotarians are affirmed.

Our New Year began with our fireworks celebration, promising to be another year of fun and service. The night of July 3 was a glorious celebration as families reunited on the Middle School grounds and laid back to enjoy the night sky to celebrate our nation's independence. Much of the fund raising we do throughout the year is just to present the fireworks. What a grand success it was as visitors and hometowners alike came together. All roads leading to the Middle School were jammed with cars coming to the event.

Our efforts to park as many cars as we can in the fields opposite the Middle School, proved to be a mammoth task as Rotarians turned into temporary traffic controllers. The \$5 fee we charge is simply to ward off some of the ever escalating expenses for this one special night. The reviews were in as the night sky exploded. Rotary's gift to the community was another success of fun and revelry.

The new Rotary International President is Ravi Ravindran from Sri Lanka.

He has chosen a theme for the year which is, *Be a Gift to th World*. It

Continued on Page Six...

The Abingtons (cont. from five)...

sounds good, even lofty and inspiring but in actuality, exactly how can an ordinary Rotarian, like I am, be a gift to the world? The theme is personal and directive, yet wide. It does say *the world*. The theme urges each and every one of us to think and analyze our own skills and talents and then it directs us to use those talents within our own club to make positive changes in our community. If each Rotary member took aim at making our community better and if each Rotary Club collectively used amazing talents and skills in the best way possible, then perhaps positive change could be seen in the world.

Our local Rotary leadership roles also changed last month when we welcomed these officers: John Regula, president; Bruce Valentine, president-elect; Laura Stephens, vice president; Janice Bevilaqua, secretary; Ken Stewart, treasurer; Ryan Campbell, Sergeant-at-arms; Deborah Kennedy, past president; Robert Veelee, past president. Our new board of directors includes: Kim Harrington, James Pravlik, Joseph Pagnani, Dave Griffin, John Hambrose and Penny Mason.

From the Editor (cont. from five)...

* tell us who is in your photos. It's not necessary for large groups, but posed photos with one to four people beg for them to be identified, especially fellow Rotarians. Club or district office titles should be used. Make sure the event or program is mentioned in at least one of the photo captions even if there is an accompanying article. Any pictures with stand-alone captions should mention the event and where it is;

* embedding photos in a Word document may have worked for emailing to others, but it would be better, for newsletter purposes, to send photos separately as jpegs with text in a separate Word document. Caption info can be added at the end with the slug (title) of the photo, and

* if possible—and it isn't always—higher resolution (250KB or better) is preferable for photos. Lighter resolution will look fine in the emailed copy, but not so much if you print it out.

We encourage more information about fellow Rotarians and, as noted elsewhere in this issue, we'll be featuring different talents among us in the coming months, starting with authors/writers in October. Had an interesting speaker or program at one of your club meetings? Share their message with us, as I did in this issue about child abuse reporting laws. All our clubs are looking for outstanding speakers.

Thanks in advance for your help.

Mary Tuthill retired as secretary of the Rotary Club of the Abingtons after many years of service. Her outstanding skills in communication have given our club new ways to share information. She has been the glue of our club, loosely weaving in news and sharing it effectively. Mary was much more than a secretary taking notes and preparing minutes. She has taken her skills as a former librarian and used those effectively to organize our club and to inform our members.

Former treasurer, Stephanie Westington, has turned over the fiscal responsibility of our club to Ken Stewart. Stephanie's tenure as treasurer was precise and lengthy. She has given up personal hours to balance our books, pay our bills and keep us more than afloat.

As I ponder the theme of this year, *Be a Gift to the World*, and search for how I can do this, I only need to look at the longevity and effectiveness that our past secretary, Mary Tuthill and our past treasurer, Stephanie Westington, gave in service. Mary and Stephanie have been gifts to our local club, long before the gift theme became an active directive. They both looked at their own skills and talents and then freely gifted them to our club and to our community for years.

The Taste of the Abingtons will kick off fund raising activities for our club on Sunday evening, Sept. 13, from 5:00 – 8:00 at the Nichols Village Inn. Chairman Laurie Stephens has announced that restaurants are signing in for their spots and the popular outside tents for cigar smoking and wine tasting will be set up in the court yard at the Inn. Rotarian Penny Mason will initiate a new event, the Chinese Auction. The hallways and rooms of the Inn will have tastes and smells and music, throughout as Rotarians turn ordinary spaces into a bazaar of exotic food stands. Tickets of \$25 for the event, can be purchased from any Rotarian or you can call me at 570 563 1171 to reserve your ticket at this very popular event.

In other Rotary news, our literacy program is constantly advanced through the exchange of reading materials at the Pocket Library, located outside of the Pocket Park on Depot Street. This whimsical, yet tiny, house has been an active spot this summer as book readers bring in books and take other books out. One book does remain in the tiny library all the time to record the signature of anyone who chooses to sign while visiting the library. If you have extra books to share, keep them in your car. When you pass the tiny library, empty shelves are easy to spot and will beckon for your books.

As the Rotary Club of the Abingtons begins its 87th year of existence and as we ponder our new theme, *Be a Gift to the World*, is it fair to say that's what we have been doing all these years?

By Abington Journal Columnist Eileen Christian...

The Rotary Club of Blakeslee

BLAKESLEE ROTARY'S FURBALL PRESENTS

HAWAIIAN
LUAU

SEPTEMBER 19TH - 6PM TO 11PM
PINECREST GOLF & COUNTRY CLUB

KARAOKE TRICKY TRAY
CARICATURE DRAWINGS
TAROT CARD READINGS

TICKETS ARE \$60.00, and include:

Full Dinner Buffet:

- Honey dipped chicken
- Grilled luau kabobs-chicken & Veggies
- All beef hotdogs, hamburgers & cheeseburgers
- Hawaiian pineapple glazed carrots
- Assorted Salads and Desserts

Cash bar - Soft drinks, coffee & tea included.

Get your tickets from any Rotary Member, call
570-620-8003 or visit
www.blakesleerotary.com
LIMITED SPACE AVAILABLE
GET YOUR TICKET TODAY

HAWAIIAN OUTFIT
CONTEST
50/50
RATTLES

All Proceeds Go Directly for the Dog Park



District 7410
October 17, 2015

2015 District Membership Event

Rotary District 7410
cordially invites

MOVIES AND A MAKEOVER

OR The 2015 Membership Workshop

October 17, 2015

King's College
139 North Franklin Street
Wilkes-Barre, PA 18711

Gathering Time: 9:30 a.m.
Movies and Workshop: 10:00 a.m. until 5:00 p.m.

Lunch provided and Parking is free

Video Double Feature
"Engaging The Next Generation in Rotary" by Michael McQueen
"Compilation of Rotary Moments from the 20's to the 50's"
by RotaryAOL!

Each participant will be able to sign up for two workshop topics, which will feature hour sessions. These will be facilitated by rotating. The topics will be:

- Creating or Updating New Member Orientation Plans-
- Strategies for Putting "Fun" into Rotary-
- Engaging Rotary Alumni-
- Strengthen Your Club through Diversity-
- So... You Want to Start a Satellite Club?-
- Creating a Signature Project for your Club-

Vivian Hudson will be joining us from New York as a facilitator again. We will also feature Bob Chavez, Cara Clement, Jim Gilbert and Karin Brettauch. Additional facilitators to be announced.

Contact: Doreen Zupstnar, Carol Zlomek at cdz@rotary.net or (570) 956-9026

Rotary   Be a gift to the world

Reserve your space right now for this not-to-be-missed seminar!

<https://7410-membership-seminar.splashthat.com/>



Upcoming Club Events

Tunkhannock Rotarians Fight Prescription Drug Abuse

The Tunkhannock Rotary's most ambitious program to try to reduce prescription drug abuse is outreach for the Wyoming County Drug Take Back Program. Drug Take Back Days (originally coordinated by the Federal Drug Enforcement Agency - DEA) take place twice a year in Wyoming County. Although the Wyoming County District Attorney's (DA) office runs this program, and is responsible for the collection, security and proper disposal of the drugs, the Tunkhannock Rotary Club helps the DA's office educate the public about this important program to clean old, expired or no longer needed prescription drugs out of people's medicine cabinets. Most abused prescription drugs come from family and friends. Any one of us could become a drug dealer and not even know it.

The program has been in operation in Wyoming County since 2010. In March 2014, in cooperation with the DA's office, a Tunkhannock Rotary committee led by Matt Pompey took responsibility for all public relations and advertisement for this program, including:

- (a) distribution of posters to local businesses to advertise the event,
- (b) public service announcements that aired over 250 times on 10 radio stations,
- (c) (newspaper articles and ads highlighting the dangers of these unneeded medications, especially for the young,
- (d) radio interviews on the program and
- (e) communications with civic organizations, Tyler Memorial Hospital administrators and church clergy who alerted their membership at

meetings, from the pulpit and in their newsletters.

Two very successful Drug Take Back Days were held in 2014 at CVS and Lech's Pharmacies in Tunkhannock and Lech's Pharmacy in Laceyville. In 2015, Lech's Pharmacy in Nicholson was added as a collection point.

When Wyoming County District Attorney Jeff Mitchell spoke to the Club on Aug 14, 2014, he reported that April 2014's Drug Take Back Day resulted in the collection of 131 pounds of drugs from people's medicine cabinets, significantly more drugs than ever before.

Detective David Ide from the DA's office credited the amazing turnout and success of the April 2014's collections to the educational outreach conducted by the Tunkhannock Rotary Club. Many people said they never knew this program existed and were thankful for all the information the Club provided prior to Drug Take Back Day. As a result, the DA's office indicated that the Club made a big difference and asked for the Club's continued educational and outreach support for this twice annual program.

Drugs Collected in Outreach

The Table above right shows that the program has been becoming increasing successful as the community outreach efforts have expanded. Since the program began in 2010, about 1,000 pounds of pills and drugs have been collected on designated collection days. The first collections cumulatively took approximately 400 pounds of prescription drugs out of people's medicine cabinets. The last three collections that occurred after the Rotary

Got Drugs?
Turn in your unused or expired medication for safe disposal
Saturday September 12 • 10:00 am - 2:00 pm
Lech's Pharmacy
Tunkhannock, Laceyville & Nicholson
CVS Pharmacy
Tunkhannock

This message is sponsored by the
Rotary
Club of Tunkhannock

For more information, visit
www.dea.gov

Collection Date	Lbs of Drugs Collected
April 2014	131
Sept 2014	162.5
May 2015	> 300

Club took responsibility for the community outreach efforts accounted for almost 600 pounds of pills and drugs, demonstrating the power of the Club collaborating with the DA's office to educate and inform the community.

The next Drug Take Back Event in Wyoming County will be Saturday, Sept 12 from 10 a.m. to 2 p.m. at Lech's Pharmacy in Tunkhannock, Laceyville and Nicholson and the CVS Pharmacy in Tunkhannock.

If your Club is interested in learning more about or participating in this important work, please contact Matt Pompey at mtpompey@epix.net

October Harvest & Wine Festival Returning to Tunkhannock

Plans are being finalized for the 8th Annual Harvest and Wine Festival to be held Oct 10 at Lazybrook Park in Tunkhannock. The Festival attracts approximately 60 wine, food and craft vendors. Music is provided throughout the day by two alternating bands, amRadio and The Idol Kings.

Sponsorships from local businesses and corporations help defray the expenses for this event in addition to the proceeds from ticket sales. Each attendee also receives a complimentary wine glass etched with the name of the wine glass business sponsor.

The Club also uses the Festival to promote information on Rotary and sells Polio Plus purple crocus pins.

Pre-Festival tickets are sold at a discount (\$20) from the ticket price at the gate (\$30), so it is most economical to buy tickets prior to the event either online at or at several local locations. Designated driver tickets are \$15.

A limited number of VIP tickets (approximately 120) are available for \$75 each. VIP ticket holders are allowed to enter the Festival 30 min before the general public. Also included is a buffet lunch, commemorative wine glass and a sheltered seated area with tables from which the

VIP ticket holders can freely come and go throughout the day.

The Festival takes place from 11 a.m. to 5 p.m. rain or shine. This event is a fun day out with family and friends while tasting some new wines and old favorites, enjoying great music and delicious foods and shopping the creative vendors.

The Harvest and Wine Festival is the major fundraiser for the Tunkhannock Rotary Club. It allows the Club to fund the annual July 3rd fireworks display, provide donations to local non-profit organizations and support a variety of activities to benefit our youth and community. Additionally, the Club provides funds for international programs, including polio eradication, as well as, relief efforts for victims of natural disasters in the US and internationally.



DG Brings Presidential Citation

DG Barbara Belon presents Past Tunkhannock President Norm Kelly with a Club Presidential Citation from Rotary International for the Rotary year 2014-2015.

Harvest & Wine Festival

Saturday October 10, 2015
11 am - 5 pm at Lazy Brook Park

Featuring PA Wineries & Vendors with
locally produced & handcrafted items

Live Entertainment
All Day
am Radio
Idol Kings

Order Your Tickets Online & Save!
www.tunkhannockrotary.org

\$75 - VIP TENT (120 SEATS AVAILABLE)
Includes buffet (1:00-3:00) & commemorative wine glass

\$20 - ADVANCE TICKETS
Includes free commemorative wine glass

\$30 - AT THE GATE/DAY OF FESTIVAL
Includes free commemorative wine glass

\$15 - DESIGNATED DRIVER/UNDER 21
Designated driver/under 21 tickets are available at the gate

Presented by the
Rotary
Club of Tunkhannock 



The Rotary Club of Tunkhannock

Lighting Up the Skies Again in Tunkhannock



As it has done for over 30 years, the Tunkhannock Rotary Club sponsored an outstanding Fireworks display on July 3rd for everyone in Tunkhannock and the surrounding areas at Memorial Park. Families and friends picnicked on the lawn and enjoyed each other's company.

Admission was free, although donations were gratefully accepted to help fund the next year's Fireworks.

Perennial favorite band, amRa-



Warming up the crowd before the fireworks was amRadio.

dio, played from 7 PM until the fireworks began. Due to the very successful fundraising efforts from Fireworks Chair Harry Sharpe and the letter writing of Nicole Brillhart, an extra 10 minutes of Fireworks

were added to the event this year.

Chair Harry Sharpe said: "We heard many very positive compliments and thank you's to the Tunkhannock Rotary Club for providing this Community event."



France's Sophie Raballand exchanges Rotary banners with Tunkhannock Club President Ron Furman.

Short-Term Exchange Students Meet Club

At its July 16 Luncheon, Tunkhannock Rotarians were introduced to Virgilio Osuna Herrador from Spain and Sophie Raballand from France, the Club's first short-term inbound exchange students.

Virgilio is from Cordoba Spain and did a short-term exchange in Colorado last year. He is 16 yr. old and likes to go to the beach with friends. He does a lot of sports, including skiing. He showed photos of his family with some of them

wearing their national dress. He then provided information on Spain, its customs and its capital, Madrid.

Sophie is also 16 yr. old and from the small city of Niort in Western France. It is a major administrative and commercial center. She showed pictures of her family and of her city.

Sophie arrived in the US at the beginning of July. She had already taken the Lackawanna Coal mine

Continued Next Page.

The Rotary Club of Tunkhannock

Tunkhannock Student Reports on Year in Mexico

At the Aug 13 Club luncheon, Jason Linden, Tunkhannock's outbound 2014-2015 exchange student, told his sponsoring Club about his year in Guadalajara, which is Mexico's second biggest city in the central western part of the country. There are almost 6 million people living in the Guadalajara metropolitan area, so it was a big shock for him living in a city with that many people compared to Tunkhannock. English is spoken, but he said many do not speak it well.



fight to end polio in Mexico, was the person they honored with their Rotary altar, which included crutches as part of the display. During the festival, residents paint their faces to look like skulls.

One of Jason's host fathers was working on a joint project with a Rotary Club in CA to purify waste water in Jalisco. Jason went along to some of the small cities with his host father, so he got to see more of the country and the people.

Jason also worked one day per week with the blind children in Guadalajara to help them to read and do math. To do this, he not only had to learn Spanish, but also braille in Spanish.

The exchange students did journey across Mexico to Cancun, as well as, a lot of other trips with Rotary members and their host families. Some trips focused on the arts, crafts and cultural aspects of Mexico in addition to time at the beach. There was an exchange student trip, allowing the students to get to know each other better; they went to the beach by boat and visited some islands

Continued on Page 17.

His goal for his exchange time was to learn and master the language. He lived with three different families. There were 12-13 exchange students in the same city, and they all became friends.

Guadalajara is the capital of the Mexican state of Jalisco. The city of Tequila in Jalisco is the home of and famous for its – you guessed it -- tequila.

While in Guadalajara, the students attended the Day of the Dead celebrations, where everyone creates an altar to the dead. The Rotary exchange students made their own altar. A Mexican doctor, who was part of the

Students (Cont. from 11.)...



Outbound short-term exchange students, Mitchell Fowler (left) and Anika Sehne, flank Virgilio Osuna Herrador from Spain and Sophie Rabal-land from France.

tour, visited New York, where she rode the subway, and also toured Washington D.C.

She brought a Rotary Club banner from her sponsoring Rotary Club in Niort, which she presented to President Ron Furman.

The Club also had the opportunity to say "have a great time" to outbound short-term exchange students, Mitchell Fowler and Anika Sehne. They returned with Virgilio and Sophie to their homes in Spain and France, respectively, for their outbound portion of the short-term exchange.



Our Clubs in Action

[The Rotary Club of Newfoundland](#)

Backpacks Filled with School Stuff

The Newfoundland Rotary Club completed a backpack project whereby we purchased and filled 50 backpacks for children in need. They were to be delivered to the Wallenpau-pack Southern Elementary school for children in grades K-5 Wednesday, Aug. 26th. We filled them with a variety of items that the students can use during the school year outside of the usual supplies provided to them by the school district. The backpacks were purchased from Lands' End and items purchased from various local stores (Wal-Mart, Kmart, Staples, Kohl's and Dollar General). We received donations of toothbrushes, tooth paste, dental floss and a free dental exam from Horizon Dental located at 3025 Lake Ariel Hwy in Honesdale. We also received leatherbound journals and pens from Nickelodeon. In addition we put together a duffle bag for the school nurse with some essential clothing that children may need in an emergency. Here are a few pictures of some Rotary members who helped assemble the backpacks. Yes, we had fun!





District 7410
Sept.-Dec., 2015

Short Story Project

This new District project is based on the successful "Butterfly StoryBook Project – A Competition for Young, Emerging Writers in the Caribbean", sponsored by the Rotary E-Club Caribbean 7020.

Participation is focused on youth in grades 4 through 6. Because this population is known for their creativity, they will be asked to write a short story which involves an ethical choice.

Task: Craft a story where the main character is faced with a decision that will affect many people in his or her community, as well as himself/herself. Being fair and using his/her talents wisely are the underlying themes. The story should be 500-750 words in length.

Rotary clubs are asked to contact their middle schools prior to the beginning of the 2015-16 school year, to introduce this new project and timeline.

Timeline:

September 15th – Materials sent out to all participating schools and Rotary clubs.

October 1st through 31st - Stories written and submitted to the supporting Rotary clubs.

November 1st through 20th - Clubs determine their top choice (one entry) and forward that on to their Cluster's Assistant Governor.

November 20th through December 5th. Each Assistant Governor will assemble a team who will select their top two (2) entries and forward them to the District Short Story committee for the final selection of overall best story, plus 2nd and 3rd place.

Selection: From the District finalists, 1st, 2nd, and 3rd place winners will be selected. The plan is to provide a cash award to each of the winner's school, in the amount of \$400 for 1st place, \$200 for 2nd place, and \$100 for 3rd place, plus a gift certificate to Amazon or a national bookstore for the three winning students (1st - \$100, 2nd and 3rd \$50 each.)

The three District winners' stories, along with the two entries from each cluster will be packaged into a booklet, and placed on the District website for download. District awardees, their parents and classroom teacher will be invited to the District Conference's Saturday luncheon on April 30th to receive their awards.



Ghost Walks

In Much Cloak

Enjoy intriguing tales of lore of reported ghoulish encounters and stories of historic properties and people along Broadway in Jim Thorpe.

The one mile round trip walks start in the basement of the Inn at Jim Thorpe, 24 Broadway. Led by a costumed storyteller, the walks, all outside, last about an hour, unless the spirits have other ideas!

Walks are generally planned for Fridays at 8 p.m. and Saturdays at 7 & 8:30, September-December. See our website for a complete list of dates and times. Walks are subject to change if the spirits call for rain.

Although walk-ins are always welcome, space on each walk is limited, so call the number below to reserve your spot. Private walks may be available on certain dates and times. Call for more information.

Look for your GhostHost in the basement of the Inn at Jim Thorpe to purchase tickets 15 minutes before walk time. First come, first served, without reservations which are strongly suggested. Knowledgeable individuals are welcome to share their own experiences.

Adults: \$12
Children: 7-12: \$6
Not recommended for
children under 7 years old.

jimthorperotary.org/ghostwalks.cfm

570 325 2346

A fundraising activity sponsored by The Rotary Club of Jim Thorpe, PA.

Designed by Dimitri Damien Diamond • dimitridiamond@gmail.com

The Rotary Club of Jim Thorpe

Jim Thorpe Victorian Home & Garden Tour Set Sept. 27

The Rotary Club of Jim Thorpe is supporting the Mauch Chunk Museum and Cultural Center for the Jim Thorpe Victorian Home and Garden Tour on Sunday, September 27 from noon to 5 p.m. This semi-self-guided walk through will be of twenty properties on Packer Hill, Broadway, and Race Street. Included will be the Harry Packer Mansion, five restored homes in the Millionaire's Row District, three B&Bs, and an artist's home or two, several of which have not been open to the public in the past. These properties all capture the essence of the grand Victorian Era, when old Mauch Chunk was young!

Pre-purchase tickets for \$16 until September 20 at www.MauchChunkVictorians.com, at the Dimmick Memorial Library,

54 Broadway, the Mauch Chunk Museum, 41 West Broadway during their normal business hours. Entrance wristbands and descriptive guidebooks will be available starting at 11:30 on tour day at the Train Station (parking available), library, or museum for \$20 (just \$1.00 per address!). Children are always half price as well as everyone after 3 p.m. on tour day, but to see the most, you must come early. Make a full day of it by staying for a special GhostWalk in Old Mauch Chunk (the club's signature fund raiser) starting at 6:45 at the Inn at Jim Thorpe. Details at www.jimthorperotary.org/GhostWalks.cfm.

For more information on the home tour, call 570 325-9190.



The Rotary Club of Dallas

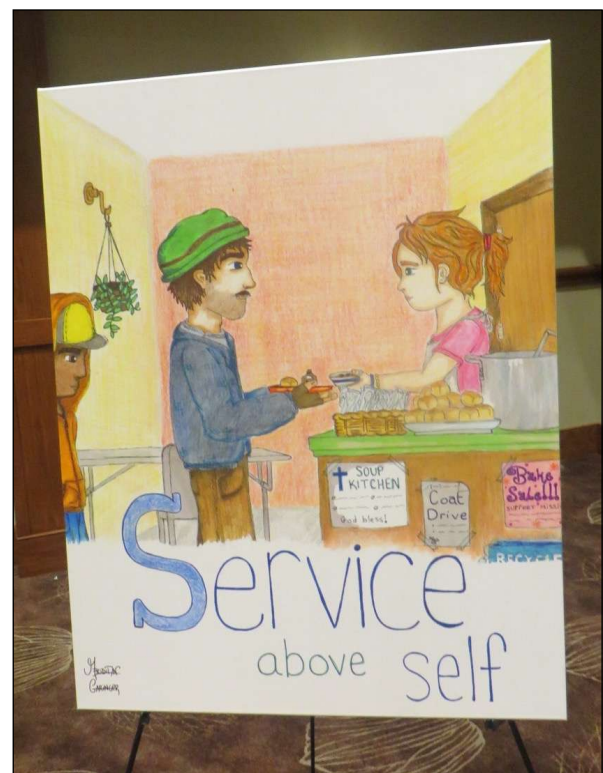
Dallas Rotary Club Hosting 32nd Annual Golf Classic, Sept. 21

The 32nd Annual Dallas Rotary Club Golf Classic to support Dallas Rotary Charities will be held at the Irem Country Club, Dallas on Monday, September 21 beginning with a shotgun start at 12:30.

Chairman, Kevin Smith, co-chair Kerry Freeman, and all club members are looking for hole sponsors and players. The sponsorship donation is \$100 and the players' entry fee is \$110.00. The format is captain and crew. Individuals are welcome and will be teamed up with others in a group.

Call Kevin Smith at [570-696-5420](tel:570-696-5420) for more information and an entry form. Sponsors are asked to respond by September 10 to allow enough time for proper sign printing. Players are also urged to respond by September 10 for the Rotary Club to determine how many will be in attendance at a delicious seafood and steak dinner with all the trimmings following the tournament.

An awards ceremony and raffle will take place at the end of the day.



Picturing "Service Above Self"

A Tunkhannock area student provided this image of "Service Above Self" at their Rotary Club's recent 90-year celebration.

The Rotary Club of Tunkhannock

Equines for Freedom Spells Relief From Post Traumatic Stress Syndrome

At the July 16 Rotary Luncheon in Tunkhannock, Kathe Bartron and Dr. Ann Marie Lewis, a licensed therapist, presented on the newly formed Equines for Freedom organization founded in Factoryville, PA. Dr. Lewis will treat military veterans suffering from post-traumatic stress disorder (PTSD) using equine assisted Eye Movement Desensitization and Re-processing (EMDR) therapy.

They will depend on charitable donations to pay expenses, since they will not charge any veterans for the therapy and it is currently not covered by medical insurance. Due to the expense of horse ownership, they will

Linden (Cont. from 12.)...

on one trip. Jason also went to a resort in Puerto Vallarta with one of his host families.

The Tunkhannock student had the opportunity to see the only round pyramids in the world at los Guachimontones just an hour west of Guadalajara. They are circular stepped pyramids in the middle of circular building complexes. Equinox celebrations were ongoing during his visit.

He saw a few volcanoes. He climbed the snow covered one, but not the volcano of fire, since it was erupting.

Jason also visited Mexico City, particularly the Cathedral, which is built on an Aztec sacred precinct, where the archeologists are still reconstructing some pyramids in the complex. He got to see all the major sights in Mexico City on this visit.

rent the arenas and horses needed for the therapy.

EMDR was developed in 1987 by Dr. Francine Shapiro. She noticed that eye movements can reduce the intensity of disturbing thoughts, under certain conditions, particularly with bilateral stimulation (i.e. tapping on the shoulders). It is a technique practiced around the world to help millions of people of all ages relieve many types of psychological stress, including PTSD.

Sarah Jenkins in Arizona added the horse to the EMDR therapy. Horses are prey animals (i.e., preyed on by other animals) and herd animals. As prey animals, she said, they are psychic and can pick up on human energies. As herd animals, they can pick up on who is the leader. Horses are very sensitive to subtle cues such as heart beat, anxiety and are in tune with human behavior.

The theory is the brain is a tape recorder and some events become stuck in the brain. Bilateral stimulation therapy brings fragmented pieces together, processes them and allows their release. EMDR is not a memory eraser, it reduces the disturbances felt with regard to that memory, so that the client can cope with life a lot better.

EMDR therapy is performed in an arena in the presence of the client, a psychologist, an equine specialist and a horse. There is no riding of the horse, although some clients may take part in horse grooming. The horse is a mirror for



Dr. Ann Marie Lewis (left) and Kathe Bartron giving a presentation to Tunkhannock Rotarians .

the emotions that the client is experiencing. If the client becomes too emotionally upset, the horse will walk away across the arena until the client calms down and then it will return.

Initially, Equines for Freedom will use Marley's Mission in Clark Summit and their horses for 1-2 days per week for this therapy. They will also use a facility in Falls, PA. It is hoped that they can locate other facilities with heated indoor arenas and horses to expand the treatment to other locations. EMDR is a treatment of choice recognized by the Veterans Administration for veterans suffering from PTSD.

They are starting to raise public awareness of this program and now have a web page www.equinesforfreedom.org and QRF@equinesforfreedom.org. On Facebook.

They hope to start first treatments in Sept 2015 and begin their fund-raising efforts once they receive preliminary approval of their 501 3(c) application.

[The Rotary Club of Wyalusing](#)

Rotary Speaker: Child Abuse Reporting Strains Counties

Pennsylvania has put new teeth—really sharp teeth— into its Child Protective Services Law, and it is draining the resources, both financial and human, of counties investigating reports of child abuse. That was part of the message delivered by William Blevins, Director of Bradford County Human Services, at the Tuesday luncheon meeting of the Wyalusing Area Rotary Club.

The amended law, requiring anyone who works with children, including volunteers, to report perceived incidents of child abuse and neglect, formally took effect on Dec. 31, 2014. Blevins said that Bradford County Children & Youth Services (CYS) investigators and case-workers must conform to 22 additional mandates in the bolstered law as of the start of this year. The amended law goes so far as to charge so-called man-

dated reporters who fail to report such incidents with a misdemeanor criminal offense. Others who do not work with children, either as a profession or as volunteers, can report suspected incidents anonymously.

“The work has greatly increased for CYS, but, as is typical with the state, they don’t give you any more money to do it,” Blevins told Rotarians at a July luncheon meeting.

To make his point on how much the workload has changed since the new law took effect, Blevins, a Wyalusing area resident, pointed out that there were 450 calls last year. Over the first six months of 2015, he noted, CYS personnel had already handled 1,320 calls.

Bradford County had to do this with no new hires, he added, and someone is always on call to respond to any call made to the state hotline, known as ChildLine, at 1-800-932-0313 at the Department of Human Services. This is the number to call if you see suspected child abuse, including over-the-top physical punishment and evidence of gross neglect, and your CYS is required by law to respond. Furthermore, Blevins said, if there is evidence that the child may still be in danger, immediate response is required by law.

“We have to respond immediately, and we have to see the kid,” said Blevins, who said CYS in Bradford County has a total of 20 case-workers to handle what will likely be several thousand calls a year.

[The Rotary Club of Troy](#)



The Troy Rotary Club participated in the Rotary Reads Project (above) which promotes literacy in local communities. Carolyn Wilston read and did crafts at the Allen F. Pierce Free Library in Troy, PA, during the month of July. At right are the four students from Troy who attended the 2015 RYLA Conference. Back row (from left) are Anthony Deitrick and Jarrod Rathbun In the front are Hannah Dibble (left) and Rebecca Case.



New District Treasurer Offers Advice to Clubs

Greetings! Please allow me a brief moment of your time to introduce myself as your new District Treasurer. My name is John Regula and I hail from the Rotary Club of the Abingtons and reside in Clarks Summit with my lovely, tolerant, and patient wife, Bernadette (who allows me and helps me do amazing works of charity). When not busy with Rotary, I work for Allied Services (a post acute rehabilitation provider) as their VP/CIO. (Basically, I'm a techie nerd.)

I am specifically writing today to ask for help from those that either perform financial transactions on behalf of the District or seek reimbursement for District approved expenses. I want to serve you, our DG, and the District and to do that better, I have a top-five list of things you can do to help me make that happen.

1. Fill out the appropriate reimbursement on our District website in a neat, complete, and accurate manner. It's under "District Files." Although I hope to meet more of you soon, sadly, I do not know all of you today. So, to process a reimbursement

request, it is really important that the writing (printing) is legible and your name and address (for the check to be sent) is accurate. Include appropriate documentation, since payment is not made without it. Specifics of the event (or where expense normally gets charged) is incredibly helpful. Check your math if submitting multiple line items per request and remove any non-reimbursed amounts. If you can scan your form(s) and receipts, email to our DG for approval. She can e-sign and send to me for payment, eliminating pesky paper and snail mail.

Continues Next Page...

Tunkhannock Club Welcomes Four New Members

Tunkhannock President Ron Furman inducted and welcomed two new members, Mary Rose Powell and Terry Wertman Furman, into the Club on Aug 13. Mary Rose was sponsored by Norm Werkheiser and Terry by her new husband, President Ron Furman. Terry and Ron are the first husband and wife members of the Tunkhannock Rotary Club.

On Aug 20, District Governor Barbara Belon inducted and welcomed Lou Jasikoff, editor of the Independent Gazette.

The Rotary Club of Tunkhannock



'Be a Gift to the World'

DG Barbara Belon presents Tunkhannock Rotary Club President Ron Furman with a 2015-2016 **"Be a gift to the world" theme banner for the Club** to display at its meetings.



New member Terry Furman with husband, Ron (above left), with Norm Werkheiser and Mary Rose Powell, also new members. At right, DG Barbara and sponsor Norm Kelly flank Lou Jasikoff.



Treasurer (Cont. from 17.)...

2 Please include a phone AND email address for any questions on correspondence. I have already tried to track down people who have sent me items, and my crystal ball is out for repair. For all District Treasurer issues please contact me at JohnRegula@aol.com or 570-586-6931. Email actually gets to me sooner. An appropriate subject line heading indicating your purpose is more helpful than the following options: 1. a blank subject line; 2. RE; 3. FWD, or 4. Prince wishes to share fortune with you....

3 If you are collecting money on behalf of Rotary, please follow similar documentation standards as when you request a check. If you are depositing into a District bank account, please send me (I really do prefer email), a copy of deposit slip and supporting information.

“Let’s Row in the Same Direction”

4 Timely handling of your District finances is appreciated as are prompt payment of dues and submissions of any District fund requests. I understand that many clubs have new people as treasurers and are in a similar boat as I am. Let’s row in the same direction. I promise to correspond to you in a timely manner and I appreciate the same. Gentle reminders: July 2015 dues are now overdue and January 2016 dues invoices will be mailed in December.

5 Invite me to come to your club. I would enjoy meeting you. The District now has in place a Finance Council. I answer to our DG and to that group. The process is new and

we are trying to figure things out with the hopes of having District finances be more transparent and available to the clubs we serve. It will be a work in process.

Wow! That’s it. Seems simple enough, doesn’t it? Help me, help you. I look forward to growing Rotary with you! Peace!

“John”...District Treasurer John Regula...

[The Rotary Club of Hazleton](#)



Hazleton Scholarship Winners

The three 2015 Hazleton Rotary Club Scholarship winners—(left from second left) Luke Olander, Emily Seratch and Marie Trivelpiece - are shown after their presentations at the August 12th Rotary Club meeting. Each scholarship recipient will receive \$1,000 a year for four years.

Rotary Families
Gather for Picnic

Fifty Rotarians and family members from eight of our clubs spent an enjoyable afternoon at the Mauch Chunk Lake Park, outside of Jim Thorpe, PA, on Saturday, August 22nd. From the youngest at age 10 to the oldest at 101, all indulged in an assortment of homemade entrees, salads, and dessert. **S’mores were a big hit** with the younger set, but the pies disappeared just as fast! It was absolutely a great fellowship afternoon.



New Rotarians

Hazleton	Charles DeCosmo Michael Portonova
Montrose	O. Robert Niera
Trail	Alicia Alvarez Sandy Kostick
Tunkhannock	Terry Furman Mary Rose Powell
Wilkes-Barre	Elizabeth Doherty
Wyalusing	Wendy Gaustad Carol Goodman

Happy 90th, Tunkhannock!

The Rotary Club of Tunkhannock celebrated its 90th anniversary Sunday evening, Aug. 30, at the hometown Shadowbrook Resort. A number of the speakers and organizers are shown prior to the after-dinner program. Seated (from left) are PDG Paul Muczynski, PDG **Budd O'Malia** and Tunkhannock Club Secretary **Carol Ziomek**, who authored a 200-plus word club history on a CD passed out to attendees. Standing are (from left) Edwin Belon and wife, DG Barbara Belon, Ruth Gorski, Tunkhannock Club President Ron Furman and his wife, Terry.

District 7410 — 2015 Club Data

Club	Total Memb.	New Memb.	Attend. %
Abingtons	63	0	0.00%
Athens	15	0	0.00%
Blakeslee	12	0	75.86%
Dallas	43	0	70.00%
Dunmore	16	0	94.00%
Forest City Area	11	0	84.00%
Freeland	6	0	0.00%
Hamlin	24	0	0.00%
Hawley	19	0	79.00%
Hazleton	87	2	34.89%
Honesdale	36	0	45.00%
Jim Thorpe	22	0	0.00%
Kingston	25	0	68.00%
Lehighton	10	0	0.00%
Mid-Valley	6	0	50.00%
Milford-Matamoras	26	0	0.00%
Montrose	22	1	70.00%
Mountaintop	16	0	66.00%
Mt. Pocono	15	0	0.00%
New Milford	11	0	0.00%
Newfoundland	42	0	73.57%
North Pocono	18	0	0.00%
North Scranton	27	0	86.00%
Pittston	12	0	0.00%
Plains	21	0	64.00%
Plymouth	19	0	0.00%
Pocono Mountains	20	0	61.00%
Sayre	13	0	87.00%
Scranton	36	0	0.00%
Smithfields	22	0	53.00%
Stroudsburgs	102	0	68.53%
Towanda	12	0	90.00%
Trail	12	2	75.00%
Troy	24	0	0.00%
Tunkhannock	66	2	0.00%
Weatherly	9	0	0.00%
Wellsboro	51	0	0.00%
West End	30	0	0.00%
Wilkes-Barre	28	1	75.00%
Winola	20	0	0.00%
Wyalusing Area	25	2	47.00%
Wyoming	21	0	0.00%



District 7410



President - Rotary International - 2015-2016

- K.R "Ravi" Ravindran (Colombo, Sri Lanka)

District Governor 7410 - 2015-2016

- Barbara Huffman de Belon
820 Coal Street
Lehighton, PA 18235
P: 610.377.6103
E: bjbelon@gmail.com

District Officers

- Marcia Loughman, DGE 2016-2017
E: madio@epix.net
- Karin--Susan Breitlauch, DGN 2017-2018
E: ksbvet@ptd.net

District Treasurer

- John Regula (The Abingtons)
E: johnregula@aol.com

Newsletter Editor/Public Image

- Wes Skillings (Wyalusing)
E: skill@epix.net

Administrative Assistant, Newsletter Publisher & Webmaster

- Brenda Allen
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E: rotarydistrict7410@gmail.com

Assistant Governors by Cluster

1. Nancy Brittain (Sayre) nbrittain@stny.rr.com
Athens, Sayre, Towanda, Troy, Wellsboro
2. Norm Kelly (Tunkhannock) normkelly@sbcglobal.net
Forest City, Montrose, New Milford, Trail,
Tunkhannock, Winola, Wyalusing
3. Al Kobe (Honesdale) Jacques2.49.ak@gmail.com
Hamlin, Hawley, Honesdale,
Milford-Matamoras, Newfoundland
4. Karen DeMatte (The Stroudsburgs) karenandrotary@gmail.com
Blakeslee, Mt. Pocono, Pocono Mountains,
The Smithfields, The Stroudsburgs, West End
5. Shane East (Mountain Top) shane@shaneeast.com
Freeland, Hazleton, Jim Thorpe, Lehighton,
Mountaintop, Weatherly
6. Roger Mattes (The Abingtons) mattes@epix.net
The Abingtons, Dunmore, Mid-Valley,
North Pocono, North Scranton, Scranton
7. Jerry Reisch (Dallas) gjr01@aol.com
Dallas, Kingston, Pittston, Plains, Plymouth,
The Greater Nanticoke Area, Wilkes-Barre,
Wyoming



Be a gift
to the world