

# **PRESS RELEASE**

## **FREE ROTARY MEN'S HEALTH CHECKS IN RAYMOND TERRACE**

The Rotary Club of Raymond Terrace is pleased to be hosting the Men's Health Education Rural Van" (MHERV) in William Street, Raymond Terrace outside LJ Hooker from 10am to 4pm on Monday 27 and Tuesday 28 May.

Too many men die each year from preventable disease. We all know that men are slow to go to the doctor to get something attended to that will "go away if I put up with it for a while".

MHERV is a purpose built caravan with two consulting rooms travelling through NSW regional and rural areas testing men for signs of ill health. MHERV is a Rotary project run mainly by the Warners Bay Rotary Club and is sponsored and supported by many Rotary Clubs across NSW as it visits over 60 towns in a year on a schedule that includes Raymond Terrace. It is staffed by a full time Registered Nurse, Robert Woolley. MHERV has many times identified a life-threatening condition and saved someone from an early death.

The health tests are offered by Rotary free of charge. The cost is met by Rotary fundraising and sponsorships.

Major Sponsors are the not-for-profit Royal Freemasons' Benevolent Institution, and the NSW Government Minister for Health Brad Hazzard, who helped with a grant to assist with setting up the project and purchasing the medical consumables that are used for the tests.

The free tests are non-invasive, being for body mass, blood pressure, cholesterol and blood sugar (diabetes).

President of Raymond Terrace Rotary, Steve Merritt, said he hopes to see as many men as possible come to be tested. No appointments are necessary, just drop in. Should you require further information please phone Steve on 0477 009 908.