



District Governor's Newsletter



D9670

www.rotary9670.org.au



September, 2011

Message from the DG



This month is New Generations Month.

Next month is Vocational Month.

Greetings all!



Warmer days bring the promise of growth, of blossom and spring.

New shoots always bring to mind a parallel with children: growing and developing their talents. Our Rotary Clubs make an enormous effort to provide what can only be described as a great opportunity for our young people to make the most of their abilities.

I've heard of Clubs providing funding for school breakfasts, and in some instances, it is the willing hands of Rotarians and partners that work to make these breakfasts a reality. There are the various RAWCS programs to provide aid to people in Papua-New Guinea and other places, again with a focus on making the lives of families, and thus, the children better. We have Club projects whereby children are given an experience quite outside their normal lives – hosting children for a vocation or at a totally different schooling situation.

Our New Generations Chair, PDG Don Whatham is in the process of drawing up a comprehensive "calendar" of District youth activities that operate on a District level, and I know that it will be very revealing to see the range of programs that are provided. All of this is done with the aim of making opportunities for young people to rise to a higher level, all through the generosity of Rotarians. Funds are provided, hosting is provided, and much personal time is devoted to ensuring that the programs are of a very high standard. I appreciate the great works being done. For all this immense generosity, I'd like to pay tribute to the many Rotarians and their families who work in these District and Club projects. In my experience, there is a passion and a commitment far beyond the normal "call of duty". I'm tempted to list the programs and the personnel, but on reflection, that list would be covering many pages in this newsletter, so I'll have to devise another way of highlighting their contributions!

On another matter, I must make mention of a Club which has worked hard in a membership drive. The Rotary Club of Bourke has set an example for us all – by the end of this month, the membership will have risen by over 100%! That is truly significant, and what a challenge for other Clubs! President Bruce and his team deserve our congratulations indeed!

With next month being vocational month, sure many Clubs will be looking to including a vocational aspect in their normal programs. Some Clubs have already mentioned plans for vocational recognition, and I'll be looking forward to hearing about more innovations in the near future.

Enjoy the spring, enjoy the youth events, and enjoy Rotary!

Cheers,

Janette.





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Postie Bike CHALLENGE

Since 2002, motorcycle adventurers have taken on the challenge of riding a small capacity motorcycle vast distances across the Australian landscape and all for a good cause.

World heritage rainforests, deserts, open plains, snowy mountains, river crossing, bitumen roads, dirt roads, corrugations and bulldust provides the backdrop to the Postie Bike Challenge event.

We have had riders from Australia, New Zealand, United Kingdom, Singapore and the United States. The one thing they all have in common is a great sense of adventure.

What are the Postie Bikes?

The Honda CT110 motorcycle is a light-weight 110cc machine designed for commercial and agricultural use. The "X" model as used by Australia Post is the result of years of continuous development and millions of hours of operation. The 4-stroke engine is extremely reliable, very low maintenance and simple to service. It uses unleaded petrol.

Fundraising

There is a special feeling of generosity and community support associated with the Postie Bike Challenge. Your entry fees are injected directly into local community groups along the route and through the donation of the motorcycles for auction and fundraising purposes.

Local Community Groups

Where possible, we source local community groups at each of our overnight stops to provide our catering. Over the years these groups have included, Lions Club, Rotary, school parents and citizens groups, local sporting clubs, Country Women's Association, Cancer council, Aboriginal community groups, and showground society groups. The Postie Bike Challenge provides one of the most significant fundraising opportunities for these community groups in return for their provision of dinner, breakfast, drinks and packed lunches.

Donation

The Postie Bike Challenge has selected Rotary as a benefactor for the donation of bikes at the end of the event. Rotary was selected because of our established high profile community programs and ability to process the bikes and forward either funds made from the bikes or the bikes themselves to where they will do the most good. ALL RIDER MOTORCYCLES WILL BE DONATED to the chosen benefactor on completion of the event. THIS DONATION WILL BE DONE IN YOUR OWN NAME and we will facilitate a formal certificate of thanks to verify the donation. The spirit of the event calls for support for those less well off than us.

Event Outcome

Further funds have been raised from the sale of the motorcycles and are currently being distributed to worthy groups. These details will be updated as soon as they become available. To date there have been some early donations as per the email from Rotary which follows:

"Bikes have been donated to six local organisations, plus a bike to the Rotary Club of Katherine. The organisations were delighted to receive their bikes:

Cont...





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Note from the Co-ordinator

A good friend of mine Trevor Tull, who I play golf with, participates in the Postie Challenge each year and has just returned from the 2011 challenge. He gets great enjoyment each year, although this year he returned with a crook knee after a spill and golf has suffered!!

- Nina's Ark Wildlife Sanctuary, Litchfield – Nina Keener - www.ninasarksanctuary.com (Recommended by Patriots MCC)
- Salvation Army Flying Padre – David Shrimpton www.salvation-army.org.au/ministries-in-the-salvation-army/flying-padre.html
- Friends of North Australia Railway Adelaide River, Trevor Horman - www.atr.org.au/fnaraar.htm
- Rotary Club of Katherine – auction bike to raise funds for equipment for Katherine Riding for the Disabled, Marlow Lagoon – Lesley Monro - <http://www.rda.org.au/rdant.aspx>
- Artback NT – Angela O'Donnell - www.artbacknt.com.au
- Multicultural Youth NT (MyNT) – Zac Rudge

So far we have earmarked the following organisations/causes/purposes as recipients of proceeds from the bike sales, but no funds have been distributed as yet. We have achieved a very broad spread across the community.

Total Recreation NT - Sport and recreation activities for 9-16 year olds with a disability
Rotary Club of Dili – small projects in East Timor

- Rangi and his mum Robyn (Rangi is a 15 year-old student undergoing brain tumour treatment)
- East Timor Rotary Youth Exchange Program – Sponsorship program to assist ET Youth
- Rotary Club of Katherine (sale of Bernie's bike 14) – equipment for Katherine Emergency Services
- The Wishlist Foundation – start-up assistance for a social enterprise linking needs and benefactors
- Arthritis and Osteoporosis NT – Additional office equipment to support access to AONT musculoskeletal health services
- Adults Surviving Child Abuse (ASCA) – workshop in Darwin for adults surviving child abuse
- Down Syndrome Association - Computer Aided Learning program for kids with Down Syndrome
- Rotary Polio Plus Program - Vaccine to immunise 1200 children against Polio
- The Essington School Darwin – instruments for music program

We are also providing the Rotary Club of Dili in East Timor with some funds to assist with some small projects in East Timor, plus the contingent of 2006 Postie Bikes that we are currently making arrangements with Conoco Phillips to ship to ET. The RC of Dili is concurrently liaising with Health Alliance International and other health organisations in ET for the transfer of the bikes to then be used by midwives and other medical staff employed by those organisations.

We linked our sale prices to a bit below the Red Book trade-in prices.

We sold the 2004 bikes for \$750.

We sold the 2005 bikes for \$800.

The 2006 (we sold 2, with the funds to go to RC of Dili) and 2007 bikes were \$1000.

We are very proud and privileged to have been given this opportunity to participate in helping share the generosity of the 2010 Postie Bike Challenge, so a huge thanks to you both and the rest of your team."

With kind regards,

Joanne Schilling, PDG

Rotary Club of Darwin South Postie Bike Coordinator

D9550 Rotary Foundation Chair 2010-13





September, 2011

Alotau - Milne Bay Province PNG- August 10th, 2011

History for RAWCS, Rotary clubs of Port Moresby and Salamander Bay
"Save the Kula Babies" 18/2009/10

Official ceremony signatories to the
Memorandum of agreement:
MBPHA Chairman: Confucius IKoirere,
CEO OF MBPHA: Dr Billy Naidi, District
Administrator Ilg Losuia: Mr Ben Bagita,
Simon Alberc: mbpha lawyer,
MBP Administrator, Mr Henry Bailasi,
Rawcs: pp (perfect princess)
Wendy Stein and Henry hold document.



Bound Document was delivered
on the 11th August 2011 by Dr Billy Naidi,
CEO of Milne Bay Provincial Health Authority



Governor John Luke Gritten





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Did you play cricket when you were younger? Still follow the game to some extent?

Good, then this is an opportunity for you to combine Rotary with Cricket - so how about you rekindle your youth by playing a game against some touring New Zealand Rotarians in November.

And, if you live in the western part of D9670, it is also an opportunity to catch up with your Hunter Valley cousins.

The games are scheduled **Friday, 4 November** and **Sunday, 6 November** in the Maitland area. Batsmen, bowlers and wicketkeepers are all required – just let one of the committee members listed hereunder know of your availability.

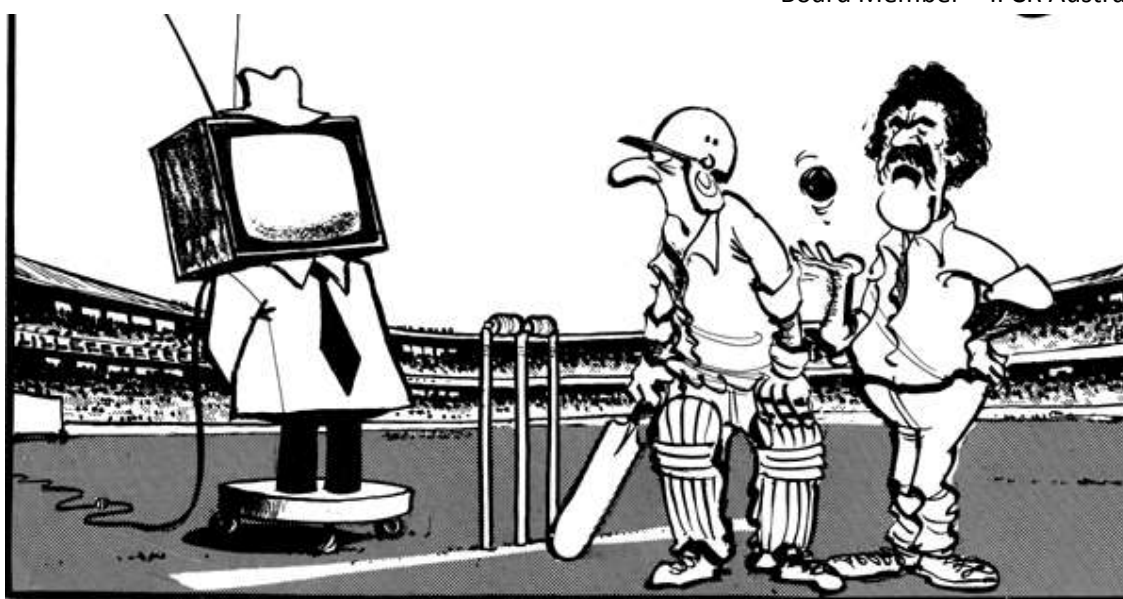
We have two umpires lined up already – but there is room for at least another one.

The NZ-ers will arrive here on Thursday, 3 November and depart on Monday, 7 November, so we are also looking for hosts for the team. If you can help, please contact a member of our committee.

Organising Committee for this NZIFCR visit to Maitland and the Lower Hunter Is:

- Bob Kerr (RC Rutherford-Telarah) – 0408 221 398 or bobkerr52@bigpond.com
- Trevor Holden (RC Maitland Sunrise) – 0400 006 598 or trevorholden15@gmail.com
- Terry New (RC Rutherford-Telarah) – 4933 3746 or dyna-duo@bigpond.net.au

Terry New
Board Member – IFCR Australia



"NOW there'll be no more disputing umpires' decisions."





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Come join us in the Land of a Thousand Smiles

What is a Rotary convention and why should I attend?

<http://www.rotary.org/en/Members/Events/Convention/Pages/WhyAttend.aspx>

What's on?

<http://www.rotary.org/en/Members/Events/Convention/Pages/promotingconventions.aspx>

When? 6th to 9th May 2012

Where? Impact Arena Exhibition and Convention Centre Bangkok, Thailand

<http://www.impact.co.th/en/index.php>

How Much? Registration only from \$US 160 if you get in by 1st December 2011

How do I register? <http://www.rotary.org/en/Members/Events/Convention/Pages/ridefault>

Where can I stay? SEE ABOVE

What else will I do there? <http://www.tourismthailand.org/home>

How do I get there? <http://www.qantas.com.au/travel/airlines/home/au/en>
<http://www.thaairways.com.au/>

If you have any problems with the forms, or you need to know more, contact:

johniriks@bigpond.com

Yours in Rotary Service

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District 9460 Governor 2004/2005

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Where Are They Now?

The Rotary Foundation District Committee has established a Database of Rotary Foundation alumni. Rotary Foundation alumni are former or current Ambassadorial Scholars, Group Study Exchange team members and leaders, Rotary Peace Fellows; also Volunteer Service, University Teacher, Discovery, and Rotary Volunteer Grant recipients. We have well over 250 names of alumni in our database dating back to 1967, but only email contact details for about 60 of these. Most of the alumni for which we have no contact details are Group Study Exchange team members and are not Rotarians but they may well like to renew their acquaintance with Rotary and even become members. If you know any of these people could you ask them to send their email contact details to me so that I can update the database.

Email: trevor.lynnch@exemail.com.au



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Would you know what to do in a mental health crisis?

In 2008, 2,191 Australians committed suicide. Over three-quarters of them were male. 103 were Indigenous Australians.

While suicide accounts for only a relatively small proportion – around 1.5% - of all deaths in Australia, its impact on specific age groups is great. According to ABS statistics, in 2008 24% of all male deaths aged 15-24 were due to suicide and more men aged over 85 years die as a result of suicide than any other age group.

Females did not fare much better, with the median age at death for females who died from suicide just 43.5 years and suicide rates for women aged over 60 remaining consistently high.

Betty Kitchener and Professor Tony Jorm began running Mental Health First Aid (MHFA) courses as a community service activity. MHFA acts as the first line of intervention in much the same way as medical first aid, teaching participants ways of assisting someone in a mental health related crisis before professional assistance becomes available.

Now, Australian Rotary Health, in conjunction with Rotary Clubs around Australia, are running their own preventative mental health first aid workshops that aim to assist in providing support to community members who are at risk of or who are experiencing a mental health crisis.

By supporting Australian Rotary Health, you can make a difference to your community by helping fund essential programs. To find out more please visit our website at www.australianrotaryhealth.org.au or call 02 8837 1900 for more information. All donations over \$2 are tax deductible.

Kind regards,

Jacqueline

Jacqueline Mercieca
Media and Communications
Officer

Australian Rotary Health

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www.australianrotaryhealth.org.au

[Find us on Facebook](#)

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www.australianrotaryhealth.org.au

WELCOME BACK, HAROLD WOODLEY

Harold has been a Past District Governor of District 9670, a founding member of South Rotary, a Past President and a wonderful servant of Rotary. But he's now reached new heights, walking the Kokoda track with his son Peter – and celebrating his 80th birthday along the way ... so how good is that? We welcomed Harold back to Rotary this week and while HE enjoyed his birthday cake on the Track, our cake was just as nice and used as a supplement for our sweets."





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Vocational Service

Recently, RI President Kalyan, wrote to all of the incoming District Governors and asked that they consider giving added emphasis to Vocational Service, because it is Vocational Service which makes Rotary unique and is the foundation of all of Rotary.

To quote from his letter '...in this contradictory world in which many people appear more concerned with "having" than "being", that promoting meaningful Vocational Service is a challenge entrusted to Rotary and to each of us!' and '...professional relationships are founded upon the integrity, sincerity, and honest of individuals and a co-operative attitude in relations among people.'

October is Vocational Service Month within Rotary. Please consider special events during October to celebrate it. Some suggestions from President Kalyan include:

- Program to recognise high ethical standards and public values in the community
- A networking evening for professionals within your community which will also give you an opportunity to introduce them to Rotary
- Promote the Four Way Test to Educational Institutions within your community

There is more helpful information at the following links

- An Introduction to Vocational Service
 - http://www.rotary.org/RIdocuments/en_pdf/255en.pdf
- Sign up to the e newsletters.
 - <http://www.rotary.org/en/mediaandnews/newsletters/morenewsletters/Pages/ridefault.aspx>

NSW Police Officer of the Year Award

Last year the Rotary Club of Sydney ran the inaugural NSW Police Officer of the Year Award. It culminated in an evening attended by over 280 people. Even though it was not a fund raiser, over \$20,000 was raised. Legacy was the beneficiary of \$10,000 donated on behalf of all Rotary Clubs in NSW and a Paul Harris Fellowship Credit was given to each Rotary District in NSW.

Well it is on again this year and the finale and announcement will be made at a function in early November, hosted by the Rotary Club of Sydney. Last year 27 clubs in NSW participated and held their own events.

The final format and categories for nomination will be out shortly, but from all reports the event was well supported and appreciated by the force. You can view part of the Police Commissioner's speech on this link.
<http://www.youtube.com/user/thenswpolice#p/u/2/ohw9ACHFIYc>

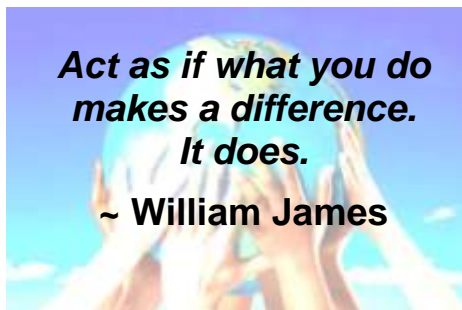
What a great project for Vocational Service! If there are a few clubs under the one police command in your area, why not make it a combined club event. The further details will be forwarded as they come to hand, but make the contact now with your Local Area Commander.

Finally, please share your ideas in Vocational Service by contacting me at the above. Next month I will introduce you to other members of our District Vocational Service Committee.

Bob Kerr. P: 0249 307718. M: 0408 221398 E: bobbkerr52@bigpond.com

**Act as if what you do
makes a difference.
It does.**

~ William James





September, 2011

"The Winds of Change"

Stuart Heal at District 9710 Conference
From D9710 "The District Chronicle",
editor AG Rowley Tompsett, District 9710 PR Committee
2011-12

What a breath of fresh air was the RI President's Personal Representative, RI Director Stuart Heal from RC Cromwell in the Shaky Isles. Stuart is a straight shooter who says what he means and means what he says. He left us in no doubt that for Rotary to survive we must consider change as an integral part of our future development. No longer can we sit back in our comfortable cocoon, satisfied that we are doing good deeds.



Speaking on the subject of *The Winds of Change*, Stuart suggested before we talk change we must recognise 'one size will not fit all'. Clubs and Rotarians must be able to make changes applicable to them and their environment.

Nonetheless, we need to review our 'traditions' and, where necessary, start new ones.

Stuart continued "We must move from a culture of attendance to one of engagement. We are service clubs not attendance clubs. I believe it is time for clubs to manage their own attendance requirements to meet the needs of their members and communities."

He continued "We must use contemporary language. Why do we have a Rotary vocabulary different from our work and family lives? Rules are potentially strangling this organisation and are used to create problems instead of solving them by too many Rotarians. Further, I believe rigid structures stifle spirit and Rotary needs more spirit. The Board is reviewing a new 'core essence' statement following the review by North Western University. It says what and who we are really well: *a worldwide network of inspired individuals who translate their passions into relevant social causes to change lives in communities.*

The students also reported:

- we underestimate the mentoring and networking opportunities offered to new members
- they suggest we use the word integrity and not ethics

The big words for me were 'empowerment, revitalise, energise'. Rotary wants to empower you to be a better friend, better professional, better citizen to the world. We need to power up our clubs to ensure a sustainable revitalisation of our organisation. The time to empower, energise and revitalise is now. We need to ensure our work is targeted and meeting the needs of our

Newsflash; "Rotary Success"

The third National Rotary conference "Rotary Success" will be held in Canberra on July 21st-22nd 2012 at the Hellenic Club. The convenors will be RI Director Stuart Heal and RI Director Elect John Boag, the organiser will be Rotary Coordinator Noel Trevaskis. More details will follow in the September issue of Rotary on the Move.





September, 2011

The Power of One and Many



Airlines PNG
COME FLY OUR WAY

APNG Staff, Jerry and Rebecca collect Steven and MUM from Losuia Rural health Centre today for the Flight for his life.

After our Project Medical Officer Dr Gee diagnosed Steven with serious heart problems he arranged for him to undergo Open Heart Surgery by Oz PNG Operation Open Heart in Port Moresby. Due to the generosity of many, today was the first step towards saving his life.

Thank you Airlines PNG, DAK Foundation and Rotary Club of Port Moresby and Rotary Club of Salamander Bay.

"Save the Kula Babies" our Project. Become a Project Partner sponsor a doctor and save many lives: email wendy-stein@hotmail.com see youtube(wendystein1)

Calling all Rotacyclists

A Rotacyclist is the universal title for Rotarians who ride motorcycles and enjoy the Fellowship of the Road. This particular Fellowship is the International Fellowship of Motorcycling Rotarians (IFMR) which started in Australia and is now active in 17 countries. Have a look at our brand new Website www.ifmraustralia.org and via the simple and inexpensive process of registering as a member, join the other 140+ Rotacyclists spread throughout all Districts

Robin Nuttall
President, IFMR, Australian Chapter





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Attendance: August

CLUB	Current M'ship	July %	July RANK	CLUB	Current M'ship	July %	July RANK
ADAMSTOWN/NEW LAMBTON	28	75.70	11	MYALL COAST	25	47.20	27
BELMONT	25	84.00	3	NARROMINE	13	72.00	16
BENNETTS GREEN	0	0.00	#N/A	NELSON BAY	57	90.11	1
BOURKE	19	53.00	25	NEWCASTLE	58	51.30	26
CARDIFF	13	76.92	10	NEWCASTLE ENTERPRISE	30	73.00	15
CESSNOCK	31	77.80	8	NEWCASTLE SUNRISE	26	67.04	20
CESSNOCK WINE COUNTRY	0	0.00	#N/A	NEWCASTLE HARBOUR	0	0.00	#N/A
CHARLESTOWN	37	82.09	5	NYNGAN	0	0.00	#N/A
COBAR	14	55.00	24	PATERSON	17	74.00	13
DENMAN	0	0.00	#N/A	RAYMOND TERRACE	0	0.00	#N/A
DUBBO	0	0.00	#N/A	RUTHERFORD / TELARAH	30	80.00	6
DUBBO MACQUARIE	20	86.14	2	RYLSTONE / KANDOS	0	0.00	#N/A
DUBBO SOUTH	43	74.88	12	SALAMANDER BAY	0	0.00	#N/A
DUBBO WEST	47	65.71	21	SCONE	9	83.00	4
DUNGOG	0	0.00	#N/A	SINGLETON	44	77.00	9
EAST MAITLAND	45	68.30	18	SINGLETON ON HUNTER	0	0.00	#N/A
KURRI KURRI	14	67.14	19	TORONTO	0	0.00	#N/A
MAITLAND	0	0.00	#N/A	TORONTO SUNRISE	29	70.40	17
MAITLAND SUNRISE	0	0.00	#N/A	WALLSEND / MARYLAND	0	0.00	#N/A
MERRIWA	0	0.00	#N/A	WARATAH	19	65.50	22
MORISSET	0	0.00	#N/A	WARNERS BAY	0	0.00	#N/A
MUDGEES	23	60.00	23	WARREN	0	0.00	#N/A
MUDGEES SUNRISE	24	74.00	13	WELLINGTON	0	0.00	#N/A
MURRURUNDI	0	0.00	#N/A	WILLIAMTOWN	0	0.00	#N/A
MUSWELLBROOK	18	78.00	7				

From the Editor,

I hope that you enjoyed reading the September edition of the DG's Newsletter. I would like to thank all members who submitted articles to it.

Please note that the submission deadline for the next newsletter is the 10th of October. Please submit in Word only with minimal formatting. Please put DG Newsletter and the relevant month and topic in the subject line. Captioned photos are very welcome. Thank you.

Nora Jones

Please note my new email address: nora.jones@y7mail.com

