

Jeremy Forbes Bio

Jeremy Forbes is the Co-Founder of HALT - Hope Assistance Local Tradies, a mental health and suicide prevention focused charity.

HALT was formed in the regional town of Castlemaine, Victoria after the tragic death of a local tradie to suicide in 2013. His death shook the small community and left many people questioning what had gone wrong and what could be done to prevent suicide in their community in future.

The 'Save Your Bacon' Brekky have been an excellent way of showing support for the tradie community and linking them up with services if any were feeling unable to cope or experiencing mental health issues. HALT has now delivered close to 1000 'Save Your Bacon' Brekkies and other events, reaching more than 100,000 tradies across Victoria, New South Wales, Queensland, South Australia and Western Australia.

HALT and Jeremy have achieved so much in the past 10 years.

2016 – Jeremy Forbes was awarded the Westpac Social Change Fellowship Award.

2017 – HALT was the recipient of a the WorkSafe OHS Achievement of the Year Award.

2018 – HALT was featured in the short documentary 'Tough Conversations with Henry Rollins'.

2018 – HALT went global with Jeremy Forbes' Ted Talk.

In his spare time Jeremy likes exploring small country towns, hiking in the bush, the Collingwood football club, gardening, reading, and hanging with his cat, Little Maggie...