

WHAT TO BRING TO CAMP!

Remember this is a camp weekend so please pack some comfortable, casual and warm clothes. If you could label your items this will also be helpful to avoid any lost items!

You will need:

- o 3 changes of underwear
- o 3 pairs of socks
- o 3 changes of clothing
- Closed in comfortable shoes
- o Towel
- o Warm clothing i.e. jacket / jumper
- o Pillow

- o Sleeping bag
- o Sunscreen
- o Hat
- Sunglasses (not required)
- o Toiletries i.e. Toothbrush, soap, deodorant, hairbrush etc.
- A notepad/book and pens

Please do not forget your prescribed medications – if any – and please ensure the camp leaders are aware of what you will be taking.

Extra Notes:

- o Please leave any valuables at home i.e. iPods, iPads, laptops and tablets.
- o Don't forget to remind us of any allergies or special health needs.
- o The RYPEN weekend is smoke and alcohol free.
- o Feel free to bring a musical instrument you can play (must be portable i.e. guitar, flute)for around the campfire!!!!



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