

The new Government traffic light system comes into effect from the 3rd of December. All members and guests of the Cashmere Club must now be double vaccinated and provide evidence of a current vaccination certificate.

The letter from the Cashmenr Club is also atteched for you information.

Please follow the instructions from the link below or the attached PDF if you havent already accessed a vaccination certificate



https://covid19.govt.nz/covid-19-vaccines/covid-19-vaccination-certificates/my-vaccine-pass/

298 YOUTH HEALTH X ROTARY

We welcomed Paige Sullivan and Fiona Harrall, both members of Lincoln Rotary Club, to Christchurch South Rotary Club on Wednesday evening.

Paige is the Chairperson on the Youth Committee for 298 Youth Health Centre (298 YHC), a not for profit organisation created to provide free medical and social support for young people aged 10 – 24 years. This includes doctors, nurses, youth workers, counselling and administration staff. It aims to provide accessible, friendly, non-judgmental services that prioritise the needs of young people. The organisation was started by Dame Doctor Sue Bragshaw in 1995. It was originally called 198 The Free Youth Health Centre but reopened after the Christchurch earthquakes as 298 Youth Health Centre.

The goal for the center is:

'to ensure that young people of Christchurch have the best chance to become healthy, fulfilled and contributing citizens to lead Christchurch into the future'.

The Medical Services provided include: anxiety, depression, eating disorders, stress, contraception and sexual health checks. Social Services include: transition to independence and transgender care packages. The organisation is able to refer youth to specialist care should there be a need.

The main barriers youth face to accessing health care are:

- cost
- anxiety and
- transport





Paige spoke about the project to purchase a car to transport youth to appointments and other services as they arise as well as for staff to make home visits. The aim is to gain sponsorship from Rotary Clubs to enable the purchase of a vehicle. She sited that Rotary doesn't often connect with young people, Dame Dr Sue Bradford was a Paul Harris Fellow and it would be a great way to link Rotary to young people.

At present there are 9 Rotary Clubs that have shown financial support for this initiative. The car would be blue, display the Rotary wheel as well as the names of all Rotary Clubs that have provided financial support towards its purchase.

Thank you Paige for your very informative talk.

Huge thanks to Viv Elliz – meeting reporter



SAVE THE DATE, ITS CHRISTMAS!

What: Christchurch South Christmas Party
 Where: Garden Room, Cashmere Club
 Date: Wednesday 15th December

Time: 6pm Cost: \$30 pp

Partners, family and friends are all welcome!

JOIN THE YOUTH AND COMMUNITY SERVICES COMMITTEE

What: School Christmas Party

Where: Sacred Heart School, 40 Spenser Street

Date: Tuesday 14th December

Time: 1 – 3pm

If you are able to help please let Chris Ayrey (mrs.chris@xtra.co.nz) or Sara McKenzie (saramackenzie61@gmail.com) know you will be joining in. Please reply asap and by Friday 10th December.









THE JOY OF CHRISTMAS SUPPORTING GOOD NIGHT SLEEP TIGHT



What: The Christmas Cottage

Where: 49 Malcolm Ave, Beckenham

Date: 4th & 5th December

Time: 10am – 3pm

\$5.00 per Adult and Children are free, all proceeds go to Good Night Sleep Tight. Please share the attached flyer with your friends and family.

Upcoming Meetings

Notices

8th Dec –2020-2021 Accounts & Trust changes

15th Dec – Christmas Function

22nd Dec - Cake and Port

Duties			Leave		
Cash Desk Cash Desk Reception Speaker Host Grace International Toast Thanks to Speaker Quote Speaker Reporter Sergeant	8 December M Bruce D Conroy G Bailey N/A D Peterson G Bailey N/A M Bruce J Chamberlain A McKinnon	15December A McKinnon D Peterson L Bermingham N/A P Mears N/A N/A N/A N/A S Harris N/A	Who M Whitehead J Wylie S Haye K Moss R McKinney	From 09/09/2015 11/08/2020 04/07/2019 03/11/2021	To TBA TBA TBA 30/06/2022 31/03/2022

Reminders

Record your apology by:

- Notifying the Reception Desk
- Email alan.barbara.mckinnon@gmail.com before 11am on that Wednesday
- Emergency apologies to Liz Bermingham on 021 2456875
- You will receive an email reminder a couple of days before the meeting re apologising or bringing a guest
- If you are unable to do your allocated duty, it is your responsibility to arrange a substitute and advise the President
- Please advise all leave of absence (three or more weeks) to the Secretary by email or in writing