

Deborah Alleyne 'My Work in The Christchurch Women's Prison'

Deborah Alleyne Director of The Christchurch Women's Prison with 15 years of Mental Health and a Nursing background, spoke to us on Wednesday evening. She spoke without technology. She spoke without referring to her notes. She spoke for the heart.

There are 3 women's prisons across the whole country and Christchurch serves the South Island. There are 8500 prisoners nationwide and 500 are women. Christchurch can hold up to 134 prisoners but at the moment there are 85. They are mostly 20 - 29 years of age and 50% are Māori. One third of sentences are less than 6 months and 40% re-offend.

Deb described a woman's journey into prison – the cold hard facts of the van ride, strip search, photograph, fingerprinting, health assessment by a health team and the walk into the cell. For many women this is an intimidating, brutal and undignified environment, the staff do their best to make this transition in the most humanising way they can.

Deb spoke about Hōkai Rangi, a new strategic direction for Ara Poutama Aotearoa, the Department of Corrections. Hōkai Rangi is a direction that builds on the good things that are already happening, learns from doing and innovates to find new and alternative ways of doing things to achieve better outcomes for Māori and their whanau.

There are many programmes offered to enable prisoners a better entry back into life outside of the prison environment. These include increasing their reading and writing skills, trauma programmes, drug and alcohol programmes, parenting skills, counselling, programmes to deal with mental health issues and others that address the issues that contributed to them coming into prison. Deb said that such programmes help them become the person they're capable of being and a productive member of society.



Related to the above, these are two standout quotes for me during Deb's talk.

"To enable them a better place is a long and slow journey"

"To instill a sense of possibility and hope for a better future"

Let's commend the work that Deb and her staff do for those while in the Prison system. At times it must seem like a thankless task with few rewards.

Thanks to the speaker reporter - Viv Ellis

Two Christchurch South Members Recognised at District 9970 Changeover

It was a pleasure to be at District Changeover on 11th July and witness two of our members receiving awards for their services to Rotary.

Liz Bermingham was award a Paul Harris Fellowship for her outstanding contribution to Rotary since joining in 2017. In particular the award was for conceptualising and organising the Pedal for the Pacific event which successfully raised over \$10,000 for Rotary's Give Every Child A future Centennial Project. Not only does this mean that with the matching grant 1,000 children will receive vaccinations, an ongoing opportunity has been created for clubs to work together to raise funds for a great cause and have fun doing it.





Sarita McLean was awarded a Paul Harris Sapphire for her contribution to Rotary at all levels - club, District, national and Zone 8 - including being District Governor year 2017-18, developing the district's strategic planning framework and dong an excellent job as chair of the District Communications and Public Image Committee as well as being coordinator in raising the awareness of and support for the Interplast programme. In further recognition of her contribution, Sarita was also awarded the District Governor's Medal for her outstanding contribution and in particular the passion and organisational skills she brings to everything she is involved in.

Thanks for the update Alan McKinnon

Lunch & Walking in the Rangiora Wetlands

On **TUESDAY** 19 October 2021 our walk/luncheon group will be meeting in Rangiora. The walk will be around a local wetlands area and lunch will be at the North Canterbury Community College Café. We will be hosted by students in the **Cookery, Front of House and Food & Beverage Programme** who will prepare and serve us with a three-course meal. Fruit juice and tea or coffee is included in the cost - \$15.00. Sign-up for the event will be in early October. All welcome.



Upcoming Meetings	Notices	
21st July: Karen Fordyce – Odyssey House, Rehabilitation of Offenders	21st July	Hench Meeting
28th July: AGM & Club Assembly	7th August	Rotary Centenial Tree Planting at Peace & Remembrance Park
4th August: Mike Bruce – Poverty in NZ	25th August	Tricky Tray Polio Evening with Partners and Cluster Clubs

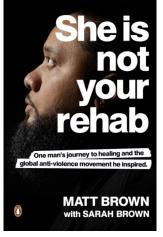
Duties			Leave		
Cash Desk Cash Desk Reception Speaker Host Grace International Toast Thanks to Speaker Quote Speaker Reporter	21st July A McKinnon P Mears G Fowler H Garlick H Garlick G Fowler P Mears A McKinnon M Opie	28th July G Bailey A McCully A Kim N/A L Brown A Kim N/A G Bailey S Harris A Stewart	Who M Whitehead J Wylie S Haye K Moss J Chaimberlain	From 09/09/2015 11/08/2020 04/07/2019 01/07/2019	To TBA TBA TBA 30/06/2022 31/08/2021
Sergeant	D Buist	A Stewart			

A huge thanks to Mark Yaxley for his leadership throughout the 2020-2021 year and welcome to Nick Courtney as our last District Governor for D9970 before we transition into D9999.

Nick would like to Congratulate the Club Presidents, Assistant Governors and Directors for being part of his team and is looking forward to celebrating our district achievements over the coming year.







Congratulations on your book launch Matt & Sarah Brown

On Tuesday Matt & Sarah launched their book and announced that they had raised enough money to purchase 9,000 copies to give away to every man behind bars across Aotearoa. "From the very beginning of the journey of writing this book we knew we wanted to make this available and accessible where men needed it most... ".

Working together, Christchurch South and Sunrise Rotary (thanks to Mel Opie and Ross Skinner) have just completed an application for a District Grant to support the amazing work "She is not your rehab" do. Hopefully we can double our clubs combined \$5,000 contribution to continue to help Matt and Sarah with their vision.

Reminders

Record your apology by:

- Notifying the Reception Desk
- Email alan.barbara.mckinnon@gmail.com before 11am on that Wednesday
- Emergency apologies to Liz Bermingham on 021 2456875
- You will receive an email reminder a couple of days before the meeting re apologising or bringing a guest
- If you are unable to do your allocated duty, it is your responsibility to arrange a substitute and advise the President
- Please advise all leave of absence (three or more weeks) to the Secretary by email or in writing



THE SHOW GATE RICCARTON PARK

Proudly Supporting Good Night Sleep Tight Supporting Good Night Sleep Tight

· 2021 ·

Al Basti Equiworld NZ 2000 Guineas

Buffet Luncheon - 12noon
Beverage package
Reserved seating
Easy bet voucher
2 x \$5 raffle ticket
Access to the Club Grandstand
Fashion show presented by June Youngman
Good Night Sleep Tight receives \$22
from every ticket sold

\$100 per person sales close 15 October or earlier if fully subscribed





