

# Rotary Club of Christchurch South



## Riki Foulsham and Rhonda Wicksteed—Rikonda Cycles

### Rikonda Cycles

Every so often at Rotary we get little gems of a speaker that take your breath away, people who just amaze you with their determination, and will power to overcome the odds.

Last week at rotary, was one of those times. Riki Foulsham from Rikonda has had an interesting life to say the least, from having an accident during his teenage years to running a successful electronic bike shop in Addington.

As soon as Riki started speaking you could hear in his voice, speaking about himself and his success is not something her felt comfortable with, however his achievements cannot be understated.

Playing wheel chair rugby/ murder ball well into his 40s as well as an adapted style of tennis , really showed how Riki doesn't let the accident that happened to him dictate his path in life, instead using his disability to find ways of adapting/ and selling hand cycles to suit a larger range of disabilities. Giving those who can't ride traditional bikes the opportunity to be more active and live a healthier life style.

One of those solution was the electronic bike, Riki without the use of his lower body found traditional hand cycles to exhausting to use, but with an electronic bike he could keep up with the other cycles which not only helped him keep physically fit but also mentally strong.

Rotarian Peter Mears is a strong advocated of Rikonda after falling in love with Cycling again after purchasing an E-bike. I'm sure if you would like more information talk to peter he is more than happy to share his adventure about his E- bike.



*Peter Mears with Riki Foulsham and Rhonda Wicksteed*

Thanks Joey for this weeks report

## Next Week

Terry Tangaloa and Ray Deaker—my very challenging life from South Auckland 40 years ago, to Christchurch (Rotarians encouraged to ask questions)

## Upcoming Rotary Events

### Wednesday 4 March

CHCH South Club Members Meeting

### Wednesday 20 May

CHCH South Awards Evening

Rata Lounge, Cashmere Presbyterian Centre, 2 Macmillan Avenue, Cashmere

## Notices

### PEN

Congratulations to Liz Bermingham who has been announced as CHCH South Rotary President for 2021-2022

**Court Theatre—Lysander's Aunty**  
**Saturday 11th April at 7.30pm, RSVP to Susan by Friday 28th (tickets \$54ea)**

"Bard in the Bush! In this radical comedy, Lysander and Hermia, the lovers from *A Midsummer Night's Dream*, run away to the forest... but things take a sharp turn along the way that lands them in the lap of Lysander's unconventional, untraditional and very Kiwi Aunty. The world of Shakespeare is lovingly turned upside down as the highbrow meets the down-to-earth in this wonderfully quirky comedy. The course of true love never did run smooth. Especially out in the sticks."

## Notices

### Club Meeting

CHCH South Rotary Club Meeting on 4th March to discuss and vote on the proposal for our Rotary District 9970 to merge with the Lower South Island District 9980

Reflecting the reduced membership across the District, a group of previous current and future District Governors has developed a proposal for Districts 9970 and 9980 to merge. This is in anticipation of the fact that if District membership drops below 1100, Rotary International will actually require such a merger to take place. Because we don't have to merge right now, every club gets to vote on whether to accept this proposal.

The CHCH South Rotary Club will discuss the matter and vote on it at our regular meeting on Wednesday 4th March

The full proposal is being sent out along with this bulletin

- Alan McKinnon on behalf of the CHCH South Board

### Young Totara Award 2020

Members are requested to nominate a candidate for our Young Totara Award 2020.

The person will be a high-achieving role model in the Community, aged under 21 years.

Please contact Doug Johns 033597350 Dougals72@xtra.co.nz

### Pride of Workmanship Award 2020

Members are requested to nominate a candidate for our Pride of Workmanship Award 2020.

The objectives of the Award is to promote Vocational Service and encourage Pride of Workmanship in all vocations.

Please contact Doug Johns 033597350 Dougals72@xtra.co.nz

### Gardening at Abbeyfield—Thursday 13 February

Chris, Diane, Sara and Viv, photo taken outside Ruth's unit



## Duties

Duty	26 Feb	4 March
Cash Desk	C Ayrey	D Christophers
Cash Desk	M Opie	C McCarthy
Reception	B McKessar	A Kim
Speaker Host	S Hays	Not Required
Grace	K Gunasekara	D Peterson
International Toast	S Harris	D Johns
Thanks to Speaker	A McKinnon	Not Required
Quote	G Fowler	B Wales
Speaker Reporter	L Bermingham	M Opie
Sergeant	D Buist	A McCully
Deputy Sergeant	V Ellis	S Mackenzie

## Leave

Who	From	To
R Blyth	08/04/15	TBA
M Whitehead	09/09/15	TBA
V Nossiter		TBA
J Wylie		TBA
K Tanner	04/07/19	31/12/20
R McKinney	01/11/19	20/04/20
A Airay	19/02/20	01/04/20
S McLean	16/01/20	04/03/20

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## Reminders

Record your apology by:

- Notifying the Reception Desk
- Email [chchsouthrotary@gmail.com](mailto:chchsouthrotary@gmail.com) before 11am on that Wednesday
- Emergency apologies to Mike Bruce on 022 540 1251
  
- You will receive an email reminder a couple of days before the meeting re apologising or bringing a guest
- If you are unable to do your allocated duty, it is your responsibility to arrange a substitute and advise the President
- Please advise all leave of absence (three weeks or more) to the Secretary by email or writing