## **Rotary Club of Christchurch South**



# Dr Graham Sattler—An update from the Christchurch Symphony Orchestra—CSO

"Feel Something" is the theme of the Christchurch Symphony Orchestra's 2023 season, and it was also very much the message behind Dr Graham Sattler's talk to us tonight. Graham has been the CEO of the orchestra since early 2022 and he was keen to tell us about the two things that attracted him to the position. The first is the acoustic of the Christchurch Town Hall which, for orchestras at least, he rates as one of the best in the southern hemisphere.

The second and probably more important attraction for him was the CSO's Well-Being music activities. Such programmes are a close fit with Graham's own background. A professional



musician himself (a trombone player), he has held a wide variety of roles in the orchestra world both as a musician and a manager but a significant career step for him was completing a PhD investigating the "non-music" benefits of music particularly for people in the community who are marginalised for some reason. He is about to leave on a Churchill Fellowship (originally awarded in 2019!) to study this further.

A significant partner in the CSO's Well-Being programme is Southern Music Therapy (SMT) which provides a service to many groups such as disabled people, people suffering from strokes (Canterbrainers choir and BrainTree) and dementia. The participation of CSO musicians in group sessions alongside the SMT therapists turns the session into an event where everyone fully participates rather than just watches the leader at the front. In some groups the participants are able to write their own music/songs which are then scored and arranged by CSO members for the whole group to play.

The CSO also works with schools, prisoners, prisoners' families (with Pillars), Refugee Resettlement Services (it's significant that 5 long-standing orchestra members were originally from Ukraine) and the Christchurch City Mission. To all these activities, orchestra members bring their high-class musical skills and their love of music. It costs the CSO about \$30,000 per year to run these programmes and they are always looking for financial support.

So, our acclaimed Symphony Orchestra is much more than a group of excellent musicians who give amazing performances in their tuxedos and black dresses on the stage of the Christchurch Town Hall. They are a group of people who firmly believe that music is for everyone, and whether it's experienced sitting in a comfortable seat in the town hall auditorium or during a small music therapy session, everyone can "Feel Something".

## **Upcoming Meetings**

#### **30 November**

**Partners Night** 

**Court Theatre Visit** 

#### 7 December

Hatesa Seumanutafa (Partners Night)

Canterbury Museum—Local early settlement

#### 14 December

**Partners Night** 

**Christmas Function** 

## **Upcoming Events**

#### 14 December

Christmas Function (6.30pm)

#### 18 January

Joining with Cashmere Club Rotary

### **Notices**

#### Imagine What's Next in Melbourne, Australia

Take advantage of the reduced rate by registering now for the 2023 Rotary International Convention, 27-31 May in Melbourne, Australia. This opportunity to connect with Rotarians from around the world doesn't come too often (last time we had an international convention was in Sydney in 2013)

The convention promises to be an inspirational event, with distinguished speakers, energizing breakout sessions, and abundant opportunities to brainstorm ideas for Doing Good in the World with Rotary and Rotaract members from around the globe. Join us in Melbourne, the cultural capital of Australia, to Imagine What's Next as we form and strengthen connections and learn from one another.

The reduced rate expires 15 December. Registration link below 2023 Rotary International Convention Melbourne

#### **Christmas Party**

14 December 6.30pm to 9pm

The Christmas function will be themed this year—wear a Christmas hat! It can be a favourite hat decorated, or a Christmas themed hat. We will also bring a gift for each other—a bottle of something up to \$10—it can be pickles, jam, bath oil etc. These will be exchanged through the evening.

Price is not yet available for the meal—we are waiting for the Cashmere Club to provide this

	Duties	
Duty	30 November	7 December
Cash Desk	N/A	A McCully
Cash Desk	N/A	M Opie
Reception	N/A	K Gunasekara
Speaker Host	N/A	M Bruce
Grace	N/A	M Bruce
International Toast	N/A	K Gunasekara
Thanks to Speaker	N/A	M Opie
Quote	N/A	A McCully
Speaker Reporter	L Brown	J Chamberlain
Sergeant	N/A	M Rickerby

	Leave	
Who	From	То
M Whitehead	09/09/15	TBA
J Wylie		TBA
S Haye	11/08/20	TBA
R McKinney	28/09/22	14/04/23
L Bermingham	17/10/22	31/12/22
J Chamberlain	17/08/22	13/12/22
G Fowler	02/11/22	30/11/22

Don't forget to follow us on our Facebook and Website

## Reminders

Record your apology by:

- Notifying the Reception Desk
- Email chchsouthrotary@gmail.com before 11am on that Wednesday
- Emergency apologies to Shirley Harris on 021 198 2234 or Viv Ellis on 027 490 3161
- You will receive an email reminder a couple of days before the meeting re apologising or bringing a guest
- If you are unable to do your allocated duty, it is your responsibility to arrange a substitute and advise the President
- Leave of absence requests (three weeks or more) must be in writing to the Secretary

