



THE BULLETIN

Rotary Club of Christchurch South
District 9970
P O Box 12-243, Christchurch 8242



SERVICE ABOVE SELF

Attendance Wed 24 May 2017			Total Membership: 44 Active, 4 Honorary.				
Members and Associates	17	Apologies	15	Visitors	1	On Leave	12

Our speaker for the evening was Club member Liz Bermingham, who joined our Club during the present Rotary year. Prior to joining, Liz had shown that she was keen to assist whenever possible, and was a presenter at the 2016 RYLA seminar, and again filled a vacant speaker slot for the 2017 RYLA seminar.

Liz has an impressive range of qualifications, which followed from her BCom, in which she majored in Human Relations and Strategic Management, and includes Graduate Diploma Occupational Safety and Health, Diploma Remedial Management, and Certificate in Adult Education. This year, Liz is studying Statistics at Canterbury University.

The ongoing quest for further education was explained by Liz as being due to having **Imposter Syndrome**, (also known as **impostor** phenomenon or fraud **syndrome**) is a concept describing high-achieving individuals who are marked by an inability to internalize their accomplishments and a persistent fear of being exposed as a "fraud".



Liz (pictured left addressing our meeting) owns the company HSE Hub, which supports small businesses by providing Health and Safety, Environmental, and Compliance solutions. The company operates in both New Zealand and Australia, providing education to workers and management in managing health and safety risk. The company also assists with project management, to incorporate safety and design at the initial planning stage of projects.

Other areas of engagement of the company include remediation following floods to ensure competency on undertaking works to sanitise buildings, reconstruction following earthquakes including re-piling and removal of liquefaction, fire where there exists the potential for distribution of asbestos, and insurance.

Outside of work, Liz advised that one of her "fun projects" was to design and project manage the erection of a block of residential units, which incorporated the use of solar panels. Her leisure activities include mountain biking, hiking, skiing, canoeing and kayaking.

Liz is not a person who allows herself to have uncommitted time. Three years ago over the Christmas period, she developed the House Lifting Protocol. Last Christmas, she developed the Dust and Silica Protocol.

The commitment which Liz displays to providing factual and expert knowledge to her clients to ensure that health and safe practices are adopted, are to be commended.

We thank Liz for providing us with an insight to her background and work, and we look forward to sharing her enthusiasm for pursuit of opportunities to assist our community.

Thanks for report to Graham Fowler. Pics, Doug Johns.

Past member and highly regarded member of Basketball New Zealand the late Robin Milligan was admitted to Basketball hall of fame on Friday evening 19th of May. Pictured right is Robins wife Shirley with the Milligan family at the awards night.

During his career Robin was both an international referee and team manager to national level.

The citation reads “ ..in memory of his distinguished contribution to basketball in New Zealand”.



Notices

Announcements: **Changeover** is on Wed 28 June 2017 at College House. A clip board is doing the rounds with more details included. The **resignation** of Louisa Kelly. Victoria (Tori) Triegaardt has **graduated** from Victoria University with a BA (double major) in International Relations and Political Science. Plus a minor in Spanish.

RICCARTON PLAYERS

A Riccartonian Palace of Varieties

*An extravaganza
of Singing, Dancing &
Melodrama in the style of the
Old Time Music Hall.*

Directed by Donna Buchanan,
Steve Millar and Karyn Gibson

7-17 June 2017

7.30pm Wednesday to Friday
Plus afternoon Matinees: 2pm Saturday 10 June,
4pm Sunday 11 June, & 2pm Saturday 17 June

Tickets: \$20 Waged, \$15 Unwaged
Cash sales and EFTPOS available - No Credit Cards

**Christchurch South Intermediate School
204 Selwyn Street, Christchurch
For bookings phone 338 4699 or book online at
www.riccartonplayers.co.nz**

Like us on Facebook:
fb.com/RiccartonPlayersInc

Previous Notices

Just a reminder..

Apologies for Rotary Meetings

Just to remind you, the new system involves an email that is sent to all members who are not on leave or who have not already apologised on the Monday before the Rotary meeting. A simple reply to that email can be used to notify an apology for the upcoming meeting or future ones if you happen to know you will be away. The same email can also be used to notify about visitors that you may be bringing. Of course, if you plan to attend the meeting then you should not reply. Any reply sent will go to the person who sent the emails out and he or she will then record the apologies.

It is still fine to notify apologies as indicated in the Directory as follows:

1. Recording it at the Reception Desk at a prior meeting.
2. Email to chchsouthrotary@gmail.com by 11am on the day of the meeting.
3. Phone call of emergency apologies to Mike (022 540 1251) or Val (03 339 8441). Use this mechanism if you don't have access to email.

We hope for everyone's cooperation in achieving the objective of more accurate notification of the number of meals required.

Inner Wheel District 297 will be collecting goods for Foster Hope at our change over meeting on the 25th June. When young folk are too old to be in foster care Foster Hope Charity supports them into flats. They are asking for donations of crockery, cutlery, cooking utensils, jugs, irons, linen, blankets etc. Please be certain that any electrical goods are safe. Foster Hope does not want you to buy new goods, but to 'Shop Your Homes ' for good sound used items that you would be proud to be made into 'Flat Packs'. Many of you may like to take this opportunity to declutter, and at the same time support young folk take this big step in their lives. Alan (McKinnon) is happy to collect items at Rotary meetings or I could collect them. Thank you very much,
Barbara McKinnon.

- The club welcomes our new Young Adults Associate member, Kaitlin White.

Next Meeting

May 31

Kate Woodward

Life in Shanghai

“Duties”

“On Leave”

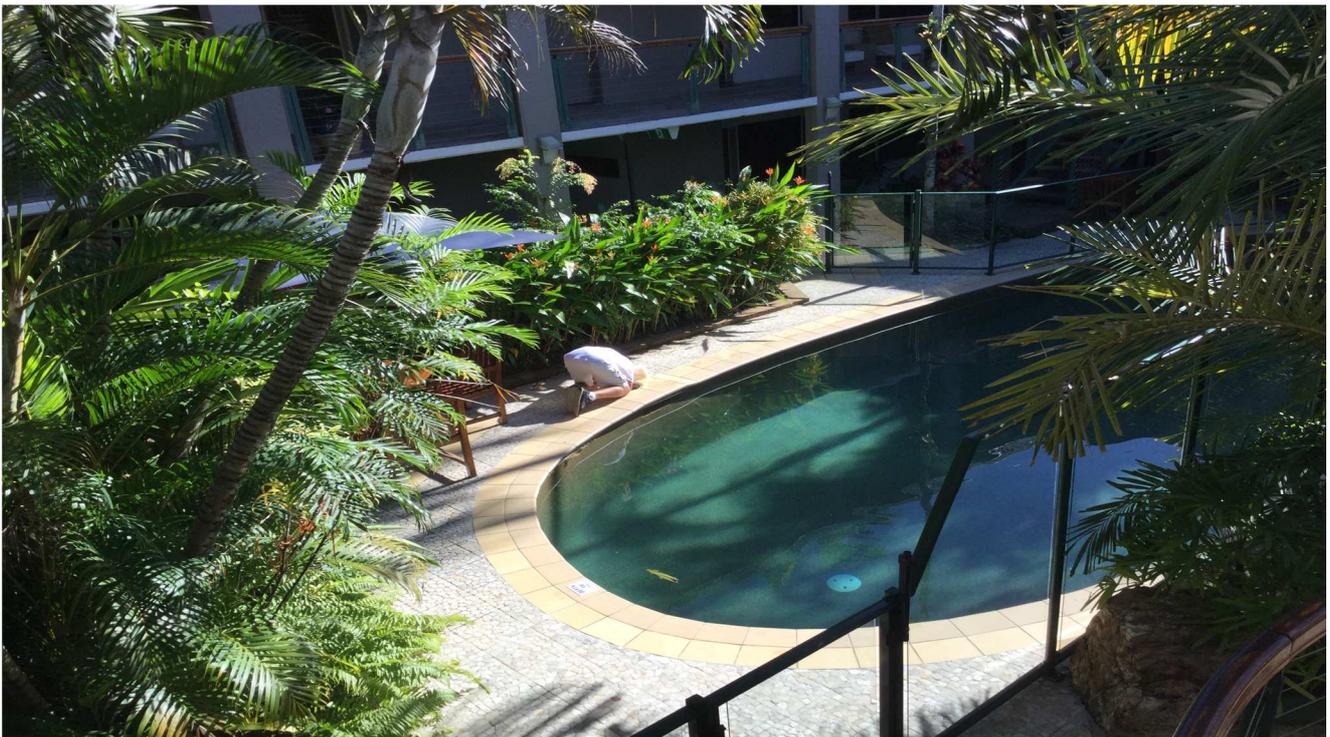
Duty	31 May	07 June		FROM	TO
Cash Desk	H Garlick	V Nossiter			
Cash Desk	D Johns	B Southey-Jensen	G Dockrill	21/06/16	TBA
Reception	P Mears	K Tanner	B Blyth	13/04/16	TBA
Speaker's Host	A McKinnon	T Blackler	M Whitehead	02/08/15	TBA
Grace	J McKessar	L Birmingham	M Ireland	01/01/17	28/06/17
International Toast	R Mackie	J Woodward	B Lawrence	02/08/15	TBA
Thanks to Speaker	R McKinney	B Wales	E Musson	01/01'17	TBA
Quote for the Week	B McKessar	J Wylie	B SoutheyJensen	15/03/17	TBA
Closure	Q Moss	A Airay	A Kim	05/04/17	31/08/17
Speaker Reporter	A McCully	A Stewart			



Looking Ahead

June 07 Chris Ellis Police photographer (T.B.C.)
June 14 Julie Wylie Experiences in North China

A TWIST IN THE TAIL



On a recent overseas visit I drew on my experiences as a Rotarian and humanitarian to pause briefly (on return to my hotel room) as a gentleman went about a daily ritual. I had just visited a sick relative at the hospital across the road and a moment of quiet reflection was quite appropriate. It was only after several minutes that the gentleman stood up removing his arm from the hole in the ground as he did so. He was the pool attendant dealing with a problem with the pools water pump. The incident help lift my spirits for the rest of the day!

Our Club is on "Facebook"! and the internet! You will find us at:-

<http://www.facebook.com/RotaryClubOfChristchurchSouth>

Web site: www.chrchsouthrotary.org.nz

APOLOGIES – Record your apology at the Reception Desk at a prior meeting or Email chchsouthrotary@gmail.com before 11.00 on the Wednesday. Last minute apologies to Mike Bruce, 022 540 1251 or Val Nossiter (339 8441).

DUTIES If you are unable to do allocated duty, it is YOUR responsibility to arrange a substitute and advise the President.

LEAVE of ABSENCE (three weeks or more) advise the Secretary by email or in writing.

