

July 2024





Welcome to the 2024-25 Rotary year. What an exciting two years we have ahead of us with our pilot in operation, our 7 Rotary Community Groups established and the Community Leaders working with club leaders to create growth plans. The responsibilities of the District Governor and District Board have changed in response to our pilot, and we have a much smaller District structure in place going forward as responsibilities have moved from District to Regional Council. This transition will continue through the Rotary year and I will keep you informed as changes in what the district does happens. But I urge you to keep up to date with progress or our pilot through the communications from the Regional Council about the new opportunities for clubs and members. I urge you to make the most of these to expand our reach and increase our impact.

In this Rotary year there will be no District Newsletter. Rotary Classifieds will be the monthly District communication to all members with the addition of a small District update.

Have you checked out the updated District Website? www.rotary9510.org The new District structure and team with our Pilot in operation can be found on the website as well as information about Our Rotary Foundation and other District Activities.

Coming soon... registration for the Multi District Impact Summit, 11-13 April 2025 at Morphettville Racecourse. This event is being organised by our district in conjunction with District 9800 from Victoria and will offer an opportunity for Rotarians to come together to celebrate and investigate new ways we can have impact across the globe, in our communities and in ourselves.

Marie-louise Lees

District Governor 2024-25

M: 0408 134 363

Send your classified to classifieds@rotary9510.org by 7th of the Month







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HOW TO SUBMIT CLASSIFIEDS FOR PUBLICATION:

Please submit your Classifieds or project updates by the 7th of the month for publication on the 13th.

All copy should be submitted to classifieds@rotary9510.org

Preferred format is as an image (JPG or PNG), Microsoft Word or PDF.

Please advise the period required for publication.

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Send your classified to classifieds@rotary9510.org by 7th of the Month







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Now is the time to order your Tee Shirt or Polo Shirt
Click below to order
Best to bulk order per Club
TEE SHIRT

TEE SHIRT POLO SHIRT











Rotary Says No to Domestic Violence

Hi fellow Rotarians.

The committee is seeking donations – see below details.

Suggest you check our web site out - www.StopCoerciveControl.au - go to "About" then to Club Option - Club Sponsorship

Club Option - Club Sponsorship

Running a Parade of this magnitude comes with an array of costs ranging from Council fees; sound systems; signage; safety & first aid; performers; marketing and more.

If your Club can pledge any amount of \$\$ to help us build the promotion and professionalism of the Parade, we would greatly appreciate it and we'll ensure your Club is promoted on the www.StopCoerciveControl.au Home Page as a supporter, plus we will work with your Club as closely as possible to realise other opportunities.

Donations can be EFTd directly to the Walk's host club, Rotary Regency Park's DV Campaign Account: BSB **105-011** • A/C **112 998**

740. Alternatively, at time of formally registering your Club's participation (https://e.mybookingmanager.com/Rotary-Club-Registration-2024-DV- Walk-For-Respect) there's an option to pledge a donation using a VISA or Mastercard.

If transferring by EFT - Please include a **payment reference** similar to "**Rotary XYZ Club - DV pledge**"

Jeff Cluse

Chair of Rotary Says No to Domestic Violence.

jeffcluse@gmail.com

0417573696







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National Youth Science Forum Update

The National Youth Science Forum (NYSF) Year 12 Applications are now open

The NYSF Year 12 Program is one of the leading science, technology, engineering, and maths (STEM) experiences for young people in Australia.

Workshops STEM visits Lectures

Networking Live streams Careers Expo

Operating for over 40 years, the program has helped over 15,000 young people pursue their passion and curiosity for STEM and meet like minded peers and experts from around Australia and the world through range of engaging activities.

For applications & more information visit www.nysf.edu.au

Rotary is the Founding Partner for NYSF.

If interested, please promote the NYSF Year 12 Program using the following resources.

Online Rotary Promotional Kit

on NYSF website via https://www.nysf.edu.au/promoting-the-2025-nysf-year-12-program-resources-2/

NYSF Year 12 Program Website

on NYSF website via https://www.nysf.edu.au/programs/year-12-program/

NYSF Year 12 Program Online Application Form

on SalesForce site via https://nysf.my.salesforce-sites.com/ApplicationforProgram?ProgramID=a07OY000006vPIF

2024 NYSF Year 12 Program Report

on Google Drive via https://drive.google.com/file/d/12mkZAbcnggBxZFHwMssowCADPHwFjZ0o/view?usp=drive_link

D9510 Shared NYSF Files

on Google Drive via https://drive.google.com/drive/folders/12mKP6kOBQSa6gN0UYHaTGeqTI1mFe0nh?usp=drive_link

District Chair: Sean Geoghegan (0437 056 932 or d9510nysf@gmail.com)















ART

SHOW 2024 ***

BLACKWOOD HIGH SCHOOL open space centre Seymour St.—Off Shepherds Hill Rd. Eden Hills

EXHIBITION HOURS

10am to 4pm
Thursday 11th July to Sunday 14th July 2024
and: Thursday 18th July to Saturday 20th July 2024
LATE NIGHT OPENING Thursday 18th until 8pm

HUNDREDS OF ART WORKS BY SOUTH AUSTRALIAN ARTISTS ON DISPLAY AND FOR SALE

PROCEEDS SUPPORT LOCAL COMMUNITY AND OTHER ROTARY PROJECTS



0417 312 853



blackwoodartshow@gmail.com



www.blackwoodrotaryartshow.com.au









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From The Rotary Clubs of Unley and St Peters

Did you know The Rotary Clubs of Unley and St Peters have been working together over the past year or so to engage Young Friends? **Young Friends of Rotary** is a group formed from individuals who have benefitted from Rotary Programs. RYLA, RYPEN, One and All, Music Night, Design and Creativity Awards etc which support young people.

This Young Friends group offers the opportunity for these folk to continue "giving back" to the community.

Last year the Young friends group met at the Rotary Club of St Peters Shed for a BBQ and learned first-hand about Shelterbox, a tent and all!

As a result they organised a Movie Fundraiser "Barbie". Proceeds to Shelterbox.

This year they met at the Shed again and decided to support ROMAC.

The Young friends are keen to become actively involved with a ROMAC client and family when a medical issue arises.

This year's film is INSIDE OUT 2. Regal Theatre Kensington on 20 July at 2pm.

Please share these details with family and friends to help make this Rotary event a success.

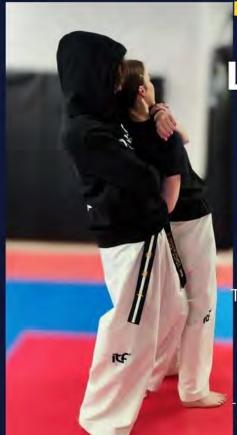
CLICK POSTER TO BOOK











DYNAMIC TAEKWON-DO AUSTRALIA

LEARN TO PROTECT YOURSELF WITH SELF DEFENCE LESSONS

This is a special course for the mature

Work with a Certified Personal Trainer Taekwon-Do 6th degree black belt instructor, teaching members up to 80 years strong.

LEARN

Basic fitness to escape danger
Easy to follow and effective techniques to practice and apply
- Self Defense mindset

- Practice, learn and enjoy with new training partners
 Improve health and flexibility
- Minimise and prevent falling or what to do if you fall on the ground
 - Learn a martial art skill

All lesson costs go to supporting SouthAustralian Taekwon-Do team to the National Championships in Brisbane this September MONDAY 12:00 -1:00
WEDNESDAY 11:00-12:00
STARTS JULY 22ND
COST \$100 FOR 10 LESSONS

Dynamic Taekwon-Do Australia 2 Uren St, Magill 5072 Find out more BOOK YOUR SPOT truwren@gmail.com









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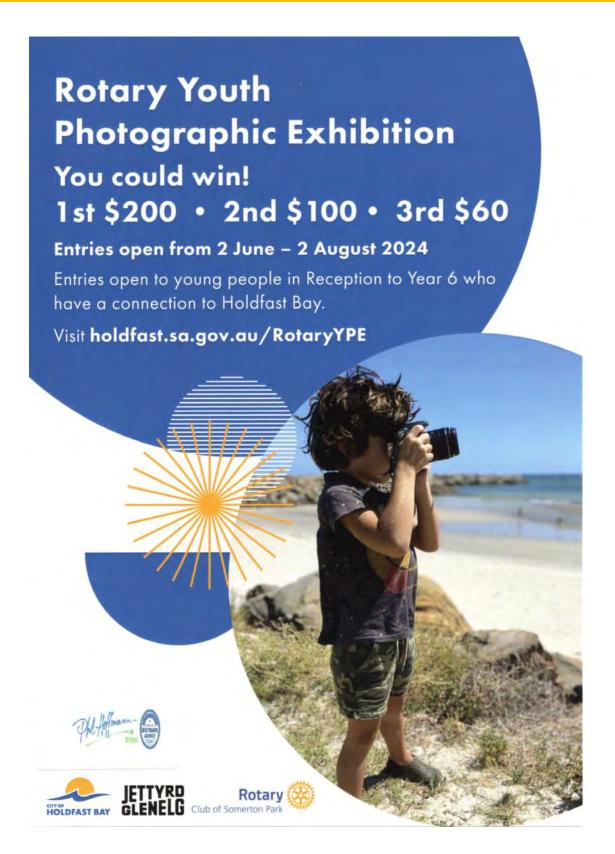
What is Calperum??? For those who may not know.....

Calperum is a property of 337,000 hectares 15 klms from Renmark. Calperum is a critical habitat for species conservation under Commonwealth legislation and recognised as an Internationally significant wetland system, providing habitat to several rare and threatened species of wildlife such as the Black-eared Miner, mallee fowl and the Southern Bell Frog. The stations lands, creeks, lakes and river also house many significant Aboriginal and cultural sites. Rotary has been a significant player in volunteering at Calperum, from assisting scientists to the maintenance of the accommodation, also CATE being Rotary's Calperum and the Environment and Rotary's Health of the River program.

















WEEKEND



SAT 17TH AUGUST 10am to 4pm SUN 18TH AUGUST 9.30am to 4pm One location Strathalbyn Oval

Carruthers (Show) Hall, Coronation Rd Oval Function Centre, Ashbourne Rd

\$10 entry per day
Accompanied U12 free
covers both halls plus entry to
Gilbert's Motor Museum*

*Show your Fair wristband for free entry to Gilbert's Motor Museum on the day of issue only

Sunday Rotary Treasure Market at the oval from 7.30am \$2 entry Accompanied U16 free

PLUS

Gilbert's Motor Museum Market both days

Dawson Street & High Street retailers

Selling their antiques, collectables, crafts

and great coffee and food

Sunday Treasure Market brought to you by Rotary Club of Strathalbyn Email: strathtreasuremarket@gmail.com Phone: 0400 279 297

Fair brought to you by
Strathalbyn Tourism Association
Email: officestrathtourism@gmail.com
Phone: 0416 173 573
Visitor Info Centre: 1300 466 592

Find Something Fabulous in beautiful Strathalbyn, SA Supporting local tourism and community groups

















Say **YES** to Respectful Relationships www.**StopCoerciveControl**.au

Walk for Respect in this peaceful parade

An educational walk offering our South Australian community a chance to connect and gain an insight into key signs of Domestic Violence & Coercive Control that surround us.

Saturday 14 September 2024

from 9am - Meet in Victoria Square from 10am - the walk starts 1.2km along King William Street

10,30am - Arrive at the Elder Park Rotunda

from 10.30 to 11am - Inspirational presentations

11am to Noon - Mingle | Coffee | Food | Displays

Visit www.StopCoerciveControl.au to learn more and connect with survivors of Domestic Violence and local support groups.



Register to walk - FREE

On the day, choose the group you want to walk with when you arrive in Victoria Square

Peacefully Unite to Show Support

http://e.MyBookingManager.com/ 2024-Rotary-Walk-For-Respect









2024
Walk for Respect





project partners









Rotary Club of Coromandel Valley

GIANT PLANT SALE

WAITE STREET RESERVE

BLACKWOOD

SATURDAY 14TH SEPTEMBER 8.30 – 1.30

GINORMOUS (THAT'S LARGE) VARIETY, GREAT PRICES





Our next plant sale will be on 19th October 2024









2024 GRADUATION DINNER

Please book your tickets now!

Come along and support our

new RYLA Graduates

Thursday 26th September 2024 6.00pm for a 6.30pm start at

"Marche Club Function Centre"
49 Gorge Road, PARADISE

\$50 per head, 2 course meal, tea & coffee
Bar facilities available

Bookings through Trybooking Closing Date 18/9/24

Trybooking link: https://www.trybooking.com/CSLSI

Trybooking QR Code:



Any queries to Helen Marshall 0428 711 032

ROTARY DROUGHT RELIEF \$500 DEBIT CARDS

As a response to Rotary Australia World Community Service (RAWCS) E-mail going out to Rotary Clubs in Australia, all of the Rotary Drought relief \$500 debit cards have been allocated.

Therefore, the District 9510 application form process distributed in the June District 9510 Classifieds to Rotarians and Rotary Clubs in District 9510 will not be continued.









Youth Sailing Challenge

Next Sailing Challenge: 29th Sept-3rd Oct 2024



Do you, or someone connected to your club know a young person aged 15 to 18 years that would benefit from facing the life-changing challenges experienced from learning to safely sail a tall ship at sea? Would your club sponsor them?

Cost to club: \$1200

For more information visit www.youthsailing.com.au or contact:

David Binks 0438 221 937 or Don Will 0414 645 402

Check out our video at https://vimeo.com/828257288













The Rotary Clubs of Magill Sunrise and Campbelltown, SA are hosting a Lift the Lid Walk in Campbelltown on Sunday 13th October 2024

Raise awareness of mental illness and help fund mental health research















Times:

8.00am - on the day registrations open

8.30am - official welcome

9.00am - walk starts (at your own pace)

Register Now at LiftTheLidWalk.com.au/campbelltown QR code below

Registrations:

\$30 early-bird registrations receive a FREE T-shirt; Kids under15 FREE! (no shirt) Walkers also receive a free sausage or vegetarian equivalent after the walk.

Walk Details:

A 5km circuit from Campbelltown Memorial Oval (Darley & Lower NE Road, Paradise); along the nearby River Torrens Linear Park and returning to the starting point. Support a great cause - and stay on to enjoy the Magill Sunrise Markets afterwards

Contact: Bet Gebert
Ph: 0429 148 143
E: bettygebert17@gmail.com

Sponsorship opportunities available













Walk For Mental Health

The 5th Walk proudly arranged by the Rotary Clubs of Eastwood and Regency Park
What better way to enjoy a Sunday morning on 13th October 2024
Walk and Chat with friends as you traverse the South East
Parklands and Victoria Park at your own pace while
raising Research Funds for Australian Rotary Health*

Visit the Kangaroo sculptures overlooking the Wetlands



Walk the 150 year old Elm tree lined CARRIAGEWAY







and on to the HIMEJI JAPANESE GARDENS

The 1882 Bluestone Grand Stand should also not be missed



Then return to the start for a free Sausage Sizzle and a cuppa

Put the date in your diary now!

Registrations for the walk coming soon

*Participating Club funds credited to their ARH account









The Rotary Club of Campbelltown
Invites you to the
ANNUAL QUIZ NIGHT
RAISING FUNDS FOR

EAST ADELAIDE DOMESTIC VIOLENCE SERVICES



When: Friday 18th October 2024 6.30pm for 7.00pm start

Where: San Giorgio Function Centre

11 Henry Street Payneham

Cost: \$25.00 per person or \$200 for a table of 10

BYO food and drinks (no bar facilities available)



MC: Andrea Nicolas State Political Reporter and Presenter Seven Network

RSVP: 7th October 2024

Please use TryBooking via

https://www.trybooking.com/CTGNK

or use this QR code:



We would like to thank the Hon John Gardner MP and his office for their support







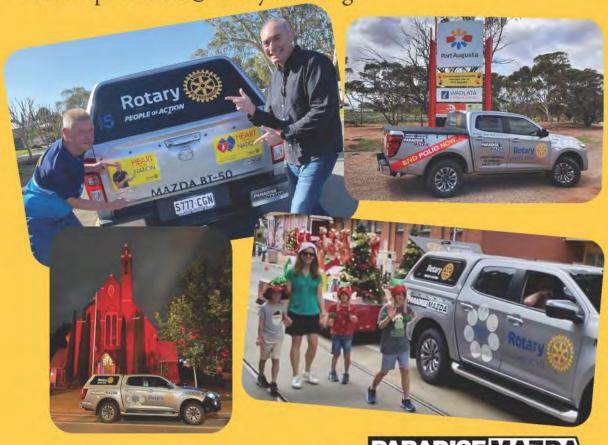




Having a Club Event and would like to use the 'Rotary Promotional Ute'?



Once the dates are planned call David Fenton *email:* promoute@rotary9510.org



Generously provided by PDG Jeff Neale











ROTARY YOUTH PROGRAM DATES 2024

YOUTH SAILING CHALLENGE

APRIL SAILING DATES

Sat 20th April to Wed 24th April

STUDENT & CLUB APPLICATIONS:

by Wed 20th March:

CLUB EXPRESSIONS OF INTEREST:

by Tues 20th Feb

FULL COST: \$1200 (parents may make a

contribution)

SEPTEMBER SAIL DATES: Sun 29th Sept to

Thursday 3rd Oct

RYLA -Rotary Youth Leadership Award

PROGRAM DATES: Sat 21st Sept - Fri 27th

Sept

APPLICATIONS CLOSE: Sat 31st August COST TO CLUBS: \$1150 (\$1100 for

subsequent applicants sponsored by the same club)

VENUE: Nunyara Conference Centre, Belair

RYPEN -Rotary Youth Program of Enrichment

There will be no RYPEN Sunraysia

Adelaide Metro RYPEN

PROGRAM DATES Fri 1st - 3rd November APPLICATIONS CLOSE: Monday 21st Oct

COST TO CLUBS: \$440 (\$415 for subsequent applicants

sponsored by the same club)

Applicants complete online application & pay \$30. This is fully refundable if student withdraws application by 21st October

VENUE: Nunyara Conference Centre, Belair RYPEN Host Club contributes \$1200 (previously \$1,000)

NYSF -Nationa Youth Science Forum

Dates & costs to be advised for Jan 2025











DISTRICT 9510 – CALPERUM and the ENVIRONMENT Committee (CATE)

29th May 2024

After an urgent call out from Julie Robertson at Calperum to complete the laying of floating floor on one bedroom in Dan's house (was Catlin's house), three Rotarian's answered the call.





Mark Carter (Regency Park), DG Craig Dowling (Loxton) & Jeff Cluse (Regency Park).





The floor slowly grew across the room, and we were finished by midafternoon.

Great effort by the team, who worked extremely well together, even though one kept laying down all the time and another one was only in one photo, he was off supervising.

Another great project completed at Calperum, next one could be White House, keep an eye out for the call out or call Jeff Cluse – 0417573696 – jeffcluse@gmail.com







ROTARY CLUB OF GAWLER LIGHT INC District 9510 - South Australia



ABN 43 143 150 788

Shelterbags for the Homeless in South Australia Newsletter April 2024

Dear Partner Rotary Clubs,

Good news! The container of 900 Shelterbags from South Africa has arrived in Melbourne where they are being divided between NSW (RC Terrigal), VIC (RC. Mt. Waverley) and SA (Rotary Club Gawler Light). We expect delivery to DIK/RARE warehouse at Edinburgh any day now and will be in contact with you again very soon to arrange collection.

To date we have 20 partner Rotary clubs from District 9510 who have committed to supporting the Shelterbag Project through the purchase of Shelterbags for local distribution or in general support of the project. The final cost of a Shelterbag has worked out at \$92.77 each. That's a bit more than we expected and up from around \$80 when we first started our pilot project in Gawler with bags imported 2 years ago! The good news for partner clubs is that the extra donations we received will cover the extra cost above the \$90/bag on your invoice.

After a late run of interest from clubs we were able to increase our quota of Shelterbags from 300 to 350 to cover the extra orders and we still have a small number in reserve. It remains to be seen whether we can procure any more bags from interstate during winter but, if so, they will have to be charged at the full price plus any additional transport costs.

We will organise collection days at DIK/RARE in the near future as semi-working bees (with barbeque) for partner clubs to come and roll up their own bags and take them away. Alternative arrangements will be made as necessary.

Shelterbags come flat-packed in shrink wrapped bales of 10 which we will unwrap for checking and stencilling with the District 9510 logo. We recommend that partner clubs add their club's name and an identification number to aid recovery should they be lost or stolen and found. It will also give you a means of reconciliation with your local community organisation or outreach agency and a reference for them to record the date issued and perhaps some other statistics. We wrote our ours discreetly inside the pocket and at the toe with Texta/paint pen.

As we found with our pilot project in Gawler there are many sensitivities and privacy issues which limit the amount of data that can be divulged to third parties but any information such as age range, gender and anecdotal comments may be valuable for future grant funding and promotion of Shelterbags. In three months, we will send you a request for feedback on how your local distribution is going.

I'd like to share with you the attached article from Gawler's local newspaper, the Bunyip, which gives a good account of how Gawler's Red Room Project is benefitting the needs of homeless persons through its collaborative framework. When we first started our Shelterbag Pilot Project the timing was just right for us to fit into this wider alliance of community organisations, which was initiated by Gawler Police and also includes Council and representatives from several government and non-government agencies, who meet regularly to help resolve related issues and facilitate referral pathways.

Finally, I would like to thank all those Rotary clubs and individuals who have supported the Shelterbag Project thus far and for the hospitality you have extended to myself or other members of the Shelterbag team on our visits to your clubs. We wish you all the best in liaising with your local community organisations and the distribution of your Shelterbags.

Richard Tucker

Project Manager - Rotary Club Gawler Light - richard.tucker@iinet.net.au ph. 0429 339 879







Compassion key to helping Gawler's rough sleepers

AIDAN CURTIS

GAWLER police and Riverside Salvation Army are encouraging the community to show compassion for people sleeping rough on the back of increased concerns around homeless people in the town.

In recent weeks, Gawler police have seen a number of complaints centred around the number of homeless people in town and concerns their presence will lead to a rise in crime.

However, Gawler officer in charge Senior Sergeant Robert Mowday said that was not the case.

SS Mowday said Gawler was bucking the trend in terms of both the number of rough sleepers and crime related to them through the work of initiatives like the Red Room Froject (RRP).

"The Red Room Project ensures police actively seek out and engage with rough sleepers and homeless people around town, around the clock – especially on night shift," he said

"Police build relationships with them, which not only enhances their personal safety, but provides an avenue for them to report

"Then what we can do is join or unite local services to meet and address their bespoke individual needs in a cohesive sort of way."

In looking at metropolitan Adelaide, SS Mowday highlighted Hutt Street Centre, for example, has seen requests for food and showers up between 50 and 100 per cent – the largest increase since its records began in 1954.

Catherine House, a service to aid women, had reported it was only able to assist one in five women in 2023 due to increased demand

SS Mowday said through RRP, police and the associated services in Gawler have actually seen a reduction, with six rough sleepers in the area getting into housing and two getting into rehabilitation programs.

"Since we started the Red Room Project in mid-2022, we had over 60 rough sleepers come to the area and it probably spiked at 15 or 16 at one time," he said.

"We've got the numbers down to less than 10 [in Gawler at any one time] – that fluctuates probably between seven and 10, that could be different tomorrow than it is today.

"In the context of over 60, I think that's



Gawler police officers including Senior Constable Randal Murch and Sergeant Debbie Luetkins often engage Gawler's rough sleepers to connect them to services like Riverside Salvation Army.

PHOTO: Aidan Curti

pretty good.

The engagement with RRP has also led to an 18 per cent reduction in rough sleepers being exposed to or suspected of crime in Gawler.

"Leading into engaging with Red Room, 39 of the rough sleepers had been either a victim of crime or a suspect in the six months leading up to engagement," SS Mowday said.

"Upon engaging the Red Room, in the six months afterwards, that had reduced to 22 of those either being a victim of crime or a sus-

Riverside Salvation Army has been a part of RRP from the get go, with Riverside church leader Darren Dwyer helping SS Mowday get the project off the ground.

Mr Dwyer said RRP has had a big impact in tailoring individual help for homeless people accessing the various services and support.

"To actually work hand in hand with local authorities and police, to really tailor a plan for each individual as best that we can, has been fantastic," Mr Dwyer said.

"I think to be able to then have all the organisations that somehow have interactions

with homeless people, or potentially homeless people, and then invite them here where they can build that relationship and then move on into accommodation or rehab, has been really helpful.

"Everyone finds this is a safe place to be themselves, and they know that if they do want to engage and move forward, then we will support them."

Both SS Mowday and Mr Dwyer said they believe a community is judged by how it treats its most vulnerable people and called for more compassion going forward.

"It's not illegal to be homeless, it's not illegal to be sleeping rough – it's about us assisting them," SS Mowday said.

"It's also about the community understanding, being aware and showing compassion for the plight of these people who are struggling for different reasons.

"At the end of the Red Room, we don't want anybody homeless or sleeping rough in Gawler. I think it's achievable.

"We're getting there slowly, but need everybody's assistance. We need the entire community to work with us."









Dear Rotarians

Our country has once again been impacted by extreme flooding and the effect for the residents has been traumatic. To empower Rotary to be on the front foot to combat the relief required, Rotary Australia World Community Service (RAWCS) has established a **Flood Disaster Appeal Fund** to receive donated funds to disperse through the appropriate Rotary Districts and Rotary Clubs in supporting those severely impacted by the floods.

Please see details below: Flood Disaster Appeal Fund - Australia (RARF)

RAWCS has registered a national flood appeal.

Description: To raise funds to support humanitarian relief projects for those impacted by flood disasters within Australia.

The direct link to this RAWCS Project - https://directory.rawcs.com.au/33-2023-24

The online donation link is- https://donations.rawcs.com.au/33-2023-24



ABC NEWS Posted Sat 7 Jan 2023

Evacuation orders in recent weeks advised people to flee from rural towns across Queensland, New South Wales, Victoria. The Northern Territory, Western Australia and South Australia are yet to determine the full impacts of flooding, which is still posing an ongoing threat to safety.

Australians in the past week have lost access to food and water and access to their towns, and some have even lost their animals and homes.

Heavy rain over some parts of the country has fallen on **already saturated catchments**, "The year was characterised by wetter-than-average conditions across much of eastern Australia," a summary from the Bureau of Meteorology (BOM) said on Friday.

Photograph courtesy of Melody Beutel

Project Name: Flood Disaster Appeal Fund - Australia (RARF)

Project number: 33 2023-24

Description: To raise funds to support humanitarian relief projects for those impacted by flood disasters within Australia.

Tax Deductibility: Rotary Australia Relief Fund (Managed by RAWCS) has Deductible Gift Recipient (DGR) registration and has been listed as a Charitable Fund so we can accept tax deductible donations from individuals or organisations.

Further inquiries:

Merv Williams – National Manager Projects & Volunteers – M. 0439 534 791 /

national.projects@rawcs.org.au

Brad Quilliam - National Projects Supervisor - M. 0488 998 338 / projects.supervisor@rawcs.org.au













What does RAG AP do?

Forges partnerships between Rotary Clubs and their local communities to:

- tackle the problems of addiction at a local level
- bring expertise together for study & exchange
- shares good practice across the globe

info@rag-ap.org



Rotary Action Group for Addiction Prevention

Substance abuse and addiction are a global problem. Structural and continued actions are necessary.

Give our kids the future they deserve!

Communities working together are more effective!

- Local Councils
- Youth & Sporting Clubs
- Schools
- Law Enforcement Practitioners
- Health Agencies Businesses

RAG-AP is highly supported by:



- Drug Free Australia
- University of Cambridge
- UN Office of Drug Control
- **World Federation Against Drugs**







Office on Drugs and Crime

The Rotarian Action Group for Addiction Prevention operates in accordance with Rotary International policy, but is not an agency, nor controlled, by Rotary International IVZW BE0663.669.347







Cooperation with Countries

RAG AP can help countries translate their national vision and policies into concrete actions by prospecting the support of Rotary clubs and districts in the country concerned.

Cooperation with NGO's

RAG AP cooperates with NGOs whereby the local branches of the NGO are helped to roll out their evidence-based prevention programmes with the support of the local Rotary clubs.

Cooperation with Rotary Clubs and districts

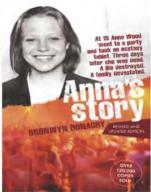
RAG AP informs, motivates and supports Rotary clubs and districts to implement evidence-based prevention programmes in their local communities in cooperation with professional NGOs.

Australian Resources

- Speakers (including those with lived experiences) telling their stories.
- Informative books strategically placed in schools and community libraries.
- saveyourbrain.com.au a website promoting healthy brains. Plus mentoring for teachers, school counsellors, parents & caregivers, to guide young people in their use of the website.







Join us and make a difference!

Contact Rotary Reps: Jo Baxter & Herschel Baker





mag-ap.org 2 admin@drugfree.org.au

The Rotarian Action Group for Addiction Prevention operates in accordance with Rotary International policy, but is not an agency, nor controlled, by Rotary International IVZW BE0663.669.347









RAM RAISING AWARENESS OF MOSQUITO-BORNE ILLNESSES IN AUSTRALIA

World Malaria Day and Malaria Awareness Day occur on April 25th and April 30th respectively each year. Malaria is a mosquito borne illness that causes severe illness and has a high mortality rate. However, the scenario of Australian regional diseases spread by mosquitos is constantly raised at the Rotary Clubs where I have presented Rotarians Against Malaria. Whilst Australia is relatively free of many dangerous mosquito borne diseases, there are some that we need to be aware of. Currently, health authorities are issuing warnings about the high risk of the mosquito borne illness, Murray Valley Encephalitis in the Pilbara and Kimberley Regions of north-western Australia due to flooding (Webb, 2024). Few people become seriously ill but those that do have a high mortality rate. Murray Valley Encephalitis is transmitted from birds to humans via mosquito vectors. I have graphic memories of being a second-year nursing student amid the 1974 outbreak in north-western Victoria. There were several deaths, and many survivors experienced lifelong disability. There had been floods in 1973, and the mosquito population skyrocketed. It was surreal. Today, there is still no vaccine for Murray Valley Encephalitis. The New South Wales and Queensland authorities recently issued warnings about the mosquito born illnesses Ross River Fever and Barmah Forest Virus. The signs and symptoms are fever, rash, severe joint pain and lethargy. These diseases are not fatal but can be long term and severely debilitating (Webb, 2024). In 2021-2022, Japanese Encephalitis occurred for the first time in Southern regions of Australia. The Australian Government declared it a nationally significant disease. Japanese Encephalitis can cause severe infection of the brain and death. However, effective vaccines are available. The disease is spread by mosquitos from animals, often pigs (Williams et al., 2022). Once again there had been floods and the mosquito population got out of hand.

Two of the culprits (there are many more)



Culex mosquitos can spread

Murray Valley Encephalitis and

Ross River Virus. Photo and identifications

Aedes mosquitos can spread Japanese Encephalitis. Photo courtesy of Stock Image

courtesy of The Health Dept of Western Australia and The Health Department of Queensland

So, can we protect ourselves?

- Heed health warnings.
- Avoid mosquito bites by using an appropriate insect repellent containing DEET, Picaridin or Lemon Eucalyptus. Ask doctor or pharmacist if in doubt.
- Mosquito coils. Smokey coils should only be used outdoors.
- Insecticide impregnated clothing can be purchased.
- Wear light, loose fitting clothes that cover the entire body.
- Avoid going outside at dawn or dusk, the peak mosquito activity times. Some mosquitos are daytime biters.

Drinking Gin and Tonic is of no help, but you can enjoy it anyway (Webb, 2024).

Cheers.

Kerre,

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