

Goal Setting Template

	Specific	Measurable	Action Oriented	Realistic	Timebound	Ethical, Enjoyable, Exciting	Resourced
Questions to ask	<p>What do we want to accomplish?</p> <p>Why is this goal important?</p> <p>Who is involved?</p> <p>Where is it located?</p> <p>Which resources or limits are involved?</p>	<p>How many/much?</p> <p>How do we know if we have reached our goal?</p> <p>What is our indicator of progress?</p> <p>How will we measure the milestones along the way?</p>	<p>What steps can we take?</p> <p>Is there more information we need?</p> <p>Have others done it successfully before?</p> <p>Do we need to learn or explore something to help us?</p>	<p>Is the goal realistic and within reach?</p> <p>Is the goal reachable given the time and resources?</p> <p>Are we able to commit to achieving the goal?</p>	<p>When will we achieve this goal?</p> <p>What can we do six months from now?</p> <p>What can we do six weeks from now?</p> <p>What can we do today?</p>	<p>How does this goal align with our values, is it ethical?</p> <p>How can we ensure we enjoy the process?</p> <p>What is exciting about this goal?</p>	<p>Do we have the skills and knowledge?</p> <p>Who or what other resources or support do we need to achieve this goal?</p>
Goal 1							
Goal 2							