## "Rotarians Connecting the World, Opening Opportunities and Imagining the Future"

## **SPEAKERS**



## MADINE DESPEINE-UDOH

Madine Despeine-Udoh received her bachelor's degree from the Pennsylvania State and her Master's from Fairleigh Dickenson University in Teaneck, NJ. In her more than 25 years in the field of mental health, she has worked in various areas of mental health, which includes residential counselor, case management, partial care programs and held supervisory position. Currently, Madine Despeine-Udoh is the Director of Self Help, Advocacy and Education at the Mental Health Association Parsippany, NJ office. A position she has held for 13 years. Madine is responsible for running a wide range of programs and provides presentations/trainings about mental illness, stigma, etc. to business, schools, treatment providers, houses of worships, law enforcement and the community at large.

She is a certified Mental Health First Aid instructor, Disaster Response Crisis Counselor, sits on the Community Involvement Advisory board at Ramapo University School of Social Work, Morris County Stigma Free Committee, United Way Caregiver Coalition Steering Committee, NJ Consumer Public Policy Committee, the Mental Health Advocacy Group of Rotary District 7475, Girls, Guts and Glory and most recently became a member of Lead Morris out of the Morris County Chamber of Commerce.

