

District 7475 Short-Term Youth Exchange with Japan Student Application Preparation Form

This is a copy of the actual program application, which you will complete and submit online. You will be emailed an access link after your eligibility for the program is confirmed.

This copy is for your use and is provided so you can prepare and collect the information you need in advance of completing the actual online application.

The application is detailed and all sections must be completed. If your parents are divorced or separated, provide the requested information for both parents (not stepparents). If someone other than a parent is your legal guardian, provide the requested information for the legal guardian. Authorizations will be required from all parents or legal guardians. All requested photos must be provided.

You and your parents or legal guardians will be required to sign a document confirming that the information you submitted in the application is complete and accurate, and that you agree with the rules and conditions of the exchange. A copy of this document is available on our Japan Exchange webpage (link below).

You will be required to submit a detailed medical form. A copy of the medical form is available on our Japan Exchange webpage (link below).

The security of your information is carefully controlled. Only program leaders here, and if selected leaders and your host families in Japan, will have access to your information. This application will serve as your introduction to your host families. It will be their first impression of you. Make it a good one!

If you have any questions or concerns, email bob.law.7475@gmail.com

Japan Exchange Webpage:

<https://members.njrotary.org/sitepage/stye-japan-2026>

Eastern States Student Exchange

Short Term Student Application for 2026-26

Congratulations on your ambition to become a Rotary Youth Exchange student! As you begin this process, be sure that you follow all instructions carefully and completely. Should you run into any problems or have any questions, check the bottom of each page for contact links.

So ... what now?

If you have already started your application, please click the "**Log Me In**" button below.

If this is your first time here, you will need to create an account so that your application information can be stored and retrieved for you as you work through the steps. Click the "**Set Me Up**" button below.

Important Notes:

- This application process will require you to complete several pages of information, upload a number of photos, and follow up with supplemental forms and instructions that will be e-mailed to you after your completed application is received. Those additional documents will include medical and dental report forms, program fee information, and more. Be sure to read them thoroughly and take all appropriate action as required.
- If your application is not submitted and is inactive for 30 days, it will be deleted from our files. So make sure you complete it in a timely manner.

Rotary is very mindful of its responsibilities to provide a safe and healthy home to all of our participants in regards to COVID-19. As such, we will continue to monitor and observe all the dictates of laws governing such travel programs. Please keep in mind that health conditions can change quickly that may necessitate altering your initial country choices and the possibility of the exchange.

It's my first time here!
Set Me Up

I'm back!
Log Me In

If you need assistance, send an e-mail to jill.albright91@gmail.com

Eastern States Student Exchange

Application for Short Term Exchange 2026-26

Establish Your Account

To begin your application, enter your e-mail address (you must have your own e-mail). Then, select the Rotary District in which you live from the list, and click "Submit".

An e-mail will be sent to you with a temporary password that you can use to get started. You will be required to change that password upon first use.

Enter your e-mail address (you must have your own):

Please select the Rotary district to which you are applying:

If you need assistance, send an e-mail to jill.albright91@gmail.com

Select District 7475 from the dropdown list.

Eastern States Student Exchange

Outbound Student Application for 2026-26

A temporary password has been sent to the e-mail address you provided.
You will be required to change it after initial login.

Login

If you need assistance, send an e-mail to jra188@aol.com

Eastern States Student Exchange

Outbound Student Application Login

Please enter your login credentials below.

Your E-mail Address:

Your Password:

Select Program: ↕

Remember Me?

[Login](#)

[Forgot Password](#)

If you need assistance, send an e-mail to jill.albright91@gmail.com

Eastern States Student Exchange

Outbound Student Application for 2026-26

Before you begin, we want you to know that we are careful to protect your personal information. Please review the Rotary Youth Exchange Application Privacy Statement by clicking the link below.

[Click here to review the Rotary Youth Exchange Application Privacy Statement](#)

Please provide all of the information requested below. If you need to stop before completing the entire application, you can return at a later time, and any information on pages that you've submitted will be preserved.

Page 1 of 9 - Personal Information

Please acknowledge that you have read and understand the Rotary Youth Exchange Privacy Statement Yes No

(Send any questions to the email address at the bottom of this page before submitting any information)

Your legal name, as it appears on your passport or birth certificate.

*First Name(s):

Middle Name(s):

*Last Name(s):

Suffix (Jr, III, etc.), if any:

More About You

Nickname, or name you prefer to be called:

*Gender:

*What city and state/province were you born in?

*Which country were you born in?

*Which country are you a citizen of?

*Date of Birth:

*Your Email Address (you must have your own):

Home Phone:

Mobile Phone:

Home Address

*Street Address:

Apartment No or Address Continued:

*City/State/Zip:

*Country

Postal Address (if different than above)

Leave blank if your mailing address is the same as your home address.

Postal Address:

Apartment No or Address Continued:

City/State/Zip:

Country

[Next Page →](#)

Eastern States Student Exchange

Outbound Student Application for 2026-26

Please provide all of the information requested below. If you need to stop before completing the entire application, you can return at a later time, and any information on pages that you've submitted will be preserved.

Page 2 of 9 - About Your Family

Parent #1/Legal Guardian's Information

First Name:

Last Name:

E-mail Address:

Home Phone Number:

Mobile Phone Number:

Business Phone Number:

WhatsApp Number:

Skype Acct Name:

Occupation:

Address

Address - Street:

City/State/Zip:

Country:

Is this parent a Rotarian?

If yes, select Rotary Club:

Parent #2/Legal Guardian's Information

First Name:

Last Name:

E-mail Address:

Home Phone Number:

Mobile Phone Number:

Business Phone Number:

WhatsApp Number:

Skype Acct Name:

Occupation:

Address

Address - Street:

City/State/Zip:

Country:

Is this parent a Rotarian?

If yes, select Rotary Club:

*Select your parents' marital status:

If parents are separated or divorced, describe legal custody arrangements:

(Max. 200 characters)

Emergency Contact Information New

*In the event of an emergency, which parent or legal guardian should be contacted first? Parent #1 Parent #2

Emergency Contact Information New

*In the event of an emergency, which parent or legal guardian should be contacted first? Parent #1 Parent #2

For situations where neither parent can be reached, please complete the following for an alternate emergency contact:

*Alternate Emergency Contact Name:

*Relationship to Applicant:

E-mail Address:

Home Phone Number:

Mobile Phone Number:

Business Phone Number:

*Street Address:

City State/Prov

*City/State/PostCode:

Please list all of your siblings, whether or not they live at home. List any additional individuals that are living in the home.

Name	Relationship	Age	Occupation or School Grade/Level	Living at Home?
First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
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First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
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First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
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First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>
First Name <input type="text"/> Last Name <input type="text"/>	<input type="text" value="select"/>	<input type="text"/>	<input type="text" value="Job or Grade Level"/>	<input type="text" value=""/>

Eastern States Student Exchange

Outbound Student Application for 2026-26

Please provide all of the information requested below. If you need to stop before completing the entire application, you can return at a later time, and any information on pages that you've submitted will be preserved.

Page 3 of 9 - Your Background

Sponsor District and Rotary Club

Sponsor District Number: 7475

Sponsor Rotary Club:

Personal Background

Facebook Page:

Twitter Account:

Instagram Account:

WhatsApp Account:

Skype Account Name:

*Religion:

Any special requirements regarding religious observance? (Max. 400 characters)

*Dietary Restrictions: (Max. 400 characters)

*Do you smoke or use tobacco products?

If yes, please explain: (Max. 400 characters)

*Do you drink alcohol?

If yes, please explain: (Max. 400 characters)

*Have you ever used illegal drugs?

If yes, please explain: (Max. 400 characters)

Languages

*Your Native Language:

Non-Native Language(s)	Years Studied	Speaking Proficiency	Reading Proficiency	Writing Proficiency
<input type="text" value="-- select --"/>	<input type="text" value="Years Studied"/>	<input type="text" value="Speaking"/>	<input type="text" value="Reading"/>	<input type="text" value="Writing"/>
<input type="text" value="-- select --"/>	<input type="text" value="Years Studied"/>	<input type="text" value="Speaking"/>	<input type="text" value="Reading"/>	<input type="text" value="Writing"/>
<input type="text" value="-- select --"/>	<input type="text" value="Years Studied"/>	<input type="text" value="Speaking"/>	<input type="text" value="Reading"/>	<input type="text" value="Writing"/>
<input type="text" value="-- select --"/>	<input type="text" value="Years Studied"/>	<input type="text" value="Speaking"/>	<input type="text" value="Reading"/>	<input type="text" value="Writing"/>
<input type="text" value="-- select --"/>	<input type="text" value="Years Studied"/>	<input type="text" value="Speaking"/>	<input type="text" value="Reading"/>	<input type="text" value="Writing"/>

[Save my data from this page and Continue](#)

[Discard my changes to this page and Exit](#)

Eastern States Student Exchange

Outbound Student Application for 2026-26

Page 4 of 9 - Student Letter to Hosts

Student: In the box below, write a letter introducing yourself to your future host club and host families. Keep in mind that this will be their first impression of you. Incorporate your answers to the following questions in your letter, providing as much detail as possible (if you need help generating details, also consider the italicized questions in parentheses).

1. What do you do when you have free time?
2. What you do at your school? (*How many subjects do you take? What are they? How long are the classes? What is your daily schedule during the school year? Start with when you wake-up and discuss only one typical day's schedule.*) Are you able to choose courses at your school? If so, which courses did you choose, and why?
3. What are your school interests and activities? What leadership positions have you held?
4. How would you describe your home? (*Do you have your own room, or do you share your room with others? Where in your house do you study? How far is your home from your school? Do you drive, ride a bus, or walk to school?*)
5. What are the occupations of your mother and father? (*What product or service does each make or perform? What is her/his position or title?*)
6. How would you describe your community? (*Is it in or near a major city? What is the population? industry? economy?*)
7. What are your interests and accomplishments? (*Are you interested in art, literature, music, sports, other activities? How did you become interested in the activity? How long have you been interested? How much time do you devote to the activity?*)
8. What trips have you taken outside your country? Why did you take these trips, with whom, for how long?
9. What things do you dislike? (*Do you dislike certain foods, animals, treatment by other people, etc.?*)
10. What do you feel are your strong, and weak, characteristics?
11. What are your plans and ambitions for your education and career? Why?
12. What do you specifically hope to accomplish as an exchange student, both during your exchange and when you return?

Type or paste your letter here. Plain text only (no formatting, no pictures). Spelling and grammar count. Remember to write it as a letter, not a list of answers to the questions above. Limit is 6000 characters.

Characters remaining: 600

Eastern States Student Exchange

Outbound Student Application for 2026-26

Page 5 of 9 -Parent Letter to Hosts

Parents: In the box below, write a letter to your child's host club and families, incorporating your answers to the following questions in your letter.

1. How would you describe your child's relationship with you and your family? with his/her friends?
2. How does your child react to disagreement, discipline, and frustration?
3. How does your child handle challenging or difficult situations?
4. What amount of independence do you give to your child? What is your child's level of maturity?
5. What makes you proud of your child?
6. Why do you want your child to be an exchange student?
7. Are there any other comments you would like to share with the host families?

Type or paste your letter here. Plain text only (no formatting, no pictures). Spelling and grammar count for you too. Remember to write it as a letter, not a list of answers to the questions above. Limit is 6000 characters.

Characters remaining: 600

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Eastern States Student Exchange

Outbound Student Application for 2026-26

Page 6 of 9 - A Photo of You


Now it's time to smile! We need a photo of you as part of your application. This photo will be shared with Rotarians here and overseas, and with your prospective host families as well. So smile! And follow the instructions below.

To upload a photo, click "Choose File" to select a picture from your computer, then click "Upload Photo" to proceed. The photo will then be displayed. If you decide you don't like a particular photo, you will have the opportunity to upload another.

Photo requirements: Your photo must be a recent, good-quality color photo of yourself, a head-and-shoulders shot, with some blank space around your head and no other people or objects in the picture. Its dimensions must be 8x10 vertical (taller than it is wide), with a minimum size of 200x250 pixels. Maximum file size 8mb. See sample photo at right.



1. Choose a photo from your computer:
2. Click button to proceed:

 Screenshot ...12.50.16 PM

If you need assistance, send an e-mail to jra188@aol.com

Eastern States Student Exchange

Outbound Student Application for 2026-26

Page 7 of 9 - Photos of Your Life

Now, we would like for you to provide some other photos to better introduce yourself to the Rotarians and families who will sponsor and host you. Four photos are required:

- **My Family** - a photo that includes members of your immediate family
- **My Special Interest** - a photo of you participating in your favorite hobby or activity
- **Something Important** - a photo of your friends, pet, musical instrument, etc.
- **My Home** - a photo of your house or the building where you live

1. Select which photo you'd like to upload:

Select photo subject

2. Choose a photo from your computer:

Choose File no file selected

3. Click button to proceed:

Upload Photo

I'm done with the photos - Continue

<p>My Family</p> <p>MY PHOTO</p>	<p>My Special Interest</p> <p>MY PHOTO</p>
<p>Something Important to me</p> <p>MY PHOTO</p>	<p>My Home</p> <p>MY PHOTO</p>




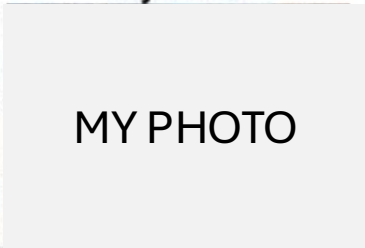
Discard my changes to this page and Exit.

Eastern States Student Exchange

Outbound Student Application for 2026-26

Page 8 of 9 - Caption your Photos

Please enter captions below for the photos you have uploaded.
Then you may press "Continue" to go to the next page.

<p>Mv Familv</p>  <p>Family</p>	<p>Mv Special Interest</p>  <p>Rotary</p>
<p>Something Important to me</p>  <p>Membership</p>	<p>My Home</p>  <p>My Home</p>

Save my data from this page and Continue

Discard my changes to to this page and Exit.

Eastern States Student Exchange

Outbound Student Application for 2026-26

Page 9 of 9 -Submit Your Application

Congratulations! You've completed this application process, but there is still a lot more to do before you can pack your bags and head overseas as a Rotary exchange student. So, what happens next?

- Your application will be initially reviewed to make sure that it's complete. If any required information is missing, or if you've not yet uploaded your letters or photos, you'll know that immediately.
- If your application is complete, you'll be sent an e-mail with additional instructions and documents that will require your prompt attention. So be sure to check your e-mail regularly!
- Please note that once your application is submitted, you will not be able to change or add to it, so be sure you're happy with what you've done before you click the Submit button.

On behalf of the Rotary Youth Exchange program and Rotarians all around the world, welcome to what may truly be called the adventure of a lifetime.

[I'm ready to go! Submit my Application!](#)

[No, I'm not finished yet. I'll be back another time.](#)

If you need assistance, send an e-mail to jra188@aol.com