



ISSUE 07
JANUARY 2022

ubuntu

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VOCATIONAL SERVICE



Rotary
District 9214



Rotaract
District 9214



**SERVE TO
CHANGE LIVES**

97TH DISTRICT CONFERENCE **ARUSHA** 12 - 14TH MAY 2022



ARUSHA INTERNATIONAL CONFERENCE CENTRE

This year's DCA will be held at one of the most prestigious conference venues in Tanzania.

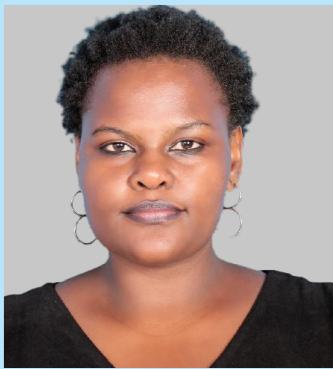


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EDITOR'S NOTE



Rotarian Diana Elinam
UBUNTU - Editor in Chief



Rotarian Florence Malinga
UBUNTU - Co-Chair
Uganda

Vocational Service

Happy new year to fellow Rotarians, Rotaracts, Family and friends of Rotary.

Vocational Service is our theme this month and for this month's theme we would love to quote Rotary founder Paul Harris who wrote, "Each Rotarian is a connecting link between the idealism of Rotary and their trade or profession".

The main objectives for this month's theme are as following;

- To encourage and foster high ethical standards in business and professions.

- To recognise the worthiness of all useful occupations.

- To dignify the Rotarian's occupation as an opportunity to serve society.

- To apply the ideal of service in personal, business and community life.

- To advance international understanding and goodwill, and peace through a world fellowship of businessmen and professional men and women united in the ideal of service.

I hope this theme and all the themes throughout the Rotary year shape and change not only our communities but ourselves as Rotarians as well.

Yours in service!

Diana Elinam

Editor in Chief

Shekhar Mehta

President 2021-2022

GREETINGS, DEAR CHANGEMAKERS OF ROTARY.

One of Rotary's founding principles was to use your vocation — whether as a doctor, lawyer, engineer, or another profession — to do good in the world. As we attempt to overcome and recover from the pandemic, this principle is vital in retraining people who have lost their jobs. In response, the Rotary E-Club of Tamar Hong Kong organized seminars for young people, with the aim of preparing them for the changing world of work.

This type of training must happen on a large scale. According to the United Nations, global unemployment is expected to exceed 200 million people in 2022. Women and youths are likely to be disproportionately affected.

This is why I've placed such a strong emphasis this year on projects that empower girls, and I've been delighted to see some of these projects in action. Of course, access to education and the path to employment can be blocked by a lack of water and sanitation infrastructure.

A project in Pune, India, focuses on providing girls and women with an affordable, reusable sanitary pad. The project provides employment for production and distribution of the pads, and it will reduce the pollution caused by the disposal of 12.3 billion sanitary napkins in the country annually, many of which end up in India's landfills. Others have used vocational service to advance the empowerment of women. The Rotary Club of Poona, India, conducted workshops to teach martial arts to young women, for self-defense against the threat of abuse or human trafficking.

I've also been fortunate to use my



vocation to do good through Rotary. The Indian Ocean tsunami in 2004 devastated the Andaman and Nicobar Islands, which are part of my district. Thousands of homes were destroyed, and many areas lost electricity and running water. On my visit to Little Andaman Island, the builder in me immediately wanted to build homes for the homeless islanders there. We decided to construct 500 homes on Little Andaman.

On the last of my seven trips to the island, I could see something glimmering below as my helicopter was about to land. I realized that what I was seeing were the roofs of new homes. I was overjoyed by the sight, and soon a realization dawned upon me. As a builder I had built many beautiful buildings. In comparison, these 500 homes were the most ordinary buildings I had ever built, and they were in a place I likely will never visit again, for people I will never meet again. And yet the satisfaction I had in handing over these houses was greater than from anything I had previously built. Probably because for once I was using my vocation to Serve to Change Lives.

You, too, may have had opportunities to use your vocation to Serve to Change Lives. I welcome your stories of performing vocational service through Rotary. Also, I want to close by congratulating every club that has engaged with the Each One, Bring One initiative, which asks every member to introduce one person to Rotary. Increasing our membership gives people from all walks of life the opportunity to share their knowledge and skills in transformational service.

PRESIDENT'S MESSAGE

AS WE RING OUT THE OLD YEAR: 2021

DG YOUNG KIMARO



DG's Note

Rotary family (of Rotarians and Rotaractors worldwide) make up 1.4 million among 7.9 billion people globally; barely 0.018%. We Rotarians are deeply privileged to be part of this unique family which comprises of all races, religions,

and professions, who share values and goals in life who have come together to serve to change lives. We are as strongly committed to grow our Rotary family to do more good in the world. That has been RI President Shekhar's challenge – Each One Bring One.

While growing Rotary, our Rotarians have been made mindful not to sacrifice quality for quantity, which is self-defeating in the longer run. We anticipate clubs to achieve exceptionally large numbers of new inductees (membership expansion) and a good number of new clubs (membership extension) this year.

Lastly, we remember with great sadness late PDES(D9211)/DGN(D9213) Aggrey Kankunda and all other Rotarians who passed on this year. They left their imprints in the communities they served and in our hearts. We were privileged to have had them walk with us, side by side on our Rotary journey.

NEW OPPORTUNITIES AS WE RING IN THE NEW YEAR: 2022

New culture does not happen because it has been declared. It takes times to be practiced enough to be internalized. With constant reminders we will deepen our culture of

Putting Clubs at the centre with the District providing support and encouragement,

Partnering with youth in project design, leading interact clubs, and promoting internships in Rotarian run organizations, and

Teamwork in everything we do from project design and implementation to running club and district committees, and collaboration across clubs.

In addition, new frontiers are opening up.

Government of Tanzania has reached out to Rotary to join in its effort to eradicate malaria by 2030.

Rotary has been invited to sit on the Council of Eliminating Malaria. This opens opportunity for Rotary to engage in a dialogue with the Government for collaboration on other fronts where Rotary is effective in changing lives. The most urgent need of yesterday is to support the COVID-19 vaccination rollout. To prepare for it, Rotarians in Tanzania can learn from the experience of their counterparts who have supported the same in Uganda.

Promote "Mindset change" in projects.

Sustainable development does not happen automatically because we have provided improved facility, built structures, provided books, desks and chairs, delivered computers, trained staff, and provided seedlings. Very often, the outcomes aspired for from such interventions need mindset changes for the impact to be felt and to be long lasting.

Often these interventions require a number of minimal costs which can be incorporated at any point in the project cycle. They can even be introduced as a stand-alone "zero-cost" projects. Some mindset changes involve:

Talking to parents to bring about mindset change to make parents willing to give deserving girls fair opportunity to advance to higher levels of schooling.

Introducing a system at schools which will help eliminate water wastage.

Providing strong incentive to encourage ownership by children of the seedlings they planted, making them eager to keep caring for them.

Sharing with mothers what they can cook the night before and set aside so that children can eat before going to school and improve their school performance. Other creative and exciting possibilities are rearing their heads on the horizon, but too early to mention them here. May your New Year Rotary journey be exciting, stimulating and rewarding. May your pursuit of creative solutions add to the Mindset change menu of our District to make our projects more vibrant and impactful.

*Each year, continue To give more, for the District
to do more to grow more to Change Lives*

DG's CHAT WITH HAMZA

This time, the chat features our very own District Governor Young Kimaro on the first six months of her term 2021-22: What she has discovered, learnt, would like to see more of, and future expectations for her District. A riveting chat with Bibi Young and Rotarian Hamza Kassongo of the DSM Club!

Rtn Hamza: This is a chat with Hamza and the guest today is the DG Young Kimaro, welcome to the chat. It has been 6 months since you too the responsibility of running District 9214. In the process of these 6 months, I understand that you've been given or christened with a name or names. Which are these?

DG Young: Thank you, Hamza. Thank you for giving me this opportunity to share my evolving thoughts with D9214 Rotary family. (Chuckles) Bibi is grandmother in Swahili as are Jjaja (in Luganda), Mukaka (in Toro), and Nyokwenkuru (in Kisoro). The last two are spoken in the southwestern part of Uganda. I really like being called Bibi because that makes everyone relax and connect with me as they would with a grandma, which I am.

Rtn Hamza: (Laughing) Okay. Now with the pandemic of course your visits were restricted. However, despite that, you did make a number of visits to clubs in the district. Very briefly, which ones did you manage to visit?

DG Young: Of about 106 clubs in our District, including provisional ones, I visited nearly 90 clubs in person plus several groups of Rotaractors.

Rtn Hamza: Excellent. So what was your experience?

DG Young: Oh wow, Hamza! That's....I could go on talking forever (laughs). You know, I just love the human connection, unique chemistry that one senses from each club. Even in the smallest and weakest clubs I have encountered very committed Rotarians who are giving their all to do good. That's so inspiring, energizing and humbling. During club visits my meetings were largely interactive. That helped me discover hidden gems of projects that could've gone unnoticed.

Rtn Hamza: When you began the year Bibi, you had your own targets which were increased by the goals set by the Rotarian International President Shekhar Mehta. If you combine these two sets of goals, how far have you managed to reach or surpass them?

DG Young: Our District is focused on youth. We want to uplift youth to be our partners in growth. So, we encourage: (1) Rotarians to involve youth in projects from the design

stage. That gives youth opportunity to develop professional skills. When Rotaractors feel they own a project, they will be even more committed and energized for the project. (2) Rotaractors to offer their help to Rotarians struggling with IT challenges. (3) Rotarians to invite Rotaractors to lead and guide their Interact clubs. (4) Compile a Directory of Internships offered by Rotarians to open wider opportunities for professional experience to Rotaractors by increasing value-added to both Rotarians and Rotaractors with these engagements, we hope to create more conducive environment for Rotaractors' transition to Rotary. In membership, our target is to have minimum 20% of members below 40 and 30% of District leadership below 45. Many clubs have not recorded onto RCC. Our guess from casual observations is that members below 40 is unlikely to exceed 12-15% of our current membership, and it is even less for District officers.

The two goals that RI President is particularly passionate about are empowering girls and membership growth.

On empowering girls, two dynamic and committed Assistant Ambassadors for Empowering Girls – Susan Ssamula (Uganda) and Aisha Sykes (Tanzania) – are taking the lead, guiding and encouraging clubs to do more to empower girls. In a special session held on the topic during his visit to Uganda, RI President Shekhar was pleased to learn that the two Districts are actively engaged in projects for empowering girls, from many different angles.

In my club visits, I have encouraged clubs to reach out to parents to encourage mindset change, to help them see why it's in their own interest to give deserving girls a fair chance to go to the next level for further studies. We can make parents aware that (1) girls grow up to be mothers, and educated mothers bring up healthier and better educated new generation which will create a better future for all; (2) when they grow too old to take care of themselves, they can count on girls for help. In short, girls are the best insurance they have for their old age, so it pays to invest in girls.

RI President Shekhar's emphasis on membership growth has been inspiring. But we are not likely to double our membership to 4,500, as EACH ONE BRING ONE will dictate, but we will definitely grow to meet and possibly surpass the strategic plan target of 250 by end of this Rotary year.

Rtn Hamza: If I ask you Bibi, of the many club visits that you have made, which one stands out? And why?



DG Young: That's really difficult to answer, Hamza because clubs' strengths come in many different ways that makes them hard to compare. May be I need a second interview to answer this one (both laugh)! Or, I can mention which project was most impressive...?

Rtn Hamza: But that's part of the club, isn't it?

Young: Among many impressive projects, one which really stands out, Hamza, is that of RC Kihhi which transformed Bwindi community. Bwindi, located in the remotest southwestern part of Uganda, is known for impenetrable forests and mountain gorillas. Batwas, the pygmies, live there. For the longest time Bwindi did not even have a dispensary. Open air clinics were set up for occasional visits by health workers. Then, as much as 40% of Batwas children did not make it beyond 5 years.

An American missionary, Dr. Scott Kellerman, started the Bwindi Community Hospital in 2003. Two years later, RC Kabale weighed in by providing an X-ray machine and a diesel generator to the hospital. That launched what was to become a long-term engagement by Rotary clubs – Kabale, Rwampara, Mbarara Central, and Kihhi with Kihhi taking the lead.

For years Bwindi hospital struggled with shortage of nursing and midwifery staff as urban trained nurses and midwives were reluctant to relocate to a remote area such as Bwindi. So it was decided that Bwindi should build its own nursing school. Now 80% of those positions at the hospital are filled by graduates of this nursing school.

Rotary continued to support the hospital for over 16 years as it grew, expanded and modernized.

Today, it is highly acclaimed for excellence and patients flock to it from all over Uganda. It is also known for advanced use of IT and innovativeness. The hospital operates a digital tracking system of children and patients for vaccination and treatment follow-up. Its lab houses a computerized mannequin which simulates a baby being delivered. That is used to train midwives on how to deliver babies safely.

Rtn Hamza: Fantastic! Now that the club visits are over, what are your plans?

DG Young: I have to first make sure that all promises made for information and support during club visits are acted on. So if some clubs have not received responses, I encourage them to kindly let Aide-de-Camp Joan Kantu in Uganda or CC Agnes Batengas in Tanzania so we can take action swiftly.

As for the remaining six months of Rotary year 2021-22, in addition to empowering girls, membership growth and elevating youth, I have two other goals which fell out of club visits. (1) Create awareness of the critical role mindset change plays in project sustainability and to encourage clubs to incorporate these elements, most of which can be done at zero cost, into projects under preparation or even those that are being implemented to strengthen sustainability and expand their impact. (2) Build "composite" projects which bring together elements of project design from different clubs, to make them sounder and more impactful, and share and promote them. My favourite example is a boda-boda project. Others span WASH, tree planting, education, skills training and more.

CONTINUATION

Boda-bodas provide affordable and convenient transport for wananchi in D9214. They flood our roads everywhere, urban or rural. Regretfully they are often recklessly driven by youth who had no training on road safety. Too many bodaboda accidents are maiming and killing people of all ages. Things will only get worse because bodaboda numbers continue to increase at an amazing rate.

Several years ago, RC Songea introduced a bodaboda project. It partnered with the district traffic police and trained 200+ bodaboda riders on road safety. Upon completion, they were given a vest imprinted with a Rotary emblem. Soon those with Rotary vests gained reputation as safe riders and became much sought after. Recently, a bodaboda project of RC Kisugu recognized that most of the hard-earned income of the bodaboda riders went into the pocket of private lender of bodabodas, leaving only a fraction of the hard-earned money to riders. The club linked bodaboda riders to a SACCOS for long-term loans (to be repaid over 3 years) to purchase their own bodaboda. It did not include road safety training.

What if (1) training for road safety, and (2) loans to enable the riders to purchase their own bodaboda were combined into one project? Reputation for being safe riders will attract more clients, raising their earnings, and loans at favourable rate will increase the amount of money they can take home each day.

What if in busy hubs such as the Kampala-Entebbe and Arusha-Moshi corridors many clubs join hands to undertake such projects in their neighbourhoods? Wouldn't the project's impact on road safety be immediately visible to the public and deeply appreciated?

Rtn Hamza: Exactly (both laugh)! Now, what would you say are your concluding remarks?

DG Young: My concluding remarks are to appeal to the elders in clubs to seriously consider initiating generational coups. Recently, the elders of Moshi Club quarantined themselves from club leadership positions and formed a buddy group of their own. Their self-imposed mandate is to make themselves available to "advise and support" whenever they are called on. The third oldest club in Tanzania, it has put leadership of the club in the hands of 30 and 40 something year olds for the third year in a row. It has been steering together energy, daring creativity, and enthusiasm of youth with wisdom and experience of the elders. It is set to transform itself.

Rtn Hamza: I'd like you to close up with your DCA in Arusha.

DG Young: At the DCA, we will celebrate the many ways in which clubs of the District have changed lives in the past year and the memorable events we have experienced.

I hope we can celebrate that the new culture has taken root, that indeed clubs are at the centre and the District Team is there to support, encourage and enable them; that teamwork has become "the" mode of operation at all levels; and Rotary-Rotaract now work side by side as partners in growth. Then we have done our job. We will handover a District with a strong foundation for the incoming team to improve and build on.

Rtn Hamza: Thank you very much indeed Bibi Young for being our very good guest in Hamza's chat today.

DG Young: Thank you so much Ndugu Hamza.

Transcribed by Waheeda Kassongo.



RC Lubowa & RC Seguku Partnered With Mildmay Uganda To Carry Out Mass Covid'19 Vaccination

The Rotary club of Lubowa together with their baby club the Rotary club of Seguku partnered with Mildmay Uganda and vaccinated 1,500 people from around the areas of Lweza, Zana, Seguku, Lubowa, Katale and surrounding. This was part of the wider Rotary vaccination drive in which partners including Coca-Cola generously provided refreshments to the people that were vaccinated. The Rotary service above self-motto was vividly evident as masses had been waiting for the opportunity to get vaccinated and this drive brought the vaccines and vaccination centers closer to the people.

The Vaccination at Mildmay was further beefed up with the Gynecology camp by MildMay Uganda in which people were given a wider scope of health services. Both the Gynecology camp and the covid vaccination were officially officiated by the Speaker of the Buganda Lukiiko Owek. Patrick Luwaga



*CMP /POP Dona Muwanika
RC Seguku*

Mugumbule who applauded Rotary and Mildmay for extending health services closer to the people.

Rotary was further applauded by the Permanent Secretary Ministry of Health – Dr. Diana Atwine for our selflessness in bringing vaccination close to the people during her visit to the Rotary Covid'19 vaccination centers. The Rotary club of Lubowa and the Rotary Club of Seguku look forward to growing their partnership with Mildmay Uganda for greater community service. All vaccines received were administered and the Hospital still needs the Covid vaccines for the masses that have not yet vaccinated and for those in need of the second dose.

Much appreciation to DGE Peace, change marker presidents, to you all change markers and our partners for making this vaccination drive happen. We look forward to the second vaccination drive in January 2022.



Rotarians at work -Members of RC Lubowa & RC Seguku join hands with Mildmay for the mass covid vaccination



Rotary Club of Nkumba makes 8 Years of Service



By Agnes Zawedde Kabugo
Change Maker President
Rotary Club of Nkumba

The Rotary Club of Nkumba was chartered on the 3rd day of December 2013 with 39 members becoming the 75th Rotary Club in Uganda.

18 charter members are still active and we stand at a membership of 47 now.

We have come a long way as a family and I would like to thank all the past presidents for steering this club to where we are today. Our past presidents include CP Michael Muriithi, PP George Mirie, PP Prossy Kiguba, PP Esther Muriithi, PP James Emorut, PP Margaret Tuhumwire and our Immediate Past President Dan Kiplagat Chemjor. Each one of these leaders has had a positive contribution to the success of our Club, they dedicated their time and resources to serve this club and our communities. I would like to say a big THANK YOU to all of them.

This year, we made 8 years and we had five members inducted into Rotary on our charter night. Our club has diversified not only with vocations but also regions for example, we have members from Kenya, Zimbabwe, Germany and of course Ugandans.

In 2013, we started doing small projects that were directly focused on our local community in and around Nkumba. Currently, we have had 5 Global Grant Projects worth a total of over USD. 335,000. We won the Vocational Service Award at the District Conference and Assembly 9211 in Arusha, Tanzania during the year 2016/17. We have also qualified for global grants every year since 2014.

Our Club has birthed two Rotaract clubs and two Interact clubs. All our dockets are active and our club is thriving amidst the challenges of covid 19. We have a five-year strategic plan and our Monitoring and Evaluation Policy became operational last year.

We have hybrid fellowships at the moment and are glad for this innovation because all members do not necessarily need to be physical to attend a rotary meeting.

As we move forward, I would encourage the Club members to continue to focus on service to our community and continue building good networks within the Club and the Rotary Fraternity. Also, individual and family development should continue providing us with a firm foundation to do charity. These are the basis from which we serve.

I thank all Rotarians for serving above self.

Long Live RC Nkumba



DGN Francisco Ssemwanga (Guest of Honor), CMP Agnes and PP Prossy (Membership Chair)

Christmas Lunch with the Elderly

"An experience of togetherness, joy and giving."



Christmas Time is about traditions, family, togetherness, and joy. In this spirit the Rotary Club of Dar es Salaam Mikocheni visited the elderly home at Nunge, Kigamboni, on the 18th of December.

By Rotarian Julia Seifert

The annual visit to the elderly home at Nunge, Kigamboni, is a fixed highlight in the RC Mikocheni calendar this year being the fifth anniversary. As is the custom, the club coordinated its gift efforts with the in-charge of the elderly home and was able to leverage on the donations from individual club members as well as concerned community members.

Through the collection efforts of the club and friends of Rotary the club was able to donate a variety of food items, personal hygiene products and clothes to the elderly.

The highlight of this year's gift list was however a brand-new freezer that was handed over to the facility for their use. We give a particular thank you to our PP Josephine Miingi for her generous donation of this freezer.

This year's visit to the home was further blessed by the Jerusalem Children's Home joining us on this special day. The older children of the children's home came to gift the elders and entertained us with a song, which really brought out the spirit of family and intergenerational togetherness.

Lastly, the club, spearheaded by our recently inducted member Dr Alex Mlay arranged for CCBRT eye clinic to visit the elderly home on the morning of the Christmas lunch to perform an eye check-up. All present residents of the home were thoroughly checked and prescribed various medicines. The club is now utilizing the individual collections made to facilitate the treatment of those observed being in need. For those with longer term conditions the club is looking for individuals to "adopt a Bibi or

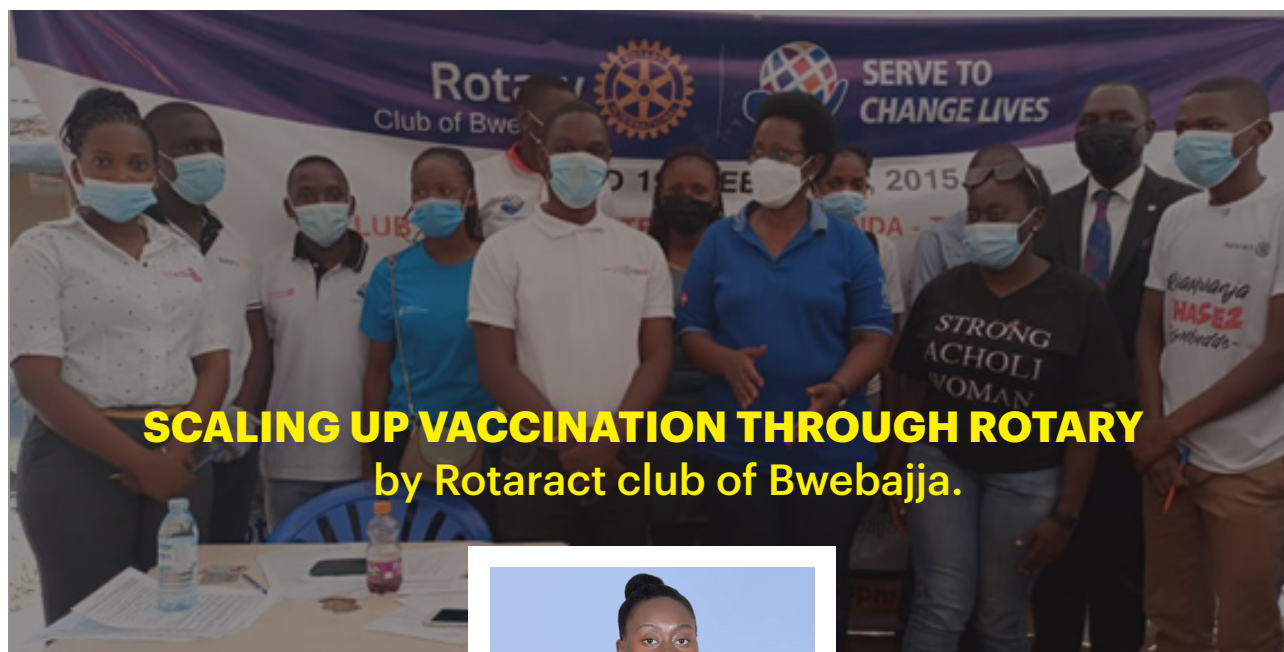
Babu" to provide the needed long-term care, but also establish long term relationships with the elders, who in many incidences do not have family nearby.

The visit culminated in a hearty lunch and Christmas carol singing, which was blessed by even more visitors from a neighbouring university who also donated various items to the home.

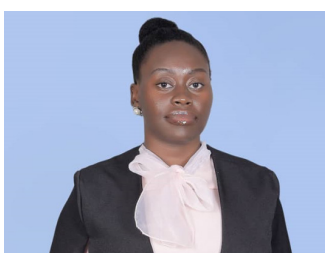
As in previous years the visit was a great success, bringing together the community and our own Rotary family. As RC Mikocheni we cannot think of any better way to end the year.



Rotarians at Work – Rotarians from RC Mikocheni posing for a group picture during the visit to the elderly home.



SCALING UP VACCINATION THROUGH ROTARY by Rotaract club of Bwebajja.



*By Rtr. Mercy Atim
Rotaract Club of Bwebajja.*

The world is adapting to living with the new normal i.e. wearing masks, regular hand washing and social distancing having been hit by the COVID-19 pandemic early 2019. Since then pharmaceutical giants around the world have joined the fight to tame and possibly eradicate COVID-19 by developing vaccines.

The government of Uganda in this light purchased and secured vaccines for the masses in a bid to combat the COVID-19 pandemic. However, the population wasn't very forthcoming when it came to participation in the vaccination exercise.

It's with this that the Ministry of Health and the Private Sector Foundation decided to partner with Rotary to help vaccinate the Ugandan masses through a project that was dubbed "Scaling Up Vaccination Through Rotary".

The Rotaract club of Bwebajja was privileged to take part in this project. We worked with Kajjansi Health Centre IV, local council area leaders of Kajjansi town council and the leaders of the Kajjansi market and Kawuku market. These area leaders not only secured designated places for us to set up vaccination centers but massively mobilized the people in their areas to heed to the vaccination call.

Yes, the people came through and we can successfully report that from Friday 10th December to Sunday 12th December, 2021 we had successfully vaccinated over 1,100 individuals with the Pfizer vaccine. The exercise was morale boosted by visits from Ministry of Health Permanent secretary Dr. Diana Atwiine

accompanied by DGE Peace Taremwa who made rounds to check on Rotaractors and health professionals at the different vaccination centers.

Century Bottling Company also provided refreshments such as soda and water that was given to the locals after they had received the vaccination jab.

COVID-19 is here and vaccination is by far our best shot at curbing this virus and it's in this light that we call upon all Ugandans to discard all myths surrounding vaccination, listen to the guidance of medical practitioners under the ministry of health and take the jab for the sake of themselves and us all. Rotaract Bwebajja is committed to having a COVID-19 free environment for all.



Vocational Service - Quiz

JANUARY IS



VOCATIONAL SERVICE MONTH

"Vocational service gives Rotarians the opportunity to help others escape poverty and gain a measure of self-respect. As business and professional leaders, we have a duty to lead and encourage good ethics through vocation."

Carlos Frum, PDG D6440



Rotary
Beds, Bucks & Herts



By Rotarian Ciren Gracias

Partaking with the Rotary Theme of the month, Vocational Service, try this Quiz and see how many you get right.

1. How many avenues of service are there?
2. What is the Second Avenue of Rotary Service?
3. What is the difference between Club, Community, International and Youth Services and Vocational Service?
4. What is the guiding principle of Rotary's Vocational Service?
5. How did Rotary International define the Object of Vocational Service in 1940 and which still holds in good stead today?
6. The Four-Way Test was officially adopted by Rotary in ____ (year) and has been translated into the languages of over ____ countries
7. When was the Declaration of Rotarians in Businesses and Professions adopted? What are some of the key expectations?
8. What are the five core values of Rotary?
9. During Vocational Service Month, what do Rotary clubs highlight?
10. What are some of the special activities that your Rotary Club can look at to promote the vocational avenue of service?

Is it the Truth? – The Four Way Test and Developing a Speech contest for schools

By Rotarian Ciren Gracias
(Rotary Club of Njiro Arusha)

When I joined Rotary just over four years ago, I was very impressed on hearing fellow Rotarians recite the Four Way test. Sure, we recite these and it is on these guiding principles that Rotary stands, but do we really delve on the meaning or application?

Quoting from My Rotary, “The Four-Way Test is a nonpartisan and nonsectarian ethical guide for Rotarians to use for their personal and professional relationships”.

The Four Way Test starts as follows: Of the things we think, say or do

1. Is it the Truth? A truthful person is respected and trusted by his or her peers. The ethical dilemma is that if in a situation, telling the truth may get you into trouble or not get things to go in your favour, you may be tempted to lie or not to say the truth as it is.

2. Is it fair to all concerned? This looks at both sides. If an action is being performed, either the action should be fair to all concerned or a decision made for it to be left out altogether.

3. Will it build goodwill and better friendships? One of the reasons we join Rotary is to build goodwill with members of our community and better friendships with fellow Rotarians in your club, town or city, country, district and world over. If the action is contrary to this and will create say enmity, disharmony

or disillusionment, then it should be foregone.

4. Will it be beneficial to all concerned? This action ensures that all and not just a few, benefit when an action targets a group of persons or even not for the benefit of oneself.

In my former club, the Rotary Club of Arusha Mount Meru, a speech contest for two secondary schools in our area was organized. The schools selected three students each. They were given two weeks to prepare and the contest took place at a hall in Njiro. I was one of the five judges. In attendance were students and teachers from each school, Rotarians and invited guests. The students were judged on the content of their speech, perceived meaning of the Four Way Test, pronunciation and grammar and their personality in the way they delivered their speech. Of the six participants, two finalists were chosen and they had fifteen minutes to prepare. What a day it was! The way the student prepared and presented was amazing. Cheered on by their respective schools, the winner and runner up were presented with trophies and all participants certificates. It was truly rewarding. Some of the outcomes were building confidence, public speaking skills, improving English, competing in front of an audience and speaking on a challenging topical issue.

This being the Rotary Vocational Service month, such a contest would be a great idea for schools in your area, of course it can be tailored in whatever way you want. And should you implement it, I am sure it will bring on a huge impact.



**By Namwanje Milly,
PR Chair RC Nabbingo.**

RC NABBINGO YOUTH MENTORSHIP PROGRAM

Youth mentoring programs can help build teens' confidence, improve their mental health and connect them with opportunities to be successful. Having been home for two years, there was a need for the youth to have some time away from home and hear from other people on issues that directly affect their wellbeing. On Thursday 9th / Dec /2021, the Rotary Club of Nabbingo in partnership with Nabbingo Catholic Parish Church organized a one-day youth retreat to provide mentorship for the youth. This was intended to enable youth realise what they're capable of, and provide them an opportunity to interact, learn and share with their peers.

In line with the theme of the day "Building a holistic Youth", different subject areas were covered by reputable speakers and these included discipline, self-awareness, self-esteem, reproductive health, career guidance and business ideas for youth. It is worth noting that one of the speakers, Assistant Governor Elect (AGE) Betty Mwesigwa, is a Rotarian. This showed how Rotary has resourceful people who can help empower the young generation to admire and join the Rotary family.

Rev.Fr Joseph Ssendi Matovu the Chaplain of Nabbingo Catholic Parish Church together with the Service Projects Director Rotary Club of Nabbingo were at the fore front of organizing this activity and their efforts made the day successful. Youth leaders in

the different sub parishes did a great job to mobilize the youth. This showed how if the young generation is empowered, they can help empower others and cause change that they want to see.

Youth interviewed at the end of the day's activities testified that this mentorship program helped them to understand the importance of having self-discipline, understand their strengths and weaknesses, make informed decisions, be open about careers and always seek guidance as they walk their own path.

It was such an amazing opportunity for the youth. Over 500 youth between the age of 13-35 were in attendance. The Rotary Club of Nabbingo envisions to continue with this youth empowerment program twice a year to ensure the young generation is groomed to become responsible citizens that can lead, influence and impact others in their communities. Rotarians alone may not be in position to impact all the youth, we understand that this can only be achieved if the parents, youth and different community leaders actively come on board to change the youth mind set.

Special appreciation goes to all Rotarians of the Rotary Club of Nabbingo for facilitating the activity, Nabbingo Catholic Parish Church Leadership, local youth leaders and the youth for gracing the occasion.

SCALING UP COVID-19 VACCINATION THROUGH ROTARY – A CASE OF RC KANSANGA.



By Ronald M Kiganda
Change Maker President
RC Kansanga.

On 2nd December 2021 DGE Peace Taremwa moderated our second meeting of mobilizing the Rotary clubs to take the initiative and get involved in the scaling up of the COVID-19 vaccination through the Rotary clubs in their respective communities.

RC Kansanga got on board and began a path we had not taken before. The club did set up a task team headed by the CMP Ronald M Kiganda.

We mobilized funding using our buddy groups each with a target of \$140. We were able to raise \$300 and our target of person to vaccinate was 300 people because this was an area we have not worked with before and the information we got was that people are not enthusiastic about this vaccination. The task team got an offer of a venue at a medical center run by one of our members Dr Edward Karyaija. Mobilization took a 360 degree around the vaccination Centre –Rhona Medical Centre Kansanga using the community leaders to drum up the call for vaccination. Our vaccination drive started on 9th December 2021 to 11th December 2021.

Day one we vaccinated 258 persons! Almost to our target of 300 for the three day we had budgeted for. We were overwhelmed- we run out of vaccines! Because we had only requested 100 doses but our support health center- Kisugu Health Centre had send 158 in excess. That day we turned away people by 3pm because we had run out of vaccine.

By day 3 we had vaccinated over 1,000 people and people were still coming. But in all this we were thankful to Rhona Medical Centre who offered an excellent venue and the staff who were on call throughout the period, the members of RC Kansanga who contributed financially and also mobilized on different fora in the area inviting people to go get vaccinated.

Learning points –

With good setup and efficiency people are willing to take the vaccine. We had a great team of nurses and Rotarians who were able to guide the people and answer questions making the process smooth.

Need for good manpower to assist and guide

people. We had a number of people who feared to get vaccinated because they could not read or write and it looked like the process had eliminated them. But because we had a team of Rotarians and Rotaractors supporting us they were able to assist them while making the process fun. This was further simplified by use of mobile phone numbers as an alternative identification in lieu of the national Identity cards. We assume that many people who do not have national identity cards could have missed out.

The transparency in the process- there process was quite transparent everyone was treated equal and this gave people confidence to be able to invite other people because of a well-organized process.

Leading by example- the proprietor of the Venue got vaccinated on the first day. Word went around that even the Doctor had been vaccinated this gave confidence to many doubting Thomas'.

We had people who wanted to get the certificate but not the jab!! This was one of our low moments- these were people who travel abroad frequently.

Special thanks to our DGE Peace Taremwa who mobilized us to take the stand, Kisugu Health Centre, MOH Vaccine Commander – Dr Daniel Kyabayinze who gave us innumerable support while we were on the ground, answering our calls to challenging questions, our AG Hannifer Musoke who visited us during the vaccination exercise to provide advice, guidance and boosted member participation and to all the members of RC Kansanga.

Coca Cola who offered us 15 cartons of water and 10 cartons of soda for the exercise are appreciated.

Thanks, you all for enabling us vaccinate 1,181 persons in the Kansanga Community.



THE SPIRIT OF FRIENDSHIP AND GIFTING IN ROTARY



By Rtn Ericque Okello
Youth Service Director
Rotary Club of Muyenga

True friendship is perhaps the only relation that survives the trials and tribulations of time and remains unconditional. A unique blend of affection, loyalty, love, respect, trust and loads of fun is perhaps what describes the true meaning of friendship. Similar interests, mutual respect and strong attachment with each other are what friends share between each other. These are just the general traits of a friendship. To experience what is friendship, one must have true friends, who are indeed a rare treasure.

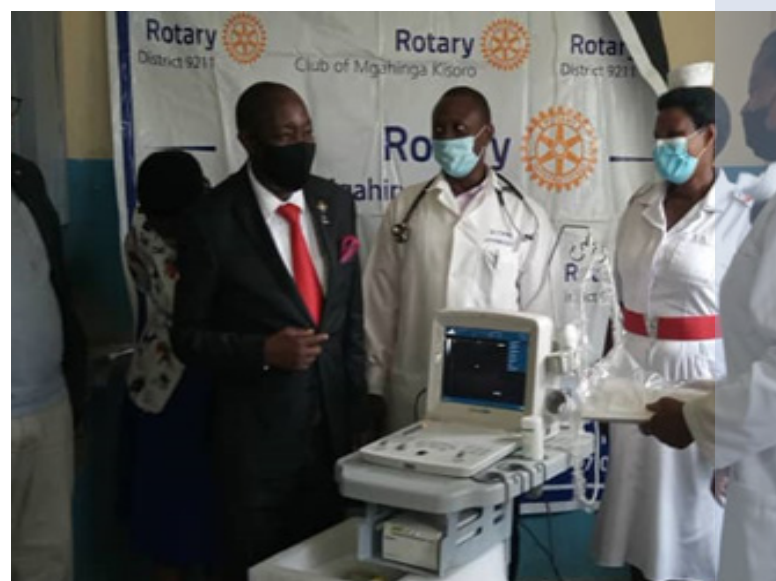
Friendship is a feeling of comfort and emotional safety with a person. It is when someone knows you well and assures to be on your side in every emotional crisis. Friendship is much beyond roaming together and sharing good moments, it is when someone comes to rescue you from the worst phase of life. Friendship is eternal.

Different people have different definitions of friendship. For some, it is the trust in an individual that he / she won't hurt you. For others, it is unconditional love. There are some who feel that friendship is companionship. People form definitions based on the kind of experiences they have had. This is one relation that has been nurtured since time immemorial. They say a person who has found a faithful friend has found a priceless treasure.

In rotary, the Friend of the Year (FOY) and secret Santa's activity has been introduced and adopted in almost all clubs in Uganda to enhance bonding among members of the Rotary Family. This is normally celebrated every December in a Gifting Fellowship, where gifts are exchanged between

two members of the club, to show affection and respect to each other as we celebrate Christmas and the New Year.

The simple gifts and presents are gestures that show how much you care and respect the friendship that you have developed over time. Dr. Munyiga of Ibanda Rotary Club on Friday 17th December 2021 gifted his primary school, Mutolere primary school with 80 desks as he celebrated his 80th birthday to show love and passion for his school located in Kisoro District, western Uganda. This was also preceded by a donation of an ultra sound scan to Kisoro Hospital by the Rotary Club of Mgahinga in Kisoro and the occasion was presided over by DGE Peace Taremwa of D9214.



An Ultrasound scan gifted to Kisoro Hospital by RC Mgahinga Kisoro presided over by DGE Peace Taremwa.

RI-USAID JOINTLY COMMISSION WASH FACILITIES TO COMMEMORATE **WORLD TOILET DAY**



By Rtn Francis Mujuni

While Uganda did not hold a national event to commemorate the world toilet day, different agencies together with their district local governments, celebrated it by conducting a number of activities the Global Theme: “Valuing Toilets!” Some of those activities took place in the districts of Kayunga, Jinja, Luuka, Gomba Sembabule, Mpigi, and Lwengo, supported by the USAID’s Uganda Sanitation for Health Activity (USHA), Rotary International and other local agencies.

For example, in Kayunga district, the World Toilet Day commemoration took place on November 18th, 2021, under the above theme, organized by Kayunga District Local Government together with Nazigo SACCO, CCAYEF, Rotary International, and USHA at Nkonkonjeru R/C Primary School in Kitimbwa sub-county. The Resident District commissioner (RDC) Mr. Kigozi Ssempala, who was the Chief Guest, led the district team and partners to certify and ward outstanding individuals for their unwavering support to USHA and CCAYEF to improve the sanitation status in Kayunga district. The awards went to the Village Sanitation Promoters (VSPs) and LC I chairpersons from 24 Open Defecation Free (ODF) villages of Kitimbwa and Busana sub-counties. The sanitation promoters received each a SATO pan and LC1’s a SATO tap. The exercise was not only meant to raise awareness of the need for improved toilets but to actually verify the status/ quality, and usage of household toilets in those villages. The enormous work to raise such communities to ODF status was undertaken by a local agency, CCAYEF, supported by USHA and Rotary.

WHY TOILETS

The United Nations General Assembly designated 19 November as World Toilet Day to celebrate the invention of toilets and raise

awareness over the globe for the 3.6 billion people who still continue to live without access to proper sanitation and toilets.

World Toilet Day aims to create and spread awareness about ideal sanitary practices that promote the health and hygiene and safety of women. The day is also used to discourage people from open defecation (OD) practises as it is a health hazard and makes women and girls vulnerable to attacks and assaults.

World Toilet Day was declared an official UN day in 2013. That resolution was adopted by 122 countries at the 67th session of the UN General Assembly in New York, under the Millennium Development Goals (MDGs). The Sustainable Development Goals (SDGs) replaced the Millennium Development Goals (MDGs) in 2016.

Since 2013, Uganda has continued to improve in terms of latrine coverage from about 71% in that year to the current statistic of 79% in 2020. Uganda has used different approaches and methodologies to raise latrine coverage including the Participatory Hygiene and Sanitation Transformation PHAST and Community Led Total Sanitation (CLTS)

According to <https://www.unicef.org/uganda/wash>, “behaviour change is the first key towards increasing the practice of hand washing with soap and ending open defecation”. The change can be accomplished through motivation, information and education.

Clean water must be readily available for people to improve their hygiene habits, as must soap. And girls must have privacy and dignity when using sanitation facilities. In bid to fulfil the above requirement, Rotary international (RI) came into a partnership with USAID/USHA to improve the Water Sanitation and Hygiene situation in 21 districts of Central West, Central East and the northern Uganda, where Rotary constructed 44 deep boreholes, installed 48 rain water harvesting plastic tanks (10,000ltrs each) and facilitated extension of National Water to selected

primary schools and health centres. While Rotary provided safe water, USAID/USHA constructed 33 latrines with incinerators in those schools to improve pupil stance ratio as well as menstrual hygiene management, to retain girls in school.

In addition to provision of gender segregated latrines, USHA Constructed group hand washing facilities to teach children toilet manners and practice hand washing with soap. School Management committees of beneficiary schools were trained and equipped in operation and maintenance (O&M) of those facilities. In the communities, USHA applied Community Led Total Sanitation (CLTS) and the Market Based Sanitation Improvement Approach (MBSIA) in order to improve sanitation coverage.

The commissioning event in Kayunga district on the 18th event, was followed by a similar one in Gomba District on the 19th November, 2021 (World Toilet D'Day) at Ndodo primary school, where USHA constructed a girl's toilet with an incinerator and a hand washing facility. Rotary provided a deep borehole to complete the equation. These facilities were handed over to the District Local Government (DLG), school authorities and the community of Ndodo. Other facilities that were commissioned included O2 tanks & O2 latrine blocks (O1 for boys & 1 for girls) at Kawerimidde P/S; O2 tanks & a latrine block at Nkokonjeru; and O3 boreholes, one at Kawoko UMEA, one at Kandegeya and another at Lugaga Primary school.

Other events took place in the weeks that followed; Eg on 22nd November, O3 deep boreholes and O6 RWHTs donated by Rotary and O3 latrines blocks by USHA were handed over to Lwengo District Local Government. In Sembabule district, O2 deep boreholes, O8 RWHTs and O3 latrine blocks were commissioned on 25th November 2021. In Bukomansimbi District, O4 deep boreholes and O2 latrine blocks were also commissioned on 29th November, 2021. The water sources were constructed by matching funds from Rotary clubs of Mbarara East, Mityana, Kabulasoke Gomba, Masaka, Kalisizo, Lukaya, Bwebajja and Kampala South,

The last event took place in Mpigi District on

December 10th, 2021. The function was held at St. Damiano Primary School in Kamengo Sub- County, where Rotary had drilled one of the three boreholes donated to Mpigi District. Speaking at the handover event, Mr. Paddy Bukenya (Secretary for Production) who represented the District Local Government (DLG) appreciated the Rotarians from the Rotary Clubs of Kajjansi and Kyengera for their big heart to give to people who are less privileged to improve their lives. He thanked them for their financial support towards the 3 boreholes constructed at Makumbi, Kibanga and Luwunga, and the O2 tanks at Manyogaseka primary school. He urged the Water and Sanitation committee members, the school management committee members as well as the water users to take special care of those facilities because the district has limited budget to fund construction of new point water sources or repairing them. The responsibility of operation and maintenance remains their role as per the Ministry of Water and Environment (MWE) Guidelines.

The Director of Projects in the Rotary of Kajjansi - Rtn Nakasawe Ritah emphasized the need to maintain these water sources for the sake of the girl children and women who risk being targeted and attacked or raped by unscrupulous men while fetching water from unsafe water sources.

Project Manger Kakooza Henry, advised the WSC to keep saving for the O&M to guard against delays once any of their boreholes has a mechanical challenge. He advised them to use their trained hand mechanic or consult the district water office in cases of major break down of the boreholes.

All the commissioning / handing over of these facilities to the DLGs and school authorities were done well in time to prepare beneficiary schools for the awaited re-opening of schools in January, 2022. The commissioning events have been presided over by district officials, school authorities and beneficiary community members. The Rotarians from 22 Clubs that provided the matching funds to Rotary International in order to construct all the above-mentioned water sources witnessed the commissioning at every site.

PDG KENNETH WYCLIFFE MUGISHA TO SPEAK AT THE 2022 REGIONAL GLOBAL INSTITUTE, ONE ROTARY CENTER, EVANSTON, ILLINOIS.



PDG Kenneth Wycliffe Mugisha. RC Muyenga

Past District Governor and Incoming Rotary Coordinator Kenneth Wycliffe Mugisha has been invited as a speaker at the 2022 Regional Leaders Global Institute on 22-23 March at One Rotary Center in Evanston, Illinois. This is an important Rotary event organized to prepare the following regional leaders for their roles; Incoming regional Rotary Foundation coordinators, Incoming Rotary coordinators, Incoming Rotary Public Image coordinators, Incoming Endowment/major gift advisers and First-year End Polio Now coordinators

PDG Ken Mugisha, who has been jointly invited jointly with Chief Communications Officer David Alexander, will participate in the general session focused on Success Stories. This general session will be held on Monday, 21 March 2022, on the Topic: Elements of a Good Story. Thanks to the expertise they both have, they will focus on: Sharing what makes a good story captivating, Examples of good and effective storytelling, How regional leaders can use, share success stories to help Rotary's public image. Congratulations PDG Kenneth Mugisha!

DG's Visit



DG Young participating in the Avocado tree planting activity organised by the RC Mount Kilimanjaro



During her visit to the RC Moshi, DG Young Kimaro inducted 7 new members (at the back line on the picture) which is a record for the club.



DG Young Kimaro (middle) with board members of Nabbingo Rotary Club share a light photo moment.



DG Young Kimaro in the picture with members of the RC Mount Kilimanjaro during her visit early this month.



The newly inducted members of Muyenga Tankhill pose for a photo with DG Young Kimaro (middle)



Members of Muyenga Tankhill in a fellowship with District Governor D9214 Young Kimaro.



DG Young Kimaro together with the RC Mount Kilimanjaro visited the Early Act club at Karanga Primary School, the club which is sponsored by the RC Mount Kilimanjaro.



One of the newly inducted members of RC Mount Kilimanjaro (among the three inducted by the DG)



In the picture with DG Young Kimaro are Regional commissioner of Moshi Sam Wado, Assistant Governor Timothy and the 7 newly inducted members from RC Moshi.

ANGEL DESERVES A **VOCATIONAL AWARD**

As a mother, I know how challenging parenting can be especially while dealing with children with disabilities. The tasks for such children are so involving since they are unable to assist themselves in the daily routine work of bathing and feeding. However, Angel the Director of Noah's Ark – Advocates for Children with Disability does not feel that way at all, she has a calling you cannot imagine.

Her love for children is far beyond reality, she runs this disability home in Entebbe near Kituburu with over twenty children who are totally dependent.

On a visit to this home you look at these children and wonder how one can have the passion to take care of all kinds of disabilities. What is so strange is that all of them dress in their uniforms which create a sense of uniformity to all including teachers and support staff. She trained her workers so well that they are all very patient and loving. Children come from different families with varying behavior and come with various demands.

Despite the various disabilities, these children are neat, healthy and welcome visitors beaming. They are well scheduled with time for class, prayers, play time, bathing time, meal time etc. Their matrons are with them at all times to ensure they get what they want when they want it. A look through the dormitory windows you see their beds well-made and basins below each bed which is a sign of an organized home.

My first interaction with the facility was when I wanted to sponsor this child who had been neglected by her parents because of her condition and was looking for a home. When I met this lady she was very welcoming as I explained



**By Rtn Ruth Namutebi
RC Kisugu-Victoria View**

the situation to her she was not surprised with the story because of her experience but simply accepted to take her in.

My second encounter was when a disabled child was brought to my workplace and left in the parking yard unattended and as the IT Manager checked the CCTV footage to see who had left him behind, I contacted this director again who requested for a police report before

taking him in and the boy is now well settled.

Last year, I fundraised for two wheelchairs for this home as most children are unable to walk and can only move around the compound aided. During the Covid-19 peak period I checked on those two children and realized that such facilities require support which many people do not consider important. These children being young, like rice, cereals, milk, soap and many other items any homes need to survive. Teachers and matrons need their salaries in time, drugs have to be readily available and yet no support seemed to be forthcoming from relevant organizations.

For several years Angel has been fundraising for land in order to acquire a bigger place and recently she moved the home to Garuga where there is more space for extracurricular activities, gardening, etc.

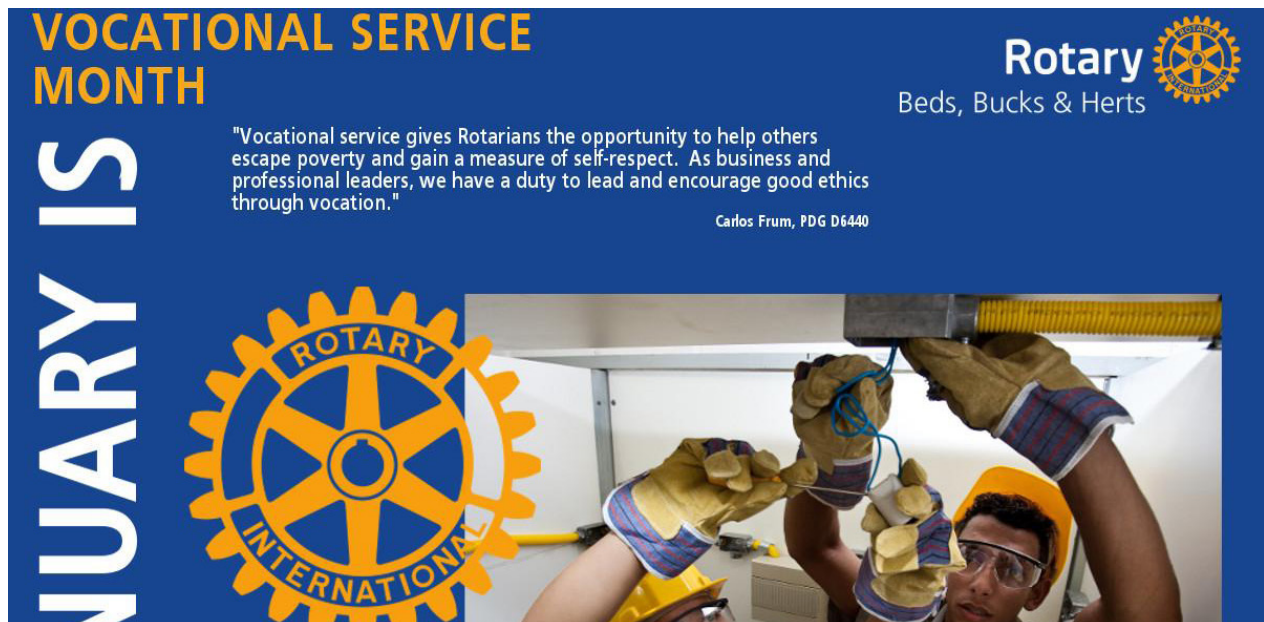
Such a great person needs recognition by the Rotary Clubs in the area for the tremendous work that she does in Entebbe and also deserves a Voluntary Vocational Service Award. Without her efforts these lovely kids would be no more as many are dropped at her gate without parental tracing.



Angel and one of her children



Answers to Rotary Vocational Service Quiz



1. There are Five avenues of service.
2. The second avenue of Service is Vocational service and calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society.
3. Club, Community, International and Youth Services usually involve groups of Rotarians and Vocational Service, the second Avenue of Service is generally conducted by individual members.
4. Service above Self
5. "to encourage and foster: high ethical standards in business and professions; the recognition of the worthiness of all useful occupations; the dignifying by each Rotarian of his occupation as an opportunity to serve society." Today's Rotarians still pride themselves on being able to use their professional stature and knowledge to make things happen worldwide, wherever there is a need for change.
6. The Four-Way Test was officially adopted by Rotary in 1943 and has been translated into the languages of over 100 countries
7. On 1 July 1989.
Key expectations: Offer my vocational talents; to provide opportunities to young people, to work for the relief of the special needs of others, and to improve the quality of life in my community and Neither seek from or grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationship
8. Service, Fellowship, Diversity, Integrity, Leadership
9. The importance of the business and professional life of each Rotarian
10. Rotarians writing on his or her vocation to promote vocational awareness among Rotarians. Present a vocational award to someone in the community who has exemplified outstanding professional achievement while maintaining very high ethical standards. Promote the presentation within the community, and consider making it an annual event. Providing career information to youth. Mentoring small businesses. Organizing workshops that provide employees with new skills. Encourage club members to put their vocational skills to work as a Rotary Volunteer. Volunteer opportunities are available on ProjectLINK, a valuable resource that lists many vocational projects that clubs and districts can also choose to support financially or with donated goods.