



ubuntu

I AM BECAUSE YOU ARE • DISTRICT 9214 • UGANDA / TANZANIA

ISSUE 04
OCTOBER 2021

ECONOMIC AND COMMUNITY DEVELOPMENT



Rotary
District 9214



Rotaract
District 9214



**SERVE TO
CHANGE LIVES**

97TH DISTRICT CONFERENCE ARUSHA 12 - 14TH MAY 2022



ARUSHA INTERNATIONAL CONFERENCE CENTRE

This year's DCA will be held at one of the most prestigious conference venues in Tanzania.



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EDITORS' NOTE



Rotarian Diana Elinam
UBUNTU - Editor in Chief



Rotarian Florence Malinga
UBUNTU - Co-Chair
Uganda

Greetings fellow change makers, I am excited to share with all of us our 4th issue of UBUNTU. This month's theme is Economic Growth and Community development: A theme that defines where the heart of Rotary lies. It is quite clear that all our energy, expertise, knowledge and resources are invested for the sole purpose of changing the world through changing our community.

Rotary district 9214 through its different clubs has been on the forefront to ensure that the Rotary goal of changing the world to a better place is obtained practically through the many different projects being executed. In our 4th issue we have shared different articles on various projects that have brought forth impact within the communities. Along with the write up of projects there are other articles that are quite informative especially on Economic and Community Development.

In this issue we are also excited to share the details on all that, transpired with the visitation of our changemakers Rotary International President Shekhar Mehta and his wife Risha which was written by our own Changemaker DG Young Kimaro.

In his three days visit Rotary International President Shekhar managed to visit various projects sites, hold virtual meetings with District leaders, Presidents and induct 200 Rotarians where 55 only were from D9214; The changemaker President challenged D9214 to grow to 1000, a point which our own DG Young Kimaro emphasized on while writing about the RIP visit.

The Rotary International President also managed to visit the parliament of Uganda: At the Parliamentary session to which RIP Shekhar was invited, a motion was tabled, commending Rotary for its outstanding service to the society in Uganda and throughout the world.

RIP Shekhar and entourage were also welcomed to Nakasero, the State House. They met President Museveni in a one-on-one conversation RIP Shekhar pledged to support a blood bank, to fully equip an eye hospital, provide dialysis equipment, and finance the hospital cost of treating 100 children with ventricular septal ("hole in the heart") condition.

Yours in service!

Diana Elinam

Editor in Chief

ROTARY INTERNATIONAL PRESIDENT'S MESSAGE

Shekhar Mehta President 2021-2022



A quarter of the Rotary year is now behind us. I am sure you are helping Rotary to grow more and do more. And I hope you have already done your part for the Each One, Bring One initiative by introducing one person to Rotary.

Do you ever think about your earliest days as a Rotarian? I often do - because those first moments of discovering the power of service shaped who I am today. When I joined my Rotary club, our efforts focused on India's rural communities, where people were living without toilets, getting their drinking water from the same pond they bathed in, and sending their children to outdoor classrooms set up under a tree. The nearest health care provider often was miles away - and the services were inadequate. But after Rotary clubs carried out some service projects, the villages had toilets, clean drinking water, a classroom for early learning, and a nearby health care center.

The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity. It made service a way of life and led me to a guiding principle I still stand by: Service is the rent I pay for the space I occupy on Earth.

If you feel the need to reignite the spark of service in yourself or your club, October - Community Economic Development Month - is a great time to do so. When we work to improve the lives of people in underserved communities - through, for example, projects that provide vocational training and access to financial resources - we help build and sustain

local economic growth.

The need is great. According to the United Nations, 9 percent of the world's population - that's 700 million people, a majority of them in sub-Saharan Africa - live on less than \$1.90 a day. By supporting strong community development as well as entrepreneurs, we can help improve conditions for people

in that region and others.

Your club can also promote economic development in your own community by expanding vocational training opportunities through local schools and community colleges, partnering with lenders to improve access to financial services, or working with a nonprofit that provides resources to entrepreneurs and connects them with the business community.

Of course, developing strong communities is impossible without strong public health. On 24 October, World Polio Day, we'll celebrate our tremendous progress in the effort to eradicate polio. But we also know the fight is not over. We still need your help raising funds and awareness to ensure that all children are immunized against polio. Please don't forget to activate your clubs on that important day and encourage them to donate here: endpolio.org/world-polio-day.

Service has been rewarding for me throughout my life. I know the same is true for many of you. Join me this month in becoming a good tenant of our planet by helping others to better themselves and their communities.

Together, we can serve to change lives.

DG YOUNG KIMARO



DG's Note

RI President SHEKHAR'S PLEDGE

RIP Shekhar was very much touched by the energy, enthusiasm, and commitment with which Rotarians of D9213 and D9214 are serving their communities. At his meeting with President Museveni, he pledged to support as follows each District:

- 1. Establishing a blood bank
- 2. Setting up an eye hospital
- 3. Acquiring dialysis machines
- 4. Cardio surgery for 100 children to correct ventricular septal defect ("hole" in the heart)

Thank you for your responses to our preliminary call for feedback on needs for the above health care in the locations. This is a second call to all Rotarians and Rotaractors, especially those in medical profession to be the champions for their areas. Do gather and share the following and other information which would help us to gain correct perspective and not leave behind those in far corners of the land where the need is great but goes unnoticed.

For the blood bank; eye hospital and dialysis machines

- Where in your area are the needs for these most urgent?
- How extensive is the need (number of incidents in a year)
- How those needs currently handled?

While RIP's pledge may end up being less than the needs identified through this process, the collected information will enable the development of responsive larger scale multi club projects to further address the health needs of your communities .

Our District's ability to support you to serve to change the quality of health services in your area depends on how much feedback you yourself provide. So, let work together. Kindly forward your recommendations to:

In Uganda: to Country Chair Francisco Ssemwanga (semfranca@gmail.com), **cc.** to Aide Joan Kantu (joan@letsgosafari-ug.com)

In Tanzania: to Country Chair Agnes Batengas (agnes@urganmambo.net), **cc.** to Aide Cynthia Asiyo (casiyo@gmail.com)

IN THE MONTH OF COMMUNITY ECONOMIC DEVELOPMENT

In many of our projects Vijana Poa Project, Empowering girls, etc., we provide training to skill our youth to become productive members of our community. At completion of training it has almost become the practice to handout tools and equipment to enable them to put the skills into practice.

Instead of giving them the tools and equipment as handouts, what if we give them access to loans? Many "handouts" are unfortunately sold off rather than put to use as intended.

Let us lend to groups with joint liability for repayment that substantially increases and the likelihood the loans will be recovered, so it will make it easier to enlist SACCOs to take part in the project.

One quick way to stimulate good money management may be to tie ability to borrow to the balance in his/her savings account. One is likely to manage finances better to save more, borrow more and grow business.

ROTARY INTERNATIONAL PRESIDENT VISIT



RI PRESIDENT SHEKHAR AND HIS DEAR WIFE RASHI'S VISIT

It was undoubtedly a morale boosting and inspirational experience for us all who came in direct contact with the Change Maker Rotary International President Shekhar, our "Shaker."

DG YOUNG KIMARO
DISTRICT GOVERNER



Receiving RIP Shekhar Mehta at the airport from the left, RIP Shekhar, DG John Magezi (D9213), DG Young Kimaro (D9213) and PRIVP Yinka Babalola

BRIEFINGS – DAY 1

RIP Shekhar's visit opened with briefings on Vijana Poa Initiative which not only equips the youth with skills, but also trains them in financial management and entrepreneurial skills to put them on a path to becoming productive members of the economy. RIP Shekhar was delighted that numerous projects in the two districts, in various areas of focus, already contain strong elements of empowering girls. These and other briefings were followed by a virtual meeting with Presidents of all Clubs of D9213 and D9214 at which Change-Maker Club Presidents engaged with Shekhar in a Q&A session.



At the Cancer Centre, Nsambya Hospital, from the left, DGE Mike Sebalu (D9213), Sr. Gorretti Nassali, RIP Shekhar



In the parliament, from the front left, Shekhar, Rashi Mehta, DG John, Trustee Geeta Manek, DG Young

PROJECT VISITS – DAY 2

Shekhar launched construction of the linear accelerator bunkers at the Nsambya Hospital Cancer Centre, which will enable the Centre to include radiotherapy in the menu of treatments it can offer to cancer patients. At the Centre, not only are the patients' physical health taken care of, but social workers and psychotherapists are at hand to help them navigate through psychological and emotional challenges as they battle with cancer. There, Rotary welcomed a precious addition to its membership. Sr. Gorretti Nassali, Director of the Cancer Centre, was inducted into Rotary by RIP Shekhar and, for her exceptional leadership and care for cancer patients, a PHF was awarded to her to kick off her Rotary journey with a bang. Later, Shekhar launched the Maternal and Child Health (MCH) program at the Kawempe Hospital to be implemented by Rotary District 9213.

Lesson: Rotarians' daring vision and long term commitment provided the direction and focus, while the funding support from an array of corporate partners offered the fuel needed to realize those visions: Two indispensable parts to make the whole.

At an 11th hour meeting between women leaders of the two Rotary Districts and the woman Vice-President of Uganda, Her Excellency Jassica Alupo reaffirmed the need for us not to slacken in our effort to empower girls to build a better future. An exhilarating surprise at that meeting was the Vice President's wish to be a Rotarian, not an Honorary one but a regular member who has to carry all obligations such as attendance, participation in service, and dues payment, etc. It was RI Trustee Geeta Manek and my privilege and honour to induct her into Rotary.

Political Highlights

In Uganda, at the bidding of the Speaker of its Parliament who is a Rotarian, every parliamentarian at the moment contributes UGS 1 million (about TZS 660,000/=) yearly to Rotary.

At the Parliamentary session to which RIP Shekhar was invited, a motion was tabled, commending Rotary for its outstanding service to the society in Uganda and throughout the world.

Lesson: Rotary could, while steering clear of “politicking,” forge a meaningful partnership with political leaders to move Rotary’s community service agenda forward and to give Rotary powerful visibility. It is a delicate balancing act, but doable and is being successfully pursued by Uganda Rotary



From the left, Rashi RIP Shekha Mehta, PRIVP Yinka, DG Young, DGE Mike, DG John Magezi, DGE Peace Tarembwa (D9214), President Museveni

Visit to the State House

RIP Shekhar and entourage were welcomed to the State House in Nakasero, Kampala. President Museveni engaged each Rotarian in the entourage in a one-on-one conversation which culminated in RIP Shekhar taking the floor. Here, with passion, RIP Shekhar pledged to support a blood bank, to fully equip an eye hospital, provide dialysis equipment, and finance the hospital cost of treating 100 children with ventricular septal (“hole in the heart) defect. (The following day, at a private conversation with Shekhar that DG John and I had at the airport before

his departure, Shekhar confirmed that the offer stands severally for the two districts.)

In the evening, the newly emerging “partnership of equals” which is blossoming between Rotaractors and Rotarians in the two districts, RIP Shekhar gave it a boost by meeting with Rotaractors, as he had done with Rotarians, encouraging and inspiring them, giving them the same opportunity as Rotarians to engage him in a Q&A.

LAST DAY OF HIS VISIT - DAY 3

RIP Shekhar again witnessed more outcomes from Rotarians’ vision and long-term commitments in action and partnership with corporations - a Blood Bank at Mengo Hospital and a Rotary Peace Centre at Makerere University



From the left, IPP Mercy kainbwisho, DRRE Sarah Owembahazi, IPP Joane Kantu, IPDG Rosetti Nabhumba (D9211) PDG Sharmila Bhatt(D9211), DMC Christine



From the left, JPDG Rosetti Nabumba (D9211), DG Young, Truste Geeta, Hon VP Jessica Alupo

MEMBERSHIP DIVERSITY AND GROWTH

One more task was ahead for RIP Shekhar – as we promote membership growth, how can Rotary Uganda Rotary diversify its membership by incorporating more members from the Indian community as in Tanzania? Uganda-Indian Association took the initiative to host a celebratory dinner the night of RIP Shekhar’s departure, providing an opportunity for Ugandan Rotary leaders and those of the Indian community to intermingle and to discover each other. A darling 9 year old daughter of the Head of the Association was so taken by the spirit of Rotary’s Four Way Test and what Rotary does. She was despondent that she would have to wait till she has grown up to be a Rotarian. When she

heard that children of her age can become part of Rotary too as Early act or Interact, her eyes lit up as she beamed.

At this event, RIP Shekhar inducted 200 new Rotarians, of which only 55 were from D9214. Shekhar has put a merciless challenge to D9214 to grow by 1,000.

LET’S DO SO WITHOUT COMPROMISING ON QUALITY.

For small clubs that number less than 10 members, of which there are 20 in our district, I join RIP Shekhar in challenging them to

EACH ONE BRING ONE.

Clubs that achieve that goal will be recognized at the DCA.



Photos by: Rtn. Bagalana Ibrahim

ROTARIANS PARTICIPATE AT TECHNICAL COMMISSIONING OF WATER AND SANITATION (WASH) FACILITIES IN NORTHERN UGANDA



By Francis Mujuni
Advocacy Officer,
RI USAID WASH Program

In order to take an active part in preparation for the celebration of the Menstrual Hygiene Management (MHM) day held every 28th May annually, Rotarians joined their partners – Uganda Sanitation for Health Activity (USHA) and the Local governments in the region to commission the completed sanitation facilities in the districts of Gulu, Agago and Kitgum in Northern Uganda, from 23-27 May 2021.

The week-long activities started with training of School Management Committees, the relevant Local Government departments and other key stakeholders in the Operation and Maintenance (O&M) of the special WASH facilities that included the changing rooms and the incinerator, instrumental in helping school girls to manage better their menstruation periods.

It should be noted that lack of menstrual hygiene facilities and services has been identified as one of the factors contributing to low academic performance and higher dropout rate for girls in primary and secondary schools in Uganda, according to the Ministry of Education Annual Report 2019.

These special facilities were constructed with funds from USAID (through USHA) in partnership with Rotary International aimed at improving the Water, Sanitation and Hygiene

(WASH) situation in Uganda. The Rotary International (RI) - USAID WASH partnership is a three- year program aimed at providing access to sustainable safe water supply and sanitation in schools, communities and health centers while promoting key hygienic behaviors across the country, as well as influencing the sanitation policy best practices. The program targets to provide water to 44 schools and 20 Health care facilities in 21 districts across the country.

In this partnership the Rotary funding is used to provide safe water (boreholes, piped water schemes and rain water harvesting tanks) while USAID funding is used to improve sanitation in schools and health care facilities by constructing (sanitation facilities) drainable latrines and promoting market -based sanitation improvement approach (MBSIA) in the target communities. The sanitation facilities include drainable toilets for boys and girls and group hand washing facilities in accordance to the needs in the school. The toilet blocks for the girls have a special changing room and an incinerator to improve Menstrual Hygiene Management (MHM) for the girl child.

The program applies a participatory approach involving learning events, organizing/ coordinating field inspection visits to project

sites in order to demonstrate a passion to serve others, a willingness to learn and grow in their leadership, and the interest in engaging with communities in the field and in documenting findings.

A team of Rotarians from 3 out of the 21 participating clubs in this project selected by their Club presidents as Club Advisory Teams (CATS) participated actively in the above operation and maintenance training for the facilities on the first day. They shared their experience and expertise with the rest of the participants in terms of not only the physical maintenance and care, but also changing of attitude and utilization of the sanitation facilities especially the changing rooms and incinerators for better management of menstrual health of the girl child, back in their schools. Two days were dedicated to the technical commissioning of the WASH facilities at the schools and Health Centers in Gulu and Agago district. The commissioning

activities included: establishment of rapport in each school, inspection of the WASH facilities, demonstration on cleaning of latrine blocks, hand washing facilities, Incinerator operations and commissioning speeches. The Rotary team was led by Rotarian Joyce Mpalanyi Magala, a member of the Host Organizing committee (HOC) - Technical Lead for communication. The HOC is a committee of eight technical persons set up by the partnership to oversee the quality implementation and management of the program. Team members included Rotarians Nankya Sylvia and Juliet Kiseka representing the Rotary Club of Kampala Nalya) Rotarians Dr Kalungi Richard and Ebuk Eric representing RC Kampala South, Rotarians Oyet Vincent and Okema Emmanuel representing RC Kitgum, and Project Advocacy Officer Francis Mujuni. The schools that received sanitation facilities are highlighted in the Table below.

District	Sub County	School Name	5-Stance Boys Block	5-Stance Girls Block	Group HW Stations	Incinerator
Agago	School Name	Arum PS			1	1
Agago		Agelec PS		1	1	1
Agago	Arum	Ayika PS			1	1
Agago	Arum	Atenge PS	1	1	1	1
Agago	Arum	Acholpii Lapono PS			1	1
Gulu	Paicho	Omel Boke P.7 School	1	1	1	1
Gulu	Paicho	Lapuda P.S	1	1	1	1
Gulu	Paicho	Cwero P.S	1	1	1	1
Gulu	Paicho	Tegot P.7 School			1	1
Gulu	Paicho	Kalamaji P.7 School			1	



Training of WASH stakeholders by USHA in Gulu 24.05.2021

The Head teacher of Cwero Primary school in Gulu district noted that, "the practical skills attained will go a long way in helping us to make WASH budgets for the year"

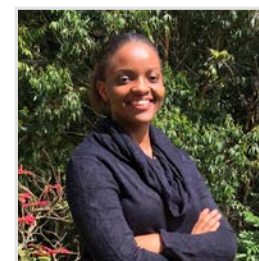


RI- USAID, USHA Technical Commissioning of WASH facilities at Lapuda Primary School in Gulu district 25/05/2021

The School head teacher of Lapuda said, "The WASH rooms will enable the girl child to stay in school comfortably"



HEALTH SERVICE TOWARDS COMMUNITY DEVELOPMENT



By Thea Alfred Sindato

Economic and Community development is a concrete process where communities identify and initiate their own solutions to economic, social and environmental issues to build healthy and economically viable communities.

This process is highly characterized by inclusion of local communities, developing livelihood opportunities, nourishing talents, building on local resources and capacities, enhancing a healthy environment and encouraging community resilience amidst ongoing natural and coincidental circumstances.

The Rotaract club of KCMC, based in Moshi with more than 90% of members involved in one way or so at the Kilimanjaro Christian Medical Centre, a referral and teaching hospital in Kilimanjaro Tanzania has had an exclusive devotion to this theme from the past years.

Discovering the high stakes during these times when communities are tackling the pandemic, the club has watched out for gaps in the community which identified as ones that have achieved a level of medical development through humanitarian agencies advocacy but after thorough review intervention proved superior. These areas included Malaria intervention, Blood donor needs, General hand and body hygiene, menstrual hygiene and mental health. The club went further to perform several activities along-side interested partners with a focus on improving community control over their health challenges.

In the most recent, spotlights of UBUNTU aims to highlight the "Muheza Malaria Intervention project" done by Rotaract Club of KCMC in cooperation with RAM Global and Malaria partners International (MPI). The project implemented in Muheza, Tanga region aimed at reducing the current prevalence of malaria

in Muheza district of 3.1% to the goal prevalence of 1% or less by 2025 and involved a series of activities to raise community awareness and education, emphasize the use of treated mosquito nets, Biolarviciding, endorsing environment cleaning and protection, supporting insecticide residual spraying and Community health workers training. The project used a holistic approach grounded in the principles of survey and inclusivity which guided on area of focus selection, sustainability and self-determination in that members of the community identified as community health volunteers being involved in the trainings to identify and eliminate mosquito breeding sites, and collective action by involving members of the district health, medical officers, trainers from the National institute of medical research and Rotaractors from KCMC who are medical students and practitioners who are expected public health promoters.

This project, as one of the many activities that are done by the club goes all the way from solving economic, social and public health problems of a community. Rotaract and Rotary generally, should be encouraged to identify challenges in their communities and take on steps to ensure members of the community see the need to bring about change which will be beneficial in several ways such as awareness raising among community members, political leaders, policy makers and potential stakeholders who will be trimmed to supporting the action; an expected product of community economic development.



FRUIT TREES FOR SCHOOLS

AN INVITATION TO CLUBS TO JOIN TOGETHER FOR A GREATER IMPACT

By **CMP Godrick Lyimo**
RC Mwika

School lunches typically consist of a starch (ugali), lots of it, and beans. Too often the same repeats at home. Children don't eat much vegetables or fruits. This situation has caused health problems among students like malnutrition and anaemia.

In earlier projects for schools, we made a disturbing discovery that many children were not given anything to eat before coming to school. So they remain hungry till lunch time when school lunch is served.

In patriarchal societies, mothers say they simply have too many things to do in the morning on the farm – to cut grass, feed the cows and goats and milk them – to cook for the children in the morning. Since, majority of women are not well educated they are not aware how much harm children get when going to school on an empty stomach. It has a negative impact on their learning. According to studies done in the U.S. and elsewhere, skipping breakfast can reduce a child's ability to understand and digest what is being taught by 35-40%.

When we presented a list of foods that don't need to be cooked or which can be cooked the night before and set aside for the morning – bananas, avocados, passion fruit, papaya, mango, boiled sweet potatoes, boiled cassava,

boiled egg, chapati, pumpkin, cooked bananas, corn, milk etc. – mothers' eyes lit up. They were convinced. When we visited the school again 6 months later, children eating breakfast before coming to school rose from around 10 – 15% to more than 50%. Not as good as 100%, as we would have liked, but still progress in the right direction.

When RC of Mwika was planting trees in schools, it introduced some fruit trees to 15 schools to supplement children's school lunch. Perhaps it would be even better if fruits can be given to children during morning tea break to help those who still do not get breakfast at home. A talk at each school to educate parents on the importance of children eating before coming to school would help.

For enterprising schools with land to expand their fruit tree planting, fruit can also become a source of additional income for the school to supplement public funding for books, desks, maintenance of facilities etc.

We are reaching out to clubs in Kilimanjaro and any other in Tanzania and Uganda to come together and share ideas to make a difference to our school children. Our contribution is the project outline which could provide a starting point for those who may be new in embracing tree planting, to use and adjust to suit local conditions rather than having to reinvent the wheel.



By **Rotarian Julia Seifert**

Unemployment, underemployment, lack of economic opportunity, lack of appropriate training, and the absence of social safety nets lie at the core of poverty. For the poor, labor is often the only asset available to improve

cultural norms but are strongly tied to differing education outcomes due to early marriage and childbearing at teenage years.

Early marriage effects female youth more than male youth, with 47% of female 16- to 24-year-olds having been married vis a vis 19% of males, which poses a higher risk for early pregnancies, as well as domestic abuse (Tanzania Demographic and Health Survey 2015/2016).

well-being.

ILO models indicate that by 2020 the unemployment rate in Uganda was at 2.4, while in Tanzania it was at 2.2. However, the trend may change, in the light of the recent Covid-19 pandemic, where, even in Tanzania, a country not having gone under any lock down, led to 140,000 formal jobs lost in 2020 and 2.2 Million informal workers suffered income loss as per World Bank estimates. Women were potentially more effected by these job losses, as it is anticipated that most of them are from tourism sector, which through the hospitality and gastronomy industry employs more women.

That said, even in non Covid-19 times women and young girls are more likely to be negatively impacted by unemployment as they are disproportionately affected by unpaid care work, while Tanzanian male youth spend on average 90 minutes per day on unpaid care work female youth on the other hand spends 300 minutes on unpaid care work, a factor limiting them to engage in other paid as well as educational activities. Similar trends can be observed in Uganda where women spend on average 186 minutes a day on childcare, while men take 27 minutes.

Many of these trends are grounded in social

In Uganda, UNICEF (2013) estimated around 49 per cent of all women are married by the age of 18. The same study further presents that 1 in 4 teenage girls have child or are pregnant, resulting to only 24% of girls being enrolled in secondary schools. Again, similar trends can be observed in Tanzania, where 27% of women aged 15-19 have begun childbearing: 21% have given birth, and an additional 6% are pregnant with their first child. Teenage pregnancy is not only a major health concern because of its association with higher morbidity and mortality for both the mother and child it also has adverse social consequences, particularly for educational attainment.

As such, undoubtably, community and economic development go hand in hand, especially for the young women and girls in Tanzania and Uganda, and it is unsurprisingly that Rotary International has made it one of its six areas of focus.

In creating productive employment opportunities Rotarians can contribute essentially to reducing poverty and achieving sustainable economic and social development, provide income security and empowerment especially for women and girls.

Fruit Trees For School Project: A Prototype

STEP 1 - Initiate the Process	STEP 2 - Plan with Community	STEP 3 - Clubs' Preparation	STEP 4 - Implement and monitor
<ul style="list-style-type: none">Form project core teamIdentify potential schools to target <p>Meet with representatives of schools to assess their interest in project</p> <ul style="list-style-type: none">Explain the rationale for the projectExplain what is expected of the school <p>To the schools expressing interest</p> <ul style="list-style-type: none">Request for enrolment data by gradeFruit trees that grow well in the area and their preferenceRequest schools to solicit support of AEOs and community leadersScience or agriculture teachers...?	<p>Hear how the schools will organize students and teachers for the project for</p> <ul style="list-style-type: none">PlantingCaring for trees once planted <p>Educate teachers, parents and students on</p> <ul style="list-style-type: none">The health benefits from eating fruits <p>Invite AEOs to explain how the school should</p> <ul style="list-style-type: none">Prepare soil for plantingCare for trees planted <p>Invite community leaders to discuss how the community can assist,</p> <p>e.g: providing if and when necessary top soil, manure, water, et</p>	<ul style="list-style-type: none">Form teams and assign schools to teamsCollate data receivedCollate data on fruits trees requested <p>Identify tree nurseries for sourcing seedlings</p> <ul style="list-style-type: none">Locate seedlingsNegotiate for pricesDraw up the budgetMake list of seedlings per school <p>Seal seedlings order</p> <ul style="list-style-type: none">Order seedlingsConfirm their availability by the date neededArrange for transport of seedlings to schools	<p>Club's Preparation for Implementation</p> <ul style="list-style-type: none">Confirm the date and time of planting with each schoolConfirm proper soil preparation for plantingGive talks on importance of breakfast for children's learning and tips on easy foods that can be prepared the night before. <p>Planting at Schools - Implementation</p> <ul style="list-style-type: none">Pick up seedlings from the nurseriesProject teams arrive at schools with seedlingsHandover seedlings to studentsCelebrate the planting with community <p>Rotary award to the class with the highest tree survival rate in xx months</p>



The fruit trees children will plant and care for at school are to supplement school lunches to improve their diet.



EMPOWERING GIRLS 2021 – A ROTARY INTERNATIONAL PRESIDENTIAL INITIATIVE



By **Changemaker President**
Aisha D. K. Sykes,
Rotary Club of Dar es Salaam
Oyster Bay

In early 2021, the (then) incoming Rotary International President, Shekhar Mehta unveiled his theme for the year: “Serve to Change Lives”. As part of this, he articulated his special focus on empowering the girl child, emphasizing that “[i]t is important that we empower the girl as we all find that more often than not, the girl is disadvantaged. We will serve all children, but our focus will be specially on the girl. There are many issues that girls face in different parts of the world, and you as leaders will ensure that we try to mitigate the disadvantages of the girl that they may have.” (2021-22 Presidential Theme - Serve to Change Lives | Rotary Club of Barbados (clubrunner.ca))

It was in line with this that he appointed a team of global Ambassadors on the initiative, who in turn engaged Assistant Ambassadors, working with the District Governors on this priority. Operating as part of Zone 22 (Region 28) Empowering Girls Ambassador’s team, Immediate PDG Annemarie Mostert of the Rotary E-Club of Southern Africa, in District 9214 Tanzania is covered by I, CMP Aisha Sykes, and in Uganda by IPP Susan Ssamula of the Rotary Club of Namasuba.

A key feature of our role is to coordinate, inspire, and guide clubs within our respective countries to heed the call of #EmpoweringGirls. This alongside the overarching commitment towards diversity, equity, and inclusion that was also articulated early in the year. Where clubs had not included this in their planning, plenty of opportunity still remains, leaving ample time to modify an existing project or develop a new one in line with the initiative. Projects can be tied into the Rotary Focus Areas, and should aim to achieve impact that

is real and long-lasting.

On September 13th 2021, when President Shekhar Mehta and Mrs Rashi Mehta were visiting Uganda as part of their District 9213 and 9214 tour, a session was organized for Assistant Ambassadors to present what has been achieved and planned for this key initiative. Our two countries shared detailed presentations highlighting what clubs across the two countries have already begun to execute at club level, and in Tanzania three ideas were presented for potential countrywide implementation. The ideas shared will aim to achieve not only the target of #EmpoweringGirls, but will also enable clubs to meet goals set around multi-club projects.

In Tanzania, the #EmpoweringGirls initiative has been successful in rallying clubs from across the country, through their Club Presidents, to take on this challenge with the zeal and commitment that it deserves. Clubs in Bukoba, Iringa, Tanga, Moshi, Arusha, and Dar es Salaam have all begun implementing, with great results, as has the Rotaract Ladies Initiative (ROLI). Whilst some clubs are still to present their plans, it is hoped that by December 2021 all clubs will be able to communicate at least one project that they have in mind for the year. If you have not heard anything in your club, reach out to your President and urge them that your club does so.

Use the hashtags:

#EmpoweringGirls2021 and #EG2021 alongside #D9214

For more information on this in Tanzania - for guidance, to share ideas, or to engage further, contact:

CMP Aisha D. K. Sykes: president@rotarydar.org

Clickable links:

For ideas on #EmpoweringGirls - RESOURCE-Rotary | District 9400 (rotary9400.org.za)



KEEP WATER RUNNING!

With Sustainable Operation and Maintenance

A SCHOOL WASH PROJECT, ROTARY CLUB OF ARUSHA

**Linda Baas (Project Leader) and CMP
Samantha Button, RC Arusha**

WATER - A NECESSITY FOR GOOD EDUCATION

Projects for water, sanitation and hygiene (WASH) in schools reduce incidents of water-borne diseases, positively impacting learning by reducing school absenteeism. For girls, a WASH project that provides privacy and water eliminates the need for menstruating girls to stay away from schools, which is another positive impact on their learning. Rotary committed to enabling clean water flow in every school in D9214 and, by doing so, will visibly impact children's learning.

The Rotary Club of Arusha, together with Rotary clubs in the Netherlands and Water for Life (the charity foundation of all Dutch drinking water companies) have set up a WASH for Schools project in Arusha, Tanzania. This project provides 20 schools in low income areas, with a total of 27,500 pupils, with access to clean drinking water, hand washing facilities, separate toilets for boys and girls, and hygiene education. Already, the first two schools (Suje and Kambi Ya Maziwa Primary) have had an official handing over ceremony on August 3rd 2021. By December, we anticipate the project will have been implemented in the next 10 schools, leaving another 8 schools to start construction in early 2022. RC Arusha has recently raised funds for another 4 schools, which brings the total number of beneficiary schools to 24 by the end of 2022.

PARTNERSHIP IS THE KEY TO PROJECT SUCCESS

The project involved all stakeholders from the start including numerous departments of the City Council, Water Authority, School Management and the schools' Parents and Teachers' Associations (PTA), Ward

committees and the pupils. Stakeholder engagement is time and effort consuming. It can take a year or more before actual implementation starts, but for sure it pays off! Involving all stakeholders at each step enhances ownership on the ground which increases the likelihood of project sustainability.

SUSTAINABLE IN ALL RESPECTS

The availability and quality of water for the project has been assured by the Arusha Drinking Water Authority (AUWSA). The schools are trained in economical use of water. The municipality of Arusha, as owner of the schools, will also own the facilities and, together with the schools, is committed to finance the operation and maintenance costs.

As for the community, the school board, together with the PTA, will take care of the day-to-day management and maintenance. They will also be closely involved in educating the students on the importance of hand washing and hygiene.

The facilities are designed based on proven technology developed by Water for Life (VEI), which has been in operation for more than 10 years. Water is scarce and school budgets available for paying the monthly water bills are limited. With these two facts in mind, the project focuses on two sanitation technologies.

- **Zero water option:** the sanitation blocks use zero water. Underneath the sanitation block a storage tank is constructed to capture the waste. The tank is built of non-permeable concrete to prevent leakage into the environment and aquifer. The squatting pans directly release down into the storage tank. Ventilation and vent pipes prevent build up of smell. The storage tanks need emptying only once every two years using a suction tank from the



City Council or a private operator.

- **Poor flush option** (using 200 ml of water instead of the usual 6 litres for full flush with a cistern system): the sanitation blocks and squatting pans are connected through a piping system to a septic tank. The tank is constructed with non-permeable concrete. Flushing takes place using a little cup of water. The septic tank will need to be emptied once every three years.
- **Connection to the sewerage option:** some schools are within the City center, close to the city sewerage system. The sanitation blocks are directly connected to the sewerage, also using a poor flush water system.

In front of each sanitation block are hand wash facilities with water and soap which is closely monitored by staff and pupils not to allow the water to be left running after use.

DIGNITY FOR GIRLS

Where sanitation facilities do not provide adequate privacy or water - girls skip school once a month for a week during their menstruation period. The project provides for a changing room with a toilet. Separate toilets for girls with assured privacy makes skipping school during menstruation period no longer necessary. The blocks also have a Western style toilet for handicapped pupils and teachers are provided for with separate toilets to the side of the building for privacy.

WASH FOR DISTRICT 9214

Many Rotary Clubs in our District are involved in school WaSH projects. RC of Arusha will spearhead the effort to bring together those clubs to connect, share experiences, enhance each others' knowledge to improve the overall quality of WASH projects in the District. Together we will be stronger and better equipped to serve the school children in our community!

MENTOR ME SERIES



By President Joseph Ssengooba
Rotaract club of Bwebajja

‘A Lockdown Program For The Youths’

The Rotaract clubs of Nkumba stewards, Kasese, Nansana, Rubaga and Bwebajja came together in the spirit of brotherhood to deliver on youth community economic empowerment. Aware that schools and other institutions of learning were closed rendering the students and other many youths idle and hopeless amidst the global pandemic that continues to make it hard for people to sustain their livelihoods. The Rotaractors boldly came up with durable solutions to fill the gap here by starting up a program for the unemployed and drop out youths in the communities of Kajjansi to Nkumba.

Targeting youths aged 18-24 the project is dubbed **Mentor me series ‘A Lockdown program for the youths’** and focuses on Rotary’s theme of community empowerment and development. We have identified groups of 20 youths from five communities in and around Wakiso and Entebbe municipality to empower, train and avail them with startup capital to enable them establish their own businesses and cover the growing plague of youth unemployment that keeps curtailing economic growth the potential of the youths in Uganda with an estimated 60% of youths reeling from joblessness amidst the global Covid19 crisis according to UNICEF.

This program was aimed at empowering the youths with entrepreneur and business skills to first of all keep them busy and also enable them sustain their own livelihoods. Equipping the selected youths with practical knowledge in startups through community strength based approaches for capacity building, social networking and career development was at the centre of this initiative. The youths were later involved in the hands-on training of different business ideas like baking, tailoring and sewing as well as fruit juice processing.

This was intended to spark their business acumen and challenge them to come up with businesses of their own in their groups.

After the training the selected youths formed their own community based organizations with all the necessary paperwork and have since been duly registered as independent businesses. The purpose of registration was to ensure proper organization and smooth leadership structures within these organizations and avoid all cases of informality associated with non-registered business organizations like poor accountability and many others. This was all possible at a one week workshop at Banana village eco resort on Garuga road where the selected youths from the surrounding communities were drilled in different skills ranging from team building, communication skills, starting a business from scratch, business proposal writing, accountability among others. All these were executed in line with the standard operating procedures set by the government intended to curb the spread of Covid-19. The youths were trained and armed to the teeth with skills to prepare them mentally and psychologically to manage startups. The one week mentorship was concluded at a scientific even graced by Paul Owor an influential real estate business leader and also former member of parliament aspirant for Busiro south constituency who gave a motivational talk to the youths and encouraged them to live to learn in these hard times by taking advantage of such programs that are intended for their economic transformation.

The project is an ongoing activity and will be taken to other areas where the implementing clubs are located to benefit all the youths in these communities. The first cohort officially kicked off on 9th august with 20 vibrant youths aged 18-24 from the villages of Nkumba, Nalugala, Garuga and Kitale. We had the opportunity to closely interact with these young people and give them a sense of belonging as we strive to serve to change lives as our creed this rotary year. We hope to have the other cohorts mentored too with business acumen skills in the coming months.

ROTARACT BOOK DRIVE & FUNDRAISING EVENT



By Rotaractor Suzan Temba

On the 4th of September 2021, there was a book drive & fundraising event at the Feza Alumni Foundation. It was a collaborative event between the Rotaract club of HKMU, Doctor Teacher Organization and Nipe Kitabu. The aim for the event was to collect books and donate them to Saku Secondary School located in Mbagala. “Initially it was supposed to be just a book drive, then the community service committee thought ...why not make it an event?” Said Suleyman Samiji, one of the organizers from the Rac. Kairuki

Suleymann Samji says that after a full week of planning the event, attendee’s invitation, activities and many more then the day was finally here. We started by joining hands at 7.30 a.m. In arranging and preparing the venue, who will come, what will they do and how will they do it. It also included cleaning the place and rearranged it so we can keep the pre-event jitters down. We also had to wait to make sure tents are up, music is set and all the stalls and tables set before 10am”.

The team started by selling tickets to volunteers first so they could relocate to their duty station then at 10:10 am the event was declared open.

The compound was structured such that after receiving the ticket (which enters you to a raffle competition) at the entrance. Few steps away you get to the book collection section, where we collected and sorted categories of books. The next most interesting stall in the compound were entrepreneurs selling and showcasing varieties of food, clothes, toys and drinks, while you are accompanied by music filled in the air together with the aroma of amazing delicacies left and right, you wouldn’t dare miss any of it

On top of all that they also had different games stations inside on the ground floor, there they got the screen where one can buy a ticket to play FIFA and the other screen was streaming the famous Netflix show Money Heist for those not interested in FIFA.

Board games stations were also available and people played games like Monopoly, UNO, Scrabble, Last Cards, Chess and Checkers. There were also even more games and activities set at the backyard, where they had stations for balloon pop, flip bottle, Pinocchio,

face sponge, and face paint and henna painting. The backyard was full of life with people interacting in different games and other activities. The games were played on a ticket basis such that some needed one ticket to play while others needed two. Winners in certain games such as balloon pop, received a gift ticket which got them a free ice cream from a vendor invited from the university.

The Rotaract Kairuki FIFA Tournament King was Mordekay Masawe, a student from Hubert Kairuki Memorial University who won the Gold medal and a Burger. The tournament consisted of 8 players in the two Playstations. Also had the raffle winners which was sponsored by Zawadi Mart and they received a variety of items from the company including 5% off items from the store to a whole bouquet of chocolates

Finally the event which took weeks to prepare was coming to an end within hours but with great success.

The collected books were handed to the representatives from Saku Secondary accompanied by a speech from one of the students thanking the organizers and the people for their support.

The sponsors received glass plaques as appreciation and acknowledging their utmost support towards the event a success. Some of the sponsors were Zawadi Mart, Hatim’s Gift and Printing, Wadsworth, Msmbazi Musical House, Suhaila Khalid and Rotarians from RC. Oyster bay and Mikocheni.

Suleyman concluded that “we appreciate the volunteers who were so eager and ready to assist in any way required, they manned their stations to the best of their abilities. As the event went on, even the participants asked volunteers in areas they felt that needed some assistance. One of the participants was disappointed that we didn’t have an MC and because he loves doing it, we invited him to volunteer as one which he did a great job, by going around and interviewing the participants and stall owners, which made the event really alive”..

We managed to raise enough funds which will be used in buying NHIF cards for three sponsored children from Mikocheni Primary as well as school supplies and Charity events, believe that’s the rotary/rotaract way of identifying challenges and thinking of creative solutions to help the community, hopefully will be able to make a difference in more lives. The road to service is both exhausting and fulfilling and we are ready to take it in order to make the world a better place” He added.



Sponsored pupils from Mikocheni Primary School

PARENTING IN CLUBS



By Tusu

Ladies and Gentlemen,

In talking about parenting, I refer to both the parents and the parented, and therefore what we shall discuss relates not just to Oysterbay, but to all the clubs, Rotarians, and Rotaractors in the Clan – along with other Rotarians who have honoured us with their presence today.

Like any good parents, Oysterbay faces that perennial angst, the times you become anxious and ask yourselves questions: Are we good parents? Do we give our children enough time? Are our children turning out right? Now, very many of us are parents, even if some, like President Aisha, are new to the job. You quickly discover that you do not learn parenting from books or what your friends tell you, but from hard experience. You learn as your child grows, and as other children follow. I will integrate just four lessons from our experience with Dorcas, my friend and spouse whom I call the Queen, as foundational analogies for our discussion. Please put on your thinking caps: I sometimes speak like an African elder, leaving the interpretation to the listener. I may interpret a bit, but not all: we do not have the luxury of unlimited time.

The first lesson is that any child you produce is an unknown quantity, a mysterious being you do your best to understand, nurture and shape to the best of your ability – which is a real challenge because you really cannot know the long-term outcomes of your efforts until much later. The corollary to this is that no two children are the same. Each is unique and has to be treated differently. It is not an assembly line where parts and approaches are uniform. Our two older children are both girls – now grown up and successful in their vocations and families. They are very close to each other, of course very beautiful, and are like twins despite their three-year age difference. Because I tend to travel a lot, I am the family shopper. The Queen gave me sound advice about buying clothes for the two. For Nakandha, she told me that when I saw a clothing item I did not like, I should buy it. And for Namusobya, she told me that if I liked the clothing item, I should buy it. It works like magic. The real point here is that knowing me, she guided me not to assume that our daughters’ tastes and preferences were necessarily the same as mine, and furthermore, to respect those tastes and preferences. We could be referring here to a new member of the club, ora new club.

To me, membership growth has two dimensions: The first dimension, which is commonly referenced and pushed, is the numbers. We all understand this dimension. The second dimension, sadly most often neglected, is the more important aspect of the growth of each member in Rotary knowledge and practice, because that member, however successful and prominent they may be in their business or profession, starts off as a unique Rotary child to be nurtured and

cared for. I am sure we all know that the most critical stage of any child’s mental development is the first five years after birth. If I relate this to Rotary, I see the period from one to three years of membership as the most critical, and yet the most neglected period. This is the period we should use to focus on the growth of each new member or new club in Rotary. From Rotary International membership statistics, we lose the overwhelming majority of those who leave Rotary within the first three years of membership.

I would therefore recommend that each club should have a clear and unique three-year programme tailored to each new member, to ensure integration, graduated learning about Rotary, and graduated involvement – all immersed in the fun and joy, and of course occasional tensions, of a family setting. I would recommend a Team of at least two Rotarians carefully selected for each new member, to be the Rotary mentors of that person, for those three years. I would indeed categorically state that when you think about it, we expect too much of a New Club Adviser to singly take on the 30 or so charter members and get them fully grounded and integrated. In the worst case scenario, each member of a new club should have a different member from the mother club, or another club, attached to them for at least three years. Two would be an even better number so that we can bring yin and yang into play in the new member’s growth. Please hear me and learn from this.

The second lesson is that children grow up and become independent-minded very fast, and this starts before they are even teenagers. You have to learn to see them as young adults, and to treat their views with respect. They learn from you – and you learn from them. You shape them – and they shape you. Respect them – and they will respect you. Give them space to grow – and they will flourish. **I used to think that parents bring up children: I am now more inclined to think that children bring us up as parents.** Sooner than later, you must permit your child to go to the corner shop alone, take a walk alone, drive the car alone. Yes, it is dangerous, but you know that if you stop them, they will never grow up to be fully independent. We must always remember the times we were children: we may be adult and successful, but we did the same things that now seem, to us, reckless or stupid or unreasonable. Each child must make and learn from their own mistakes: it is not only their right, but also their path to growth. We could be talking about a new member of the club, or a new club. Approach it a learning opportunity for you to understand your role better and improve for the future. In other words, every Rotary Club must be a dynamic learning organisation.

After the individual growth stage, we need to find ways of ensuring that the new member is effectively involved in club activities. Rotarians and Rotaractors are volunteers: please ask them where and how they want to serve, and coach them into those roles. Encourage them to also identify ways of supporting each avenue of service. Please, do not simply assign them to committees: you will get the numbers, but not the performance. A very unfortunate thing that has happened in Rotary is that many clubs have fallaciously

applied the so-called twenty-eighty rule out of context to justify their failing in getting all members involved. This is compounded by the struggle for annual recognitions, often disabling planned strategy that would grow and sustain clubs: We focus so much on achieving annual goals and targets that, commando style, each President simply focuses on using a few members to get the goals and targets delivered in seven months – instead of the real leadership role of getting everyone involved and growing the quality of the club. Frankly, if our clubs got all members involved, capacity that makes the exceeding of annual goals an automatic outcome for the club would be built up over a few years. We have sacrificed long-term strategy to short-term tactical manoeuvring.

My background is in telecommunications engineering, and we know that the value of thenetwork increases with the number of active connections. Indeed, the business model of large companies is to pitch the cost at a level that brings everyone onto the network, and therefore build up the network value for all users. I would urge the Oysterbay Clan to accept this approach. Let us always remember that Member Retention is not a set of activities: it is the outcome of the processes clubs put in place to ensure the full integration and the full involvement of each member.

The third lesson, often forgotten by successful parents who can give their children whatever they need, is that a great motivation for achievement and success is aspiration for those things your parents cannot or will not give you. Providing your children with enough to make them reasonably comfortable and not deprived, and supporting them enough without spoiling them, is a delicate balance. Provide too much, and they will feel they can always thrive on your momentum without having to do too much. When you have not had to strive for success or wealth, you tend to take them for granted. Even more delicate is the balance between using your experience to teach your children while leaving them the space to develop in their own right. Remember that it is always more important to give your children wisdom and challenges than to give them things. Related to this is the common error of judging our children by comparing them to ourselves or to others. I like the approach used in golf, where individual improvement is assessed based on individual performance. We could be talking about a new club, or any member of the club.

The Rotary Club of Oysterbay is a very active club, a very diverse club, a wealthy club in every respect. Anyone who has or has had very successful parents will tell you that it can be daunting to grow up in such a shadow, and this might indeed lead to tension and splits in the family. The parents may expect too much, forgetting the uniqueness and preferences of each child. They may also criticise themselves too much, blaming themselves for what they perceive as the children’s failures because they may apply their own standards to their children. The children may strive too much and even get frustrated, trying to grow in their parents’ images. On the other hand, they may simply give up, knowing that they can never measure up to their parents’ standards. Or they may become content in the parents’ shadow, knowing that they will be cared for indefinitely.

We should not hold a race between a cheetah and a shark, or compare a lion to a chameleon. They all belong

to the animal kingdom, or if you like, the Oysterbay Clan. However, each has the right capabilities to excel in their own way, and what they need to do is to focus on honing those capabilities. Even as we all step back and re-evaluate our approaches to membership growth and involvement, I would encourage each club in the Oysterbay Clan to identify or build their own unique identity and to be strong in that identity. I would indeed go beyond the Oysterbay Clan and say each Rotary Club, each Rotaract Club, needs to identify their unique identity and to work to excel in their own way. Please hear me and learn from this.

The fourth lesson and the last one I will share is that what children yearn for most is caring, love, respect – and at the earliest, independence. They enjoy the security the feeling of family brings, in times of joy or sorrow. They enjoy being part of your celebrations, and you being part of theirs. They will look-up to up you, both consciously and subconsciously, as their demonstrator of conduct in both private and public spaces. They may not be as tall, or as clever, as rich as you are. They may exceed everything you have done. They may take totally different directions from yours. They will certainly want their independence to be recognised. Your role as parents is to stand with them regardless. We could be talking about a new club, or a new member in the club. Please hear me, and learn from this.

How then do we pull all this together? My answer is that we need to redefine and refocus the Membership Committee. I feel there is too much focus on getting new members and the entry stage, after which we abandon them, each in their own survival race. If our volunteer members are our greatest resource, then the committee that looks after their nurturing and wellbeing is the most important committee in the club. It needs to be large, and it needs dedicated members.

The Membership Committee should spend the buld of their time on the welfare and wellbeing of current members. It is their role to take steps to ensure that each member grows in Rotary and gets fully integrated during the first three years. It is their role to ensure that each member feels loved and cared about in the club, reaching out to each at least once a month to find out if all is well with them. It is their role to find a way of celebrating each member during the course of the year for achievements both within and outside Rotary. It is their role to maintain a file on each member, and invite them for a discussion at least once air to get their views about the club, how the club can be improved, and how and where they wish to be involved, I know many clubs rely on membership survey tools for this, forgetting that the majority of those who will respond are the already engaged Rotarians, leading to false results: disillusioned members and inactive members do not respond to questionnaires.

President Aisha, the other Presidents, Rotarians, Rotaractors, Family, and Friends of Rotary: we often put the cart before the donkey. We spend a lot of time on maintaining the cart and filling it with the luggage of Rotary activities. We focus a lot on service and celebrate achievements in that area. Let us give more attention to the donkey, without which the cart will not get anywhere.

Thank you for listening to me.

Tusu

MIKOKO FOUNDATION AND THE ROTARY CLUB OF MIKOCHE NI



By PAG Charity Mwakio

Mikoko Development Foundation (MDF) is an NGO in Tanzania whose mission is 'Creating a Green Habitable Tanzania'. The organization is a marriage between Mikoko Scouts and NALEVA. The latter is a youth organization that has planted thousands of trees in Tanzania.

The Scouts movement on the other hand, is an international organization whose principles and goals are similar to those of Rotary. These include character building, service to others and self, teaching leadership skills and becoming aware of the world around us. The Scouts oath, law and motto also greatly parallel the Rotary four way test.

MDF flagship project is conservation of mangroves along Tanzania coastlines. Mangroves (Mikoko, in Swahili) grow in salty water and help to stabilize the shorelines from erosion, storms and waves and also provide a habitat for thousands of species. Demand for firewood, timber and farming land has resulted in the destruction of these trees. MDF uses their teams of youths to plant mangroves as well as

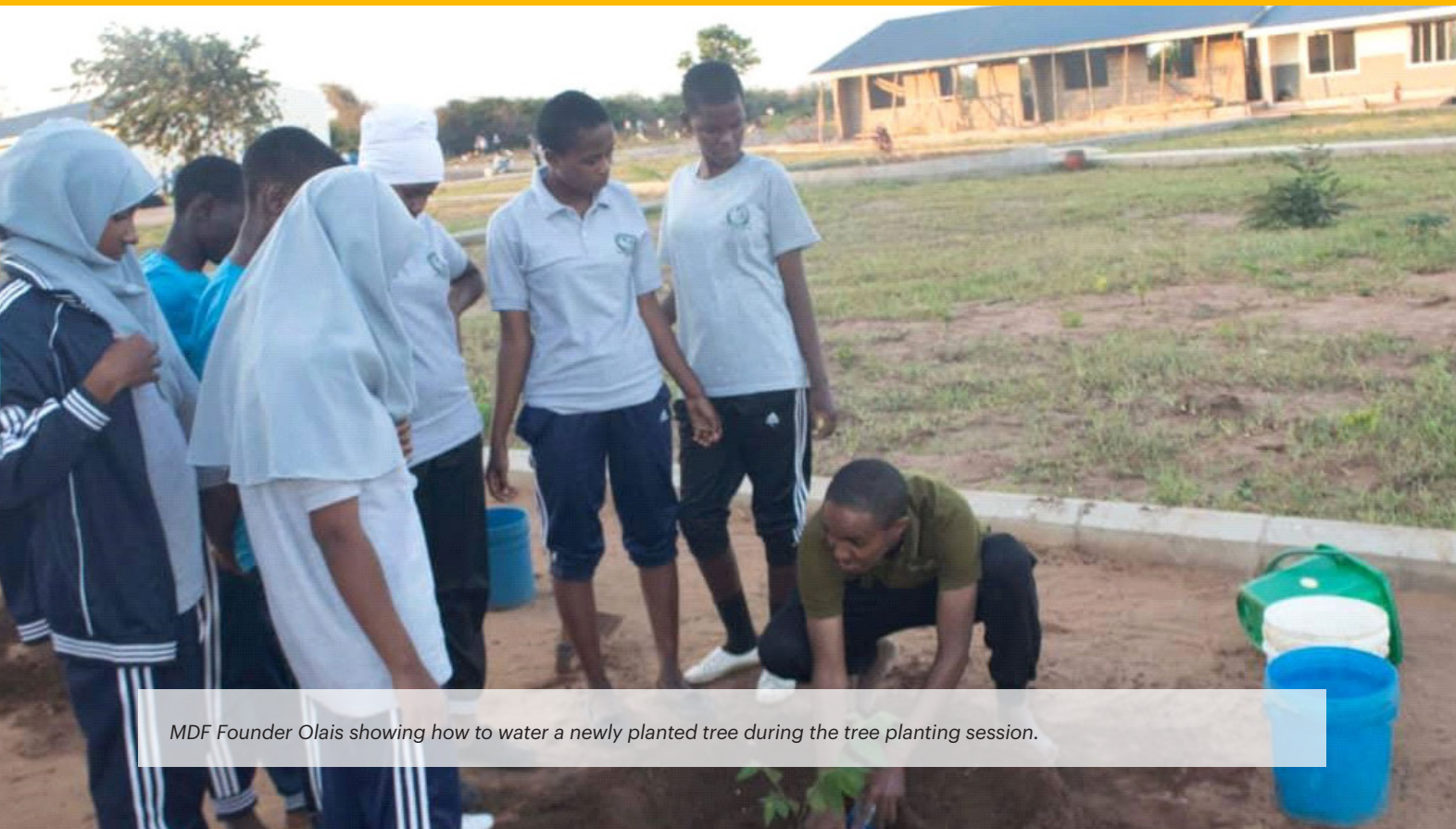
to provide education to the local communities on benefits of the trees. The organization also focuses on youth empowerment and capacity building.

Rotary club of Mikocheni (RCM) like all clubs in District 9214 is part of the Vijana poa initiative which aims to build capacity and create employment for the youth in our society.

So who better to partner with RCM than MDF, an organization whose inherent Scouts values resonate with those of Rotary, whose objectives align with the Rotary areas of focus and who have access to the youth? It is a perfect match.

The two organizations led by RCM President Leina Lemomo and the founder of MDF Olais Raphael are charting out the best way to work together in various youth related programs. As a start, in August 2021 RCM partnered with MDG in planting trees at Jokate Mwegelo Girls High School in Mkuranga. Over 200 trees were planted and the MDF team spent time creating awareness on the benefits of trees and nature conservation.

This is just the beginning of many mutually beneficial projects in the future between the two organizations aimed at doing 'good' in the community around us.



MDF Founder Olais showing how to water a newly planted tree during the tree planting session.

RC LUBOWA AND DEPOSIT PROTECTION FUNDS COVID 19 RESPONSE TO MILD MAY UGANDA HOSPITAL



By Rtn Catherine Nyesiga
Director Public Relations- 2021/2022

Mildmay Uganda hospital is a non governmental organization established in 1998 to provide comprehensive HIV AIDS prevention, care, treatment, and training services. With a vision of transforming communities for sustainable health, the organization has advanced and expanded

its services to offer a wide range of health care services such as; treatment, social support, health training, and education, research, and health system strengthening.

Following the second wave of COVID 19, Mildmay Uganda hospital experienced a colossal influx of COVID 19 patients. The numbers were overwhelmingly high given the shortage in bed capacity and oxygen to maintain critically ill patients. Dr. Yvonne Karamagi -the Director of Medical Services at the facility approached RC Lubowa for support to respond to the surging cases of COVID 19. The Club leadership contacted one of its long-term partners, Deposit Protection Fund (DPF)[1], which in response donated hospital beds, oxygen cylinders, hospital mattresses, and pillows worth 46,945,000/= (Forty-six million nine hundred forty-five thousand Uganda shillings). The donation was handed over to the Board Chairman

of Mildmay Professor Rev. Sam Luboga by the DPF Board Chairman Mr. Ben Patrick Kagoro.

DPF supports vulnerable and underprivileged communities and professional institutions to continue extending services and increase their capacity.

In a similar development, RC Lubowa also handed over blankets, bedsheets, and pillow covers to the Hospital. The items were presented by RC Lubowa's CMP PHF Letitia Nakimbugwe accompanied by AG Walter Nono, PP Conrad Kizito, and Club Secretary Peter Ssamula.

In her remarks, CMP Letitia thanked the Deposit Protection Fund through the leadership of the Board Chairman-Mr. Patrick Kagoro and CEO - Mrs. Julia Clare Oyet for the quick response and action to save lives. She also thanked Mildmay Uganda for their continued community service to saving lives. The President further appreciated members of RC Lubowa for their continuous support towards noble causes within the different communities.

The Club has over the years implemented several projects notably; construction of a police post at Lubowa police station, construction of a water tank and sanitation facility at St Kizito Primary School Kasanje donating an eco-friendly brick making machine to Ssukka-Kasanje, tree planting at Gogonya, blood donation drives and healthy outreaches. The Club continues to support community initiatives, strengthening corporate partnerships and creating change in people's lives.



Left to Right; DPF Head of Communication-Mr. Patrick Ezaga; AG Walter Nono; RC Lubowa CMP PHF Letitia Nakimbugwe; DPF CEO -Mrs Julia Clare Oyet; DPF Board Chairman-Mr. Patrick Kagoro; Mildmay Board Chairman Prof. Samuel Luboga; and Mildmay Director Medical Services Dr. Yvonne Karamagi during the handover event at the Hospital.

ADDRESSING WATER AND SANITATION CHALLENGES FOR KAMWEWA- WAKISO DISTRICT

Water distribution Tank for the community.



By PP Susan Kintu
Kamwewa Project
coordinator/ TRF Director
Rotary club of Wobulenzi

Kamwewa is a representation of three parishes of Kavule, Mwererwe and Wambale in Wakiso district in Uganda. This 87,238 dollar project which is implemented by the Rotary club of Wobulenzi (D9213) in partnership with KAMWEWA RCC and supported by the Rotary club of Muyenga (D9214) will address the challenges of lack of access to clean water, sanitation facilities and hygiene resources which are Gombe division's biggest health problems.

In partnership with Rotary clubs of Calgary Downtown (D5360) and Vienna international (D1910) the project is to provide clean and safe water through water harvesting tanks, 30 water filters for the 10 schools, carry out an extensive education program to supplement the facilities to improve hygiene and resulting health amongst the children, their teachers and families.

The project will see over 10,000 residents in Kiweebwa trading center get a solar powered piped water system which will provide water for the general population with additional five public distribution Taps. It will also see pupils in 10 primary schools get water harvesting tanks, 10 hand washing stations and 5-stance latrines in three schools.

The project will provide an educational/ training program for children and adults in the community regarding proper practices in hand washing and other ways to reduce the incidence of water borne diseases and

spread of viruses- in this instance particularly COVID-19.

The baseline survey was conducted to ascertain the knowledge, attitude and practices of the target population in schools and households on water supply, sanitation and hygiene before implementing the WASH grant program activities. The baseline will provide a baseline for evaluation of program effectiveness.

The project is still under implementation and below is the current situation pictures.



Site of the solar powered borehole with pump and guard house



Sample of water filters to be assembled in schools.



One of the school harvesting water tanks for safe and clean water.



CANCER RUN IN DISTRICT 9214 UGANDA

Rotary Club of Muyenga



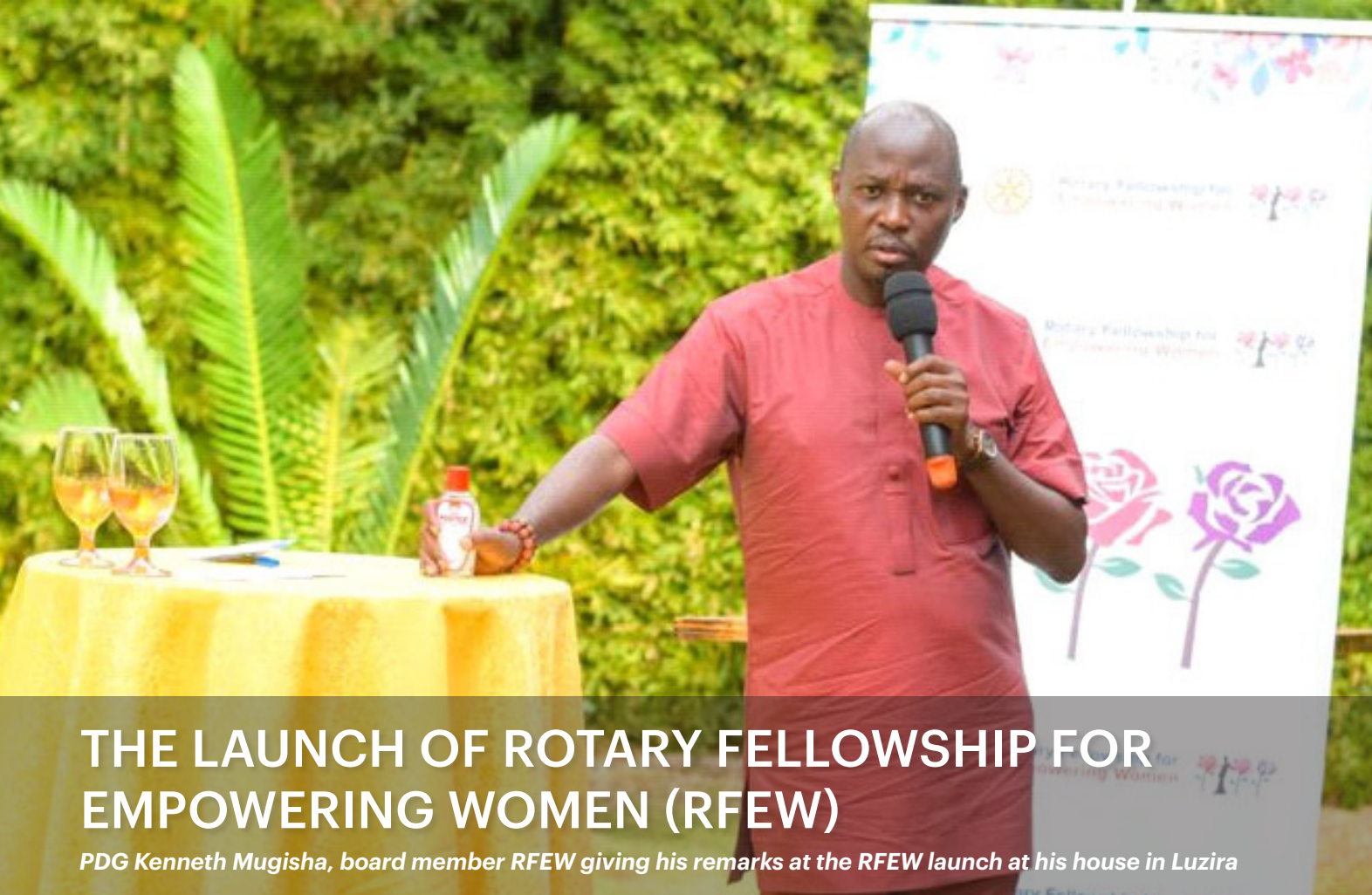
Rotary Club of Sunday Sunset having fun moment after the Cancer Run



Rotary Club of Gaba



PDG Kenneth Wycliffe Mugisha participated in Cancer Run with colleagues in Abuja, Nigeria



THE LAUNCH OF ROTARY FELLOWSHIP FOR EMPOWERING WOMEN (RFEW)

PDG Kenneth Mugisha, board member RFEW giving his remarks at the RFEW launch at his house in Luzira



Cake Time



Cream Rose and chairperson of RFEW giving her welcome remarks at the launch on September 4



White Rose Blessing Ow'mugisha making a presentation on RFEW programs



Cake blessing time by the Roses in attendance of the launch



RFEW Board of directors



THE ROTARY FRIDAYS



By **Goretti Massade**

By now we all know that Rotary's membership has for a long time hovered around 1.2 million in spite of its 116 years of existence. This is not very surprising as very many people around the world do not know enough

about Rotary nor fully appreciate its work and contribution.

In 2018, Rotary conducted a worldwide survey whose results showed a significant Rotary Awareness Gap as demonstrated in the image below.

Rotary Public Image Survey 2018



This year RI President Shekhar Mehta has challenged us to each one bring one with the overall goal of increasing membership by at least 100,000 globally.

As one of the ways to meet this challenge, the Public Relations Chairs of D9214 at their training in June 2021 came up with the idea of Rotary Fridays. The goal is to create consistent awareness, knowledge, understanding and appreciation of Rotary in Uganda and Tanzania every week.

The Rotary Fridays concept consists of three (03) simple actions every Friday; **DRESS, DO & TELL**

1. *Dress up in Something Rotary*
2. *Do something that is reflective of the spirit of Rotary*

3. *Tell those around you about Rotary specifically responding to interest generated by your actions in 1&2 above.*

SO HOW WILL THIS WORK?

DRESS: By collectively dressing up in Rotary branded items every Friday we shall create big visibility and therefore **increased awareness** of Rotary. There is no doubt that this will attract the interest of work colleagues, friends and family who will want to know more about the initiative and about Rotary. At this point, we will **Tell** them what Rotary is and does. The best thing to do next would be to invite them to the many virtual meetings we currently have or to any other activities like nearby community service projects if they seem that way inclined.

DO: Actions speak louder than words. Dressed in our Rotary attire we will go further and do simple acts that demonstrate the spirit of Rotary around our work place, families, friends, and in the community. These acts by over 1000 Rotarians and Rotaractors at ago will add up and will create a positive buzz and vibe around Rotary in all the spheres of our lives.

TELL: On top of talking to our prospects and the outside world, let us share with each other our Rotary Friday experiences and resultant impact. Remember to take a picture and or tell a story using the #RotaryFridays, #RotaryD9214, #WeAreRotary. **As a guide, while they should be fun, pictures and stories should align with Rotary values of Fellowship, Diversity, Inclusion, Leadership and Service while speaking to the change we create.**

HOW DO WE MOVE FORWARD?

We recommended that each club launches and takes the initiative in their preferred way. The District team will be tracking and supporting clubs in whatever way possible to make this a success and particularly to grow it in our D9214 culture forever.

It is our strong conviction that as we Dress, Do and Tell about Rotary every week, we could grow beyond our wildest imagination! Let us pursue to Grow More & Do More.