

Rotary

District 7030



Empowering Girls Projects



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Rotary's Empowering Girls

OUR GOAL

This initiative focuses on the empowerment of girls through club and district service activities, as well as through Rotary International-sponsored events such as the Rotary International Convention. Our purpose is to:

- Prioritize girls in one or more areas of focus to improve their well-being and allow them to make greater contributions to their communities
- Raise awareness of the need to empower girls and work to close the youth gender gap across Rotary activities
- Inspire clubs and districts to carry out service activities that aim to empower girls

WHAT WE IN ROTARY CAN DO

Clubs and districts can emphasize the empowerment of girls in events such as Rotary institutes, community-based projects, district events such as photo or essay awards, other service activities, and through communications such as social media and messages from Rotary leaders.

Use the service activities and resources in Rotary International's Empowering Girls Brochure to help you prioritize the empowerment of girls.

Source: Empowering Girls Brochure from Rotary International



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotaract Club of Kingstown, St Vincent and the Grenadines

Project Title/Name: Project Girl Code

Start Date: 8th August, 2022

Empowering Girls Club Advocate: Shari Bramble – sharilbramble@gmail.com

Project Activity Duration: Annual Recurring

Description:

Project Girl Code aims to target 13–16 year old girls in disadvantaged situations and expose them to the world of technology through an introductory course in coding.

Girls in St. Vincent and the Grenadines are not ordinarily exposed to critical thinking skills within their curriculum. Coding provides an interactive environment where girls can learn by doing. It poses many benefits including the development of problem-solving skills. It also encourages a healthy and fun relationship with mathematics and computational thinking, the process stimulates creativity through the creation of something from 'nothing'. All of these can prove beneficial to all girls, especially the targeted group.

The project's total cost is USD7500 to implement at present, with hopes of reducing the costs associated with the tutor.

Grant funding was received from District 6600 to cover a majority of the cost.

Remaining funds were obtained from Rotary Club St. Vincent, Rotary Club St. Vincent South and the Rotaract Club of Kingstown. To reduce costs, drink sponsorship was obtained from the St. Vincent Brewery Limited, Eastern Caribbean Bottlers and Randy's Supermarket Ltd – each contributing one week's supply of drinks to the project.

The project objectives are as follows:

- Introduce the possibility of a career in technology to young girls who otherwise would not have been exposed, and therefore increasing awareness of the opportunities.
- Gain knowledge and experience with programming languages.
- Increase confidence in the girls' Computer Science skills and learning capabilities.
- Provide the opportunity to meet peers and mentors and join a network of like-minded individuals and professionals who can benefit the girls when applying to schools and jobs.



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



Rotaract Club of Kingstown, St Vincent and the Grenadines

Project Title/Name: Project Girl Code (Continued)

Start Date: 8th August, 2022

Empowering Girls Club Advocate: Shari Bramble – sharilbramble@gmail.com

Project Activity Duration: Annual Recurring

Description (Continued):

The project promotes the inclusion of women and girls in technology and will strive to continue the attempt at reducing inequalities, within the male dominated tech industry. This project is essential to provide a unique opportunity to young girls who are experiencing hardships in their home, including but not limited to economic challenges. The program will spark an interest in a career in technology and provide a route to earning income through the creation of websites and other skills that will be taught over the three-week period.

Project activities

- A needs assessment
- Formation of Selection Committee
- Create and have signed, a written agreement from the SVGCC for use of the facilities for the period of August 8th to 26th
- Retrieve list of young girls who can potentially benefit from local welfare department

- Creation of Agreement for Parents/Guardians of selected girls
- Call for applicants, selection period May 1st to 30th
- Submit written agreement to Parents/Guardians of successful applicants
- Retrieve written agreements by June 15th
- Procurement of stationery equipment and COVID-19 response materials (sanitizers, masks, gloves)
- Project begins
- Assessment, monitoring and evaluations including capturing evidence using receipts, photos and videos
- Printing of certificates of completion
- Distribution of questionnaires for end of project assessment
- Reporting to the project chair and all relevant stakeholders
- Present a report to project partners
- Follow up with girls April 2023 (6 months after project completion)



Rotary Club of Felicity/Charlottesville, Trinidad and Tobago

Project Title/Name: Empowering our Leaders of Tomorrow

Start Date: 1st July, 2022

Empowering Girls Club Advocate: Pryia David-Seereeram – pryiadavid@yahoo.com

Project Activity Duration: Long term (More than 12 months)

Description:

Empowering Young Girls is an ongoing Project which includes the partnership of Rotary Club Felicity/Charlottesville and our Rotaract Club in collaboration with the Jaya Lakshmi Home.

Gender inclusive has been a focal point of discussion in Society. Whilst there have been significant improvements via visibility of more Women in the Corporate world; we still note that there are a lot to be done. Empowering young women can transcend to social transformation and eradication of Poverty.

The value of this project will seek to aid in the development of Peace Building which

includes creating agents for positive change, co-existing with the opposite gender finding that equal place without conflict, strengthening the resilience via educating the Girls on key fundamentals such as: discussions on menstrual health and hygiene, Conflict Resolution and Mentoring.

The project will also integrate environmental care with a view of encouraging planting of home-grown foods, this seeks to educate the girls on a micro-level sustainable Agriculture. The effort of this project is supporting our young girls of today via developing/ Empowering our Leaders of tomorrow.



PEACEBUILDING AND
CONFLICT PREVENTION



BASIC EDUCATION
AND LITERACY



Rotary Club of Garden City (Georgetown), Guyana

Project Title/Name: EMPOWER GIRLS NOW WELLNESS WEEKEND

Start Date: 15th October, 2022

Empowering Girls Club Advocate: Alvina Rambarran – alvinar@hotmail.com

Project Activity Duration: One-time (Single activity event)

Description:

Empowering Girls Now is a Rotary International and Zone 33/34 /District 7030 initiative for the Rotary Year 2022/23 and the Rotary Club of Garden City would like to execute a project titled – Empower Girls Wellness Weekend.

This is being done in partnership with a selected group of young ladies from the Girls Guide Association. For girls throughout the world, empowerment is the ability to make choices and create positive change in their own lives, as well as in their families and communities.

Objectives:

- To nurture the Body, Mind and Soul of girls 13 to 17 years of age

- To encourage Girls to Listen to ‘That Little Voice in Their Head and Give It Room to Grow
- Helping the girls enhance self-confidence and self-esteem through health and wellness exercises
- Assisting the girls with creating a vision of how they see themselves in 2 years' time
- Improving financial literacy via basic strategies and tools
- Looking into the future professionals to share experiences of careers & community work.

Number of Beneficiaries:

20 Girl Guides ages 13 to 17 years old



Rotary Club of Grenada, Grenada

Project Title/Name: RCG- Grenada Spotlight Initiative

Start Date: 23rd February, 2022

Empowering Girls Club Advocate: Rudo Udika – rudoudika@gmail.com

Project Activity Duration: Long term sustainability of interventions intended by the Club

Description:

The Project is designed to raise public awareness and education to end Violence Against Women and Girls and support the Gender Equality Policy and Actions in Grenada through Civil Society Organisation led advocacy.



PEACEBUILDING AND
CONFLICT PREVENTION



MATERNAL AND
CHILD HEALTH



Rotary Club of Paramaribo Residence, Suriname

Project Title/Name: I-Syi Creations

Start Date: 15th August, 2022

Empowering Girls Club Advocate: Yvonne Soedamah-Mohabir – asticonnv@gmail.com

Project Activity Duration: Long term (More than 12 months)

Description:

Project name: I-Syi means 'Did you see' in the Surinamese language.

Project Objective:

During 2021-2022, the Rotary Club of Paramaribo Residence (RCPR) carried out a Girl's Empowerment project with the organization Stichting Arbeidsmobilisatie en Ontwikkeling SAO to empower girls through motivational sessions. During these sessions various girls and women, as well as the organization expressed the need for a project to teach girls to be self-reliant.

As a result of an assessment done under a group of women from Coronie (volunteers involved in another RCPR project Stuka Prisiri – Enjoy Studying in the District of Coronie) they expressed the need and interest for a training to use the sewing machine. This is why in the Rotary year of 2022-2023, RCPR aims to empower disadvantaged girls by

providing them with the means (training and material) to be self-reliant. This will be achieved through teaching a group of girls and women to use a sewing machine and manufacture environmental-friendly and reusable cotton bags.

The sub-objective of the project is to reduce the environmental impact of single use plastic bags, by replacing these with reusable cotton bags (this is connected to the 'Greener Together' an environmental project which is being executed by RCPR together with the other 3 Rotary Clubs in Suriname in a Public Private Partnership with 3 Ministries – The Ministry of Environment, The Ministry of Education and the Ministry of Economic Affairs). RCPR will partner with professional trainers from the Waaldijkcollege (a foundation in Paramaribo that provides vocational – junior high level – sewing training) and Stichting Vrouwen van Coronie (a nonprofit foundation of Women in the district of Coronie).



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



Rotary Club of Paramaribo Residence, Suriname

Project Title/Name: I-Syi Creations (Continued)

Start Date: 15th August, 2022

Empowering Girls Club Advocate: Yvonne Soedamah-Mohabir – asticonnv@gmail.com

Project Activity Duration: Long term (More than 12 months)

Description (Continued):

At least 45 girls and women will be trained to use a sewing machine and to produce bags (starting with 3 simple types of cotton bags: flyer available) with cultural african/pangi prints and original logo called I-Syi. The Waaldijkcollege has trainers available for the sewing training and for overseeing the sewing of the bags. With the help of RCPR, the women will sell these bags, with special focus on the December 2022 holidays and the Rotary district 7030 conference in April 2023 in Grenada (which will include a Fair) as well as the 'Greener Together' awareness project-activities to replace single used plastic.

After the training sessions, the bags will be produced using 45 sewing machines (40 newly purchased sewing machines and 5 existing from the Waaldijkcollege). The revenues from selling the bags will go towards empowering the girls who participate in this project to produce more bags to eventually purchase their own sewing machine.

Each participant would be able to produce 100 bags in 3 months after training. With the revenues of the 100 bags, the trained participant is able to buy a sewing machine and can continue using this on her own.

The Waaldijkcollege will have the ownership and management of the 40 newly purchased sewing machines, under a contractual agreement with RCPR, on terms regarding the usage of the sewing machines for the 'i-Syi' project and for other sewing training programs of the Waaldijkcollege. The sewing machines will be used to train more women after the initial group of 45.

Community served:

Women from disadvantaged groups in the capital Paramaribo and the district Coronie. Coronie is the smallest of the ten districts, situated in the North-Western part of Suriname. The district is somewhat isolated, limiting opportunities and development to some extent.



Rotary Club of Paramaribo Residence, Suriname

Project Title/Name: I-Syi Creations (Continued)

Start Date: 15th August, 2022

Empowering Girls Club Advocate: Yvonne Soedamah-Mohabir – asticonnv@gmail.com

Project Activity Duration: Long term (More than 12 months)

Description:

The Waaldijkcollege was chosen as a partner, as they already have the teachers and knowledge at their disposal, along with a network of students and drop-outs from the target group. In this way, they will aid in recruiting the participants together with the community representative in Coronie who works as a focal point for RCPR Stuka Prisiri's project.

Number of beneficiaries:

First group: 45 girls and women: 25 from District Paramaribo and 20 from District Coronie with more groups to follow after the 1st group.

Budget:

USD 10,500: USD 5,500 from donations and RCPR, and USD 5,000 from funds for which a district grant request has been submitted.



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



Rotary Club of Paramaribo Residence, Suriname

Project Title/Name: 'Bloed Serieus' in English 'Blood Serious'

Start Date: 1st October, 2022

Empowering Girls Club Advocate: Yvonne Soedamah-Mohabir – ymohabir75@gmail.com

Project Activity Duration: Pilot project that after evaluation can become recurring

Description:

There is an existing 'Single Mother Project' in Suriname and their goal is to provide girls and women with menstrual pads (3 packs per month) at no cost. This project started in May 2020 and is heavily dependent on the goodwill of donors.

As a pilot Brick by Brick's Bloed Serieus project aims to make a contribution by donating 1,000 menstrual packs to the Single Mother Project by November 2022. Funding will be realized through donations and fundraising activities.

At closing and project evaluation, the project can continue as a recurring project.



WATER, SANITATION,
AND HYGIENE



Rotary Club Port Of Spain West, Trinidad and Tobago

Project Title/Name: Girl Power

Start Date: 1st November, 2022

Empowering Girls Club Advocate: Sonya Phillip – sonyaphillip@hotmail.com

Project Activity Duration: Long term (More than 12 months)

Description:

A one day seminar on self-defence geared toward young women between the ages of 12-18. Here the young ladies will be trained to recognize and evade dangerous situations as well as be equipped with basic self-defence skills.



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



Rotary Club of St. Lucia, St. Lucia

Project Title/Name: Career Guidance and Self Awareness

Start Date: 1st November, 2022

Empowering Girls Club Advocate: Daniel Nunez – daniel_nunez78@hotmail.com

Project Activity Duration: Annual Recurring

Description:

The Rotary Club of St. Lucia will hold sessions with sponsored Interactor Clubs as part of an 'Empower Girls' initiative and will target approximately 200 girls. The main aim of the initiative is to empower girls by providing self-awareness and career guidance.

The sessions will be held at three schools where there are Interactors and one school where there is a potential for an interact club to be formed. Each school will be required to come up with an initiative that would be sustainable and can be utilized to empower other young girls. The Interactors will be given the opportunity to present their initiatives and the sessions will conclude with a grand lunch and fellowship.



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



Rotary Club of St Vincent, St Vincent and the Grenadines

Project Title/Name: Fight Breast Cancer in SVG

Start Date: 1st August, 2022

Empowering Girls Club Advocate: Janelle Allen – Janellemallen@gmail.com

Project Activity Duration: Long term (More than 12 months)

Description:

This project valued at US\$183,183.00, funded by a Global Grant, aims to increase access to breast cancer screening services and breast health awareness and education to women and girls in the rural communities of St. Vincent and the Grenadines through the purchase and use of mobile screening/ultrasound units, and the development of an engaging, practical education and awareness campaign for girls and women country-wide.

Females in St. Vincent and the Grenadines from ages 18 to 55 are more likely to be affected by breast cancer or any other breast disease.

Consequently, increasing access to screening is important to move towards a culture of early detection as opposed to reactive treatment when it is too late. Collaboratively with the Ministry of Health, Wellness and the Environment in St Vincent, as well as the Rotary family in Taiwan, this partnership is currently in progress at the implementation stage and is scheduled to be executed over two years.



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



Rotary Club of San Fernando, Trinidad and Tobago

Project Title/Name: Cosmetology/Sewing/ Baking Project

Start Date: 10th January, 2022

Empowering Girls Club Advocate: Dinna Baine - dmbaine@hotmail.com

Project Activity Duration: Long term (More than 12 months)

Description:

The Empowering for Girls concept began in 2019-2020 when a baking project was undertaken by the Rotary Club of San Fernando for the La Romaine Refugees and Migrant Support (LARMS) at the St. Benedict's R.C. Church Hall, La Romaine. The target group was young mothers and girls who were unemployed or not in school.

In 2021, the strategic priorities 1 and 2 of RI strategic plan were met when another baking project was conducted at the Mary Care Centre, Oropouche which is a home for young teenaged mothers. The project category covered Community service, Vocational service and Basic Education and Literacy. The objective was to teach the young ladies basic skills in baking so that when they have to leave the home they would be equipped to start a small business.

In 2022, Cosmetology and sewing were added to the projects at Mary Care Centre and hopefully another of a Baking project will commence in 2023. These are all vocational based projects aimed at educating young unwed mothers between the ages 12-17+.

Besides their basic education these additional skills will be asset as it provides an avenue for them to be employable and self-sufficient. Funding for these projects is made possible by donors and friends of Rotary. Bulk groceries and bay items are delivered monthly to the Home to supplement their expenses.

The objectives of these projects are:

1. To teach the young ladies basic skills in baking, sewing and hair dressing.
2. To engage everyone in active participation.
3. To engender a sense of self and worthiness.



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



Rotary Club of Sangre Grande, Trinidad and Tobago

Project Title/Name: Let's build our Nation, Empower our Girls through education

Start Date: 20th September, 2022

Empowering Girls Club Advocate: Arleen Hinds-Sinanan – arleen.sinanan@outlook.com

Project Activity Duration: Medium term (12 months or less)

Description:

This project is a school-based project which seeks to sensitize girls about the importance of education, as a means of empowerment and nation-building. It is based on the premise that women are key players in the building of strong families and by extension a strong nation.

Target beneficiaries:

The students of the Interact Club of SWAHA College, Sangre Grande.

Goals /Objectives:

To build awareness of the importance of the education of girls as a means of empowerment.

To engage students in discussions, viewing videos, essay writing, and focus groups on ways to use education to develop social and emotional learning, as well as academic skills thereby empowering our girls to be stronger more effective students, future mothers, spouses and leaders in their school, community and nation.

To share testimonies of successful women in our community/country as a means of motivating and empowering our girls to maximise their potential.

Timeline: September 2022–July 2023

Mode of delivery: discussions, essay writing, testimonies and focus groups, videos

Benefits: At the end of this project, we hope to develop a group of students who feel more empowered and are more inclined to take control of their education as a means of building their sense of self-worth, self-esteem and self-confidence.

Cost: This project will be completed at a minimum cost of \$1500 which will include tokens for presenters, prizes for essay competition and other photocopy materials for students

Source of Funding: This project will be funded by the Rotary Club of Sangre Grande through members' donations as well as contributions from well-wishers.



BASIC EDUCATION
AND LITERACY





Empowering Girls Projects



Contacts for Rotaract and Rotary District 7030 Empowering Girls Projects

Rotaract District 7030 Advocate: Anya Blankendal, Past District Rotaract Representative, Rotaract Club of Genesis, Suriname.

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Rotary District 7030 Advocate: Maria Mohammed-Maharaj, Assistant Governor, East Trinidad Cluster, Rotary Club of St Augustine, Trinidad and Tobago.

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PEACEBUILDING AND
CONFLICT PREVENTION

DISEASE PREVENTION
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