



ROTARY DISTRICT 7030

DIABETES PROJECT

Conference Update Presentation

April 2011



DIABETES PROJECT

% age of population in age range 20-79 with diabetes

	<u>Highest</u>
French Guiana	12.0
Trinidad & Tobago	11.7
Dominica	11.5
	<u>Lowest</u>
St. Vincent & Grenadines	8.4
Barbados	8.0
Antigua & Barbuda	7.1
North America & Caribbean	10.2
World	6.4



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Mean health expenditure per person with diabetes – US\$

	<u>Lowest</u>
St. Vincent & Grenadines	322
Suriname	303
Guyana	88
	<u>Highest</u>
Barbados	908
Antigua & Barbuda	769
Trinidad & Tobago	668
North America & Caribbean	1,149



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A significant quote

“The statistics are frightening for Rotary, Rotarians and the World...if we do nothing! Diabetes has many faces – but very few voices. It is time that Rotary became that voice.” PDG Paul Charter, IDF/Rotary Diabetes Action Group

In 2010 an average Rotary Club had 2/3 members with Diabetes

By 2020 an average Rotary Club will probably have 4/5 members with Diabetes if no action is taken

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Objective 1

Increase public awareness in relation to diabetes by PR and education campaign throughout the fourteen countries in District 7030

Actions

RI Public Relations Grant application submitted 30/6/20 – Failed so back to drawing board

However many successes include:

- Website address obtained for four diabetes associations
- Seven diabetes associations without websites been contacted
- Three editions of quarterly Diabetes Project newsletter issued
- Two articles produced for DG's Newsletter
- All clubs signed up being provided with diabetes info regularly
- Project Chairman visited Dominica, Grenada and St. Lucia to raise awareness



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Objective 1 Actions (Continued)

- Antigua Sundown youth awareness project through Interact
- Barbados is working on a cookbook catering to diabetics
- Barbados South produced a DVD about diabetes “The Silent Killer” shown on local TV which can be seen in the House of Friendship
- Dominica observed World Diabetes Day with a public BMI and waist circumference screening
- Guadeloupe Grand Terre Pointe de Chateaux held a conference debate on “Le diabete en Guadeloupe etat des lieux”.
- Guyana Demerara produced video on diabetes
- St. Lucia three clubs supporting a Diabetic Youth Camp



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Objective 1 Actions (Continued)

- Suriname clubs assisting the St. Vincentius Hospital to expand its Diabetes education centre
- Trinidad several articles in club newsletters particularly San Fernando South on diabetes education and awareness
- Trinidad visits to many clubs by Diabetes Project Committee member to make presentations on project REAPS
- Tobago South West held a week of activities following World Diabetes Day to sensitise the public to the incidence and impact of diabetes
- Tobago South West also produced a video about their projects which can be seen in the House of Friendship

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Objective 2

Advocacy programme lobbying governments to pay more attention to diabetes prevention

Actions

Work with local Diabetes Associations to lobby government to:

- Provide facilities to encourage physical activities for the general public - **no progress reported**
- Place levy on sweet drinks (empty calories type) and making these funds available to the Diabetes Associations for programme support - **no progress reported**
- Provide resources to assist associations in carrying out their mandate - **example - 3 Suriname clubs signed MOU with local Diabetic Association**
- Give official recognition to the work of the Diabetes Associations, through inclusion in planning, implementation and monitoring of health related programmes – **example - Dominica review of MOH “Hypertension and Diabetes Management” Manual**



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Objective 3

Promotion of diabetes footcare/Step by Step programme especially in those countries of District 7030 where not currently established

Actions

- Partnership between International Diabetes Federation (IDF), Rotary Club of Ledbury UK and
- Rotary Clubs in Caribbean – Barbados South, Gros Islet St. Lucia, Montserrat, Nevis, Tobago and Southwest Tobago completed plus
- Antigua (end March 2011) and Liamuiga St. Kitts (1st – 3rd April 2011 – 30 participants) – first phase
- - two others clubs waiting in wings subject to funds Dominica and Grenada East

Step by Step Programme



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Some more complications of diabetes

- 15% of diabetics are at risk of amputation
- There are about 200 amputations per in Barbados
- Diabetes is the most common cause of kidney failure
- Heart disease is four times more likely to affect diabetic women aged over 50
- Loss of productivity
- Very high costs



DIABETES PROJECT

So how can Rotarians help?

- Get your club to adopt a diabetes project for 2011/12
- Request a copy of the Action Plan 2011/12
- Assist local Diabetes Association meet their needs
- Join the Rotary Diabetes Action Group

Contact Adrian Randall at adrian.randall@jenasconsulting.net

THANK YOU