TRANSFORMING
THE WAY WE EAT:
THE RELATIONSHIP
BETWEEN
AGRICULTURE, FOOD
AND NUTRITION &
NON-COMMUNICABLE

Thursday November 19th 6-7:30PM AST

DISEASES (NCDs)



The objective of this webinar, "'Transforming the Way We Eat': The Relationship between Agriculture, Food and Nutrition and NCDs" is to explore agriculture's practical role in addressing food security, improving nutrition and health-related outcomes, especially for those living with chronic non-communicable diseases.

COVID-19 has highlighted the NCD pandemic in our region where 4 out of 10 adults are living this group of diseases. Relatedly, 1 in every 3 children and at least 50% of all adults are overweight or obese and some countries report adult overweight and obesity rates as high as 70%. These diet-related illnesses are linked to the overconsumption of foods that are energy dense, nutrient poor, processed and ultra-processed high in fats, salt and sugars; many of these foods are often imported. In a region where many countries import more than 90% of what they consume, it is critical that efforts are made to address the issue of food insecurity.

The panellists will discuss how innovative individual and community based agricultural practices, understanding the concept of eating what we grow, and increased investment in agricultural support and young 'agripreneurs', can help to build a region that feeds itself sustainably and contribute to improved health outcomes.

KEY THEMES

Through a guided discussion, panellists will explore the following key themes over the course of the webinar:

Agriculture

- The role of agriculture in securing a healthy food environment
- The role of youth in strengthening the agriculture sector
- Strategies that can be employed at the individual, institutional and country-wide level to strengthen and support the agriculture sector

Register to attend the webinar here

Food

- The impact of increased access to healthy foods and how this can improve health outcomes
- Strategies to improve the consumption of local, fresh foods

Moderators



Ms. Marcellia Henry
Past Assistant Governor and District
Membership Chair, District 7020, ROTARY



Ms. Charity Dublin

Healthy Caribbean Youth Member,

CANDi Member

Panellists/presenters



Professor Fitzroy Henry
Professor of Public Health Nutrition,
COHS, University of Technology, Jamaica



Dr. Iris MonnereauRegional Project Coordinator, Climate change adaptation of the Eastern Caribbean Fisheries Sector (CC4FISH), FAO



Mrs. Rosaline Clarke
Paul Harris Fellow,
Rotary Club of Barbados South



Mr. Alpha SennonAgripreneur
and Founder of WHY FARM



Chef Dane Saddler
Executive Chef
Caribbean Villa Chefs

Register for the webinar <u>here</u>.

Any questions or for more information please email danielle.walwyn@healthycaribbean.org





