



ROTARY:  
MAKING A  
DIFFERENCE

# District 5690 News



## IN THIS ISSUE

**Page .....1**

*Message from DG  
Robert Mendoza*

**Page .....2**

*PDG David Nygaard  
The "Ovation Factor"  
New Power-Giving Us  
a Way to Engage*

**Page .....3**

*The Opportunity that  
Changed My Life—  
Interact & Rotaract*

**Page .....4**

*We're Ready to Paint  
the World!  
Did You Know?  
Polio Update @ 4/19/18*

**Page .....5**

*RYLA—recruit your  
students now!  
April is Rotary's Maternal  
and Child Health Month  
Interact Trip to Panama*

**Page .....6**

*Club News*

**Page .....7**

*More on the Open World  
Program  
Find Inspiration in  
Toronto*

**Page .....8**

*Mar. Membership Report  
Rotary Vision Statement*

## Message from District Governor Robert Mendoza



Hello Rotarians,

### One thing....

What is that one thing that needs a boost? The one thing that needs supporters? The one thing that could use a hand to become something bigger and better than what it is today? What is the one thing that someone is working on that affects people in your community? What is the one thing that you and your club could provide financial assistance to? The reason I am asking is that it is District Grant Time! Here is an opportunity to do at least one new thing in the name of Rotary to benefit your community.

A lot of people think they have to reinvent the wheel when it comes to grants. You do not have to do that. Take a look around you, ask your members how your club can help support some of their interests. Is it a food pantry, a school program, a partnership with the Lions Club? Any of these will work. Can you imagine how surprised and grateful people will be if you started a conversation with this statement "Hi our Rotary Club would like to help fund your \_\_\_\_\_ (insert program here)?" Do you think any one of them would say no thanks, we are happy struggling by ourselves? People, projects and programs need help, they often just don't know who

to ask.

Our district grant documents are located on our district website at [www.rotary5690.org](http://www.rotary5690.org). Applications must be postmarked by May 31, 2018. The District Grants Committee will meet and review all grant applications and clubs will be notified if their application has been approved or not approved by June 15, 2018. Distribution of funds will begin around July 1, 2018.

Please don't miss this opportunity to do one thing, one new thing, one good thing, one thing in the name of Rotary for your community.

Thank you for your service.  
Yours in Rotary,

**Robert Mendoza**

*2017-18 District Governor 5690  
Rotary Club of Derby*



ROTARY:  
MAKING A  
DIFFERENCE

## MARK YOUR CALENDARS!

**May 29—June 2, 2018**  
**RYLA (Rotary Youth Leader-  
ship Camp) - Winfield**

**June 24, 2018**  
**Zones 21b-27 Dinner Cruise  
Toronto, Canada**

**Feb. 28-March 2, 2019**  
**PETS  
Wichita Marriott**

**June 23-27, 2018**  
**Rotary Intl. Convention  
Toronto, Canada**

**Sept. 4-9, 2018**  
**Zone Institute  
Boise, ID**



Find us on  
**Facebook**

## District Saddened to Learn of Death of PDG David Nygaard



PDG David Nygaard passed away unexpectedly on April 9, 2018 at his home. David served as District Governor in 2010-2011. He was a past president of the Rotary Club of Newton and was actively involved in the club and district activities as well as numerous other organizations.

He joined the Navy Reserves in 1965 and served in Vietnam. He also served in Desert Shield/Desert Storm on the USS St. Louis. He retired from the Navy as a Force Master Chief.

David Worked at Kansas State Bank in Newton which later became Bank IV, for 30+ years before retiring. David was married to LaVerna ("Bernie") who preceded him in death in September 2015. He leaves behind two daughters, Nichole and Natalie. Full obituary: <http://www.legacy.com/obituaries/thekansan/obituary.aspx?page=lifestory&pid=188737073>

## New Power—Giving Us a Way to Engage



As I pondered what to write about for this month's column, I was listening to a radio interview regarding power. Jeremy Heimans and Henry Timms, co-authors of a new book entitled,

***New Power: How Power Works in Our Hyperconnected World – And How To Make It Work For You***, indicate there is a shift in power. They describe the two types of power as:

**Old power** working as a currency. It is held by few. Once gained, it is jealously guarded, and the powerful have a substantial store of it to spend. It is closed, inaccessible, and leader-driven. It downloads, and it captures.

**New power** operates differently, like a current. It is made by many. It is open, participatory, and peer-driven. It uploads, and it distributes. Like water or electricity, it's most forceful when it surges. The goal with new power is not to hoard it but channel it.

Wow! Imagine the impact on and for Rotary if we embrace new power!

As Rotarians look internally, how do we change the culture of our clubs from using old power concepts to new power ideas? Are all decisions made by the officers/boards of your club? If so, is this use of old power outdated and how can your club move to a more participatory, Rotarian-driven process? This change in club culture has a benefit to re-engage longtime Rotarians and engage

new Rotarians. Are your club projects/rituals/meetings, the ways they've always been – old power – closed, inaccessible, downloaded. Or would your club benefit from new power thinking and changing the way it does things? Would this change lead to increased membership and energy, a more sustainable impact on those in need and a more positive community image? Changing to the new power paradigm— open and participatory is not difficult, however it will take commitment and time. Use of new power action will enable change in Rotary to enable us to serve others for another 100 years and more important, leading to our ability to serve our communities and the world.

The saying "information is power and if I have the information I have the power." is changing to "information is still power, but the more I share information, the more power **I and we** have." In Rotary – let's give information and share power beyond the officer/board members. Be willing to give information and power to all club members and be participatory with individuals beyond the walls of your club.

Rotarians cannot be locked into the world of Rotary as it was - but must create and evolve the world of Rotary to continue to be relevant and fun.

*Column submitted by Fred Heismeyer,  
District 5690 Trainer*

## The Opportunity that Changed My Life—Interact & Rotaract



Sometimes, all you need is a chance – that one opportunity of a lifetime. Rotary gave me that chance.

I grew up in the Democratic Republic of Congo, where human life has little value. Children are taken from their families and forced into the army,

women are raped daily, and men are killed in front of their loved ones. Massacre is the norm. The only way to survive this brutal environment is to flee the country, and when I was nine, that's what my family and I did.

We moved to South Africa, a country that was foreign to us on so many levels. The language and the currency were different. We knew no one. Of the few people that showed us kindness, most were Rotarians. They came forward and helped us when we needed it most. At that time, I knew nothing about Rotary. In 2007, [Rotary Youth Exchange](#) students from Australia, France, Germany, and the U.S. came to my school for their year abroad and it was through them that I truly became interested in Rotary.

I learned about fellowship, the value of friendship, and what it means to serve. The more I learned of the work of the Rotary Club of Durban Berea, the more my interest grew. When I completed high school, Rotary International gave me the opportunity to be an exchange student in Duluth, Minnesota, USA.

My life changed in so many ways during my exchange. I grew as a leader by surrounding myself with Rotarians who were leaders of action in their professional field and their community. I contributed to hands-on projects that made immediate impact in the community. When I met other youth exchange students, I was exposed to new cultures, traditions, and languages. My experience built my self-confidence, allowed me to be more globally competent, and it gave me an opportunity to make lifelong friends.

When I returned to Durban, South Africa, after my exchange, I joined the [Rotaract Club of Durban Berea](#) to be with people my age who knew the value of serving others. This allowed me to further develop my leadership skills, to network, and to continue having fun with like-minded people.



*Jireh Mabamba, second from left, with members of Rotaract in Minnesota.*

I was accepted at the University of Minnesota-Duluth, allowing me to return to the U.S. in 2013. I built upon the relationships that I had developed during my exchange year with host families and Rotarians to found the [Twin Ports Rotaract Club in Duluth](#). I started this

club because I felt empowered by Rotarians from Durban and Duluth. My goal was to form a group of vibrant and dynamic individuals who enjoy serving their community, a group that does not discriminate based on gender, race, or nationality.

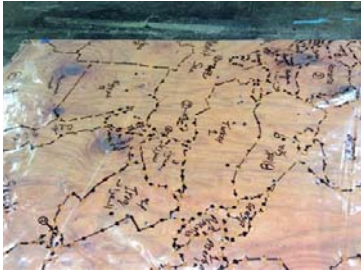
Twin Ports Rotaract has done several service projects in Minnesota, South Africa, and recently in Guatemalan communities. When I look back, I can see how my life has been completely transformed by the generosity of the people I met through the Rotary Youth Exchange program. Today, I am more passionate about empowering others and making a significant impact in the lives of the people I meet because of the Rotarians who took the time and believed in me.

**About the author:** Jireh Mabamba lives in Saint Paul, Minnesota, with his wife, Kayla, who is finishing her doctorate degree in physical therapy at the University of Minnesota. He works for the University as an Associate Development Officer for the College of Education and Human Development. His primary responsibilities are to connect and reconnect with alumni of the college – to assist and advise them with their philanthropic goals and priorities regarding the college.

Source: Rotary Voices 4/18/18



## We're Ready to Paint the World



*By DeAnn Sullivan, RC  
West Wichita*

We've done lots of playground maps using a stencil of the United States. We just completed creating a stencil that will let us do a world map.



A huge thank you to all who helped us this week finish creating a reusable stencil to

Next up will be to actually put a map on a playground. Anyone have a location in mind?



paint a world map on a school playground.

Shelli Kadel arranged for us to use the building where she's working (thank you Mike Garvey) to work on the project.

Fred Heismeyer, DeAnn Sullivan and Aadhar Jain along with WSU students from the Cultural Ambassador Program and their sponsors taped the stencils together and traced all the markings onto large sheets of plastic.

Vern Klassen, Roger Bowles and Bob Goebel then drilled holes in the plastic to create the stencil that can now be used to paint a world map on a school playground.



## Did You Know?

**The People of Action campaign** makes it easy to show your community what we can accomplish together. Get started today by using the campaign materials on all your digital channels. Here's how:

- Post #PeopleofAction stories and promote club projects and events on your social media channels. Encourage club members to repost them on their social media channels, too.
- Share Rotary's new video "What We See" on your club and district websites. Share or link to it on your social media channels.

### 10 Million Children—70,000 workers

In March, the Afghanistan polio eradication initiative conducted its first nation-wide immunization campaign for polio eradication in 2018. In just under a week, around 70 000 workers knocked on doors and stopped families in health centres, city streets and at border crossings to vaccinate almost ten million children. What an incredible achievement.

But what does a huge campaign like this take?

Go to <http://polioeradication.org/news-post/ten-million-children-70-000-workers-five-days/> and find out!

## Polio Update @ 4/19/18

Polio Update - Total polio cases for 2018: 8.  
Total number wild poliovirus cases in 2017: 22  
New cVDPV cases reported this week: 0  
Total number of cVDPV cases in 2018: 3  
Total number of cVDPV cases in 2017: 96

**AFGHANISTAN:** No new cases of wild poliovirus type 1 (WPV1) have been confirmed this week. The total number of officially reported WPV1 cases in Afghanistan in 2018 is seven.

**PAKISTAN:** No new cases of wild poliovirus type 1 (WPV1) have been confirmed this week. The total number of officially reported WPV1 cases in Pakistan in 2018 is one. Two new wild poliovirus type 1 (WPV1) positive environmental samples have been reported.

**NIGERIA and THE LAKE CHAD BASIN:**  
No new cases of wild poliovirus type 1 (WPV1) Emergency outbreak response efforts continue across Nigeria and the entire Lake Chad basin, together with activities to fill subnational surveillance gaps across the region. These activities include efforts to vaccinate children at markets, in internally displaced persons camps, and at international borders.

## Recruit Students for RYLA Camp—May 29-June 2, 2018

Have you recruited your students for RYLA camp yet? It is time. Rotary/Southwestern Leadership Camp will be Tuesday, May 29 to Saturday, June 2, 2018 at Southwestern College in Winfield, Kansas. This camp is for current high school Freshmen, Sophomores, or Juniors that each Rotary Club selects.

This year's theme is "Super Heroes!" The district has 15 \$300 scholarships to be awarded first come-first serve to our clubs, as discussed at PETS.

All the forms to register your students can be found at



<https://www.sckans.edu/undergraduate/leadership/rotary-camp> OR visit [www.rotary5690.org](http://www.rotary5690.org). Registration form is at: <https://form.jotform.com/SouthwesternCollege/leadership-rotary-camp>

Make sure and register early to assure a spot for your students. Registration deadline is May 11, 2018.

Students from District 5670 have been invited to attend this year. Rotary and your students can make a difference for our communities!

## Interact Club of West Wichita's Trip to Panama

The Interact Club of West Wichita performs local service projects and every other year over Spring Break they undertake an International Service project which involves travel to Panama. The trip gives them the opportunity to provide *Service Above Self* to the very poor, learn firsthand about a culture outside the US, learn Spanish through an immersion experience, work alongside adult Rotarians in a meaningful work project and an opportunity to build long-lasting friendships with those who make the trip and those they meet.

2018 marked the 8th trip to Panama for the club, with the first trip being in 2004 lead by Dr. Mike Ludlow who took a



*The Interact Club of West Wichita, co-sponsored by the Rotary Clubs of West Wichita and West Sedgwick County-Sunrise, was founded in 2002 and chartered in 2003 with 48 members.*

group of Interact students and adults to work and bring much needed supplies to schools near the city of David, Panama. The trip started off as an offshoot of the RITE Program, a teacher exchange program that takes place every year between the west Rotary clubs and teachers from central and South American countries.

This year's trip was organized and led by Rotarians Mike Suellentrop and Brent Dome.

*Article courtesy of RC West Wichita newsletter  
Diana Walker, Editor*

## Celebrate Rotary's Commitment to Saving Women and Babies



### April is Rotary's Maternal and Child Health Month.

According to the World Health Organization, 5.6 million children under age five died in 2016. More than half of those deaths were due to conditions that could have been prevented

or treated by access to simple, affordable interventions.

Rotary members provide help to mothers and children in

need by offering families training in how to prevent mother-to-infant HIV transmission, how to breastfeed, and how to protect themselves and their children from illness. [Here's how you can support mothers and children during Maternal and Child Health Month.](https://rotaryserviceblog.org/2018/04/13/4-ways-you-can-save-mothers-and-babies/)

<https://rotaryserviceblog.org/2018/04/13/4-ways-you-can-save-mothers-and-babies/>

*Source: "Rotary Service & Engagement" newsletter 4/18/18*



# Club News from around the District

**Rotary Club Derby:** Our club is partnering with the City of Derby to sponsor the entry plaza at the new Decarsky Park. Based on RI President Ian Riseley's request for each club to consider a tree-planting project, we will be planting 18 shade trees and putting our Rotary logo on benches in the entry plaza. There will be significant recognition of RC Derby and will be a lasting message to the community about how significant Rotary is in our community.

**Rotary Club Wichita DT:** We were honored by a visit from the 2018 Windwagon Smith, Tim Norton. Riverfest is around the corner and most Wichita-area clubs are volunteering in various ways.



**Rotary Club West Wichita:** We have redesigned our website! Visit us at <http://www.rotarywestwichita.org/> We will also be providing 15-17 trees to be planted and cared for by the area high schools who expressed interest (Maize High School, Bishop Carroll & Eisenhower in Goddard).

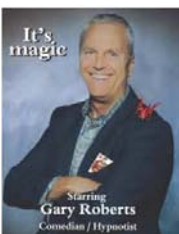
**Rotary Club East Wichita:** Our 2nd Annual Kentucky Derby Party/Fundraiser is on May 5. Join us! go to [www.eastwichitarotary.org](http://www.eastwichitarotary.org) and click on KY Derby tab. \$50pp for heavy appetizers and one mint julep. Great food and fun! Proceeds benefit KETCH, CASA of Sedgwick County & The Down Syndrome Society of Wichita.



**Rotary Club East Wichita:** Area club presidents visited recently. In celebration of national "Something on a Stick Day" they all received dum dums suckers! L-R Scott Post (E Wichita), Sharon West (W Wichita), Misty Miller (Old Town Wichita), Dana Quigley (Derby), Tom Taylor (Andover).



**Rotary Club Garden City:** This year's Rotary Club Grocery Grab winner, Lindy Johnson, is happy to leave with a full cart!!! We were also able to give out over 20, \$100 Gift Certificates to Dillon's and raised over \$5000 for scholarships to Finney County students!



**Rotary Club W Wichita:** Gary Roberts, Motivational speaker, comedian and magician is coming from Florida for our May 22 meeting!



**Rotary Club Boise City:** We held a work day at our community swimming pool. See more photos on our Facebook page! [www.Facebook.com/BCRotaryClub](http://www.Facebook.com/BCRotaryClub)



**Rotary Club Arkansas City:** With the aid of a District 5690 Grant we were able to purchase and plant trees to shade the playground!



**Rotary Club El Dorado:** David Coryell was presented with the Paul Harris +1 pin at a recent El Dorado Rotary meeting by president Travis Griffin. David has been a member of El Dorado Rotary since 1985 and became a Paul Harris Fellow in 2008



## Rotary Club Hutchinson:

Rino Akae, our Japanese Youth Exchange student, went to RYLA in Nebraska April 6-8 with her host Trish



Rose. Rino knew another Japanese student, Senjai, who was going to be there. Rino says, "RYLA must be one of the best experiences in my exchange year. I'm very thankful for having such a wonderful and valuable experience."

*You are formally invited ...*

Rotary Club of East Wichita is hosting a

**Kentucky Derby Party/Fundraiser**

Saturday, May 5, 3:00-6:30 PM     The Lux, 120 E. 1st St., Wichita

Grab your friends and your best Derby hat for an afternoon of fun watching the Run for the Roses.

\$50/person including appetizers and one Mint Julep (or your drink of choice)

Live auction; "bet on the ponies"; bourbon pull; cash **ONLY** bar; fun galore!

Register online by May 2: [eastwichitarotary.org](http://eastwichitarotary.org), click on KY Derby tab

Table sponsorships available for \$500; contact Kim at [hurtigfamily@att.net](mailto:hurtigfamily@att.net) or 316-650-9567 for details.

KENTUCKY DERBY

Proceeds benefit CASA of Sedgwick County, Down Syndrome Society of Wichita and KETCH

## Open World delegates

Article & Photos by DeAnn Sullivan

The **Rotary Club of West Wichita** coordinated a team of Russian Women as part of the **Open World Program**.

This year's delegates examined the 2018 Open World theme: **STEM for Women Leaders**. The delegates were hosted by Rotarians from the East, West, Derby and Downtown clubs. Funded almost entirely by the U.S. Congress, Open World links delegates to their counterparts and is an instrument for Americans engaged in citizen diplomacy.

Here are more pictures of the activities the team participated in during their stay. (Other photos were in last month's newsletter.)

At **Exploration Place**, the president, Rotarian Jan Luth, explained how they target STEM programming for all ages starting with pre-school. While there, they worked with logic puzzles, learned hands-on technology including 3-D printing, and experienced the "tornado" and 75mph winds in a vortex. *Team photo with the brand new "design, build, fly" aviation exhibit.*



<--**Kansas STARBASE** is a program of the Kansas Air and Army National Guard for grades 4-6 to stimulate interest in STEM funded by the Department of Defense. The instructor shared examples of the hands on projects the students work which include how to fund as well as design a solution to a problem.

The team visited **Maize High School Career Academy** which includes classes for students pursuing certifications in nursing. The team is checked out the hospital room classroom with beds and a "patient".



The team visited **Senator Moran's office** in DC. We arranged for them to visit there as well as with the staff of Senator Roberts while they were in Wichita.



Other places the team visited included:

- Society of Women Engineers Expo
- Heartland Girl Scouts and STEM
- Wichita Area Technical College (WATC)
- FutureMaker Mobile Learning Lab
- Boot Barn where they were "westernized"
- Mayor of Wichita, Jeff Longwell



The team was "blown away" by their visit!

The team met with the new **GWC – Girls Who Code – club at Northwest HS**. They talked with the girls about why there weren't more members, i.e. girls who wanted to learn to code. The OW team then facilitated a brainstorming session by dividing into two teams to come up with ideas for how to help the girls grow their club. The two teams then presented their ideas to each other. The club sponsor and the members were quite excited about trying out some of the ideas they came up with. The OW team enjoyed the session with the girls very much. Both felt they learned something from each other.



OPEN WORLD  
LEADERSHIP CENTER

## Find Inspiration in Toronto

A world of opportunity waits for you at the 2018 Rotary International Convention in Toronto, Canada 23-27 June. Register by March 31 to take advantage of the pre-registration discount.

Click here:

<http://www.riconvention.org/en/toronto/register>





## District 5690 Membership Report As Of March 31, 2018

Club	7/1/2017	3/31/2018	NET GAIN
	MEMBERSHIP	MEMBERSHIP	2017-2018
Andover	31	30	-1
Arkansas City	60	64	4
Beaver	21	18	-3
Boise City	17	16	-1
Cimarron	22	22	0
Derby	59	66	7
Dodge City	32	40	8
East Wichita	99	103	4
El Dorado	46	42	-4
Garden City	48	51	3
Guymon	24	24	0
Howard	16	17	1
Hugoton	19	18	-1
Hutchinson	113	107	-6
Johnson	16	16	0
Kingman	32	32	0
Kinsley	15	12	-3
Larned	18	18	0
Liberal	45	46	1
Newton	60	62	2
Pratt	59	57	-2
Sublette	15	16	1
Syracuse	18	18	0
Texhoma	12	12	0
Ulysses	32	34	2
Wellington	18	19	1
W. Sedgwick Co	41	39	-2
West Wichita	60	63	3
Wichita-DT	395	401	6
Wichita-Old Town	8	9	1
Winfield	90	89	-1
<b>TOTALS</b>	<b>1541</b>	<b>1561</b>	<b>20</b>

## Rotary's Vision Statement

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."

Let's tell the world we are  
**PEOPLE OF ACTION**  
 GET STARTED TODAY!



**District 5690**



[www.rotary5690.org](http://www.rotary5690.org)

**This is your newsletter!**  
 Send your articles and  
 club information to:

**PDG Geri Appel, Editor**  
 Phone: 316-733-7030  
 Fax: 316-733-5077  
[appelg@kenlerman.com](mailto:appelg@kenlerman.com)



2017-18 RI President  
 Ian Riseley  
 Australia



Join Fellow Rotarians June 20-24, 2018  
 in Toronto for the 2018 Rotary  
 Convention!

