



District 5690 News



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Message from District Governor

Dean Kennedy



Dear Dream Team,

Best wishes to you and your family for a happy, healthy, and safe holiday season. Please take time to remember why we celebrate and take some time to relax and be ready for a great new year!

Thank you to each of you for all that you are doing to make Rotary great by serving humanity!

I am anticipating great dreams for the coming year. John Germ has announced a few of those already. In January, visitors to Rotary.org will discover a new, contemporary site that tells Rotary's story in a fresh and exciting way. This is the first step in a multi-step process to refresh the entire web presence including My Rotary. The intent of these changes is to enhance your overall online experience, and show how Rotary is making the world a better place.

Another enhancement is to the Official Directory. The online version of the directory will be more streamlined and user-friendly which is what we have all been wanting. Club flexibility has been a buzz word in Ro-



tary since April when the Council on Legislation approved major changes. You can visit the new Club Flexibility web page on www.rotary.org which explains ways you can implement the new changes. Take a few minutes and check out all of the changes.

We asked for it. RI listened and took action.

It is extremely important that each club complete the election of 2017-2018 officers and report them to RI via My Rotary or data@rotary.org and to District Executive Secretary Kent Erb. Please complete this now to get your year off to a great start. We need the information to communicate with the new officers and DGE Robert Mendoza is excited to begin.

Two of my continuing dreams for the new year are to gain one member at a time and one member for each 50 members you have. The second is to celebrate the 100th birthday of our great Rotary Foundation by each member of the district contributing and contributing \$26.50 more than last year.

MARK YOUR CALENDARS!

Mar. 23-25, 2017
PETS
 Wichita Marriott

June 10-14, 2017
 Rotary Intl. Convention
 Atlanta, Georgia USA

Oct. 20-21, 2017
 District Conference
 Derby, KS



Message from District Governor Dean Kennedy (cont'd)

As 2016 comes to an end, I hope that each of you will reflect on the great things that you and Rotary have done this year and Dream of what you can accomplish in 2017. Merry Christmas and Happy New Year.

Dean Kennedy
District Governor 2016-17
Rotary Club of Winfield



Effective Immediately . . .

New District Executive Secretary & District Treasurer

Kent Erb
Rotary Club of Newton
Cell (316) 722-6647
D5690Treasurer@gmail.com

\$1,000 Scholarships Available

Know a high school senior or college student in our district? There are \$1,000 scholarships available! Any high school or college student may apply. Living in the district is preferable, but not mandatory.

The applicant must complete and submit this form with a personal letter that summarizes their education intentions, and the nature of their financial need. Also please have two letters of reference sent directly to the Scholarship committee. The references should be people in positions of authority (teachers, ministers, counselors, etc.) who know the applicant and know about their financial needs. The two letters and the application form, plus the applicant's current grade transcript should be sent to the address on the link below. Good luck to all!

<https://clubrunner.blob.core.windows.net/00000060072/Images/rotary-application-scholorship.jpg>

Call for District Governor Nominations for 2019-2020

The month of November begins the process for selecting the District Governor for the 2019-2020 Rotary year. One of the most important things a club can do is to allow the district to benefit from your club's leaders by encouraging them to be a District 5690 leader.

Pertinent dates for the District Governor Nomination process are as follows:

November 14 District Governor Dean Kennedy has invited clubs to submit suggestions to the nominating committee in an official call to all club presidents via email. Candidates submitted will be considered by the nominating committee.

Dec / Jan Additional announcements for District Governor will be published in the December and January issues of the monthly newsletter.

January 15 Deadline for the receipt by either the governor or the nominating committee chair of club nominations of District Governor candidates.

February 15 Deadline for selection of nominee for governor by the nominating committee. The nominating committee chair will promptly notify all candidates of the decision.

This position is challenging but very rewarding and you are asked to review your member list and consider nominating a candidate. If you have questions, call any committee member. Nomination committee members are Mike Ford (Beaver), Charlene Mathis (Derby), Steve Woods (Wichita), PDG Martin Bauer, PDG Sue Pearce (E. Wichita), PDG Larry Rumburg (Ulysses), Committee Secretary PDG Rod Kreie (Newton), DG Dean Kennedy and Committee Chair PDG David Yoder (Newton). For their contact information please refer to the district web site.

<http://www.rotary5690.org/>

PDG David Yoder
Nomination Committee Chair
DYoder@harveycounty.com
Office—316-284-6830 or Cell—316-772-65665

Focus on Membership—RC Hutchinson has a new program

The **Rotary Club of Hutchinson** has started an Associate Membership program, made possible by the new Council on Legislation enactments.

The **Associate Membership** program is open to any member of the Reno County Young Professionals organization (YP). Members of YP can join Rotary for up to one year without paying membership dues. They pay only for meals at meetings they attend. After one year, associate members will be asked to become regular members.

The goal is to help recruitment efforts for the demographic that YP covers--those aged 25-40. Associate members will experience the benefits of Rotary and have the chance to "try on" membership before either paying the cost themselves or asking their employers to sponsor them.

Our club has already brought in two YP members through this program, and will introduce three more at the December 19th meeting. We are very excited to welcome these members and show them the value of being Rotarians!

Corporate Membership and New Membership Types



Are you interested in offering new membership types in your club? Robert Fisher, of the Rotary Club of Melbourne, Victoria, Australia, recently described his experience with corporate memberships. [Learn](#) how his club applied this new flexibility to increase membership.

Here's what clubs need to know about corporate memberships and other new membership types:

- Clubs are free to offer alternative memberships of any kind. For corporate memberships, clubs count individuals as members, not the corporations that sponsor them.
- If corporate members pay RI dues, they will be included in their club's official membership count and receive all the benefits that other active, dues-paying members enjoy.
- Clubs can have special policies for these members' other financial obligations (club and district dues, meal costs, etc.), attendance requirements, or service expectations, as long as the club bylaws reflect these policies.

Learn more about new options for [club flexibility](https://www.rotary.org/myrotary/en/club-flexibility). <https://www.rotary.org/myrotary/en/club-flexibility>

Source: RI Membership Newsletter 12/8/16

A New Year's resolution for your Rotary club

As you prepare for this festive holiday season and reflect on the past year, you may also be thinking about your New Year's resolution. Many people resolve to improve their health and well-being. Could your Rotary club benefit from a similar exercise? Take the [Rotary Club Health Check](#), an easy online quiz to help your club recognize problem areas and prescribe remedies.

Once you've taken the health check, tell us how you did. What challenges will your club address in the new year? Describe your club's next steps in the [Membership Best Practices Discussion Group](#) or write us at membership.minute@rotary.org—you might be featured in an upcoming webinar!



Source: RI Membership Newsletter 12/8/16

Open World Program coming to RC Hutchinson

The Rotary Club of Hutchinson has been approved to host a delegation from Ukraine next year for the **Open World Program**.

The Open World Program is available only to Rotary clubs in the United States, and provides an opportunity to build fellowship and friendship to strengthen international understanding by hosting emerging Eurasian leaders from Azerbaijan, Kazakhstan, Kosovo, Kyrgyzstan, Russia, Serbia, Tajikistan and Ukraine in your community.



Rotary clubs are given an opportunity to host six-participant delegations for eight days and nights and prepare a professional program related to business, community, and civic life in the United States.

The exchange with the Hutchinson club will take place over October 13-21, 2017, and will focus on showcasing civic education in the U.S. to a delegation representing secondary schools.

ShelterBox moves its headquarters

By Sarah Newton, Rotary Club of Falmouth, and a Member of Parliament representing Truro and Falmouth, United Kingdom

In July, Cornwall-based international disaster relief charity [ShelterBox](http://www.shelterbox.org) www.shelterbox.org moved its headquarters to Truro, keeping its warehousing and aid-packing base in Helston.

On 10 November, I made my first visit to Falcon House, now that ShelterBox has relocated most of its staff, including its operational and fundraising teams, into my Truro and Falmouth constituency. The visit was hosted by Chief Executive Chris Warham, my first chance to meet him since Chris's appointment in July.

In 2013 I was pleased to help arrange a week-long exhibition for ShelterBox in the Palace of Westminster, and a special reception event attended by Ministers and Members of Parliament that led to the growth of donations from more parts of the country.

I am delighted that ShelterBox is now headquartered in Truro. I was interested to learn that this year ShelterBox has provided shelter for over 120,000 people from Haiti to Iraq and Syria, people who have been made homeless as a result of natural disaster or conflict. I very much support their vision to help 1 million people by 2025 and will con-



tinue to do all that I can to help them deliver their mission of "no family without shelter."

During the visit I saw the charity's visitor centre,



which shows the growing range of ShelterBox aid including different types of tents, Shelter Kits and School Boxes. In the Operations room I also had a briefing on current deployments from Operations Manager Alf Evans, and heard about our work preparing to help people fleeing Mosul from Operations Coordinator Sam Hewett, who was leaving the next day for Erbil in Iraq.

I also discussed ShelterBox's valuable relationship with Rotary, as I am a Falmouth Rotarian myself. Rotary and ShelterBox go hand in glove, an incredibly important partnership. ShelterBox sprang out of Rotarians' good ideas, what more they could do, and it is brilliant to see that relationship continue year after year and go from strength to strength. Rotary is a global organization with trusted people in communities all over the globe. It is just a brilliant group of people that ShelterBox can work with in an emergency to get aid to where it's needed.

Source: Rotary Voices 12/6/16

December is Rotary Disease Prevention & Treatment Month

In observance of Rotary Disease Prevention and Treatment Month in December, we encourage you to collaborate with an action group on a club or district health care project. Rotary members are committed to fighting and preventing diseases. In fact, 15 of 26 Rotarian Action Groups (RAGs), which help Rotary clubs and districts carry out community development and humanitarian projects, are focused on disease prevention and treatment. Download a list of Rotarian Action Groups here: http://www.highroadsolution.com/file_uploader2/files/dpt+rotarian+action+groups.pdf

The Gifts of Volunteering

During this season of giving, it is interesting that volunteering gives us a gift. Our volunteering through Rotary (as well as other ways we give back to our community) has many benefits. So here is a gift to you from your volunteering through Rotary:

Perhaps the first and biggest benefit people get from volunteering is the satisfaction of incorporating service into their lives and making a difference in their community and country.

The intangible benefits alone—such as pride, satisfaction, and accomplishment—are worthwhile reasons to serve. In addition, when we share our time and talents we:

- Solve Problems
- Strengthen Communities
- Improve Lives
- Connect to Others
- Transform Our Own Lives

However, one of the best gifts given to us as we volunteer through Rotary may be a positive benefit to your health

Over the past two decades we have also seen a growing body of research that indicates volunteering provides individual health benefits in addition to social ones. This research, which is presented by Corporation for National Community Service in a report titled "[The Health Benefits of Volunteering: A Review of Recent Research](#)," has es-



established a strong relationship between volunteering and health: those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression later in life than those who do not volunteer.

Comparisons of the health benefits of volunteering for different age groups have also shown that older volunteers are the most likely to receive greater benefits from volunteering, whether because they are more likely to face higher incidence of illness or because volunteering provides them with physical and social activity and a sense of purpose at a time when their social roles are changing.

Some of these findings also indicate that volunteers who devote a "considerable" amount of time to volunteer activities (about 100 hours per year) are most likely to exhibit positive health outcomes.

(the above text was taken from CNCS website on November 29, 2016)

Happy Holidays from the Rotary District Executive Team and our gift is that you have good health as a benefit of volunteering through Rotary.

*Column submitted by Fred Heismeyer,
District 5690 Trainer*



Sterling Hall—Paul Harris Society

DGN Sterling Hall (RC Sublette) is the newest member of the Paul Harris Society of District 5690. Thank you and congratulations! Sterling will be recognized with a certificate of appreciation at a future district meeting.

Paul Harris Society members commit to contributing at least \$1,000 per year to The Rotary Foundation. It's easy to do by using Rotary Direct <https://www.rotary.org/en/give> and setting up automatic monthly, quarterly, semi-annual withdrawals from a bank or charge account.



Rotary.org being refreshed



By Rotary Staff

In January, visitors to Rotary.org will discover a new, contemporary site that tells Rotary's story in a fresh and exciting way. It's the first step in a two-part process to refresh our entire website: first the public site, Rotary.org, and then My Rotary.

Some of the changes will be obvious: a modern design, increased use of imagery and graphics to tell our stories, and better organization of content to help readers find out who we are and what we're doing. Others, like the improved speed of the site, will be a welcome surprise.

We believe these changes will more clearly show that Rotary is making the world a better place — and will persuade potential members and donors to support our work by joining a club, volunteering on a project, or donating to a cause. Visit Rotary.org in January to see all the improvements we've made.

Source: *Rotary Voices* 12/13/16



Join Fellow Rotarians in Atlanta for the 2017 Rotary Convention and the 100th anniversary of the Rotary Foundation.

Important deadlines

15 December 2016: Last day for early-registration discount (\$340 Rotarians/\$70 Rotaractors)

31 March 2017: Last day for preregistration discount (\$415 Rotarians/\$100 Rotaractors)

14 June 2017: Last day for online registration (\$490 Rotarians/\$130 Rotaractors)

<http://www.riconvention.org/en/atlanta>

Emphasis on Planned Giving



Celebrate with a Charitable Gift Annuity

In honor of its hundredth year of serving humanity, The Rotary Foundation now offers celebratory charitable gift annuities, which can be scheduled to issue fixed payments each year in the

month of the donor's choice to celebrate a special occasion such as a birthday or anniversary. Rotary recognizes the full face value of the gift, so this is a great opportunity to commemorate the Foundation's centennial by increasing a Rotarian's Major Donor Level.

A charitable gift annuity is a fantastic way to create a better life for people all over the world while providing lifetime payments to a loved one that will not change with fluctuations in the market. With rates ranging from 4 to 9 percent, a charitable gift annuity may help "unlock" the income po-

tential of low-yielding assets.

If you have friends or clients who are considering the sale of their appreciated stock, you might encourage them to consider funding an annuity backed by the unrestricted funds of The Rotary Foundation, eliminating their investment risk and helping them reduce or delay capital gains tax. After all lifetime payments have been made, the balance of the gift annuity will be used to provide ongoing support for their favorite Rotary Foundation programs.

Tell us how you want your gift to help your family celebrate and build your Rotary legacy, and we will prepare a customized, no-obligation sample illustration that outlines the payments and potential tax benefits.

Contact Karena J. Bierman, Director of Gift Planning planned.giving@rotary.org

RC Derby volunteers at community program addressing poverty



Derby Rotarians volunteer the 3rd Thursday every month to serve a meal at the Derby-Area Circles program. The meal is funded by a donation from Derby Rotary and a matching grant from the Rotary District.

Derby-Area Circles is an 18-month program that helps individuals and families move out of poverty with the help of volunteer allies and community support. The Circles program offers curriculum on budgeting, healthy relationships, education and career advancement. The group meets weekly and a healthy hot meal is provided for all participants and volunteers.

In November, Rotarians served a traditional Thanksgiving meal with all the trimmings. Pictured are Rotarians that volunteer with the Derby-Area Circles program: Gary Read, volunteer Ally; Charlene Mathis and Rhonda Cott Volunteer Site Coordinators; Jack Hezlep, Dana Quigley, Ken Mulanax, meal preparation and serving.

RC Dodge City helps NUMANA



On the morning November 5th, several Dodge City Rotary members, family and friends joined forces with the Dodge City NUMANA event. The event was to package and box

dry food to feed thousands of the hungry in Southwest Kansas and for the hurricane ravaged people of Haiti.

Dodge City Rotary members helping were President Jeanette Seavet, Past President Nathan Haskell and his two sons, Aiden and Miles, President Elect David Bergmeier, Assistant Governor David Wetmore, his wife Lu, daughter Ashley and nephew Heath Hamilton, Reverend Jerry Nolte and his wife, Jalynn.

Volunteers measured the ingredients, scooping them into meal bags, weigh and seal the bags, and the finished product. The boxes were loaded in trucks to prepare for international shipping.

The meals consist of rice, soy protein, freeze-dried pinto beans and a blend of vitamins and minerals targeted to

help the immune system of malnourished people. Each package contains enough food for 6 meals.

The cost of each life-sustaining meal is only 30 cents! This includes all of the ingredients, packaging, administration, and international shipping of the container. All you have to do is supply space for the event, volunteers to package the food, and the 30 cents per meal.

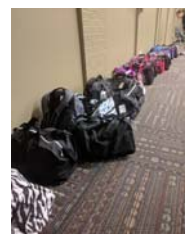
The containers of food are shipping to our partner organizations around the globe, who distribute the meals as needed. They are used to promote education, encourage school attendance, improve health and so much more!

70,000 meals were packaged in Dodge City. 20,000 meals will stay in Southwest Kansas to feed the hungry. The remaining 50,000 meals will be shipped to Haiti. The left over supplies were given to local food pantries. Norma Henton, Dodge City NUMANA organizer, said they were very pleased with their 2016 event, They raised in excess of \$20,000 to feed the hungry. Norma expressed how much she appreciated the 800 volunteers that helped to make the day a success. It was a very rewarding experience for the Dodge City Rotary members.

RC Old Town Wichita Service Night



Our club had a great Service Night with ICT SOS (End Human Trafficking) at the new Sedgwick County Child Advocacy Center to help assembly Fresh Start Bags. Our guests were Fred & Joyce Heismeyer (East Wichita) and Dave Abbot (W. Sedgwick County Sunrise). In all we assembled 28 bags!



Club News from around the District

Rotary Club Old Town Wichita: We finished up the Hair Fairy Workbook assembly at a recent meeting. This is a district grant project.



Rotary Club Arkansas City: We had fun putting stickers in dictionaries and delivering them to Ark City 3rd graders.



We also made our annual trip to help Child Start with their hat and mitten sorting.



Rotary Club W. Wichita Sunrise: Dalia Hale presented Extra Effort Awards to these 3rd graders at Kensler Elementary recently.



Rotary Club W. Wichita: We held our annual HungerPlus meeting recently. We raised \$250 through votes for best soup and dessert (prepared by club members). In addition, \$250 from money we saved on our regular meeting meal will be added to that amount to send to HungerPlus, Inc.



Rotary Club W. Wichita: Several members purchased and delivered groceries for our 4 families from Lawrence Elementary for Thanksgiving.



David Weber Extra Effort Awards were presented at a recent meeting to the 4th graders at Lawrence Elementary.



All the Soup Makers First Place went to Sharon West for her Potato Soup



All the Dessert Makers First Place went to Cindy Hand for her Fruit Pizza



Rotary Club E. Wichita: Club members generously funded and delivered 100 Thanksgiving dinners to needy families referred by 6 area not-profits. 13 teams of Rotarians delivered the meals.

Rotary Club E. Wichita: We volunteered at Buckner Elementary for OSCAR Reading Days earlier this month. We also volunteered at Wichita Children's Home for a Christmas tree project.

Rotary Club W. Wichita: We have 68 wish list gift tags available for members to purchase for the children of 4 families in need from Lawrence Elementary.



More Club News

Rotary Club Newton: The second Tuesday of each month the "Noon Satellite" meeting of the Rotary Club of Newton are hosted by various businesses that club members own or run. On December 13, the meeting was hosted by the **Interact Club** at the Newton High School. Tony Hein, Interact Sponsor, set up presentations from the High School Administration and classroom teachers. The student guides were members of the Newton Interact Club. Here Gracie is telling Gaylord about the machine shop.



Rotary Club Newton: John Morton and Steve Johnson were part of a team who prepared the dictionaries for delivery. Our club has provided dictionaries to every 3rd grade student in Harvey County for over a decade. The club delivered to the students the week of 12-16 December. Janet Frantz, dictionary project Captain, said "We never have a shortage of club members wanting to deliver the dictionary to the classrooms" The members actually go into the classrooms and give a short presentation and then hand each student and teacher a dictionary".



Rotary Club W Sedgwick Co.

Sunrise: We raised over \$1,100 in our Christmas Light Tour Raffle to support the expansion and improvements at the Sunrise Boundless Playscape—an inclusive playground for children and families of **all** abilities.



Rotary Club Ulysses: We are buying gifts for the Senior Angel Tree in Ulysses. Also—mark your calendars now for our Rotary Golf Tournament on Saturday June 3, 2017.

Rotary Club Old Town Wichita: Our club recently committed to contribute \$1,000 to PolioPlus this Rotary year. Members are asked to add \$10 to their dues statements for the next 3 quarters or give a one-time donation of \$30 or more specifically designated to PolioPlus.



Rotary Club Liberal: On Thursday, December 8, 2017 three members of the our club were selected as "**Men and Women of Distinction**"

for the 2017 Liberal Chamber of Commerce Community Calendar. Each year a wide variety of community members are nominated by their peers based on their contributions and commitment to our community. This year, out of approximately 150 nominations, only 12 were chosen. **Leslie Bissell, Mike Brack, and Jess Koons** were selected and are now featured in the 2017 calendar. It is truly a great honor to be both nominated and selected. Congratulations from the Liberal Rotary Club and District 5690! We are proud to claim you as our own.



Rotary Club W. Wichita: Randy & Roger Bowles delivered dictionaries to the 3rd graders as part of Downtown Rotary's dictionary project.



Interact Club of West Wichita: At our recent meeting we cut and tied two blankets for Kensler Elementary. Our Dodgeball tournament was a lot of fun. We had 5 teams and netted \$1,871 toward our 2018 Panama trip. Club members will help The Arc of Sedgwick County with their Lights on St. Paul display on Dec. 23.

Rotary Club W Sedgwick Co.
Sunrise: December Extra Effort Awards were presented to 4th graders at Kensler Elementary by Connie Zienkewicz.



District 5690 Membership Report As Of November 30, 2016

Club	7/1/2016	11/30/2016	NET GAIN
	MEMBERSHIP	MEMBERSHIP	2016-2017
Andover	27	27	0
Arkansas City	61	54	-7
Beaver	22	22	0
Boise City	18	18	0
Cimarron	23	22	-1
Derby	61	59	-2
Dodge City	32	33	1
East Wichita	115	115	0
El Dorado	50	49	-1
Garden City	41	43	2
Guymon	27	27	0
Howard	16	16	0
Hugoton	22	21	-1
Hutchinson	114	113	-1
Johnson	18	17	-1
Kingman	32	32	0
Kinsley	15	15	0
Larned	18	18	0
Liberal	45	46	1
Newton	56	59	3
Pratt	54	57	3
Sublette	14	15	1
Syracuse	15	15	0
Texhoma	19	19	0
Ulysses	36	34	-2
Wellington	20	21	1
W. Sedgwick Co	43	42	-1
West Wichita	65	61	-4
Wichita-DT	372	383	11
Wichita-Old Town	10	10	0
Winfield	85	88	3
TOTALS	1546	1551	5



TRF Year-end Deadlines

End-of-Year Giving Deadlines

Make sure you are prepared for [calendar year end giving](#) and are familiar with the deadlines for contributions to The Rotary Foundation.

- Online contributions need to be authorized by midnight, 31 December 2016 CST
- Credit card contributions made via fax (847-328-5260), phone (866-976-8279), and mail must be received prior to the close of business (5pm CST) on Friday, 30 December 2016
- Check contributions must be postmarked by 31 December **and** must be received by 5 January 2017.



District 5690



www.rotary5690.org

This is your newsletter!
Send your articles and club information to:

PDG Geri Appel, Editor
Phone: 316-733-7030
Fax: 316-733-5077
appelg@kenlerman.com



2016-2017 RI Theme
John Germ
Tennessee USA

