



District Dispatch

VOLUME 24, ISSUE 9

MARCH, 2014

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Join Us in the Dominican Republic To Change the Health of a Nation

By Yudha Pratama

Our District 6310 is improving the lives of people - one person, one school, one village - at a time, in villages throughout the Dominican Republic (DR). By delivering clean water and by also improving personal hygiene and sanitary conditions, we limit the spread of disease, bacteria, and parasites. Working through schools, we are able to accomplish these improvements in villages and barrios throughout the DR (District 4060). The future health of the nation is literally in the hands of teachers and students in the schools today.

We are struck by the lack of understanding of the benefits of Hand Washing in the scores of villages and barrios where we work. World Health Organization data indicates a village properly trained to wash their hands can reduce diarrhea diseases by as much as 44%. A significant bonus is Hand Washing can also reduce respiratory diseases (including child-killing pneumonia) by 23% - something few other Water, Sanitation and Hygiene (WASH) initiatives can do.

Other studies indicate that hand washing training is by far the fastest, most effective, and cheapest single health action that can be taken, especially when comparing the cost and complexity of other WASH initiatives, such as latrines and clean water programs. We found this training so essential and yet so neglected that we were forced to realize that it has overarching importance in reducing death and disease in developing nations.

Funded by Rotary Matching Grants during 2012-2013, we started three projects with partner districts 4060 in the DR, 5810 in Texas, and 7810 in Maine to develop a viable hand washing and Hygiene (HWH) training package. Three hundred locations serving 100,000 students in three different regions of the DR are involved. Designed to build and to test an effective and stable operating model, the three Grants were very similar to each other; however, they were hosted by RC's in different regions. From this we have gained fundamental insights and techniques for implementing broad-scale programs with tested content and curriculum using the best science and methods. We also believe our final package, with cultural and local modifications, can be repeated in most other developing countries.

(continued on page 2)

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Rossy Pina trains hand washing
to the trainers



New certified hand washing trainers
with District 6310 Rotarians



DG Alex Martinez teaches
hand washing

The numbers from the first Matching Grant project, which is the first to close-out, show these accomplishments for 2012-2013:

	Goal	Accomplished
Students trained	15,000	20,027
Households trained	500	787
Teachers trained	100	304
Schools targeted	100	104
Community workers trained	30	65

Anecdotally, as early as the first month of training, improved student attendance and rapid clearing of skin rashes are being reported.

The early data and momentum have revealed compelling reasons for Rotary to Lead the Way into a national HWH Campaign in the DR. Our goal is to train 300,000 students within two years as the basis for launching a national campaign to train all of the DR's 1,300,000 students. Such an undertaking, of course, is a large and bold move; and it will require much more support than just from our early sponsors. But we can do it. Students and teachers make great sales people for hand washing.

Other Rotary Districts and Rotary Clubs are needed to join as partners in this effort. As we approach this national HWH campaign in the DR, please consider sponsoring a new region, or joining a partnership with 6310 and 4060 for your international service projects. It is through our combined efforts that we can Engage Rotary and Change Lives throughout a small nation, and potentially in many other developing nations.

NOTE: See the special invitation to visit the Dominican Republic on Page 9 of this newsletter.

Rotary District Conference

Don't miss this year's 2014 District Conference with a focus on fun, fellowship, and inspiration.

Breakout sessions will cover all of Rotary International's "Six Areas of Focus" plus all of a club's "5 Avenues of Service" -- plenty to help you keep your club vibrant. Idea exchange sessions will give you lots of ideas for speakers, programs, and club promotion. You can attend sessions devoted to youth service, grant writing, membership, ethics and more. Click on the links below for additional information.

Four Points Sheraton Saginaw
4960 Towne Centre Rd (at I-675 and Tittabawassee)
Saginaw, MI, 48604
Phone: (989) 790-5050

Amenities include all brand new rooms; an indoor/
outdoor pool; a fitness room; in-room microwaves and
refrigerators; and free breakfast

Download Registration Form

[Breakout Session Titles](#) | [Registration fees](#) | [Things to See and Do](#)

**Martial Arts Connection and
Saginaw Sunrise Rotary Club Presents:**



5K & 10K Run / 5K Walk / Kid's Race (1/2 Mile)

Sunday May 4th, 2014 / 11:30 AM Start Time

\$20 Pre-Registration
\$25 after April 22, 2014

Registration starts at 7:30 am
at Andersen Enrichment Center
120 Ezra Rust Dr. * Saginaw, MI

Pre-registration includes
Event T-shirt

Call 989-399-9925
email: cincokrun@yahoo.com
<http://www.cincokrunsaginaw.com>

designs by
John **ERI** *designs*
www.johnmartinezstudio.com

Proceeds to go towards the Rotary
District 6310 Dominican Republic
Hand Washing Project and the
American GI forum scholarship fund.



Martial Arts Connection and the Saginaw Sunrise Rotary Club have joined forces to make the fifth annual Cinco K "Cinco De Mayo" part of Rotary District 6310's annual district conference.

Not only does the Cinco K event continue its donation to the American GI Forum scholarship fund, but this year a big percentage will go to help with the Dominican Republic Hand Washing Project. As Rotarian and run organizer, Joe Sticker said, "the Cinco K is very excited to be a part of this great organization."

The Cinco K "Cinco De Mayo" will be Sunday the 4th 2014. Registration is now open and feel free to register at www.cincokrunsaginaw.com/register.html.

Around the District

The **Frankenmuth Noon Rotary Club** will hold this 23rd annual event on Thursday, March 13, 2014 from 5-8pm. For your convenience, this year's event will be divided between two locations- the Bavarian Inn Restaurant and Zehnder's of Frankenmuth.

Approximately 25-30 Frankenmuth food vendors will serve up their finest or newest dish or drink. A raffle will also be held. Over 950 people attended this unique event in 2013.

Tickets are \$20 each and are available from any Rotarian, Satow Drug Store, Zehnder's Restaurant, Bavarian Inn Restaurant, or at the door. If you have questions, please email Jeanna at jeannaz33@gmail.com.

Proceeds will go to the Cass River Fish Passage project.



Central Michigan Rotaract Club members Stefanie and Sarah at Polar Plunge for Special Olympics

	Wesley's Warriors \$3,217 raised 97 supporters
	motley crew \$2,032 raised 62 supporters
	Team Hornak \$1,325 raised 18 supporters
	Central Michigan Rotaract \$1,095 raised 31 supporters
	CMU Leadership Institute \$695 raised 20 supporters
	EHS Residential College at CMU \$520 raised 10 supporters



Central Michigan Rotaract volunteers with member Kathy Beebe

Mount Pleasant Rotary Club Beef Dinner Helpers



Local Mount Pleasant High School **Interact** members

The **Owosso Rotary Club** recently scheduled a club assembly to review the Rotary year so far and to discuss future activities. All avenues of service chairmen were identified and each made brief comments about their area of responsibility. Each appealed to members to provide input in the several areas. Chairmen are Sean Grey, membership; Alaina Kraus, public relations; David Shorter, club service; Tom Cook, programs; Nick Tereck, youth service; Bill Brown, vocational service; Barbara BakerOmerod, R.I. Foundation; and Paul Cook, club administration.

The principal speaker during the assembly was Pat Post, District 6310 Area 3 Assistant Governor (assigned clubs Chesaning, Corunna, Durand and Owosso) and R.I. Foundation chair of her own club of Durand.

Working with materials provided by Rotary International, she noted that the 64-member Owosso Rotary Club has, over time, named 83 Paul Harris Fellows and now also has four benefactors and one major donor.

This Rotary year, she said, the Owosso club has pledged \$9,000 to the Foundation and, to date, has reported \$1,280 raised. Although only 14 percent of goal, she said it is not unusual for clubs to hold back and report their annual total at the end of June. Through early March 2014, she said R.I. reported the Owosso club had contributed \$173,587.21 in all-time giving to the Foundation.

The Owosso Club has held fairly firm at 64 members and has enjoyed a 97 percent retention of members. Currently, according to a report from Rotary International, the Owosso Club has 61 percent male members and 39 percent female. And that's pretty close to what it has been since 2011.

In the area of Youth Service, the club has sponsored one Rotaract Club since 2011 (at Baker College of Owosso) and for several years has hosted at least one youth foreign exchange student. (In school year 2012-13, the club hosted two exchange students and is preparing to welcome another two starting this summer for school year 2014-15).

Assistant Governor Post said she is particularly pleased the Owosso club has filled chairmanships of each of the Rotary avenues of service and is already preparing to fill those positions for the new Rotary year starting July 1, 2014.



Assistant Governor Pat Post

Reprinted from *The Owosso Rotary Review*, and written by PDG Dick Campbell

The **Durand Rotary Club** will be moving from City Hall to a new meeting location. Effective Tuesday, April 1, the club will meet at 11:30 a.m. at the Durand Union Station.



The **Breckenridge Rotary Club** recently did a Purple Pinky Project with the elementary school. Kids were educated on Polio, how we are fighting to eradicate it, and what they can do to help. It was very well received. All proceeds will go towards Polio Plus.

Pictured are Rotarians Larry Schmitz and Sarah Dufour.

The **Bay City Morning Rotary Club** recently inducted new member Mike Bacigalupo.

Shown in the photo from left: Proposer Nick Schwall, Mike, and Inducting Officer Stan Teliczan.



Congressman Dave Camp recently visited the Frankenmuth Rotary Club and had a very special presentation for them (see on Page 7).

Happy 75th Anniversary to the Frankenmuth Rotary Club!



Congressional Record

PROCEEDINGS AND DEBATE OF THE 113TH CONGRESS, 2nd SESSION

House of Representatives

A Tribute to the Frankenmuth Rotary Club Extension of Remarks – Thursday, January 16, 2014

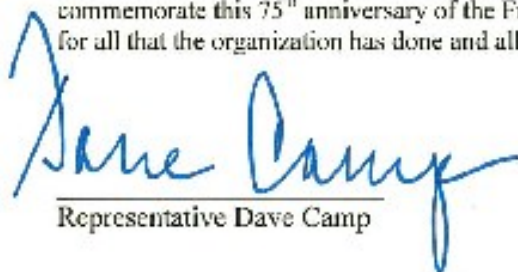
Mr. Speaker: I rise today to pay tribute to the Frankenmuth Rotary Club in commemoration of the group's 75th anniversary.

The Frankenmuth Rotary Club began operations on April 21, 1939, with a goal of gathering community leaders to provide humanitarian services to those in need – from the local to the international scale. Over the past 75 years, the members have continued to promote a high moral standard in the community while providing assistance with philanthropic projects.

The club began as a small gathering of 35 charter members. Today, the club boasts over 125 members. Over the course of the club's presence in Frankenmuth, various projects helped change the landscape of the community. On multiple occasions, the club has collaborated with area foundations and businesses on building projects, maintenance funds, and renovations throughout the community. These endeavors have emphasized the club's passion for growth and goodwill in Frankenmuth.

In addition to supporting local events and activities every year, the Frankenmuth Rotary Club has supported international service programs; each with a specific cause tailored to the project involved. The club has conducted philanthropic work in Brazil, the Dominican Republic, India, and South America. These projects have provided beneficial services such as clean drinking water pumps, school facility improvements, and dental work for those in need. Through these efforts to improve communities and lives both locally and abroad, the club has served as a model for humanitarian action.

On behalf of the Fourth Congressional District of Michigan, it is with great honor that I commemorate this 75th anniversary of the Frankenmuth Rotary Club. I offer my sincerest thanks for all that the organization has done and all that it will continue to do in the future.

A handwritten signature in blue ink, reading "Dave Camp".

Representative Dave Camp

District 6310 e-Club

This past year, our district has been developing an e-club. This article answers some of your questions about what it is, why we want it, how it works, and why it might be good for you.

What is an e-Club? An e-Club is a Rotary club that meets electronically instead of physically.

Why do we want one? Some prospective members (and some Rotarians) can't attend a physical meeting because of scheduling conflicts, driving distances, child care arrangements, or they live in an area that can't support a physical club. Yet these individuals want to participate in important causes and network with others who share the ideals of Rotary. An e-club fills this niche. It's also a great way for current Rotarians to make up a meeting.

How does an e-Club conduct its meeting? Actually, just like many physical clubs. The e-club starts with informal networking before prior to the official start of the meeting. Members and guests introduce themselves. A Rotary moment is shared. You hear announcements about the club, the district, or events. This is followed by a program like with any other club.

Every week the e-Club posts content to its website (<http://www.distict6310e.org>) for the members to enjoy at their leisure. This could be an article, or maybe some video content. After you read or watch the content, you are encouraged to give any feedback in the comments section on the site. This is a great opportunity to make up a meeting as well!

How do participants attend the meeting? On the first Tuesday of the month you can attend by voice and/or web conference. For example, if you are traveling or don't have access to an internet connection for web conferencing, you can call the audio number and participate by phone only. If you want to use your computer to connect by web conference, you can participate by voice and video. Some participants use the phone for the audio and watch the video part by computer. The point is that the method is up to you. And since the meetings are archived, you can participate after the fact as well. You can also visit our website at any time during the other weeks or for a makeup, and participate in the discussion through the comments section.

How does the e-Club do service projects? Club members will decide what works best for them. There is no magic formula. Like their physical counterparts, options include setting aside time on evenings or weekends or working collaboratively with other clubs.

When does the e-Club meet? Check out the District 6310 E-Club at <http://www.distict6310e.org> for the current meeting schedule. You can also follow the club on Facebook.

What can you do now? Help spread the word about the e-Club. Or better yet check out one of the meetings for yourself.

Special thanks. This is no small undertaking so a special thanks goes out to Jim Smith, Matt Schaefer, past district governor Ed Eichler, and the Pigeon Rotary Club for their leadership and stamina in sticking with this novel project.



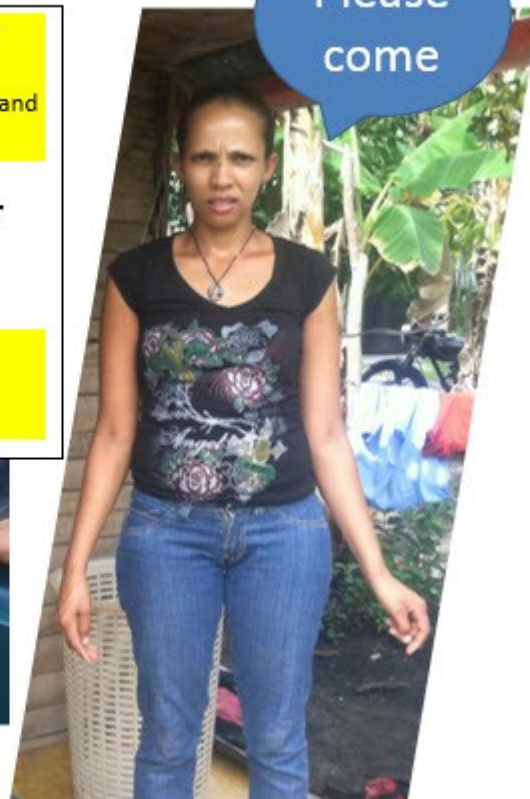


**2013-2014 District 6310
Governor Duane Reyhl**

Join District 6310 for a memorable journey to the villages of the Dominican Republic!! See your donations at work. See the possibilities for 2014 and beyond. Come back and excite your club!!

***We're going again in either
April or May.***

Be a part of this team. Contact Dave Morgan at 817.891.5622 or dmorgan-pcs@tm.net for more information and travel dates.



The District 6310 Newsletter is published monthly. Articles originate from various Rotary International publications as well as from events and activities within the District. Thank you to all contributors.

We encourage the submission of articles. Please provide information and pictures for a future District Dispatch to: