

THE WHEELHOUSE

WINTER EDITION



Rotary

Districts 7810 & 7820

JANUARY 2022

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Rotary Club of Avalon Northeast

Welcome from the Editor



Martine Babineau

Director Of Communications District 7810

Rotary Club of Atlantic International Passport –Foundation Chair

The calendar page has turned and 2022 is here. As we continue to navigate the ever-changing landscape in our communities and our clubs, it is important to continue to look ahead to the future.

In this edition you will find articles about how we are planning and evolving as a region.

On all levels, Rotary and Rotarians are pivoting to meet the changing needs of today while maintaining a clear focus on the challenges of tomorrow. That keen vision forward has become a true mark of our beloved organization. We must strive to not only serve our communities when the crisis is present but also continue to plan ahead by helping to build strong leaders and secure a stable environment in which they can thrive.

As always, I invite everyone to tell their's or their club's Rotary stories through the newsletter. The purpose of the Wheelhouse is to share your projects, successes, and experiences with members accross the Atlantic Region. We are working on making our publication bilingual. In the meantime please submit articles in French if you wish. *A nos membres français s'il vous plaît, soyez patient avec nous. Nous travaillons à rendre notre publication bilingue. En attendant, veuillez soumettre des articles en français si vous le souhaitez.*

Please be advised that articles for the Spring edition of The Wheelhouse are due by March 15th to allow time for editing with a release in April. Listed below are some guidelines for submissions:

- 350 to 500 words original content (not previously published)
- include pictures for club events
- make sure to include: the history of the event, the number of members involved, any partner organizations, volunteer hours spent, cost (if appropriate), and results
- Please include a headshot of yourself or the author (for new submissions)

Note: For the sake of fairness we only *advertise* District events

Submissions can be sent by [clicking here](#) and filling out the form.

Thank you all for reading,

A handwritten signature in black ink that reads "Martine Babineau". The signature is stylized with a large, flowing 'M' and 'B'.

Martine Babineau

Rotary Empowering Girls



Erin Hansen

Newsletter Team - Contributor

Public Image Committee-Rotary Club of Moncton West & Riverview

"Equality is a fundamental human right that's necessary for a peaceful, prosperous, and sustainable world" (United Nations). Unfortunately, gender inequity remains a serious issue in many parts of the world, with far reaching consequences.

As stated on MyRotary.org, "President-elect Shekhar Mehta is prioritizing projects that focus on improving the health, education, well-being, and economic security of girls across the globe. He



is encouraging clubs and districts to empower girls in all of the service initiatives they undertake during the 2021-22 Rotary year."

Education is a first step in the Girl Empowerment process. The rationale is this - if you educate a girl you're educating a whole family. As mothers, they are much more likely to send their own daughters to school. Well educated girls grow up to change their communities for the better, and can even positively influence the economy of their entire country.

Elizabeth Usovicz heads the Rotary Task Force for Empowering Girls. In a recent discussion hosted by Shekhar Mehta she noted that globally, 60 million girls have no access to basic education.

For many more, there are significant barriers to getting an education. Something as simple as menstrual hygiene is a huge issue that affects 500 million girls. Child marriage is another barrier affecting 12 million girls annually. 1 in 5 is forced to marry before their 18th birthday, and some are as young as 10, 11 or 12. Gender violence traveling to and

from school affects 60 million girls and causes them to drop out. Teenage pregnancy does as well. Water hygiene also plays a large role. Globally, women and girls spend 200 million hours a day fetching water. This can take too long for them to also have time to attend school. Unfortunately, the pandemic has only further compounded these barriers.

Geoff Adelaide of the Global Partnership for Education (GPE) says his organization is working to promote gender equity in 90 countries with some of the lowest incomes. Projects they are working on include ensuring there are facilities at schools to



accommodate girls of menstruation age. They are also striving to transform education systems by including more gender responsive curriculum and encouraging the hiring of more female teachers so girls have role models. They even partner with government, community groups, and local businesses to run awareness programs to advocate for the value of girls education in Ghana, Zimbabwe, and Kenya. They are getting the message out that educating girls translates into healthier, more prosperous communities with less discrimination.

When it comes to partnerships with Rotary, grassroots projects in vulnerable areas of the world are needed. Talking to schools in these places is key to determine what the local barriers to girls education are. Closer to home, Rotarians can become advocates by:

1. Accessing resources in the Presidential Initiatives section of [MyRotary.org](https://www.MyRotary.org)
2. Contacting their DG to be connected with local ambassadors for empowering girls
3. Encouraging their clubs to get involved in a project viewed through a gender lens
4. Telling the story of their successes to inspire others

What will your club do?

2022 Setting Up For A Great Year In The Fight To End Polio



The GPEI (Global Polio Eradication Initiative) has a new strategic plan for 2022 to 2026 with an endgame for eradication of polio. The Global Polio Eradication Initiative is a public-private partnership led by national governments with six partners:

- the World Health Organization (WHO)
- Rotary International
- the US Centers for Disease Control and Prevention (CDC)
- the United Nations Children's Fund (UNICEF)
- Bill & Melinda Gates Foundation and Gavi
- The Vaccine Alliance

The GPEI only goal is to eradicate polio worldwide.

For more information on the GPEI <https://polioeradication.org/who-we-are/>

2021 – the year that set the stage for a polio-free world

2021 may go down in history as the turning point in the global effort to eradicate polio <https://polioeradication.org/news-post/2021-the-year-that-set-the-stage-for-a-polio-free-world/>

Watch this animation to learn how the Global Polio Eradication Initiative (GPEI) intends to reinvigorate polio prevention and outbreak response with the bold new GPEI Strategy for 2022-2026 <https://polioeradication.org/news-post/bringing-an-end-to-polio-a-new-strategy-for-the-last-mile/>

Country, cases and positive ES samples	2020 full year	2021 thru 04 Jan
<u>Pakistan</u>		
WPV1 cases	84	1
WPV1 positive ES samples	455	65
cVDPV2 cases	135	8
cVDPV2 positive ES samples	135	35
<u>Afghanistan</u>		
WPV1 cases	56	4
WPV1 positive ES samples	48	1
cVDPV2 cases	308	43
cVDPV2 positive ES samples	175	40
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<u>Vaccine derived situation</u> (including Pakistan and Afghanistan)		
WW total cVDPV2 cases	1079	566
# countries	24	21
WW total cVDPV2 ES samples	536	386
# countries	25	20
<u>Nigeria</u>		
cVDPV2 cases	8	385
% total	< 1%	68%
cVDPV2 positive ES samples	5	217
% total	< 1%	56%

The final 2021 totals may not be known until February 2022 but the numbers of WPV1 and cVDPV2 cases have been reduced in both the endemic countries and the numbers are accurate.

Rotary International has set out goals for each district and club. Here are a few that your club can start with:

- Every club/Rotarian makes a donation
- Record Club Polio goals in Rotary Club central
- Participate in a World Polio Day event and a World Immunization week event

Meals to GO! - An Innovative Partnership



Kathryn Atkin

Rotary Club of Avalon Northeast

Past President

Meals Ready to Go is a program conceived by Executive Director, Janet Rumsey and Chef Mike Wozney of Manuels River Inc., Conception Bay South, Newfoundland in response to a need identified during the first COVID lockdown in April of 2020. It became apparent at that time that food insecurity had been and was increasing to be a significant community problem, especially for seniors who were shut in, without family or whose health needs prevented them from accessing food, especially healthy meals. In its initial phase the program was used to provide ready meals to the CBS/Paradise Food Bank. The Rotary Club of Avalon Northeast became a partner in this endeavour and provided funding in the amount of \$5,000.00.

As the pandemic went on and funding for that project ended, ongoing discussions in the community indicated there was/is a significant and growing need within the senior population of the Northeast Avalon of Newfoundland. Therefore, in the fall of 2020, Ms. Rumsey initiated a partnership with Connections for Seniors. Connections for Seniors operates with the overall goal of assisting older adults to thrive in the community as they navigate the journey of aging while addressing the social determinants of health. They support seniors to age safely in the community of their choice and operate an emergency shelter and assisted living units for homeless or transitional seniors. This phase of the program received funding from Federal COVID



funding which was distributed by United Way beginning in January of 2021. The funding from that source took the program to the end of March 2021. At that point, the Rotary Club of Avalon Northeast made a further monetary commitment to the program of \$5,000.00 and levered a further \$7,000.00 as well as support from the Rotary Clubs of St. John's and St. John's Northwest which allowed the program to continue to the end of August 2021. The program then applied for and received a grant from the United Way

of Newfoundland Community Fund. It is anticipated that the program will move into a second phase of providing meals to those seniors who are financially challenged as well as providing low cost meals to those who can afford a modest fee.

The food preparation portion of the program is completed every Tuesday by Chef Wozney at Manuels River Catering while Connections for Seniors is the vehicle which identifies the need and delivers the meals to those who have registered with them. Weekly, these hot meals are packaged by a dedicated group of Rotarian volunteers and friends from the Rotary Club of Avalon Northeast. The meals are then collected by Connections for Seniors for distribution. To the end of December 2021, the program will have prepared and delivered 11,616 meals.



This partnership has had a tremendous impact on the older adults that Connections for Seniors works with. They note that individuals experiencing homelessness are provided with nutritious, homestyle meals while staying in their shelter while individuals in the community benefit from food bank items as well as ready made meals. This combination is particularly beneficial to seniors who have difficulty with cooking, live alone or without family support, live with disabilities or who experience barriers to accessing food especially during the pandemic.



Spring Training for Clubs Leading Into District 7815



Anthony Waddell

Rotary District 7810 Director of Training and Development

Rotary Club of Atlantic International Passport/de l'Atlantique-Membership Chair

The committee has been working hard to prepare itself for the upcoming spring sessions that start in February and will continue to the end of April.

The approach to moving everything online last year was a large learning curve for both the committee and members. But I can say that the learning has created a wonderful experience for those in club leadership. It used to be that you would get training once in the spring and if you

forgot – you would need to contact someone for help. Today, we have recorded short self-paced videos that are accessible in both French and English throughout the year.

Our Zoom sessions are specifically designed for engagement rather than lecturing which encourages sharing to explore new ideas and connect with members from different clubs.

Our online facilitators can be located anywhere in the world to help create a unique experience for those attending. Those presidents-elect should make time to attend the mornings of April 9th and 23rd which will inspire, engage and innovate the minds of club leaders.

The committee is using a new feature on ZOOM to allow for live translation for those that are attending an English event but want to hear it in French and vice versa. As someone who belongs to a bilingual club that encourages speaking in the

language of your choice – the technology today is providing us the chance to expand what can be done and offered to our members.

One of the things clubs need to consider for the upcoming year is possibly applying for a District grant which funds small-scale, short-term activities that address needs in your community and communities abroad. You can use district grants to fund a variety of district and club projects and activities, including:

- Humanitarian projects, including service travel and disaster recovery efforts
- Scholarships for any level, length of time, location, or area of study
- Youth programs
- Vocational training teams, which are groups of professionals who travel abroad either to teach local professionals about their field or to learn more about it themselves

At least 2 members of the club **MUST** attend one of the district grant ZOOM sessions being held either on Wednesday February 16th or Saturday morning February 19th.

February 16th 6pm-730pm Atlantic or 19th 930am-1130am Atlantic: District Grants

February 26th 930am-12pm Atlantic: Assistant Governor session

March 19th 930am-1130am Atlantic: Secretary Session

March 26th 10am-12pm Atlantic: Treasury Session

April 9th 9am-12pm Atlantic: Club President Elect Leadership Part 1

April 23rd 9am-12pm Atlantic: Club President Elect Leadership Part 2

Any questions please feel free to reach out to me. - district7810training@gmail.com



Update from Rotary Youth Exchange



Marcel A. Gervais

District 7810 Chair Rotary Youth Exchange Program

Rotary Club of Moncton

As we all know, Rotary International has canceled all exchange programs until June 30, 2022 due to the pandemic. In anticipation and hope that the world situation will improve by the summer, districts around the world, including D7810 are processing applications for the short and long term programs. Our district Long Term Outbound Coordinator, Ade Adeyemi and Short Term Outbound Coordinator, Dana Delano will be arranging matches very soon. We have 10 applicants for the

short term program & 4 for the long term program in process. We should also point out that, with the help of PDG Wayne Wornes, we are working on a Plan B, in the event that international travel may still not be possible & that would be to give the students the option to do an exchange within Canada.

Thank you to the participating sponsor clubs for your continuing support of the Youth Exchange program.

Making Deeper Rotary Connections Through Fellowships

Martine Babineau

Director Of Communications District 7810

Rotary Club of Atlantic International Passport -Foundation Chair

Member of the Global Yoga and Meditation Fellowship



In June 2019 I attended the Rotary International Convention in Hamburg Germany. I can safely say that none of the members in attendance had any idea what the upcoming year would hold, or that it would be at least a few years before we would all have a chance to reunite in person. One of the aspects of the conference which left an impression on me was the volume of common interest groups present at the event.

As I strolled the aisles of the House of Friendship I saw booth after booth of Rotarians from around the world who had gathered and organized not just based on their desire to Serve Above Self but also with a common focus, purpose or interest. A quick search on Rotary.org will reveal to any who care to look, hundreds of Rotary Global initiatives, Action Groups, and Fellowships. Still, nothing compares to seeing them all lined up, in living colour, the way the Rotary International Convention does.

Regular readers of the newsletter might remember my appearance in past editions in an article about the Rotarian Metalhead Fellowship. That group was the most surprising discovery I made in the House of Friendship. There is however another group which draws me to the keys for this article, the Global Yoga and Meditation Fellowship.



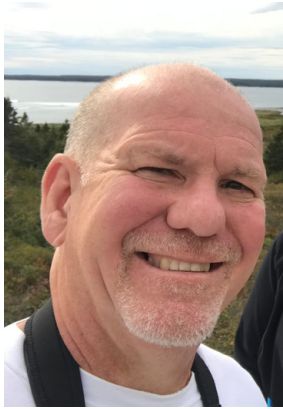
Officially recognized by Rotary International in 2018 the YMF (Yoga and Meditation Fellowship) hit the ground running at the RIC in Toronto that same year. Since then it has participated in numerous international events and gatherings.

- Conducted Yoga & Meditation (YM) Session for our RI staff at RI HQ, Evanston, IL, USA
- Conducted YM Sessions at several PETS
- YM sessions held at district conferences and at clubs in several part of our Rotary World
- For the first time in Rotary BOD history, started a BOD meeting with a YM session
- YM sessions conducted at RI conventions + booth at the House of Friendship

Unlike some fellowships that require that you be part of a particular profession or have a special skill, all the YMF requires is that you have a desire to learn more about the benefits of yoga or meditation. You do not need to be an experienced yogi or master of meditation to join. The fellowship's aim is to spread the understanding that both practices foster better health and promote peace wherever they are practiced.

Recently, the YMF has begun offering online sessions with their next one happening on January 23rd. For more information on the YMF visit rotarianyoga.org . For information on other fellowships recognized by Rotary International visit Rotary.org or [click here](#) .

Rotary Day of Service



Shayne Mann

Rotary District 7810 Chair of Environmental Committee

Rotary Club of Sackville NB

Chair Youth and Vocational Services

As of July 1st of this year, “The Environment” is the 7th area of focus for RI. This development gives Rotary Clubs and members limitless opportunities for service, for making a positive contributions in the world, for increasing the engagement of members and for recruiting a new generation of Rotarians.

Both District 7810 and 7820 have struck environment committees and these two have amalgamated into one, the Rotary Atlantic Environment Committee. These members has been meeting for several months and we have set two priorities for this Rotary year:

- 1.To facilitate the involvement of as many clubs as possible in a Rotary Day of Service focusing on the environment.
(Target weekend of June 4/5, 2022)
- 2.To facilitate the development of a new Passport cause-based (Environment) Rotary Club that will launch on the inception of the new 7815 Rotary District on July 1, 2022.

We hope that as many clubs as possible will join us on the weekend of June 4/5 in what Rotarians do best – service to our communities. 7810 DG Darren Hansen has clearly outlined what this district-wide effort will accomplish. This Rotary Day of Service will:

- Increase member engagement through hands on service
- Facilitate community engagement
- Provide opportunities for awareness/promotion through the media
- Provide clubs with a fantastic opportunity for membership recruitment
- Have a positive environmental impact by having upwards of 140+ clubs doing projects on the same weekend
(assuming we are able to coordinate our efforts with 7790)

The Rotary Atlantic Environment Committee will be working to support clubs in implementing their environmental projects. We plan on developing resources to assist with this implementation and may also be organizing some informative webinars on pertinent topics.

We ask that you register your projects so that we are better able to support you. Please complete the template at (insert link to google drive document). If it is easier for you to do so, you can complete the information in the attached document and send it to RotaryAtlEnv@gmail.com .

ROTARY DISTRICT 7810/7820 DAY OF SERVICE

The Rotary Atlantic Environment Committee (Districts 7810/7820) hopes that the Day of Service will:

- Involve all Rotary Clubs.
- Focus on having a positive impact on the environment.
- Involve partnerships with other organizations/businesses/institutions.
- Encourage the involvement of community members.
- Be carried out over the weekend of June 4/5.

Name of Club:

District:

Club President:

Does your Club have an environment committee? Y or N

Environment committee chair name or contact for this project:

Title of project:

Brief description of what you are hoping to do for the project including anticipated environmental benefits.

Anticipated date:

Number of Rotarians who will participate (target):

Community partners:

Number of community members who will participate (target):

District 7810 Award Winning Clubs

2020/2021

Rotary
Club of Perth-Andover

Best Attendance

Rotary
Club of Sackville

Public Relations

Rotary
Club of Houlton

Most New Members

Rotary
Club of Hampton

Member Retention

Rotary
Club of Limestone

**Duncan Wathen Award
Highest Percentage Net Increase**

Rotary
Club of Sussex

**PDG Michael Walsh Award
Best Club of the Year**

Rotary
Club of Woodstock

**Tom Nelson Award
for Community Service**