

## You Can Help

Break the cycle of abuse and neglect and help children overcome the trauma they've endured.

### Send a Monetary Contribution

Children in our care depend on the generosity and kindness of people like you and all donations are tax deductible. Please contact us for giving opportunities.

### Volunteer

Opportunities include activities with the children or helping at our Thrift Shop.

### Donating Goods

Contact our Thrift Shop for types of items we can use or sell. All proceeds from Thrift Shop sales benefit our children's programs.

**Employment opportunities, internships and practicum opportunities are available.**

### Funding

Roy Maas Youth Alternatives (RMYA) is a 501(c)(3) nonprofit agency that provides counseling and shelter for children in crisis. We are funded in part by the U.S. Department of Health and Human Services, Administration on Children, Youth and Families, the Texas Department of Family and Protective Services, and the Office of the Texas Governor. We are also proud to be a United Way Agency. Contractual agreements and grants pay approximately 70% of the cost of caring for children in crisis. We rely on the support of foundations, groups, corporations and individuals like you to make up the difference. To make a donation please call (210) 340-8077 or visit our website at [www.rmya.org](http://www.rmya.org)

## The RMYA Philosophy

Healing trauma through respect and acceptance, one child at a time. Unwavering dedication to ending the cycle of abuse. Inspiring success, through kindness and healthy interactions. Providing safety, comfort and consistency, since 1976.

Since 1976, RMYA has had the honor and privilege of providing the highest level of care to vulnerable children. Our values of Protection, Simplicity, Integrity, Community, Equality, and Responsibility guide us in our interactions not only with the children and families we serve every day, but with each other and our community as a whole.

Our services are designed to help children navigate the trauma of physical and sexual abuse, abandonment and neglect, in a safe, supervised setting. We provide consistency and structure in a loving environment, with restorative practice and a trauma- focused approach. This is the best model known when treating children who have been traumatized by neglect and abuse.

### SAN ANTONIO

3103 West Avenue,  
San Antonio TX, 78213  
210-340-8077

### MEADOWLAND

121 Old San Antonio  
Road, Boerne TX,  
78006 830-816-2425



Restoring  
HOPE  
One  
Child at a  
Time



Residential & Therapeutic  
Care in a Safe, Loving  
Setting.

e-mail: [rmya@rmya.org](mailto:rmya@rmya.org)  
[www.facebook.com/youthalternatives](http://www.facebook.com/youthalternatives)  
Instagram:  
[roy\\_maas\\_youth\\_alternatives](https://www.instagram.com/roy_maas_youth_alternatives)  
[www.rmya.org](http://www.rmya.org)



## rmya mission

RMYA creates brighter futures for children in crisis by promoting individual success and healthy relationships in a safe, healing environment, giving children and families the tools to end the cycle of abuse.



## We Can Help

**RMYA Family Counseling & Resource Center**  
210-340-7971

**Bridge Emergency Shelter**  
210-340-7933

**Centro Seguro Drop-in Center**  
210-340-8090

## rmya programs and services

### San Antonio Campus

#### Bridge Emergency Shelter

Children needing a safe place to stay for a short period of time receive 24-hour care while a more permanent placement is determined. The Bridge cares for runaway, homeless, foster youth and children transitioning from juvenile probation.

#### Centro Seguro Drop-in Center

24-hour drop in center for young people ages 11 to 17 who are in need of a safe place due to falling victims to sex traffickers, homelessness, runaway, or unsafe living conditions. While at the drop-in center, the children receive a hot shower, meal, change of clothing, and access to immediate therapeutic services.

#### RMYA Family Counseling & Resource Center

Licensed Professional Counselors provide individual and family counseling, crisis intervention, parenting classes, and oversee child psychiatric services for community families with children who are struggling with emotional, mental and behavioral issues. We accept Medicaid and some private insurance.

#### TurningPoint Transitional Living Program

Former foster care youth and homeless young adults from the community (18-22) live independently in a home with roommates, receiving professional case management and weekly therapy to help them meet their goals and leave the program ready to become productive members of our community

#### RMYA Thrift Shop

Donations of in-kind items are coordinated by the Thrift Shop. Items are either distributed to our residential programs or sold through the Thrift Shop, with proceeds benefiting our children's programs. The Thrift Shop also coordinates a job training program for TurningPoint youth.

## Meadowland Campus

### Meadowland Longterm Residential Care

Meadowland is set on a 40-acre campus in Boerne, Texas. Children age 6-17 years live in a safe, comfortable and structured environment with 24-hour care, including: counseling, medical care, nutritious meals, education, recreational and cultural activities, and life skills instruction.

### Meadowland Charter District Oaks Academy

Designed to help our residential children with special behavioral and emotional needs succeed academically, The Oaks Academy is also open to Boerne community students in 1st through 12th grades. A therapeutic component is interwoven and teachers are certified in their subject areas and special education. [www.mlcs.org](http://www.mlcs.org)

### Burdick Community Center

The venue is located on our beautiful Meadowland Campus. Rental fees benefit RMYA children's programs. [www.burdickcommunitycenter.org](http://www.burdickcommunitycenter.org)

## We Can Help

**TurningPoint Transitional Living Program**  
210-349-3610

**RMYA Thrift Shop**  
210-340-0811

**Administration**  
210-340-8077

**Meadowland Campus**  
830-816-2425