



# Family Counseling & Resource Center

3103 West Avenue  
San Antonio, Tx 78213

The RMYA Family Counseling & Resource Center has served children and families in crisis since 1984.

Our Licensed Professional Counselors, Licensed Professional Counselor Interns and Clinical Student Interns will help your family deal with parent/child conflict, truancy, runaway youth, exposure to violence, and delinquent behavior. We teach effective parenting techniques and communication skills to strengthen the parent/child relationship. Counseling services are funded by Medicaid, Grants or a sliding fee scale. Ask if you are eligible for **Free counseling services.**

**Free short-term child and adolescent psychiatric services** are also available to our clients, through a partnership with the UT Health San Antonio Psychiatry Department.

## Therapeutic Services

- Anger Management Counseling
- Assessments
- Behavioral Intervention
- Family Counseling
- Child, Adolescent & Young Adult Individual Counseling
- Parenting Classes
- Child, Adolescent & Young Adult Psychiatric Services
- Substance Abuse Counseling

Helping Children, Families and Young Adults with counseling and short term psychiatric needs.

## Accepted Insurance Plans

- Community First Medicaid
- Community First CHIP
- Superior Medicaid
- Superior CHIP
- Traditional Medicaid

## VOCA Grant Services for Clients ages 5-22 exposed to and/or victims of violence.

- Individual and Family Counseling
- Case Management
- Short Term Psychiatric Clinic



For more information or to set up an appointment contact us at (210) 340-7971 Ext.1100 or visit us at [www.rmya.org](http://www.rmya.org)  
**Se Habla Espanol Llamenos!**

