



SERVE TO
CHANGE LIVES

EMPOWERING GIRLS



- Complications during pregnancy and childbirth are the leading cause of death for 15-19 year old girls globally.
- Suicide is currently the second leading cause of death among adolescent girls aged 15-19, surpassed only by maternal conditions.
- 750 million women and girls alive today were married before the age of 18

- Globally, more than 130 million girls are not attending primary or secondary school. Every day, girls around the world are denied their right to education, knowledge, skills, and opportunities to create a better, brighter future.
- Girls also remain at high risk of sexually transmitted infections, including HIV, with 970,000 adolescent girls aged 10-19 living with HIV today compared to 740,000 girls in 1995. Adolescent girls aged 10-19 still account for around 3 in 4 new infections among adolescents worldwide.

So... What can we do?

Sources

<https://www.worldvision.com.au/womens-empowerment/>

<http://uis.unesco.org/sites/default/files/documents/fs48-one-five-children-adolescents-youth-out-school-2018-en.pdf>

<https://www.who.int/en/news-room/fact-sheets/detail/adolescent-pregnancy>

<https://www.unicef.org/press-releases/25-years-uneven-progress-despite-gains-education-world-still-violent-highly>



What can you and your club do to Empower Girls?

Visit Rotary Showcase on www.rotary.org. Find a project that connects with you and/or your club's passion, and support with your time or funds.



OR-Come up with a project on your own!

- Make schools safe for girls (Violence and Menstrual Hygiene Acceptance)
- Help girls succeed academically by financially supporting their education.
- Provide platforms for women and girls' voices to be heard
- Empower girls to find their true value and realize their self-esteem
- Sponsor a DreamLab in your local school - Contact GirlsRule Foundation
- Encourage girls they can do anything. (Send a handwritten note or email/make a call)
- Reduce the vulnerability of adolescent girls and young women to HIV
- Give adolescent wives and young mothers alternative education platforms and access to childcare
- Work with human trafficking organizations - raise awareness within your clubs
- Speak up to create entrepreneurial and vocational training opportunities for girls!
- Be a mentor to a girl worldwide or local - show them that you care!
- Provide the ticket to a better life: Clean Water, Conflict Resolution, Human Rights Empowerment, Health and Wellness
- Your Idea _____!

