



Welcome to the Philippines! **Celebrating the District 5000–District 3830 Partnership**

August 3, 2026

Aloha and Mabuhay, DG Benson!

On behalf of the Rotary Club of Makati Premier District and District 3830, it is my great honor to welcome you and our dear friends from Rotary District 5000, Hawaii, to the Philippines. We are truly honored that you will be visiting the Philippines on **April 2-9, 2027**.

Mahalo for your unwavering partnership, generosity, and friendship. Through our [joint Global Grant](#), we have shown that although we are separated by thousands of miles of ocean, we are united by a shared commitment to *Service Above Self*. Together, we are creating lasting opportunities for the communities we serve and strengthening the bond between our two districts.

We hope this visit is about more than seeing a project come to life. We hope it is an opportunity to deepen friendships, learn from one another, and experience the warmth and hospitality that make the Philippines feel like a second home to so many in Hawaii.

We hope your visit will provide a memorable week of fellowship, service, and shared purpose. With that, let me take you through your travel logistics and itinerary.

A hui hou,

A handwritten signature in black ink, appearing to read "Leah Quesada".

Leah Quesada
Past President | Club TRF Chair
RC Makati Premier District | D3830

AIR TRAVEL

[Philippine Airlines](#) is the only carrier that flies direct to Manila, Philippines and back.

- **PR101** (Honolulu → Manila): **Tuesday, Thursday, Friday, Sunday**
- **PR100** (Manila → Honolulu): **Tuesday, Thursday, Friday, Sunday**

HNL to MNL: PR101

- **Departure on April 2, 2027 (Fri):** Approximately **1:10 PM** from Honolulu
- **Arrival:** Approximately **6:05 PM** in Manila **the following day** (Philippine Time)
- **Flight time:** About **10½–11 hours**
- **Aircraft:** Typically, an **Airbus A330-300**

MNL to HNL Return is: **PR100, April 9, 2027 (Sun). ~9.5 hrs.**

Cabin	Typical Round-Trip Fare (USD)
Economy (Promo)	\$1,150–1,350
Economy (Regular/Flex)	\$1,350–1,700
Premium Economy	\$2,000–2,700
Business Class	\$3,800–5,500

Other airlines like ANA, JAL, Korean Air have flights to Manila, but with stop-overs in Tokyo, Taipei or Seoul.

ACCOMMODATIONS WHILE IN MANILA

[Aruga Apartments by Rockwell](#) is located in the heart of **Rockwell Center**, one of Metro Manila's most prestigious, walkable, and secure neighborhoods. Just steps from **Power Plant Mall**, guests can enjoy exceptional shopping, dining, cafés, and entertainment, while remaining only minutes from Makati's business district and Bonifacio Global City—making it an ideal base for exploring the Philippines.

Compliments of RC Makati Premier District's club member, **PP Rina Lopez**, we are happy to offer you the “**friends and family**” special accommodation pricing at Aruga Apartments.



#	ROOM TYPE	Friends and Family Pricing (Philippine Pesos)	US\$ (FX=61)
a	Studio Deluxe	P 6,600.00 net	\$108.00
b	One Bedroom Premier	P 7,600.00 net	\$125.00
c	One Bedroom Suite	P 8,600.00 net	\$141.00
d	One Bedroom Executive Suite	P 12,100.00 net	\$198.00
e	Two Bedroom Suite	P 13,600.00 net	\$223.00
f	Two Bedroom Executive Suite	P18,100.00 net	\$297.00

View room configurations here: <https://www.aruga.com.ph/>

DO NOT BOOK ONLINE.

CONTACT KARLA FOR RESERVATIONS, if you want the discount:

karlasaltiga@aruga.com.ph

Provide Karla with:

- arrival date
- # of days of stay
- your preferred room type
- state **GROUP NAME: ROTARY D5000 HAWAII**

You can copy me for our records: leahquesada@rcmpd.org

RECOMMENDED HAWAII DELEGATION SIZE

A delegation size of 12-15 Rotarians will be good. Spouses and family are encouraged to join the fellowship dinners and the cultural exchange events.

- **Health Outreach:** 6-8 volunteers assisting with registration, patient flow, health education, pharmacy, and community engagement.
- **Wellness & Mental Health Hub:** 6-12 volunteers assembling furniture, organizing learning materials, and setting up the space.
- **Mental Health Global Grant activities:** 8-15 Rotarians attending training sessions, graduation ceremonies, or the symposium while engaging with project partners.

DAY	ITINERARY
Before Traveling	check that your WhatsApp works. We will communicate in the PHL via this app.
Before Traveling, go to PHL travel site	fill out PHL Customs form at etravel.gov.ph Screen grab the QR code provided after you complete the forms. PHL Customs will ask you for this QR code upon arrival in Manila
Apr 2 Fri	Leave HNL, 1:30 pm
Apr 3 Sat	Arrival in the Philippines, 6 pm
Apr 4 Sun	REST DAY
Apr 5 Mon	DAYTIME: Joint Mental Health Global Grant Activity Options: A. Participate/Attend Mental health symposium (half day) <i>The Mental Health Symposium will bring together mental health professionals, educators, government agencies, universities, and Rotarians from the Philippines and Hawaii to exchange best practices, strengthen partnerships, and advance sustainable school-based mental health services.</i> B. Observe a Train-the Trainer session (half to full day) <i>Observe training of 20 trainers, who will be responsible for cascading information beyond the global grant.</i> C. Assist in Building a Wellness and Mental Health Hub (half day) <i>Wellness and Mental Health Hubs are dedicated spaces within public schools*, that provide students with a safe, welcoming environment for mental health promotion, resilience-building, counseling, psychological first aid, and referral to specialized services. As part of the project, Hawaii Rotarians can help establish these hubs by assembling furniture, organizing learning materials, and creating calming spaces that support students' mental health and well-being.</i> <i>*other candidate venue are prisons.</i>

	<u>See photos for Wellness and Mental Health hubs.</u> EVENING: Meet and Greet D5000 and D3830 <i>Hosted dinner with presentations from select Rotary Clubs, showcasing their projects – a fellowship opportunity while meeting prospective sister clubs.</i>
Apr 6 Tues	DAYTIME: “Field Trip” to Witness D3830 Signature Projects <i>2-3 projects from various D3830 Rotary Clubs. Possible venues: hospitals, prisons, schools.</i> EVENING: FREE
Apr 7 Wed	DAYTIME: COMMUNITY HEALTH OUTREACH (7 am- 1 pm) <i>Participate in a community-based health outreach using RCMPD’s Breast and Cervical Cancer Screening Mobile Clinic and WOW (Wellness on Wheels) Mobile Clinic, which deliver tuberculosis and cardiac disease screening as well as preventive healthcare services to an underserved community. The outreach will also incorporate mental health awareness and screening conducted by trained personnel under the Mental Health Global Grant, providing a holistic approach to community health.</i> <i>Hawaii Rotarians can volunteer alongside local healthcare professionals by assisting with registration, patient flow, health education, and community engagement, while medical professionals may support screening and medical consultation activities within their scope of practice.</i> EVENING: Hosted Dinner with RC Makati Premier District <i>will include RCMPD / RCHS sisterhood club renewal signing.</i>
Apr 8 Thurs	DAYTIME: CULTURAL EXCHANGE <i>Day trip to witness Philippine’s cultural heritage and natural beauty. Possible candidates: Taal Volcano, Laguna, Manila’s points of interests.</i> EVENING: JOINT DINNER
Apr 9 Fri	FREE DAY FOR SHOPPING, etc. Philippine Airlines flight 100 leaves Manila at 6 pm for HNL. Arrives HNL on same day.